

Florida Region Assembly Meeting Agenda
Saturday, September 5, 2026 @ 9:00am-2:00pm
Location: Schalamar Country Club, 4500 US-92, Lakeland

CALL TO ORDER

- Serenity Prayer – Ingrid
- Read Twelve Traditions & Twelve Concepts
- Roll Call
- Approve Minutes of Jun 14, 2026 Virtual Assembly Meeting

OFFICERS REPORTS

- Chair & Vice Chair – Ingrid
 - Welcome new GSR's and Service Reps
 - 2026 – 2027 FLRNFG Calendar
- Treasurer Report – Rosemary
 - Treasurer Report

DELEGATES REPORTS

- Delegate Reports – Yvette

AREA REPORT

- Bay Area - Tony

COMMITTEE REPORTS

- Outreach – Wendell
 - Helpline – Faye
- Website – Debra
- Convention – Susan F.

Break for Lunch (1 Hour)

GSR ROUNDTABLE: (GSR Reports and Open Discussion)

NEW BUSINESS

- Regional Election
 - Chair, Vice Chair, Treasurer, Website, and Secretary
- Vote on Donation to World Services
- 2026 – 2027 Region Budget Approval

REMINDERS

- FL Region Virtual Assembly Meeting, **Dec 6 @ 7pm**, Time: 7-8:30pm
- FL Region Service Committee (RSC) Meeting, **Jan 24 @ 7pm**, Time: 7-8:30pm

MOTION TO ADJOURN

SERENITY PRAYER

(Draft)June Minutes
Florida Region Assembly
June 14, 2026 / 7:00 PM – 8:27 PM

Attendees:

ROLL CALL: 14 Attendees; 8 Voting Members; 6 Non-Voting Members * Dual Role

Voting: 8	Non-Voting: 6
Mary - Lakeland	Bonnie – Regional Chair
Lynn - Melbourne	Ingrid – Regional Vice Chair
*Donna – New Port Richey	Rosemary – Regional Treasurer
Sandy – Clearwater	Yvette – Regional Delegate
+*Debra – New Tampa	Doug– Regional Virtual Coordinator
*Wendell O. – Citrus	Suparna– Member – Tarpon Springs
Randy – Winter Park	
Delta- Jacksonville (First Coast)	

+Debra came after we took the vote for the approval of March's Assembly minutes.

Call to Order:

The Chairperson called the meeting of the Florida Region Business Meeting to order at 7:00 PM on June 14, 2026. *Ingrid* recorded the minutes and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Mary and Twelve Concepts were read by Wendell. In the absence of a Regional Secretary, the virtual meeting was recorded.

Minutes:

Mary brought up corrections that needed to be made from the March minutes. First, a spell error for the word SPONSEE. Next, the donation amount needs to be corrected from \$1,709.94 to \$1,709.84. Lastly, Donna's meeting attendance clarified; she missed the second meeting, not the first meeting.

Wendell made the motion to approve the amended minutes with corrections from March 14, 2026, Mary seconded. The minutes passed with a vote of 6 yes's and 1 abstention.

OFFICERS REPORTS:

- Chair / Vice-Chair (Bonnie/Ingrid)
 - welcome all GSRs and thanked everyone for their participation and increased member turnout for this assembly.
 - Received updated on a successful East Coast Convention (ECC) 8.
 - Region Officers are working hard on the Monthly Newsletter and asked members to sign up for the newsletter and remind other members to sign up as well. Members can email the Officers, preferably before the last week of the month, to find content and information to share in the following month's newsletter.

- Treasurer: (Rosemary) REPORT ATTACHED
The current bank balance is \$1,778.03.
March- June donations from groups total \$825 and the Bay Area total \$701.
Year-to-date is \$2,058 from groups and \$2,524 from the Bay Area.
On top of our regular expenses there were some additional expenses from Outreach and travel.
Suggested donation to World Service Office (WSO) is \$788.03.

DELEGATE REPORT:

- Delegate Report – Yvette B.
She attended the Interim World Service Conference (IWSC) where the focus was on committee presentations, not on motions or voting.

Items for fellowship review:

- Seventh Tradition pamphlet (deadline: July 11)
- Social media guideline (deadline: July 30)
- Website handbook (deadline: November 3)
- Fourth step workbook part two (deadline: July 1)

WSO new website and live and described as user friendly and she encouraged members to go visit the new website. Also, a new Facebook page has launched and mirrors the content that is on the Instagram page.

