

February Minutes
Florida Region Regional Service Conference (RSC)
Sunday February 4, 2024 7:00 PM-8:18 PM

ROLL CALL: 10 Attendees; 9 Voting Members; 1 Non-Voting Members

7 Voting: Bonnie (Region Chair), Ingrid (Region Vice Chair), Rosemary (Region Treasurer), Donna (Region Delegate), Yvette (Alt. Region Delegate), Susan (Convention Chair), Jamie (Narateen Chair), Kim (Outreach Chair), and Marguerite (Bay Area Service Rep)

1 Non-Voting: Doug (FL Region Virtual Coordinator)

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Ingrid.

APPROVAL OF MINUTES:

Rosemary shared her screen so the members could review the minutes. Rosemary made a motion to approve October 22, 2023, minutes with corrections to the date and Donna seconded. The minutes passed with 6 yes, 2 no, and 1 abstention.

OFFICER REPORTS

CHAIRPERSON'S VICE CHAIRPERSON'S REPORTS: (Bonnie & Ingrid)

Bonnie opened up by saying that if anyone has an issue with the Officers that we are always willing to address those issues. Ingrid mentioned that when submitting reports to please be mindful of the fact that she doesn't have a PDF converter and is working off of a Windows program so please do not use Apple's word processing program and to not submit reports in PDF. Any Word document program would be appreciated.

TREASURER'S REPORT: (Rosemary)

Rosemary added that a PDF converter is quite expensive. She also said that if anyone would like to volunteer to check the eblasts that would be appreciated. Rosemary went over a presentation of transactions for October 2023. The beginning balance was \$2,539.68. Total donations were \$1740.00, and the donation made to WSO was \$ 1738.66. The \$16.00 fee under Office Expenses was the bank fee because we didn't spend the required amount to not get the charge. Also, she had to pay for the renewal of our licensing which was \$70.00. The Hotline expense is going up every month. In Jan it went up to \$54.27. Rosemary was able to add in PayPal's fee to our donation link. The ending balance was \$2,877.18.

DELEGATE'S AND ALTERNATE DELEGATE REPORTS: (Donna & Yvette) – see attached.

ASR - BAY AREA: (Marguerite)

Marguerite informed us that the Bay Area had a meeting Feb 3, 2024. Donna came to the meeting to explain to them the IWSC poll and expressed a need for more participation. The Bay Area Guidelines Committee have been working on their Guidelines to update information in relation to the last conference. They are working on 4 motions and will be available to review. Instead of a spring picnic they will be hosting another potluck in April. They are considering presenting information on Overdose Prevention such as Narcan.

COMMITTEE REPORTS

NARATEEN'S REPORT: (Jamie) – see attached.

WEBSITE'S REPORT: (Debra) - N/A

OUTREACH'S REPORT: (Kim)

Kim told us that she took a break from Dec- Jan but they will be having a meeting in Feb. She went Jan 30th to the Jacksonville meeting to talk about the convention with hopes to get some participation from them. She had a meeting reach out about liability insurance and she opened the floor to that discussion. Bonnie said that local meetings are under the umbrella of liability insurance through the WSO. Donna noted that if Bonnie doesn't have a copy of it then the RSC would need to make that request. Bonnie told her that she would look into it. She will be attending a meeting Feb 5, to give information about the convention. She plans every week or two to go visit meetings and give information about the convention. Bonnie mentioned that she had visited about 4- 5 virtual meetings in our Region to inform them of the Region and our needs. Kim told us that a new meeting will be starting in Citrus County. Kim is planning on attending the Ocala meeting soon and asked Bonnie to reach out to that group since their members are the ones considering starting that meeting.

HELPLINE'S REPORT: (Faye) – N/A

VIRTUAL COORDINATOR'S REPORT: (Doug) – N/A

CONVENTION'S REPORT: (Susan)

Susan said they had their first meeting and came up with a slogan, Highway to Hope, Stay in Your Lane. They sent out a survey on certain topics and got a pretty good response. Ques 1: were members going to attend and 22 responded and 77% said yes. Ques 2: was on pricing on the dinner and they received 21 responses with a split between \$30-40. Ques 3: what members found impactful at the conventions and 20 responded with the top answer was speakers, workshops and then fellowship. Ques 4: was about the raffles and 57% said they wanted the raffle with 52% saying they would rather do a donation instead of the raffle. Their next meeting is Feb 20th, and they will be looking at who to reach out to as speakers and members have been delegated to specific tasks. She requested members to reach out for suggestions about games and workshops. Donna suggested, based on the poll, maybe doing the donations and the raffle. Doug also said that most money collected was coming from the tickets sold more than the raffle tickets. Rosemary mentioned that some NA conventions won't allow a chance game but FRCNA, for example, has allowed it. Donna recommended that on the next eblast to make a post about the committee needing donations more than baskets and get the word out there about the convention so groups can start collecting money. Doug added to make it clear that this is a separate donation and not 7th tradition donations. Kim noted that some people emphasized to her that they liked that the last convention didn't have the games.

NEW BUSINESS

Outreach Ideas:

Donna notified us that she printed up some of the Narateen questions that she framed and stood them up on the tables. She also had the Steps, Just for Today and The Family lamented and on the table. She said that it threw people's attention.

Group Retention Ideas:

Kim suggested like Al-Anon we should be reaching out to new members. Marguerite said that her home group does that and that they share their experiences with the intention to give them hope by coming back. Donna told us that no matter what the topic is she always shares her story to help the newcomer. She's had newcomers tell her after the meeting that sharing her story was helpful to them. Bonnie said that at one of her meetings they had a member who reaches out to newcomers to make them feel welcomed. Ingrid suggested the buddy list since has been successful for the Mon Night Virtual meeting. Doug informed us that at NA meetings they would pass around the list of phone numbers of people they could reach out to.

ANNOUNCEMENTS

- FL Region Assembly, Saturday March 9, 2024 @ 9:00 AM - 2:00 PM @ Schalamar Creek Golf and Country Club, Lakeland
- RSC Meeting, Sunday, April 28, 2024 @ 7:00-8:30 PM on Zoom
- FL Region Virtual Business Assembly, Sunday, June 9, 2024 @ 7:00 PM – 8:30 PM on Zoom
- 2024 FRCNA Convention Friday July 5, 2024 – Sunday June 9, 2024 @ Rosen Plaza 9700 International Dr, Orlando
- 2024 Nar-Anon World Convention from Aug 29 through Sept 1, 2024 @ Walter E Washington Convention Center, Washington DC

MOTION TO ADJOURN:

A motion to adjourn was proposed by Donna and seconded by Bonnie. It passed unanimously. The meeting closed at 8:18 PM with the Serenity Prayer.

PREPARED BY: INGRID M.

Delegate Report

IWSC and Common Welfare Topics

- Direct members to the topics and poll. Think about what your group would like the conference to spend their time discussing.
It's just going to be a 90-minute discussion, followed by a break, then 30 minutes to wrap things up. There will be no motions, or committees created. All we need are three topics for some conversation at the IWSC.
- Direct members to easy-to-understand PowerPoint regarding breakdown Common Welfare Topics that will be sent out with email blast.
- Discuss common welfare topics PowerPoint.
- Remind groups that poll results are due by March 20th.

Discuss Best Practices Report: See below for link

Best Practices Report can be found

here: <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/65bbcaa4d92dcc3f3d6c96d7/1706805924931/Best+Practices+Report+FINAL+IWSC+2024.pdf>

NARATEEN COMMITTEE REPORT

January 31, 2023,

At our last meeting on January 20, 2024, we discussed the goals for Narateen for 2024. We have three top goals. First and foremost is to start an in-person meeting. We are looking at the possibility of starting one alongside the Pasco County Nar-Anon meeting; however, we are waiting to see what will happen with the permanent location because it might move over the next six months. Second, we are going to reach out to the convention committees to make sure Narateen is represented. Finally, we will continue to do outreach, like NOPE, to get the word out about Narateen. Our next meeting is May 11, 2024.

Minutes
Florida Region Assembly
Saturday, March 09, 2024 / 09:00am – 12:30pm

Attendees:

ROLL CALL: 11 Attendees; 6 Voting Members; 5 Non-Voting Members * Dual Role

Voting: 6	Non-Voting: 5
Tony – Tampa Mon	Bonnie – Regional Chair
*Theresa M – Clearwater	Ingrid – Regional Vice Chair
Mary C - Lakeland	Rosemary – Regional Treasurer
*Debra D – New Tampa	Donna – Regional Delegate
Kathy B – No Longer Alone Subs Kevin H.	Yvette – Regional Alt. Delegate
*Kim – A Place for Peace	

Call to Order:

The Chairperson called the meeting of the Florida Region Assembly to order at 9:10 am on March 9, 2024. Ingrid will record minutes for this meeting. Roll call was taken by Ingrid. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions and Twelve Concepts were read aloud. In the absence of a Regional Secretary, the meeting was recorded.

Minutes:

Corrections:

Theresa (Clearwater) motions to approve the minutes from December 10, 2023, and Mary (Lakeland) seconded. Theresa mentioned that Kim was listed twice, and two members, Phylis and Pat were non-voting members not voting members. The total attendance was 17 members with 10 voting members and 7 non-voting. Theresa (Clearwater) made motion to approve the minutes with corrections and Debra (New Tampa) seconded. Minutes with corrections passed unanimously.

COMMITTEE REPORTS

1. Chair / Vice-Chair (Bonnie/Ingrid)

- Recovery Cruise from Rocky Mountain was mentioned on the Newsletter.
- Received an offer for 9 panel drug tests, this is outside of our fellowship primary purpose.
- When members are sending in reports, please send them in as Word so reports can be added to the meeting minutes. Discussed the possibilities of purchasing an Adobe product to convert documents.
- Welcome Kathy from Tarpon Springs
- Positions still open are Secretary and Webmaster
- Bonnie donated \$60 to the Schalamar Creek and Country Club for allowing us to their room for this meeting.

2. Treasurer: (Rosemary)

- Current Financial and Budget Reports were published earlier this week. Donations coming in and expenses going out were recorded. Bank balance is \$2,830.79. Holding back the defined budget scheduled amount of \$1,155.25, the donation to Nar-Anon Family Group, Inc. is \$1,675.54. See attached Treasury Reports.
- Motion was made to send \$1,675.54 to WSO by Debra (New Tampa), seconded by Mary (Lakeland) and passed with a 4 Yes, 2 abstained. Motion passed to send \$1,675.54 to WSO.

