

Subj: **Nar-Anon Florida Area Service Committee (FASC) Meeting**

Date: 1/27/2007 11:24:08 PM Eastern Standard Time

From:

To:

File: **(Stacnall)Nar-AnonConventionFlyer.zip** (353376 bytes) DL Time (38667 bps): < 3 minutes
Sent from the Internet ([Details](#))

FLORIDA

Hello everyone. Greetings from your Area Service Committee.

Just a reminder. Tomorrow is the next online Florida Area Service Committee (FASC) meeting at 2:00Central/3:00Eastern at the former RecoveryChat but now found at: <http://client0.sigmachat.com/sc.php?id=84052>

I am proud to pass on that the FASC has been functioning and we are making progress, albeit slow, but I believe quite significant. In an effort to improve participation please note that Group Service Representatives (GSRs) from all Florida groups are invited to attend.

We meet monthly (except we skipped Christmas) online as above for most months but we get a lot more done at face to face (f2f) meetings so we have scheduled opportunities to meet f2f in conjunction with convenient conventions. The next f2f will be at the Nar-Anon convention held in concert with the Space&Treasure Coast NA convention known as STACNA 11 in Coco Beach March 30 - April 1. All FASC meetings are expected to be on Saturday 31 March so you don't have to spend the night if you don't want to. If you are like me you'll want to stay for the whole convention. Flyer attached.

The following f2f will be at the 1st Florida Area Convention of Nar-Anon Family Groups (FACNAFG) to be held along side of Florida's biggest NA convention put on by NA's Florida Region. FACNAFG1 and FRCNA26 will be held in St Augustine June 28 - July 1.

My appologies to all but I will not be online tomorrow. Susan I. will be chairing the meeting. I will miss you all but here are some of the agenda items.

1) Time change. Can we move the meeting time to later than 5pm Eastern time? or should we choose a day other than Sunday. This will help me and perhaps others.

2) 12 Concepts of Service. We need to recognize that the area is to be guided by the 12 Concepts in all that we do. These are available at the World website at: <http://nar-anon.org/interest.htm#Nar-Anons%20Twelve%20Concepts>.

3) Give Roilee the go ahead to establish a bank account for the FASC doing whatever is legally required. We have the money. We only need a bank with state-wide reach such as Bank of America. This latter requirement is because our treasurer can be expected to be from various places throughout the state in coming years. #60 Fictitious Name

4) Rules of order. I would like to see us adopt a set of rules and vote them to be authoritative and have the

Sunday, January 28, 2007 America Online: Wallythewrench

process in place by the end of the f2f at STACNA 11.

Attached is a chunk of the NA book titled "Guide to Local Service" with their version of the Robert's Rules of Order. I scanned it in so everyone could get acquainted with it. By the way that manual provides some good information on the functions of Areas and Regions as it pertains to service in the fellowship. Nar-Anon is moving along similar lines so the information is pertinent. We will probably need 2 sets of protocol; one for online and one for f2f meetings.

5) Proposals. It has been very slow doing business during the online meetings. The major activity at the meetings is to review and vote on proposals. Most organizations of this sort have a very formal proposal process. We need to be able to review, evaluate, and discuss with our groups the proposals brought before the area. To this end may I suggest that **all proposals be sent to Roilee at least 2 weeks in advance of the FASC meeting** and that all proposals include: *MOTIONS*

- 1 - Name of the person making the proposal, their position and their group name and city
- 2 - Submission Date and the date of the FASC meeting at which it is expected to come to the floor.
- 3 - The title of the proposal. Perhaps the Secretary can assign a number such as #001-07 being the 1st proposal of 2007. These will allow discussion to refer to the proposal in a way that we all recognize which one is be refered.
- 4 - The body of the proposal with exact wording.
- 5 - A paragraph of Intent that states what the desired outcome is expected to be and how the policy is envisioned to be implemented.

I believe if we implement such policies that even our online meetings will be much more effective.

6) Training. The Area needs to step up to our responsibility to provide training. Obvious areas include emphasis on the 12 Traditions and 12 Concepts of service, Hospitals and Institution work (H&I) and Public Information (PI). What other areas do the groups want training in. Starting new groups? Strengthening groups? Input is wanted. I believe we need to start figuring out what needs we have, at the STACNA f2f get committees designated and in place and begin providing training FACNAFG. Once chairs are in place training can also be provided online.

7) Communication. This is an area we have already made some progress with but admittedly not enough. We need to get mailings going to groups without email. Roilee currently has a master list. We need to find a way to keep a current list in front of every GSR in the state.

8) Willingness. We need a way to designate what positions we have available and find out who is willing to accept Area Chair positions. Often groups can submit a statement of willingness that the committee can consider when voting on filling positions. By stating willingness a person is making a commitment to function in the position for a specified duration.

If there is anything I have missed please contact Susan prior to the meeting if possible. Since I am just now getting this out, I expect we will still be working most of this next month as well. But either way, good luck tomorrow. I am with you in spirit.

Roilee, please pass this on to anyone I have missed.

Your servant, friend and fellow sojourner on the path to recovery.
Rand

GROUPS - FLA GROUPS - ADDRESSES CONTACT WORLD

Ilczyszyn, Susan

From: wallythewrench [REDACTED]
Sent: Monday, January 29, 2007 11:02 AM
To: [REDACTED]
Subject: Fwd: JAN 28 FANFG TRANSCRIPTS

-----Original Message-----

From: [REDACTED]
To: ra [REDACTED]
Sent: Sun, 28 Jan 2007 5:10 PM
Subject: JAN 28 FANFG TRANSCRIPTS

Hope you can open this, let me know

Love

Roilee

Need Mail bonding?

Go to the [Yahoo! Mail Q&A](#) for [great tips from Yahoo! Answers](#) users.

Meeting brought to order at 3:02 PM

[susanI] YES< It's time, Welcome everyone. I'd like to call this meeting to order. We will open this meeting with the Senerity Prayer.
[susanI] God Grant Me the senerity to except the things I cannot change,
[susanI] The Courage to change the things that I can [susanI] And the Wisdom to know the difference
[susanI] Amen
[roilee] amen
[myserenity] amen
[krazicat] amen
[floridawannab] amen

[susanI] Roll Call for roilee [roilee] Roll call; Ed, Margee, roilee, Susan and Karen [susanI] All present and accounted for. As other log on roilee keep adding to roll call. Should you not know someone by login name, they will need to indentify.
[roilee] ok
[susanI] First order of business, Accepting minutes from December 10th meeting.
[susanI] Are there anything changes or deleting or addition to the mintues received? [roilee] motion to accept minutes as presented
[susanI] Do I have a second?
[krazicat] second

[susanI] First order of business, Accepting minutes from December 10th meeting.
[susanI] Are there anything changes or deleting or addition to the mintues received? [roilee] motion to accept minutes as presented
[susanI] Do I have a second?
[krazicat] second
[susanI] Mintues from December 10th meeting have been approved. [susanI] Old Business: Bank Account.
[susanI] Is there any other Old Business that we need to address at this meeting?
[roilee] Bank Account

5/12/2008

[susanI] Rand has given roilee to move ahead and open up an account with Bank of America.

susanI] We will need to pay a \$60 fee for a fictitious name to get the account started. [susanI] Does anyone have anything questions or have anything for discussion on this matter?

[krazicat] The 60 is a one time chrgge correct?

[susanI] I believe so, roilee?

[roilee] it is good for 5 years

[susanI] Go Floridawannab [roilee] Then we would have to renew but it will not be as much

[roilee] Then we would have to renew but it will not be as much

[floridawannab] I would say go for it, i read minutes from last mtg. and I think going out of state wouldn't b a good idea. my own perseption is we are tryong to "hide"somehting if we do it

[floridawannab] By keeping it above board, we are "legal" and groups cpould contribute to offset one time charge

[susanI] If there is no further discussion then Roilee wilopen account with beginning figure at \$152.30 minus the fee.

[krazicat] I Agree

[floridawannab] me too

[roilee] I agree

[susanI] May we have a treasure's report?

[myserenity] agree [

roilee] We have \$152.30 at the moment less the \$60.00 I will be using which will leave a balance of \$92.30

[susanI] Thank You.

