Florida Region Executive Committee

January 10, 2008

7:30 pm

Attendance: 4

Ed L - Chair - Largo

Kathy B - Vice Chair - Lakeland

John M - Secretary - Largo

Lynne K - Treasure - Palm Harbor

Ed L. opened the meeting with the Serenity Prayer at 9:30 am on Saturday Jan. 10, 2008.

For the purpose of clarity and logical flow the following is presented by subject and not chronologically:

Unity: Ed L. presented "Unity" as one of our main goals. The following suggestions were made:

From ED L. encourage everyone to go to other meetings (beside home group).

From John M. Tell members what the Florida Region does for them.

Conventions:

FRICNA; (July 3-5), Ed L. stressed that we need the Orlando group(s) to take ownership of this convention.

Sacna; (date to be determined), no host as yet. This will be the second Face to Face of the year.

Hacna; (date to be determined), Lakeland will host.

Seed Money; after looking at previous budgets, the board, through general consensus, it was determined that \$400.00 should be the budgeted amount for each convention. Note, this money will be returned to the Florida Region with profits by the convention committee.

Literature: Ed L. suggested that Karen M. be asked to handle all literature for each convention.

Reports:

The Board as a whole suggests that we receive these reports; convention committee, Hospital and Institutions committee, Public Information committee and continuation of GSR reports. In addition our Delegate should submit a budget. This will aid us with Budgeting and oversight.

Treasury:

The board considered rough numbers for the budget. Lynne should have a budget for the Face to Face on Jan. 31.

Suggested Motions: (Note, the Board cannot make motions.)

- Allot \$27.00 for a P&I kit (WSO) and P&I literature (WSO) the latter to be distributed to groups throughout the Florida region. Suggested source; the P&I committee.
- 2. That a committee be established to create a Florida Region web site.
- 3. That the Budget be approved as soon as possible. A viable budget should be available by the next Face to Face. Note, rough figures were discussed by the Board and included; WSO registration, fees for non-profit registration with the State of Florida, newcomer packages, archival costs (coping) and P&I materials...
- 4. That the Newsletter Committee be directed to list all donations to the Florida region.

Adjournment:

The meeting broke up at 11:45 am.

Submitted by: John M. Jan. 19, 2009

P.S. Don't miss the Nar-Anon meeting and Face to Face Jan. 31, at Highlands Hammock State Park. For more information see Sheryl online sdh21@tampabay.rr.com.

FLORIDA REGION OF NAR-ANON FAMILY GROUPS FACE TO FACE MEETING JANUARY 12, 2008

MINUTES

THE FACE TO FACE MEETING TOOK PLACE AT THE IUPAT INSTITUTE ON JANUARY 12TH, LOCATED AT 2153 WEST OAK RIDGE ROAD, ORLANDO, FL. A SPECIAL THANKS TO WALLY AND SUSAN I WHO STEPPED UP AT THE VERY LAST MINUTE TO GET US A MEETING PLACE. WE HAD LOST THE ORIGINAL PLACE DUE TO A SCHEDULING CONFLICT WITH THE CHURCH. THANKS.

ROLL CALL

ANGIE T	RESTORE US TO SANITY		
MARY P	RESTORE US TO SANITY		
PAT B	THURSDAY NIGHT FAMILY		
KATHY B	LAKELAND		
ED L	LARGO/CLEARWATER		
JEANI M	LARGO/CLEARWATER		
JOHN M	LARGO/CLEARWATER		
JACQUELYN B	TIMUGUANA		
MARGEE C	MELBOURNE		
CLAIR W	MELBOURNE		
CAROL L	LONGWOOD		
PHYLLIS W	LONGWOOD		
ROILEE D	SECRETARY/TREASURER		
SUSAN I	WSO DELEGATE		
RAND M	FLORIDA CHAIR		

MEETING CAME TO ORDER AT 1:10 PM

KATHY B, PI AND LITERATURE CHAIR WENT OVER THE NEW FLORIDA MEETING LIST THAT SHE AND MARGEE C PUT TOGETHER OVER THE LAST FEW MONTHS. THERE IS A COPY ATTACHED TO THESE MINUTES

JEANI M, NEWSLETTER CHAIR, PRESENTED A DRAFT OF THE NEWSLETTER AND ASKED FOR MORE SUBMITTALS OF THINGS TO PUT IN THE NEWSLETTER.