3. Delegate/ Alternate Delegate Report: (Donna/Yvette)
 - 2024 IWSC Polls are needed.
 - The Serenity Connection letter from the Cathy K. WSO paragraph was read out loud which explained their returning to normal after Covid. Virtual meetings are hurting donations.
 - 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC.
 - It will be held at the Walter E Washington Convention Center in cooperation with NA.
 - WSO is working on technical issues with the pull tabs and will be posted on WSO's website.
4. Bay Area Report: (Theresa)
 - Donations in the Bay Area are low.
 - They are doing some Inreach and Outreach such as another speaker Potluck.
 - A committee was formed to look over WSO Minutes, screenshots of Serenity Connection and Profit and Loss balance sheets. Based on their findings Marguerite sent a letter to the WSO and requested from them their budgets and balance statements and profit and loss statements.
 - The Bay Area Guidelines were revised to clean up some language and to add language from passed motions from the last WSC.
5. Outreach Report: (Kim)
 - The Outreach committee has four members, and they meet every first Tuesday of the month.
 - Going around to meetings to talk about the Region and the conventions.
 - In April she is going to the NW Florida Convention and setting up a table.
 - September is the South Florida NA Convention in Miami and would like some participations from Nar-Anon.
 - Ocala's new meeting starts on March 14, 2024. She will speak to the meeting about registering with the FL Region.
6. Helpline Report: (Faye read by Bonnie)
 - 33 total calls / two of them were test calls: one to Gerry M and one to Allison G
 - 1:35 hours minutes of calls
 - Average call lasted 2:53 minutes.
 - Stats:
 - 21.7% were listed as "abandoned."
 - 21.7% listed as "answered"
 - 56.7% went to voicemail
7. Website (Debra)
 - No additional spending on website this year.
 - Still looking for a webmaster, meet 3rd Thursday of the month
 - Construction of the new site is underway, but it is behind schedule due to other and outside obligations of the website chair. This is a large, time-consuming meticulous process. It's not something the Region wants rushed. Hoping to be able to launch the new site by August of 2024. In the meantime, the current site is being updated and maintained routinely by the website chair in the absence of a webmaster.

8. Narateen Report: (Jamie read by Ingrid)

- At our last meeting on January 20, 2024, we discussed the goals for Narateen for 2024. We have three top goals. First and foremost is to start an in-person meeting. We are looking at the possibilities of starting one alongside the Pasco County (Holiday) Nar-Anon meeting; however, we are waiting to see what will happen with the permanent location because it might move over the next six months.
- Second, we are going to reach out to the convention committees to make sure Narateen is represented.
- Finally, we will continue to do outreach, like NOPE, to get the word out about Narateen.
- Our next meeting is May 11, 2024

9. Convention: (Susan)

- The committee chose a theme for the convention, loosely based on the NA Theme. Their theme is "When at the End of the Road". We chose: "Highway to Hope", (Stay in your lane).
- At the last meeting we created a flyer. A special thanks to Rosemary and Debra for the graphics and editing. The flyer is on the website, along with the registration forms from the Fellowship Dinner on Friday and the convention.
- The Committee created and sent a survey to determine the preferences of the fellowship. The results of the survey indicated that our fellowship finds that the speakers offer the most inspiration for attendees. Workshops were less appreciated but not without merit. Games did not get many votes. This information helps us to structure the convention around the preferences of our fellowship. So...looking for speakers. Any takers?

10. Literature Report: (Sheryl)

- The Florida Literature Committee continues to meet on Mondays and has 4 members. We are now working on the *Concepts Booklet* which we received from the World Service Literature Committee for review and editing.

Motion: Forego the lunch break and keep going to finish early. The motion was seconded by Mary and passed unanimously.

GSR REPORTS:

Lakeland Nar-Anon Group – Mary, Lots of newcomers. After 6 months encourage newcomers to take a service position. Group Conscience to send donations to WSO directly.

New Tampa – Debra, Secretary – Group is changing, taking donations via Venmo

Moving Forward on Mondays, Tampa– Tony, around 10 steady members attending. Starting to get members as parents who lost a child to addiction. Support Bay Area and receive literature from the Bay Area. Move to locations, need to update website.

Dare to Begin, Clearwater – Paring down the literature. Getting new members from PAR. Starting a Traditions study.

A Place for Peace, Daytona Beach (Wed) & New Beginnings, Longwood (Wed Virtual) – combined meeting works well.

No Longer Alone, Tarpon Springs – Strong group of core members with some newcomers. Encourage sponsorship, they have sponsors, donates to the Bay Area who then donates to the Florida Region. Been passing a 2nd basket for the FRCNA, undecided on whether to send a basket or donation to FRCNA.

Together we can! Naranon Meeting, Holiday – Meeting is growing, and meeting location is working, the meeting location is set on a dark street.

Strength in the Hills, Zephyrhills – There are two (2) newcomers. Contacted the Sheriff which focuses on West Pasco not East Pasco.

Land O'Lakes NFG, Land O' Lakes – Very excited about newcomers. Members go to two meetings a week. Doug has recently joined this meeting.

A New Way of Life, Ft. Myers – We are growing last week we had about 35

REMINDERS:

- FL Region Service Committee (RSC) Meeting, April 28 Time: 7-8:30pm
- FL Region Virtual Assembly Meeting, June 9 Time: 7-8:30pm
- FRCNA XLII, ROSEN PLAZA, 9700 International Drive, Orlando, FL 32819 July 5 - July 7, 2024
- 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC
It will be held at the Walter E Washington Convention Center in cooperation with NA.

Next Meeting Date & Time

The next meeting will be held on Sunday, June 9, 2024 @ 7:00pm Zoom.

Meeting Adjournment:

Debra (New Tampa) motioned to adjourn the meeting at 12:30 PM, and Mary (Lakeland) seconded. Motion carried unanimously. The meeting closed with the Serenity Prayer.

Submitted by,

Ingrid, Vice Chair

Approval Date: _____

Nar-Anon Florida Region
Treasury Ledger Summary
Assembly - March 9, 2024
Oct 1, 2023 - Feb 25, 2024

Catagories	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$2,539.68		
Beginning Bank Balance -	\$2,539.68		
D-In-Area	\$1,100.00		
Bay Area	\$1,100.00		
D-In-Grp	\$1,790.00		
127-021-Lake Worth	\$239.00		
127-029-Miami, South	\$300.00		
127-033-Ocala - TUE	\$120.00		
127-038-Palm City	\$50.00		
127-041-Port St Lucie	\$50.00		
127-042-Sarasota (V)	\$240.00		
127-063-Ft Myers	\$250.00		
127-081-Bradenton	\$100.00		
127-088-New Tampa (V)	\$275.00		
127-106-Boynton Beach	\$125.00		
127-123-Sarasota SRQ	\$31.00		
127-XXX-Member	\$10.00		
D-Out-WSO		-\$1,738.26	
WSO Donation - Dec 2023		-\$1,738.26	
Expense		-\$860.63	
DELEGATE (IWSC 2024)		-\$58.68	
FLORIDA ANNUAL REG		-\$70.00	
HELPLINE		-\$246.24	
LITERATURE NEW GROUPS		-\$115.60	
OFFICE EXPENSE		-\$64.00	
OFFICE EXPENSE - PayPal		-\$11.20	
OUTREACH PACKETS		-\$100.80	
TRAVEL EXPENSES (Outreach Chair)		-\$42.12	
WEBSITE/TECHNOLOGY		-\$151.99	
Grand Total	\$5,429.68	-\$2,598.89	\$2,830.79

Nar-Anon Florida Region
Treasury Report
Budget vs Actual
Assembly - March 9, 2024
Oct 2023 - Feb 25, 2024

2022/2023 Program Revenues vs. 2023/2024	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024
Convention Gross Income: Registration:	\$930.00	\$0.00
Dinner	\$510.00	\$0.00
Raffle	\$531.00	\$0.00
Donations	\$55.00	\$0.00
Total Convention Income	\$2,026.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$792.34	\$0.00
CONVENTION NET INCOME	\$1,233.66	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$6,545.00	\$2,890.00
TOTAL REVENUE	\$7,778.66	\$2,890.00

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL	2023/2024 Remaining
Reporting Year	2022/2023	2022/2023	2023/2024	2023/2024	2023/2024
ASSEMBLY	\$120.00	(\$60.00)	\$120.00	\$0.00	\$120.00
OFFICE	\$100.00	(\$159.67)	\$300.00	(\$75.20)	\$224.80
FLORIDA ANNUAL REG	\$160.00	(\$70.00)	\$70.00	(\$70.00)	\$0.00
DELEGATE (IWSC 2024)	\$960.00	(\$1,000.00)	\$56.00	(\$58.68)	(\$2.68)
HELPLINE	\$500.00	(\$528.84)	\$550.00	(\$246.24)	\$303.76
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	(\$115.60)	\$104.40
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	(\$100.80)	\$1,099.20
TRAVEL EXPENSES (Outreach Chair)	\$400.00	(\$449.47)	\$1,100.00	(\$42.12)	\$1,057.88
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	(\$44.66)	\$200.00	\$0.00	\$200.00
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	(\$151.99)	\$198.01
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$104.93)	\$105.00	\$0.00	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	\$350.00	\$0.00	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$5,395.00	(\$4,449.44)	\$4,621.00	(\$860.63)	\$3,760.37

Nar-Anon Florida Region
Fiscal Year Schedule
Assembly - March 9, 2024
Oct 2023 - Feb 25, 2024

Expenditures	2023/2024 Budget
ASSEMBLY	\$120.00
OFFICE	\$300.00
FLORIDA ANNUAL REG	\$70.00
DELEGATE (IWSC 2024)	\$56.00
HELPLINE	\$550.00
LITERATURE NEW GROUPS	\$220.00
OUTREACH PACKETS	\$1,200.00
TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
WEBSITE/TECHNOLOGY	\$350.00
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,621.00

Region's Operating Expense with Capital Convention	\$4,621.00
Montly Expenses	\$385.08
Prudent Reserve (3X Monthly)	\$1,155.25

Balance in checking account as of Feb 25, 2024				\$2,830.79
Including Groups and Area's donations: \$1,791.00				
Required hold back for prudent reserve \$1,155.25				\$ (1,155.25)
				\$1,675.54
Donation History 2023-2024				
Donation to be sent to WSO from Dec 2023	\$1,738.26	On	12/11/2023	
Donation to be sent to WSO from Mar 2024	\$1,675.54	On	3/10/2023	
Donation to be sent to world of June 2024		On		
Donation to be sent to world of Sept 2024		On		

***Correction: The bank balance was as of Feb 25, 2024 not Dec 6, 2023 ***

April Minutes
Florida Region Regional Service Conference (RSC)
Sunday April 28, 2024 7:00 PM-8:00 PM

ROLL CALL: 9 Attendees; 7 Voting Members; 2 Non-Voting Members

7 Voting: Bonnie (Region Chair), Ingrid (Region Vice Chair), Donna (Region Delegate, Susan (Convention Chair), Kim (Outreach Chair), Debra (Website Chair) and Marguerite (Bay Area Service Rep)

2 Non-Voting: Doug (FI Region Virtual Coordinator) and Theresa (Naranon Member)

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Doug.

