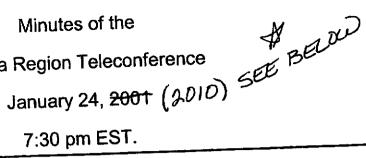
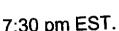
# Florida Region Teleconference





Attendance: 17

Non voting members: 4

Ed L - Chair - Largo

Lynne-Treasurer-Palm Harbor

John-Secretary-Largo

Rand-Alt. Delegate

Voting Members: 13

Sheryl-GSR-Conv. Comm. - Lakeland

Margee-GSR-Conv. Comm. - Melbourne

Jeani-GSR-Newsletter- Clearwater

Jerry-GSR -Port St. Lucie

Bonnie-GSR-Winterhaven

Stephanie-GSR-Winterhaven

Ivette-GSR-Brooksville

Jacquelyn-GSR-Jacksonville

Michelle-GSR-North Palm Beach

Gary-GSR-Crystal Beach

Angie-GSR-Lake Park

Currie-GSR-Del Ray Beach

Karol-GSR-Indian Harbor Beach

Secretaries' note: Pat B did call in late but since Jerry was already representing Port St. Lucie her vote was not counted.



Ed opened the meeting with the serenity prayer, Sunday, January 24, 2010 at 7:39 pm Eastern Standard Time.

Roll call was then taken. See the results above.

Sheryl motioned to approve the minutes from December 27, 2009. Angie seconded the motion. A voice vote was taken and the motion was passed unanimously.

### **Announcements:**

Ed announced that there will be a face to face meeting in Sebring (Highlands Hammock State Park) in an air conditioned/heated pavilion, February 20, 2010. (A flyer will be distributed before the event.)

Ed mentioned the SACNA convention and asked Margee to report later in the conference.

Ed stated that Valerie is sending out a new contact list and although he had not received it, it would be send to all GSR and Board members.

### Treasurer's Report:

Lynne asked to have her report delayed and presented her report at a later time, so this report is not presented chronologically. During her online report Lynne found discrepancies in her accounting and revised them and sent them to the Secretary. Below is her amended report verbatim.

The treasurer's report from Dec is **incorrect.** In the new minutes for Jan. Please show this as corrected. For the Dec 27th minutes...

Balance as of Nov 22. 2009	\$1693.11
----------------------------	-----------

Contributions	\$ 175.00
Subtotal	\$1868.11

2 New group packets	-\$40.60
Info line	-\$29.95
Subtotal	-\$70.55

New Balance as of Dec 27, 2009 \$1797.56

## For my report for Jan 24th...

Beginning Balance as of Dec 27th	\$1797.56
Contributions	\$380.81
Subtotal	\$2178,37

Info line <u>-\$29,95</u>

New Balance as of Jan 24th \$2148.42

At the end of her report Lynne was asked if the cost of sending 2 delegates to the World Conference had been paid. She responded that it had.

### **Newsletter Report:**

Ed commended Jeani for her work. In turn Jeani thanked all the people who submitted material.

Currie asked why she did not get the last minutes or the news letter. John asked her to send him her E-Mail address and Jeani requested the same. Jeani assured Currie and Carol (Indian Harbor beach) that they would receive the newsletter and that the distribution list would be amended.

### Conventions:

To raise money for the convention (SACNA), Margee announced that her group had a garage/bake sale fund raiser, and raised approximately \$356.00. She is looking for a speaker for a spaghetti dinner February 6th at 7pm. There is a flyer on WSO's website and it will be on the regions website. The SACNA convention's theme will be the wizard of Oz.

### **CAR Report:**

Ed asked if anyone had gone over the CAR report with their groups.( No response) Lakeland had started to go over it.

Rand urged groups to discuss and provide feedback as soon as possible. Rand also commented that there were 32 motions and most of them concerned the Guide to Local Services, which is a proposed draft to the World Service Organization of Nar-Anon. Rand further mentioned that the CAR report is available on line at the WSO website, and also he urged Ed to distribute it to all Florida groups. Rand will send a hard copy to anyone who needs it.

### Helpline report:

Ed reported: That there were lots of people on the helpline conference call. For the time being the helpline will be in the meeting list brochure and the website only, also Ed's number will be the only number given out. Training should include "do's and don'ts", and keeping a log. This is a great opportunity to grow and to start new meetings.

### Adjournment:

Sheryl made a motion to adjourn and Jerry seconded it. A voice vote was taken and it passed unanimously.

As stated above the next meeting will be a Face to Face at Highlands Hammock State Park in Sebring on Feb 20th. There will be a flyer explaining how to get there and at what time the meeting will start. The Pavilion and Park are worth the trip.

Submitted January 30, 2010 John M Secretary of the Florida Region of Nar-Anon

#### Minutes of the

#### Florida Region Business Meeting

February 20, 2010

10:30am

Highlands Hammock State Park

At Sebring, FL

#### Attendance: 20

#### **6 Non Voting Members**

Ed L - Chair - Largo

Kathy B. - Vice Chair - Lakeland

John M - Secretary - Largo

Susan I - Delegate - Cape Coral

Rand - Alt. Delegate-Ft Walton Beach

Pat B – Alternate, Port St. Lucie

#### **14 Voting Members**

Doug - GSR - Dunedin

Currie – GSR - Delray Beach

Sheryl H - GSR - Lakeland

Jeani – GSR, Newsletter – Largo

Bonnie - GSR - Winter Haven

Stefanie – GSR - Winter Haven

Mary - GSR - Lantana

Carol - GSR - Indian Harbor Beach

Angie – GSR - Lake Park

Donald – GSR - Plant City

Rand – Ft. Walton Beach (see below)

Margee – GSR - Melbourne

Sandra - GSR - Ocala

Gary - GSR - Palm Harbor Morning

Jerry – GSR - Port St. Lucie

Variance: Rand was accepted by the membership to represent Ft. Walton, substituting for Daryl.

Ed opened the meeting, Saturday Feb. 20, 2010 at 10:30 a.m. with a moment of silence followed by the Serenity Prayer.

Sheryl made the motion to accept the Jan. 27<sup>th</sup> Teleconference Minutes. The motion was seconded by Margee and passed unanimously.

#### **Announcements:**

- 1. The flyer for the Cocoa Beach convention is out and on the Florida Regions website.
- 2. Melanie is asking for volunteers for the website committee and hopes to have a Zip Code locator installed to help people to find meetings.
- 3. Kerri, Chairperson of the H&I/PI committee, is in the hospital. Please pray for her. The Regional Chair will be looking for a Vice Committee Chair as an interim committee executive. (See New Business.)
- 4. South Florida Nar-Anon has a Helpline and is now using text messaging
- 5. The Florida Helpline has had 2 calls from people looking for meetings.
- 6. There will be a convention in Panama City, April 22-24. Rand is asking for volunteers to lead meetings. Call Rand for more details at 850-496-5091or email him at rand-mueller@cox.net
- 7. The "posse" has gone to only a few meetings recently and is looking for volunteers and suggestions. E-mail Kathy B at kingcole110196@hotmail.com

#### **Treasurers report:**

Lynne could not make it to the Sebring face to face meeting, but submitted this report:

Now Palan	¢2 229 47	
Expenses	- <u>\$29.95</u>	
Total donations		<u>\$110.00</u>
	Lakeland	<u>\$100.00</u>
Donations	Ocala Forest	\$10.00
Treasury Ba	\$2,148.42	

#### Announcement:

In September of 2009 when we passed the budget for Fiscal Year 2009-2010, we projected a 25% increase for donations. Our donations so far this year are up ONLY 7.7% to date compared to donations from the same time period last year.

PLEASE remember to send your groups donations as we need to stay on target to meet our budget.

In service,

Lynne

#### **Presentations**

#### **Convention committee report:**

The Space Coast Nar-Anon Family Group convention will be held April 2-4 in Cocoa Beach at the International Palms Resort, formerly the Holiday Inn, at 1300 North Atlantic Avenue, Cocoa Beach FL 32931. For reservations call (321) 783-2271. Margee expects lower attendance since the convention will be held during Passover and Easter weekend. There is a signup sheet for speakers and other information is available through Kim C at (321) 693-7162 or by E-mail at

kcopertino@clf.rr.com. There will be fundraising activities, including a silent auction. The organizers of the Nar-Anon convention are asking for donations for the silent auction. Registration forms are available on the website or from Kim C.

#### **Convention Committee continued:**

There will be a convention in Ft. Lauderdale at the Bahia Mar Beach Resort, May 28-30 (Memorial Day weekend) Call Erin (954) 554-9544, or Robyn (954) 258-1771, or Karen (954) 709-1630, or E-mail <a href="mailto:seshgroup@hotmail.com">seshgroup@hotmail.com</a> for details and registration.

The FRCNA convention will be held July 2-4 at the Hyatt Regency Hotel in Jacksonville. There is a flyer on the regional website. Contact Sheryl at sdh21@tampabay.rr.com for details and registration.

#### **News letter report:**

Moving forward, the newsletter will be sent out twice a year instead of four times because of time constraints. Jeani is asking for articles, personal stories, and stories about conventions. The deadline for the next issue is June 15<sup>th</sup>. In the future, it would be great if someone might like to take over the Newsletter editions.

#### **Website report:**

The website is an ongoing process and things like unworkable links are being corrected. Continuing projects include; links to WSO and the Pennsylvania forum, meeting anniversaries, a drop down menu, and a Zip Code locator. In addition, the committee would like to post service opportunities within Nar-Anon. The website committee is also looking for volunteers for articles and ideas. The Florida Regional Website (in case you forgot) is Naranonfl.org.

#### **Delegate report:**

There was a workshop Conference Agenda Report held in South Tampa and anyone interested in more information should contact Susan at wildhorses525@live.com

- 1. There will be a change in the delegate and alternate delegate at the next face to face in September. Send all nominations to Kathy B at kingcole110196@hotmail.com.
- 2. Jeani asked the following question of Susan (delegate):

Question: Why can the WSO Board make motions?

Answer: They represent all the groups that are not able to send delegates to the conference.

Question: Why does the WSO Board make recommendations?

Answer: That is a matter for discussion that will be presented during the WSC.

A general discussion followed concerning the CAR, and the Guide to Local services (document not yet approved by the Trustees).

