

Florida Region Nar-Anon 2022/2023 Budget

2021/2022 Program Revenues vs. 2022/2023				ACTUAL REVENUE 2021/2022	ACTUAL REVENUE 2022/2023
Convention Gross Income:	Registrations			\$890.00	0
				0	0
	Dinner			\$420.00	0
	Raffle			\$475.00	0
	Donations			\$135.00	0
	Total Convention Income			\$1920.00	0
Convention Expenses: (Dinner & Supplies)				\$435.00	0
CONVENTION NET INCOME				\$1485.00	0
GROUP, MEMORIAL & AREA DONATIONS TO DATE				\$6501.73	0
TOTAL REVENUE				\$7986.73	0

Budget 2021/2022 vs 2022/2023

Expenditures	Budget 2021/2022	Actual 2021/2022	Budget 2022/2023	ACTUAL EXPENSES 2022/2023
ASSEMBLY F TO F MEETING March '22	\$60.00	0	\$60.00	0
ASSEMBLY F TO F MEETING September '22	\$60.00	0	\$60.00	0
TRAVEL EXPENSES (outreach Chair)	\$400.00	\$18.45	\$400.00	0
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	0
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$94.36	\$100.00	0
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$64.98	\$400.00	0
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$720.00	\$720.00	\$480.00	0
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$720.00	\$720.00	\$480.00	0
CONVENTION (<i>initial advance \$350 - \$100 donation to NA</i>)	\$350.00	\$133.00	\$350.00	0
WEBSITE	\$800.00	\$280.44	\$800.00	0
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	0
HELPLINE	0	0	\$500.00	0
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$70.00	\$160.00	0
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	0
TOTAL BUDUGETED EXPENDITURES	\$5,340.00	\$3,531.96	\$5,395.00	

FISCAL YEAR OCTOBER 1, 2022 TO SEPTEMBER 30, 2023

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

	ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE	TOTAL
PRUDENT RESERVE 2022/2023	\$600.00	\$600.00
Holdback from 2020/2021	\$500.00	\$500.00
Holdback from 2021/2022	\$500.00	\$500.00
Holdback October 2022	\$80.00	\$1,680.00
Holdback November 2022	\$80.00	\$1,720.00
Holdback December 2022	\$80.00	\$1,840.00
Holdback January 2023	\$80.00	\$1,920.00
Holdback February 2023	\$80.00	\$2,000.00
Holdback March 2023	\$80.00	\$2,080.00
Holdback April 2023	\$80.00	\$2,160.00
Holdback May 2023	\$80.00	\$2,240.00
Holdback June 2023	\$80.00	\$2,320.00
Holdback July 2023	\$80.00	\$2,400.00
Holdback August 2023	\$80.00	\$2,480.00
Holdback September 2023	\$80.00	\$2,560.00
Total	\$2,560.00	\$2,560.00
<p>Balance in checking account as of 10/01/22 is \$4,306.92</p> <p>Required hold back for prudent reserve and accrual for convention delegate and alt delegate is \$2,560.00 to pay for 2023 conference</p> <p>Donation to be sent to world of \$1,746.92 check # 1206 on 10/03/22</p>	<p>Groups and Area's donation for 2022/2023</p>	

Minutes (Approved)
Florida Region Regional Service Conference (RSC)
Saturday Feb 19, 2023, 7:00 PM-8:37 PM

Attendees:

ROLL CALL: 11 Attendees; 8 Voting Members; 3 Non-Voting Members

Non-Voting: 3	Voting: 8
Doug- Virtual Coordinator	Bonnie – Region Chairperson
Theresa- Webmaster	Ingrid- Region Vice Chairperson
Sandy- Region member	Rosemary - Region Treasurer
	Donna – FL Region Delegate
	Yvette- FI Region Alternate Delegate
	Kim- Outreach Chair
	Marguerite – Area Service Rep-Bay Area
	Debra- Website Chair

CALL TO ORDER:

The Chairperson opened the meeting with The Serenity Prayer.

The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Debra.

Minutes:

APPROVAL OF MINUTES:

Motion to approve November 13th, 2022 Minutes made by Donna (Regional Delegate), and seconded by Marguerite (Bay Area Chair) with no corrections, minutes passed unanimously.

OFFICER REPORTS:

CHAIRPERSON’S REPORT: (Bonnie)

The Chairperson, Bonnie, gave a welcome to all the attending members. Also, she would like to move RSC meetings so they would be 6 weeks apart. That way we won’t have meetings so close together. It would be 4 meetings a year but not so close to assemblies or business meetings. Took a vote and all members voted yes. She will work out the new dates.

VICE CHAIRPERSON’S REPORT: (Ingrid)

Vice Chairperson, Ingrid, went over issues with her emails and will be updating the Florida Region Guidelines (FLRG) with a group of members sometime after the March assembly.

TREASURER’S REPORT: (Rosemary)

~~She went over ledger and Treasurer’s Report (SEE ATTACHED)~~

The total in donations for the months of January and February was \$595. She had some expenses: One Box price went up to \$46.90, she had a request for Outreach Packets from an Orlando meeting and paid for our State of FL corporation dues which was \$70. That left a balance of 2,306.03.

DELEGATE’S REPORT: (Donna)

They have been working through the CAR Motions and doing a weekly Zoom call that has been going over the motions. She will be sharing information during the workshops.

She informed us that CAR Motions 16, 24, 25, 37, 59 and 77, which were made by Russia, are going to be withdrawn at the conference.

Committees will be reaching out to Regions who made motions to see if they can group certain similar motions together. Donna posted a cluster that was made by the Rocky Mt. Region which groups motions based on similarities.

The next World Conference will in Washington DC in September 2024.

ASR REPORT: (Marguerite)

The Bay Area met in December and January but weren't able to meet in February due to the Rummage Sale and death of a member at the church where they hold the meetings.

She told us that they are having the Rummage Sale Saturday, February 25th, 2023, from 9am- 3 pm. Friday, February 24th, 2023, from 12pm- 6pm they will be taking donations at the church where the Rummage Sale is being held. There will be potluck dinner after from 6pm-7pm.

March will be no meeting due to the Regional Assembly.

NARATEEN REPORT: (Jamie)

Jamie explained that they have a motion up for vote for the Safety Guidelines and withdrew the motion for the PowerPoint. Their Handbook was approved. They will be meeting soon possible March.

WEBSITE REPORT: (Debra)

Debra said they will have their meeting on March 16th, 2023, to start going over the Guidelines and looking over it from a website perspective to see what they could update.

OUTREACH REPORT: (Kim)

Kim will be attending a convention in Panama City that will be held in association with NA and that will be the weekend after Easter. In mid- March, the Greater Mobile Area asked for us to participate in their convention.

She is working on Inreach, specifically in Pompano Beach, with some groups to find some adhesion so they will be having a lunch and inviting members from Space Coast down to the Miami Area to be able to meet in person and connect with each other.

She also started a new meeting in the Daytona Beach area. She is working with current meetings in the area because they were not aware of the FL Region.

In April she will be attending a health fair in Volusia County.

WEBMASTER'S REPORT: (Theresa)

She said that on the Nar-anon webstore they have discounted SESH books, pamphlets and booklets that have print defects.

She's looking into new ~~email servers~~ **emailblast**. She has looked into three of them: MailChimp, Constant Contact and I Contact. Many of the regions are using MailChimp which is \$13/month which is the cheapest of the three. Her preference is the MailChimp due to the price, convenience, and features.

VIRTUAL COORDINATOR'S REPORT: (Doug)

Doug just wanted everyone to know that he is available to help and can be reached through email, call or text. He prefers text and to make sure you include your name in the text.

NEW BUSINESS:

Donna mentioned a notification that she got from Zoom about their updated services for hybrid meetings. She felt that would be worth looking into especially for assemblies. Doug will look into it.

Bonnie would like everyone to use the same ID and Passcode for Zoom for all Region meetings.

She would also like more members to utilize the FL Region's website which is why she would like to do a demonstration during the assembly. Theresa agreed to do the presentation and Doug will bring the equipment.

Bonnie mentioned that we would prefer that motion makers, which is usually the GSR, be present at discussion calls that pertain to their group's motions.

She mentioned the bi-monthly emails but currently we have a good schedule for sending out emails.

Kim brought up that some North Alabama meetings want to join the FI Region and Doug informed her that the group(s) can join the Region if they so pleased. Kim will give them all the information.

Donna requested that the World Convention be added to future announcements.

MOTION TO ADJOURN:

A motion to adjourn was proposed by Marguerite (ASR- Bay Area) seconded by Donna (Region Delegate) and passed unanimously. The meeting closed at 8:37 PM with the Serenity Prayer.

PREPARED BY: INGRID M

Florida Region Assembly Minutes
 Saturday, March 4, 2023 / 9am-12:39pm
 Shalimar Country Club, 4500 US-92, Lakeland FL

ATTENDEES:

ROLL CALL: 17 Attendees; 9 Voting Members; 8 Non-Voting Members * Dual Role

Voting: 9	Non-Voting: 8
Kevin – Tarpon Springs	Bonnie – Regional Chair
*Theresa – St. Petersburg Monday	Ingrid – Regional Vice Chair
Sandy – Clearwater	Rosemary – Regional Treasurer
Mary - Lakeland	Donna – Regional Delegate
Carolyn - Ocala	Yvette – Regional Alt. Delegate
*Doug – Crystal Beach	Sandra - Member
Tony – North Tampa	Gerri – Member
Faye - Zephyrhills	Susan - Member
Carol M. – New Tampa	

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Assembly to order at 9am on March 4, 2023. Rosemary will record minutes for this meeting. In the absence of a Regional Secretary, the Assembly meeting was recorded. Roll call was taken by Ingrid. The Serenity Prayer was said by all attendees. The Twelve Traditions and Twelve Concepts were read-

MINUTES:

Doug (Crystal Beach) motions to approve the minutes from December 19, 2022, Faye (Zephyrhills) seconded with no corrections, minutes passed unanimously.

COMMITTEE REPORTS

1. Chair (Bonnie)
 - Still in need of a Convention Chair.
 - Still in need of a Region Secretary.
 - Many members shared the need for the Secretary and the call to for service work. Doug suggested holding a workshop on service work

2. Vice-Chair (Ingrid)
 - A committee has been formed to work with the Vice Chair on updating the Florida Region Guidelines (FLRG) to reflect the approved motions.

3. Treasurer: (Rosemary)
 - Current Financial and Budget Reports were published earlier this week. Donations coming in and expenses going out where recorded. Bank balance is \$2,260.13. Holding back the defined budget scheduled amount for March 2023, the donation to Nar-Anon Family Group, Inc. is \$180.13. See attached Treasury Reports.
 - Theresa mentioned the website will need funds soon for two items, hosting services for the website, and Mail Chimp for emailing information to the Groups which will be just under \$600.

4. Bay Area Report: (Bonnie read, Bay ASR’s report)
 - Rummage Sale was held.
 - Next Meeting is April 1, 2023.

5. Website (Bonnie read the committee chair report)
 - There are 4 members of the committee, and the first meeting will be March 16th.

6. Helpline Report: (Faye)
 - Looking for volunteers to answer the helpline

7. Narateen Report: (Bonnie read the committee chair report from Jamie)
 - Motion submitted, Accept updates and revisions to the FL Narateen Safety and Policy Guidelines (Rev. 12/13/2020)
 - Withdrew motion regarding Facilitator Training PowerPoint
 - Next Meeting TBA

8. Literature Report: (Bonnie read the committee chair report Sheryl)
 - Working on Narateen 31 Days – almost finished the booklet
9. Delegate Report: (Donna)
 - Participated in weekly calls going over the CAR motions which finished last week.
 - Florida Region Workshop will be held to review the motions today after the Assembly and if needed will continue tomorrow via Zoom tomorrow at 6PM.
 - Motions votes due by early April, so please have your groups submit your votes.
 - Conference delegate training on April 16 and 23.
 - World Convention 2024 is planned to be held in Washington DC in September
10. Alternate Delegate Report
 - Same as the Delegate
11. Outreach Report: (Kim) – Bonnie read the Outreach Committee Report

MOTIONS:

1. **MOTION: VOTING PROCEDURES** - The motion to accept the Voting Procedures motion was made and seconded was at the December 12, 2022 Region Business Meeting. There was a virtual meeting to discuss the motion on February 5th. Donna read the motion. Motion is now open for discussion. In discussion there were changes to the motion. The amended motion reads:

Motion to remove and replace Article IV – Assemblies, Section 2 – Motions & Voting Procedure on pg. 11 in the Florida Region Guidelines (FLRG):

MOTION PROCEDURE: Motions are submitted electronically conveyed to the Regional Service Committee (RSC) by Area Service Representative(s) (ASRs), Group Service Representative(s) (GSRs), or by subcommittee chair(s) for consideration by the groups located within the FL Region.

Motion(s) are then emailed to the GSRs and ASRs in the FL Region. The motion will be discussed at a scheduled extraordinary virtual meeting. Motion and date of meeting will be published on the FL Region “News and Events” webpage within 5 business days.

There will one (1) Extraordinary virtual meeting scheduled as follows:

- The Extraordinary virtual meeting will take place within 4 weeks of original email to the FL region. At this meeting, the motion will require a 2nd before discussion of the motion.

A vote will take place during the next quarterly regular virtual business meeting or General Assembly. During the first four (4) week period after receipt of the motion(s), GSRs, Alt-GSRs, or Group Representative, will take the motion back to their groups for discussion. The FL Region Motion Form is available on the naranonfl.org website under the FL Region webpage, <https://naranonfl.org/region.html> and the GSR webpage, <https://naranonfl.org/GSR.html>.

VOTING PROCEDURE: Attendance will be taken prior to all motion votes for quorum purposes. A majority will consist of 51% of groups represented.

Theresa motioned to accept the amended motion; seconded by Sandy. Motion carried unanimously.

2. **MOTION: PROCEDURES TO REMOVE A MEETING FROM MEETING DIRECTORY**

Bonnie read the motion. Theresa motioned to accept the motion, seconded by Carolyn. Motion was opened for discussion. Motion was amended to replace all references of six (6) to four (4) and from 3x a group was contacted to 2x. Amended motion was read. Motion to accept amended motion was given by Theresa, and Carolyn seconded. Amended motion was accepted unanimously.

Motion: Replace Section 5 under Article II, page 6 of the FL Region Guidelines (FLRG) with a new title and explanation:

Procedure to Remove a Meeting from Meeting Directory: Any meeting/group that has not responded within four (4) months of first contact to a request by the FL Region Service Committee (RSC) for confirmation that the meeting is still active will be removed from the FL Region meeting list on the naranonfl.org website and from the FL Region Contact List. The FL RSC will also notify Nar-Anon WSO of these changes. The RSC will attempt to contact the Group’s Service Representative (GSR) or other contact listed for that group, two (2) times within that four (4) month period. This includes meetings that have requested an “ON HOLD” alert be put next to their meeting on any meeting directory. “ON HOLD” meetings that are closed for over four (4) months will be removed from the meeting list until the RSC receives notice by the GSR or other contact from that meeting that the meeting is reopening.

Simultaneously:

- The previous Section 5 – Sharing Meeting Events, will become Section 6.
- The previous Section 6 – Donations, will become Section 7; and
- The previous Section 8 will remain the same

3. MOTION: PROCEDURES TO REMOVE NON-RESPONSIVE MEETING FROM DIRECTORY

Bonnie read the motion. Mary motioned to accept the motion; seconded by Carol. Motion opened for discussion. The Article reference was in error. Amended motion refers to Article III. Motion to accept the amended motion was given by Mary, and Carol seconded. Motion carried unanimously.

Motion to add to the FL Region Guidelines (FLRG) a number ten (10) under Section 5 – RSC Meetings, The RSC: 10) Removal of non-responsive meetings from directory. (See Art. III, Section 5, FLRG for procedure)

4. MOTION: FL NARATEEN SAFETY AND POLICY GUIDELINES

Donna read the motion to Accept updates and revisions to the FL Narateen Safety and Policy Guidelines (rev. 12/13/2020). (See attached revised FL Narateen Safety and Policy Guidelines). Theresa motioned to accept the motion; seconded by Doug. Motion is opened for discussion. The Narateen Safety Policy and Guidelines was amended to reflect a 2 year or sooner timeline for updates. Amended motion was accepted unanimously.

FLORIDA REGION
NARATEEN SAFETY POLICY AND GUIDELINES

ROLE OF THE REGION:

The Florida Region will provide the following to each new Narateen Group registered with the WSO:

- A Narateen New Group Packet
- One copy each of the “Hope for Children”, “Day at a Time” and “Living Today in Alateen” Books
- A Narateen Step Workbook; and
- the Narateen Table Card.

Virtual Narateen meetings generating out of the FL Region will be supported by the Florida Region.