APPROVAL OF MINUTES:

Donna made a motion to approve February 4, 2024, minutes and Marguerite seconded. The minutes passed unanimously.

OFFICER REPORTS

CHAIRPERSON'S VICE CHAIRPERSON'S REPORTS: (Bonnie & Ingrid)

Bonnie informed us that a couple of new meetings had started. There was someone who volunteered to be the Contact List Updater, but she lost contact with her. We are still looking for someone to fill that position as well as Secretary and Webmaster.

Ingrid mentioned that the newsletters are being done monthly instead of bi-weekly in the hopes of not bombarding the members with multiple messages.

TREASURER'S REPORT: (Rosemary) – N/A

DELEGATE'S AND ALTERNATE DELEGATE REPORTS: (Donna) – see attached.

Additional to her report, Donna mentioned that there is a Nar-Anon Instagram page, and it has a lot of stuff posted on there with the help of Narateen. Donna has a few people in mind to ask to be the Alternate Delegate. Yvette is willing to step up to the Delegate position if someone is willing to step up to be the Alternate Delegate. She will be sending out an email to those people and copying the Officers to those communications.

ASR - BAY AREA REPORT: (Marguerite) – see attached.

Marguerite told us, in addition to her report, that they have an Outreach Committee that has been working with PAR Academy to have Nar-Anon meetings there twice a month. This has increased the number of people interested in looking for meetings outside of the one at PAR. The Bay Area will be sending a donation to the Florida Region of \$680.

COMMITTEE REPORTS

CONVENTION'S REPORT: (Susan)

Susan said that they have a reminder on the Florida website of the FRCNA convention to hopefully boast attendance. She has acquired another speaker. She is always looking for suggestions for the upcoming convention. Their next meeting is on May 14, 2024.

NARATEEN'S REPORT: (Jamie) – N/A

Ingrid gave her report and notified us that Donna will be speaking at FRCNA about Narateen. This year's goal for the committee is to do more outreach. The next meeting will be held on May 11, 2024.

WEBSITE'S REPORT: (Debra)

Debra stated that they have a shell now to update the website from HTML to WordPress. This will be helpful since the new Webmaster will not need to have knowledge of HTML. The website will look the same but will have some extra functionality. Next meeting she will be able to give us a preview.

LITERATURE REPORT: (Sheryl) – N/A – see attached.**OUTREACH'S REPORT: (Kim)**

Kim spoke to us about going to the NW Florida and Alabama Convention of NA, and she is hoping a new meeting will start in Pensacola. She suggested putting in the newsletter information about the new meeting in Citrus County. Ocala will be supporting that meeting. She expressed to the group that she knows someone who is interested in being the Contact List Updater, but she doesn't have Excel. She has experience as an Admin Assistant. SFRCA will be held in Miami this year and she is involved in their convention planning. FACNA will be held on October 18, 2024.

NEW BUSINESS

Item 1: Doug indicated talking about the Helpline cost at the next meeting.

Item 2: Theresa learned that there is an update to the e- literature. WSO (World Service Office) combined the Newcomers Packet with the Blue Booklet for \$3.99. You can also go on Amazon and gift it to someone. It's not compatible with Apple devices yet but will be soon. She encouraged the members to read the IWSC reports, especially about the presentations on finances, the virtual conferences, and changes in legal entity.

ANNOUNCEMENTS

- FL Region Virtual Assembly Meeting, June 9 Time: 7-8:30pm
- FRCNA XLII, ROSEN PLAZA, 9700 International Drive, Orlando, FL 32819 July 5 - July 7, 2024
- 2024 Nar-Anon World Convention 38 (WCNA 38) from Aug 29 - Sept 1, 2024, in Washington DC. It will be held at the Walter E Washington Convention Center in cooperation with NA.

MOTION TO ADJOURN:

A motion to adjourn was proposed by Bonnie and seconded by Debra. It passed unanimously. The meeting closed at 8:00 PM with the Serenity Prayer.

Delegate Report

The interim world service conference 2024 was well attended. There were 44 voice/voting members on Friday, 4/19/24; 42 voice/voting members on Saturday, 4/20/24; and 43 voice/voting members on Sunday, 4/21/24.

Date	Registered Observers	Max Concurrent Observers	Unique Observers
4/19/2024	260	61	101
4/20/2024	271	45	91
4/21/2024	274	40	67

Many regions in the US were represented:

International Region Participation (Outside of the United States)

44 Regions

28 International

15 United States

1 Virtual – Global Online

By Country

Armenia – 1

Canada – 1

Colombia – 3

Ecuador – 1

Iran – 3

Japan – 1

Mexico – 1

Russia - 15

United Kingdom – 1

United States – 15

Ukraine – 1

Global Online Region – 1

Languages Spoken – English, Persian, Russian, Spanish, Japanese, Armenian

CAT Materials:

- Students or Treatment Professionals pamphlet was not approved.
- Starting a Virtual Group passed by unanimous consent.

CAL Materials:

- Tradition 4 passed by unanimous consent.
- 4th Step workbook passed by unanimous consent.

My takeaways:

1. 1st CWT, Financial – Our finances are not going to get better any time soon unless contributions increase. The only way to get out of the hole is for increased donations by member/group/region to WSO. A Contribution Analysis for 2024 on page 25 and 26 of the B&F Presentation¹ shows what each member/group/region would have to send to WSO in order to break even.

There were numerous discussions about where NFGH, Inc. can cut back further on spending and my takeaway was that any further cuts at this time are not possible. The lease for our corporate offices in Torrance, CA were renegotiated without an increase to the rent, which in this fiscal climate is a pretty herculean task. Regarding moving the corporate office to another state with a lower cost of living, it will take some research to find out if that is something that will actually save money in the long run.

According to my notes and what I understood, In regard to the inhouse printing, my takeaway was that at the time the decision was made to purchase the printer for our own inhouse printing, a price comparison was performed and the final analysis was that the cost of using an outside printing company may be less expensive short term, however; the cost of renting a storage facility to store literature until it's sold took away any savings and actually cost more at the end of the day. Keep in mind that any savings comes from the amount of literature (large quantities) ordered from outside printing companies.

An Action was taken by the conference to start a 7th Tradition Vision Committee to research some ways to raise revenue and possibly lower costs.

MOTION by BC Region Delegate to create the Seventh Tradition Vision Committee,

¹ See Contribution Analysis 1 & 2 at bottom of report.

accountable to report back to the WSC 2025

Actions could include:

Writing a motion for the CAR 2025

Surveying the fellowship

Researching

Writing/presenting a report.

Recommendations

Further discussion

Anyone in the fellowship can join, there are no limitations.

April H. volunteered to coordinate the formation of the committee Volunteers:

Tanya T., Mike L.

Recommended for inclusion: WSB Chair, Treasurer

MOTION PASSED – 33 in favor.

2. 2nd CWT, Conference – The Conference was made aware of the various challenges presented to the WS Conference Committee to bring a fully virtual Interim Conference to the fellowship. It became apparent to me the committee had to fill in many blanks and my takeaway is that they worked tirelessly and did a phenomenal job with the many gaps that they needed to fill from the original motion requesting an IWSC.

There is a big push to get away from using a parliamentarian and going to an all Consensus Based Proceeding. This would save money (this was also brought up in the Finances discussion) and would also help streamline the conference. The possibility of using 2 or 3 facilitators instead of 1 parliamentarian and 1 facilitator was suggested as an action but is not included on the below action list.

Action goals for future conferences include:

- a. Streamlining motions,
- b. Possible hybrid conferences,
- c. Reduce number of motions submitted,
- d. Hold roundtables prior to conference to be more prepared,
- e. Reduce number of amendments made per motion,
- f. Mentoring for delegates; and
- g. Create a new structure above the region level, below the WS level (WRFNFG? Zonal Structure?) See Motion below.

MOTION by Rocky Mountain Region Delegate to create a Service Structure Development Ad Hoc committee to collaborate on a motion (for WSC 2025) to develop a plan for additional layers in our service structure and present recommendations regarding changes to service conferences appropriate to the possible revised service structure. The Committee would be accountable to report back to the WSC 2025.

Actions could include:

- Writing a motion for the CAR 2025
- Surveying the fellowship
- Researching
- Writing/presenting a report.
- Recommendations
- Further discussion

Anyone in the fellowship can join, there are no limitations.

Kari J. from the Rocky Mountain Region will coordinate the initial meeting.

MOTION PASSED– 33 in favor.

3. 3rd CWT, Legal Entity – Alt. Delegate to fill in the blanks as I was not on the call for most of this discussion so I will give my takeaway from the point where I rejoined the call. The discussion when I returned to call was focused on Regions' establishing their own 501(c)(3) nonprofit. This is not something that the WSB is demanding, and this decision is to be left up to each individual Region. Rocky Mountain Region has gone through this process. Below are the actions that came from the Legal Entity CWT discussion:
 - Seek legal recommendations.
 - Create a checklist or guidelines to assist regions and members.
 - Send questions about creating a legal entity to World Service Board
 - Cost of hiring a lawyer to advise.
 - How does forming a legal entity affect other regions, groups, NSOs, and NFGH, Inc
 - Request for the Rocky Mountain Region to hold a roundtable.
 - Whether regions should incorporate as a nonprofit
4. Throughout the IWSC there were presentations made by various Committees and Ad Hoc Committees. These presentations were very informative and enlightening. I encourage everyone to look over the minutes and other documents that are posted to the nar-anon.org website. One common theme, as always, is we need more members to step up for service. Help is needed in every committee at some level.