[susanI] New Business, did everyone receive Rand's email today for a tentative agenda? [roilee] yes

[krazicat] yes

[floridawannab] no

[floridawannab] but that's ok, i'll go w/flow

[myserenity] yes

[susanI] Because there ae some that did not receive the agenda we will go item by item [susanI] First item, time change of this online meeting.

[myserenity] !

susanI] Go myserenity .

[myserenity] 6:00est or later would work for me

[floridawannab] i

[susanI] The suggested time was to move this meeting to 6:00pm eastern time.

[susanI] Go floridawanna

[floridawannab] fine w/me 'cuz of time change [krazicat] 6 is better for me too

[roilee] Me also

[susanI] Our next meeting is scheduled for February 25th and the new time will be at 6:00pm. Approved?

[floridawannab] yes

[myserenity] yes

[roilee] yes

[krazicat] ywa [krazicat] or yes

[susanI] Approved. [

susanI] Next item, 12 Concepts of Service

[susanI] Rand would like everyone to familiarize yourself with our 12 Concepts

[myserenity] !

[susanI] To recognize that we will be guided by them as we move forward with the Area. [susanI] Go Myserenity

[myserenity] will we as a group do something to find out if all members have a copy or will that be the individuals responsibility?

[myserenity] also

[myserenity] will we start our meetings with the 12 concepts?

[myserenity] done

[susanI] It is my understanding that roilee is working on getting mailing addresses for all groups in Florida.

[susanI] Once that is accomplished we will be able to contact all the groups and keep everyone updated

[susanI] For now she has some of the contacts for some GSR's

[susanI] roilee do you want to add anything? Or ask anything?

[krazicat] I agree, it would ge nice to have 100%participation at f2f meeting

[floridawannab] no i meant 12 concepts ate online

[floridawannab] oops sorry, i was multi-tasking

[roilee] No as Susan said I will get contact addresses from WSO and send out

5/12/2008

letters to them

[susanI] Any other discussion on the 12 Concepts?

[roilee] motion to accept the 12 concepts as our guide

[myserenity] second

[susanI] Motion accepted

[susanI] Moving right along, next item, Rules of Order

[floridawannab] I

[susanI] Rand has emailed a copy of the Rules of Order taken from a "guide to Local Service" he would like us to use this format during our meetings.

[susanI] Go floridawannab

[floridawannab] we use them in our mtgs. there is a greta easy to read

book, Robert's Rules, In plain english by doris Zimmerman

[floridawannab] sorry i type fast so alot of typos

[susanI] The suggestion was made that if the groups could read and familarize themsleves things will run alot smoother.

[susanI] We should edvelop two protocols, one for online and one for face to face. [susanI] Any comments or suggestions?

[roilee] I agree with that and we should adopt asap

[krazicat] i

[susanI] Go Krazicat

[krazicat] I also agree [

myserenity] if from now on you mean at our next meeting than I second the motion (I am not familiar with roberts rules)

[myserenity] done [roilee] Susan are you still here?

[roilee] Susan lost her connection and she will be back in a minute User susanI has logged out.

User susanI has logged in. User susanI has entered this room.

[floridawannab] why would we need 2? I'm confused? Roberts Rules in layman's terms, is Treat others respectfully, The Golden rule, more or less. We use them in all our mtgs. whether it b group, area etc

[myserenity] welcome back User swoman67 has logged out.

[susanI] Sorry, lost my conection. The suggestion came from Rand to have two. We don't have to that why it's up for discussion

[floridawannab] i

[krazicat] I

[susanI] Go Floridiawannab

[floridawannab] sorry i put my 2 cents in w/out being acknowked

sanI] Go Krazicat

[krazicat] Can you tell us how the 2 would differ?

[susanI] I would have to defer that to future discussion because Rand is no present. I do not know what he was thinking.

[susanI] We could continue with what we have been doing up until now and discuss later [krazicat] i

[susanI] Go Krazicat

[krazicat] I agree we hold off on this item

[roilee] I agree move it to old business and then Rand can explain how he thinks we should do it

[susanI] Motion to Table?

[floridawannab] yes

[myserenity] second

[roilee] I agree move it to old business and then Rand can explain how he thinks we should do it [susanI] Motion to Table?

[floridawannab] yes

[myserenity] second

[susanI] This item will be tabled until next meeting.

[susanI] Next item on the agenda was as Rand called them Proposals. I call them Motions [susanI] Did everyone get to read item number 5?

[myserenity] yes

[myserenity] !

[susanI] He suggested that we have motions submitted before the meetings and roilee can send them out before the online meetings so everyone can read ahead of time. [floridawannab] agreed

[krazicat] I

[susanI] Go myserenity

[myserenity] i agree with this because i think we need to bring thing back ti

5/12/2008

our individual groups in order to have a true group conscious decision otherwise we are just acting as individuals

[myserenity] done

[susanI] I agree, and we could have more effective meetings affecting the area/state with everyones input

[susanI] It was suggested that any motion for the group be sent to roilee two weeks before the meeting.

[susanI] Name of person making the motion

[susanI] Submission date and the date the FASC meeting at which it is expected to come to the floor

[susanI] Title of the motion

[floridawannab] i [

susanI] The body of the motion with exact wording

[susanI] Go Floridiawannab

[roilee] Susan you missed Ed who wanted to say something

[susanI] Sorry Ed, let florida wannab speak then you go. Sorry!

[krazicat] ok

[floridawannab] Two weeks doesn't exactly give enoght time ,for each GR, to go back to their f2f mtgs. and geta good group conscience, usually it needs to be brought up at at least 2 mtgs. in case one of the regular members isn't at the mtg.

[floridawannab] just my opinion, take what u like

[susanI] Ed

[krazicat] Are these items we are to take back to our groups for discussion, or are they decisions we are to amke as group reps

[susanI] Good question. I'm not should what Rand was thinking but I would say probably both depending on the motion.

[krazicat] I

[susanI] Floridawannab had a good point. Anyone else have any comments?

[susanI] Go Krazicat

[roilee] !

[krazicat] I have been a group rep in another 12 step program, and almost all decisions were made by the gr's unless it was a major change in procedure

[susanI] Thanks for the info, Go roilee

[roilee] I agree that all the motions must go back to groups to vote on as it should be a group conscious effort so all feel that are a part of FANFG

[susanI] So what i am hearing is that two weeks is not enough time. hat time frame does everyone suggest we adopt?

[myserenity] !

[susanI] Go Myserenity

[myserenity] I agrre with both roilee and ed [roilee] !

[myserenity] i think we are trusted servants and shouldnt have to bring everything to the group...

[myserenity] but i think bringing things to the group gives the group an oppurtunity to feel a part of and also may give us a perspective we didn't have before

[myserenity] done

[floridawannab] I

[susanI] Go roilee

[roilee] that is what I was trying to get across that the groups need to be kept informed and be able to participate in this. I know that other 12 step programs are now adopting this way of doing motions

[roilee] done

[susanI] Go Floridawannab

[floridawannab] I agree/disagree, i think once you do f2f at STACNA with more gr's u will get a better feel, this is still alearnign process for Florida, may i suggest that the agenda and motions for STACNA go out 3 weeks in advance to bring to groups [floridawannab] then like was said already all small mateers can be handled by the truted servants

[floridawannab] spelling typos sorry

[susanI] Feedback from the group?

[floridawannab] done

[krazicat] I

[susanI] Go Krazicat

[krazicat] Taking all matters back to the group is fine with me, but I do believe that we will need 3 weeks notice so all members of our groups will be

5/12/2008

notified of a vote

[roilee] I agree with what Ed just said

[susanI] In order to start this process do we want to wait until roilee has a complete list fo GSR addresses?

[roilee] !

[susanI] Or as she gets them send out the motions to each group?

[susanI] Go roilee

[myserenity] !

[roilee] I have all the GSR e-mails that I know of. What we need to achieve is to be able to reach out to the meetings that have not responded to our previous requests to elect GSR's and join in with the FLA area

[susanI] That's what I meant, sorry. Do we want to wait until we get that list or move forward?

[myserenity] !

