Florida Region Virtual Assembly Agenda

Sunday, Dec 5, 2026 @ 7:00pm-8:30pm

Zoom: 477-350-6871
Passcode: 809199
https://naranonfl.org/events.html

Click Here to Join Zoom Meeting

CALL TO ORDER

- Serenity Prayer- Bonnie
- Read Twelve Traditions & Concepts
- Roll Call
- Approve Assembly Minutes from September 5, 2026

OFFICER REPORTS

- Chair/Vice Chair – Bonnie/Ingrid
- Treasurer- Rosemary

DELEGATE REPORTS

- Delegate/Alternate Delegate – Yvette

AREA REPORTS

- ASR- Tony (Bay Area)

COMMITTEE REPORTS

- Website/Technology- Debra
- Outreach- Wendell O.
  - Helpline- Faye

GSR ROUNDTABLE: (GSR Reports and Open Discussion)

NEW BUSINESS

- Purchase new laptop to support Region's Treasurer
- In Person Assemblies Participation
- Vote on Donation to World Services Office (WSO)

ANNOUNCEMENTS

- FL Region Assembly held @ Schalamar Country Club, 4500 US-92, Lakeland, Sat, Mar 6, 2027

MOTION TO ADJOURN
SERENITY PRAYER

Prepared by: Bonnie J., Ingrid M., Rosemary H.
On 6/8/2026

(DRAFT) September Minutes
Florida Region Assembly
September 5, 2026 / 9:00 AM – 11:30 AM

Attendees:

ROLL CALL: 10 Attendees; 7 Voting Members; 3 Non-Voting Members * Dual Role

Voting: 7	Non-Voting: 6
Mary - Lakeland	Ingrid – Regional Vice Chair
Lynn - Melbourne	Rosemary – Regional Treasurer
*Donna – New Port Richey	Yvette – Regional Delegate
*Wendell O. – Citrus	
Maureen – Crystal Beach	
*Tony- Tampa	
+Kim- Daytona Beach	

+Kim came after we took the vote for the approval of March's Assembly minutes.

Call to Order:

The Vice Chairperson called the meeting of the Florida Region Business Meeting to order at 9:00 AM on September 5, 2026. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Mary and Twelve Concepts were read by Wendell. In the absence of a Regional Secretary, the virtual meeting was recorded.

Minutes:

Donna made the motion to approve the minutes from June 14, 2026, Mary seconded. The minutes passed unanimously.

OFFICERS REPORTS:

- Chair / Vice-Chair:(Ingrid)
  Welcomed all GSRs and thanked everyone for their participation
  Region Officers are working hard on the Monthly Newsletters. They asked members to sign up for the newsletter and to remind their group members to sign up as well. Members can email the Officers, preferably before the last week of the month, to submit content and information to share for the following month's newsletter.
  Spoke on the lack of participation and interest in the FRCNA Convention and that our Convention Chair had to step down due to medical issues.

- Treasurer: (Rosemary) See attached
  The current ending bank balance is $2,743.75.
  Yearly Expenses came out to $1,837.56.
  Suggested donation to World Service Office (WSO) is $1,753.75.

The money we have in the subaccount for the East Coast Convention (ECC) will move into our main Fl Region account until the ECC is ready to plan their next convention. It will be displayed in the future Treasurer's Report as its own line item.

DELEGATE REPORT:

- Delegate Report: (Yvette)
  The dates for the next World Service Conference will be April 23-26, 2027. This year there is no equalized payment, so the conference is free.
  - CAR Motions (deadline: October 5)
  - CAR available for distribution (October 25)
  - Common Welfare Topics submission (deadline: November 24)
  - Participation Form (deadline: December 31)

  The 2028 World Service Conference (WSC) will be held in Ireland.

AREA REPORT:

- Bay Area Report: (Tony)
  The Bay Area meets quarterly on Zoom
  Bay Area Potluck Saturday, October 24,2026 12 pm- 3 pm at Central Church of Christ in Clearwater. All Nar-Anon members are invited to attend.

