

Florida Region Assembly Agenda
Saturday, March 14, 2026 @ 9:00am-2:00pm
Location: Schalamar Country Club, 4500 US-92, Lakeland

CALL TO ORDER

- Serenity Prayer – Bonnie J.
- Read Twelve Traditions & Twelve Concepts
- Roll Call
- Approve Minutes of Dec 14, 2025 Virtual Assembly

OFFICERS REPORTS

- Chair & Vice Chair – Bonnie J. & Ingrid M.
 - Welcome members
- Treasurer Report – Rosemary H.
 - Treasurer Report

DELEGATES REPORTS

- Delegate Reports – Yvette B.
 - Upcoming IWSC 2026 -"Working Together, Growing Together"-April 24-26

AREA REPORT

- Bay Area – Tony G.

COMMITTEE REPORTS

- Outreach – Wendell O.
 - Helpline – Faye W.
- Website – Debra D.
- Convention – Susan F.

Break for Lunch (1 hour)

GSR ROUNDTABLE: (GSR Reports and Open Discussion)

NEW BUSINESS

- Vote on Donation/Contribution to World Services Office (WSO)
- East Coast Convention 8 (ECC8) Update

REMINDERS

- FL Region Virtual Assembly Meeting, **June 14 @ 7pm**, Time: 7-8:30pm
- FL Region Service Committee (RSC) Meeting, **July 26 @ 7pm**, Time: 7-8:30pm

MOTION TO ADJOURN

SERENITY PRAYER

December Minutes
Florida Region Virtual Assembly Meeting
Sunday December 14, 2025 / 7:00 pm-7:42 pm

CALL TO ORDER:

The Treasurer called the meeting of the Florida Region Virtual Assembly Meeting to order at 7:00 pm on December 14, 2025. Rosemary recorded minutes for this meeting and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Donna and Twelve Concepts were read by Tony.

ROLL CALL: 11 Attendees; 8 Voting Members; 3 Non-Voting Members

8 Voting: **Mary**-Lakeland, **Tony**- North Tampa, **Wendell** -Cirtus, **Donna**- Tarpon Springs, **Lynn** – Melbourne, Sandy S.-Clearwater, Karen-Mobile AL (One Step at a Time), and Julie-Mobile AL (You are Not Alone)

3 Non-Voting: **Rosemary**- Region Treasurer, **Yvette**- Region Delegate, **Doug**-Region Virtual Admin

Motion: Allow eligible voting members to vote prior to submitting the Assembly Registration Form which needs to be submitted before the end of this meeting or shortly after the meeting.

Motion was made by Donna and seconded by Sandy and passed unanimously.

APPROVAL OF MINUTES:

A motion was made to approve the minutes from Sept 13, 2025, and the Minutes passed with one abstaining from the vote.

REPORTS:

1. **Chair and Vice Chair Reports**

- No report was given. Both officers were unable to participate in this assembly.

2. **Treasurer:** (Rosemary) – *(See Attached Report)*

- As of December 1, 2025, our account balance is \$1,600.05. Our expenses for this fiscal year are \$271.56. We received \$748 in donations from groups and area. Our prudent reserve is \$990. The suggested donation to World Service Office (WSO) is \$610.05.

DELEGATE REPORT

3. **Delegate Report:** (Yvette) N/A

- IWSC will be held April 24-26, with more information to follow.

AREA REPORT

4. **Bay Area Report:** (Tony)

- Elected new officers. Tony is the new ASR, Theresa will remain the secretary with a one-year renewal, Donna is the Outreach Chair, Margarie is the Vice Chair, and Kevin is the Zoom Chair, Rae will be transitioning into the treasurer's position.

COMMITTEE REPORTS

5. **Outreach Report:** (Wendell)
 - He informed us that the Outreach Committee meets every second Wednesday of the month. He is looking to purchase three (3) banners to share with Tampa, Jacksonville, and Miami/Dade. Expects the cost to be around \$377.95.
1. **Helpline Report:** (Faye sent her update into the Chair)
 - Evoice numbers report is not available online.
 - Less than 100 calls came in according to the custom dates entered September 1 through November 30, 2025
 - There were a significant number of days where robo calls were received and blocked
 - I am including in this file the custom dated report for anyone who wants to check the outcomes.
2. **Website:** (Debra) – *(Did not attend)*
3. **Convention:** (Susan) – *(Did not attend)*

GSR Roundtable- Most groups have retained their typical sizes throughout the summer. However, the same groups are struggling with retaining newcomers.

NEW BUSINESS

Vote on Donation to WSO

- Mary made a motion to send \$610.05 to WSO and Sandy seconded. The motion passed, and funds will be sent ASAP.

East Coast Convention 8: (Donna)

- Members are urged to secure a room at the Alba Hotel.
- Committee is working on the Reception Friday evening, Saturday Dinner and the Event Registrations. Which will be coming soon.
- Event will be help from Friday, June 5 – Sunday, June 7, 2026.