The Florida Region will reimburse and/or pay for the costs of the background checks for Narateen Group Facilitators.

As with other subcommittee chairs, the Narateen Subcommittee chair will be elected at regional assembly and have term limits as determined by the region.

The region members will vote at assembly on any submitted motion to change these guidelines.

ROLE OF THE NARATEEN SUBCOMMITTEE:

- Ideally the committee should include at least one facilitator or member from each Narateen group.
- The Narateen subcommittee shall update the FL Region Safety Policy and Guidelines every 2 years or sooner if needed as a motion for assembly approval.
- Submit a yearly budget proposal to the region.
- Refer to the Narateen Process Person (NTPP) the names of interested facilitators who have communicated with the committee and appear committed to supporting a Narateen meeting.
- Support existing group members and facilitators.
- Support outreach and new group formation.
- Support Narateen participation in local Nar-Anon conventions.
- Work to design and maintain a facilitator training program.
- Assign experienced facilitators to mentor new facilitators.

ROLE OF A NAR-ANON GROUP:

It is suggested that Narateen Groups be affiliated with an active Nar-Anon Group. Local Nar-Anon groups are encouraged to provide material and/or financial support for Narateen as well as have members willing to become certified facilitators.

ROLE OF THE NARATEEN PROCESS PERSON (NTPP):

- The Florida Region’s Treasurer, who is elected at assembly, shall serve as the Narateen Regional Process Person with duties and responsibilities as follows:
- Maintain and update Florida and Alabama Narateen Group Facilitator information and Narateen Group information with Nar-Anon World Service Office (WSO).
- Maintain current information with the background check agencies in the States of Florida and Alabama, including setting up account and payment information.
- Verify funds are available for background checks.
- Communicate and maintain records between agencies and facilitators for completion of background check process.
- Act as a liaison between WSO, the Florida Region, the Florida Narateen Committee, Narateen facilitators, Narateen members, and the fellowship.

- Securely store records related to facilitator information and background check results.
- Send completed facilitator registration forms to WSO (S-333) and update that information annually each June.
- Complete and submit the Narateen Group Registration form to the WSO via their website once the group is ready to start.
- Communicate passed background checks to the regional Narateen Committee chair.
- Preferably should not be an active Narateen facilitator or member of the Florida Narateen Committee.

ROLE OF FACILITATORS:

The role of a Narateen facilitator is to provide a safe space for the teen group members and provide a framework and guidance for the meetings based on the 12 Steps, 12 Traditions and 12 Concepts of Nar-Anon. There must be two Narateen Group facilitators at all Narateen Meetings (see special exception below for a school-based group).

A NARATEEN GROUP FACILITATOR MUST MEET THE FOLLOWING REQUIREMENTS:

- Be at least 21 years of age.
- Be an active member of Nar-Anon, continue to attend their own meeting, and maintain a working knowledge of the Nar-Anon program.
- They should not be a family member or guardian of any group members.
- Successfully complete the necessary background check that is in accordance with Florida and Alabama Laws. Completed background checks will accommodate all public and private institutions/facilities. In Florida, background checks are completed every five years according to the Care Provider Background Screening Clearinghouse to ensure the safety of group members. The background check required by Florida Law allows qualified entities to obtain state and national criminal history record checks on individuals working with children, the elderly or the disabled. Facilitators in the State of Alabama are required to obtain their background checks through the Alabama Background Check System (ABC).
- Those interested in becoming a Narateen facilitator should submit a letter of willingness to the Narateen committee who will share these guidelines with them, assess the need for additional facilitators and offer support before submitting the letter of interest to the NTPP. The NTPP will then communicate directly with the interested Nar-Anon member to start the background check process.
- Have an experienced Narateen Facilitator mentor for the first 6 months for guidance and support.
- Facilitators will respect all local, state and federal laws related to adults interacting with minors. Their role as facilitator is as a volunteer not a professional. They should be encouraged to consult each other or Narateen Committee members for support before reporting suspected child abuse or neglect.
- A facilitator will serve as the liaison to any supporting Nar-Anon group and the facility where the meeting takes place.
- Facilitators with more than 6 months experience must be willing serve as mentors to new facilitators. **NARATEEN GROUP MEMBERS:**
- Group members will be aged 13-18 and be affected by the addiction problem of someone close to them. Individuals outside of this age range can be members if the group decides through group conscience.
- Group members will create behavior guidelines for the meeting and help each other adhere to them.
- They will be encouraged to keep the focus of the meeting on the Nar-Anon 12 steps of recovery using only conference approved literature.
- Per the Nar-Anon 12 Traditions, they will respect both each other's and the addict's anonymity as well as aim to be self-supporting, though a local Nar-Anon group can decide to provide financial and material support.
- Just as for Nar-Anon groups, Narateen members may elect a Group Service Representative to represent them at the area or regional level meeting. They may also elect other service positions such as group secretary and treasurer.

SPECIAL SITUATIONS:

Transportation of any minor Narateen member by any Narateen Facilitator is discouraged (please see the Narateen Safety Handbook, Appendix 4 – Form F-1).

School based meetings: A school professional who has been screened and approved through the school district background check can substitute for one Nar-Anon facilitator only on an emergency basis if 2 facilitators are not available and the group conscience approves. This will assure that 2 adults with passed background checks are present at each meeting while avoiding the need to cancel a meeting.

Only 1 facilitator is available to attend a meeting: Group conscience by the Narateen members will decide whether the meeting takes place. For in person and virtual meetings, after group conscience is taken, the meeting can be held with one facilitator as long as the group agrees that it be recorded.

Facilitator suspects a minor member is a victim of neglect or abuse:

Facilitators will respect all local laws related to adults interacting with minors. Their role as facilitator is as a volunteer not a professional. They should be encouraged to consult each other and/or Narateen Committee members for support before reporting suspected child abuse or neglect.

For more detailed information regarding the Florida Child Abuse Mandatory Reporting law please refer to Florida Statutes 39.201 – Mandatory reports of child abuse, abandonment, or neglect; mandatory reports of death; central abuse hotline. For Alabama, please refer to 2021 code of Alabama, Title 26 - Infants and Incompetents. Chapter 14 - Reporting of child abuse or neglect. Review the State of Alabama’s Department of Child Abuse and Neglect Prevention document.

GROUP PROBLEMS AND EMERGENCY SITUATIONS:

Each Narateen group should develop before or at the first meeting, through a group conscience involving both facilitators and members, a written plan on how to handle emergency situations which should include, but not be limited to, the following:

1. A member becomes disruptive (e.g. give a verbal warning). If a member’s disruptive behavior requires their removal from a meeting, a facilitator should stay with the minor until they are released to their parent/legal guardian. For virtual meetings, if disruptive behavior continues after a warning, the Narateen will be removed from the virtual platform.
2. A physical danger such as natural threats (i.e. storm) or fire. The written plan should include the emergency exit plan of the facility where the meeting is taking place. For all meetings, the meeting could be cancelled due to the above-mentioned natural disasters.
3. A member becomes ill. The parent/legal guardian should be called and a facilitator should remain with the minor until they are picked up. Calling 911 for assistance will be up to the judgement of the facilitators present.

5. MOTION: NARATEEN FACILITATOR TRAINING POWERPOINT

- Withdrawn Motion as this document is out for fellowship review.

6. FLOOR MOTION: Theresa motioned to remove First Coast Area from Florida Region website and contact list due to non-responsiveness since 2020. Motion was seconded by Doug. Motion opened for discussion. No changes. Motion carried unanimously.

GSR ROUNDTABLE: GSR gave their reports

FL REGION WEBSITE DEMONSTRATION - <https://naranonfl.org>

REMINDERS:

- CAR Virtual Workshop, Sunday, March 5 @ 6-8pm, FL Region Zoom
- FL Region virtual business meeting, Sunday, June 11 @ 7pm, Time: 7-8:30pm
- 2024 Nar-Anon World Convention in Washington DC - September
- CAR WORKSHOP: Following this Assembly

NEXT MEETING - Regional Virtual Business Meeting - Sunday, June 11 @ 7-8:30pm.

MEETING ADJOURNMENT: Theresa motioned to adjourn the meeting at 12:39pm. Motion carried unanimously.

Submitted by,

Rosemary

Treasurer

Approval Date: _____

Nar-Anon Florida Region
Treasury Ledger
March 2023

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$4,306.92		
Beginning Bank Balance - Jim Report 4306.92	\$4,306.92		
D-In-Area	\$1,300.00		
Bay Area of Florida	\$1,300.00		
D-In-Grp	\$1,580.00		
127-055-West Palm Beach	\$50.00		
127-058-Winter Park	\$200.00		
127-029-Miami, South	\$400.00		
127-XXX-Member	\$5.00		
127-038-Palm City	\$100.00		
127-063-Ft Myers	\$250.00		
127-034-Oldsmar	\$25.00		
127-024-Longwood	\$200.00		
127-096-Ocala - FRI	\$200.00		
127-106-Boynton Beach	\$50.00		
127-028-Melbourne	\$100.00		
D-Out-WSO		-\$3,463.81	
WSO Donation-\$1,746.92, Sept 2022		-\$1,746.92	
WSO Donation-\$1,716.89, Dec 2022		-\$1,716.89	
Expense		-\$1,462.98	
MicroSoft Store - 365 Licenses		-\$99.99	
Nar-Anon FGH Inc - Delegate & Alt Delegate RegFee		-\$1,000.00	
OneBox AutoPay		-\$208.54	
PayPal Fee		-\$6.55	
State of Florida - Renewal Fee		-\$70.00	
PURCHASE NAR-ANON FGH for 127-096 Outreach		-\$77.90	
Grand Total	\$7,186.92	-\$4,926.79	\$2,260.13

Nar-Anon Florida Region
2022 - 2023
Treasury Report

2021/2022 Program Revenues vs. 2022/2023		ACTUAL REVENUE 2021/2022	ACTUAL REVENUE 2022/2023
Convention Gross Income:	Registrations	\$890.00	0
Dinner		\$420.00	0
Raffle		\$475.00	0
Donations		\$135.00	0
Total Convention Income		\$1,920.00	0
Convention Expenses: (Dinner & Supplies)		\$435.00	0
CONVENTION NET INCOME		\$1,485.00	0
GROUP, MEMORIAL & AREA DONATIONS TO DATE		\$6,501.73	0
TOTAL REVENUE		\$7,986.73	0

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Remaining
Reporting Year	2021/2022	2021/2022	2022/2023	2022/2023	2022/2023
ASSEMBLY F TO F MEETING March '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
ASSEMBLY F TO F MEETING September '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
TRAVEL EXPENSES (Outreach Chair)	\$400.00	\$18.45	\$400.00	\$0.00	\$400.00
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	\$0.00	\$500.00
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$94.36	\$100.00	(\$6.55)	\$93.45
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$64.98	\$400.00	\$0.00	\$400.00
DELEGATE: Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
ALT DELEGATE: Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$133.00	\$350.00	\$0.00	\$350.00
WEBSITE	\$800.00	\$280.44	\$800.00	(\$99.99)	\$700.01
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	(\$77.90)	\$922.10
HELPLINE	\$0.00	\$0.00	\$500.00	(\$208.54)	\$291.46
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$70.00	\$160.00	(\$70.00)	\$90.00
LITERATURE COMMITTEE	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	\$0.00	\$105.00
TOTAL BUDUGETED EXPENDITURES	\$5,340.00	\$3,531.96	\$5,395.00	(\$1,462.98)	\$3,932.02

Nar-Anon Florida Region
Fiscal Year Schedule

ADDITIONAL MONTHLY HOLDBACK
PLUS RESERVE

	TOTAL	
PRUDENT RESERVE 2022/2023	\$600.00	\$600.00
Holdback from 2022/2023	\$500.00	\$1,100.00
Holdback from 2023/2024	\$500.00	\$1,600.00
Holdback October 2022	\$80.00	\$1,680.00
Holdback November 2022	\$80.00	\$1,760.00
Holdback December 2022	\$80.00	\$1,840.00
Holdback January 2023	\$80.00	\$1,920.00
Holdback February 2023	\$80.00	\$2,000.00
Holdback March 2023	\$80.00	\$2,080.00
Holdback April 2023	\$80.00	\$2,160.00
Holdback May 2023	\$80.00	\$2,240.00
Holdback June 2023	\$80.00	\$2,320.00
Holdback July 2023	\$80.00	\$2,400.00
Holdback August 2023	\$80.00	\$2,480.00
Holdback September 2023	\$80.00	\$2,560.00
Total	\$2,560.00	\$2,560.00

Balance in checking account as of 2/23/2023 is \$2,260.13 \$2,260.13

Including Groups and Area's donations: \$700 - PayPal Fees \$.59 = \$699.41

Required hold back for prudent reserve and accrual for convention delegate and alt-delegate is \$2,560.00 to pay for 2023 conference -\$2,080.00

Bank Balance Minus Holdback March 2023 \$180.13

Donation to be sent to world of \$180.13 Check XXXX On 3/6/2023

Donation to be sent to world of \$1,716.89 Check #1209 On 12/11/2022

Summary by Month Category	YR/MM					Grand Total
	2022			2023		
	Oct	Nov	Dec	Jan	Feb	
Beginning Balance	\$4,306.92					\$4,306.92
Beginning Bank Balance - Jim Report 4306.92	\$4,306.92					\$4,306.92
D-In-Area	\$1,300.00					\$1,300.00
Bay Area of Florida	\$1,300.00					\$1,300.00
D-In-Grp	\$390.00	\$90.00	\$505.00	\$455.00	\$140.00	\$1,580.00
127-024-Longwood				\$200.00		\$200.00
127-029-Miami, South	\$100.00		\$300.00			\$400.00
127-034-Oldsmar				\$25.00		\$25.00
127-038-Palm City			\$100.00			\$100.00
127-055-West Palm Beach		\$50.00				\$50.00
127-058-Winter Park	\$200.00					\$200.00
127-063-Ft Myers				\$150.00	\$100.00	\$250.00
127-096-Ocala - FRI	\$40.00	\$40.00		\$80.00	\$40.00	\$200.00
127-XXX-Member			\$5.00			\$5.00
127-106-Boynton Beach	\$50.00					\$50.00
127-028-Melbourne			\$100.00			\$100.00
D-Out-WSO	-\$1,746.92		-\$1,716.89			-\$3,463.81
WSO Donation-\$1,716.89, Dec 2022			-\$1,716.89			-\$1,716.89
WSO Donation-\$1,746.92, Sept 2022	-\$1,746.92					-\$1,746.92
Expense	-\$1,144.53	-\$38.58	-\$39.17	-\$46.90	-\$193.80	-\$1,462.98
MicroSoft Store - 365 Licenses	-\$99.99					-\$99.99
Nar-Anon FGH Inc - Delegate & Alt Delegate RegFee	-\$1,000.00					-\$1,000.00
OneBox AutoPay	-\$38.58	-\$38.58	-\$38.58	-\$46.90	-\$45.90	-\$208.54
PayPal Fee	-\$5.96		-\$0.59			-\$6.55
State of Florida - Renewal Fee					-\$70.00	-\$70.00
PURCHASE NAR-ANON FGH for 127-096 Outreach					-\$77.90	-\$77.90
Grand Total	\$3,105.47	\$51.42	-\$1,251.06	\$408.10	-\$53.80	\$2,260.13

FLORIDA REGION NAR-ANON FAMILY GROUPS
 TREASURY LEDGER FOR
 FISCAL YEAR 2022-2023
 OCTOBER 1st, 2022 to SEPTEMBER 30th, 2023

Date	Type	Description	Expense	Deposit	
10/2/2022	Balance	Beginning Bank Balance - Jim Report 4306.92		\$4,306.92	
10/3/2022	Check	WSO Donation-\$1,746.92, Sept 2022	(\$1,746.92)		
10/10/2022	Edeposit	127-029-Miami, South		\$100.00	
10/19/2022	Zelle	Bay Area of Florida		\$1,300.00	
10/4/2022	Zelle	127-096-Ocala - FRI		\$40.00	
10/10/2022	PayPal	127-106-Boynton Beach		\$50.00	
10/10/2022	PayPal Fee	PayPal Fee	(\$1.49)		
10/22/2022	Check	Nar-Anon FGH Inc - Delegate & Alt Delegate RegFee	(\$1,000.00)		
10/24/2022	Debit Card	OneBox AutoPay	(\$38.58)		
10/31/2022	PayPal	127-058-Winter Park		\$200.00	
10/31/2022	PayPal Fee	PayPal Fee	(\$4.47)		
10/28/2022	Debit Card	MicroSoft Store - 365 Licenses	(\$99.99)		
11/9/2022	Edeposit	127-055-West Palm Beach		\$50.00	
11/11/2022	Zelle	127-096-Ocala - FRI		\$40.00	
11/25/2022	Debit Card	OneBox AutoPay	(\$38.58)		
12/6/2022	Edeposit	127-028-Melbourne		\$100.00	
12/6/2022	Edeposit	127-029-Miami, South		\$200.00	
12/6/2022	Edeposit	127-029-Miami, South		\$100.00	
12/8/2022	PayPal	127-XXX-Member		\$5.00	
12/8/2022	PayPal Fee	PayPal Fee	(\$0.59)		
12/11/2022	Check	WSO Donation-\$1,716.89, Dec 2022	(\$1,716.89)		
12/27/2022	Debit Card	OneBox AutoPay	(\$38.58)		
12/23/2022	Edeposit	127-038-Palm City		\$100.00	
1/3/2023	Zelle	127-096-Ocala - FRI		\$80.00	
1/9/2023	Edeposit	127-063-Ft Myers		\$150.00	
1/11/2023	Zelle	127-034-Oldsmar		\$25.00	
1/17/2023	Edeposit	127-024-Longwood		\$200.00	
1/23/2023	Debit Card	OneBox AutoPay	(\$45.90)		
1/23/2023	Debit Card	OneBox AutoPay	(\$1.00)		
2/1/2023	Edeposit	127-096-Ocala - FRI		\$40.00	
2/10/2023	Edeposit	127-063-Ft Myers		\$100.00	
2/9/2023	Debit Card	State of Florida - Renewal Fee	(\$70.00)		
2/17/2023	Debit Card	PURCHASE NAR-ANON FGH for 127-096 Outreach	(\$77.90)		
2/23/2023	Debit Card	OneBox AutoPay	(\$45.90)		
			(\$4,926.79)	\$7,186.92	\$2,260.13

Minutes
Florida Region Regional Service Conference (RSC)
Sunday May 7, 7:00 PM-8:42 PM

CALL TO ORDER:

The Chairperson opened the meeting with The Serenity Prayer. The Twelve Traditions and Twelve Concepts were read.