[susanI] Go Myserenity

[myserenity] just to clarify...stacna is not an area event and all motions will be brought to the group(s) planning the event

[myserenity] done

[susanI] Not sure of the question, all motions will go through Area Group meetings. We are having a face-to-face at STACNA, possibly more discussion on this?

[susanI] Our Areas Group meeting for March will be at STACNA. roilee?

[roilee] yes we will have a face to face at STACNA the end of march, Margee is getting us the space to have it, correct Margee

[myserenity] yes

[floridawannab] I

[myserenity] i will keep everyone informed of the schedule once it is made

[susanI] Maybe we should table this until we meet face-to-face to have more time for input and desired outcome? What does everyone else think?

[floridawannab] l

[krazicat] I agree

[myserenity] second to table

[susanI] Go Floridawannab

[myserenity] motion to close

[floridawannab] i wasn't gonna mention it but, i spoke w/cathy this morning and we both just did a convention in Monterey

[floridawannab] either both of us or just myself will b at STACNA

[myserenity] ya hoo

[susanI] Great, we'd love to have you

[floridawannab] so I think that if Roilee send out an agenda w/all motions you will be surprised at how many will show up for f2f

[myserenity] i agree

[floridawannab] multi tasking ehre and making reservations while we are doing this, i will let u all know

[susanI] Motion to table submission of motions has carried until face-to-face meeting. [myserenity] second

[susanI] There is a motion on the table to close, is there any other business we need to attend to, or do I have a second?

[krazicat] i [susanI] Go Krazicat

[krazicat] I didn't get the flyer I have heard about, are we getting a discount on rooms at the Holiday Inn or are there other hotels close we can stay at?

[myserenity] discounted rate is 109.00/night if you mention stacna

[myserenity] there are other hotels

[krazicat] TY, gotta love that holiday inn

[susanI] Again, there is a motion on the floor to close, do we have any other business to cover or that needs to come to the table?

[floridawannab] second [roilee] !

[krazicat] second

[susanI] Go roilee

[roilee] Just wanted to check with Margee and see what she may need from Area to help her

[myserenity] i will know at our next meeting if we need anything, thanks

[susanI] Margee? Nows your chance...

[susanI] What do you need help with?

[myserenity] speakers

[myserenity] topics, themes

[myserenity] done

[roilee] !

[susanI] You mentioned earlier that you don't have a schedule put together yet.

5/12/2008

Any idea what times you are going to setup?

[susanI] Go roilee

[myserenity] not sure yet, i spoke with other planning members about meeting f2f feb 4th and they agreed

[myserenity] we will discuss and hopefully settle the schedule then

[myserenity] done

[susanI] Maybe those present can ask at their home groups for volunteers

[susanI] Go roilee

[roilee] Margee you need to send out an e-mail to all the people we have on the list and ask for speakers

[myserenity] i did

[roilee] ok so no one has responded yet?

[floridawannab] i

[susanI] Go Floridiawannab

[myserenity] some have still working on it

[floridawannab] i will egt it ont he forum ,a s i knwo their are soem coming from there, also if Ctahy comes she will speak if not i will volunteer

[floridawannab] bad typos, sorry

[myserenity] thank you karen

[susanI] We had a motion to close and it was seconded, so I'd like to close this meeting with the serenity prayer.

[susanI] God Grant me the serenity to accept the things I cannot change

[susanI] The Courage to change the things that I can

[susanI] And the Wisdom to know the difference. [krazicat] Amen [susanI] Amen

[floridawannab] amen,thanks susan

[roilee] amen

[krazicat] thank you everyone

[myserenity] amen

[susanI] Great meeting, we're getting better all the time!

[roilee] Thanks to all of you for coming

Meeting closed at 4:28 PM

[Check out the new AOL.](#) Most comprehensive set of free safety and security tools, free access to millions of high-quality videos from across the web, free AOL Mail and more.

From
To



Subject: FLORIDA AREA OF NAR-ANON FAMILY GROUPS JUNE MEETING MINUTES.

Date: Wed, 18 Jul 2007 9:15 pm

ATTACHED PLEASE FIND THE JUNE MEETING MINUTES OF THE FACE TO FACE WE HAD IN ST AUGUSTINE. ALSO FIND ATTACHED THE DELEGATE QUALIFICATION SHEET AND THE DELEGATE EXPENSES FOR THE WORLD CONFERENCE IN MARCH 2008. IF YOU HAVE ANY PROBLEMS OPENING THIS PLEASE LET ME KNOW ASAP SO I CAN TRY TO SEND IN A DIFFERENT TEXT.

IN LOVING SERVICE,

ROILEE
SEC/TREAS

One Day At A Time

Roilee

Florida Area of Nar-Anon Family Groups

Face To Face Meeting 6/30/07

Minutes

The Florida Area of Nar-Anon Family Groups held its Face to Face Meeting at the Nar-Anon Fountain Of Recovery Convention in St Augustine Florida on 6/30/07.

The meeting opened at 10:50 AM by Rand M who recited the Serenity Prayer.

First business was to vote to allow Gail from the Boca Group to vote at this meeting in Place of George who is the GSR. Vote was unanimous to allow her to do so.

Next was a discussion on how to facilitate and encourage Nar-Anon Growth in Florida.

Carol L. from Longwood and Jeani M. from Largo agreed to contact groups.

As we are now doing our monthly meetings thru the FreeConferenceCall.com site, Rand asked that the phone number (712)580-0100, access code 368151# be posted on

the SIGMA CHAT WEB SITE where we were doing our meetings. The next phone meeting will be on July 29th at 6:30 PM. Everyone is invited and encouraged to call in and participate.

John Avondale from the Jacksonville area joined into the meeting. He is responsible for starting several Nar-Anon Meetings in that area.

New Business;

Rand brought up discussion in regards to sending Delegate to World Conference in March of 2008. Per E-mail sent to the officers of FANAG (copy attached) the cost will be \$1,300.00 which includes; air fare, hotel, meals and all conference materials needed..

Rand suggested that we join with Georgia and send a delegate to represent both GA and FL or that we elect our own on to represent FL.

Susan I suggested that we pull FL together and send our own delegate.

Margee from Melbourne stated a concern that we would need to have an assembly with all GSR's and get nominations that would then go back to the groups to be voted on . Rand then asked who would be willing to go to every meeting in our region and talk to each group..

Jonnie suggested that groups should make the final decision and we need to go slow and get FLA together and protect our areas. Rand stated that GA and FLA both have functioning areas.

Karen from WSO stated that each group should come up with motions they would like to see happen with WSO. Those motions would be gone through at the FACE to FACE by the Board and GSR's and would be brought to 3 or 4 total to take to World Conference which will go back to the groups for final approval.

Margee then suggested that each group donate \$10.00 per month.

Gail questioned the money structure - Group - Area - World. Florida Groups still learning the process of having Regions and Areas.

Kathy B made motion and Jeani seconded that Florida keeps FLA Area as a REGION.. Motion passed..

Page 2
Minutes

New Business continued.

All those willing to become a delegate will need to send a letter of willingness to their GSR who in turn needs to send it to Roilee either by e-mail rwrightdunn@yahoo.com or by US Mail to #8 9th Street, Okeechobee, FL. 34974. Attached is the qualifications for Delegate as written in the WSO handbook. Please print the sheet and pass out to your groups.

A delegate must be elected 150 days before the Conference so we must have this decided by October 15, 2007.

AUGUST phone meeting will be the 3rd Sunday in August the 19th due to the World Convention being the last week in August. Again for those who don't know the phone number is (712)580-0100 then dial access code 368151#. The meeting will start promptly at 6:30PM

The next FACE TO FACE meeting of Florida Area of Nar-Anon Family Groups will be in the ORLANDO AREA on Saturday September 29th. Carol L to find a meeting place and everyone will be notified as to where it will be. It will be a very important meeting as we will be electing a delegate and going through motions to send to the World Conference.

Treasurer's Report;

We had \$152.30 as we went into the Nar-Anon at FRCNA convention. As of Sunday July 1st, we had brought in another \$934.00 from registrations, baskets raffles and 50/50 tickets sold. The board would like to thank all the groups who donated baskets to our convention, they were beautiful and really helped us raise money for our causes. We now have at total of \$1,086,30 in the bank. We still have a way to go as we need to have seed money for the next FRCNA 08.