ANNOUNCEMENTS:

- Florida Region Service Comm (RSC) Meeting, Sunday, January 25, 2026 @ 7:00 PM -8:30 PM
- Florida Region Assembly Meeting, Saturday, Mar 14, 2026 @ 9:00 AM – 2:00 PM

MOTION TO ADJOURN:

A motioned to adjourn the meeting and it was seconded. Motion passed unanimously. The meeting ended at 7:42 PM.

Treasurer Report

Nar-Anon Florida Region
 Treasury Ledger Summary
 Oct 2025 - Spet 2026
 Dec 14, 2025 - Virtual Assembly Meeting

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$1,123.61		
Beginning Bank Balance -	\$1,123.61		
D-In-Grp	\$748.00		\$748.00
122-007-Daphne-Recovery for You and Me	\$100.00		
127-024-Longwood-New Beginnings	\$100.00		
127-029-Miami, South-South Miami Recovery	\$150.00		
127-038-Palm City-Courage To Change	\$100.00		
127-088-New Tampa-New Tampa	\$198.00		
127-106-Boynton Beach-No Longer Alone	\$100.00		
Expense		-\$271.56	
2-OFFICE		-\$55.27	
5-DELEGATE (IWSC 2026)		-\$27.00	
6.1-HELPLINE		-\$33.30	
9-WEBSITE/TECHNOLOGY		-\$155.99	
Grand Total	\$1,871.61	-\$271.56	\$1,600.05

Florida Region NFG
 Treasury Report
 Approved Budget
 Oct 2025 - Spet 2026
 Dec 14, 2025 - Virtual Assembly Meeting

2022-2026 Program Revenues	ACTUAL	ACTUAL	ACTUAL	ACTUAL
	REVENUE	REVENUE	REVENUE	REVENUE
	2022/2023	2023/2024	2024/2025	2025/2026
Convention Gross Income: Registrations:	\$ 930.00	\$ 530.34	\$600.00	\$0.00
Dinner	\$ 510.00	\$ 210.00	\$0.00	\$0.00
Chance Drawing	\$ 531.00	\$ 170.00	\$0.00	\$0.00
Donations	\$ 55.00	\$ 379.00	\$435.00	\$0.00
Literture Sales		\$ 33.00	\$40.00	\$0.00
Total Convention Income	\$ 2,026.00	\$ 1,322.34	\$1,075.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$ (792.34)	\$ (490.65)	\$0.00	\$0.00
Donation to FRCNA NA			(\$105.00)	
CONVENTION NET INCOME	\$ 1,233.66	\$ 831.69	\$970.00	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$ 6,545.00	\$ 5,315.00	\$ 4,353.39	\$0.00
TOTAL REVENUE	\$ 7,778.66	\$ 6,146.69	\$5,218.39	\$0.00

Reporting Year	2024/2025	2024/2025	2025/2026	2025/2026	2025/2026
Expenditures	Budget	ACTUAL	Budget	ACTUAL	Remaining
1-ASSEMBLY	\$120.00	(\$120.00)	\$200.00	\$0.00	\$200.00
2-OFFICE	\$300.00	(\$251.46)	\$300.00	(\$55.27)	\$244.73
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$61.25)	\$115.00	\$0.00	\$115.00
5-DELEGATE (IWSC 2026)	\$60.00	(\$806.00)	\$54.00	(\$27.00)	\$27.00
6.0-OUTREACH	\$1,200.00	(\$234.71)	\$1,200.00	\$0.00	\$1,200.00
6.1-HELPLINE	\$660.00	(\$215.77)	\$200.00	(\$33.30)	\$166.70
6.2-LITERATURE NEW GROUPS	\$220.00	(\$60.27)	\$220.00	\$0.00	\$220.00
7-TRAVEL (RSC)	\$1,100.00	\$0.00	\$1,100.00	\$0.00	\$1,100.00
8-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00	\$0.00	\$100.00	\$0.00	\$100.00
9-WEBBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$155.99)	\$194.01
10-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$4,745.00	(\$2,117.38)	\$3,954.00	(\$271.56)	\$3,682.44

Nar-Anon Florida Region
 Fiscal Year Schedule
 Oct 2025 - Spet 2026
 Dec 14, 2025 - Virtual Assembly Meeting

Expenditures	2025/2026 Budget
1-ASSEMBLY	\$200.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$115.00
5-DELEGATE (IWSC 2026)	\$54.00
6.0-OUTREACH	\$1,200.00
6.1-HELPLINE	\$200.00
6.2-LITERATURE NEW GROUPS	\$220.00
7-TRAVEL (RSC)	\$1,100.00
8-NARATEEN (Background checks) / New Group Packets/Literature	\$100.00
9-WEBSITE/TECHNOLOGY	\$350.00
10-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$3,954.00

Region's Operating Expense with Capital Convention	\$3,954.00
Monthly Expenses	\$330.00
Prudent Reserve (3X Monthly)	\$990.00

	Balance in checking account as of	\$1,600.05
	<i>Including Groups and Area's donations:</i>	\$748.00
	Required hold back for prudent reserve	-\$990.00
	Balance after Prudent Reserve	\$610.05
Donation History 2024-2025		
Donation to be sent to WSO from Dec 2025	\$610.05	On 12/14/2024
Donation to be sent to WSO from Mar 2026		On 3/14/2025
Donation to be sent to world of June 2026		On 6/19/2025
Donation to be sent to world of Sept 2026		On 9/12/2025