ROLL CALL: 8 Attendees; 5 Voting Members; 3 Non-Voting Members

Non-Voting: 3	Voting: 5
Theresa- Webmaster	Bonnie – Region Chairperson
Sandy- Region member	Rosemary - Region Treasurer
Faye - GSR Zephyrhills	Yvette - Region Alternate Delegate
	Kim - Outreach Chair
	Debra - Website Chair

APPROVAL OF MINUTES from February 19, 2023 Meeting:

Minutes were opened for discussion: 2 changes were made: (1) under **TREASURER’S REPORT:** Remove the following from the Treasurer Report: ~~“She went over ledger and Treasurer’s Report (SEE ATTACHED)”~~ and (2) under and **WEBMASTER’S REPORT:** Replace the following paragraph: ~~“She’s looking into new email servers email blast.”~~ The minutes corrections were accepted and a motion to approve February 19, 2023 Minutes was made by Theresa, and seconded by Bonnie with two corrections, minutes passed unanimously.

OFFICER REPORTS

CHAIRPERSON’S REPORT: Bonnie, Chairperson, shared the RSC meeting’s purposes from the GLS and thanked our delegate and alternate delegate for the quick reports regarding the conference and motions.

VICE CHAIRPERSON’S REPORT: (Ingrid) Absent

TREASURER’S REPORT: Rosemary, Treasurer, reviewed the Region’s finances. The total in donations for the month of April was \$1,015. Expenses: Helpline continues to have a monthly expense for One Box which is \$46.90, Website renewed our hosting space from Bluehost for three (3) years at \$431.64, Office Expense was \$10.68, and Literature New Group for a new Sarasota group was ordered, cost \$54.80. Received two (2) registrations for FRCNA which was \$125. Current checking account balance is \$3,041.08.

DELEGATE & ALT-DELEGATE’S REPORT: Yvette, Alt-Delegate, shared the following about the 2023 World Service Conference:

- Donna, Region Delegate, published a conference report to the region with the results of the motions and other accomplishments. Theresa detailed the motion results by updating the voting tally sheet.
- One key discussion item not mentioned in the conference report was the request to hold the conference yearly virtual instead of biannually. An ad hoc financial committee was created to investigate of the costs.
- There were 36 voting regions and 9 board of trustees. There were 17 international regions that were unable to attend due to finances. Some regions unable to afford the conference were sponsored by other regions. The conference required many technical experts to help with the virtual setting and regions outside of the USA.
- Out of the 88 motions, 31 were withdrawn, 3 out of order, 5 refereed to committees, and remaining combined. Florida voted yes on 34 on the 41 motions that passed, 14 motions voted yes on failed or were withdrawn, 5 failed motions, the region voted no on 3.
- The WSO financial reports were presented, the BoT is trying to reduce expenses by changing the payroll to biweekly instead of weekly, cheaper leases on office equipment, and explore other options. WSO needs 32k per month to break even, which seems like a lot but with increased cost and it’s a business these expenses seem to be inline. The WSO operates using two (2) credit cards to cover monthly expenses, which are paid off every month to avoid interest charges.
- Conference fees go into a different account, but this account was not exposed in the presentation. The BoT did not provide the conference final cost, still waiting for this information.

ASR REPORT

Bay Area: Theresa, BA Secretary, shared that the Bay Area June 3rd meeting will be held virtual. BA is looking into improving the hybrid meetings through equipment which may lead to hybrid workshops for the Bay Area.

COMMITTEE REPORTS:

NARATEEN REPORT: (Jamie) – Absent

WEBSITE REPORT: Debra, Website Chair, shared that the Region’s website hosting was renewed for 3 years. The Webmaster is working on MailChimp, an email marketing campaign business for email 'blasts' to the region members. The 'best practices' checklist for posting to the website has been updated and is on the website for members to use. The committee is reviewing internal guidelines. The website committee meets next week.

OUTREACH REPORT: Kim, Outreach Chair shared the following:

- Panama City Convention was held on April 15, and was well received. There may be a new group starting in Levy County.
- Ocala participated in a Recovery Community Organization (RCO) event on April 29th. The same RCO “Zero Hour Recovery” is putting on recovery fest in Brooksville on May 20th.
- Kim attended some regional meetings. One group shared that they never heard of the Florida Region. There is a new group in Sarasota that she is assisting with getting started.
- Yvette participated in an outreach event on Saturday in New Port Richey. The drug rehabs are looking to get families help. She has contact information from two (2) people who are looking to start a new meeting.

CONVENTION REPORT: Kim shared that there are about nine (9) members on the committee, and the next meeting is Tuesday, May 9th.

HELPLINE: Faye shared that for three (3) months shows 49 calls with an average call length of four (4) minutes.

WEBMASTER’S REPORT: Theresa shared that the website has links/documents: 4 NFG WSC reports, final WSC minutes, delegate report and an excel spreadsheet showing what motions passed/failed/amended/withdrawn on the website. The region has started with the free version of MailChimp until we finish testing the platform and are ready to purchase the subscription.

VIRTUAL COORDINATOR’S REPORT: (Doug) – Absent

NEW BUSINESS:

- A Region Weekly Florida News and Event email blast will begin next week.
- Next RSC Meeting – Sunday, July 30 @ 7:00PM

ANNOUNCEMENTS

- Nar-Anon @ GCCNA, Saturday, May 20th, 9-10am
- FL Region virtual business meeting, Sunday, June 11 @ 7-8:30pm
- FRCNA XLI, Friday, June 30 - Sunday, July 2
 - Fellowship Dinner, Friday, June 30
- 2024 Nar-Anon World Convention, September, Washington DC area - details to follow

MOTION TO ADJOURN:

A motion to adjourn was proposed by Yvette (Alt-Region Delegate) seconded by Debra (Region Website) and passed unanimously. The meeting closed at 8:37 PM with the Serenity Prayer.

PREPARED BY:
ROSEMARY H.

Delegate/Alt Delegate Report for WSC 2023

5/2/23

The 2023 WSC is now over. There were 36 voting Regions, plus all 8 voting BOT members, equaling 44 voting members attending the conference. Countries outside of the US that were represented were Russia (5 Regions, plus one online region), Mexico, Ukraine, Ecuador, Colombia, The Global Online Region, Two Iran Regions, the UK, Brazil, Japan, Argentina, British Columbia and Ontario, Canada, Armenia, and Turkey. There were 14 US Regions present.

It was reported that 17 International Regions could not attend (13 of those were in Russia) because they couldn't afford the cost of the equalized expenses, or could not figure out how to transfer their currency to the US. Armenia, Turkey and Ukraine Delegates were able to attend due to the generosity of other Regions and the members in that region. Numerous Regions couldn't afford to send Alternate Delegates.

The conference was extended by 2 hours at the end of the day for the last 4 days and it started an hour earlier the last 3 days. With the two regular 6 hour days and the four 9 hours days we were able to get through all 88 motions, while also voting on the Standing Rules of Order, calculating and sending in computed priority list, voting on a BOT member's 2nd term, electing a delegate representative, voting on the theme for next conference, and hearing the financial report.

Out of the 88 motions in the CAR, 31 were withdrawn, 3 were deemed Out of Order, 5 were referred to different committees for review, and 3 motions were combined to make one. 5 motions failed, 26 motions passed as amended, and 15 passed as they went into the CAR.

The FL Region voted yes on 34 of the 41 motions that passed or passed as amended. Fourteen motions that the region voted yes on either failed, were withdrawn, were referred to committee, or were called out of order. Of the 5 failed motions, the FL Region voted no on 3 of those. Other no votes from the FL Region were either withdrawn, sent to committee, combined with other motions, or called out of order.

Page 2 has a table showing how each motion was disposed. Please refer to the WSC 2023 minutes to read motions that passed with amendments.

Motion Disposal:

Withdrawn	Out of Order	Ref. to Committee	Passed	Passed AA*	Failed	CAT that passed
2	7	56 – Lit	17	3	4	Outreach Flyer
11		57 – Lit	23	5	10	Outreach Contact Card
12		58 – Lit	30	6	34	Pull Tab Flyer
13 & 15 replaced by 14		20 – New Ad Hoc ⁽¹⁾	36	8	61	Outreach Handbook
16		86 – New Ad Hoc ⁽¹⁾	38	14	70	Starting a meeting
21			40	18		Inappropriate or Disruptive Behavior
24			44	19		Service Sponsors and Our Trusted Servants
25			47	22		
27			52	26		
28			53	31		
29- disposed of by mtn. 5			54	33		
32			69	35		
37			74	42		
39 – Moot with passage of 43			80	43		
41 – Moot with passage of 43			82	46		
45			84	48		
50				49		
59				51		
60 – Moot with the passage of 42				55		
63				62		
65				64		
66				67		
68				73		
71				76		
72				83		
75				87		
77						
78						
79						
81						
85						
88						
89						
CAT - Social Media						

* AA – As Amended

1 – Parliamentarian Note – Ad Hoc committee will report financial information at first IWSC

Financial Report:

The BOT Treasurer reported that the monthly operational budget is \$33,275.00 (monthly payroll is approximately \$12,000). This is the revenue needed to pay the bills and maintain the status quo. January's revenue exceeded this amount by approximately \$3,000; February fell short by nearly \$10,000; March was short by approximately \$2,000. Quarter 1 showed an overall loss of \$7,246.57 through March 31, 2023.

From this point forward, the Budget and Finance Committee will be posting a document titled "Snapshot Financials" on the Nar-Anon website following the quarterly meeting of the Board of Trustees. You can find that here: <https://www.nar-anon.org/budget-finance-committee>.

The most current snapshot shows the Quarter 1 loss of \$7,246.57 as well as available operating cash on hand of \$76,867.06 as of April 21, 2023. Operating cash includes money in the general fund, plus the prudent reserves of \$20,000, less any outstanding credit card debit. Please note that credit card debit is paid in full when it is due (BOT Treasurer explained there are 2 credit cards and one is paid off at the end of each month, the other at the beginning of the month. The Snapshot Financials, therefore, may show a credit card balance depending on the timing of the report.

Nar-Anon Family Group Headquarters, Inc. (1)	
Snapshot financials	
<i>Through March 31, 2023</i>	
Income	92,475.01
Production Costs	(53,151.75)
Payroll Costs	(44,395.99)
Operating Expenses	(23,965.35)
Payroll Tax Refund - Employee Retention Credit - Covid-19	
Economic Relief CARES Act	21,707.83
Other Income & Expenses	83.68
Net Income	(7,246.57)
Operating Cash Analysis	
<i>As of 02/17/23</i>	
General Account	47,897.58
Prudent Reserve Account	20,000.00
Less Credit Card Debt	(12,526.94)
Available Operating Cash	55,370.64
<i>As of 04/21/23</i>	
General Account	68,410.74
Prudent Reserve Account	20,000.00
Less Credit Card Debt (2)	(11,543.68)
Available Operating Cash	76,867.06
<i>(1) No WSC income or expenses reflected here.</i>	
<i>(2) Credit card balance paid in full monthly - does not coincide with reporting date above.</i>	

Some factors to consider with regard to WSO financial reports:

- WSO changed payroll vendors and had to make one-time adjustments in January, resulting in increased payroll taxes and wages in January 2023.
- A purchase of paper and supplies in January (referred to as “inventory adjustments” by the Treasurer) shows a large increase under cost center 4010 (Purchases – Paper/Supply) on the Quarter 1 Statement of Activity. This also caused the Production Department to be over budget.
- Both donations and literature sales were down in Quarter 1.
- NFG received a payroll tax refund from the Federal Government of about \$20,000, referred to as the “Employee Retention Credit – COVID 19 Economic Relief CARES Act.” This was in recognition of the fact that WSO did not lay off any employees during the pandemic.

Efforts being made to reduce expenses and increase revenue:

- The WSC approved 7 pieces of new literature that will soon be available for purchase.
- The WSC approved the creation of an ad hoc committee to create a plan for producing and selling electronic literature.
- The WSC passed a motion allowing translated literature to be made available everywhere, and not just in the country where it was translated. This means that CAL that has been translated, for example, in a Russian-speaking country, can be made available to sell on the WS website for Russian-speaking members in the United States. It also means that International regions with service contracts can sell translated literature in their countries.
- While the BOT continues to work with WSO staff to identify a less expensive office to rent, the current landlord would not entertain a month-to-month or shortened contract and staff could not manage to prepare for the World Service Conference and move the office in the same time frame. Therefore, the BOT had to sign another one-year lease.

Thank you for letting us be of service,

Donna C. – FL Region Delegate

delegate@naranonfl.org

Yvette B. – FL Region Alt. Delegate

alt.delegate@naranonfl.org

35 REGIONS IN ATTENDANCE 2023 WORLD SERVICE CONFERENCE

Argentina Armenia Brazil California Central California Northern California Southern Canada BC Canada Ontario Carolinas Central Region Colombia Ecuador	Florida Global Online Region Iran - Jonob Iran - North Japan Mexico Mid-Atlantic Midwest New England New Jersey New York Pacific Northwest	Pennsylvania East Rocky Mountain Russia – Moscow Russia – Omsk Russia – Online Russia – Southern Russia St. Petersburg Russia – Ural Turkey UK Ukraine
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76 PARTICIPANTS 2023 WORLD SERVICE CONFERENCE

Delegates – 34 Alternate Delegates – 18 Board of Trustees – 9 Tech Team – 10 Secretaries - 2	Facilitator Parliamentarian WSO Observers – 97
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Could not send an Alternate	Could not Attend	Sponsored by Another Region
Argentina Armenia Brazil Pacific Northwest Russia – All Regions Turkey	Poland Russia – 13 Regions Uruguay	Armenia Delegate Mexico Alternate Delegate Turkey Delegate Ukraine Delegate

Florida Region Virtual Business Meeting Minutes

Sunday, June 11, 2023 / 7-8:46pm
Zoom: 477-350-6871 Passcode: 809199
Approved

ATTENDEES:

ROLL CALL: 14 Attendees; 7 Voting Members; 7 Non-Voting Members * Dual Role

Voting: 9	Non-Voting: 8
*Kim – Daytona Beach	Bonnie – Regional Chair
*Theresa – St. Petersburg Monday	Ingrid – Regional Vice Chair
Sandy – Clearwater	Rosemary – Regional Treasurer
Sally - Lakeland	Donna – Regional Delegate
Cindy- Sarasota	Yve – Regional Alt. Delegate
*Doug – Crystal Beach	Jamie- Narateen Chair
*Faye - Zephyrhills	Marguerite- Bay Area Chair

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Virtual Business Meeting to order at 7pm on June 11, 2023. Ingrid will record the minutes for this meeting. In the absence of a Regional Secretary, the business meeting was recorded. The Serenity Prayer was said by all attendees. The Twelve Traditions were read by Donna and Twelve Concepts were read by Yve. Roll call was taken by Ingrid. MINUTES:

Donna made corrections about the spelling for the Schalamar facility. Sandy (Clearwater) motions to approve the minutes with corrections from March 4, 2023, Theresa (St. Petersburg Monday) seconded, minutes passed unanimously. OFFICERS REPORTS:

- Chair (Bonnie)
 - Welcomed GSRs and other members who attended.
 - Still in need of a Region Secretary.
 - She went over the weekly blasts and asked for opinions about the weekly blasts.
- Vice-Chair (Ingrid)
 - A committee worked with her to update the Florida Region Guidelines (FLRG) to reflect the approved motions.
- Treasurer (Rosemary)
 - Went over the Treasurer's Report which includes the Ledger with a current balance of \$3,568.67 as of June 2, 2023, the Expense Reports, and the Fiscal Year Schedule.
 - Donna suggested that we discuss donations to the place where we hold our assemblies. She also mentioned the cost of the WSC since it is now going to be held virtually.