#### **GSR** reports:

- Indian Harbor Beach is a day time meeting. They do not get many people but many calls have **b**een made, to urge people to come.
- Melbourne is 2 years old. They had a pot luck dinner and average 10 people.
- Lakeland averages 10 people and has about 2 newcomers per meeting. They are 4 years old.

- Port St. Lucie is 8 years old and has grown from 3-7 people to 15 20. One of their members has written a book (about Addiction). They have a beginner meeting for ½ an hour before the meeting.
- Cape Coral has 9 solid members and 1 or 2 newcomers each meeting. In March, they will have a service day and will be 6 years old in June.
- Fort Walton Beach 4 years old, but has no GSR or Treasurer at this time. They have 3-10 people average with 1 or 2 newcomers per week.
- Duneden averages 7 people but had a slump around the Holidays. They had to call off a meeting because of the town Marti-Gras celebration.
- Lake Park is 4 months old. A member made an address at Al-Anon but local speakers from NA have been uncooperative. On average they have a speaker per meeting.
- Lantana has 5 to 10 people on average and has a website link with Ft. Lauderdale. The group will be 2 years old in Oct.
- Largo has 8 to 12 people a week, but had 8 people stay late to go through the 32 motions. There are usually 2 newcomers per week and the group was 10 years old last September.
- Crystal Beach has 2 meetings every Monday, 1 in the morning and 1 at 7pm. They are
  new to dealing with the CAR and would like to have a list of members who would be
  willing to sponsor.
- Ocala is has had 7-8 members, small but stable, have some duel members. They have the cooperation of a rehab Center which refers 2 to 4 people a week. The group is making progress.
- The Thursday Winterhaven group is 18 months old, but has had membership drop for the last 2 weeks.
- The Tuesday Winterhaven group's members are Snow-birds and older women. The
  meeting is at 5pm and over before dark. They do not have business meetings or ask
  question during the meeting. The GSR provides them with information about the region
  as needed.
- Plant City has 4 to 8 people per meeting, but has 4 core members. They meet at 6pm on Sundays in a "meetinghouse", where 16 other meetings take place and pay only for utilities. They use the meeting list to attract new members and attendance has picked up.
- Del Ray Beach is a daytime meeting that has 5 to 10 people. They have no format and are not focused on the beginner and are struggling with the 12 traditions.

	usi		

None

#### **New Business:**

The Chairman asked for motions and discussion concerning the interim Chairperson for the PI/H&I committee. During the discussion Angie asked if WSO has a PI/H&I committee. Susan responded; "WSO is trying to make a more inclusive package but the project is unfinished". Sheryl made the motion to elect a Vice-Chairperson, who can help until Kerri returns. The motion was seconded by Doug and passed unanimously. Angie was nominated by Pat and Currie was nominated by Karol. Both candidates decided to be Co-Vice Chairpersons and the membership accepted both candidates as Co-Vice Chairpersons through voice vote.

Susan announced that next October there will be a change in Delegate and Alternate Delegate. At the next face to face the membership needs to elect a Delegate and Alternate Delegate for the upcoming term. Nominations should be sent to Kathy B. at kingcole110196@hotmail.com.

A motion was made by Angie to end the face to face meeting with the Serenity Prayer. The motion was seconded by Carol and passed unanimously.

#### **Adjournment:**

At 3:32 pm Ed asked for a motion to adjourn. Sheryl made a motion to adjourn. The motion was seconded by Carol and approved unanimously by voice vote, and the meeting closed with the Serenity Prayer.

The next GSR meeting will be a teleconference on March 28, 2010 @7:30 EST the telephone number is (218) 844-0840 and the pass code is 368151.

Closing Thought: "All that is needed for a meeting are resentments and the Serenity Prayer" ....Anonymous

### Minutes of the

### Florida Region Teleconference

### March 28, 2010

### 7:30 pm EDT.

Attendance: 21

Non voting members: 9 Voting Members: 12

Ed-Chairperson Sheryl-GSR-Conv. Comm. - Lakeland

Kathy-Vice Chairperson Ivette-GSR-Brooksville

Lynne-Treasurer Jeani-GSR-Newsletter- Clearwater

John-Secretary Sandra-GSR-Ocala

Susan-Delegate Angie-GSR-Lake Park

Rand-Alt. Delegate Roy-GSR-North Tampa

Melanie-Nonvoting-Co-Chair, Website (Ocala)) Joanne-GSR-South Tampa

Wendy-Nonvoting (Melbourne) Doug-GSR-Duneden

John-Nonvoting (Melbourne) Stephanie-GSR-Winterhaven

Carol-GSR-Indian Harbor Beach

Stan-GSR.-Melbourne

Gina-Alt.-Port St. Lucie

Ed opened the meeting, Sunday March 28, 2010 at 7:40 pm Eastern Daylight Savings Time with the serenity prayer.

Roll call was then taken. See the results above.

Sheryl moved to approve the minutes from the February 20, 2010 meeting at Sebring. Jeani seconded the motion. A voice vote was taken; 11 for, 1 against. The opposed vote was from Stephanie from Winterhaven. The motion carried.

#### **Regional Announcements:**

- Kathy asked if anyone helping with the hotline had gotten a phone call from the hotline. Ed got 3 calls, but no one else got any. Kathy made a proposal that a tally of calls, and when they came in, be kept for the next few weeks in order to help with the scheduling. A discussion followed.
- 2. Kathy announced that "The Posse" will make a trip to Longwood in April. Kathy will send out an E-mail with the details. The meeting is on Wednesday at 8pm. Openings will be the 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup>. If you want to go contact Kathy, kingcole110196@hotmail.com.
- 3. Kathy requested more volunteers for the hotline and there will be a new schedule sent out.
- 4. There is a new meeting in Palm City. It will start up soon on Tuesday night.
- 5. There will be elections in September for all the committee chairs, the Delegate and the Alternate Delegate. Nominations and letters of intent should be sent to the secretary (flsecjohnm@yahoo.com).

#### **Objection to the Minutes:**

Rand asked Stephanie what objection she had to the minutes was. She referenced an E-mail sent to the Secretary. The Secretary volunteered to amend the minutes. The Vice chair tabled the minutes and determined that the minutes be approved after they are amended.

#### Treasurer's Report: <u>Summary</u>

Balance after Sebring meeting	\$2,228.47
<b>Credits</b> Group donations	\$84.00
Debits Help line Fee (March) Pre-payment Sebring Shelter	\$ 29.95 \$107.00
Balance as of March 28, 2010	\$2,175.52

Lynne notified the Secretary that she will send a report to him. Jo-Anne asked, where donations could be sent? Lynne answered, that **donations should be sent to 1515 Whisper Wind Lane, Oldsmar, FL, 34677.** 

#### **Hospitals and Institutions/Public Information Committee Report:**

Angie reported that she, Susan, Pat, Currie, and Melanie had met. They made a list of all of the facilities in Florida and put several projects in motion. Those projects include; the creation of letters which pertain to each facility to be contacted and to post these letters after approval, creation of posters, and submissions to Newspapers. Ed commented that one of the St. Petersburg groups is putting ads in the St. Petersburg Times and that it would be a good idea to make a list of Newspapers that would be willing to help us. Discussion followed.

#### Website Committee Report:

According to Melanie, the website had been down, for about 7 hours on March 8<sup>th</sup>, due to a mix up in the domain name fee, but thanks to Darryl, the problem was resolved. The problem of future fees will be straightened out with Darryl so that this fee can be budgeted. Melanie listed new features added to the website that include; list of speaker meetings, anniversaries, and new meetings. She had asked for copies of the minutes from Sebring and the News letter which she received. Melanie mentioned that we are number 2 on the Google search for Nar-Anon. Ed asked about the zip code meeting locator. Melanie said that it was on her "to do" list.

#### **Convention Committee Report:**

Sheryl announced the following conventions:

1. SCACNA April 2-4 at Cocoa Beach

2. Pathways to Serenity May 28-30 at Bahia Beach Resort, Ft. Lauderdale

3. FRCNA July 2-4 at the Hyatt Regency River Front, Jacksonville

Flyers for all conventions are on the website.

#### **Newsletter Report:**

Jeani reported that the next newsletter would be before FRCNA and the deadline for articles would be June 8th. Articles can be sent to fl\_jeani@yahoo.com.

#### **Delegates Report:**

Susan summarized the vote on the CAR report as follows:

Of the 36 motions, the Florida Region voted for 11 motions and against 25.

The among 11 motions approved, the following are summarized;

1-4 motions by the board

6-definition of "group conscience"

7-omitted

8-deletion of the preamble

10 delete "personal" from the text

15 adopt the unity prayer

19 put Nar-Anon literature on Audio media

Please refer to the CAR report for further information.

Susan asked for any un-received votes. In addition Susan thanked everyone who retrieved, from the archives, the documentation needed to authenticate the election of her and Rand as delegate and alternate respectively. Discussion followed concerning the Boards motions 1-4.

**New Business:** None

#### **GSR Reports:**

**Brooksville-**Many people come and go, lots of new comers, 5-6 steady members **Ft Walton Beach-** 3-10 people attend, allot of turnover, financially in good shape **Lakeland-** Friday nights 1 and ½ hours, 5-6 steady members, 2 newcomers per month, some stay, step meeting on the 1<sup>st</sup> Friday and a speaker meeting, when possible, on the 5<sup>th</sup> Friday, good shape financially

**Largo (Wednesday)**- steady 7- 9 people, remarkable dedication during the CAR report process, doing well financially

**Melbourne**-hosting the Nar-Anon part of SCACNA, 11-12 people steady, attendance 17-18, some newcomers, normal turnover.

**Ocala**-many, many newcomers due mostly to the website, 6 core members 6-10 in attendance and a check to the region will be sent soon.

**Port St. Lucie**- 8 core members, expanding rapidly due to distribution of literature and that one of the core members wrote a book and was interviewed by a newspaper, contributing to WSO and the Region, and having a good time.

**North Tampa**- 10-20 in attendance, some newcomers, 2<sup>nd</sup> year anniversary meeting April 12<sup>th</sup> with a N/A speaker, financially sound

**South Tampa**- 6 regulars, 5 semi regulars, financially sound and plan to make a contribution to the Region soon

**Winterhaven**- 3 regulars, will drop off literature in Bartow detox and a Winterhaven, councilor's office, not much has changed

**Lake Park**- 1 regular member, 1-3 attendance but still very early, rent is a problem, there will be a monthly speaker meeting.