COMMITTEE REPORTS:

- Outreach Report: (Wendell)
  Meets on the third Wednesday of the month at 6 PM.
  Will be participating with the Ocala group at Recovery Fest in Ocala on September 12, 2026
  Donna will be doing Outreach at Recovery Walk in Simms Park on September18,2026 and the October NOPE Vigil
- Helpline Report: NA
- Website: NA
  Ingrid informed us that there is still a technical issue with the Edit button for the Meetings Page of the website. Because of this issue, email **meetings@naranonfl.org** and allow at least 5 days for any requests made for updates and changes to group information.
- Convention: NA

GSR ROUNDTABLE: (Open Discussion)

There was lots of discussion about the continuation of the FRCNA Convention. Some felt that it would be disappointing to stop and lose that relationship with NA. There was mention of doing our own Region standalone convention with some interest. Some mentioned that it will be a higher cost than doing it with NA because we will be financially responsible for our own room and promotion. The conversation moved to the low participation of the Region in general. Some mentioned that certain meetings don't understand the benefits of a Region. Then the discussion was brought up to split up the Region. Donna, Kim and Yvette will use the contact list to reach out to groups again to see if they can get some more interest in participating in the Region.

New Business:

1. Vote on donation/contribution to World Services Office (WSO)
   A motion was made by Donna to approve the donation to WSO of $1,753.75 and was seconded by Wendell. The motion passed unanimously.

Elections: Kim was unanimously voted in as our new Convention Chair.

2026-2027 Region Budget Approval: Mary made the motion to pass the proposed budget, and Donna seconded the motion passed unanimously.

REMINDERS:

- FL Region Virtual Assembly Meeting, **December 6** @ 7 PM, Time: 7-8:30 PM
- FL Region Service Committee (RSC) Meeting, **January 24** @ 7 PM, Time: 7-8:30 PM

Meeting Adjournment:

Donna made a motion to adjourn the meeting at 11:30 AM and Wendell seconded. Motion passed unanimously.

Submitted by,
Ingrid
Vice Chair
Approval Date: _____

Treasurer's Report

Nar-Anon Florida Region
Treasury Ledger Summary
Oct 2025 - Sept 2026
Sept 5, 2026 - Assembly

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	**$1,123.61**		
Beginning Bank Balance -	$1,123.61		
D-In-Area	**$3,792.62**		
Bay Area Donation (1) - Dec 2025	$1,500.00		
Bay Area Donation (2) - Feb 2026	$322.88		
Bay Area Donation (3) - May 2026	$701.80		
Bay Area Donation (4) - Aug 2026	$1,267.94		
D-In-Grp	**$2,773.00**		
127-029-Miami, South-South Miami Recovery	$150.00		
122-006-Mobile-One Step at a Time	$40.00		
122-007-Daphne-Recovery for You and Me	$100.00		
127-008-Southwest Ranches-TGIF Group	$100.00		
127-024-Longwood-New Beginnings	$100.00		
127-028-Melbourne-One Day At A Time	$200.00		
127-029-Miami, South-South Miami Recovery	$150.00		
127-033-Ocala-Ocala Forest NFG	$270.00		
127-034-Oldsmar-Oldsmar NFG	$100.00		
127-038-Palm City-Courage To Change	$100.00		
127-041-Port St Lucie-Vision of Hope	$75.00		
127-042-Sarasota-Sarasota NFG	$125.00		
127-058-Winter Park -Winter Park Nar-Anon	$200.00		
127-085-Spring Hill-Road to Recovery	$50.00		
127-088-New Tampa-New Tampa	$473.00		
127-106-Boynton Beach-No Longer Alone	$100.00		
127-121-Tallahassee-Tallahassee Nar-Anon Group	$115.00		
Individual Member	$325.00		
D-Out-WSO		**-$3,107.92**	
WSO Donation (1) - Dec 2025		-$610.05	
WSO Donation (2) - Mar 2026		-$1,709.84	
WSO Donation (3) - Jun 2026		-$788.03	
Expense		**-$1,837.56**	
1-ASSEMBLY		-$100.00	
2-OFFICE		-$235.34	
3-ZOOM REGION ACCOUNT AND MEETINGS		-$118.93	
4-FLORIDA ANNUAL REG		-$111.25	
5-DELEGATE (IWSC 2026)		-$27.00	
6.0-OUTREACH		-$541.33	
6.1-HELPLINE		-$183.15	
7-TRAVEL (RSC)		-$247.57	
9-WEBSITE/TECHNOLOGY		-$272.99	
Grand Total	**$7,689.23**	**-$4,945.48**	**$2,743.75**

Florida Region NFG
Treasury Report
Approved Budget
Oct 2025 - Spet 2026
Sept 5, 2026 - Assembly