AREA REPORT:

- Bay Area Report (Marguerite)
 - They finished their Concepts and Traditions studies.
 - She has concerns about attendance and will be reaching out to non-participating GSRs to find out why they are not attending.
 - She made some suggestions such as committees maintain or update their pages and redirect members to the website so they can view the pictures and brochures better.

- They are concerned with the financial status of WSO, and the lack of changes being made by the WSO.

COMMITTEE REPORTS:

1. Outreach and Conven on (Kim)

- On April 15, 2023, there was a small conven on in Panama City called Fun in the Sun with the Alabama NW Region of NA. In May there was the Recovery Fest in Ocala, the Gold Coast Conven on in Ft. Lauderdale, and the Freedom Recovery Festival in Belleview.

Region Virtual Business Meeting Minutes of 06/11/2023

- In September there will be the South FL Conven on of NA and will be held in Bonita Springs. She is actively collaborating with them.
- The FRCNA conven on committee meetings are going well and working cooperatively to produce new ideas though not many registrations have come in yet.

2. Website (Report)

- Theresa reported that the website committee posts on the website their minutes, so members know what they are doing and when they are meeting. They would like all committees to post this information on their respective pages, so members know what all these committees are doing and how active they are. They have a meeting next week and will be looking at each committee's page and see what can be updated. They are hoping this will encourage service work.

3. Narateen (Jamie)

- They had their committee meeting on May 27, 2023, and focused on outreach and attendance which has been low for the last few months. Some ideas to increase attendance were to reach out to recovery centers, schools, and community organizations. They are creating a survey to send out to a list of teens who have registered to get some input from them.
- We have members in Ocala who got their screenings done and were supposed to start a meeting in their area but haven't yet.
- She went over clearinghouse fingerprinting requirements for active facilitators.
- Next meeting will be on July 29, 2023.
- Theresa made a suggestion to use colored paper for Narateen pamphlets that Kim can bring with her when she does Outreach.

4. Helpline (Faye)

- She reported that she had received 41 calls for this quarter (March-May), 4+ minutes per call, 21 calls were hang ups and 20 were answered. She is going to look into why people are hanging up.
- Donna mentioned that she has to press 1 to take the call and because of that she is unable to answer the call. Faye explained that if she has multiple volunteers on that meslot then the call goes to all of them at the same time. If no one answers, then it will go to the answering service. The provider we use gives us a limited number of rings which is why it is important to have multiple volunteers on a meslot.
- She also made a request for more volunteers.

5. Literature (Report)

- Bonnie said there was no report given because the committee is on hiatus for the summer.

DELEGATES REPORTS:

1. Delegate and Alt Delegate Reports (Donna and Yvonne)

- There are various Ad-hoc committees at the World level. There is one that is looking at digital literature, one looking at social media, there is one looking at expenses, and another one looking at other 12 step programs to see what is working best for those programs.

- There is now a Nar-Anon Instagram Page that shares our slogans.
- She is staying connected with other delegates through the WhatsApp forum but hasn't been able to attend their monthly meetings.
 - WSO Nar-Anon financials- They were given \$21,000 from the CARES Act for not laying off any of their employees. The report has a net income of -\$7,246.56. She said they are working on making more digital literature especially for those who have impairments to help make money.

REMINDERS:

Nar-Anon @ FRCNA FL Region Nar-Anon Conven on @ FRCNA-XLI- Fri, June 30- Sun, July 2, 2023

Fellowship Dinner on Fri, June 30, 2023 @ 6pm

FL Region Assembly on Sat, Sept 9, 2023, from 9am-2pm, Schalamar Country Club

2024 Nar-Anon World Conven on 38 (WCNA) Aug 29- Sept 1, 2024, in Washington, DC

MEETING ADJOURNMENT: Yve made a motion to adjourn the meeting, Cindy seconded; motion passed unanimously. The meeting ended at 8:46pm.

NEXT MEETING - Regional Assembly- Saturday, September 9, 2023, from 9am-2pm. Submitted

by,

Ingrid

Vice Chair

Approval Date: _____

July Minutes
Florida Region Regional Service Committee (RSC)
Sunday July 30,2023 7:00pm-8:30pm

ATTENDEES:

ROLL CALL: 8 Attendees; 7 Voting Members; 1 Non-Voting Member (NV)

Bonnie - Region Chairperson	Donna- Region Delegate
Ingrid - Region Vice Chairperson	Yvette - Region Alternate Delegate
Rosemary - Region Treasurer	Kim - Outreach Chair
Marguerite- Bay Area Rep	Theresa - Webmaster (NV)

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members.

The Twelve Traditions were read by Yvette and Twelve Concepts were read by Marguerite.

APPROVAL OF MINUTES

Bonnie made a motion to approve May 7, 2023, minutes and Theresa seconded. There were 3 abstentions and 5 voted yes. The minutes passed.

OFFICER REPORTS

CHAIRPERSON'S REPORT: (Bonnie)

The Chairperson, Bonnie, spoke on the FL Region News, also known as the eNews. The officers decided to change sending them weekly to bi-weekly. She received a lot of good feedback. Next month Bonnie and Rosemary will be attending the Tallahassee meeting that is held on Monday nights. Bonnie and Faye had attended the Spring Hill meeting. Bonnie brought up that when it came to not taking a vote on how much money was sent to the World Service Office (WSO) that she had consulted the Guide to Local Services (GLS) when making that decision. She did find out from other senior members that she should continue to take a vote. She wanted members to know that any decisions that she makes always come from information that is on the GLS.

VICE CHAIRPERSON'S REPORT: (Ingrid)

Ingrid has been working alongside Bonnie and Rosemary, writing up the minutes and learning the new email server, Mailchimp, which is used to send the FL Region eNews.

TREASURER'S REPORT: (Rosemary)

Rosemary informed us of the new balance which is \$3,308.32. She said that we had to change banks from Wells Fargo to Bank of America because the old bank, Wells Fargo, no longer wanted to do business with us. The new account will have a monthly fee of \$16 a month. There is a new monthly expense for the new email server. She is going to go over a presentation on budgets and she will be getting with the committee chairs to get their budgets for next year.

REPORTS

DELEGATE'S REPORT: (Donna)

Donna received an email about the updated equalize expense for the World Service Committee (WSC). Donna is still on the World Service Narateen Committee.

ASR REPORT - BAY AREA: (Marguerite)

She said they have open service positions. They are changing their monthly meeting time to 4pm starting in August and it will be held virtually. They are trying out some different ways of holding their meetings due to low attendance. They have revisions to the Bay Area Guidelines that are out for input and approval to the groups. They will take a vote on that during their August meeting. They have a service opportunity available with PAR Pinellas who are interested in having a Nar-Anon Info meeting at their location on Sundays from 11:30am-12:30pm starting in September. She requested if any groups are interested, to contact her or Theresa. They are working on augmenting their materials to get outreach materials printed. They are looking into prices now. Theresa said that in the Fall they would like to do a Potluck Speaker Meeting.

NARATEEN'S REPORT: (absent)

Donna gave the report and informed us that the virtual Narateen meeting will be on hold after August 30th, due to low attendance. She sent an email to the active Narateen members who have been attending regularly and have been registered for at least a year and half to inform them about this decision and included information to other virtual meetings. She filled out the form to update the FL Region website of this decision. She mentioned that they are reaching out to PACE to start in person meetings.

WEBSITE'S REPORT: (absent, no report)

WEBMASTER'S REPORT: (Theresa)

She said they added two new webpages "Do You Need Naranon" and "Do You Need Narateen" questionnaires. Nar-Anon WSO will be sending something out about several pieces of CAL that may be used in entirety for websites and for screen sharing at virtual meetings. She shared has been learning Mailchimp for the Region eNews.

VIRTUAL COORDINATOR'S REPORT: (absent)

OUTREACH'S REPORT: (Kim)

Kim said she had an outreach opportunity on July 29th in West Palm Beach. She said that she attended the World Service Outreach Committee Roundtable which the topic was on Narateen. If any members are interested in that meeting, it was recorded so contact Kim for that link. August 12th and 13th is SFRCNA in Bonita Springs. Yvette will be doing a table on August 2nd at CHAIN Breakin Recovery in Dade City. November 10th-12th there is a convention in the Rocky Mountain region. They have an outreach committee meeting next month, Thursday August 2nd, and invited all members since they have volunteer opportunities.

HELPLINE'S REPORT: (absent)

Faye sent in her report, which was read by Bonnie. The recent report from April-July includes 42 calls with an average of 3 minutes per call. Fridays and Saturdays had the least calls and Wednesdays had the most, at around 2pm the highest number of calls come in. She is looking for more volunteers. She has a team updating and reviewing their guidelines and is hoping to have that done for the September assembly. Donna mentioned the issues she is having answering some calls on an iPhone which Rosemary also experienced. Bonnie will reach out to Faye about this issue since other members are having this same problem.

CONVENTION'S REPORT: (Kim)

Kim spoke on the FRCNA convention and said she got good feedback. Bonnie said that there is someone showing interest in becoming the Chair.

NEW BUSINESS

RSC Meeting Schedule:

Bonnie asked for the group to discuss the schedule for our RSC meetings because some members are showing disinterest in having 4 meetings a year. The group gave some feedback about it.

Preliminary Budget Planning Presentation:

Rosemary went over a presentation that she put together going over the budgets for next year and what information to consider when coming up with their budgets. She did come up with a timeline to help chairs make their budgets. She will be sending out this presentation to all the committee chairs.

ANNOUNCEMENTS

- Nar-Anon @ SFRCNA, Saturday, August 12th
- **Saturday, September 9, Region Assembly**, 9am-2pm
(Schalamar Creek Golf & Country Club, 4500 US-92, Lakeland)
- 2024 Nar-Anon World Convention in Washington DC from August 29 - September 1

MOTION TO ADJOURN

A motion to adjourn was made by Donna, seconded by Kim. It passed unanimously. The meeting closed at 8pm with the Serenity Prayer.

PREPARED BY:
INGRID M.

Minutes
Florida Region Assembly Meeting
Saturday, September 9, 2023 / 9am-2pm

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Assembly Meeting to order at 9am on September 9, 2023. Rosemary and Ingrid will record minutes for this meeting. Roll call was taken by Ingrid. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Donna and Twelve Concepts were read by Yvette. In the absence of a Regional Secretary, the Assembly meeting was recorded.

ROLL CALL: 17 Attendees; 9 Voting Members; 8 Non-Voting Members * Dual Role

10 Voting: Kevin-Tarpon Springs, *Theresa-St. Petersburg Mon, Sandy-Clearwater, Mary-Lakeland, *Kim- A Place of Peace, *Debra- New Tampa, Tony- North Tampa, Susan-Brandon, Polly- Palm City, and Joann- Ft. Myers

9 Non-Voting: Bonnie-Region Chair, Ingrid- Region Vice Chair, Rosemary- Region Treasurer, Donna-Region Delegate, Yvette- Region Alt. Delegate, Rhonda- Member, Gerri- Member, Jamie- Narateen Chair, and Kim- Outreach Chair.

APPROVAL OF MINUTES:

Sandy made a motion to approve the minutes from June 11, 2023, Mary seconded with no corrections, minutes passed unanimously.

REPORTS:

1. **Chair and Vice Chair Reports** (Bonnie and Ingrid)

- They welcomed the new GSR's and Service Representatives. Bonnie informed us that a new group was started in Sarasota and a group that had been established for over two years, Venice Beach, just registered with the Florida region.
- Still in need of a Region Secretary
- Florida Region NFG Key Date (Calendar)- Bonnie went over this colored coded calendar which included officer planning dates, regional service committee meetings, in-person and virtual assemblies, and Enew publishing dates.
 - i. A floor motion to change the name from 'Virtual Business 'Meeting' to Virtual Assembly' was made. It reads *"All places in the Florida Region Guidelines (FLRG) that states, 'virtual business meeting' will be referred to as 'virtual assembly'.* Theresa made the motion and seconded by Mary. Motion passed unanimously.

2. **Treasurer:** (Rosemary) - **See attached Treasury Reports**

- The Current Financial and Budget Reports were published earlier this week. Donations coming in and expenses going out were recorded as \$6,445 for annual donations and \$2,880.07 for expenses with a revenue of \$7,678.66. The bank balance is \$3,613.13. Taking into consideration the holding back and the defined budget scheduled amount for September 2023, the donation to The World Service Office (WSO) is \$1,053.13.
 - i. Another floor motion was made to update the FLRG Article 3, Section 3C to state *"The treasurer will set up purchase and delivery of the New Group Packet, remove GLS, and Outreach Information folder, and added to newly registered Naranon Groups in the Florida Region upon request"*. Theresa made the motion and seconded by Debra. Motion passed unanimously.

3. **Delegate and Alternate Delegate Reports:** (Donna & Yvette)

- The Interim World Service Conference 2024 will be held in April 2024, information will be on the website. The agenda will be published by November 2023. The main reason is to discuss Common Welfare topics, there will be no voting. The topic is to discuss how to make Naranon better, smoother, and work through issues more effectively. They are asking groups and regions for their input.

- i. Donna asked for the ability to share the FLRG with the World committee. We took a vote and there was no opposition, Donna will share with them our guidelines.
 - The World Convention is also looking for speakers. If interested, reach out to Donna.
- 4. **Bay Area Report:** (Theresa read report) - **See attached Report**
- 5. **Outreach Report:** (Kim)
 - Recovery month in September
 - (ASAP) Pasco Alliance for Substance Abuse Prevention will put our information in their packets.
 - Yvette gives information to all recovery centers when doing outreach.
 - HOPE Ocala is starting a school.
 - Attending an Outreach table at the SFCNA in Bonita Springs was very successful this year and she intends to go back next year which will be held in Miami.
 - Overdose Awareness Day is August 31, 2023
 - Nar-Anon has an Instagram Page
 - Recovery in the Park in Ft. Myers will be held on September 23, 2023
 - Floridiansforrecovery.org, which is statewide, includes our information and Faces and Voice, which is nationwide, includes our information as well.
- 6. **Website:** (Debra) - **See attached Report**
- 7. **Helpline Report:** (Bonnie provided report) - **See attached Report**
- 8. **Webmaster Report:** (Theresa) - **See attached Report**
- 9. **Narateen Report:** Jamie - **See attached Report**

GSR ROUNDTABLE: The GSRs gave their reports with lots of positive feedback with most meetings having 8-10 core attending members.

NEW BUSINESS:

ELECTIONS: Susan was unanimously voted in as our new Convention Chair.

DONATION TO WORLD: The amount of \$1,053.13 was voted on. 1 no, 1 abstention, 7 yes; motion passed.

2023-2024 REGION PROPOSED BUDGET: Tony made the motion to pass the proposed budget and Kevin seconded the motion passed unanimously.

ANNOUNCEMENTS:

FL Region Regional Service Committee Meeting, Sunday, Oct 22, Time: 7-8:30pm

FL Region Virtual Assembly Meeting, Sunday, Dec 10, Time: 7-8:30pm

2024 Nar-Anon World Convention 38 (WCNA) Aug 29 – Sept 1, 2024, in Washington DC

MOTION TO ADJOURN: Susan motioned to adjourn the meeting at 2:50pm and Joann seconded. Motion passed unanimously.

PREPARED BY: INGRID AND ROSEMARY

Webmaster's Report

The webmaster has access to 2 sets of "usage Statistics" for naranonfl.org (http & https); the numbers below reflect both.

- We had a total of 52,068 visits in 11 months (through Sept 8), 120,010 pages (this tells us that during the visit, multiple webpages were viewed).
- We had 147,225 files accessed which would be documents (like flyers, images, minutes, meeting packets) and webpage coding which calls for java scripts & css (cascading style sheets).
- We had 242,300 hits (hits would be web search engine crawlers like Googlebot, bingbot, applebox Duck,DuckBot-Https, etc...)
- Our statistics also tell us what type of computer system viewers used (Windows, iOS, Android, Mac, Linex), what browser (Firefox, Edge, Safari, etc.), what external links were used (outside a search engine, like MailChimp, PayPal, nar-anon.org).