#### **Notices:**

Kathy announced that there is a new meeting list, by county. It was sent to all the GSRs. If anyone has any corrections, please get in contact with Kathy, kingcole110196@hotmail.com.

Susan will leave, for the World Conference, on April 22<sup>nd</sup> and return on the 26<sup>th</sup>.

**Adjournment:** Stan motioned to adjourn. Sandra seconded the motion and it carried unanimously by voice vote and the meeting closed with the serenity prayer at 8:10pm EST.

The next teleconference meeting will be held **April 25**<sup>th</sup> **at 7:30 pm EST**. The telephone number is **(218) 844-0840** and the password number is **368151**. Please join us.

Submitted by: John M. April 22, 2010.

### Minutes of the

### Florida Region Teleconference

April 25, 2010

7:30 pm EDT.

Attendance: 19

Non voting members: 4 Voting Members: 15

Ed-Chairperson Doug-GSR-Duneden

Kathy-Vice Chairperson Carol-GSR-Indian Harbor Beach

Lynne-Treasurer Angie-GSR-Lake Park

John-Secretary Sheryl-GSR-Conv. Comm. - Lakeland

Mary-Acting GSR-Lantana

Jeani-GSR-Newsletter- Largo/Clearwater

Stan-GSR.-Melbourne

Margee-GSR-Melbourne

Sandra-GSR-Ocala

Donna-GSR-Crystal Beach (Morning)

Gary-GSR-Crystal Beach (Evening)

Roy-GSR-North Tampa

Joanne-GSR-South Tampa

Bonnie-GSR-Winterhaven (Wednesday)

Stephanie-GSR-Winterhaven (Thursday)

Ed opened the meeting, Sunday April 25, 2010 at 7:37 pm Eastern Daylight Savings Time with the Serenity Prayer.

Roll call was taken. See the results above.

#### **Point of Order:**

It was determined by the Vice Chairperson that the minutes from February 20<sup>th</sup> had been approved. Although there were objections and the minutes had been amended, the minutes stand as approved.

#### **Approval of the March 28th Minutes:**

Stan motioned to accept the minutes and Doug seconded. A discussion followed. After the discussion, a motion was made by Jeani to table the approval of the minutes until the next session. This motion was seconded by Roy. The motion to table the minutes passed unanimously.

#### Treasurer's Report: <u>Summary</u>

Balance after March 28<sup>th</sup> teleconference \$2,175.52

**Credits** 

Group donations \$452.00

**Debits** 

Help line Fee (March) \$29.95 PI and H & I package \$61.50

(Public Information, Hospitals and Institutions)

Balance as of April 25, 2010 \$2,536.07

Lynne noted that "ear marked" donations totaling \$125.00 were sent to the World Service Organization of Nar-Anon.

Secretary's note: All donations should be sent to Lynne, 1515 Whisper Wind Lane, Oldsmar, FL 34677.

#### **Convention Committee Report:**

Sheryl announced the following conventions:

1. GCCNA May 28-30 at Bahia Beach Resort, Ft. Lauderdale

2. FRCNA July 2-4 at the Hyatt Regency River Front, Jacksonville

3. FCCNA Sept. 17-19 at the Golf Resort, St. Augustine

Sheryl noted that the "Pathways to Serenity" group is looking for help at the GCCNA convention in Ft. Lauderdale. She also noted that Nar-Anon was invited to the FCCNA convention in St. Augustine by a member of Narcotics Anonymous. There will be more information, concerning the St. Augustine convention, shortly.

#### Flyers for all future conventions are on the website.

Margee gave the report on the SPCCNA convention (Cocoa Beach). The approximate balance from the convention was \$1,200. Out of that balance, donations totaled \$900; this includes \$250 to the FL Region and \$250 to the World Service Organization. A portion of \$300.00 will be

#### **Convention Committee Report: (continued)**

kept as "seed" money for next year's convention. The estimated attendance was "just under the 50 mark".

Sheryl commended the groups that put on the Nar-Anon program at SPCCNA for both their effort and creativity.

Margee announced that her group was trying to organize an archive of convention programs. She also asked for ideas that could be put in the archive. This would help other groups organize their conventions.

#### **Delegates Report:**

The delegates have not returned from the World Conference of Nar-Anon, therefore there was no report.

#### Hospitals and Institutions/Public Information Committee Report:

Angie reported that her group has met twice and are finalizing letters. They have created letters for doctors, outpatients and a general letter. In addition, they are reviewing the list of institutions and determining a priority. The next steps are to get approval from the Florida Region and assessment of the funds that were budgeted from the Florida Region. After that letters can be sent out. Angie also noted that there are about 600 facilities to be contacted in Florida. If anyone wants to help Angie please, E-mail her at braveheart275@live.com. Later in the meeting, Lynne reported that \$200.00 had been set aside for H & I, but that only \$139.50 of that money was left.

#### **Regional and General Announcements:**

Kathy and 3 other members went to the Wednesday Longwood meeting. The Longwood meeting is doing well and has about 20 members. They have asked that Kathy's group come back and help them with a group conscience meeting. They are also looking for sponsors.

Kathy stated that, with minor changes, the helpline will stay the same. Kathy asked if anyone had gotten a call from the helpline. 3 people said they had, and there were a total of 5 calls.

Ed thanked everyone who donated to the region. The money will be spent on the expenses of the Region and to spread the word of Nar-Anon. Ed also asked for help getting ads placed in newspapers. Ed summarized the growth of Nar-Anon due to an increase in membership.

Jeani noted that on the same Sunday, April 25<sup>th</sup> that a documentary on Lois Wilson, the woman who started Al-Anon, would be airing at 9:00 p.m.

Carol talked about her idea to have a Sunday meeting on Indian Harbor Beach in order to boost membership. Kathy supported that idea and asked for help and ideas. Anyone who wants to help, please, contact Carol at <a href="mailto:crvesky@cfl.rr.com">crvesky@cfl.rr.com</a>.

Donna announced that Crystal Beach, both morning and evening, would be having their second anniversary meeting. Tentatively, the anniversary meetings would be held on different dates. For the morning meeting it would be on June 7<sup>th</sup> and the evening on

May 24<sup>th</sup>. For more information, contact Donna at <u>dcosen2a@tampabay.rr.com</u> or Gary at <u>gneal11@tampabay.rr.com</u>.

Ed asked that any group that had anniversaries coming up to contact him (naranonchairfl@aol.com) so that he could get it on the website and send an E-mail out to everybody (GSR's).

Angie announced that the Lake Park meeting would have a speaker on Friday, May 7<sup>th</sup>, from 7-8 p.m.

#### General Discussion:

Bonnie asked if there would be any group reports during the meeting. Kathy responded that group reports were not on the agenda, but it would be up to the GSR's to include them or not. There was a general discussion with the following suggestions:

- 1. A form be sent out (with the minutes) to all the GSR's and a compilation returned.
- 2. That only a few reports could be done at each teleconference.
- 3. Reports could be available on the website.

#### Adjournment:

Sandra motioned for adjournment. Jeani seconded, and the motion carried unanimously by voice vote. The meeting closed with the Serenity Prayer at 8:11pm EST.

The next teleconference meeting will be held May 23rd at 7:30 pm EST. The telephone number is (218) 844-0840 and the pass code number is 368151. Please join us.

Submitted by: John M. May 12, 2010

#### Minutes of the

#### Florida Region Teleconference

May 23, 2010

7:30 pm EDT.

#### Attendance: 19

Non voting members: 7 **Voting Members: 12 Ed-Chairperson** Ivette-GSR-Brooksville Kathy-Vice Chairperson Sheryl-GSR - Lakeland, Convention Lynne-Treasurer Jeani-GSR- Largo/Clearwater, Newsletter John-Secretary Jim-GSR-Longwood Susan-Delegate Margee-GSR-Melbourne Rand- Alternate Delegate Jenny-GSR-New Port Richey Michelle-GSR-North Palm Beach/Singer Rand- Alternate Delegate Sandra-GSR-Ocala Melanie-Website Chair Pat-Non Voting (Port St. Lucy) Roy-GSR-North Tampa Joanne-GSR-South Tampa Bonnie-GSR-Winterhaven (Wednesday) Stephanie-GSR-Winterhaven (Thursday)

Ed opened the meeting, Sunday May 23, 2010 at 7:35 pm Eastern Daylight Savings Time, thanking everyone for calling in and followed by the Serenity Prayer.

Roll call was taken. See the results above.

#### **Approval of the Minutes:**

Ed asked for a motion to approve the March 28<sup>th</sup> minutes. Jim made the motion and Sheryl seconded. A voice vote was taken and the motion passed unanimously.

Ed asked for a motion to approve the April 25<sup>th</sup> minutes. Jim made the motion and Jeani seconded. A voice vote was taken and the motion passed unanimously.

#### **Website committee Report:**

Melanie announced a page redesign of the website, which should make it easier to use. She then summarized the suggestions that she has received. There were suggestions to add more items. One of these items was to add the "12 Concepts" (of service) which has been done. Another suggestion was to improve the readability of the site by adding new fonts and colors. Information, corrections and deletions were made to bring the site up to date.

Also there has been some internal maintenance. Some information was deleted, but was reinstated. The statewide map is not linked up. However, the map that locates each meeting still exists. Work has been done to increase the websites exposure and there is more planned, including a meeting locator by zip code and a link for Public Information and Hospitals & Institutions. A discussion between the Secretary and Melanie followed, concerning Melanie's access to the minutes.

#### **Treasurer's Report:**

Balance as of April 25, 2010	\$2,536.07
<b>Credits</b> Group donations	\$70.00
<b>Debits</b> Help line Fee (March)	\$29.95

Secretary's note: All donations should be sent to Lynne, 1515 Whisper Wind Lane, Oldsmar, FL 34677.