THERE IS A COPY ATTACHED TO THESE MINUTES

TREASURERS REPORT

AFTER PAYING THE \$1,300.00 FOR THE DELEGATE EXPENSES AT THE WORLD CONFERENCE WE HAVE A BALANCE OF \$291.00.

PAGE 2

OPEN POSITIONS FOR THE FLORIDA REGION OF NAR-ANON FAMILY GROUPS

VICE CHAIR ALTERNATE DELEGATE NO LETTERS NEED TO BE PRESENTED AS POSITIONS HAVE LESS THAN A YEAR LEFT TO SERVE SO MOTIONS CAN BE MADE AND PEOPLE APPOINTED. ONLY ON VICE CHAIR THOUGH NOT ON DELEGATE, WE WILL NEED LETTERS OF WILLINGNESS FOR THE ALTERNATE DELEGATE TO WSO.

OLD BUSINESS

MOTIONS WILL BE MADE AND VOTED ON BY TRUSTED SERVANTS AND BROUGHT BACK TO THE REGION BY THE GSR'S TO BE APPROVED.

SUSAN BROUGHT UP THE FACT THAT WE NEED TO HAVE AN AGENDA SENT TO THE BOARD AND THE MEMBERS BEFORE EACH MEETING SO WE CAN BE READY TO TALK ABOUT THE TOPICS.

MOTION REGARDING THIS ATTACHED

BY LAWS OF FLORIDA REGION - KAREN M IS SUPPOSED TO BE WORKING ON THESE FOR US AND HAS ASKED THAT WE WAIT UNTIL AFTER THE WORLD CONFERENCE AND SHE WILL MAKE UP A PLAN. MOTION WAS MADE BY PAT B AND SECONDED BY SUSAN I. MOTION PASSED

PER SUSAN I. THE NEW SESH BOOK SHOULD BE OUT BY FEBRUARY.

NEW BUSINESS

MEETING WAS TURNED OVER TO SUSAN I. THE WORLD CONFERENCE DELEGATE WHO WENT OVER ALL THE MOTIONS FOR THE CONFERENCE IN MAY. EACH MOTION WAS PRESENTED AND DISCUSSED BY THE PARTICIPANTS AT THE MEETING SO THE INFORMATION AS TO HOW OTHER GROUPS MIGHT BE VOTING CAN BE REVIEWED BY ALL GROUPS AND THEY CAN VOTE.

YOU CAN REVIEW THE MOTIONS AS I HAVE ATTACHED THEM TO THESE MINUTES

PAGE 3

ED L. PRESENTED BOOKMARKS THAT HE AND HIS WIFE MADE. HE WOULD LIKE TO SELL THEM TO THE CONVENTIONS. SEE MOTION ATTACHED IN REGARDS TO THIS.

STACNA CONVENTION

MARGEE THE STACNA CONVENTION CHAIR IS LOOKING FOR SPEAKERS, GIFT BASKETS AND MONETARY DONATIONS FOR THE CONVENTION. IF YOUR GROUP IS ABLE PLEASE CONTACT HER IN REGARDS TO DONATIONS.

I HAVE ATTACHED THE CONVENTION FLYER WITH HER INFORMATION TO THESE MINUTES

FRCNA CONVENTION

STILL WAITING FOR A DEFINITIVE ANSWER FROM THE FRCNA BOARD OF NA AS TO DECISION OF WHAT KIND OF ROOM THEY ARE GOING TO BE ABLE TO GIVE US

NEXT MEETING WILL BE BY PHONE CONFERENCE ON FEBRUARY 24TH AT 6:30 PM.

THERE WILL BE NO PHONE CONFERENCE MEETING IN MARCH

THE NEXT FACE TO FACE MEETING WILL BE ON 5TH AT THE STACNA CONVENTION FROM 1:00 UNTIL 3:00 PM.

KATHY BE MADE UP A CONTACT LIST FOR FLORIDA REGION THIS LIST IS NOT FOR THE PUBLIC IT IS ONLY FOR THE REGIONAL MEMBERS.