Website Committee Report

Meetings and Meeting Cadence

The website committee meets the third Thursday of every month. We met in March, April, May, June and July. Our last meeting was July 20, 2023. One member of the committee with needed input could not attend the August 17 meeting, so there was not a meeting in August.

Key accomplishments of the Website Committee this year include:

- Voted to change email service because the previous email service was flagging emails as spam. MailChimp purchased at \$13/month with additional cost of \$0.02 per email. There weren't any initial set-up costs for MailChimp other than the monthly subscription.
- Purchase and set up of Microsoft 365 for each Region Officer and the Region Secretary (currently a shared position).
- Renewed Hosting Service for three years to 2029 at a cost of \$431.64 (broken down to \$11.99 per month for 36 months).
- Updated the document called, Best Practices, Website Posting Checklist, and posted the revised Checklist to the website. This document should be reviewed when requesting announcements, agendas, minutes, or other documents be posted to the Website.

The Website Committee has suggested finding alternate back-up Webmaster to share in Webmaster responsibilities. The Website Committee would like the GSRs to share this need with their groups. A Webmaster requires working knowledge of HTML coding, knowledge of web scripts, and CSS scripts as well as knowledge of internet navigation and website behaviors.

Given that the Website Committee oversees more than just Website (i.e., email and software needs), the Website Committee would like consideration for a floor motion to change the name of the Committee from "Website Committee" to "Website & Technology Committee." This change aligns with the FLRG.

If a name change occurs, the Website Committee would also ask for consideration that the Region Zoom account be moved under the Website & Technology Committee budget, which would then require floor motion to add an extra \$105 to the W&T Committee budget for a total 2023-2024 budget of \$455. The separate line item for Zoom would then be removed from the Region budget.

Past budget requests and actual expenditures:

Year	Budget Request	Actual Expenses	Notes
2021-2022	\$800	\$280	Go-Daddy - which is renewed to 2032 Hosting Service \$431.64, which is now renewed to 2029;
2022-2023	\$800	\$557.66	Microsoft Office\$99 (yearly renewal), 2 months of MailChimp
2023-2024	\$350 *	\$256	Without Zoom added to our budget, our only required expenses are \$256

*If Zoom is added to our budget, then an additional \$105 will be needed to cover the cost of the Zoom platform, but it would also mean the current separate line item can be eliminated from the Region budget.

Year-end Helpline Report Florida Regional Assembly September 9, 2023

For the 12-month period: September 2022 through August 2023, I believe the graphs/charts that illustrate the usage of Nar-Anon Florida Region Helpline through OneBox gives the best information for the complete picture for the year. There was a total of 233 results. In August of this year, I did some testing of the system with a partial list of the volunteers. This was based on my availability. The charts show generally when most folks seek help. Helpline volunteers tested gave excellent feedback. I am encouraged by the testing that has taken place. Future plans for this service is to complete the volunteer testing and then create a rotating schedule to continue this avenue to have the volunteers give their most welcome input to the system!

Respectfully submitted,

Grateful

Faye W

HELPLINE Co-Ordinator

9/6/2023

Delegate Report

Interim World Service Conference 2024 – Read Report

Common Welfare Topics: Read Letter

Roundtable on Service Structure: Oct. 28th @ 9am pst. Pass around flyer.

Nar-Anon Service Structure Roundtable Fellowship Survey:

<https://docs.google.com/forms/d/e/1FAIpQLScfMyzwdfm1pql2FiTH8zB1Q5qaAc4mgKL1mRaHn1OmU9yxoQ/viewform>

Recovery month event hosted by the NY Region September 10th 10am-4pm est. Pass around flyer.

Also, from NY Region – 4th Annual New Years House Party: 24 Nar-Anon meetings in 24 hours. Pass around the flyer.

Bay Area Report

The Bay Area approved amendments to the Bay Area guidelines which stemmed from the changes made from motions approved at Conference.

A Fellowship Potluck and Speakers meeting is planned for November 4th.

Members from various Bay Area groups have been participating in local outreach events. PAR Academy reached out for Nar-anon participation with families. Those meetings are scheduled to start in September.

Marguerite

Minutes
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PREPARED BY: INGRID AND ROSEMARY

Nar-Anon Florida Region
Treasury Ledger Summary
September 2023

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$7,041.92	-\$2,735.00	
Bank Change	\$2,735.00	-\$2,735.00	
Beginning Bank Balance - Jim Report 4306.92	\$4,306.92		
D-FRCNA	\$2,026.00	-\$433.15	
FRCNA 2023	\$2,026.00		
FRCNA 2023-Dinner		-\$433.15	
D-In-Area	\$2,800.00		
Bay Area of Florida	\$2,800.00		
D-In-Grp	\$3,645.00		
127-024-Longwood	\$200.00		
127-028-Melbourne	\$100.00		
127-029-Miami, South	\$670.00		
127-033-Ocala - TUE	\$370.00		
127-034-Oldsmar	\$25.00		
127-038-Palm City	\$200.00		
127-041-Port St Lucie	\$50.00		
127-055-West Palm Beach	\$100.00		
127-058-Winter Park	\$200.00		
127-063-Ft Myers	\$800.00		
127-088-New Tampa (V)	\$235.00		
127-096-Ocala - FRI	\$40.00		
127-099-St Petersburg (V)	\$75.00		
127-103-Zephyrhills	\$300.00		
127-106-Boynton Beach	\$175.00		
127-XXX-Member	\$105.00		
D-Out-FRCNA		-\$100.00	
FRCNA Donation-\$100, July 2023		-\$100.00	
D-Out-WSO		-\$4,289.59	
WSO Donation-\$1,716.89, Dec 2022		-\$1,716.89	
WSO Donation-\$1,746.92, Sept 2022		-\$1,746.92	
WSO Donation-\$180.13, Mar 2023		-\$180.13	
WSO Donation-\$645.65-June 2023		-\$645.65	
Expense		-\$4,342.05	
CONVENTION		-\$356.12	
DELEGATE-Nar-Anon FGH Inc - Delegate & Alt Delegate RegFee		-\$1,000.00	
FLORIDA ANNUAL REGISTRATION		-\$70.00	
HELPLINE		-\$482.94	
LITERATURE NEW GROUPS		-\$54.80	
NARATEEN		-\$44.66	
OFFICE EXPENSE		-\$146.67	
OFFICE EXPENSE-PayPal		-\$11.51	
OUTREACH PACKETS		-\$1,063.32	
TRAVEL EXPENSES-Outreach Chair		-\$449.47	
WEBSITE		-\$557.63	
ZOOM REGION ACCOUNT AND MEETINGS		-\$104.93	
Grand Total	\$15,512.92	-\$11,899.79	\$3,613.13

Nar-Anon Florida Region
2022 - 2023
Treasury Report
Budget vs Actual

2021/2022 Program Revenues vs. 2022/2023		ACTUAL REVENUE 2021/2022	ACTUAL REVENUE 2022/2023
Convention Gross Income: Registrations		\$890.00	\$930.00
Dinner		\$420.00	\$510.00
Raffle		\$475.00	\$531.00
Donations		\$135.00	\$55.00
Total Convention Income		\$1,920.00	\$2,026.00
Convention Exp: (Dinner \$433.15, Supplies & Literature \$356.12)		\$435.00	\$792.34
CONVENTION NET INCOME		\$1,485.00	\$1,233.66
GROUP, MEMORIAL & AREA DONATIONS TO DATE		\$6,501.73	\$6,445.00
TOTAL REVENUE		\$7,986.73	\$7,678.66

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Remaining
Reporting Year	2021/2022	2021/2022	2022/2023	2022/2023	2022/2023
ASSEMBLY F TO F MEETING March '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
ASSEMBLY F TO F MEETING September '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$133.00	\$350.00	(\$356.12)	(\$6.12)
DELEGATE (ALT): Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
DELEGATE: Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$70.00	\$160.00	(\$70.00)	\$90.00
HELPLINE	\$0.00	\$0.00	\$500.00	(\$482.94)	\$17.06
LITERATURE COMMITTEE	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	(\$54.80)	\$445.20
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$64.98	\$400.00	(\$44.66)	\$355.34
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$94.36	\$100.00	(\$158.18)	(\$58.18)
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	(\$1,063.32)	(\$63.32)
TRAVEL EXPENSES (Outreach Chair)	\$400.00	\$18.45	\$400.00	(\$449.47)	(\$49.47)
WEBSITE	\$800.00	\$280.44	\$800.00	(\$557.63)	\$242.37
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	(\$104.93)	\$0.07
TOTAL BUDGETED EXPENDITURES	\$5,340.00	\$3,531.96	\$5,395.00	(\$4,342.05)	\$1,052.95

Nar-Anon Florida Region
Fiscal Year Schedule

ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE			
	TOTAL	TOTAL	TOTAL
PRUDENT RESERVE 2022/2023	\$600.00	\$600.00	\$600.00
Holdback from 2022/2023	\$500.00	\$500.00	\$1,100.00
Holdback from 2023/2024	\$500.00	\$500.00	\$1,600.00
Holdback October 2022	\$80.00	\$1,680.00	\$1,680.00
Holdback November 2022	\$80.00	\$1,720.00	\$1,760.00
Holdback December 2022	\$80.00	\$1,840.00	\$1,840.00
Holdback January 2023	\$80.00	\$1,920.00	\$1,920.00
Holdback February 2023	\$80.00	\$2,000.00	\$2,000.00
Holdback March 2023	\$80.00	\$2,080.00	\$2,080.00
Holdback April 2023	\$80.00	\$2,160.00	\$2,160.00
Holdback May 2023	\$80.00	\$2,240.00	\$2,240.00
Holdback June 2023	\$80.00	\$2,320.00	\$2,320.00
Holdback July 2023	\$80.00	\$2,400.00	\$2,400.00
Holdback August 2023	\$80.00	\$2,480.00	\$2,480.00
Holdback September 2023	\$80.00	\$2,560.00	\$2,560.00
Total	\$2,560.00	\$2,560.00	\$2,560.00

Balance in checking account as of 9/2/2023 is \$3,568.67	\$3,613.13
<i>Including Groups and Area's donations: \$1,875 and Convention Income \$2,026</i>	
Required hold back for prudent reserve and accrual for convention delegate and alt-delegate is	-\$2,560.00
Bank Balance Minus Holdback September 2023-2024 Prudent Reserve	\$1,053.13

Donation History 2022-2023				
Donation to be sent to world of	\$1,053.13	Bank Check	on	9/11/2023
Donation to be sent to world of	\$645.65	Check #1215	On	6/12/2023
Donation to be sent to world of	\$180.13	Check #1210	On	3/11/2023
Donation to be sent to world of	\$1,716.89	Check #1209	On	12/11/2022

Webmaster's Report

The webmaster has access to 2 sets of "usage Statistics" for naranonfl.org (http & https); the numbers below reflect both.

- We had a total of 52,068 visits in 11 months (through Sept 8), 120,010 pages (this tells us that during the visit, multiple webpages were viewed).
- We had 147,225 files accessed which would be documents (like flyers, images, minutes, meeting packets) and webpage coding which calls for java scripts & css (cascading style sheets).
- We had 242,300 hits (hits would be web search engine crawlers like Googlebot, bingbot, applebox Duck,DuckBot-Https, etc...)
- Our statistics also tell us what type of computer system viewers used (Windows, iOS, Android, Mac, Linex), what browser (Firefox, Edge, Safari, etc.), what external links were used (outside a search engine, like MailChimp, PayPal, nar-anon.org).

Website Committee Report

Meetings and Meeting Cadence

The website committee meets the third Thursday of every month. We met in March, April, May, June and July. Our last meeting was July 20, 2023. One member of the committee with needed input could not attend the August 17 meeting, so there was not a meeting in August.

Key accomplishments of the Website Committee this year include:

- Voted to change email service because the previous email service was flagging emails as spam. MailChimp purchased at \$13/month with additional cost of \$0.02 per email. There weren't any initial set-up costs for MailChimp other than the monthly subscription.
- Purchase and set up of Microsoft 365 for each Region Officer and the Region Secretary (currently a shared position).
- Renewed Hosting Service for three years to 2029 at a cost of \$431.64 (broken down to \$11.99 per month for 36 months).
- Updated the document called, Best Practices, Website Posting Checklist, and posted the revised Checklist to the website. This document should be reviewed when requesting announcements, agendas, minutes, or other documents be posted to the Website.

The Website Committee has suggested finding alternate back-up Webmaster to share in Webmaster responsibilities. The Website Committee would like the GSRs to share this need with their groups. A Webmaster requires working knowledge of HTML coding, knowledge of web scripts, and CSS scripts as well as knowledge of internet navigation and website behaviors.

Given that the Website Committee oversees more than just Website (i.e., email and software needs), the Website Committee would like consideration for a floor motion to change the name of the Committee from "Website Committee" to "Website & Technology Committee." This change aligns with the FLRG.

If a name change occurs, the Website Committee would also ask for consideration that the Region Zoom account be moved under the Website & Technology Committee budget, which would then require floor motion to add an extra \$105 to the W&T Committee budget for a total 2023-2024 budget of \$455. The separate line item for Zoom would then be removed from the Region budget.

Past budget requests and actual expenditures:

Year	Budget Request	Actual Expenses	Notes
2021-2022	\$800	\$280	Go-Daddy - which is renewed to 2032 Hosting Service \$431.64, which is now renewed to 2029;
2022-2023	\$800	\$557.66	Microsoft Office\$99 (yearly renewal), 2 months of MailChimp
2023-2024	\$350 *	\$256	Without Zoom added to our budget, our only required expenses are \$256

*If Zoom is added to our budget, then an additional \$105 will be needed to cover the cost of the Zoom platform, but it would also mean the current separate line item can be eliminated from the Region budget.

Year-end Helpline Report Florida Regional Assembly September 9, 2023

For the 12-month period: September 2022 through August 2023, I believe the graphs/charts that illustrate the usage of Nar-Anon Florida Region Helpline through OneBox gives the best information for the complete picture for the year. There was a total of 233 results. In August of this year, I did some testing of the system with a partial list of the volunteers. This was based on my availability. The charts show generally when most folks seek help. Helpline volunteers tested gave excellent feedback. I am encouraged by the testing that has taken place. Future plans for this service is to complete the volunteer testing and then create a rotating schedule to continue this avenue to have the volunteers give their most welcome input to the system!

Respectfully submitted,

Grateful

Faye W

HELPLINE Co-Ordinator

9/6/2023

Delegate Report

Interim World Service Conference 2024 – Read Report

Common Welfare Topics: Read Letter

Roundtable on Service Structure: Oct. 28th @ 9am pst. Pass around flyer.

Nar-Anon Service Structure Roundtable Fellowship Survey:

<https://docs.google.com/forms/d/e/1FAIpQLScfMyzwdfm1pql2FiTH8zB1Q5qaAc4mgKL1mRaHn1OmU9yxoQ/viewform>

Recovery month event hosted by the NY Region September 10th 10am-4pm est. Pass around flyer.

Also, from NY Region – 4th Annual New Years House Party: 24 Nar-Anon meetings in 24 hours. Pass around the flyer.

Bay Area Report

The Bay Area approved amendments to the Bay Area guidelines which stemmed from the changes made from motions approved at Conference.

A Fellowship Potluck and Speakers meeting is planned for November 4th.

Members from various Bay Area groups have been participating in local outreach events. PAR Academy reached out for Nar-anon participation with families. Those meetings are scheduled to start in September.

Marguerite

Florida Region Nar-Anon Family Group

Assembly Meeting

September 9, 2023

Treasury Report

- Ending Balance \$3,613.13

- Income \$15,513
- Expense (\$4,342)
- Donations \$4,390

Thanks to all the groups and Tampa Bay Area for their generous donations.