Overall, I had my doubts about how helpful a IWSC would be, and I can honestly say, I think it really bridges the gap between WSCs. I know there will be improvements made regarding language interpretations and possible consensus-based conferences. I am excited about what the future will bring to Nar-Anon.

Contribution Analysis				
Type	Census	Annual Requirement to Break Even	Monthly Requirement to Break Even	Daily Requirement to Break Even
US Regions	18	\$23,333.33	\$1,944.44	\$63.93
US Groups	690	\$608.70	\$50.72	\$1.67
US Members*	3,450	\$121.74	\$10.14	\$0.33
International **	n/a	\$17,376.36	\$1,448.03	\$47.61

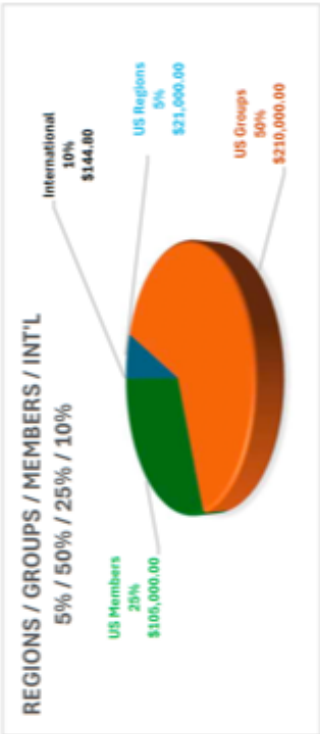
	Participation Percent	Census @ Participation Percent	Monthly Requirement to Break Even	Total If Monthly Funding Met
--	-----------------------	--------------------------------	-----------------------------------	------------------------------

US Regions	5%	1	\$1,944.44	\$21,000.00
US Groups	60%	414	\$50.72	\$252,000.00
US Members	35%	1,208	\$10.14	\$147,000.00
International	20%	n/a	\$1,448.03	\$289.61
Total			\$420,289.61	\$420,289.61
			Budget Surplus	

US Regions	5%	1	\$1,944.44	\$21,000.00
US Groups	50%	345	\$50.72	\$210,000.00
US Members	25%	863	\$10.14	\$105,000.00
International	10%	n/a	\$1,448.03	\$144.80
Total			\$336,144.80	\$336,144.80
			Budget Shortfall (\$83,855.20)	

* Average of 5 members per group used
 ** International contributions = 5.18% over 2023 contributions

2024 (5.18% Increase)	
Period	To Fund Budget
Year	\$420,000.00
Month	\$35,000.00
Day	\$1,150.68
International	\$17,376.36



Contribution Analysis				
Type	Census	Annual Requirement to Break Even	Monthly Requirement to Break Even	Daily Requirement to Break Even
US Regions	18	\$23,333.33	\$1,944.44	\$63.93
US Groups	690	\$608.70	\$50.72	\$1.67
US Members*	3,450	\$121.74	\$10.14	\$0.33
International **	n/a	\$17,376.36	\$1,448.03	\$47.61

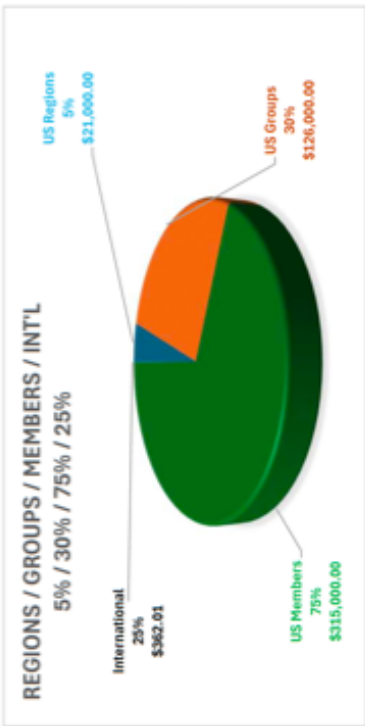
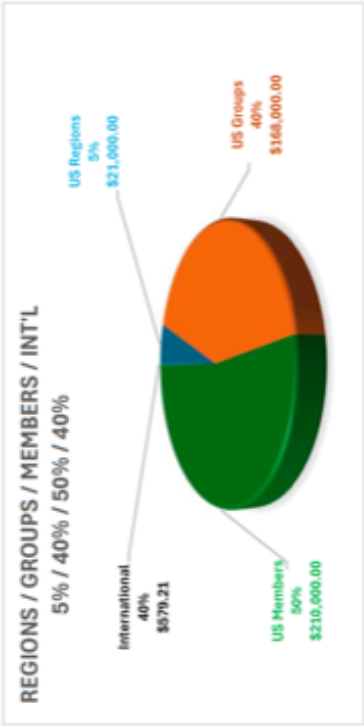
	Participation Percent	Census @ Participation Percent	Monthly Requirement to Break Even	Total If Monthly Funding Met
--	-----------------------	--------------------------------	-----------------------------------	------------------------------

US Regions	5%	1	\$1,944.44	\$21,000.00
US Groups	40%	276	\$50.72	\$168,000.00
US Members	50%	1,725	\$10.14	\$210,000.00
International	40%	n/a	\$1,448.03	\$579.21
			Total	\$399,579.21
			Budget Shortfall	(\$20,420.79)

US Regions	5%	1	\$1,944.44	\$21,000.00
US Groups	30%	207	\$50.72	\$126,000.00
US Members	75%	2,588	\$10.14	\$315,000.00
International	25%	n/a	\$1,448.03	\$362.01
			Total	\$462,362.01
			Budget Surplus	\$42,362.01

* Average of 5 members per group used
** International contributions = 5.18% over 2023 contributions

2024 (5.18% Increase)	
Period	To Fund Budget
Year	\$420,000.00
Month	\$35,000.00
Day	\$1,150.68
International	\$17,376.36



Bay Area Rep Report

The Bay Area has voted to have meetings only virtually going forward. They save the cost of the rent to the church. The church is still open to us, using the facilities for events.

We now have a Bay Area Zoom account that will be used for the monthly Bay Area meetings. The Guidelines committee is developing processes for Bay Area groups to be able to use this account as well.

Marguerite

Florida Literature Committee report for April 2024

The Florida Literature Committee continues to meet on Mondays and has 4 members. We have completed what work we could on the *Concepts Booklet*. We have returned it to the World Service Literature Committee for another committee to work on. We are taking a break till later in the year.

Minutes
Florida Region Virtual Assembly Meeting
Saturday, June 9, 2024 / 7pm-8:45pm

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Virtual Assembly Meeting to order at 7pm on June 9, 2024. Ingrid recorded minutes for this meeting. Roll call was taken by Ingrid. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Rosemary and Twelve Concepts were read by Sandy.

ROLL CALL: 14 Attendees; 8 Voting Members; 6 Non-Voting Members * Dual Role

8 Voting: Tony- North Tampa, Mary-Lakeland, Maria- Tallahassee, Sandy-Clearwater Tues, *Kim- Daytona, Jennifer- Zephyrhills, Megan- Tarpon Springs, and *Susan-Brandon (arrived after votes were taken)

6 Non-Voting: Bonnie-Region Chair, Ingrid- Region Vice Chair, Rosemary- Region Treasurer, Donna- Region Delegate, Yvette- Region Alt. Delegate, and Janine- visiting member from Jacksonville First Coast.

APPROVAL OF MINUTES:

Sandy made a motion to approve the minutes from March 9, 2024, Mary seconded with no corrections, minutes passed with a vote of 4 yes's and 3 abstentions.

REPORTS:

1. Chair and Vice Chair Reports (Bonnie and Ingrid)

- They welcomed the new GSR's and Service Representatives
- Still in need of a Region Secretary.
 - i. There are still other positions that have been open for a while, such as the Contact List Updater. It is not a very demanding role, and the person should have some experience with Excel.
 - ii. More positions will be opening up in September since those members have fulfilled the maximum 6-year term. This includes the roles of the Region Outreach Chair and the Region Delegate. We would like to thank both Kim and Donna, respectively, for their years of service and dedication to their positions. Yvette has stated that she is willing to step up to the position of Region Delegate as long as someone steps up to the position of Alternate Delegate since it is such a demanding position and not one person can do it alone.
- Bonnie was contacted by a member in Pasco County that was concerned about how Empowered Communities have different resources on their website but nothing about Nar-Anon or Narateen. She contacted them and they now have a link on their website to our website.
- Bonnie spoke with Felicity, and we will be able to have our September Assembly at Schalamar Creek Golf and Country Club in Lakeland on September 14, 2024.

2. **Treasurer:** (Rosemary)

- Rosemary went over her reports. In short, the beginning fiscal year balance was \$2539.68 plus donations of \$5,045 and convention income of \$335 for a total income balance of \$7,919.68. Our past donations to WSO totaled \$3,413.80 and expenses were \$1,649.26 for a total of \$5,063.06. Income \$7,919.68 minus WSO donations total for the year was \$5,847.93 and Expense \$5,063.06 equal an ending checking account balance of \$2,856.62 as of June 5, 2024. Taking into consideration the prudent reserve of \$1,155.25, the suggested June 2024 donation to the World Service Office (WSO) is \$1,701.37.
 - i. A motion was made to donate \$1,701.37 to WSO. Sandy made the motion and seconded by Mary. Motion passed unanimously.

3. **Bay Area Report:** N/A

4. **Outreach Report:** (Kim)

- Kim has been travelling to various meetings. She said she is surprised that all the meetings she has gone to didn't know about FRCNA and don't seem to have an interest in participating in the Region.
- She asked for an Outreach Table at FRNCA by the NA side of the convention and Bonnie said she will speak to the Chair of FRNCA to see if it is possible.
- The SW Region of NA would like us to participate in a convention.