FLORIDA REGION MOTIONS

MOTION #1: DELAY DRAFT OF FL REGION BY-LAWS - TO PUT REQUIREMENT FOR DRAFT FL
REGION BY LAWS ON HOLD UNTIL AFTER THE WSC IN MAY.
INTENT: TO UTILIZE PROGRESS MADE AT THE WSC AND AVOID REDUNDANCY.
PROS: TO KEEP US IN LINE WITH WORLD AND PUT HISTORY BEHIND IT.
CONS: NONE

PAGE 4

MOTION #1 CONTINUED - SUSAN I PRESENTED MOTION. MOTION PASSED UNANIMOUSLY.

MOTION #2: MEETING AGENDA - TO HAVE MEETING AGENDA'S OUT TO THE GSR'S ONE WEEK PRIOR TO PHONE CONFERENCE AND FACE TO FACE MEETINGS/
INTENT: SO ATTENDEES CAN PREPARE AND BE ORGANIZED FOR MEETINGS. TIME RESTRAINTS OR WASTE OF TIME WOULD BE LIMITED.

PROS: ED L, WE NEED THIS FOR SURE. PAT B, WANTS THIS ALSO.

CONS: NONE

SUSAN I PRESENTED MOTION AND MARGEE SECONDED, MOTION PASSED UNANIMOUSLY.

MOTION #3: OFFER TO MAKE AND PROVIDE TO THE REGION BOOKMARKS AND MAGNETS TO SELL AT CONVENTIONS AROUND THE STATE. ASKING ONLY TO BE REIMBURSED FOR THE COST OF MATERIALS. COSTS ARE .40 TO .50 EACH.

PROS: TO HELP COST OF CONVENTIONS AND INCREASE PRUDENT RESERVE. ALSO CARRIES MESSAGE OF NAR-ANON.

CONS: NONE

ED L PRESENTED MOTION AND PAT B SECONDED. MOTION PASSED UNANIMOUSLY.

MOTION MADE TO CLOSE MEETING BY SUSAN I AND SECONDED BY JACKIE. MEETING CLOSED AT 4:44.

Florida Region Conference Call

Sept 7, 2008

7:00pm

Kathy B - Lakeland

Attendance: 18

Rand -- Chair -- Ft. Walton Beach

Susan I – Delegate – Cape Coral Erin – Ft. Lauderdale

Jeani – Newsletter – Largo Alex S - Melbourne

Karen M – Tampa Stan B - Melbourne

Margee – Melbourne Valerie – Palm Harbor

Bonnie – Winter Haven Michelle – Cape Coral

Pat B – Port St. Lucie Josh - Plantation

Lynne K – Palm Harbor Angie - Lantana

Ivette- Brooksville Jacquelyn - Jacksonville

The meeting was opened by Rand at 7:10-pm on Sunday, September 7, 2008 with the Serenity Prayer.

Kathy B made a motion to accept the minutes as they were sent to us by Roilee from the FRCNA meeting, motion was seconded and passed unanimously.

Rand advised that we would not have a Treasurer report as Roilee was not in attendance. Rand did want to remind all of us that the Region would pay for new meeting packets once the new meeting is registered with World.

Jeani from Largo reported the following on FRCNA Convention:

Total collected \$1662.00. Profit for Florida Region after all were paid was \$754.30. Jeani also paid to World \$70.00 for new meeting packets for the 2 new Palm Harbor meetings. Total to send to Florida Region \$684.30

Nominations for elections of open positions on the Board were tabled until September 29th meeting.

Rand opened the discussion on the face to face meeting at HCNA. It had previously been advised that we would not have one as many could not attend. After long discussion, it was decided that we voted to have the face to face at HCNA. Time was set from 1:00pm - 4:00pm. Elections will take place at this meeting. All nominations must be given to Roilee prior to the September 29^{th} meeting.