Donation received this year were \$6,445

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$7,041.92	-\$2,735.00	
Bank Change	\$2,735.00	-\$2,735.00	
Beginning Bank Balance - Jim Report 4306.92	\$4,306.92		
D-FRCNA	\$2,026.00	-\$433.15	
FRCNA 2023	\$2,026.00		
FRCNA 2023-Dinner		-\$433.15	
D-In-Area	\$2,800.00		
Bay Area of Florida	\$2,800.00		
D-In-Grp	\$3,645.00		
127-024-Longwood	\$200.00		
127-028-Melbourne	\$100.00		
127-029-Miami, South	\$670.00		
127-033-Ocala - TUE	\$370.00		
127-034-Oldsmar	\$25.00		
127-038-Palm City	\$200.00		
127-041-Port St Lucie	\$50.00		
127-055-West Palm Beach	\$100.00		
127-058-Winter Park	\$200.00		
127-063-Ft Myers	\$800.00		
127-088-New Tampa (V)	\$235.00		
127-096-Ocala - FRI	\$40.00		
127-099-St Petersburg (V)	\$75.00		
127-103-Zephyrhills	\$300.00		
127-106-Boynton Beach	\$175.00		
127-XXX-Member	\$105.00		
D-Out-FRCNA		-\$100.00	
FRCNA Donation-\$100, July 2023		-\$100.00	
D-Out-WSO		-\$4,289.59	
WSO Donation-\$1,716.89, Dec 2022		-\$1,716.89	
WSO Donation-\$1,746.92, Sept 2022		-\$1,746.92	
WSO Donation-\$180.13, Mar 2023		-\$180.13	
WSO Donation-\$645.65-June 2023		-\$645.65	
Expense		-\$4,342.05	
CONVENTION		-\$356.12	
DELEGATE-Nar-Anon FGH Inc - Delegate & Alt Delegate RegFee		-\$1,000.00	
FLORIDA ANNUAL REGISTRATION		-\$70.00	
HELPLINE		-\$482.94	
LITERATURE NEW GROUPS		-\$54.80	
NARATEEN		-\$44.66	
OFFICE EXPENSE		-\$146.67	
OFFICE EXPENSE-PayPal		-\$11.51	
OUTREACH PACKETS		-\$1,063.32	
TRAVEL EXPENSES-Outreach Chair		-\$449.47	
WEBSITE		-\$557.63	
ZOOM REGION ACCOUNT AND MEETINGS		-\$104.93	
Grand Total	\$15,512.92	-\$11,899.79	\$3,613.13

- Ending Balance \$3,613.13

- Income

- Donations Mar-Aug \$3,565
- Convention \$1,237

Donations: Area and Groups

Summary by Month		YR/MM <input type="text" value="2023"/>						Grand Total
Category	<input type="text" value="2023"/>	Mar	Apr	May	Jun	Jul	Aug	
<input type="checkbox"/> D-FRCNA			\$125.00	\$450.00	-\$83.15	\$1,101.00		\$1,592.85
FRCNA 2023			\$125.00	\$450.00	\$350.00	\$1,101.00		\$2,026.00
FRCNA 2023-Dinner					-\$433.15			-\$433.15
<input type="checkbox"/> D-In-Area			\$500.00		\$500.00		\$500.00	\$1,500.00
Bay Area of Florida			\$500.00		\$500.00		\$500.00	\$1,500.00
<input type="checkbox"/> D-In-Grp		\$410.00	\$515.00	\$265.00	\$330.00	\$160.00	\$385.00	\$2,065.00
127-029-Miami, South		\$170.00		\$100.00				\$270.00
127-033-Ocala - TUE		\$40.00	\$40.00	\$40.00	\$30.00	\$60.00		\$210.00
127-038-Palm City					\$100.00			\$100.00
127-041-Port St Lucie							\$50.00	\$50.00
127-055-West Palm Beach		\$50.00						\$50.00
127-063-Ft Myers		\$150.00	\$200.00		\$200.00			\$550.00
127-088-New Tampa (V)							\$235.00	\$235.00
127-099-St Petersburg (V)			\$75.00					\$75.00
127-103-Zephyrhills			\$200.00			\$100.00		\$300.00
127-106-Boynton Beach				\$125.00				\$125.00
127-XXX-Member							\$100.00	\$100.00
Grand Total		\$410.00	\$1,140.00	\$715.00	\$746.85	\$1,261.00	\$885.00	\$5,157.85

Convention: Registrations and Expenses

Summary by Month		YR/MM <input type="text" value="2023"/>				Grand Total
Category	<input type="text" value="2023"/>	Apr	May	Jun	Jul	
<input type="checkbox"/> D-FRCNA		\$125.00	\$450.00	-\$83.15	\$1,101.00	\$1,592.85
FRCNA 2023		\$125.00	\$450.00	\$350.00	\$1,101.00	\$2,026.00
FRCNA 2023-Dinner				-\$433.15		-\$433.15
<input type="checkbox"/> Expense				-\$248.89	-\$107.23	-\$356.12
CONVENTION				-\$248.89	-\$107.23	-\$356.12
Grand Total		\$125.00	\$450.00	-\$332.04	\$993.77	\$1,236.73

- Ending Balance \$3,613.13

- Expenses

- Convention
- Helpline
- Literature New Group (1)
- Narateen
 - Renewal Background check for one Facilitator
- Office Expense
 - New Retractable Sign Hardware
- Outreach Packets
 - Convention
 - Ocala
- Travel
 - 2089 Miles Travels
 - 16 trips to meetings & Outreach events
 - 3 overnight stays
- Website
 - Hosting Support till 2/2028
- Zoom Regional Acct

Summary by Month		YR/MM <input type="text" value="2023"/>						Grand Total
Category	<input type="text" value="2023"/>	Mar	Apr	May	Jun	Jul	Aug	
<input type="text" value="Expense"/>		-\$45.90	-\$488.22	-\$472.21	-\$715.48	-\$548.06	-\$610.20	-\$2,880.07
CONVENTION					-\$248.89	-\$107.23		-\$356.12
HELPLINE		-\$45.90	-\$45.90	-\$45.90	-\$45.90	-\$45.90	-\$45.90	-\$275.40
LITERATURE NEW GROUPS				-\$54.80				-\$54.80
NARATEEN				-\$44.66				-\$44.66
OFFICE EXPENSE			-\$8.70	-\$6.88	-\$1.09		-\$130.00	-\$146.67
OFFICE EXPENSE-PayPal			-\$1.98	-\$2.98				-\$4.96
OUTREACH PACKETS				-\$222.72	-\$395.80	-\$290.00	-\$76.90	-\$985.42
TRAVEL EXPENSES-Outreach Chair				-\$94.27	-\$23.80		-\$331.40	-\$449.47
WEBSITE			-\$431.64				-\$26.00	-\$457.64
ZOOM REGION ACCOUNT AND MEETINGS						-\$104.93		-\$104.93
Grand Total		-\$45.90	-\$488.22	-\$472.21	-\$715.48	-\$548.06	-\$610.20	-\$2,880.07

- Ending Balance \$3,613.13

- Budget \$5,395
- Actual YTD Spent \$4,342

Nar-Anon Florida Region
2022 - 2023
Treasury Report
Budget vs Actual

2021/2022 Program Revenues vs. 2022/2023	ACTUAL REVENUE 2021/2022	ACTUAL REVENUE 2022/2023
Convention Gross Income: Registrations	\$890.00	\$930.00
Dinner	\$420.00	\$510.00
Raffle	\$475.00	\$531.00
Donations	\$135.00	\$55.00
Total Convention Income	\$1,920.00	\$2,026.00
Convention Exp: (Dinner \$433.15, Supplies & Literature \$356.12)	\$435.00	\$792.34
CONVENTION NET INCOME	\$1,485.00	\$1,233.66
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$6,501.73	\$6,445.00
TOTAL REVENUE	\$7,986.73	\$7,678.66

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Remaining
Reporting Year	2021/2022	2021/2022	2022/2023	2022/2023	2022/2023
ASSEMBLY F TO F MEETING March '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
ASSEMBLY F TO F MEETING September '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$133.00	\$350.00	(\$356.12)	(\$6.12)
DELEGATE (ALT): Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
DELEGATE: Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$70.00	\$160.00	(\$70.00)	\$90.00
HELPLINE	\$0.00	\$0.00	\$500.00	(\$482.94)	\$17.06
LITERATURE COMMITTEE	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	(\$54.80)	\$445.20
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$64.98	\$400.00	(\$44.66)	\$355.34
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$94.36	\$100.00	(\$158.18)	(\$58.18)
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	(\$1,063.32)	(\$63.32)
TRAVEL EXPENSES (Outreach Chair)	\$400.00	\$18.45	\$400.00	(\$449.47)	(\$49.47)
WEBSITE	\$800.00	\$280.44	\$800.00	(\$557.63)	\$242.37
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	(\$104.93)	\$0.07
TOTAL BUDGETED EXPENDITURES	\$5,340.00	\$3,531.96	\$5,395.00	(\$4,342.05)	\$1,052.95

- Prudent Reserve \$600
- Delegate \$500
- Alt-Delegate \$500
- Monthly \$ 80

As of September 2023

- Holdback amount is \$2,560.00

Bank Balance \$3,613.13

Holdback -\$2,560.00

Donation to WSO \$ 1053.13

Quarterly Donation from Florida Region to World Service Organization (WSO)

Nar-Anon Florida Region
Fiscal Year Schedule

ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE	TOTAL	TOTAL	TOTAL
PRUDENT RESERVE 2022/2023	\$600.00	\$600.00	\$600.00
Holdback from 2022/2023	\$500.00	\$500.00	\$1,100.00
Holdback from 2023/2024	\$500.00	\$500.00	\$1,600.00
Holdback October 2022	\$80.00	\$1,680.00	\$1,680.00
Holdback November 2022	\$80.00	\$1,720.00	\$1,760.00
Holdback December 2022	\$80.00	\$1,840.00	\$1,840.00
Holdback January 2023	\$80.00	\$1,920.00	\$1,920.00
Holdback February 2023	\$80.00	\$2,000.00	\$2,000.00
Holdback March 2023	\$80.00	\$2,080.00	\$2,080.00
Holdback April 2023	\$80.00	\$2,160.00	\$2,160.00
Holdback May 2023	\$80.00	\$2,240.00	\$2,240.00
Holdback June 2023	\$80.00	\$2,320.00	\$2,320.00
Holdback July 2023	\$80.00	\$2,400.00	\$2,400.00
Holdback August 2023	\$80.00	\$2,480.00	\$2,480.00
Holdback September 2023	\$80.00	\$2,560.00	\$2,560.00
Total	\$2,560.00	\$2,560.00	\$2,560.00

Balance in checking account as of 9/2/2023 is \$3,568.67	\$3,613.13
<i>Including Groups and Area's donations: \$1,875 and Convention Income \$2,026</i>	
Required hold back for prudent reserve and accrual for convention delegate and alt-delegate is	-\$2,560.00
Bank Balance Minus Holdback September 2023-2024 Prudent Reserve	\$1,053.13
Donation History 2022-2023	
Donation to be sent to world of \$1,053.13	Bank Check on 9/11/2023
Donation to be sent to world of \$645.65	Check #1215 On 6/12/2023
Donation to be sent to world of \$180.13	Check #1210 On 3/11/2023
Donation to be sent to world of \$1,716.89	Check #1209 On 12/11/2022

Treasury Report Questions?



2023 – 2024 Proposed Budget



2023-2024 Proposed FLRNFG Budget

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
Reporting Year	2021/2022	2021/2022	2022/2023	2022/2023	2022/2023	2023/2024
ASSEMBLY	\$120.00	\$0.00	\$120.00	\$60.00	\$180.00	\$120.00
OFFICE	\$150.00	\$94.36	\$100.00	(\$25.11)	\$74.89	\$300.00
FLORIDA ANNUAL REGISTRATION	\$70.00	\$70.00	\$160.00	(\$70.00)	\$90.00	\$70.00
ZOOM REGION	\$110.00	\$104.93	\$105.00	(\$104.93)	\$0.07	\$105.00
DELEGATES	\$1,440.00	\$1,440.00	\$960.00	(\$1,000.00)	(\$40.00)	\$56.00
OUTREACH						
HELPLINE	\$0.00	\$0.00	\$500.00	(\$482.94)	\$17.06	\$550.00
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	(\$54.80)	\$445.20	\$220.00
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	(\$1,063.32)	(\$63.32)	\$1,200.00
TRAVEL	\$400.00	\$18.45	\$400.00	(\$280.49)	\$119.51	\$1,100.00
NARATEEN	\$400.00	\$64.98	\$400.00	(\$44.66)	\$355.34	\$200.00
WEBSITE/TECHNOLOGY	\$800.00	\$280.44	\$800.00	(\$557.63)	\$242.37	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,990.00	\$3,398.96	\$5,045.00	(\$3,623.88)	\$1,421.12	\$4,271.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$133.00	\$350.00	(\$356.12)	(\$6.12)	\$350.00

ASSEMBLY – Meeting Expense or Donation

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
Reporting Year	2021/2022	2021/2022	2022/2023	2022/2023	2022/2023	2023/2024
ASSEMBLY	\$120.00	\$0.00	\$120.00	\$60.00	\$180.00	\$120.00

No Changes – two (2) meetings per year planned @ \$60.00 cost or donation

OFFICE – Stamps, Printing, Checking Acct

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
OFFICE	\$150.00	\$94.36	\$100.00	(\$25.11)	\$74.89	\$300.00

Somewhat budget increase from \$100 to \$300

Region was forced to change banks, new bank charges \$16/month fee when specific requirements are not met. The region typically will not meet these requirements hence a fee of \$16 will be charge to our checking account. This has an annual impact of \$192, plus the \$100 to round it up to \$300.

FLORIDA ANNUAL REGISTRATION – Incorporation Fee

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
FLORIDA ANNUAL REGISTRATION	\$70.00	\$70.00	\$160.00	(\$70.00)	\$90.00	\$70.00

Minor budget decrease from \$160 to \$70

Region must file a Florida Annual Report which cost \$70. Every five (5) years the Fictitious Name must be renewed which cost \$50. The Fictitious Name will expire in Dec 2026, hence this fee is not needed in the 2023-2024 budget.

ZOOM REGION – Region’s Zoom Meeting Account

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
ZOOM REGION	\$110.00	\$104.93	\$105.00	(\$104.93)	\$0.07	\$105.00

No budget change

There was no change to the fee for this service.

DELEGATES – Delegate & Alt Delegate

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
DELEGATES	\$1,440.00	\$1,440.00	\$960.00	(\$1,000.00)	(\$40.00)	\$56.00

Major budget decrease from \$960 to \$56

EQUALIZED EXPENSES

The upcoming INTERIM WORLD SERVICE CONFERENCE 2024 (IWSC 2024) will be a virtual conference. For all regions attending, equalized expenses are a fixed amount that is charged to regions sending a delegate, alternate delegate, or a representative.

For IWSC 2024, the amount will be USD 56.00 per region.

The WSC 2025 is expected to be virtual as well. The WSC 2025 will be budgeted in Sept 2024 before the September donation is determined and after the FRCNA Convention which generates income for FLRNFG. WSO typically sends the Equalized Expenses well in advance to ensure proper regional planning.

Outreach - HELPLINE

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
HELPLINE	\$0.00	\$0.00	\$500.00	(\$482.94)	\$17.06	\$550.00

Minimal budget increase

Monthly service fee increase to \$45.90 in Jan 2023 from \$38.58

Outreach - LITERATURE NEW GROUPS

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	(\$54.80)	\$445.20	\$220.00

Major budget decrease

New Group Packets cost \$54. The region would need nine (9) new groups to spend \$500.

The recommendation is to budget for four (4) for 2023-2024 budget cycle.

Outreach - OUTREACH PACKETS

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Propose Budget
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	(\$1,063.32)	(\$63.32)	\$1,200.00

Somewhat of a budget increase

This literature allows us to carry the message and historically the budget is overspent each year.

Since Recovery Month is in September, our last month of the budget cycle, groups request outreach literature for events. Literature is also a way to support WSO as this one (1) of the only two (2) ways WSO is funded.

Outreach - TRAVEL

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Propose Budget
TRAVEL	\$400.00	\$18.45	\$400.00	(\$280.49)	\$119.51	\$1,100.00

Major budget increase

Travel has two (2) components: Mileage and Lodging

The proposed budget is \$600 for mileage and \$500 for lodging.

Mileage Rate proposal, change rate from .14 per mile (charity IRS rate) to .26 per mile to include snack (convenient expenses), or .14 per mile plus a snack amount each way \$10.

The average personal vehicle miles per gallon is 25/mpg and gasoline price is \$3.65/gallon = .146 cents per mile.

These are the three rate changes options:

A-keep the mileage at .14 per mile

B-change the mileage rate to .26 per mile

C-keep the mileage at .14 per mile and add a one-time snack \$20 (\$10 for each way) per day trip for each member.

Outreach – Travel - Mileage

Expense impact using this year's actuals:

Facts: Miles driven current year = 2098, # of trips $8 * 2 = 16 + 2$ (additional member) = 18

Option A, 2098 miles @ .14 = \$293.72 (member is not being compensated for their time)

Option B, 2098 miles @ .26 = \$545.48 (ease rule to apply)

Option C, 2098 miles @ .14 = \$293.72 + 18 * \$10 = \$180 total \$473.72, (much more difficult to record and calculate accurately)

The recommendation is to put \$600 in the budget for these expenses.

The benefits to visiting meetings, convention, etc. are awareness a region exists.