FRCNA 08

Janet V was elected Chair and Karen M was elected Vice Chair for FRCNA 08 which will be held in TAMPA next year. Congrats to both of you.

Closing;

On a personal note I want to thank all those who helped make FRCNA Fountain of Recovery a huge success.

Also lets welcome our newest member Karen M who will be here permanently as of September, she will be residing in the St Petersburg area and is looking forward to meeting everyone in the region. Welcome Karen.

That concludes these minutes of the Florida Area of Nar-Anon Family Groups. Please send any corrections or comments to rwrightdunn@yahoo.com

NAR-ANON FAMILY GROUP HEADQUARTERS, INC What is a Nar-Anon Delegate?

A World Service Delegate is an Area Representative who has been elected World Service Delegate for a 3-year term by the GSR'S at an Election Assembly, which is held prior to December 31, at a convenient location in the Area every three years. The World Service Committee of the Region, other GSR's, and the Region Committee members (who can vote only if they are GSR's) attends the Election Assembly - who can vote only if they are GSR's. The Chairman asks the GSR's at the Election Assembly, who have a right to vote, to elect a Regional Delegate, who is not also a member of N.A.*. A Regional Delegate may not succeed themselves, but may be re-elected after an interim three-year term. The World Service Regional Delegate shares Region and sometimes Area experience at the World Service Conference, which serves Nar-Anon worldwide.

Another key responsibility of the Elected Regional Delegate and/or Alternate Delegate - is to carry back to their Regions/Areas - the information that was discussed, presented and voted on at the WS Conference. Most Delegates do this by two different methods - (1): have a Regional meeting where all GSR'S, Alt. GSR'S, ASR'S, ALT. ASR'S and interested members attend. (2): another responsibility of the Elected Delegate/Alternate Delegate is a minimum of once-yearly to attend each meeting in their Region to carry the message of the WSC and hear the voice of these groups - who do not have adequate means to have a GSR, or attend the annual session, as well as including the meetings that do, so they can better explain their role as a voice of their Region.

*Nar-Anon/Narateen member holding dual membership are not eligible for office of Group Service Representative: therefore, the Admission Committee of the Conference would refuse admission of a Regional Delegate who holds dual membership in N.A. & Nar-Anon/Narateen.

References- Nar-Anon World Service Handbook Pages 4,11,18,19

Revised 4/10/07

DELEGATE EQUALIZED EXPENSES FOR 2008 WSC

The cost per Delegate and/or Alternate Delegate for all U.S., Canada, and Mexico Delegates for the 2008 World Service Conference will be - \$1300.00.

This amount includes: transportation (whether by air / car), shared room at hotel for 5 nights - Thursday through Monday, meals provided while WSC is in session, conference room expenses, equipment and supplies.

If a Delegate prefers a single room (not shared with another delegate), they will need to pay an additional \$325.00 out of pocket expense - as this cost is

not incurred by the WSC and/or Region/Area they represent.

International Delegates (not including Canada and Mexico): their equalized cost to attend WSC does not include airfare. The cost for the International Delegates will be \$700.00 (US dollars).

Any member of Nar-Anon may attend the WSC. At WSC 2006 - the motion was passed that only members recognized by the WSC to have a Vote will be permitted to also have a Voice.

The cost for a Nar-Anon member who is not a Delegate, Alternate Delegate or World Service Board of Trustee or Executive Director to attend the conference is either:

\$650.00 - which includes 5 nights hotel room (shared), meals while WSC is in session, supplies and conference expenses.

\$75.00 - which is the cost for the WSC supplies and expenses.

** For those International countries, which are having financial difficulties - we are establishing scholarship funds to help defray the cost of attending the WSC. This will be done on an individual basis. Please submit your request to both Cathy - naranonwso@hotmail.com and Karen - karenwso@hotmail.com.

From: Roilee Wright Dunn <rwrightdunn@unh.edu>
 To: [REDACTED]
 Subject: Fwd: FREE CONFERENCE CALL Technical Advisory: Feature keys are being upgraded
 Date: Wed, 25 Jul 2007 3:06 pm

Hey Rand and Susan;

attached are the upgrades they are making to the free conference calls , these are for the host to use so I am forwarding to both of you so you can host when you want or when necessary.

Roilee

Note: forwarded message attached.

One Day At A Time

Roilee

Attached Message
 From: noreply@freeconferencecall.com
 To: [REDACTED]
 Subject: Technical Advisory: Feature keys are being upgraded
 Date: Wed, 25 Jul 2007 04:01:43 -0500

Technical Advisory: Feature keys are being upgraded for all conferencing products.

Dear Subscribers,

Beginning on August 2nd, 2007, you will need to press the star/asterik/hash key before the desired feature key to activate the control. This applies to the following conferencing products: FreeConferenceCall[®], SimpleTollFree[™] and SimpleFlatRate[™].

Below is the new chart for participant, host, and playback feature keys.

Please contact us if you have any further questions. Thank you for being a FreeConferenceCall.com[®] customer.

Participant Feature Keys

* + 3	Exit - exit the call
* + 4	Instructions - conference instructions
* + 6	Mute/Unmute - caller controlled muting

Host Feature Keys (Accessed by following the Access Code with a * instead of a #)

* + 2	Count - plays the number of parties in the call
* + 3	Exit - exit the conference call
* + 4	Instructions - conference instructions
* + 5	Listen only modes - host controlled muting
* + 6	Mute/Unmute - caller controlled muting
* + 7	Secured/Unsecured - stops callers from entering

Touch Tone Command Explanations

- Caller count - *2 key (Host only)**
 Allows the host to get a count of how many callers are on the code.
- Exit conference - *3 key**
 Pressing *3 Takes the individual user out of the conference call and back into the lobby.
- Instructions - *4 key**
 Plays a menu of touch tone commands.
- Listening modes - *5 key (Host only)**
 There are 3 different listening modes for the audience - the default mode is open conversation - pressing *5 once will mute the audience however the audience can un-mute them selves by pressing 6 for questions or guest speakers - pressing *5 again will put the audience into mute mode with out the capability of un-muting themselves - press *5 again and it will return you to open conversation mode.
- Mute - *6 key**
 Pressing *6 will mute the line of the individual caller - pressing *6 again will un-mute the line.
- Security - *7 key (Host only)**
 Pressing *7 will secure the conference and block all other callers attempting to enter the conference - pressing *7

* + 8	Tone controls
* + 9	Record Conference

Playback Feature Keys

* + 1	Rewind 30 seconds
* + 2	Fast forward 30 seconds
* + 5	Pause/resume playback

again will re-open the conference to all caller joining.

Tone control - *8 key (Host only)

The default setting is Entry and Exit tones on - pressing *8 once and you will hear entry and exit tones off, press 8 again and you will hear Entry tone off exit tone on, press *8 again and you will hear entry tone on exit tone, pressing *8 one more time will put you back in default mode with both exit and entry tones on.

Record Conference - *9 key (Host only)

FreeConferenceCall® users:

Pressing *9 once will disconnect the host from the conference and prompt for the Subscriber PIN. When the Subscriber PIN is validated, the host is returned to the conference and an announcement is made to the attendees that the conference is being recorded. To stop the recording, press *9 again.

SimpleTollFree™ and SimpleFlatRate™ users:

Pressing *9 once will disconnect the host from the conference and then the host is returned to the conference and an announcement is made to the attendees that the conference is being recorded. To stop the recording, press *9 again.

FreeConferenceCall.com
110 W. Ocean Blvd.
Suite C
Long Beach, CA 90802

Phone: (877) 482-5838
Fax: (562) 437-1422
Web site: <http://www.freeconferencecall.com>
E-mail: admin@freeconferencecall.com

712-580-0100
368151 #

Nar-Anon Sept Meeting

FLORIDA AREA OF NAR-ANON FAMILY GROUPS
MINUTES
FACE TO FACE MEETING
SEPTEMBER 29, 2007

The Florida Area of Nar-Anon Family Groups met on Saturday, September 29 at the Asbury Church, 220 West Horatio Road in Maitland, FL.