5. **Convention:** (Susan) - **See attached Report**

6. **Website:** (Debra) - **See attached Report**

7. **Narateen Report:** Jamie - **attached email resignation**

8. **Helpline Report:** N/A

- The Helpline cost is \$54.24/mo. and is rising. The idea was discussed about possibly getting rid of the Helpline. We had an open discussion with some members discussing the fact that as volunteers they are not receiving calls and the thought that people might be utilizing the website instead. However, there was some discussion about not wanting to lose that option as a way to reach out to those in need of a meeting and might not know about the website. We decided that we will wait for Faye to join to continue this discussion and get her input.

9. **Literature Report:** Sheryl - **See attached Report**

10. **Delegate and Alternate Delegate Reports:** (Donna & Yvette)

- Donna informed us that there was lots of new digital media and new literature in general.
- Her and Yvette attended a forum on Legal Entities, meaning local meetings who have incorporated themselves. Donna shared the pros and cons, such as the costs vs. the possibility of bankruptcy of WSO. Some countries had to form themselves as their own legal entities based on how the laws work in their countries.6+6+8-
- Serenity Connection for this month was missing pages 4 and 5.
- There are deadlines for motions for next year's World Service Conference (WSC) 2025. The deadline for motions to be submitted to be included in CAR is in August.
- The delegates on the forum are going to reach out to the World Service Committees to find out if they can share draft motions and are going to reach out to the Regions to see if they have any draft motions. They are trying to avoid duplicates.

- A suggested motion is to add something to the Guide to World Services (GWS)/ Guide to Local Services (GLS) about Regions/ Areas having their own GLS to help with the issues of laws specific to their countries as long as it follows the Traditions and Concepts.
- They want to suggest another motion that would remove the Parliamentarians (is not a Nar-Anon member but knows Robert's Rules) but instead use 3 facilitators to help reduce the cost.
- The world convention is the weekend of Labor Day and has 90 members registered and most of the speakers lined up.

GSR ROUNDTABLE: The GSRs gave their reports and meeting participation varies with some only having a few members while others have a large amount of regular participation. Some have lost members due to being seasonal residents. Interestingly, members who have lost loved ones are still participating. Also, age groups vary with younger members showing interest in doing various service positions such as Outreach and the Contact List Updater. Some meetings are doing step workshops monthly. However, they are still concerned with WSO's finances. With that in mind meetings are giving donations to the Bay Area to help WSO.

ANNOUNCEMENTS:

2024 FRCNA Convention **Friday July 5, 2024 – Sunday July 7, 2024** @ Rosen Plaza 9700 International Dr, Orlando

RSC Meeting, **Sunday, July 28, 2024** @ 7:00-8:30 PM on Zoom

2024 Nar-Anon World Convention 38 (WCNA) **Aug 29 – Sept 1, 2024**, in Washington DC Region Assembly, **Saturday September 14, 2024**, from 9:00 am – 2:00 pm Schalamar Creek

MOTION TO ADJOURN: Tony motioned to adjourn the meeting and Susan seconded. Motion passed unanimously. The meeting ended at 8:45 PM.

PREPARED BY: INGRID M

Convention Chair Report

Convention is very close and we're almost ready!

- All Speaker slots have been filled
- Registrations are slow. Suspect a number of folks are planning to pay at door. Fingers crossed!
- We received one chance gift: a \$50 gift card for Wawa.
- We are planning two 45-minute workshops. Anyone have an idea for something they'd enjoy? Otherwise, it's Chairmans Choice 😊
- The games weren't well received, but throughout the day we will have "interactive moments" of fun. There may be prizes.
- This year we will have a Memorial Table. No photos or names, just a sign, flowers, and a candle. And copies of the Hope after Loss Naranon Booklet. Just a reminder of those we have lost, both members and addicts.
- Working out final details at this point.
- Thanks to my committee who have worked very hard to pull this together. Special thanks to Bonnie for being my guiding light!

Regards,

Susan F.

Committee Chair

Website Chair Report

The website chair's mother entered the hospice. For this reason, the new WordPress site is delayed for at least two to three months.

Theresa, the previous webmaster, has agreed to assist with website updates for a couple of months as needed. Our thanks go to her for this generous offer.

Stats will be pulled from the site and provided during the next Assembly meeting.

Best regards,

Debra

Website Chair

Nar-Anon FL Region

Narateen Chair Resignation

Saturday, June 8, 2024

Dearest Naranon Family,

First of all, thank you for entrusting me with the service of the Narateen Chairperson. However, after much consideration, I have to offer my resignation from the position. My priorities over the last six months have changed, and I am working an average of six days a week at this time. I will continue to live out Step 12 in other ways that mesh with my current situation. I apologize for any inconvenience this causes the Region.

Warm regards,
Jamie Z

Florida Literature Committee Report

The Florida Literature Committee continues to meet on Mondays and has 4 members. We have completed what work we could on the *Concepts Booklet*. We have returned it to the World Service Literature Committee for another committee to work on. We are taking a break till later in the year.

July Minutes
Florida Region Regional Service Committee (RSC)
Sunday July 28, 2024 7:00 PM-7:51 PM

ROLL CALL: 9 Attendees; 8 Voting Members; 1 Non-Voting Member

8 Voting: Bonnie (Region Chair), Ingrid (Region Vice Chair), Rosemary (Region Treasurer), Donna (Region Delegate), Yvette (Region Alt. Delegate) *, Susan (Convention Chair), Kim (Outreach Chair), and Marguerite (Bay Area Service Rep)

1 Non-Voting: Doug (FL Region Virtual Coordinator)

*- Yvette came in after we voted for the approval of April's minutes.

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions and Twelve Concepts were read by Marguerite.

APPROVAL OF MINUTES:

Donna made a motion to approve April 28, 2024, minutes and Bonnie seconded. The minutes passed with a vote of 6 yes and 1 abstention.

OFFICER REPORTS

CHAIRPERSON'S & VICE CHAIRPERSON'S REPORTS: (Bonnie & Ingrid)

Bonnie informed us that the three officers have been working diligently on the newsletter. They were looking over the statistics and over 60 % of subscribers are opening the newsletter. Ingrid shared there are currently 151 members subscribed. She gave thanks to everyone who subscribes to and reads the newsletters. She asked to please share with your groups the newsletter as it is a great source of information about the region and Nar-Anon as a whole.

TREASURER'S REPORT: (Rosemary)

Rosemary gave us a summary of her report. The current checking account balance is \$1,237. 00, and the convention income was \$800.00, which was total based off of the \$1,287.00 minus \$490.00 of expenses. Key expenses were the convention, travel and Zoom. She reminded the group that we will need to start the budget for the next fiscal year, and she will meet with all the chairs soon. Also, we will need to consider the new fees for the WSC for next year which are due in December.

DELEGATE'S AND ALTERNATE DELEGATE REPORTS: (Donna)

Donna has sent out all the information she has through the newsletters. She also emails the officers information about the roundtables.

ASR - BAY AREA REPORT: (Marguerite)

Marguerite told us that they only meet on Zoom now but can still use the church if they have events. They didn't meet in July due to the convention. The Bay area had been supporting PAR, but they unexpectedly closed. Members who participated are sad to see it closed because they received positive responses from staff and families. They will meet this Saturday August 3rd at 4 pm on Zoom.

COMMITTEE REPORTS

CONVENTION'S REPORT: (Susan) – see attached.

NARATEEN'S REPORT: – N/A

WEBSITE AND TECHNOLOGY'S REPORT: (Debra)

Bonnie read her report. She wasn't able to work on the website and she thanked Theresa for all her help. When she returns from her mother's memorial she will continue to work on WordPress.

OUTREACH'S REPORT: (Kim)

Kim reported that she had a table at FRCNA and sold some literature. Next table will be at SFRCNA in Miami and was hoping to do a small convention there since they had offered us a room. However, due to financial constraints, they can no longer offer the whole room but can allow the table and one meeting. The South Florida meetings are willing to help support Outreach and the convention. NA is possibly going to close down their South Florida region next year since they don't have enough meetings to support the region. In October, she is willing to support the new chair at FACNA. She is having repaired the long stand-up sign that broke at FRCNA, and it should be ready by the next event. Also, she suggested putting a list together of meetings and either call or text the GSRs every 3 months to try to establish a relationship. Bonnie said she had tried that last year, but some GSRs got upset with her for calling them.

NEW BUSINESS

We have open Regional Positions, some of which will begin starting September. This includes Outreach Chair- though we possibly have someone interested in the position, Delegate- Yvette said she is willing to do it if someone is willing to be the alternate delegate, Alternate Delegate, Secretary, and Webmaster.

ANNOUNCEMENTS

- 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC
It will be held at the Walter E Washington Convention Center in cooperation with NA.
- Recovery at Sea, 7-night cruise Feb 2-9, 2025, see the WSO Website for more details
- FL Region Assembly Meeting, September 14, 2024, Time: 9am-3pm

MOTION TO ADJOURN:

A motion to adjourn was proposed by Marguerite and seconded by Bonnie. It passed unanimously. The meeting closed at 7:51 PM.

HIGHWAY TO HOPE – STAYING IN OUR LANE

The convention was held July 5 – July 7 in Orlando. Our turn-out was disappointing – less than 30 people. The vast majority of people registered when they arrived rather than pre-registering. Our Friday night dinner was attended only by the Officers, Committee and one other person. We are working on ways to get the word out better for next year – any suggestions are appreciated. Additionally, if more of those in leadership positions attended, it would help to send the message through example.

One of our goals for this convention was to offer opportunity and encourage participation of the member attendees. To that end we periodically gave out prizes for people who could offer Words of Hope. It was fun and almost everyone shouted out a word or phrase at one point.

We also had two workshops with great participation that were well received. All-in-all, the membership participation was fantastic.

This year we added a Memorial Table consisting of a framed poem, flowers and candles. Members were encouraged to take a candle from the provided basket of tea lights and write the name of their loved one or a member of the fellowship from their group who had passed and add it to the table. 16 candles were added during the weekend, and we received a number of thanks/compliments on the Memorial. The candles that were added will be kept and put back on the table next year for 2024, and new ones can be added each year for those who have been lost during the year. It's a poignant reminder of why we are here and a comfort to those who have lost loved ones.