Outreach – Travel - Lodging

Limit a per night lodging reimbursement to \$50, plus a \$20 meal per member for each overnight stay.

Expense impact using this year's actuals:

Facts: 3 nights lodging, 4 meals

Current: 3 overnight stays * \$50 = \$150

Proposed: 3 overnight stays * \$50 = \$150, plus 4 meals * \$20 = \$ 80, total \$230

The recommendation is to put \$500 in the budget for these expenses, 7 overnight stays @ \$350, plus 7 meals @ \$140.

Outreach - NARATEEN

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Propose Budget
NARATEEN	\$400.00	\$64.98	\$400.00	(\$44.66)	\$355.34	\$200.00

Major budget decrease

Change from \$400 to \$200

Narateen has paused the virtual Narateen meeting. This budget category is used to pay and maintain background checks on Narateen Facilitators. The existing facilitators are not due to be renewed until Dec 2024 which will be in our next budget cycle.

WEBSITE/TECHNOLOGY

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Proposed Budget
WEBSITE/TECHNOLOGY	\$800.00	\$280.44	\$800.00	(\$557.63)	\$242.37	\$350.00

Major budget decrease

Change from \$800 to \$350

The budget category name was changed from Website to Website/Technology because this committee supports the region outside of the website. An example of this was the recent implementation of MailChimp to support better communication with groups and individuals.

Current expenses:

MailChimp cost \$13/month or \$156/yr

Microsoft 365 cost 99/yr

These two known operating expense are \$255

In case there are any unknown cost \$100

Proposed budget \$350

CONVENTION - initial advance \$350 - \$100 donation to NA

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Balance	2023/2024 Propose Budget
CONVENTION	\$350.00	\$133.00	\$350.00	(\$356.12)	(\$6.12)	\$350.00

No budget change

Conventions are not a region operating expense.

This is an investment which produces income via registrations, change games, and literature sales. This year FRCNA produced \$1,234. The region also participated in the South Florida Region NA Convention (SFRCA) in Bonita Springs with an Outreach table near the registration. The feedback to SFRCA was positive and could be looking to be more engaged next year in Miami.

Proposed Budget Questions/Concerns?



Proposed Budget Amendments

Proposed Budget Approval

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL
Reporting Year	2022/2023	2022/2023	2023/2024	2022/2023
ASSEMBLY	\$120.00	\$60.00	\$120.00	\$0.00
OFFICE	\$100.00	(\$25.11)	\$300.00	\$0.00
FLORIDA ANNUAL REGISTRATION	\$160.00	(\$70.00)	\$70.00	\$0.00
ZOOM REGION	\$105.00	(\$104.93)	\$105.00	\$0.00
DELEGATES	\$960.00	(\$1,000.00)	\$56.00	\$0.00
OUTREACH				
HELPLINE	\$500.00	(\$482.94)	\$550.00	\$0.00
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	\$0.00
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	\$0.00
TRAVEL	\$400.00	(\$280.49)	\$1,100.00	\$0.00
NARATEEN	\$400.00	(\$44.66)	\$200.00	\$0.00
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$5,045.00	(\$3,623.88)	\$4,271.00	\$0.00

CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	(\$6.12)	\$350.00
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Proposed Prudent Reserve Approval

Prudent Reserve: (Total Planned Annual Expenses / 12 months) * 3 months					
Region's Operating Expense	\$4,271.00	12	\$355.92	3	\$1,067.75
Region's Operating Expense with Capital Convention	\$4,621.00	12	\$385.08	3	\$1,155.25

Example:

Bank balance is \$3,500 on Dec 1, 2023 prior to our Dec 10, 2023 Business Meeting
Minus Prudent Reserve of \$1,155.25 (using the budget including the convention)
Donation to WSO would be \$3,500 - \$1,155.25 = \$2,344.75 after Business meeting
with an agreed group conscience.

Proposed Prudent Reserve Amendments

Approved Prudent Reserve Amendments

Region's operating expenses - **\$1,067.75**

Region's operating expense, plus convention - **\$1,155.25**

October Minutes
Florida Region Regional Service Conference (RSC)
Sunday October 22,2023 7:00 PM-8:30 PM

ROLL CALL: 8 Attendees; 7 Voting Members; 1 Non-Voting Members

7 Voting: Bonnie (Region Chair), Ingrid (Region Vice Chair), Rosemary (Region Treasurer), Donna (Region Delegate), Susan (Convention Chair), Debra (Website Chair), and Kim (Outreach Chair)

1 Non-Voting: Maria (mbr Tallahassee)

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions were read by Rosemary and Twelve Concepts were read by Debra.

APPROVAL OF MINUTES:

Bonnie made a motion to approve July 30, 2023, minutes and Donna seconded. The minutes passed unanimously.

OFFICER REPORTS

CHAIRPERSON'S REPORT: (Bonnie)

Bonnie said that if she asks for something it's because she likes to get things done as quickly as possible, it's not personal. She also asked Donna if the person starting the Holiday meeting would be attending the Pasco Alliance. Donna said that if she said she was going then she is probably going to go. Bonnie opened a discussion about getting new members. Members in attendance shared about their struggles and successes.

VICE CHAIRPERSON'S REPORT: (Ingrid)

Ingrid is working on eblasts and learning the system. Rosemary extended on that point that if members have ideas for the eblasts to send them to the Officers.

TREASURER'S REPORT: (Rosemary)

Rosemary went over a presentation of transactions for September 2023. We received \$100 in donations. October 1, 2023, is the beginning of the fiscal year. Our ending balance as of October 19, 2023, was \$2,703.68. Rosemary is going to check to see if there is a fee on PayPal for contributions.

DELEGATE'S REPORT: (Donna)

Donna shared that the Guide to World Services (GWS) has an updated version now available on their website. The World Service Board (WSB) is what the Board of Trustees (BOT) is now called. GWS Page 11 has all the Common Welfare Topics which are all the topics that will be up on the Interim World Service Conference (WSC) and GWS page 14 has all the dates for the Interim WSC. She joined the committee for the World Convention. They are looking for various speakers such as spouses, significant others, grandparents, and friends of addicts who are attending meetings regularly, who have some recovery time, and a sponsor. She informed us if anyone is interested, they can email her at her delegate email address. They plan on coming up with a blurb in the newsletter and posting it to their website. The Holiday meeting will be starting November 2, 2023.

ASR - BAY AREA: (Marguerite)

Bonnie gave her report which included the Potluck RSVP date. Their meetings are held now virtually at 4 pm on the first Saturday of every month. They are still looking for an Area Service Rep (ASR), alt ASR and an Outreach Chair.

COMMITTEE REPORTS

NARATEEN'S REPORT: (Jamie)

Donna gave the report, and she informed us that they are most likely not going to start back up the virtual meeting because there are other virtual meetings that are held at that time. They are considering after the 1st of year starting a new Narateen (NT) meeting at the Holiday meeting. They are considering starting a new meeting at PACE, a school for girls' middle school to high school aged that are struggling. It would be an NT newcomer meeting and they would give the girls information for all the virtual meetings. PACE has a school in every county in FL. They are looking for committee members and members are not required to be a facilitator to be a committee member.

WEBSITE'S REPORT: (Debra)

She stated that the committee lost 2 members in September, so they only have 2 members left. She informed us that the Webmaster resigned as well. She met with the Officers, and together they decided to move in the direction of running the website on a program like WordPress. Currently the website is running on HTML, so the new Webmaster would need to have a scripting and coding background. With WordPress we don't need someone who knows coding and/or scripting and could have a focus on Marketing or a Design background. This will help modernize our website. She is estimating that this change will be made by the 1st of the year. She attended a Website Roundtable and The Rocky Mountain region presented their new website which is ran by WordPress. She gathered from that meeting that is the direction that the World Office would like other regions to move to. The hosting and domain are paid up. The updated Florida Region Guidelines (FLRG) are on the website, and she also set up email forwarding for Susan who is the new Convention Chair.

OUTREACH'S REPORT: (Kim)

Kim reported that there's a Spanish meeting in Miami that will be resuming soon. Jackie from Melbourne, Space Coast area, is struggling with membership at their meeting but they are going to places on the outreach suggestion list giving out pamphlets. Kim asked Rosemary how the University of Central FL (UCF) virtual Nar-Anon talk went and Rosemary informed her that some people from her local meetings attended, and they told her that it went well. She said that the Ocala area reached out to her and informed her that their meetings are slowly increasing and it's due to some outreach that they have been doing. She has been attending open NA meetings and after the meeting she has been introducing herself to the GSRs of those meetings and giving them information about our program. Donna and Bonnie, both told us that they have been doing some outreach on their personal time as well.

HELPLINE'S REPORT: (Faye)

Bonnie gave the report, and Helpline is not getting very many calls. Donna mentioned that we should be looking into seeing if we are still listed on 211 and Substance Abuse and Mental Health Service Admin (SAMSHA) website as resources.

VIRTUAL COORDINATOR'S REPORT: (Doug)

N/A

CONVENTION'S REPORT: (Susan)

Susan informed us that they have two people on the committee so far, and she is going to be sending out a flyer about the committee, donations, and suggestions or ideas for the next convention. Preliminary planning and visiting groups for face-to-face suggestions will begin soon as well. They plan on having their first Zoom meeting in January 2024.

NEW BUSINESS

Outreach Ideas:

Outreach ideas were discussed throughout the meeting.

Travel Expenses:

Rosemary reopened the discussion of the hardship of travel expenses and went over the previous presentation that had some suggestions for reimbursement. She went over the three options again and added a lodging expense. She asked for a group conscious of which option we should be using, and we voted on Option C which is \$.14/mi reimbursement, plus adding a one-time convenient expense of \$20 (\$10 each way) per trip for each member. Additionally, the lodging expense would include a \$50 reimbursement for hotel cost. We took a group conscious and decided that a \$75 reimbursement for lodging would be more appropriate.

ANNOUNCEMENTS

- Bay Area Fall Potluck and Speaker Meeting, Saturday, Nov 4, 2023 @ 1 PM
(United Methodist Church 207 Buckingham Ave E, Oldsmar, FL)
- Virtual Assembly, Sunday December 10, 2023 @ 7-00-8:30 PM on Zoom
- RSC Meeting, Sunday, February 4, 2024 @ 7:00-8:30 PM on Zoom
- 2024 Nar-Anon World Convention in Washington DC from Aug 29 through Sept 1, 2024

MOTION TO ADJOURN:

A motion to adjourn was proposed by Donna and seconded by Kim. It passed unanimously. The meeting closed at 8:10 PM with the Serenity Prayer.

PREPARED BY: INGRID M.

Florida Region Virtual Assembly Meeting Minutes (Amended)

Sunday, Dec 10, 2023 / 7-8:30pm

Zoom: 477-350-6871 Passcode: 809199

ATTENDEES:

ROLL CALL: 17 Attendees; 10 Voting Members; 7 Non-Voting Members * Dual Role

Voting: 11	Non-Voting: 5
*Kim – Daytona Beach	Bonnie – Regional Chair
*Theresa – St. Petersburg Monday	Ingrid – Regional Vice Chair
Sandy – Clearwater Tuesday	Rosemary – Regional Treasurer
Mary - Lakeland	Yvette – Regional Alt. Delegate
Cindy- Sarasota	Marguerite- Bay Area Chair
*Faye - Zephyrhills	Phyllis- Region member
Maria- Tallahassee	Pat- Region member
Kevin- Tarpon Springs	
Jenn- New Tampa	
*Susan- Brandon Monday	

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Virtual Assembly Meeting to order at 7pm on December 10, 2023. Ingrid will record the minutes for this meeting. In the absence of a Regional Secretary, the business meeting was recorded. The Serenity Prayer was said by all attendees. The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Rosemary. Roll call was taken by Ingrid.

MINUTES:

Faye made corrections about the Helpline's charts missing from the minutes. It was also noted the Treasurer's Report was missing so Ingrid will double check because she believes the copy on the FL website does have it. Faye (Zephyrhills) made the motion to approve the minutes with corrections from June 11, 2023, Theresa (St. Petersburg Monday) seconded, minutes passed with a vote of 7 yes votes and 4 no votes.

OFFICERS REPORTS:

1. Chair (*Bonnie*) and Vice-Chair (*Ingrid*)

- Welcomed GSRs and other members who attended.
- Still in need of a Region Secretary.
- One of the reasons why the eblasts are utilized is to not overwhelm GSRs with numerous emails to the officers.
- The Rocky Mt. Region is looking for speakers for the NYE House Party. If interested email Bonnie.
- Bonnie and Faye are doing outreach through the Pasco County Alliance. Bonnie said she is always open to suggestions for more outreach ideas.
- Ingrid mentioned working closely with Rosemary and Bonnie on the eblasts. On the next newsletter they will add the Planning Calendar and Rosemary will look into putting it up on the FL website.

2. Treasurer (Rosemary) REPORT ATTACHED

- Rosemary stated that we started the new year, which began Oct. 1, 2023, with a balance of \$2,539.68. We received \$814.00 in donations and expenses were \$460.17. Our ending balance is \$2,893.51. The donation to WSO would be \$1,738.26.
- Helpline went up to \$49.85.
- The checking account has just started charging us, which is \$16.00 per month. There are some criteria to meet to not get the charge, such as number of transactions. However, we won't be able to avoid that fee every month since we don't have many expenses to transact.
- Theresa brought up a concern she had that we were not paying Debra's son, who was helping to build the new website, which she believed goes against our tradition of not taking outside help. She suggested that we start putting money aside for that expense even 50%. Bonnie said to her that her understanding is that he was only advising Debra not actually doing the work himself. Rosemary mentioned it is hard to put aside that expense, even 50%, if we don't know what that cost will be.

DONATION TO WSO:

Mary (Lakeland) made the motion to send \$1,738.26 to WSO and Susan (Brandon Mon.) seconded. The motion passed with 5 yes votes, 2 no votes, and 2 abstentions.

AREA REPORT:

3. Bay Area Report (Marguerite) REPORT ATTACHED

- They had a successful Potluck with 30 members attending and 3 speakers and they will be looking into possibly doing another fellowship in the spring like a picnic.
- They are struggling to find members to fill positions.
- They are concerned with the financial status of WSO, and the lack of changes being made by the WSO.

COMMITTEE REPORTS:

4. Outreach (Kim)

- Kim said that in South FL they had a table and a meeting at the Palm Coast Convention of NA which was on Nov 24-25th.
- A member in Jensen Beach who is from the Rocky MT region said she wanted to be more involved with having Nar-Anon at the Treasure Coast Convention of NA. Kim facilitated a conversation between her and members of South FL.
- She is going to Jacksonville to get more support for the convention and the committee will meet again in Feb 2024.

5. Convention (Susan) REPORT ATTACHED

- Susan stated they had a preliminary meeting in Nov. The theme for FRCNA is One at the End of the Road. She is considering the theme of Hope for ours. She will be sending out a notice through the newsletter to have it ready for future publication. Their first meeting will be on Jan 16, 2024.

6. Website REPORT ATTACHED

- Report read by Bonnie.

7. Narateen REPORT ATTACHED

- Report read by Ingrid.

8. Helpline (Faye) REPORT ATTACHED

- From Sept 1- Nov 30, 2023, there were 49 incoming calls, considering that some of those calls she was testing her volunteers, so the actual number of calls was 32. She got a new volunteer, so she has 15 active volunteers.

9. Literature SEE REPORT ATTACHED

- Bonnie read the report.

10. DELEGATES REPORTS:

- Delegate and Alt Delegate Reports (Yvette) REPORT ATTACHED
- Yvette gave a report that the IWSC Common Welfare Topics had a deadline date of Aug 30, 2023. Dec 3, 2023, they had a delegate's meetings about issues internationally and Nar-Anon as a whole. They plan to meet quarterly.
- The World Narateen Committee will have a Roundtable meeting on Dec 10, 2023.
 - The Nar-Anon World Convention theme is Learn, Love and Live and registration will be open at the beginning of the new year.
 - Outreach is working on reformatting the pull tab posters to be able to include the name of the meeting and phone numbers.

GSR ROUNDTABLE: Each of the GSRs gave reports on how their meetings are going. Most of the meetings are getting lots of attendance and returning members. A few groups are doing their own outreach in their communities and had some great ideas and are getting creative with their outreach.

REMINDERS:

FL Region Assembly Sat, March 9, 2024, from 9am-2pm, Schalamar Country Club
2024 Nar-Anon World Convention 38 (WCNA) Aug 29- Sept 1, 2024, in Washington, DC

MEETING ADJOURNMENT: Mary (Lakeland) made a motion to adjourn the meeting, Theresa (St. Pete Mon) seconded; motion passed unanimously. The meeting ended with the Serenity Prayer at 8:22pm.