\$2,576.12

#### **Convention Committee Report:**

Sheryl announced the following conventions:

Balance as of May 23, 2010

1.	GCCNA	May 28-30 at Bahia Beach Resort, Ft. Lauderdale
2.	FRCNA	July 2-4 at the Hyatt Regency River Front, Jacksonville
3.	SFRCNA	Aug. 20-22, Naples (tentative)
4.	FCCNA	Sept. 17-19 at the World Golf Village, St. Augustine

Sheryl reported that she is getting some registrations for the FRCNA convention. She also noted that she has spoken again with the FCCNA convention people and that we have a room for 3 days. The room rate for this convention is \$89.00/night. There will be a flyer out shortly.

Rand reported on the "Fun in the Sun" (NWFACNA) convention. Tammy from Memphis came and distributed literature and "SHESH" books. Rand hopes to have more people and exposure next year.

Flyers for most future conventions are available on the website.

#### **Hospitals and Institutions/Public Information Committee Report:**

Susan reported that there have been several conference calls (between committee members). They have created 3 letters and plan to contact all inpatient / outpatient and outreach programs in the state of Florida. They have divided their list of programs between the members of the committee and are looking for help in distributing the letters. The World Service Organization is looking into these letters and may use them as a template for future literature.

If anyone wants to help with this project please contact Angie at **braveheart275@live.com.** 

#### **Newsletter Committee Report:**

The next news letter will be sent out in June. Jeani is looking for contributions. The due date for contribution is June 10<sup>th</sup>.

If you have any articles for submission, contact Jeani at fl\_jeani@yahoo.com.

#### **Delegate Report from the World Conference:**

Susan provided the following graph of the voting on the motions. Results of the 2010

Motions from the Conference Agenda Report.

Hodons from the Conference Agenda Report.	
	Voting Results
Motion #1 from Eastern Pennsylvania, Region Motion #2	Withdrawn
Motion #2 from New Jersey Region, Region Motion #1	Failed
Motion #3 from Eastern Pennsylvania, Region Motion #9	Failed
Motion #4 from Florida Region, Region Motion #2	Failed
Motion #5 from Ontario Region, Region Motion #5	Failed
Motion #6 from Eastern Pennsylvania Region, Region Motion #7	Carried
Motion #7 from Eastern Pennsylvania Region, Region Motion #8	Carried
Motion #8 from Ontario Region, Region Motion #1	Failed
Motion #9 from Ontario Region, Region Motion #2	Failed
Motion #10 from Ontario Region, Region Motion #3	Carried
Motion #11 from Ontario Region, Region Motion #4	Failed
Motion #12 from Eastern Pennsylvania Region, Region Motion #5	Carried
Motion #13 from Eastern Pennsylvania Region, Region Motion #4	Withdrawn
Motion #14 from Eastern Pennsylvania Region, Region Motion #1	Carried
Motion #15 from 2008 World Service Conference, WSC Motion #1	Failed
Motion #16 from Maryland, Washington D.C. and Northern Virginia Region, Motion #2	Failed
Motion #17 from Maryland, Washington D.C. and Northern Virginia Region, Motion #3	Failed
Motion #18 from Connecticut, Western and Central Massachusetts Region, Region Motion #2	Ruled Out of Order
Motion #19 from Eastern Pennsylvania Region, Region Motion #6	Carried
Motion #20 from Connecticut, Western and Central Massachusetts Region, Region Motion #1	Failed
Motion #21 from New Jersey Region, Region Motion #3	Failed
Motion #22 from New Jersey Region, Region Motion #4	Failed

	Postponed
Motion #23 from Maryland, Washington D.C. and Northern Virginia Region, Motion #1	2012
Motion #24 from Carolina NFG Region, Region Motion #1	Withdrawn
Motion #25 from New Jersey Region, Region Motion #2	Withdrawn
Motion #26 from Carolina NFG Region, Region Motion #2	Failed
Motion #27 from Carolina NFG Region, Region Motion #3	Withdrawn
Motion #28 from Florida Region, Region Motion #1	Withdrawn
Motion #29 from Eastern Pennsylvania Region, Region Motion #3	Failed
Motion #30 from Northern California Region, Region Motion #1	Failed
Motion #31 from Iran Region, Region Motion #1	Carried
Motion #32 from Iran Region, Region Motion #2	Failed

Board of Trustees Motions	Voting Results
Motion #1 from Board of Trustees	Carried
Motion #2 from Board of Trustees	Carried
Motion #3 from Board of Trustees	Carried
Motion #4 from Board of Trustees	Carried

All the Nar-Anon Board of Trustees motions passed. The complete minutes will be sent to Melanie (Website Chair) and John (Secretary) for distribution.

Several pieces of literature were approved, these include: <u>Sponsorship in Nar-Anon</u>, <u>How to Deal with Stress</u>, <u>Appropriate Sharing and Crosstalk</u>, and <u>the Guide to Local Services</u>. These pieces should be available for purchase soon.

One of the topics at the WSO conference was the East Coast Convention. Planning is still going on, but tentatively it will be held every other year. The plan is to alternate between the north and south locations.

Rand related his experience of working hard and helping Susan with research and shared his own viewpoint of subjects before the delegates. Rand also voiced his admiration for the Board of Trustees for their hard work and their dedication.

#### **Delegate Report from the World Conference continued:**

Both Susan and Rand reported that the Florida Region is highly regarded by the World Conference because of all the projects and accomplishments of the Region.

#### **Regional Announcements:**

Ed made general announcements about the conventions coming up (refer to Convention Committee Report). Ed also announced that there is a train that goes up to Jacksonville and that there are buses that link outer areas to the train.

Sheryl reminded everyone about the Fun and Fellowship afternoon picnic at Indian Harbor Beach on June 13<sup>th</sup>.

Ed welcomed Jenny the new GSR from New Port Richey and thanked her for her service.

Ed announced that the West Palm Beach and the Friday night Jacksonville meeting have closed.

#### **New Business:**

Margee asked Lynn if she had received a donation from the SPACNA convention committee. Lynn stated that she had not received any check from that committee.

Ed commented about donations to the Region and about how those donations allow the Region to spread the word about Nar-Anon.

#### **GSR Reports:**

Michelle from Palm City reported that the first meeting (May 4<sup>th</sup>) of her group was a major success with 25 people attending. She thanked Pat from Port St. Lucie, Gail from North Palm Beach and the Florida Region for all the help they gave in starting her meeting. She is looking forward to steady growth.

Jenny reported that her group is restructuring and at her last meeting there were 18 people, which is a big improvement for her group. She also thanked Ed and Gary (GSR-Palm Harbor) for their support.

Jim from Longwood thanked the "Posse" for help in reorganizing his meeting. His group voted in a new Secretary and Treasurer and looks forward to getting stronger and donating more money to the Region.

Ed commented that, if possible, the Region will go to any meeting that needs help. Contact Ed at (727) 686-5857.

Sandra from Ocala reports that several people in her group have begun service work, particularly in distributing flyers, which has paid off resulting in a stronger group.

#### **Adjournment:**

Michelle motioned for adjournment. Sandra seconded, and the motion carried unanimously by voice vote. The meeting closed with the Serenity Prayer at 8:28pm EDT.

The next teleconference meeting will be held June 27 at 7:30 pm EDT. The telephone number is **(218) 844-0840** and the pass code number is **368151.** Please join us.

Submitted by John M. 06/13/10

#### Minutes of the

### Florida Region Teleconference

June 27, 2010, 7:30 pm EDT.

Attendance: 23

Non voting members: 7 Voting Members: 16

Ed-Chairperson Ivette-GSR-Brooksville

Kathy-Vice Chairperson Angie-GSR-Lakepark

Susan-Delegate Sheryl-GSR - Lakeland, Convention

Rand- Alternate Delegate Jeani-GSR- Largo/Clearwater, Newsletter

John-Secretary Jim-GSR-Longwood

Lynn-Treasurer Christina-Alt GSR-Melbourne

Melanie-Website Chair Ginny-GSR-New Port Richey

Michelle-GSR-North Palm Beach/Singer

Jacquelyn-GSR-Jacksonville

Sandra-GSR-Ocala

Roy-GSR-North Tampa

Donna-Palm Harbor

Joanne-GSR-South Tampa

Bonnie-GSR- Winterhaven (Tuesday)

Stephanie-GSR-Winterhaven (Thursday)

Doug-GSR-Dunedin

Ed opened the meeting, Sunday June 27, 2010 at 7:35 pm Eastern Daylight Savings Time, thanking everyone for calling in, followed by the Serenity Prayer.

Roll call was taken. See the results above.

#### **Approval of the Minutes:**

Ed asked for a motion to approve the May 23<sup>rd</sup> minutes. Joanne made the motion and Doug seconded. A voice vote was taken and the motion passed. Angle abstained.

### **Website Committee Report:**

Melanie reports that she had updated the calendar. One of the things she added was the St Augustine FCACNA convention. Also added was a Public Information/Hospital and Institutions page. The minutes and the newsletter were also sent in for addition to the website.

To avoid updating errors and to keep the website moving smoothly, Darryl is being consulted.

Melanie is also in the process of registrating the website with RSS speed, which is a syndication that improves the visibility and distribution with all the ISP's and search engines. She hopes that this will be completed later in July.

Melanie asked for submissions regarding service opportunities or special events so that they can be added to the website.

Melanie also asked if notes from service or subcommittees should be published and if there should be discussion about that.

#### **Treasurer's Report:**

Balance as of May 23, 2010	\$2,576.12
Group Donations Convention Donations (GCNA, SCACNA)	<b>Credits</b> \$330.00 \$732.00
Help line Fee (May) Literature (New group + HI/PI)	<b>Debits</b> \$29.95 \$95.00
Balance as of June 27, 2010	\$3,513.17

Lynne also mentioned that \$325.00 was sent in to be earmarked for W.S.O. and will be sent to them immediately.

Lynne specified that all donations should be sent to:

Lynne K 1515 Whisper Wind Lane Oldsmar, FL 34677

#### **Convention Committee Report:**

Sheryl announced the following conventions:

1. FRCNA July 2-4 at the Hyatt Regency River Front, Jacksonville

2. SFRCNA Aug. 20-22, Naples (tentative)

3. FCACNA Sept. 17-19 at the World Golf Village, St. Augustine

AARP is having a convention in Orlando called Orlando@50+, September 30 through October 2, 2010 at the Orange County Convention Center. Nar-Anon, Al-Anon and other 12 step programs will have booths. There will be speakers, concerts and other events at the convention. Karen M from WSO is organizing volunteers who can help work the booth. There are a limited of badges available for volunteers. If you wish to attend the convention, it is \$25 for AARP members and \$35 for all others. Those who wish to help with the booth are asked to contact Sheryl, sdh21@tampbay.rr.com or Karen, karenwso@hotmail.com, as soon as possible.