2022-2026 Program Revenues	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024	ACTUAL REVENUE 2024/2025	ACTUAL REVENUE 2025/2026
Convention Gross Income: Registrations:	$ 930.00	$ 530.34	$600.00	$0.00
Dinner	$ 510.00	$ 210.00	$0.00	$0.00
Chance Drawing	$ 531.00	$ 170.00	$0.00	$0.00
Donations	$ 55.00	$ 379.00	$435.00	$0.00
Literture Sales		$ 33.00	$40.00	$0.00
Total Convention Income	$ 2,026.00	$ 1,322.34	$1,075.00	$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	$ (792.34)	$ (490.65)	$0.00	$0.00
Donation to FRCNA NA			($105.00)	
CONVENTION NET INCOME	**$ 1,233.66**	**$ 831.69**	**$970.00**	**$0.00**
GROUP, MEMORIAL & AREA DONATIONS TO DATE	$ 6,545.00	$ 5,315.00	$ 4,353.39	$0.00
TOTAL REVENUE	**$ 7,778.66**	**$ 6,146.69**	**$5,218.39**	**$0.00**

Reporting Year	2024/2025	2024/2025	2025/2026	2025/2026	2025/2026
Expenditures	Budget	ACTUAL	Budget	ACTUAL	Remaining
1-ASSEMBLY	$120.00	($120.00)	**$200.00**	($100.00)	$100.00
2-OFFICE	$300.00	($251.46)	$300.00	($235.34)	$64.66
3-ZOOM REGION ACCOUNT AND MEETINGS	**$115.00**	($111.93)	$115.00	($118.93)	($3.93)
4-FLORIDA ANNUAL REG	$70.00	($61.25)	**$115.00**	($111.25)	$3.75
5-DELEGATE (IWSC 2026)	**$60.00**	($806.00)	**$54.00**	($27.00)	$27.00
6.0-OUTREACH	$1,200.00	($234.71)	$1,200.00	($541.33)	$658.67
6.1-HELPLINE	**$660.00**	($215.77)	**$200.00**	($183.15)	$16.85
6.2-LITERATURE NEW GROUPS	$220.00	($60.27)	$220.00	$0.00	$220.00
7-TRAVEL (RSC)	$1,100.00	$0.00	$1,100.00	($247.57)	$852.43
8-NARATEEN (Background checks) / New Group Packets/Literature	$200.00	$0.00	**$100.00**	$0.00	$100.00
9-WEBSITE/TECHNOLOGY	$350.00	($255.99)	$350.00	($272.99)	$77.01
10-CONVENTION (initial advance $350 - $100 donation to NA)	$350.00	$0.00	$0.00	$0.00	$0.00
TOTAL BUDUGETED EXPENDITURES	**$4,745.00**	**($2,117.38)**	**$3,954.00**	**($1,837.56)**	**$2,116.44**

Nar-Anon Florida Region
Fiscal Year Schedule
Oct 2025 - Spet 2026
Sept 5, 2026 - Assembly

Expenditures	2025/2026 Budget
1-ASSEMBLY	$200.00
2-OFFICE	$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	**$115.00**
4-FLORIDA ANNUAL REG	$115.00
5-DELEGATE (IWSC 2026)	**$54.00**
6.0-OUTREACH	$1,200.00
6.1-HELPLINE	**$200.00**
6.2-LITERATURE NEW GROUPS	$220.00
7-TRAVEL (RSC)	$1,100.00
8-NARATEEN (Background checks) / New Group Packets/Literature	$100.00
9-WEBSITE/TECHNOLOGY	$350.00
10-CONVENTION (initial advance $350 - $100 donation to NA)	$0.00
TOTAL BUDUGETED EXPENDITURES	**$3,954.00**

Region's Operating Expense with Capital Convention	$3,954.00
Monthly Expenses	$330.00
Prudent Reserve (3X Monthly)	$990.00

Balance in checking account as of 8/28/2026	$2,743.75
Including Groups and Area's ***donations:*** *$6,565.62*	
Required hold back for **prudent reserve**	-$990.00
Balance after Prudent Reserve	**$1,753.75**

Donation History 2025-2026			
Donation to be sent to WSO from Dec 2025	$610.05	On	12/16/2025
Donation to be sent to WSO from Mar 2026	$1,709.84	On	3/19/2026
Donation to be sent to world of June 2026	$788.03	On	6/14/2026
Donation to be sent to world of Sept 2026	$1,753.75	On	9/5/2026