ATTENDANCE;

Rand M Chair Ft Walton Beach, FL
Susan I Vice Chair Cape Coral, FL
Roilee D Sec/Tres Okeechobee, FL
Karen B GSR Lakeland, FL
Pat B Alt GSR Port St Lucie, FL
Jacqueline GSR Jacksonville, FL
Margee GSR Melbourne, FL
Carol L GSR Longwood
Jeani Alt GSR Largo, FL.
Jean Trusted Servant Largo, FL
Janet
Karen M WSO Board Tampa, FL

REPORT FROM WORLD CONVENTION;

Kathy B from Lakeland reported on the Nar-Anon World Convention. There were 69 registered, there were 10 speaker meetings over 3 days. There were people there from Switzerland, Germany, Japan, Canada and the United States. Some interesting facts given to members were the following; There are 328 meetings in Brazil, 450 meetings in the USA, 100 meetings in Iran, 48 meetings in Japan, 8 meetings in Sweden, 12 meetings in Israel, 24 meetings in South Africa. There are also meetings in Germany and France but no figures were available as to how many meetings are there. On the NA World Convention the total number of paid registrations were approx 17,000 though they were expecting 38,000. The city of San Antonio was a great place and lots of fellowship was enjoyed by all. The next world convention is going to be in Barcelona, Spain in 2009, hopefully Nar-Anon will be able to participate in it.

UPDATE ON THE NEW NAR-ANON DAILY READER (SESH BOOK):

As most of you should be aware Nar-Anon has finally gotten it's own daily reader also called the SESH. Originally scheduled to be out by the world Convention has had some problems. It is still at the publishers as there were several errors discovered in the manuscript no date yet for distribution.

PAGE 2

Per an agreement between Nar-Anon and Ala-Non once the reader is finished and can

Nar-Anon Sept Meeting

be purchased by our members WSO will be dropping all Ala-Non literature. Until then use what you literature you have. It also came up that as each group it Anonymous you can use what your group is comfortable with as far as readings and literature.

TREASURER'S REPORT:

As of September 28th the Florida Area of Nar-Anon has \$1,106.47 in the bank. Today at the Face to Face the treasurer was given the following;

\$100.00 donation from the Fort Walton Beach Group
\$125.00 from the Lakeland Group
\$ 50.00 from the Melbourne Group.

That brings the total to \$1,381.47. Thanks to the groups who donated funds today. We are now able to pay for the Florida Area Delegate to go to the World Conference. That will be \$1,300.00. We also have an expenditure for a new group packet to WSO in the amount of \$35.00. The packet was donated to the Boynton Beach/Lantana group.

After a discussion and a group consience it was decided that any new group who wants to start in Florida and contacts WSO in regards to starting it, will be directed to a board member from Florida Area of Nar-Anon Family Groups which will after getting all the information about the new group ie; place, time, members, contacts, The Fla Area of Nar-Anon Family Groups will authorize WSO to send them a new group packet and the Treasurer will forward a check to WSO to cover the cost.. The purpose behind this is to help the Florida Nar-Anon groups grow and get on their feet quickly as to help family and friends. Hopefully they will in turn decide to elect a GSR and join the Fla Area.

CONVENTIONS:

SRFRCNA - Susan I was contacted by a board member of this convention and asked if Nar-Anon would like to participate in cooperation with NA. We were given a room for 1 hour and a table in the hall for literature. Karen M went with Susan and they had a meeting where 7 people came and all the literature was distributed. Susan and Karen were very excited after the day and hopefully next year (SRFRCNA 08 will be in Ft Lauderdale) Nar-Anon will be able to get a room for the entire weekend if everything can be worked out.

FRCNA 2008:

This convention will be held in Tampa over the 4th of July weekend. Janet and Karen are the co-chairs for this convention. As of now there has not been much done still in the planning stages.

Karen asked if Nar-Anon would consider using the Embracing Recovery Theme that was used for the world convention. Reason being there is a lot of merchandise left from that convention and as there is no dates on any of it we could use it for our conventions here in Florida. After a brief discussion it was agreed by all that we could do that.

FLA/ALA Region;

They are having their convention April 25-28, 2008. The Florida Area of Nar-Anon would like to participate in that convention. Rand is going to obtain information in regards to doing so.

PAGE 3

Area Conventions;

Nar-Anon Sept Meeting

There are 30 areas in the Florida, South Florida and NW Florida/ALA regions. Per Rand we need to decide what area conventions we want to participate in in 2008. The one's we know about are HACNA in October which will be held at the River Ranch. Also there is one in West Palm Beach in November. This will be brought up in the near future after we are able to get some dates and places where they will be taking place.

Rand asked Jeani to read the 12 traditions. Then the floor was closed for new business.

NEW BUSINESS:

NAR-ANON FLORIDA AREA SERVICE COMMITTEE MOTIONS

Motion #1
Date 9/29/08
Submitted by; Susan I
Motion Title; Florida Region

Motion; To Change name from Florida Area Service Committee to Florida Region Service Committee.

Intent: Allow us to bring motions to world Service Conference as a Region.

Motion Seconded by; Janet
For/ 10 - Against/0 - Abstain/0
MOTION PASSED

Motion #2
Date 9/29/08
Submitted by; Susan I
Motion Title; FASC forms

Motion; Begin using Florida Area Service Committee and Florida Regional Motion forms for world Service Conference.

Intent; have some organization and order.

Motion Seconded by; Jeani
For/10 - Against/0 - Abstain/0
MOTION PASSED

Motion #3
Date 9/29/08
Submitted by; Margee
Motion Title; New Group Packet Purchases

Motion; For area to no longer purchase a group packet (meeting start up kit) to have on hand for new meetings, but instead have money set aside to purchase a kit in the event that someone wants to
PAGE 4

Start a new meeting. The kit will be paid for after Florida Area Delegate, Alternate Delegate or Secretary have spoken to the person requesting new packet making sure they have a place, 2 people, and day and time of meeting set.

Intent; To help Florida Area grow by supporting new meetings start until they are full self supporting.

Nar-Anon Sept Meeting

Pros; Encourages new meetings to start. Helps Financially the new groups get off and running. Helps to have more money generated for world and Region.

Cons; 0

Motion Seconded by; Carol L
For/9 - Against/0 - Abstain/1
MOTION PASSED

Motion #4
Date 9/29/08
Submitted by; Jeani Alt GSR Largo (Dare to Begin Group)
Motion Title; Start Florida Newsletter

Motion; To begin publishing a Florida Area (Regional) Nar-Anon Newsletter. With contributions coming from committee members and trusted servants. Also to be included is a calendar of events. Newsletter will be published quarterly. Newsletter will be sent out thru internet except for those groups who have no internet contacts. Then it will be mailed by USPE. Region to pay for the postage. All submissions to the Newsletters will be sent to fl_jeani@yahoo.com.

Intent; To share and disseminate information to Nar-Anon members in Fla via e-mail. To encourage membership and strengthen families of addicts.

Pros; To keep Florida Groups informed of goings on. Send out to groups not presently in the Region so they can see what is going on.

Cons; Should not mailed to non participating groups but rather take them to the meeting and introduce ourselves..

Motion Seconded by; Kathy B
For/10 - Against/0 - Abstain/0
MOTION PASSED

Motion #5
Date 9/29/09
Submitted by; Carol L Longwood Group
Motion Title; Organizational Chart

Motion; to develop a regional committee to set up Florida Guidelines, roles and responsibilities. All groups and GSR's will contribute to this.

Intent; Organizational Chart

Pros; Karen M, Tampa volunteered to head up this committee

PAGE 5

Motion Seconded by; Pat B, Port St Lucie Group
For/10 - Against/0 - Abstain/0
MOTION PASSED

ELECTIONS;

Letters of willingness to be elected Regional Delegate to the World Service Conference were sent out the GSR's to take back to their groups for review and voting. At this meeting the vote were cast for the following;

SUSAN I - was elected the new Regional Delegate

Nar-Anon Sept Meeting

Rand M - was elected the new Alternate Delegate

It was a very close vote and thank you groups for your participation in this. Lets all congratulate both Susan and Rand. We know that they will do a great service for Florida representation.