WSC Guidelines were brought up in discussion to see if the Florida Region wanted to adopt them as our own. Margee made a motion that upon approval from our local groups, the Florida Region adopts the

WSC guidelines as written. Karen M seconded the motion with a change of we use the guidelines now, and vote at HCNA to adopt – reminding that our local groups need to approve. Discussion from the new groups was how to present this to local groups and how to come up with nominations, Karen M suggested that Ed attend the business meetings of the new groups in Palm Harbor to help explain what the Florida Region is doing and why the need for group conscious on the Guidelines. Rand also suggested that Susan, Roilee, Karen and Kathy could also help. Vote was called for. 11 votes for and 2 abstained. Motion passed

Bank Account: Rand advised and Karen confirmed that WSO does not want the local groups to have bank accounts. It has always been suggested that local groups keep a prudent reserve for rent and literature and the rest be sent to the Region and World. However, after much conversation, we have decided to try and move forward with a Region bank account. Region would then construct a budget and hold monies for such things as conventions, literature, new meetings, and sending our Delegate to World Conference. Per Rand, we would need to obtain a TIN#, register a fictitious name and budget all fees necessary with groups helping equally with the expenses. Margee advised that we may also be able to file a group tax exemption under the fictitious name so that local groups could have the option of using a bank account. It was again stressed that local accounts were not suggested. Alex made a motion that we (Florida Region) register with the state of Florida in order to have a bank account for not just the region, but all groups if they so desired, and the cost to be expensed to all groups. Karen asked for clarification and Alex stated his group is holding large sum of money for the purchasing of literature. Karen voiced her objection to local groups having bank accounts. Pat stated that the funds should go to Region to be held for the groups. Alex tabled the motion until HCNA in October. Angle suggested that more than one person should research this. Kathy B volunteered to get what info she could on starting a bank account for the Region and the cost if possible.

Elections: The region would put together a slate of nominees by next meeting – Sept 29th. Positions open are:

Chair, Vice Chair, Secretary, Treasurer, Convention Chair, P/I Chair (to include Newsletter, H&I), Literature Chair

Margee made a motion that only new groups be added to the Florida Region Meeting List only after they are registered with WSO and appear on the website. This will help with confusion and incorrect information. Kathy seconded the motion. Vote: Passed

Literature Depot – Ed proposed that we start a literature depot utilizing Karen's home as a delivery, storing and pick up facility in order to buy bulk quantities of literature and save on shipping costs. The costs would be passed on to the groups as they would not need to pay for shipping on smaller orders. Karen has an agreement with World to pay for any shipments within 30 days. SESH books would cost \$15.00. Ed made a motion that the Florida Region operate a literature depot and supply funds needed for initial order, subject to initial cost and Region approves. Karen seconded the motion, Margee amended the motion "upon approval of a budget to be presented by Karen" Ed agreed to the amendment. After some discussion on why a budget was needed, it was proposed that we would have Karen advise what the initial outlay would be and put before the board again for approval.....Motion as amended Passed.

Next Meeting will be September 28th at 7:30pm Eastern, 6:30pm Central.

Conference phone number is 712-580-0100 and Password is 368151

Kathy made a motion to adjourn the meeting.....unknown who seconded the motion. Meeting ended at approximately 9:15pm.

Submitted by: Kathy B 09/20/08

Florida Region Monthly Meeting

Minutes from September 28, 2008 - Conference Call

Meeting started at 7:35pm by Rand

Motion to accept minutes as read by Susan, Erin second - motion passed

Treasury Report from Rand: \$770.30 - Current Account under Rand's name with ss# - Florida Nar-Anon Family Groups. Need TIN#, fictitious name forms done - \$50.00 to start and \$50 per year

GSR Reports

Largo and 2 Palm Harbor Groups - 10-15 each week. Sell lot of literature. Going well

Winter Haven - older membership, hoping to move them forward

Ft Walton - 10 people and did not include 4 of the regulars....local p&I work....NA has taken an interest at Rand's meeting....

Palm Harbor - Morning meeting 8-10 woman. Strong group - newcomers, literature going well.

Ft Lauderdale - new meeting - newcomers, literature going well.....

Palm Harbor – evening meeting – 10-12 regular – most 24 – Ed doing step work – continuing to get new members...

Melbourne 16-22 every week - new people on Thurs.....Sat is slower....started step work.

Lakeland - 19 average weekly

Space Coast Serenity -New business meeting last week, new people involved in service and speaker is new GSR.