2028 World Service Conference (WSC) will be held in Ireland.

AREA REPORT:

- Bay Area Report: (Tony) NA
Sandy informed us that Tony was travelling and that they met quarterly. They are planning a fellowship event and will be giving us more information when it comes in.

COMMITTEE REPORTS:

- Website – Debra
Currently, there is a technical issue with the Edit button for the Meetings Page of the website. Because of this issue, email meetings@naranonfl.org and allow at least 5 days for any requests made for updates and changes to group information.
She continues to work closely with the Webmaster and gave a brief description of the process of copying all the previous content and files over to the new website is a lengthy process and used WSO as an example.
- Outreach Report: (Wendell)
Recent Events attended:
 - **Panama City Convention (April 16-17): ~15 attendees Friday, double that Saturday and ECC8 (June 5-7)**

Used the new banners at both events and will be requesting more for upcoming events.

- Helpline Report: (Faye) NA SEE ATTACHED
Report from Faye was read by Bonnie.
- ECC8 – Donna
Attendance: 74-75 total (67-68 pre-registered and 5-6 walk ins with peak participation of 75 members Saturday morning.
The exact total raised was not disclosed but we were informed that it totaled a decent amount.
Next convention 2028: Possibly Georgia
She mentioned that she really enjoyed the presentation about the history of Nar-Anon and would like to find a printout to share as a source for Outreach.

GSR ROUNDTABLE: (GSR Reports and Open Discussion)

Members share how they deal with their groups, especially on donations and inappropriate sharing. Members also shared how meetings change whether getting new members or losing members and talks about starting new meetings. Many of these meetings share healthy goals such as workshops and regular business meetings.

New Business:

1. Vote on donation/contribution to World Services Office (WSO)
A motion was made by Sandy to approve the donation to WSO of \$788.03 and was seconded by Mary. The motion passed unanimously.

REMINDERS, Next Meeting Date & Time

- FL Region Service Committee (RSC) Meeting, July 26 @ 7pm, Time: 7-8:30pm

Meeting Adjournment:

Donna made a motion to adjourn the meeting at 8:27 PM and Mary seconded. Motion passed unanimously. The meeting closed with the Serenity Prayer.

Submitted by,

Ingrid/Rosemary

Vice Chair/Treasurer

Approval Date: _____

Nar-Anon Florida Region
Treasury Ledger Summary
Oct 2025 - Spet 2026
Sept 5, 2026 - Assembly

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$1,123.61		
Beginning Bank Balance -	\$1,123.61		
D-In-Area	\$3,792.62		
Bay Area Donation (1) - Dec 2025	\$1,500.00		
Bay Area Donation (2) - Feb 2026	\$322.88		
Bay Area Donation (3) - May 2026	\$701.80		
Bay Area Donation (4) - Aug 2026	\$1,267.94		
D-In-Grp	\$2,773.00		
127-029-Miami, South-South Miami Recovery	\$150.00		
122-006-Mobile-One Step at a Time	\$40.00		
122-007-Daphne-Recovery for You and Me	\$100.00		
127-008-Southwest Ranches-TGIF Group	\$100.00		
127-024-Longwood-New Beginnings	\$100.00		
127-028-Melbourne-One Day At A Time	\$200.00		
127-029-Miami, South-South Miami Recovery	\$150.00		
127-033-Ocala-Ocala Forest NFG	\$270.00		
127-034-Oldsmar-Oldsmar NFG	\$100.00		
127-038-Palm City-Courage To Change	\$100.00		
127-041-Port St Lucie-Vision of Hope	\$75.00		
127-042-Sarasota-Sarasota NFG	\$125.00		
127-058-Winter Park -Winter Park Nar-Anon	\$200.00		
127-085-Spring Hill-Road to Recovery	\$50.00		
127-088-New Tampa-New Tampa	\$473.00		
127-106-Boynton Beach-No Longer Alone	\$100.00		
127-121-Tallahassee-Tallahassee Nar-Anon Group	\$115.00		
Individual Member	\$325.00		
D-Out-WSO		-\$3,107.92	
WSO Donation (1) - Dec 2025		-\$610.05	
WSO Donation (2) - Mar 2026		-\$1,709.84	
WSO Donation (3) - Jun 2026		-\$788.03	
Expense		-\$1,837.56	
1-ASSEMBLY		-\$100.00	
2-OFFICE		-\$235.34	
3-ZOOM REGION ACCOUNT AND MEETINGS		-\$118.93	
4-FLORIDA ANNUAL REG		-\$111.25	
5-DELEGATE (IWSC 2026)		-\$27.00	
6.0-OUTREACH		-\$541.33	
6.1-HELPLINE		-\$183.15	
7-TRAVEL (RSC)		-\$247.57	
9-WEBSITE/TECHNOLOGY		-\$272.99	
Grand Total	\$7,689.23	-\$4,945.48	\$2,743.75