On Sunday, after the cleanup, the Committee and Officers had a meeting to wrap up and discuss things that worked and did not. Our thoughts for next year are as follows:

- Continue to work on ways to expand awareness of the convention and make it appealing.
- Eliminate the Fellowship Dinner on Friday as most people come for Sat only.
- Have the convention on Sat only. Almost everyone leaves Sat night – we will appeal to far more people (I hope) if they do not feel they have to get a room or spend the entire weekend there.
- Continue the committee year-round. This will give us the opportunity to visit other groups to increase awareness of the convention and the advantages of attending. Perhaps a couple “Mini Meets” during the year in different areas to encourage attendance.
- Have a Sponsor/Sponsee Meet & Greet, where those looking for a sponsor can meet those willing to sponsor. Perhaps as a separate event in conjunction with Outreach.
- Eliminate the Chance Drawing and ask groups to consider a cash donation instead to support the Convention, or to sponsor an element of the convention, i.e.: printing programs, posters, etc.
- Check with the Literature Committee to see what new literature we should have to hand at the convention.

Finally, I would like to thank the following: Susan P., Bonnie J., Rosemary H., Debra H., Ingrid M., Kim, and Lucy M. Their help made the convention a success.

Minutes
Florida Region Assembly Meeting
Saturday, September 14, 2024 / 9:02 am-2:30 pm

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Assembly Meeting to order at 9:02 am on September 14, 2024. Ingrid recorded minutes for this meeting and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Donna and Twelve Concepts were read by Tammy.

ROLL CALL: 16 Attendees; 9 Voting Members; 7 Non-Voting Members * Dual Role

9 Voting: Tammy- Bradenton, Wendell- Citrus, Tony- North Tampa, *Faye- Zephyrhills, Mary-Lakeland, *Kim-Daytona, Kevin- Tarpon Springs, Alex-Brandon, and Debra- New Tampa.

7 Non-Voting: Bonnie-Region Chair, Ingrid- Region Vice Chair, Rosemary- Region Treasurer, Donna- Region Delegate, Yvette- Region Alt. Delegate, Susan-Convention Chair, and Paige- visiting member from Lakeland.

APPROVAL OF MINUTES:

Mary made a motion to approve the minutes from June 9, 2024, Faye seconded. Minutes passed unanimously.

REPORTS:

1. **Chair and Vice Chair Reports** (Bonnie and Ingrid)

- They welcomed the new GSR's and Service Representatives
- Still in need of a Region Secretary, possibly a Delegate, an Alternate Delegate, Region Contact List Updater, Outreach Chair and Webmaster.
- Bonnie thanked both Donna and Kim for their years of service.
- Wendell sent to the Officers his letter of willingness to become the Outreach Chair. Letter included in the Minutes.
- Bonnie passed around the new Key Date Calendar for this upcoming fiscal year. It is also available on the Florida Region's website.

2. **Treasurer:** (Rosemary)

- Rosemary went over her reports. As of September 5, 2024, the beginning balance was \$2,539.68. The FRCNA convention brought in \$831.69. Donations from the Bay Area totaled \$2,980 and individual groups totaled \$3,905.00. There was \$2,945.28 in expenses. Also, there was \$402/ each, \$404 total, set aside for both the delegate and alternate delegate admission to World Service Conference (WSC). That left an ending balance of \$ 2,694.03. The suggested donation to the World Service Office (WSO) was \$732.76.
 - i. A motion was made to donate \$732.76 to WSO. Kim made the motion and seconded by Wendell. Motion passed unanimously.

3. **Delegate and Alternate Delegate Reports:** (Donna & Yvette) – **See attached Report**
 - Donna told us that she attended the World Convention in Washington DC. There were 120 Nar-Anon members who also attended in comparison to NA's 12,000 members.
 - She went over the roles of the Delegate and Alternate Delegate.
 - Yvette stated that she would like to see more participate from Region members.
4. **Bay Area Report:**
 - Kevin gave the report for the Bay Area. He informed us that Marguerite had to step up again as the Area Service Rep (ASR) and moved their monthly meeting to Saturdays on Zoom. They are in need of an Outreach Chair. On November 16, 2024, they will have an event at Anderson State Park.
5. **Helpline Report:** Faye - **See attached Report**
6. **Outreach Report:** (Kim)
 - Kim told us that she had a table at FRCNA. She also had a table at the Sarasota Fights Fentanyl event and Tammy attended with her. Next weekend she will have a table at SFRCNA, and other local members will be attending.
 - She thanked Wendell for his interest in the Chair position.
 - Yvette added that World has a virtual roundtable quarterly and the next one is October 27th.
 - Donna encouraged members to join the Outreach committee and for groups to do their own outreach. For example, taking literature and going out in a 5 miles radius to leave at places like doctor's offices.
 - Rosemary will be speaking at a virtual event by UCF for master level students on October 9th.
7. **Website:** (Debra)
 - Debra thanked Theresa for all her help with the website for the last several months.
 - She is still working on the new website. She is shooting for January 1st to be the launch date for the new website. This modernization of the website will make our page look better and will be easier to manage for whoever takes the position of Webmaster especially since they won't need to know coding which is a current requirement with the website. Some members spoke up and gave her suggestions for the new website.
 - She did a demonstration of the current website using a projector for the new GSR's and went through different features.
 - She advocated for more members in the committee and reiterated that we need a Webmaster since currently she is doing the work for that position as well.
8. **Narateen Report:** NA
 - Since we don't have a chair Donna spoke on Narateen. She asked us to bring back to our groups that Narateen is still active in other regions, and they can go to the World website to find meetings for teens.
 - If anyone is interested in starting an in-person or virtual meeting, they can contact her.
9. **Convention:** (Susan)
 - Susan said that next month the committee will start having meetings again. She went over the FRCNA convention and even with low attendance it was still well received.

- Donna mentioned that there is possibly going to be an East Coast convention which is a Nar-Anon stand-alone convention.

Faye made a motion to change the agenda to move onto New Business and then do the Roundtable. Tony seconded the motion. The motion passed unanimously.

ELECTIONS

- Debra made a motion to elect Wendell as the new Outreach Chair and Mary seconded. The motion passed unanimously.
- Donna nominated Yvette as the Region Delegate and Mary seconded. The motion passed unanimously, and Yvette accepted.
- Mary made a motion to nominate Alex as the Contact List Updater and Wendell seconded. The motion passed unanimously, and Alex accepted.

2024-2025 REGION BUDGET

- Rosemary went over the budget ledger line by line so we could have an open discussion.
- We updated the prudent reserve to \$ 1186.25, increased Zoom to \$115, delegate \$60 and Helpline \$660.
- Susan made a motion to accept the 2024-2025 budget and Wendell seconded. The motion unanimously.

FL REGION LAPTOPS

- The officers explained that Rosemary purchased two laptops, one for the Treasurer and one for the Secretary, currently the Vice Chair is doing those duties. These laptops were \$381.27 that Rosemary paid out of her pocket, and they were asking for reimbursement from the Region.
- A motion was made to approve the reimbursement of \$381.27 for the Region laptops and seconded. The motion passed unanimously.

GSR ROUNDTABLE: The GSRs gave their reports, and overall membership is increasing slowly with a slight decrease due to the summer months. We had two new GSRs attend this region meeting.

ANNOUNCEMENTS:

- RSC Meeting, **Sunday, October 27, 2024 @ 7:00-8:30 PM**
- Florida Region Virtual Meeting, **December 8, 2024 @ 7:00-8:30 PM**

MOTION TO ADJOURN: Susan motioned to adjourn the meeting and Tammy seconded. Motion passed unanimously. The meeting ended at 2:30 PM.

Nar-Anon Florida Region
Treasury Ledger Summary
Assembly - Sept 14
Oct 2023 - Sept 5 2024

Catagories	Sum of Deposit	Sum of Expense	Checking
Beginning Balance	\$2,539.68		
Beginning Bank Balance -	\$2,539.68		
D-FRCNA	\$1,327.00	-\$4.66	\$1,322.34
1-Registration	\$535.00		
1-XPayPal Fee FRCNA		-\$4.66	
2-Donation	\$379.00		
3-Dinner	\$210.00		
Chance Drawing	\$170.00		
Literature	\$33.00		
D-In-Area	\$2,980.00		
Bay Area	\$2,980.00		
D-In-Grp	\$3,905.00		
127-003-Brandon	\$150.00		
127-006-Cocoa	\$100.00		
127-008-Southwest Ranches - FRI	\$150.00		
127-021-Lake Worth	\$239.00		
127-028-Melbourne	\$100.00		
127-029-Miami, South	\$400.00		
127-033-Ocala - TUE	\$330.00		
127-034-Oldsmar	\$25.00		
127-038-Palm City	\$100.00		
127-041-Port St Lucie	\$100.00		
127-042-Sarasota (V)	\$240.00		
127-058-Winter Park	\$100.00		
127-063-Ft Myers	\$1,025.00		
127-081-Bradenton	\$100.00		
127-088-New Tampa (V)	\$560.00		
127-106-Boynton Beach	\$125.00		
127-123-Sarasota SRQ	\$31.00		
127-XXX-Member	\$30.00		
D-Out-WSO		-\$5,115.17	
WSO Donation (1) - Dec 2023		-\$1,738.26	
WSO Donation (2) - Mar 2024		-\$1,675.54	
WSO Donation (3) - June 2024		-\$1,701.37	
Expense	\$7.44	-\$2,945.28	-\$2,937.84
ASSEMBLY		-\$60.00	
CONVENTION	\$7.44	-\$498.09	-\$490.65
DELEGATE (IWSC 2024)		-\$58.68	
FLORIDA ANNUAL REG		-\$70.00	
HELPLINE		-\$571.86	
LITERATURE NEW GROUPS		-\$174.25	
OFFICE EXPENSE		-\$220.88	
OFFICE EXPENSE - PayPal		-\$13.68	
OUTREACH PACKETS		-\$432.22	
TRAVEL EXPENSES (Outreach Chair)		-\$490.70	

ActualDetails

1

9/5/2024

Nar-Anon Florida Region
Treasury Ledger Summary
Assembly - Sept 14
Oct 2023- Sept 5, 2024

WEBSITE/TECHNOLOGY	- \$242.99	
ZOOM REGION ACCOUNT AND MEETINGS	-\$111.93	
Grand Total	\$10,759.12	-\$8,065.11
		\$2,694.01