### **Hospitals and Institutions/Public Information Committee Report:**

Angie reported that they have created 3 letters and voted on the final versions of the suggested letters. The letters will be on the FL Regional website in the next few days and there will be a link available.

Angie stated that the mailing list (Excel spreadsheet) is extensive and that the committee could use help in distributing these letters. Already there is one group ready to take on some of the responsibility. If anyone wants to help with this project or wants more information, please contact Angie at <a href="mailto:braveheart75@live.com">braveheart75@live.com</a>.

Susan mentioned that WSO has asked for the letters and will be adding them to the literature order form for other groups.

Michelle asked if the spread sheet information could be made available on the website. Angie responded that it could not; because that would be endorsing treatment programs, which is against Nar-Anon traditions. However, the list could be sent to individual groups.

#### **Newsletter Committee Report:**

The next 6 month newsletter will be sent out on June 30<sup>th</sup>. If anyone needs to be added to the email list for the newsletter, please email Jeani at fl\_jeani@yahoo.com.

#### **Delegates Report – Susan**

The minutes from the World Service Conference are not ready yet. As soon as they are available, Susan will send them out.

The next East Coast Convention will be August 3-5, 2012 to be held in Atlanta, GA. Susan is looking for a theme for the Convention. If you have any suggestions, please let her know. Susan's email is wildhorses525@live.com.

Kathy asked if this would be an East Coast convention or a Southeast convention. Susan replied that the Southeast and Northeast would alternate annually so that each area would have a convention every 2 years

#### **Regional Announcements:**

The next Face to Face for the Florida Regional is September 25th in Highland Hammock Park in Sebring. We will be electing new Committee Chairs, a Delegate and an Alternate Delegate. We need nominations in order to put together a slate of candidates. Also on the agenda will be the approval of the next year's budget. The budget should be out soon so that all the groups can vote on it and the GSR's can approve/disapprove it at the F2F.

Please send agenda items for the Face to Face to Kathy, <u>kingcole110196@hotmail.com</u> or Ed, <u>naranonchairfl@aol.com</u>, as soon as possible.

Ed announced that if any group would like to pick up literature at the FRCNA convention to contact Karen, <a href="mailto:karenwso@hotmail.com">karenwso@hotmail.com</a>.

Another announcement from Ed is that the Region will have chits to give to newcomers and to anyone with a Nar-Anon anniversary. These will be available for purchase by the Groups also.

Kathy asked if anyone would like to help with the Help Line to please contact her at <a href="mailto:kingcole110196@hotmail.com">kingcole110196@hotmail.com</a>.

#### **GSR Reports:**

Bonnie from Winterhaven (Tuesday night) is having knee surgery in August and would like to see if anyone can help out with her meeting while she is recovering. She wants to be sure the meeting continues and is concerned about the members. If anyone can help, contact Bonnie, <a href="https://www.wbiker@netzero.net">wbiker@netzero.net</a>.

Susan reported that there will be a 6 Year Anniversary meeting coming up in Cape Coral.

Ed reported that Lutz is having a speaker meeting and that the group is very healthy. He also reported that many groups will be electing officers in the near future. Ed stressed the importance of the Alternate GSR in helping with group representation.

Jim from Longwood thanked members from the Region for helping them get organized and keeping them on track.

Sandra from Ocala reported that some of the college professors are requiring that their students attend group type meetings and that one of those meetings recommended was the Ocala meeting. She also reported that she had a Help line call from someone in Michigan. The person calling said that our number was the only one she could find. Sandra directed her to the WSO to find meetings near her location.

Ed also reported that someone from Georgia called the Help Line. Lynn said that she had some calls from NA members looking for meetings and directed them to the NA meeting website.

### **Adjournment:**

Jeani motioned for adjournment. Sheryl and Roy seconded, and the motion carried unanimously by voice vote. The meeting closed with the Serenity Prayer at 8:22pm EDT.

The next teleconference meeting will be held July 25 at 7:30 pm EDT. The telephone number is **(218) 844-0840** and the pass code number is **368151.** Please join us.

Submitted by John M. 07/17/10

#### Minutes of the

### Florida Region Teleconference

July 25, 2010, 7:30 pm EDT.

Attendance: 24

Non voting members: 9 Voting Members: 15

Kathy-Acting Chairperson Ivette-GSR-Brooksville

John-Secretary Jan-GSR-Longwood

Lynn-Treasurer Jacquelyn-GSR-Jacksonville

Susan-Delegate Sheryl-GSR-Lakeland, Convention

Rand-Alt. Delegate Jeani-GSR- Largo/Clearwater, Newsletter

Melanie-Website Chair Alina-GSR-Lutz

Carole-Indian Harbor Margee-GSR-Melbourne

Pat-Port St. Lucie Stan-GSR-Melbourne

Dan-Lakeland Philip- Alt. GSR-North Palm Beach/Singer

Arlene-Alt. GSR-Palm Harbor/Crystal Beach

Gerry-GSR-Port St. Lucie

Roy-GSR-North Tampa

JoAnn-GSR-South Tampa

Bonnie-GSR- Winterhaven (Tuesday)

Stephanie-GSR-Winterhaven (Thursday)

Kathy opened the meeting, Sunday July 25, 2010 at 7:34 pm Eastern Daylight Savings Time, thanking everyone for calling in, and followed by the Serenity Prayer.

Roll call was taken. See the results above.

#### **Approval of the Minutes:**

Kathy asked for a motion to approve the June 27th minutes. Sheryl made the motion and Jeani seconded. A voice vote was taken and the motion passed unanimously.

#### **Regional Announcements:**

Kathy announced that there will be a "Day of Serenity" on August 28<sup>th</sup> at the Crystal Beach Community Center in Palm Harbor. It will be held from 9:00am to 5:45pm. The first 2 hours will be dedicated to service and service positions in Nar-Anon. The rest of the day will cover a variety of subjects and there will be a speaker at the end of the day. There is a flier on the website with further details.

The Fort Lauderdale SESH group will be having their 3<sup>rd</sup> anniversary meeting on August 5th. Their meeting will be from 7:30 to 8:30. Fellowship will follow from 8:30 to 9:15. *Secretary's note:* The address is;

#### Destination Hope Treatment Center 6555 NW 9<sup>th</sup> Ave/Powerline Road Suite 214

The North Palm Beach group has moved to St. Paul of the Cross Church, 10970 State Road A1A room 210 (in the building behind the church). This will start on August 2<sup>nd</sup>.

A new meeting list and contact list was sent out. Kathy asked that if any omissions or errors are found, to please E-mail her at: <a href="mailto:kingcole110196@hotmail.com">kingcole110196@hotmail.com</a> so that corrections can be made.

The Region has 2 new meetings; one is a new meeting in Palm Harbor. It will start August 12<sup>th</sup>, at 7pm. The other is in Windermere and will start August 5<sup>th</sup> at 7:30 p.m. Both meetings will be on Thursday night. See the new meeting list for their addresses.

The Helpline is still in operation. Kathy asked that she be notified of any schedule changes and that volunteers contact her to participate.

#### **Treasurer's Report:**

For July:

Beginning	balance	\$3	3,513.17
Donations	from Ocala Forest	\$	20.00
Donations SESH group Ft Lauderdale		\$	84.90
Conventions FRCNA		\$	485.00
Debits	Info line	<u>\$</u>	29.95

Ending Balance \$4,073.12

Lynne announced that currently the Region is about \$1,650 short of our budgeted amount and that there will be a proposed budget for next year (Oct 1, 2010 to Sept. 30, 2011) available to all GSR's on or before Sept 6th.

Philip asked; "what does behind by \$1,650 mean? Lynne explained that the Region expected to receive \$5,500 in income, but is \$1,650 short of that amount.

Margee asked, why was the budget off by \$20.00?". Lynne answered that she had forgotten that Ocala had donated \$20.00. Secretary's note; this has already been corrected in the above report.

#### **Delegates Report – Susan**

The minutes from the World Service Conference are not ready yet. They are still being transcribed.

#### **Convention Committee Report:**

Sheryl reported that we had 25 people registered for FRCNA. We brought in \$620. After expenses were deducted the Region received \$485. An offer was made to Narcotics Anonymous, but they declined. Of note, Ocala Forest brought a wall hanging that will be used in future conventions. A collection was taken up to "purchase the hanging for that use.

Information about the next FRCNA is out. Next year is the 30<sup>th</sup> Anniversary of FRNCA. It will be held at the West Palm Beach Convention Center. They are hoping for 20,000 people to attend and have assured that Nar-Anon will have a room.

The next convention, FCACNA, will be held at the Renaissance Resort at World Golf Village, 500 South Legacy Trail, St. Augustine, FL. It will be our newest convention and Nar-Anon was specifically invited. The flyer is on the website. Registration is \$10.00 until Sept 1. After that it will be \$15.00 at the door. Sheryl is looking for volunteers to help out. They can contact her at: sdh21@tampabay.rr.com.

#### **Website Committee Report:**

The website has been running trouble free with no internal errors. A program was installed which will reduce the "spam" on any comments coming in. New events have been added including new meetings and conventions. A link to H&I and the letter templates has been established. They are now in PDF format, but are available in Microsoft Word from either the website or the H&I committee. The website has dropped from 2<sup>nd</sup> to 3<sup>rd</sup> in the search rankings, but it is still getting the message out there. The Newsletter and the minutes have been updated. There have been some formatting changes, one of which was to add Angie as Vice Chairperson of the H&I /PI committee. Another was to incorporate links to each of the service committees. Melanie asked for any additions, regarding service committees, to be sent to the website.

Stan, from Melbourne, asked for the website address. It is; www.naranon.fl.org

Melanie went on to say that she is monitoring the website for new visitors. In March, there were 40 new people. These are people who log on to the website for the first time. In April there were 42 people, in May 54, in June 121. In July with one week to go, there were 110 new people.

Susan asked for the total number of hits per month. Melanie replied that she did not have that information, but that she could get it.