Florida Region NFG
Treasury Report
Approved Budget
Oct 2025 - Spet 2026
Sept 5, 2026 - Assembly

2022-2026 Program Revenues	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024	ACTUAL REVENUE 2024/2025	ACTUAL REVENUE 2025/2026
Convention Gross Income: Registrations:	\$ 930.00	\$ 530.34	\$600.00	\$0.00
Dinner	\$ 510.00	\$ 210.00	\$0.00	\$0.00
Chance Drawing	\$ 531.00	\$ 170.00	\$0.00	\$0.00
Donations	\$ 55.00	\$ 379.00	\$435.00	\$0.00
Literture Sales		\$ 33.00	\$40.00	\$0.00
Total Convention Income	\$ 2,026.00	\$ 1,322.34	\$1,075.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$ (792.34)	\$ (490.65)	\$0.00	\$0.00
Donation to FRCNA NA			(\$105.00)	
CONVENTION NET INCOME	\$ 1,233.66	\$ 831.69	\$970.00	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$ 6,545.00	\$ 5,315.00	\$ 4,353.39	\$0.00
TOTAL REVENUE	\$ 7,778.66	\$ 6,146.69	\$5,218.39	\$0.00

Reporting Year	2024/2025	2024/2025	2025/2026	2025/2026	2025/2026
Expenditures	Budget	ACTUAL	Budget	ACTUAL	Remaining
1-ASSEMBLY	\$120.00	(\$120.00)	\$200.00	(\$100.00)	\$100.00
2-OFFICE	\$300.00	(\$251.46)	\$300.00	(\$235.34)	\$64.66
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00	(\$111.93)	\$115.00	(\$118.93)	(\$3.93)
4-FLORIDA ANNUAL REG	\$70.00	(\$61.25)	\$115.00	(\$111.25)	\$3.75
5-DELEGATE (IWSC 2026)	\$60.00	(\$806.00)	\$54.00	(\$27.00)	\$27.00
6.0-OUTREACH	\$1,200.00	(\$234.71)	\$1,200.00	(\$541.33)	\$658.67
6.1-HELPLINE	\$660.00	(\$215.77)	\$200.00	(\$183.15)	\$16.85
6.2-LITERATURE NEW GROUPS	\$220.00	(\$60.27)	\$220.00	\$0.00	\$220.00
7-TRAVEL (RSC)	\$1,100.00	\$0.00	\$1,100.00	(\$247.57)	\$852.43
8-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00	\$0.00	\$100.00	\$0.00	\$100.00
9-WEBBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$272.99)	\$77.01
10-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$4,745.00	(\$2,117.38)	\$3,954.00	(\$1,837.56)	\$2,116.44

Nar-Anon Florida Region
Fiscal Year Schedule
Oct 2025 - Spet 2026
Sept 5, 2026 - Assembly

Expenditures	2025/2026 Budget
1-ASSEMBLY	\$200.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$115.00
5-DELEGATE (IWSC 2026)	\$54.00
6.0-OUTREACH	\$1,200.00
6.1-HELPLINE	\$200.00
6.2-LITERATURE NEW GROUPS	\$220.00
7-TRAVEL (RSC)	\$1,100.00
8-NARATEEN (Background checks) / New Group Packets/Literature	\$100.00
9-WEBSITE/TECHNOLOGY	\$350.00
10-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$3,954.00

Region's Operating Expense with Capital Convention	\$3,954.00
Monthly Expenses	\$330.00
Prudent Reserve (3X Monthly)	\$990.00

Balance in checking account as of 8/28/2026			\$2,743.75
Including Groups and Area's donations: \$6,565.62			
Required hold back for prudent reserve			-\$990.00
Balance after Prudent Reserve			\$1,753.75
Donation History 2025-2026			
Donation to be sent to WSO from Dec 2025	\$610.05	On	12/16/2025
Donation to be sent to WSO from Mar 2026	\$1,709.84	On	3/19/2026
Donation to be sent to world of June 2026	\$788.03	On	6/14/2026
Donation to be sent to world of Sept 2026	\$1,753.75	On	9/5/2026