Treasury Report
Budget vs Actual
Assembly - Sept 14, 2024
Oct 2023 - Sept 5 2024

2022/2023 Program Revenues vs. 2023/2024		ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024
Convention Gross Income:	Registrations	\$930.00	\$530.34
Dinner		\$510.00	\$210.00
Chance Drawing		\$531.00	\$170.00
Donations		\$55.00	\$379.00
Literture Sales			\$33.00
Total Convention Income		\$2,026.00	\$1,322.34
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)		\$792.34	-\$490.65
CONVENTION NET INCOME		\$1,233.66	\$831.69
GROUP, MEMORIAL & AREA DONATIONS TO DATE		\$6,545.00	\$5,315.00
TOTAL REVENUE		\$7,778.66	\$6,146.69

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL	2023/2024 Remaining
Reporting Year	2022/2023	2022/2023	2023/2024	2023/2024	2023/2024
ASSEMBLY	\$120.00	(\$60.00)	\$120.00	(\$60.00)	\$60.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	\$350.00	(\$490.65)	(\$140.65)
DELEGATE (IWSC 2024)	\$960.00	(\$1,000.00)	\$56.00	(\$58.68)	(\$2.68)
FLORIDA ANNUAL REG	\$160.00	(\$70.00)	\$70.00	(\$70.00)	\$0.00
HELPLINE	\$500.00	(\$528.84)	\$550.00	(\$571.86)	(\$21.86)
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	(\$174.25)	\$45.75
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	(\$44.66)	\$200.00	\$0.00	\$200.00
OFFICE	\$100.00	(\$159.67)	\$300.00	(\$234.56)	\$65.44
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	(\$432.22)	\$767.78
TRAVEL EXPENSES (Outreach Chair)	\$400.00	(\$449.47)	\$1,100.00	(\$490.70)	\$609.30
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	(\$242.99)	\$107.01
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$104.93)	\$105.00	(\$111.93)	(\$6.93)
TOTAL BUDUGETED EXPENDITURES	\$5,395.00	(\$4,449.44)	\$4,621.00	(\$2,937.84)	\$1,683.16

Nar-Anon Florida Region
Fiscal Year Schedule
Assembly - Sept 14, 2024
Oct 2023 - Sept 5, 2024

Expenditures	2023/2024 Budget
ASSEMBLY	\$120.00
OFFICE	\$300.00
FLORIDA ANNUAL REG	\$70.00
DELEGATE (IWSC 2024)	\$56.00
HELPLINE	\$550.00
LITERATURE NEW GROUPS	\$220.00
OUTREACH PACKETS	\$1,200.00
TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
WEBSITE/TECHNOLOGY	\$350.00
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
TOTAL BUDGETED EXPENDITURES	\$4,621.00

Region's Operating Expense with Capital Convention	\$4,621.00
Monthly Expenses	\$385.08
Prudent Reserve (3X Monthly)	\$1,155.25

Balance in checking account as of Sept 5, 2024 \$2,694.01			
Including Groups and Area's donations since last Assembly: \$2,140			
Required hold back for prudent reserve \$1,155.25 \$ (1,155.25)			
WSC Equalized Expenses \$403 per Delegate \$ (806.00)			
			\$732.76
Donation History 2023-2024			
Donation to be sent to WSO from Dec 2023	\$1,738.26	On	12/11/2023
Donation to be sent to WSO from Mar 2024	\$1,675.54	On	3/11/2024
Donation to be sent to world of June 2024	\$1,538.76	On	6/10/2024
Donation to be sent to world of Sept 2024	\$732.76	On	9/14/2024

Donna C – Delegate Report 9/14/24

It has been my pleasure serving as the FL Region Alt. Delegate and then the Delegate since 2018.

I have full faith and confidence that the Florida Region will do the right thing and stay involved in the day-to-day workings of NFG, Inc.

My plan is to stay involved in Nar-Anon at the World level and help with the 2025 world conference. I will make myself available to answer any questions I can answer about the Delegate/Alt. Delegate position should the need arise.

Yours in service,

Donna C.

Year-end Helpline Report Florida Regional Assembly

September 9, 2023

For the 12-month period: September 2022 thru August 2023, I believe the graphs/charts that illustrate the usage of Nar-Anon Florida Region Helpline through One Box gives the best information for the complete picture for the year.

There was a total of 233 results. In August of this year, I did some testing of the system with a partial list of the volunteers. This was based on my availability. The charts show generally when most folks seek help.

Helpline volunteers tested gave excellent feedback. I am encouraged with the testing that has taken place.

Future plans for this service are to complete the volunteer testing and then create a rotating schedule to continue this avenue to have the volunteers give their most welcome input to the system!

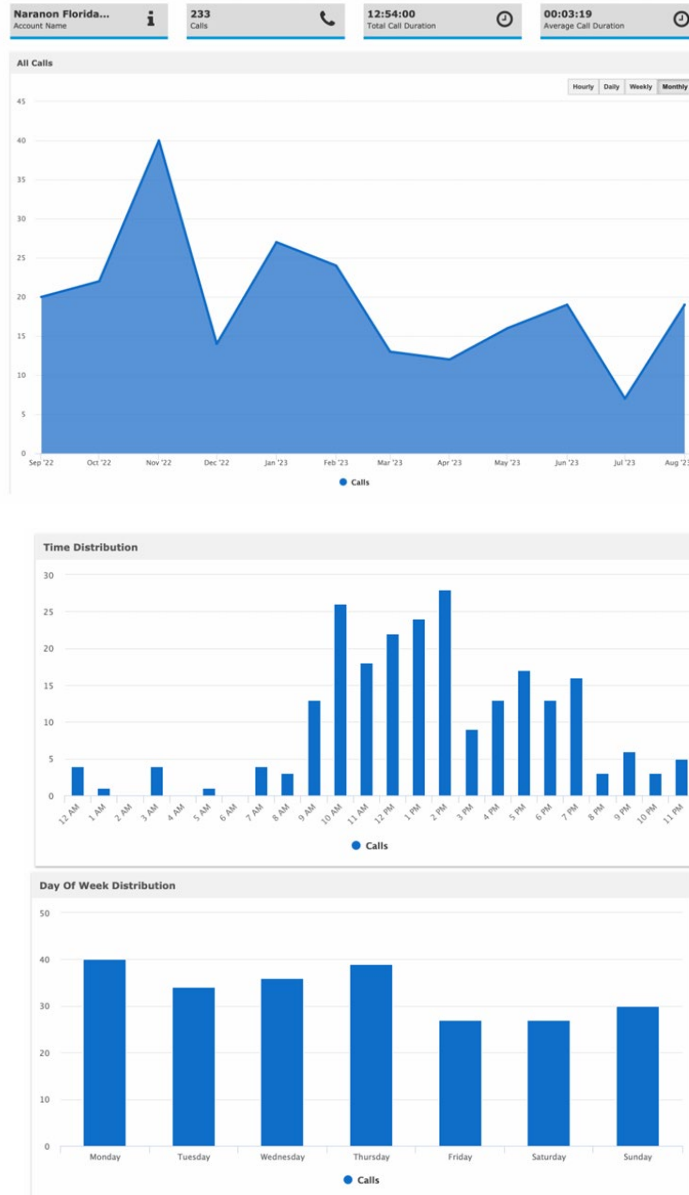
Respectfully submitted,

Grateful

Faye W

HELPLINE Co-Ordinator

9/6/2023



Minutes

Florida Region Assembly

Sunday, December 09, 2024 / 07:00pm – 9:00pm

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Assembly Meeting to order at 7:00 pm on December 9, 2024. Ingrid recorded the minutes for this meeting and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Jessica and Twelve Concepts were read by Donna.

ROLL CALL: 18 Attendees; 10 Voting Members; 8 Non-Voting Members * Dual Role

10 Voting: *Wendell- Citrus, Tony- North Tampa, *Faye- Zephyrhills, Mary-Lakeland, Kevin- Tarpon Springs, Cheryl Ft. Myers, Sandy- Clearwater, Jennifer- Ocala, Dawn- Holiday and Debra- New Tampa.

8 Non-Voting: Bonnie-Region Chair, Ingrid- Region Vice Chair, Rosemary- Region Treasurer, Donna- World Service Conference Secretary, Yvette- Region Delegate, Doug- FL Region Virtual Coordinator, Carolyn-visiting member, and Kim- visiting member.

APPROVAL OF MINUTES:

Mary made a motion to approve the amended minutes from September 14, 2024, and Wendell seconded. Minutes passed with a vote of 5 yes and 4 abstentions.

REPORTS:

1. **Chair and Vice Chair Reports** (Bonnie and Ingrid)
 - They welcomed the new GSR's and Service Representatives
 - Still in need of a Region Secretary and Webmaster.
 - Bonnie said Donna made a request about our donation to the World Service Conference (WSC) and added that to this meeting under New Business.
2. **Treasurer:** (Rosemary) – **See attached Report**
 - Rosemary went over her reports. Our beginning balance was \$1,967.83, \$800 in donations, \$229.08 in expenses which left an ending balance of \$2,618.75 as of December 8, 2024.
 - i. Due to a possible donation to another Region to attend World Service Conference (WSC) we made a group conscious of delaying the vote to WSO until after New Business.
3. **Delegate Report:** (Yvette)
 - Yvette told us that the motions and agenda for WSC are coming soon. There are 35 motions so far. The WSC will be held in April 2025.
4. **Bay Area Report:** (Marguerite) – **See attached Report**
 - Ingrid read the report for the Bay Area.
5. **Outreach Report:** (Wendell) – **See attached Report**
6. **Helpline Report:** Faye - **See attached Report**
 - Faye informed us that for the quarter the Helpline received 14 calls total.

- She asked the group to consider if it is worth the expense. She suggested using her phone number or looking into other services. The service cost from \$55-59 per month.
 - i. There was some discussion for both sides of the argument, but the consensus was to keep it active.
7. **Website:** (Debra)
- Debra told us that the website is still on track for being ready for January 2025.
 - Traffic to website this year was 24,691, with 19,451 unique first-time visitors. December had the lowest numbers of visits to the site. 500 are only spending 0-30 seconds on the site. Tuesdays and Fridays are the greatest days of getting hits and Saturdays and Sundays have the lowest.
 - She emphasized that we still need a Webmaster.
 - Some members had suggested seeing the website when it's done but before it goes live, possible at the March assembly. Donna mentioned that since the committee makes all the decisions for the website that they can hold a meeting and invite those interested to review the new website to join.
8. **Narateen Report:** *Inactive*
9. **Convention:** (Susan) *NA*

GSR ROUNDTABLE: The GSRs gave their reports and are reporting more attendance and an interest to do local outreach. Some of the meetings are starting to get more donations which allows them to send the money to the Region and even to WSO.