Brooksville – distributing literature to hosp, etc.....8-10 – 6 regular – each week try to have a different topic, donate to WSO, trying to get new people.

Kathy – 19 average per week, donate to world and region, literature going well, P&I distributions

Cape Coral - 7 on a regular basis.....newcomers 2-3 – First wed is step meeting....step 5 this next week.

Largo – 10-15, step meeting, newcomers, literature

New Meeting Port Charlotte - Susan advised.....emailed Susan.....

Advised of idea to go to new meetings - Ed, Sheryl and Kathy

Newsletter – next in December....send contributions....by Thanksgiving if possible

Literature depot – no upfront costs – no starter packets for groups and No Alanon literature

We owe WSO for 3-4 packets - \$35.00 we believe plus shipping.....Rand will call WSO and get it squared away

Valerie is going to Ft Lauderdale on Friday – will bring lit for erin if needed.

HCNA – Jeani will be bringing the left over stuff to Karen on Monday – will pick up from Karen – Kathy asked for help – Speaker Sun Morning.....

FRCNA - need chairs

STACNA =(Scana?) (was unsure of the acronym given) — April 3-4-5. Margee — fundraiser being done by NA for funds...raffle — donations \$25.00 — name into raffle — hotel stay, sat morning breakfast, comedian, registration, banquet....Margee will email to the GSR's - Jan 1 is the drawing — will go to the treasure of the committee....

Rand - Nominations

Chair -- Ed - Largo

Vice - Kathy - Lakeland

Treasurer - Lynne - Palm Harbor

Secretary - Margee - willing but may not have someone who could take over the GSR position.

P/I - No Nomination - Jeani for Newsletter as sub committee

Convention Chair – open – (Sheryl and Karen – for FRCNA – Sheryl possible for Convention Chair for region also.....

Alternate Delegate - Rand

Literature Chair - not needed.......Karen is going to handle and we will all do the best we can.....

Election- Nominations are open.....we will take nominations from the floor prior to the elections at HCNA

WE discussed at length who can be GSR and also elected position on the board.....Kathy put in that 4 positions and delegate and alternate delegate could not be GSR also, however, the other chairs such as P/I Chair, Convention Chair, Literature Chair, and whatever chair we want to have could also be GSR's.

Election at HCNA – Rand stated that he would start from Chair position and go down....so if you have someone that is not voted in one position, can be voted for another.

Margee asked about info on tax exempt and groups using same tin for group bank accounts.....- adv that her info was correct, we can apply for TIN, and get fictitious name.....after much discussion we decided we would continue to look into and research this — Rand says there are groups that want to have their own account...we are trying to move on....

Motion to adjourn – Kathy – unknown second. Meeting done

8:46pm

***I apologize for the format of these minutes, however, I cleaned them up the best I could time wise, these minutes were typed as the meeting was in progress and I was also participating...so please read carefully. Please be ready to add any corrections necessary at the HCNA convention. Thanks for your patience and tolerance.

Florida Regional Nar-Anon **Budget to Actual** For October 1, 2008 - August 31, 2009

Program Revenues	Total	Actual	Reserve
Conventions	\$ 2,785.38	2,076.58	(a)
Contributions	2,700.50	2,127.00	(b)
Miscellaneous	15.47		
	5,501.35	4,203.58	
Description of the second seco			
Program Expenditures Literature	237.00	237.00	
	237.00 124.87	124.87	
Operational expenses			
State filing fees	120.00 481.87	120.00 481.87	
	401.07	401.07	
Accounts Payable			
WSC 2010 delegate expense	3,000.00		3,000.00
Prudent reserve - 2009 convention	400.00		400.00
Tradar Todar Control Control Control	3,400.00		3,400.00
	0,100.00		-,
Excess revenues over expenditures	1,619.48 (d)	
	(-)	•	
	•		
W	4 640 40		
Year End Revenue	\$ 1,619.48		
Droposed Allocation at Paymers			
Proposed Allocation of Revenue Prudent reserve - operational expenses	\$ 400.00		
Available Revenue 09'	1,219.48		
Available Nevellue os	\$ 1,619.48		
	Ψ 1,013,40		
Additional Information			
Donations to WSO directly from Region Groups	\$ 630.00		