### **Hospitals and Institutions/Public Information Committee Report:**

Melanie reports that the committee is reaching out to the groups for help in mailing letters in their areas. The Ocala and Cape Coral groups have discussed this. Some groups have asked for the mailing list to see what they can do. The list is available to everyone. To get the list, contact Melanie at; <a href="mailto:myjonquility@aol.com">myjonquility@aol.com</a>.

#### **Hospitals and Institutions/Public Information Committee Report continued:**

Susan reports that she has contacted Heather (Ft Lauderdale) and is going to Hazelton (rehab center) for a tour of the facility. In addition, Susan will be working on getting a new meeting in Naples.

**Old Business:** None

#### **New Business:**

After a brief explanation of what the face to face meeting incorporates, Kathy announced that there will be elections for the Committee Chairs, Alternate Delegate and Delegate. The committee chairs being elected at the face to face are; Hospitals and Institutions, Public Information, Website, Conventions, and Newsletter.

Kathy discussed the idea that there can be more than one person on each committee, so that different areas of the state are represented.

After a roll call vote the following nominations were submitted: Rand was nominated for Delegate by Sheryl (Lakeland). Sheryl was nominated for Alternate Delegate by Stephanie (Winter Haven), and Melanie was nominated for Website Chairperson also by Stephanie. The guideline to elections is available on the Florida website.

Rand mentioned that the World Congress is interested in starting Nara-Teen. Rand asked if anyone wanted to get involved. Susan responded that she knew a person who was involved in Ala-Teen and may want to help start Nara-Teen. Rand asked to talk after the meeting.

#### **GSR Reports:**

Sheryl reported that the Lakeland meeting 6:30 to 7:30 on Fridays has started step meetings the first Friday of each month and are having a speaker meeting July  $30^{th}$ . They are currently distributing H & I/PI packets to the Polk County area.

Alina from Lutz, reports that they will have a business meeting on August 8<sup>th</sup> at 8 pm.

Gerry from Port St. Lucie reports that their meetings have between 15 to 20 people every Thursday. They have a newcomers meeting half an hour before the meeting and had a very successful 3<sup>rd</sup> anniversary in May.

Phillip from Singer Island reported that they will change their meeting time to 8 pm.

Bonnie from Winter Haven (Tues.) reports she is having surgery August 10<sup>th</sup>. Despite Bonnie's absence the meeting is doing well. Bonnie will be leading a step meeting this week and will try to keep in touch with her group when she can.

Stephanie reported that Winter Haven (Thurs) meeting has 2 more members.

#### **Adjournment:**

Jeani motioned for adjournment. Philip seconded, and the motion carried unanimously by voice vote. The meeting closed with the Serenity Prayer at 8:27pm EDT.

The next teleconference meeting will be held August 22nd at 7:30 pm EDT. The telephone number is **(218) 844-0840** and the pass code number is **368151**. Please join us.

### Secretary's notes:

There will be a face to face meeting September  $25^{th}$  in Sebring for anyone who wants to attend. The meeting will start at 10am.

All donations, even those that are earmarked for WSO, should be sent to:

Lynne K 1515 Whisper Wind Lane Oldsmar, FL 34677

Submitted by John M. 08/08/2010

#### Minutes of the

### Florida Region Teleconference

August 22, 2010, 7:30 pm EDT.

Attendance: 24

Non voting members: 7 Voting Members: 17

Ed-Chairmen Jan-GSR-Longwood

Kathy-Acting Chairperson Jacquelyn-GSR-Jacksonville

John-Secretary Sheryl-GSR-Lakeland, Convention

Lynn-Treasurer Jeani-GSR- Largo/Clearwater, Newsletter

Susan-Delegate Alina-GSR-Lutz

Rand-Alt. Delegate Robin- GSR- Ft. Lauderdale

Melanie-Website Chair Angie-GSR-Lake Park, H&I/PI Co-chair

Ginny-GSR-New Port Ritchie

Donna-GSR-Palm Harbor/Crystal Beach (am)

Gary-GSR-Palm Harbor/Crystal Beach (pm)

Gordon- GSR-Palm Harbor/Eastlake

Roy-GSR-North Tampa

JoAnn-GSR-South Tampa

Jerry-GSR-Port St. Lucie

Gina-GSR-Port St. Lucie

Stephanie-GSR-Winterhaven (Thursday)

Debbie-GSR-Windermere

Ed opened the meeting with the Serenity Prayer, Sunday August 22, 2010 at 7:33 pm Eastern Daylight Savings Time.

Roll call was taken. See the results above.

#### **Approval of the Minutes:**

Ed asked for a motion to approve the July 25<sup>th</sup> minutes. Robin made the motion and Jan seconded. A voice vote was taken and the motion passed unanimously, with the exception of Angie who abstained.

#### **Website Committee Report:**

Melanie reports that the website had no internal errors or loss of functionality. There was a minor problem with Google maps, but it has been resolved. There will be a change in the Google map view for clarity. Melanie also reported that the website has retained its number 3 ranking.

In answer to a question from our last meeting; Melanie stated that from Dec. 2009 until July 31, 2010 the website had 1091 hits. Since May it has averaged 150 hits with that number doubling each month.

There have been no addition features added and the August minutes will be posted on the website. The address for the website is; **www.naranonfl.org.** 

**Chairperson's comments:** Ed stated that he discovered most people find us through the website and people who use the helpline, heard about it from the website. Ed thanked Melanie and said that her work was appreciated. Ed also notes that Gordon was exploring the possibility of getting the site on "Tampa Bay Online".

#### **Convention Committee Report:**

Sheryl reported that the next convention (FCCNA) will be held Sept. 17-19 at the Golfer's World Resort in St. Augustine. It will be the first invitation we have had at this convention. She understands the difficulty in going because the next weekend is the face to face in Sebring, but she has gotten some registrations and would like to see more even if people just come for Saturday. This will help with organizing the event.

#### **Regional Announcements:**

Donna reports that there will be a Day of Serenity held on August 28<sup>th</sup> at the Community Center in Crystal Beach. From 10am to 11am there will be a workshop entitled "FYI for Service". After that presentation, there will be a series of speakers throughout the day. Donna hopes there will be a good turn out and it will be a special day.

Susan asked if there were more workshops planned. Donna replied that the rest of the day there would be speakers and some sharing depending upon the speaker.

Lynne talked about the parking and recommended the lot 50 yards from the Community Center toward the beach. There should be someone there directing members.

#### **Regional Treasurer's Report:**

For August::

Beginning baland Donations from L Donations from L	_utz	\$4,073.12 \$ 217.65 \$ 150.00
Debits Info li	ne	\$ 29.95
Ending Balance (Aug. 22 <sup>nd</sup> )		<u>\$4,410.82</u>

#### **Regional Treasurer's Report Continued:**

All donations, even those that are earmarked for WSO, should be sent to:

Lynne K 1515 Whisper Wind Lane Oldsmar, FL 34677

Lynne hopes to get the budget out by Sept. 1<sup>st</sup> or 2<sup>nd</sup>. Lynne also urged the GSR's to bring the budget to their groups for re view and approval.

#### The Face to Face at Sebring:

Kathy announced that the event will be held at Highlands Hammock State Park and will begin at 10:00am and go until business is finished. She also advised members to bring something to eat and drink. There is a restaurant nearby, but most of us will have lunch together at the pavilion. The meeting will be held in an air conditioned pavilion. A fee of \$6.00 per car will be charged by the park services.

There will be elections for Delegate, Alternate Delegate and Committee Chairs. Currently, there are nominations for Delegate, Alternate Delegate and Website Committee Chair. There are no nominations for the; Newsletter, Conventions, Hospitals and Institutions/Public Information Committee Chairs. If you would like to nominate someone for any position, please contact the secretary, <a href="mailto:flsecjohnm@yahoo.com">flsecjohnm@yahoo.com</a> or any board member. In addition, the budget will be discussed, reviewed and approved.

Michelle asked if Highland Hammock was pet friendly. Kathy replied that unless someone was allergic to pets, all pets were welcome.

Sheryl added that there is camping available for \$22.00 per night and that includes water and electricity.

#### **Delegates Report**

Susan reports that the East Coast Convention Committee has had their second meeting. The Convention will take place on August 3-5, 2012 in Atlanta GA and will incorporate all groups east of the Mississippi (River). Room rates will be \$89.00/ room. The committee is trying to get a block of 25 rooms. More information will be available as the date of the event comes closer.

Ed asked if the 3 brochures that were approved by the Nar-Anon Conference were available for purchase. Susan replied that they are not because additional changes are being made. Susan also said that she would notify us when the minutes become available.

**New Business: none** 

#### **GSR Reports:**

Melanie from Ocala Forest reported that her group is growing and averages 10 to 12 people per week.

Robin from Ft. Lauderdale reported that she is having more newcomers who stay with the group. The Ft. Lauderdale group is doing outreach with hospitals and institutions. In addition, word of mouth is adding to the group's numbers. The group averages 20 people per week.

Debbie from Windermere reported that her group has had its 3<sup>rd</sup> meeting and has had 3 newcomers already. Two of them heard about the meeting on the website. Longwood members are supporting this group and Debbie is excited that her group is doing so well.

**Chairperson's comment:** Ed thanked Debbie and Gordon for starting new groups in Windermere and Palm Harbor/Eastlake. Ed also commented that we are growing in new areas. In addition, Ed pointed out that new group literature is available for free to the new groups through the Florida Region.

Jerry from Port St. Lucie reported that his meeting is doing well and averages 20 to 25 people. Recently, Jerry has been asked about Nara-Teen. Susan said that as far as she knew, there is no Nara-Teen meeting in Florida, but that information is in the Guide to Local Service and from the World Service Organization. Rand, who is on the Nara-Teen World Service Committee, urged anyone who wants to start a Nara-Teen meeting to contact him and he would provide more information.

Ginny from New Port Ritchey reported that her group is having a speaker meeting on Wednesday Sept 29<sup>th</sup>. There are going to be 2 speakers and all are welcome.

Michelle from Palm City reported that her group is doing well and has 12-15 people on average. They will be moving to a new room to accommodate more people. The group is having trouble getting an ad in the local newspaper because there are so many other ads for other organizations. She also stated that she gets most of her new members through the website. Gina from Port St Lucie reported that she did find Michelle's ad under Overeaters Anonymous, and Eating and Weight.