NEW BUSINESS:

1. Regional Election:

- Alternate Delegate Cheryl read her letter of willingness. The vote passed unanimously.

2. 2025 World Service Conference (WSC 2025) participation:

- Donna will be the World Service Conference Secretary.
- There are some Regions that can't afford to pay for Delegates to attend WSC, so some other regions have helped those regions. She would like to put it out there for the FI Region to help one of those regions that are in need.
- She has heard that the WSC committee would like to add a donate button to the WSO website. If it happens members or groups would be able to donate to help those regions.

3. Vote on Donation to World Services Office (WSO)

- Debra made a motion to send a donation for a delegate in another region to attend WSC and Mary second. The voted passed with 9 yes and 1 no.

Mary made a motion to send \$313.50 to WSO and \$313.50 to WSC and Debra second. The vote passed unanimously.

ANNOUNCEMENTS:

- RSC Meeting, **Sunday, February 2, 2025 @ 7:00-8:30 PM** Zoom
- Florida Region Assembly Meeting, **March 8, 2025 @ 9:00 AM-2:00 PM** Schalamar Creek Country Club, Lakeland

MOTION TO ADJOURN: Wendall made a motion to adjourn the meeting and Cheryl seconded. Motion passed unanimously. The meeting ended at 9:00 PM.

Nar-Anon Florida Region
Treasury Ledger Summary
October 2024 - September 2025
December 8, 2024 Virtual Assembly

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$1,967.83		
Beginning Bank Balance -	\$1,967.83		
D-In-Grp	\$880.00		
122-006-Mobile - SAT	\$100.00		
127-003-Brandon	\$100.00		
127-023-Land O' Lakes	\$50.00		
127-029-Miami, South	\$100.00		
127-033-Ocala - TUE	\$30.00		
127-041-Port St Lucie	\$50.00		
127-055-West Palm Beach	\$100.00		
127-058-Winter Park	\$100.00		
127-063-Ft Myers	\$150.00		
127-088-New Tampa (V)	\$75.00		
127-XXX-Member	\$25.00		
Expense	\$7.00	-\$236.08	
2-OFFICE		-\$37.85	
6.0-OUTREACH PACKETS	\$7.00	-\$72.24	
8-WEBSITE/TECHNOLOGY		-\$125.99	
Grand Total	\$2,854.83	-\$236.08	\$2,618.75

Nar-Anon Florida Region
Fiscal Year Schedule
Oct 2024 - Spet 2025
December 8, 2024 Virtual Assembly

Expenditures	2024/2025 Budget
1-ASSEMBLY	\$120.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$70.00
5-DELEGATE (IWSC 2026)	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
6.2-HELPLINE	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
8-WEBBSITE/TECHNOLOGY	\$350.00
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,745.00

Region's Operating Expense with Capital Convention	\$4,745.00
Montly Expenses	\$395.00
Prudent Reserve (3X Monthly)	\$1,185.00

	Balance in checking account as of	\$2,618.75
	<i>Including Groups and Area's donations: <u>\$880.00</u></i>	
	Required hold back for prudent reserve	-\$1,185.00
	Balance after Prudent Reserve	\$1,433.75
	Upon approval Delegate & Alt Delegate WSC 2025 Equalized Expense	-\$806.00
		\$627.75
	Donate an Equalized Expense for another Region	-\$403.00
		\$224.75
Donation History 2024-2025		
Donation to be sent to WSO from Dec 2024	\$224.75	On 12/8/2024
Donation to be sent to WSO from Mar 2025		On
Donation to be sent to world of June 2025		On
Donation to be sent to world of Sept 2025		On

Approved Budget
Oct 2024 - Sept 2025
December 8, 2024 Virtual Assembly

2023/2024 Program Revenues vs.	ACTUAL REVENUE 2024/2025	ACTUAL REVENUE 2024/2025
Convention Gross Income: Registrat	\$0.00	\$0.00
Dinner	\$0.00	\$0.00
Chance Drawing	\$0.00	\$0.00
Donations	\$0.00	\$0.00
Literture Sales	\$0.00	\$0.00
Total Convention Income	\$0.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Litertur	\$0.00	\$0.00
CONVENTION NET INCOME	\$0.00	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$0.00	\$0.00
TOTAL REVENUE	\$0.00	\$0.00

Expenditures	2023/2024 Budget	2023/2024 ACTUAL	2024/2025 Budget	2024/2025 ACTUAL	2024/2025 Remaining
Reporting Year	2023/2024	2023/2024	2024/2025	2024/2025	2024/2025
1-ASSEMBLY	\$120.00	(\$120.00)	\$120.00	\$0.00	\$120.00
2-OFFICE	\$300.00	(\$627.67)	\$300.00	(\$37.85)	\$337.85
3-ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$70.00)	\$70.00	\$0.00	\$70.00
5-DELEGATE (IWSC 2026)	\$56.00	(\$58.68)	\$60.00	\$0.00	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00	(\$556.87)	\$1,200.00	(\$65.24)	\$1,265.24
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00	(\$490.70)	\$1,100.00	\$0.00	\$1,100.00
6.2-HELPLINE	\$550.00	(\$680.40)	\$660.00	\$0.00	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00	(\$174.25)	\$220.00	\$0.00	\$220.00
7-NARATEEN (Background checks) / New Group Pa	\$200.00	(\$43.43)	\$200.00	\$0.00	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$125.99)	\$475.99
9-CONVENTION (initial advance \$350 - \$100 donat	\$350.00	(\$490.65)	\$350.00	\$0.00	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,271.00	(\$3,189.92)	\$4,745.00	(\$229.08)	\$4,974.08

Bay Area

Meeting via Zoom monthly.

The fellowship planned for Nov. was postponed.

Retrieving, updating and consolidating Outreach supplies.

Preparing for end of year and elections for area service positions including Outreach coordinator.

Hoping more Bay Area groups participate in the meetings.

Marguerite

OUTREACH

I held my first Outreach meeting on Tuesday, Dec 3 at 6pm. There were 3 other participants beside yours truly. So I am looking to double the size of our committee for January 2025.

I have received a request from Ocala to move the meeting to the first Tuesday of every month due to a conflict with their weekly meeting. I am considering moving the meeting to the middle of the month. Then I will determine which day! Those of you still working 40 hrs might prefer Saturday or Sunday? My Citrus County meeting is Thursday night! I personally am flexible other 6 days of the week. If you know someone that wants to participate on the Outreach Committee, please have them text me at 313-392-3744 and share their email address with me.

We had some discussion about the Nar-Anon Family group pull out signs of which I have two. One needs some minor repair. I am told they are ok for indoor events but get blown around outdoors. I had my small sign get blown around as well. So I will look in other signage options out there and will gladly accept your feedback.

I mentioned that as the Outreach Chairperson, I will be looking for the best method that attracts new members to our groups, so we can share and help more people. My Citrus County Group just started in March! So I will be learning by trying different activities.

Nar-Anon Family group volunteers, I thank you for your service to your community!

Wendell Oakes

HELPLINE

Hello Florida Region, NFG,

This quarter for the helpline has been very quiet. A total of 14 incoming calls were made.

To continue going forward with the cost of this OneBox service is very hard for me to give an opinion about. Each caller I have talked to is very appreciative of speaking to someone about their questions. The most important feature is being able to give assurance that they are not alone in their need for help.

If it is not stepping outside the guidelines and the groups are comfortable with having directive on the website, I am willing to have my number published as the number to call for help in finding a meeting. I have not looked into the guidelines regarding this.

There may be other services that would cover our needs. I will be glad to be on a search committee to find out details of other services.

Grateful for Naranon

Faye W

Helpline Coordinator

Usage_1194583_638691485063679936

Time	Minutes	Type	Calling Party	Number Dialed	Call Routed To	Call Details
09/03/2024 04:40:22 PM	13	Inbound Call	954-993-9461	888-947-8885	18138989974	Forwarded Call Accepted
09/07/2024 01:38:51 PM	3	Inbound Call	772-271-0723	888-947-8885	15617023129	Forwarded Call Accepted
09/08/2024 02:14:38 PM	4	Inbound Call	941-875-5096	888-947-8885	17274630820	Forwarded Call Accepted
			941-875-5096		18132934447	Call Answered-No key press to accept call
09/09/2024 08:14:48 AM	3	Inbound Call	772-334-0528	888-947-8885	17274860234	Call Answered-No key press to accept call
			772-334-0528		17276865857	No Answer
			772-334-0528		13306852240	User Hung Up
09/21/2024 05:34:06 PM	2	Inbound Call	727-858-5677	888-947-8885	15617023129	Forwarded Call Accepted
09/21/2024 06:34:38 PM	1	Inbound Call	863-623-8083	888-947-8885	17274630820	No Answer
09/21/2024 06:35:24 PM	1	Inbound Call	863-623-8083	888-947-8885	17274630820	Call Answered-No key press to accept call
09/24/2024 09:02:36 AM	11	Inbound Call	813-838-6002	888-947-8885	13306852240	Forwarded Call Accepted
			813-838-6002		17274860234	Call Answered-No key press to accept call
			813-838-6002		17276865857	No Answer
09/24/2024 03:55:31 PM	4	Inbound Call	352-875-0716	888-947-8885	17023274869	Forwarded Call Accepted
09/28/2024 11:21:27 AM	1	Inbound Call	330-685-2240	888-947-8885	13306852240	User Hung Up
10/02/2024 12:06:54 PM	2	Inbound Call	239-209-3142	888-947-8885	13306852240	Forwarded Call Accepted
10/16/2024 01:43:22 PM	2	Inbound Call	904-887-6182	888-947-8885	13306852240	User Hung Up
10/21/2024 05:07:14 PM	1	Inbound Call	772-202-1012	888-947-8885		Caller Hung Up
10/23/2024 11:58:16 AM	3	Inbound Call	302-685-2960	888-947-8885	13306852240	Forwarded Call Accepted
11/19/2024 12:43:45 PM	1	Inbound Call	908-699-9844	888-947-8885	3306852240	Forwarded Call Accepted