⁽a) Actual Revenue from 09' (\$573.50 was forwarded to the 09' account from the 08' revenue) (b) Actual Revenue from 09' (\$708.80 came from FRCNA 08')

⁽d) This balance may increase by any donations received after Sept 1, 2009

Florida Region Conference Call

October 11, 2008

1:00pm

Attendance: 14 Voting Members

Attendance: 18

Rand – Chair – Ft. Walton Beach Sheryl H - Lakeland

John M - Largo Janet – St. Petersburg

Jeani – Newsletter – Largo Alex S - Melbourne

Karen M – Tampa Ed L - Largo

Margee – Melbourne Sandra – Ocala Forest

Bonnie – Winter Haven Michelle – Cape Coral

Pat B – Port St. Lucie Gail C. – North Palm Beach

Lynne K – Palm Harbor Mary P - Lantana

Valerie H – Palm Harbor Anne S – New Richey

Absent:

Roilee – Secretary/Treasurer Susan I - Delegate

The meeting was opened by Rand at 1:00-pm on Saturday, October 11, 2008 with the Serenity Prayer.

Ed L made a motion to accept the minutes as they were sent to us by Kathy from the September 28 meeting, motion was seconded by Pat and passed 12 yea votes and 2 abstentions.

Old Business:

Bank Account: Rand advised and Karen confirmed that WSO does not want the local groups to have bank accounts. It has always been suggested that local groups keep a prudent reserve for rent and literature and the rest be sent to the Region and World.

We have decided to try and move forward with a bank account at Regions Bank. The Florida Region would then develop a budget and hold monies for such things as conventions, literature, new meeting packets, and sending our Delegate to World Conference. Per Rand, we would need to obtain a Tax Identification Number, register a fictitious name. Lynn volunteered to open a new account at the local

Regions Bank in Palm Harbor to facilitate the transfer of the existing monies from the account that Rand acquired originally to the new account.

Since Roilee was not in attendance, Rand reported that we have a current balance of \$573 after paying for new meeting packets totaling \$156.80 including shipping. Lynn accepted \$100 from the Melbourne meeting as a donation to the Florida Region. Rand did want to remind all of us that the Region would pay for new meeting packets once the new meeting is registered with World Service Organization.

WSC Guidelines were discussed to see if the Florida Region wanted to adopt them as our own. We did vote to accept the Guidelines as they currently exist. They are being revised by WSO at this time.

Jeani from Largo reported that the upcoming newsletter will go out in December. Contributions would be appreciated and need to be submitted to her by November 30.

New Business:

The next meeting will be a phone conference scheduled for 7:30 p.m. on Sunday, November 23rd, and December 28th. No decision was made as to the place or time for the next face to face meeting in January 2009. **Conference phone number is 712-580-0100 and Password is 368151**

Nominations for elections of open positions on the Board were submitted. The following members were nominated:

Chair – Ed L, Largo Vice Chair – Kathy B, Lakeland

Treasurer – Lynn H, Palm Harbor Secretary – Margee, Melbourne and John M, Largo

Newsletter (Subcommittee Literature) – Jeani M, Largo

Delegate will remain Susan I Alternate – Rand M, Ft Walton Beach

Convention Committee – Sheryl H, Lakeland, and Margee, Melbourne

Public Information Committee – Valerie H, Palm Harbor

Gail made a motion to accept the nominations and Mary seconded the motion. The motion was accepted unanimously.

The following members were elected to the positions listed below:

Chair – Ed L, Largo Vice Chair – Kathy B, Lakeland

Treasurer – Lynn H, Palm Harbor Secretary – John M, Largo

Newsletter (Subcommittee Literature) – Jeani M, Largo

Delegate will remain Susan I Alternate – Rand M, Ft Walton Beach

Convention Committee – Sheryl H, Lakeland, and Margee, Melbourne

Public Information Committee – Valerie H, Palm Harbor

There were no motions submitted prior to the meeting and none were entertained from the floor.

Announcements:

Karen M announced that the new Florida Nar-Anon Literature depot was opened and literature has been received. This is the only Literature depot other than WSO in California. SESH books are ordered in bulk and will be sold at \$15 each. Shipping is included. New literature is available at the same rate as though ordered from WSO. To order literature call Karen at 813-374-0435 or email karenwso@hotmail.com.