FACE TO FACE MEETINGS FOR 2008:

Next face to face meeting of the Nar-Anon Area Region Committee will be on January 12th at 1:00 PM in Maitland at the Asbury Church, 220 E Horatio Ave.

After that the next face to face meeting will be at the STACNA Convention in Cocoa Beach the last weekend of March 2008.

Then the next face to face meeting will be at FRCNA Convention in Tampa July 4th weekend.

PAGE 6

NAR-ANON FLORIDA REGION MOTIONS FOR WORLD SERVICE CONFERENCE

Motion #1

Title: Change the First Step Y

Motion: Reword the First Step of Nar-Anon to read: "we admitted we were powerless over addiction -- that our lives had become unmanageable."

Intent: This will broaden the scope of our First Step, encourage a healthier perspective and promote more identification with Narcotics Anonymous. Ala-Non had

Nar-Anon Sept Meeting

adopted the entire steps of AA verbatim and their first step simply says "Alcohol". NA had the inspiration to broaden theirs to read "Addiction" which has proven to be much more powerful than had they said "narcotics" or "drugs". It is the whole process of addiction that we deal with not just the addict. A big part of our recovery is based on removing our focus from the addict to ourselves. This message is more clearly represented by this revision to the first step.

Motion #2

Title: Logo Revision Y

Motion: To adopt as a symbol of the Nar-Anon fellowship a circle circumscribed inside a square on it's side forming a diamond. (SEE ATTACHED)

Intent: Many of us have been mystified from the beginning that this was not already the Nar-Anon Symbol. Historically when AA created a symbol it was a triangle circumscribed inside a circle. When Ala-Anon created a symbol they merely reversed the order with a circle inside a triangle. Since NA's symbol is a diamond (square on it's side) circumscribed inside a circle the logical analog for Nar-Anon would be a circle circumscribed inside a square diamond. Besides the simple logic there are other very practical reasons to do this. Our 6th tradition specifies that "we should always cooperate with Narcotics Anonymous". Whenever we interact with NA, the question frequently comes up, "why are you using the AA symbol?" This is the way much of the world recognizes the triangle inside the circle. Even those who have supported the current symbol have suggested that the

Triangle (representing AA) remains to gratefully acknowledge those who have come before us. Virtually everyone who knows of 12 steps knows they came from AA. What we need is a re-branding as our own fellowship that is for the families and friends of addicts. But through this symbol will embrace NA identification and cooperation with us, it is not really about NA. this simple symbol epitomizes the current direction of our fellowship, one that has adopted the service structure of NA and cooperates with NA, but a fellowship that is distinct and has a separate though related message.

PAGE 7

Motion #3

Title: Correct redundancy on the Nar-Anon Poster Y

Motion: Change the wording on the Nar-Anon Poster from "Relatives and Families of ~~Addicts~~" to "Friends and Families of Addicts".

Intent: Relatives and Families both refer to the same group of people. Our message is for all those affected by the disease of addiction. This includes far more than just the immediate family. "Friends and Families" is the phrase used elsewhere in our literature and correcting this will clarify our

PAGE 7

Message and broaden the base of interest intended by the poster.

Motion #4

Title: Modify the reading "Three Deadly Enemies" Y

Motion: Remove controlling wording from the Nar-Anon reading titled "Three Deadly Enemies" as follows: 1) Change the Title to read: "Three Destructive Forces" 2) Change the first sentence to read: "To insure the success of our meetings in solving our common problems we must recognize and avoid three destructive forces

Nar-Anon Sept Meeting

that can create dissention and ultimately destroy the group." 3) Alter the first line of #2 to read: "The second destructive force is gossip"

Intent: This is to clarify our message that recovery comes by changing ourselves and not blaming all our struggles on others. The third "Enemy" is already referred to as a destructive force so this is just an extension of the wording already used for "Dictatorship".

When many of us came into the rooms of Nar-Anon we were surrounded by "Enemies". We found them in the world, society, courts, police, our addicts and their friends and often we were our own worst enemies. Through recovery many of us no longer have enemies, for we have learned to accept the realities of others choices as well as the choices we both have to make. Though the intent of this reading is good, the current concept of alerting us to three "Deadly Enemies" contains a negative bias that mimics our old behavior of blaming others. For this reason some our groups refuse to even read this at all. The new wording is to add to the clarity of our message and remove the negative bias and encourage avoiding divisive issues that could tear our groups apart.

PLEASE GSR'S PRINT THESE MOTIONS AND TAKE TO YOUR GROUPS TO REVIEW AND VOTE ON. THEY MUST BE VOTED ON AND VOTES MUST BE BROUGHT TO THE NEXT REGIONAL MEETING WHICH WILL BE ON OCTOBER 14TH AT 6:30 VIA PHONE CONFERENCE CALL. THESE HAVE TO BE TURNED INTO THE WORLD CONFERENCE CHAIR ON OCTOBER 15TH NO EXCEPTIONS.

PAGE 8

Kathy B made motion to close the meeting at 4:15 PM, Margee seconded the motion. Rand thanked everyone for coming and especially Carol and her group for arranging the meeting place and the food that was provided for us. and after all gathering in a circle and reciting the Serenity Prayer meeting was adjourned.

Subj: **Minutes**
 Date: 10/1/2007 4:16:53 PM Eastern Standard Time
 From: [REDACTED]
 To: [REDACTED]
 File: **NAR-ANONSYMBOL.pdf** (6957 bytes) DL Time (40000 bps): < 1 minute
 Sent from the Internet ([Details](#))

Hey all;

Here are the minutes could you each look at them and let me know of anything I need to add. Karen, what group is Janet from? also who was with Carol and who was with Margee as I got there late I did not get the list as to who was there. Rand could you forward me that information as you took it down before I got there.

Roilee

PS I need to get these out tonight sometime to the membership so please look at it asap.

Thanks

[One Day At A Time](#)

[Roilee](#)

FLORIDA AREA OF NAR-ANON FAMILY GROUPS
 MINUTES
 FACE TO FACE MEETING
 SEPTEMBER 29, 2007

The Florida Area of Nar-Anon Family Groups met on Saturday, September 29 at the Asbury Church, 220 West Horatio Road in Maitland, FL.

ATTENDANCE;

Rand M Chair Ft Walton Beach, FL

Susan I Vice Chair Cape Coral, FL

Roilee D Sec/Tres Okeechobee, FL

Karen B GSR Lakeland, FL

Pat B Alt GSR Port St Lucie, FL

Jacqueline GSR Jacksonville, FL

Margee GSR Melbourne, FL

Carol L GSR Longwood

Jeani Alt GSR Largo, FL

Jean Trusted Servant Largo, FL

Janet

Karen M WSO Board Tampa, FL

REPORT FROM WORLD CONVENTION;

Kathy B from Lakeland reported on the Nar-Anon World Convention. There were 69 registered, there were 10 speaker meetings over 3 days. There were people there from Switzerland, Germany, Japan, Canada and the United States.

Some Interesting facts given to members were the following; There are 328 meetings in Brazil, 450 meetings in the USA, 100 meetings in Iran, 48 meetings in Japan, 8 meetings in Sweden, 12 meetings in Israel, 24 meetings in South Africa. There are also meetings in Germany and France but no figures were available as to how many meetings are there.

On the NA World Convention the total number of paid registrations were approx 17,000 though they were expecting 38,000. The city of San Antonio was a great place and lots of fellowship was enjoyed by all. The next world convention is going to be in Barcelona, Spain in 2009, hopefully Nar-Anon will be able to participate in it.

UPDATE ON THE NEW NAR-ANON DAILY READER (SESH BOOK):

As most of you should be aware Nar-Anon has finally gotten it's own daily reader also called the SESH. Originally scheduled to be out by the World Convention has had some problems. It is still at the publishers as there were several errors discovered in the manuscript no date yet for distribution.

PAGE 2

Per an agreement between Nar-Anon and Ala-Non once the reader is finished and can be purchased by our members WSO will be dropping all Ala-Non literature. Until then use what you literature you have. It also came up that as each group it Antonymous you can use what your group is comfortable with as far as readings and literature.