**Chairperson's comment:** It takes a lot of persistence (to get an ad printed); eventually your ad will be printed. He also confirmed that the groups get most new members through the website.

Both Robin and Ginny inquired about the meeting list changes and why they were not receiving the minutes. Kathy replied that the changes had been made and that she would send the new meeting list to them. Any other changes to the contact list can be sent to Kathy at: <a href="mailto:kingcole110196@hotmail.com">kingcole110196@hotmail.com</a>

#### **Adjournment:**

Ed closed the meeting with a moment of silence and the Serenity Prayer at 8:33pm EDT

#### Secretary's notes:

*Point of order:* The meeting closed without a motion being made to adjourn. However, the meeting did end exactly 1 hour after the opening in accordance with Motion 1 of the October 25, 2008 approval.

The next meeting will be held Highlands Hammock State Park in Sebring. The meeting will start at 10:00am EST on Saturday Sept. 25<sup>th</sup>.

The budget is attached to this E-mail. Please share this with your group so that they understand how the Florida Region handles the business of Nar-Anon and that they can feel they are part of the process.

Note to Board: I am very concerned about the many Committee Chair positions that are open.

The Newsletter Chair publishes a biannual newsletter and help is available from the former Committee Chair, Jeani (GSR-Largo).

The Convention Chair coordinates 3-5 conventions per year and there are other committee members to help the Chairperson.

The Hospital and Instructions/Public information Committee has many (4-6) members. Letters have already been composed and are ready to be distributed. Coordination is the key to this position.

If you or anyone you know is interested in a Chair Position or would just like to serve on a committee please contact me at: <a href="mailto:flsecjohnm@yahoo.com">flsecjohnm@yahoo.com</a>. You do not have to be a GSR for these positions and I have found that service can be very rewarding and educational.

Submitted by John M. 09/06/10

#### Minutes of the

## Florida Region Business Meeting

September 25, 2010

10:30am

Highlands Hammock State Park

At Sebring, FL

### Attendance: 26

10	Non	Voting	Members
10	11011	VULITIE	HICHIDCIS

Ed L - Chair - Largo

Kathy B. - Vice Chair - Lakeland

John M - Secretary - Largo

Lynne K-Treasurer

Susan I - Delegate - Cape Coral

Rand - Alt. Delegate-Ft Walton Beach

Melanie-Website Chair

Kristy S-Alt. GSR-Melbourne

Dan-Alt, GSR-Lakeland

Pat-Port St. Lucie

#### **16 Voting Members**

Doug – GSR - Dunedin

Robin-GSR-Ft. Lauderdale

Sheryl H - GSR - Lakeland

Jacquelyn-GSR-Jacksonville

Jan S.-GSR-Longwood

Alina-GSR-Lutz

Ginny-GSR-New Port Richey

Michelle-GSR-Palm City

Donna C-GSR-Crystal Beach

Gary – GSR – Crystal Beach

Gina G-Alt GSR-Port St. Lucie

Margee – GSR – Melbourne

Sandra – GSR – Ocala

Roy-Acting GSR-Tampa (North)

Jo-Anne-GSR-Tampa (South)

Stephanie-GSR-Winterhaven

Ed opened the meeting, Saturday September 25, 2010 at 10:30 a.m. with a moment of silence followed by the Serenity Prayer.

Roll call was taken. See above for the results.

Lynne asked that the budget report be postponed until later in the program.

Sheryl made the motion to accept the August 22<sup>nd</sup> Teleconference Minutes. The motion was seconded by Jan S and passed unanimously by voice vote.

#### **Elections:**

Rand was nominated by Susan to be the next Delegate. Rand commented on importance and dedication. Susan and Pat spoke in support of Rand. In addition, there was discussion concerning what are the delegate's responsibilities. Rand was unanimously elected as Delegate.

Sheryl was nominated by Kathy to be the next Alternate Delegate. There was a discussion of what an Alternate Delegate does. Ed, Kathy, Pat, and Margee all spoke in support of Sheryl. There was a discussion about how often the Alternate Delegate will be sent to the convention and how it would affect the budget. Sheryl was elected as Alternate Delegate unanimously.

Melanie was nominated to be the Website Chairperson. After discussion about the responsibilities of the Chairperson, Melanie was elected unanimously.

April of the Lakeland group (not present) was nominated by Sheryl to be Newsletter Chairperson. Kathy stated that she had been in contact with April and that April would be willing to run for this office. Kathy commented in support of April and April was elected unanimously.

Robin was nominated by Sheryl and Sandra was nominated by Melanie to be the Public Information Chairperson. During this election, a motion was made by Doug and seconded by Rand, to combine the Public Information and Hospital/Institution committees. A long discussion followed. The motion was voted down 8 against, 5 for and 3 abstentions. Before the election, Susan asked that anonymity be maintained with regard to all elections. After 2 motions and 3 ballots Robin was elected as Public Information Chairperson. After the election Robin and Sandra told the meeting that they had decided to help one another regardless of the election outcome.

After a call for nominations, Roy volunteered to be the Hospital/Institutions Chairperson. Roy shared his experience with the meeting members. Sheryl commented in support of Roy and Roy was elected unanimously.

After a call for nominations from the floor, Dan volunteered to be the Convention Chairperson. Sheryl spoke in support of Dan and told the meeting that she would help Dan. Dan was elected unanimously except for 2 abstentions.

Lunch break at 12:30 to 1:30 EDT.

#### **New Business:**

After discussion, a motion was made by Dona and seconded by Margee to include the Guide to Local Services (Organizational outline for Nar-Anon groups) in the new meeting packet. Ed noted that the Guide (GLS) is not currently included in the packet, but could be provided by the Region. Ed also pointed out that the GLS had to be purchased from WSO and not down loaded off the internet. A hand vote was taken and the motion passed unanimously.

A second motion was made by Sheryl and seconded by Doug to change the budgetary year from September 1<sup>st</sup> through August 31<sup>st</sup> to August 1<sup>st</sup> through July 31<sup>st</sup>. The purpose of this motion was to allow the Treasurer to give a more accurate accounting at the time of the Face to Face meeting. A hand vote was taken, 15 for and 1 against. The motion passed.

There was a discussion about providing funds for board members and speakers, but there were no motions.

A final motion was made by Jo-Anne and seconded by Doug to take a short break. A 15 minute break was taken without a vote.

### The Budget:

There was a short discussion regarding possible fee changes for the Region's bank account and about the management of the budget.

Sandra made a motion to accept the budget as submitted. The motion was seconded by Sheryl. The motion passed unanimously by voice vote.

### **Appropriations:**

\$214.00	Shelter rental	unchanged	approved
\$480.00	Literature	from \$420.00 (GSL added)	approved
\$100.00	Operations & office	unchanged	approved
\$150.00	Website	from \$0.00	approved
\$ 60.00	News letter	from \$100.00	approved
\$1,650.00	Reg. delegate cost	unchanged	approved
\$800.00	Public information	from \$359.40	approved
<u>\$500.00</u>	Hospitals & Inst	from \$200	approved
<u>\$3,954.00</u>	Total appropriations		

#### Reserves:

\$1,282.30	Prudent reserve
\$ 400.00	Convention reserve

There was a discussion about the Region's donation to WSO. Rand informed the membership that the Florida Region was the 6<sup>th</sup> highest donor behind; Pennsylvania, California, Maryland, New York, and Eastern Canada.

A motion was made by Doug and seconded by Margee to donate the entire excess (revenues minus expenses and reserves) of the previous year, \$1,539.69, to WSO. This motion was withdrawn until further discussion. The discussion followed.

### The Budget continued:

A motion was made by Michelle and seconded by Doug to withhold \$500.00 until a plan for the funding of travel expenses, incurred while conducting the business of Nar-Anon, could be approved. A hand vote was taken and the motion passed unanimously.

A motion was made by Margee and seconded by Michelle to donate \$1,039.00 to WSO. A hand vote was taken and the motion was passed unanimously.

A motion was made by Dan and seconded by Roy to keep the reserves at their present levels (\$1,682.30). A hand vote was taken and the motion passed unanimously.

A motion was made by Doug and seconded by Robin to keep the estimated revenue at the present level (\$4,190.12). A hand vote was taken and the motion passed unanimously.

#### **Miscellaneous:**

Rand spoke about Nar-Ateen and the qualifications for Nar-Ateen leaders. That information is available through Rand at: <a href="mailto:rand-mueller@cox.net">rand-mueller@cox.net</a>.

#### **Adjournment:**

A motion to adjourn was made by Dan and seconded by Doug to adjourn the meeting. A voice vote was taken and the motion carried unanimously. Ed thanked everyone for their attendance and their patience. The meeting was closed with a moment of silence and the Serenity Prayer and ended at 4:25 EDT.

The next meeting will be a teleconference and will be held on Sunday Oct. 24, 2010 at 7:30 EST. The telephone number is (218) 844-0840 and the password is 368151.

**Secretary's note to all GSR's:** Please show your groups these minutes, so that if your group did contribute money, they know how their money was spent, and if your group didn't contribute, they can see that the Region's funds are well spent.

#### Minutes of the

## Florida Region Teleconference

November 28, 2010, 7:30 pm EDT.

Attendance: 25

Non voting members: 9 Voting Members: 16

Ed-Chairperson Jan-GSR-Longwood

Kathy-Vice Chairperson Yvette-GSR-Brooksville

John-Secretary Dan C-GSR-Lakeland

Lynn-Treasurer Jeani-GSR- Largo/Clearwater, Newsletter

Sheryl-Alt. Delegate Alina-GSR-Lutz

Melanie-Website Chair Robin- GSR- Ft. Lauderdale

April-Newsletter Chair Ginny-GSR-New Port Ritchie

Pat-Port St. Lucie Donna-GSR-Palm Harbor/Crystal Beach (am)

Rand-Delegate (late) Christy-Alt GSR-Melbourne

Margee-GSR-Melbourne

Roy-GSR-North Tampa

JoAnn-GSR-South Tampa

Lauren P-GSR-Palm City

Stephanie-GSR-Winterhaven (Thursday)

Angie-GSR-Lake Park (late)

Robyn-GSR-Ft Lauderdale (late)

Ed opened the meeting with the Serenity Prayer, Sunday November 28 at 7:37 pm Eastern Daylight Savings Time.