We request payment at the time of pickup. Literature is available for pickup only. No deliveries at this time.

There will be a new name for STACNA. It will be either SCAFNA or SACNA. Margee will provide the final name as soon as possible.

The next FRCNA convention will be held in Orlando at the Double Tree on Major Blvd., July 2-4, 2009. Since only 700 rooms are in the Double Tree, members may want to reserve their rooms early. Please mention NA to get the discounted rate of \$129 per night.

Valerie and John will now be managing and publishing the Phone Contact and Meeting lists.

Discussions:

It was discussed that the Florida Region have reduce the number of face to face meetings from 4 to 2. There was also a discussion about reducing the number of phone conference in between the face to face meetings. These items were tabled for further dialogue at the next meeting.

The storage of historical minutes and records was discussed. Rand provided a form for submitting GSR reports. The compilation of the forms was discussed and tabled for a later meeting.

Ed made a motion to adjourn, Sheryl seconded the motion and it passed unanimously. Meeting ended at approximately 4:15 p.m.

Submitted by: John M. Oct. 11, 2008

Florida Region Conference Call

December 28, 2008

7:30 pm

Attendance: 7 Voting Members

Attendance: 13

Ed L - Chair - Largo Erin - GSR - Ft Lauderdale

Kathy B - Vice Chair - Lakeland Sheryl H - GSR - Lakeland

John M – Secretary - Largo Jeani – GSR, Newsletter – Largo

Lynne K – Treasure - Palm Harbor Bonnie-GSR – Winter Haven

Susan I – Delegate - Cape Coral Angie-GSR-Lantana

Karri V- Hosp and Inst. - Largo Jacquelyn-GSR-Jacksonville

Gale-GSR-Palm Harbor

Note: Ed deferred the Chair to Kathy B. because he was not able to be on the call for the entire meeting.

Kathy B. opened the meeting with the Serenity Prayer at 7:30 on Sunday, December 28, 2008

Kathy B. asked if everyone had read the minutes from the Tele-conference of Nov. 23, 2008 and if there were any questions. There were none. Kathy B. asked for a motion to accept the minutes as submitted.

Sheryl made a motion to accept the minutes as they were sent by John M; the motion was seconded by Lynne and passed unanimously.

Treasurer's Report: Lynne said that the following amounts were received:

\$ 734.30 from FRICNA

\$ 50.00 from Largo

\$75.00 from Palm Harbor

\$25.00 from Fort Pierce

According to Lynne, the Florida Region Treasury has \$1,779.30

Group reports:

Each Group Service representative gave an oral summary of their group's progress and organization. Subjects included general attendance, step meetings, business meetings, where and when etc. The Secretary, John M. has archived this information.

Old Business:

After a brief discussion, Jeani made a motion to spend \$70.00 for start up packets (New meetings in Dunedin and South Tampa are pending.) The motion was second by Susan and passed unanimously.

A motion was made by Sheryl to set Jan. 24th as the date of the Face to Face but was withdrawn. Jeani made a motion to set Jan. 31st as the date of the Face to Face. The motion was seconded by Angle and passed unanimously. After further discussion Sheryl volunteered to find a place and notify the Board as soon as possible.

New Business:

Angie made a motion to have a Spiritual Retreat. Because the motion lacked detail and an estimated cost, the motion was tabled. The following subjects were discussed; what time of year, workshops, a buddy walk and forming a committee. Erin volunteered to lead this effort and present more information at the Face to Face.

The next organizational meeting will be a Face to Face at Highlands Hammock State Park, Pavilion #9 at 1:00 pm on Saturday Jan. 31, 2009. This will be part of an open Florida Regional Nar-Anon meeting which will start at 9:00 am and lasts until 5:00 pm. All Nar-Anon members are welcome. Contact Sheryl at sdh21@tambabay.rr.com for more information. A bulletin from Kathy B, will be forth coming also.

Announcements: None

Adjournment:

Sheryl. made a motion to adjourn, Angie seconded the motion and it passed unanimously. Meeting ended at approximately 9:30 p.m.

Submitted by: John M. Jan. 11, 2009