TREASURER'S REPORT:

As of September 28th the Florida Area of Nar-Anon has \$1,106.47 in the bank. Today at the Face to Face the treasurer was given the following;

\$100.00 donation from the Fort Walton Beach Group
 \$125.00 from the Lakeland Group
 \$ 50.00 from the Melbourne Group.

That brings the total to \$1,381.47. Thanks to the groups who donated funds today. We are now able to pay for the Florida Area Delegate to go to the World Conference. That will be \$1,300.00. We also have an expenditure for a new group packet to WSO in the amount of \$35.00. The packet was donated to the Boynton Beach/Lantana group.

After a discussion and a group consience it was decided that any new group who wants to start in Florida and contacts WSO in regards to starting it, will be directed to a board member from Florida Area of Nar-Anon Family Groups which will after getting all the information about the new group ie; place, time, members, contacts, The Fla Area of Nar-Anon Family Groups will authorize WSO to send them a new group packet and the Treasurer will forward a check to WSO to cover the cost..

The purpose behind this is to help the Florida Nar-Anon groups grow and get on their feet quickly as to help family and friends. Hopefully they will in turn decide to elect a GSR and join the Fla Area.

CONVENTIONS:

SRFRCNA - Susan I was contacted by a board member of this convention and asked if Nar-Anon would like to participate in cooperation with NA. We were given a room for 1 hour and a table in the hall for literature. Karen M went with Susan and they had a meeting where 7 people came and all the literature was distributed. Susan and Karen were very excited after the day and hopefully next year (SRFRCNA 08 will be in Ft Lauderdale) Nar-Anon will be able to get a room for the entire weekend if everything can be worked out.

FRCNA 2008:

This convention will be held in Tampa over the 4th of July Weekend. Janet and Karen are the co-chairs for this convention. As of now there has not been much done still in the planning stages. Karen asked if Nar-Anon would consider using the Embracing Recovery Theme that was used for the world convention. Reason being there is a lot of merchandise left from that convention and as there is no dates on any of it we could use it for our conventions here in Florida. After a brief discussion it was agreed by all that we could do that.

FLA/ALA Region;

They are having their convention April 25-28, 2008. The Florida Area of Nar-Anon would like to participate in that convention. Rand is going to obtain information in regards to doing so.

PAGE 3

Area Conventions;

There are 30 areas in the Florida, South Florida and NW Florida/ALA regions. Per Rand we need to decide what area conventions we want to participate in in 2008. The one's we know about are HACNA in October which will be held at the River Ranch. Also there is one in West Palm Beach in November. This will be brought up in the near future after we are able to get some dates and places where they will be taking place.

Rand asked Jeani to read the 12 traditions. Then the floor was closed for new business.

NEW BUSINESS:

NAR-ANON FLORIDA AREA SERVICE COMMITTEE MOTIONS

Motion #1
Date 9/29/08
Submitted by; Susan I
Motion Title; Florida Region

Motion; To Change name from Florida Area Service Committee to Florida Region Service Committee.

Intent: Allow us to bring motions to World Service Conference as a Region.

Motion Seconded by; Janet
For/ 10 - Against/0 - Abstain/0
MOTION PASSED

Motion #2
Date 9/29/08
Submitted by; Susan I
Motion Title; FASC forms

Motion; Begin using Florida Area Service Committee and Florida Regional Motion forms for World Service Conference.

Intent; have some organization and order.

Motion Seconded by; Jeani
For/10 - Against/0 - Abstain/0
MOTION PASSED

Motion #3
Date 9/29/08
Submitted by; Margee
Motion Title; New Group Packet Purchases

Motion; For area to no longer purchase a group packet (meeting start up kit) to have on hand for new meetings, but instead have money set aside to purchase a kit in the event that someone wants to
PAGE 4

Start a new meeting. The kit will be paid for after Florida Area Delegate, Alternate Delegate or Secretary have spoken to the person requesting new packet making sure they have a place, 2 people, and day and time of meeting set.

Intent; To help Florida Area grow by supporting new meetings start until they are full self supporting.

Pros; Encourages new meetings to start. Helps Financially the new groups get off and running. Helps to have more money generated for World and Region.

Cons; 0

Motion Seconded by; Carol L
For/9 - Against/0 - Abstain/1
MOTION PASSED

Motion #4
Date 9/29/08
Submitted by; Jeani Alt GSR Largo (Dare to Begin Group)
Motion Title; Start Florida Newsletter

Motion; To begin publishing a Florida Area (Regional) Nar-Anon Newsletter. With contributions coming from committee members and trusted servants. Also to be included is a calendar of events. Newsletter will be published quarterly. Newsletter will be sent out thru internet except for those groups who have no internet contacts. Then it will be mailed by USPE. Region to pay for the postage. All submissions to the Newsletters will be sent to fl_jeani@yahoo.com.

Intent; To share and disseminate information to Nar-Anon members in Fla via e-mail. To encourage membership and strengthen families of addicts.

Pros; To keep Florida Groups informed of goings on. Send out to groups not presently in the Region so they can see what is going on.

Cons; Should not mailed to non participating groups but rather take them to the meeting and introduce ourselves..

Motion Seconded by; Kathy B
For/10 - Against/0 - Abstain/0
MOTION PASSED

Motion #5
Date 9/29/09
Submitted by; Carol L Longwood Group
Motion Title; Organizational Chart

Motion; to develop a regional committee to set up Florida Guidelines, roles and responsibilities. All groups and GSR's will contribute to this.

Intent; Organizational Chart

Pros; Karen M, Tampa volunteered to head up this committee

PAGE 5

Motion Seconded by; Pat B, Port St Lucie Group
For/10 - Against/0 - Abstain/0
MOTION PASSED

ELECTIONS;

Letters of willingness to be elected Regional Delegate to the World Service Conference were sent out the GSR's to take back to their groups for review and voting. At this meeting the vote were cast for the following;

SUSAN I - was elected the new Regional Delegate

Rand M - was elected the new Alternate Delegate

X can't hold 2 positions

It was a very close vote and thank you groups for your participation in this. Lets all congratulate both Susan and Rand. We know that they will do a great service for Florida representation.

FACE TO FACE MEETINGS FOR 2008:

Next face to face meeting of the Nar-Anon Area Region Committee will be on January 12th at 1:00 PM in Maitland at the Asbury Church, 220 E Horatio Ave.

After that the next face to face meeting will be at the STACNA Convention in Cocoa Beach the last weekend of March 2008.

Then the next face to face meeting will be at FRCNA Convention in Tampa July 4th weekend.

PAGE 6

NAR-ANON FLORIDA REGION MOTIONS FOR WORLD SERVICE CONFERENCE

Motion #1

Title: Change the First Step

Motion: Reword the First Step of Nar-Anon to read: "We admitted we were powerless over addiction – that our lives had become unmanageable."

Intent: This will broaden the scope of our First Step, encourage a healthier perspective and promote more identification with Narcotics Anonymous. Ala-Non had adopted the entire steps of AA verbatim and their first step simply says "Alcohol". NA had the inspiration to broaden theirs to read "Addiction" which has proven to be much more powerful than had they said "narcotics" or "drugs". It is the whole process of addiction that we deal with not just the addict. A big part of our recovery is based on removing our focus from the addict to ourselves. This message is more clearly represented by this revision to the first step.

Motion #2

Title: Logo Revision

Motion: To adopt as a symbol of the Nar-Anon fellowship a circle circumscribed inside a square on it's side forming a diamond. (SEE ATTACHED)

Intent: Many of us have been mystified from the beginning that this was not already the Nar-Anon Symbol. Historically when AA created a symbol it was a triangle circumscribed inside a circle. When Ala-Anon created a symbol they merely reversed the order with a circle inside a triangle. Since NA's symbol is a diamond (square on it's side) circumscribed inside a circle the logical analog for Nar-Anon would be a circle circumscribed inside a square diamond. Besides the simple logic there are other very practical reasons to do this. Our 6th tradition specifies that "we should always cooperate with Narcotics Anonymous". Whenever we interact with NA, the question frequently comes up, "Why are you using the AA symbol?" This is the way much of the world recognizes the triangle inside the circle. Even those who have supported the current symbol have suggested that the

Triangle (representing AA) remains to gratefully acknowledge those who have come before us. Virtually everyone who knows of 12 steps knows they came from AA. What we need is a re-branding as our own fellowship that is for the families and friends of addicts. But through this symbol will embrace NA identification and cooperation with us, it is not really about NA. this simple symbol epitomizes the current direction of our fellowship, one that has adopted the service structure of NA and cooperates with NA, but a fellowship that is distinct and has a separate though related message.