Submitted by,
Ingrid, Vice Chair

Nar-Anon Florida Region Treasurer Ledger Summary December Virtual Assembly Oct 1st, 2023 Jan 1st, 2024

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$2,539.68		
Beginning Bank Balance -	\$2,539.68		
D-In-Grp	\$814.00		
127-021-Lake Worth	\$239.00		
127-029-Miami, South	\$100.00		
127-033-Ocala - TUE	\$60.00		
127-063-Ft Myers	\$100.00		
127-081-Bradenton	\$100.00		
127-088-New Tampa (V)	\$215.00		
Expense		-\$460.17	
HELPLINE		-\$91.80	
LITERATURE NEW GROUPS		-\$115.60	
OFFICE EXPENSE		-\$32.00	
OFFICE EXPENSE - PayPal		-\$7.73	
OUTREACH PACKETS		-\$87.05	
WEBSITE/TECHNOLOGY		-\$125.99	
Grand Total	\$3,353.68	-\$460.17	\$2,893.51

Nar-Anon Florida Region Treasury Report Budget vs Actual December Virtual Assembly Oct- Dec 2023

2022/2023 Program Revenues vs. 2023/2024	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024			
Convention Gross Income: Registrations	\$930.00	\$0.00			
Dinner	\$510.00	\$0.00			
Raffle	\$531.00	\$0.00			
Donations	\$55.00	\$0.00			
Total Convention Income	\$2,026.00	\$0.00			
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$792.34	\$0.00			
CONVENTION NET INCOME	\$1,233.66	\$0.00			
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$6,545.00	\$814.00			
TOTAL REVENUE	\$7,778.66	\$814.00			

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL	2023/2024 Remaining
Reporting Year	2022/2023	2022/2023	2023/2024	2023/2024	2023/2024
ASSEMBLY	\$120.00	(\$60.00)	\$120.00	\$0.00	\$120.00
OFFICE	\$100.00	(\$159.67)	\$300.00	(\$39.73)	\$260.27
FLORIDA ANNUAL REG	\$160.00	(\$70.00)	\$70.00	\$0.00	\$70.00
DELEGATE (IWSC 2024)	\$960.00	(\$1,000.00)	\$56.00	\$0.00	\$56.00
HELPLINE	\$500.00	(\$528.84)	\$550.00	(\$91.80)	\$458.20
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	(\$115.60)	\$104.40
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	(\$87.05)	\$1,112.95
TRAVEL EXPENSES (Outreach Chair)	\$400.00	(\$449.47)	\$1,100.00	\$0.00	\$1,100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	(\$44.66)	\$200.00	\$0.00	\$200.00
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	(\$125.99)	\$224.01
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$104.93)	\$105.00	\$0.00	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	\$350.00	\$0.00	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$5,395.00	(\$4,449.44)	\$4,621.00	(\$460.17)	\$4,160.83

Nar-Anon Florida Region Fiscal Year Schedule December Virtual Assembly Oct- Dec 2023

Expenditures	2023/2024 Budget			
ASSEMBLY	\$120.00			
OFFICE	\$300.00			
FLORIDA ANNUAL REG	\$70.00			
DELEGATE (IWSC 2024)	\$56.00			
HELPLINE	\$550.00			
LITERATURE NEW GROUPS	\$220.00			
OUTREACH PACKETS	\$1,200.00			
TRAVEL EXPENSES (Outreach Chair)	\$1,100.00			
NARATEEN (Background checks) / N	\$200.00			
WEBSITE/TECHNOLOGY	\$350.00			
ZOOM REGION ACCOUNT AND MEE	\$105.00			
CONVENTION (initial advance \$350	\$350.00			
TOTAL BUDUGETED EXPENDITURES	\$4,621.00			
Region's Operating Expense with Capital Convention	\$4,621.00			
Monthly Expenses	\$385.08			
Prudent Reserve (3X Monthly)	\$1,155.25			
Balance in checking account as of Dec 6, 2023		\$2,893.51		
Including Groups and Area's donations: \$814.00				
Required hold back for prudent reserve \$1,155.25		\$(1,155.25)		
		\$1,738.26		
Donation History 2023-2024				
Donation to be sent to WSO from Dec 2023	\$1,738.26	On		12/11/2023
Donation to be sent to WSO from Mar 2024		On		
Donation to be sent to world of June 2024		On		
Donation to be sent to world of Sept 2024		On		

Nar-Anon Florida Region Transaction Details

Date	Type	Description	Expense	Deposit	GroupID
10/2/2023	Balance	Beginning Bank Balance -		\$2,539.68	
10/2/2023	Check	OFFICE EXPENSE	(\$16.00)		
10/3/2023	Zelle	127-088-New Tampa (V)		\$50.00	127-088
10/10/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
10/13/2023	Check	127-029-Miami, South		\$100.00	127-029
10/20/2023	Debit Card	OUTREACH PACKETS	(\$87.05)		
10/22/2023	PayPal	127-081-Bradenton		\$100.00	127-081
10/22/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$2.48)		
10/24/2023	Debit Card	HELPLINE	(\$41.95)		
10/25/2023	Debit Card	LITERATURE NEW GROUPS	(\$57.80)		
10/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$99.99)		
10/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$13.00)		
11/3/2023	Zelle	127-088-New Tampa (V)		\$45.00	127-088
11/6/2023	Check	127-063-Ft Myers		\$100.00	127-063
11/8/2023	Debit Card	LITERATURE NEW GROUPS	(\$57.80)		
11/20/2023	PayPal	127-021-Lake Worth		\$239.00	127-021
11/20/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$5.25)		
11/24/2023	Debit Card	HELPLINE	(\$49.85)		
11/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$13.00)		
11/28/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
11/29/2023	Zelle	127-088-New Tampa (V)		\$120.00	127-088
12/1/2023	Check	OFFICE EXPENSE	(\$16.00)		
11/30/2023	PayPal	127-106-Boynton Beach		\$75.00	127-106
11/30/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$1.98)		
12/7/2023	PayPal	127-106-Boynton Beach		\$50.00	127-106
12/7/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$1.49)		
12/11/2023	Zelle	WSO Donation - Dec 2023	(\$1,738.26)		
12/14/2023	PayPal	DELEGATE (IWSC 2024)	(\$28.00)		
12/14/2023	PayPal Fee	DELEGATE (IWSC 2024)	(\$1.34)		
12/14/2023	PayPal	DELEGATE (IWSC 2024)	(\$28.00)		
12/14/2023	PayPal Fee	DELEGATE (IWSC 2024)	(\$1.34)		
12/15/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
12/26/2023	Debit Card	HELPLINE	(\$45.90)		
12/27/2023	Deposit	WEBSITE/TECHNOLOGY	(\$13.00)		
12/30/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
1/1/2024	Deposit	127-063-Ft Myers		\$150.00	127-063
1/1/2024	PayPal	127-XXX-Member		\$10.00	127-xxx
1/2/2024	Check	127-106-Boynton Beach	-\$16.00		
1/8/2024	Zelle	127-088-New Tampa (V)		\$60.00	127-088

BAY AREA REPORT

The Bay Area had a very successful potluck and speakers meeting on November 4th. We had lots and lots of great food. All three speakers gave us great information.

Marguerite

CONVENTION REPORT

The Convention Committee had a preliminary meeting in November to discuss ideas for the Convention. The NA theme for this year is "When at the End of the Road." Since most of us are at the end of our roads when we come into these rooms, I was thinking something about Hope may be a good place to start.

I will be composing a notice to send out with the Blast asking our groups for volunteers and ideas for what they would like to see at the convention. I will get it to our chairman this week for her review prior to sending it for the Blast.

Our first Zoom meeting will be Tuesday, January 16 at 7:00 PM.

Regards,
Susan F.
Committee Chair

Website Chair and Webmaster Reports Combined

[Group Edit Requests since September Assembly: 13](#)

A reminder to GSRs that when there is a change to a group (i.e. meeting time, meeting location, change to the type of meeting, cancelled meetings, suspended meetings, and new meetings), the person submitting the change must complete both World's Edit form and go to the FL Region website and submit the FL Edit Form with the change information. The Florida Region is not always notified by World of edit requests sent to them. The only way the FL Region can guarantee your changes will be made on the FL Region website is if you fill out the Group Edit form located on the FL Region website.

If you submitted a form on the FL Region website, but you aren't seeing your change made after 5 business days, please send a follow-up email to webmaster@naranonfl.org or to website@naranonfl.org.

The website is in the process of upgrading. We are moving to WordPress and modernizing the website to make it easier to edit and to navigate. This change is recommended by World, and other Regions are doing the same to their site(s). Estimated completion date is Q1 of 2024.

Web Master needed. A person with Excel skills needed to update the Region's contact list when there are group and/or GSR changes.

NARATEEN COMMITTEE REPORT - November 30, 2023

At our last meeting on September 30, we decided to permanently close the virtual meeting. We discussed opportunities for new in-person meetings, and we decided to hold further discussions until 2024. There is also material for new meeting start-up when the time comes. In September, we voted to reduce our budget from \$400 to \$200. This allows for any fees associated with adding a new facilitator. We are looking for new committee members. If you're on the committee, it does not mean you have to be a facilitator. Our next meeting will be January 20, 2024

Florida Region Naranon Helpline - December 2023

Quarterly Report

The September 1, 2023, through November 30, 2023, quarter shows a total of 49 incoming calls to HELPLINE. Taking into consideration the test calls I performed for feedback and follow-up with the team of volunteers, the adjusted TRUE total is 32.

Volunteers

This past month another member has joined us in our efforts to be available to those reaching out for help. Allison has all her information and is signed up on the call routing schedule. We have a total of 15 active volunteers now.

Florida Literature Committee report for December 2023

The Florida Literature Committee completed their work on the Narateen 31 Days in November. The document was sent to the World Service Literature Committee. The committee is taking a break in December. In January we will make a decision on accepting another assignment.

Delegate Report - 12/10/23 FL Region Virtual Assembly

See IWSC Common Welfare Topics letter dated Aug. 30th with deadline dates. A WRFNFG meeting will be scheduled sometime in February to discuss Common Welfare Topics. Met with some members of the WRFNFG on 12/3/23 and discussed different ways to communicate with delegates from other countries and time zones. Tossed around the idea of creating "regional zones" where countries within a maybe 3- or 4-hour time difference could meet monthly or quarterly to discuss what's working and not working for Nar-Anon as a whole. Maybe those "zones" can then send a report back to the full WRFNFG to keep the lines of communication open. Hoping to get something in place before the next regular WSC in 2025. We shall see.

WS Narateen Committee had a roundtable with BOT, but the committee meeting isn't until 12/10/23 @ 1 pm, so I will not have anything to report about WS Narateen until after that committee meeting.

Convention and Hotel Registration will open after the first of the year for:

Nar-Anon World Convention 2024

Date: August 29 - September 1, 2024

Name: Learn Love Live!

Location: Washington D.C. United States

Please check the Nar-Anon.org website for other events.

Submitted by,
Ingrid/Rosemary
Vice Chair/Treasurer
Approval Date: March 9, 2024

Nar-Anon Florida Region
 Treasury Ledger Summary
 December Virtual Assembly
 Oct - Dec 2023

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$2,539.68		
Beginning Bank Balance -	\$2,539.68		
D-In-Grp	\$814.00		
127-021-Lake Worth	\$239.00		
127-029-Miami, South	\$100.00		
127-033-Ocala - TUE	\$60.00		
127-063-Ft Myers	\$100.00		
127-081-Bradenton	\$100.00		
127-088-New Tampa (V)	\$215.00		
Expense		-\$460.17	
HELPLINE		-\$91.80	
LITERATURE NEW GROUPS		-\$115.60	
OFFICE EXPENSE		-\$32.00	
OFFICE EXPENSE - PayPal		-\$7.73	
OUTREACH PACKETS		-\$87.05	
WEBSITE/TECHNOLOGY		-\$125.99	
Grand Total	\$3,353.68	-\$460.17	\$2,893.51

Nar-Anon Florida Region
 Treasury Report
 Budget vs Actual
 December Virtual Assembly
 Oct - Dec 2023

2022/2023 Program Revenues vs. 2023/2024	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024
Convention Gross Income: Registration:	\$930.00	\$0.00
Dinner	\$510.00	\$0.00
Raffle	\$531.00	\$0.00
Donations	\$55.00	\$0.00
Total Convention Income	\$2,026.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$792.34	\$0.00
CONVENTION NET INCOME	\$1,233.66	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$6,545.00	\$814.00
TOTAL REVENUE	\$7,778.66	\$814.00

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL	2023/2024 Remaining
Reporting Year	2022/2023	2022/2023	2023/2024	2023/2024	2023/2024
ASSEMBLY	\$120.00	(\$60.00)	\$120.00	\$0.00	\$120.00
OFFICE	\$100.00	(\$159.67)	\$300.00	(\$39.73)	\$260.27
FLORIDA ANNUAL REG	\$160.00	(\$70.00)	\$70.00	\$0.00	\$70.00
DELEGATE (IWSC 2024)	\$960.00	(\$1,000.00)	\$56.00	\$0.00	\$56.00
HELPLINE	\$500.00	(\$528.84)	\$550.00	(\$91.80)	\$458.20
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	(\$115.60)	\$104.40
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	(\$87.05)	\$1,112.95
TRAVEL EXPENSES (Outreach Chair)	\$400.00	(\$449.47)	\$1,100.00	\$0.00	\$1,100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	(\$44.66)	\$200.00	\$0.00	\$200.00
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	(\$125.99)	\$224.01
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$104.93)	\$105.00	\$0.00	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	\$350.00	\$0.00	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$5,395.00	(\$4,449.44)	\$4,621.00	(\$460.17)	\$4,160.83

Nar-Anon Florida Region
 Fiscal Year Schedule
 December Virtual Assembly
 Oct - Dec 2023

Expenditures	2023/2024 Budget
ASSEMBLY	\$120.00
OFFICE	\$300.00
FLORIDA ANNUAL REG	\$70.00
DELEGATE (IWSC 2024)	\$56.00
HELPLINE	\$550.00
LITERATURE NEW GROUPS	\$220.00
OUTREACH PACKETS	\$1,200.00
TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
NARATEEN (Background checks) / Ne	\$200.00
WEBSITE/TECHNOLOGY	\$350.00
ZOOM REGION ACCOUNT AND MEET	\$105.00
CONVENTION (initial advance \$350 -	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,621.00

Region's Operating Expense with Capital Convention	\$4,621.00
Montly Expenses	\$385.08
Prudent Reserve (3X Monthly)	\$1,155.25

Balance in checking account as of Dec 6, 2023	\$2,893.51
<i>Including Groups and Area's donations: \$814.00</i>	
Required hold back for prudent reserve \$1,155.25	\$ (1,155.25)
	\$1,738.26

Donation History 2023-2024			
Donation to be sent to WSO from Dec 2023	\$1,738.26	On	12/11/2023
Donation to be sent to WSO from Mar 2024		On	
Donation to be sent to world of June 2024		On	
Donation to be sent to world of Sept 2024		On	

FLORIDA REGION NAR-ANON FAMILY GROUPS
 TREASURY LEDGER FOR
 FISCAL YEAR 2023-2024
 October 1, 2023 - September 30, 2024
 December 10, 2023 - Virtual Assembly Meeting

Ending
Balance

Date	Type	Description	Expense	Deposit	
10/2/2023	Balance	Beginning Bank Balance -		\$2,539.68	
10/2/2023	Check	OFFICE EXPENSE	(\$16.00)		
10/3/2023	Zelle	127-088-New Tampa (V)		\$50.00	
10/10/2023	Zelle	127-033-Ocala - TUE		\$30.00	
10/13/2023	Check	127-029-Miami, South		\$100.00	
10/22/2023	PayPal	127-081-Bradenton		\$100.00	
10/22/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$2.48)		
10/20/2023	Debit Card	OUTREACH PACKETS	(\$87.05)		
10/24/2023	Debit Card	HELPLINE	(\$41.95)		
10/25/2023	Debit Card	LITERATURE NEW GROUPS	(\$57.80)		
10/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$99.99)		
10/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$13.00)		
11/3/2023	Zelle	127-088-New Tampa (V)		\$45.00	
11/6/2023	Check	127-063-Ft Myers		\$100.00	
11/8/2023	Debit Card	LITERATURE NEW GROUPS	(\$57.80)		
11/20/2023	PayPal	127-021-Lake Worth		\$239.00	
11/20/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$5.25)		
11/24/2023	Debit Card	HELPLINE	(\$49.85)		
11/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$13.00)		
11/28/2023	Zelle	127-033-Ocala - TUE		\$30.00	
11/29/2023	Zelle	127-088-New Tampa (V)		\$120.00	
12/1/2023	Check	OFFICE EXPENSE	(\$16.00)		\$ 2,893.51