Roll call was taken. See the results above.

### **Approval of the Minutes:**

Ed asked for a motion to approve the September 25th minutes. Jo-Ann made the motion and Jan seconded. A voice vote was taken and the motion passed unanimously.

Lynne asked to amend the Treasurer's report. The amount of the donation to WSO was \$1,039.69 not the 1,031.00 reported. The Secretary agreed to amend the minutes.

## **Treasurer's Report:**

Lynne reported that there had been an error in the calculation of the September balance. It was off by \$29.95 because a payment for the "hot line" was not recorded.

Beginning Balance	\$ 4,842.04	
Debits		
Donation to WSO	\$ 1 039.69	
Shelter (for Feb.)	\$ 107.00	
Literature depot	\$ 10.00	
Hot Line Fee (Oct/Nov.)	\$ 59.90	
Public info. Packets	<u>\$ 52.60</u>	
	\$ 1,268.50	
Credits		
Donations	\$ 240.00	
Ending Balance	\$ 3,802.85	

Lynne asked if the error of \$29.95 could be deducted from the \$500.00 held in reserve for potential reimbursement of travel expenses. The Chairperson's opinion was that since the figure of \$500.00 was allocated and voted on that money could not be allocated for other purposes.

All donations, even those that are earmarked for WSO, should be sent to:

Lynne K 1515 Whisper Wind Lane Oldsmar, FL 34677

#### **Newsletter Committee Report:**

April reports that she got great support from many people. They submitted very good articles and April has articles for the next issue. If all goes well, the newsletter may come out quarterly. So far the newsletter has not incurred any cost and has no request for money from the region.

The Chairperson asked if everyone got the newsletter. A few people did not. Melanie (website chair) informed the chair that the newsletter was on the website and was downloadable. Those that did not get the newsletter agreed that they could get the newsletter from the website.

### **Convention Committee Report:**

Margee reported that there will be a committee meeting in December, concerning the Cocoa Beach Convention. A date has not been set for the meeting but Margee expects it to be held during the week before Christmas.

Dan reported that members of the Convention Committee will be receiving an E-mail concerning the organization of the committee.

### **Hospital and Institutions Committee Report:**

Roy stated that the purpose of the committee is to get the message of Nar-Anon to people who do not have access to regular meetings. Roy reported that Nar Anon participated and had a booth at the Narcotics Overdose Prevention and Education candlelight vigil. Face to face contact and pamphlet information was made available.

Roy also reported that a 1 hour presentation was given at a local treatment center for families and friends of the clients. The guidelines on the Hospital and Institutions packet received from WSO.

Roy encourages all groups to purchase the Hospital and Institutions (group ) packet. The cost is \$2.50. There will be a telephone conference in January. An E-mail will be sent out before hand.

Lynne asked how many people were on the committee. Roy responded that beside himself there were no people on the committee but that he hopes to organize volunteers soon.

### **Chairperson's comments:**

Ed commented that the candlelight vigil went over very well. Allot of meeting lists were handed out and allot of people were very interested.

In addition, another treatment facility has put Nar-Anon back on their list of attendees. Ed further commented that Al-anon had a presents there but no one had problem with alcohol.

### **Website Committee Report:**

Melanie reports that all is going well and there are no issues or problems. Melanie presented the following tally.

<u>Period</u>	number of hits
September	92
October	215
November	154
Dec. 09' thru Nov 10'	1,704

The website is ranked number 1 under Nar-anon.fl

On the website are; the newsletter, the approved minutes, meeting changes, a list of trusted servants, and a Public Information flyer.

There are three members who have shown interest in joining the website committee and a phone conference will be held to organize and preparing an agenda sometime in December.

### **Regional announcements:**

A group, representing the region, went to Palm city for a "Day of Serenty". There were 36 people in attendance. Ed, Sheryl, Kathy and Donna were speakers. Kathy reported that it was very successful.

#### **New Business:**

Ed brought up the fact that the next meeting is scheduled for the 26<sup>th</sup> of December and that the membership may want to change that. A discussion followed.

Jeani made a motion to change the date of the meeting to December 19<sup>th</sup>. Roy seconded the motion. A voice vote was taken a majority voted for the change but the following members voted against it; Stephanie (Winterhaven), Donna (Crystal Beach), and Dan (Lakeland). The next teleconference will be held on December 19<sup>th</sup> at 7:30pm EST.

#### **Additional Announcements:**

A speaker meeting will be held in Lutz on Tuesday, Nov. 30<sup>th</sup>. Lynne will be speaking.

### **Adjournment:**

The chairperson asked for a motion to adjourn. Dan made the motion and Jeani seconded. Before the vote was taken Ed lead the membership with the serenity prayer. An adjournment vote was taken and passed unanimously.

The next teleconference will be held on December 19, 2010 at 7:30pm EST. The telephone number is (218) 844-0840 and the password is 368151.

Notes: Due to an error on the Secretaries part, the wrong password was given out when a reminder was posted on E-mail. This caused some members to come into the conference late. These members were briefed, after the meeting, on the content of the conference.

#### Minutes of the

## Florida Region Teleconference

December 19, 2010, 7:30 pm EDT.

Attendance: 19

Non voting members: 5 Voting Members: 14

Ed-Chairperson Jan-GSR-Longwood

John-Secretary Ivette-GSR-Brooksville

Kristy-Alt GSR-Melbourne (late) Debbie-Alt GSR-Lakeland

April- Newsletter Chair Jeani-GSR- Largo/Clearwater

Pat-Port St. Lucie Alina-GSR-Lutz

Ginny-GSR-New Port Ritchie

Melanie-Acting GSR/Website Chair

Margee-GSR-Melbourne (late)

Roy-Acting GSR-North Tampa

JoAnn-GSR-South Tampa

Lauren P-GSR-Palm Bay

Stephanie-GSR-Winterhaven (Thursday)

Gina-Alt GSR-Port St. Lucie

Jacquelyn-GSR-Jacksonville

Secretary's Note: The teleconference date had been changed from December 22th to December 19th. Refer to the minutes of November 28<sup>th</sup> under New Business.

Ed opened the meeting with the Serenity Prayer, Sunday December 19th at 7:39 pm Eastern Daylight Savings Time.

Roll call was taken. See the results above.

### **Approval of the Minutes:**

Ed asked for a motion to approve the November 28th minutes. Jeani made the motion and Roy seconded. A voice vote was taken and the motion passed unanimously.

## **Regional announcements:**

Ed mentioned that he attends a family outreach center every other month. The next meeting will be on January 11<sup>th</sup>. Contact Ed for the name and location (Pinellas County) of this program. NarAnonChairFl@aol.com

### **Website Committee Report:**

Melanie reports that all is going well and there are no issues or problems. The system check was good and that just the regular maintenance was needed.

Period (2010)	number of hits
Nov.	166
Dec. 1 <sup>st</sup> to Dec. 18th	113
Jan. 1 <sup>st</sup> to Dec. 18 <sup>th</sup>	1,829

The website is ranked number 2 under Nar-anon.fl. Only U.S. Recovery is rated higher.

Melanie announced, that new on the website, is an announcement of a 1 year anniversary meeting at Lutz. The meeting will be on Tuesday, Jan. 4. There will be a speaker.

Melanie asked for a high resolution logo of the region. April responded, "depending on the size needed", she may have one.

Roy commented on the great job that Melanie does and that the website is clear and easy to use. JoAnn seconded Roy's comment and asked Melanie to add to her website that South Tampa is having their second anniversary meeting. It will be held on Thursday Jan. 6<sup>th</sup>. It too will be a speaker meeting

Melanie commented that all announcements should be sent to her to be put on the website. Her address is, myjonquility@aol.com

# **Newsletter Committee Report:**

April reports that she will be looking for articles by the beginning of February with the intent of distributing the news letter in March.

### **Convention Committee Report:**

Stephanie (not a member of the committee) announced that the 5 hotels around the convention site are filling up. 2 of the hotels are already filled. Stephanie suggested that if members want to go, that they should make reservations now. The convention will be held from June 30th through July 3<sup>rd</sup>.

April asked Stephanie to pass on any fliers to her. Stephanie agreed to do that.

Kristy announced that the Cocoa Beach (SCACNA) convention will be held at the International Palms Resort and Conference Center. The address is 1300 North Atlantic Avenue, Cocoa Beach FL 32931. The toll free number is (800) 206-2747and the local number is (321) 783-2271. The price is \$ 99.00 plus tax until March 2<sup>nd</sup>. For the special rate use the code SCN.

April asked that this information be sent to her in time for the newsletter. Kristy agreed.

#### **Additional Announcements:**

Ed announced:

The Brandon meeting will change the time of their meeting from 8 o'clock to 7pm

The Friday night Lake Park meeting will be closing.

The Sunday meeting in Plant City will also be closing.

Ed commented that is beneficial to have an NA meeting nearby when starting a new meeting.

#### **Chairman's Notes:**

Ed made the point that there are 50 meetings in the state and that it may be time to start about forming "Areas". According to Ed various meetings have tried to form areas and that it may be time to talk about this at the group level. Areas would make it much easier to meet at the face to face meetings.

Ed was asked by Melanie if there is an outline for dividing up the Areas. Ed replied that at this time no outline exists but he gave examples of Areas to be considered. There was a brief discussion about this proposal.

April asked about what goes on at a face to face meeting and what the responsibilities of the committee chairs are. Ed replied that the face to face is where elections of officers and committee chairs happen. It is also where most of the business takes place. Ed noted that people do car pool, so that the meeting is easy to get to.

Roy asked why more GSR's don't attend teleconference and face to face meetings. Ed replied that both he and Susan have called numerous GSR's to try to get them involved but he cannot force them to attend. Ed said that it is frustrating to get people to attend but the formation of Areas should help.

# **Adjournment:**

The chairperson asked for a motion to adjourn. Jan made the motion and Jacquelyn seconded. A voice vote was taken and passed unanimously.

Ed led the membership with the serenity prayer. Ed wished everyone a happy holiday and asked them to be safe.

The meeting ended at 8:09 Eastern Standard Time.

The next teleconference will be held on January 23, 2011 at 7:30pm EST. The telephone number is (218) 844-0840 and the password is 368151.