PAGE 7

Motion #3

Title: Correct redundancy on the Nar-Anon Poster

Motion: Change the wording on the Nar-Anon Poster from "Relatives and Families of Addicts" to "Friends and Families of Addicts".

Intent: Relatives and Families both refer to the same group of people. Our message is for all those affected by the disease of addiction. This includes far more than just the immediate family. "Friends and Families" is the phrase used elsewhere in our literature and correcting this will clarify our

PAGE 7

Motions brought forth at the Florida Regional Service Committee Meeting

Motion 1:

Title: Change the 1st step.

Motion: Reword the 1st step of Nar-Anon to read: "We admitted we were powerless over addiction -- that our lives had become unmanageable."

Intent: This will broaden the scope of our 1st step, encourage a healthier perspective and promote more identification with Narcotics Anonymous. AlAnon had adopted the entire 12 steps of AA verbatim and their 1st step simply says "Alcohol". NA had the inspiration to broaden theirs to read "Addiction" which has proven to be much more powerful than had they said "narcotics" or "drugs". It is the whole process of addiction that we deal with not just the addict. A big part of our recovery is based on removing our focus from the addict to ourselves. This message is more clearly represented by this revision to the first step.

Motion 2:

Title: Logo revision

Motion: To adopt as a symbol of the Nar-Anon fellowship a circle circumscribed inside a square on it's side forming a diamond. See attachment.

Intent: Many of us have been mystified from the beginning that this was not already the Nar-Anon symbol. Historically when AA created a symbol it was a triangle circumscribed inside a circle. When AlAnon created a symbol they merely reversed the order with a circle inside a triangle. Since NA's symbol is a diamond (square on it's side) circumscribed inside a circle the logical analog for Nar-Anon would be a circle circumscribed inside a square diamond. Besides the simple logic there are other very practical reasons to do this. Our tradition 6 specifies that "we should always cooperate with Narcotics Anonymous". Whenever we interact with NA, the question frequently comes up, "Why are you using the AA symbol?" This is the way much of the world recognizes the triangle inside the circle. Even those who have supported the current symbol have suggested that the triangle (representing AA) remains to gratefully acknowledge those who have come before us. Virtually everyone who knows of 12 steps knows they came from AA. What we need is a re-branding as our own fellowship, and a fellowship that is for the friends and families of addicts. But though this symbol will embrace NA identification and cooperation with us, it is not really about NA. This simple symbol epitomizes the current direction of our fellowship, one that has adopted the service structure of NA, cooperates with NA but a fellowship that is distinct and has a separate though related message.

Motion 3:

Title: Correct redundancy on the Nar-Anon poster.

Motion: Change the wording on the Nar-Anon poster from "Relatives and Families of Addicts" to "Friends and Families of Addicts"

Intent: Relatives and families both refer to the same group of people. Our message is for all those affected by the disease of addiction. This includes far more than just the immediate family. "Friends and Families" is the phrase used elsewhere in our literature and correcting this will clarify our message and broaden the base of interest intended by the poster.

Motion 4:

Title: Modify the reading "Three Deadly Enemies"

Motion: Remove controlling wording from the Nar-Anon reading titled "Three Deadly Enemies" as follows: 1) Change the title to read: "Three Destructive Forces" 2) Change the first sentence to read "To insure the success of our meetings in solving our common problems we must recognize and avoid three destructive forces that can create dissention and ultimately destroy the group." 3) Alter the 1st line of #2 to read: " The second destructive force is gossip"

Intent: This is to clarify our message that recovery comes by changing ourselves and not blaming all our struggles on others. The third "Enemy" is already referred to as a destructive force so this is just an extension of the wording already used for "dictatorship".

When many of us came into the rooms of Nar-Anon we were surrounded by "Enemies". We found them in the world, society, courts, police, our addicts and their friends and often we were our own worst enemies. Through recovery many of us no longer have enemies, for we have learned to accept the realities of others choices as well as the choices we both have and make. Though the intent of this reading is good, the current concept of alerting us to three "Deadly Enemies" contains a negative bias that mimics our old behavior of blaming others. For this reason some of our groups refuse to even read this at all. The new wording is to add to the clarity of our message and remove the negative bias and encourage avoiding divisive issues that could tear our groups apart.

OCT+FLA+NAR-ANON+MINUTES[1]
FLORIDA REGION OF NAR-ANON FAMILY GROUPS
MEETING MINUTES
OCTOBER 2007

PRESENT;

RAND, ED, ROILEE, KATHY, MARGEE, SUSAN AND PAT

RAND OPENED MEETING WITH MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.

OLD BUSINESS:

SUSAN MADE MOTION TO ACCEPT THE SEPTEMBER MEETING MINUTES, SECONDED BY MARGEE. IN FAVOR - 7 OPPOSED - 0. MOTION PASSED

TREASURERS REPORT. AS OF OCTOBER 28TH WE HAD \$1,491.47 IN THE BANK.

SINCE THE LAST MEETING SUSAN CONTACTED ME AND ASKED THAT I SEND THE \$1,300.00 FOR THE CONFERENCE COST WHICH I DID ON NOV 13TH. SO THE BANK BALANCE IS NOW \$191.00

NEW BUSINESS

SUSAN TO MAKE HER RESERVATION FOR WORLD CONFERENCE ASAP.

KATHY NEEDS PATTERN FOR THE P&I PACKET HOLDER THAT RAND DESIGNED. SAID HE WOULD GET IT TO HER

HEARTLAND CONVENTION OCTOBER 19-21 AT RIVER RANCH. KATHY GOT A TABLE FOR LITERATURE BUT NOT SURE OF A MEETING SPACE.

PER KATHY PI CHAIR, NARCOTICS ANONYMOUS REGIONAL OFFICE IS GOING TO ALLOW US TO PUT LITERATURE IN THEIR OFFICE IN LAKELAND.

KATHY IS ALSO GOING TO START TO ATTEND OTHER GROUP MEETINGS WHEN SHE CAN.

MARGEE BROUGHT UP IDEA TO DESIGN A ONE PAGE FLORIDA MEETING LIST TO ALSO PUT INTO THE NA RSO OFFICE. MARGEE VOLUNTEERED TO FORMAT THE LIST AND GET IT REDUCED TO 1 TO 2 PAGES. KATHY VOLUNTEERED TO PRINT THE LIST. AND THE FLA REGION WILL REIMBURSE FOR THE COST OF PRINTING.

MOTION WAS MADE BY ROILEE FOR MARGEE TO FORMAT THE MEETING LIST, PAT SECONDED THE MOTION.

PROS; TO GET NAR-ANON MEETING LIST TO THE NA RSO OFFICE

CONS; PUT LIMITED AMOUNT OUT TO KEEP THE COST DOWN

MARGEE STATED SHE WOULD SEND THE FORMATED LIST OUT TO THE BOARD FOR APPROVAL BEFORE HAVING THEM PRINTED.

IN FAVOR - 7 OPPOSED - 0 MOTION PASSED

MOTION CARRIED FORWARD TO NEXT MEETING.

KATHY MADE MOTION AND PAT SECONDED FOR THE NEXT MEETING TO BE HALD ON NOVEMBER 18TH AT 6:30 PM BECAUSE OF THE HOLIDAY.

ALL IN FAVOR - 7 OPPOSED -0 MOTION PASSED

PER SUSAN THE WORLD CONFERENCE DELEGATE, ROILEE TO SEND E-MAIL TO WSO INFORMING THEM THAT SHE WAS ELECTED DELEGATE. ROILEE SENT E-MAIL 10-14-07

KATHY MADE MOTION TO CLOSE MEETING, SECONDED BY ED. ALL IN FAVOR - 7 OPPOSED - 0 MOTION PASSED.

RAND CLOSED MEETING.