Nar-Anon Florida Region
Treasury Ledger Summary
Oct 2025 - Spet 2026
Mar 14, 2026 - Assembly

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$1,123.61		
Beginning Bank Balance -	\$1,123.61		
D-In-Area	\$1,822.88		
Bay Area Donation (1) - Dec 2025	\$1,500.00		
Bay Area Donation (2) - Feb 2026	\$322.88		
D-In-Grp	\$1,233.00		
122-006-Mobile-One Step at a Time	\$40.00		
122-007-Daphne-Recovery for You and Me	\$100.00		
127-024-Longwood-New Beginnings	\$100.00		
127-029-Miami, South-South Miami Recovery	\$150.00		
127-033-Ocala-Ocala Forest NFG	\$90.00		
127-038-Palm City-Courage To Change	\$100.00		
127-042-Sarasota-Sarasota NFG	\$125.00		
127-088-New Tampa-New Tampa	\$268.00		
127-106-Boynton Beach-No Longer Alone	\$100.00		
127-121-Tallahassee-Tallahassee Nar-Anon Group Individual Member	\$115.00 \$45.00		
D-Out-WSO		-\$610.05	
WSO Donation (1) - Dec 2025		-\$610.05	
Expense		-\$869.60	
2-OFFICE		-\$88.16	
4-FLORIDA ANNUAL REG		-\$111.25	
5-DELEGATE (IWSC 2026)		-\$27.00	
6.0-OUTREACH		-\$377.95	
6.1-HELPLINE		-\$83.25	
9-WEBSITE/TECHNOLOGY		-\$181.99	
Grand Total	\$4,179.49	-\$1,479.65	\$2,699.84

Florida Region NFG
Treasury Report
Approved Budget
Oct 2025 - Spet 2026
Mar 14, 2026 - Assembly

2022-2026 Program Revenues	ACTUAL	ACTUAL	ACTUAL	ACTUAL
	REVENUE	REVENUE	REVENUE	REVENUE
	2022/2023	2023/2024	2024/2025	2025/2026
Convention Gross Income: Registrations:	\$ 930.00	\$ 530.34	\$600.00	\$0.00
Dinner	\$ 510.00	\$ 210.00	\$0.00	\$0.00
Chance Drawing	\$ 531.00	\$ 170.00	\$0.00	\$0.00
Donations	\$ 55.00	\$ 379.00	\$435.00	\$0.00
Literture Sales		\$ 33.00	\$40.00	\$0.00
Total Convention Income	\$ 2,026.00	\$ 1,322.34	\$1,075.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$ (792.34)	\$ (490.65)	\$0.00	\$0.00
Donation to FRCNA NA			(\$105.00)	
CONVENTION NET INCOME	\$ 1,233.66	\$ 831.69	\$970.00	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$ 6,545.00	\$ 5,315.00	\$ 4,353.39	\$0.00
TOTAL REVENUE	\$ 7,778.66	\$ 6,146.69	\$5,218.39	\$0.00

Reporting Year	2024/2025	2024/2025	2025/2026	2025/2026	2025/2026
Expenditures	Budget	ACTUAL	Budget	ACTUAL	Remaining
1-ASSEMBLY	\$120.00	(\$120.00)	\$200.00	\$0.00	\$200.00
2-OFFICE	\$300.00	(\$251.46)	\$300.00	(\$88.16)	\$211.84
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$61.25)	\$115.00	(\$111.25)	\$3.75
5-DELEGATE (IWSC 2026)	\$60.00	(\$806.00)	\$54.00	(\$27.00)	\$27.00
6.0-OUTREACH	\$1,200.00	(\$234.71)	\$1,200.00	(\$377.95)	\$822.05
6.1-HELPLINE	\$660.00	(\$215.77)	\$200.00	(\$83.25)	\$116.75
6.2-LITERATURE NEW GROUPS	\$220.00	(\$60.27)	\$220.00	\$0.00	\$220.00
7-TRAVEL (RSC)	\$1,100.00	\$0.00	\$1,100.00	\$0.00	\$1,100.00
8-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00	\$0.00	\$100.00	\$0.00	\$100.00
9-WEBBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$181.99)	\$168.01
10-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$4,745.00	(\$2,117.38)	\$3,954.00	(\$869.60)	\$3,084.40

Nar-Anon Florida Region
 Fiscal Year Schedule
 Oct 2025 - Spet 2026
 Mar 14, 2026 - Assembly

Expenditures	2025/2026 Budget
1-ASSEMBLY	\$200.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$115.00
5-DELEGATE (IWSC 2026)	\$54.00
6.0-OUTREACH	\$1,200.00
6.1-HELPLINE	\$200.00
6.2-LITERATURE NEW GROUPS	\$220.00
7-TRAVEL (RSC)	\$1,100.00
8-NARATEEN (Background checks) / New Group Packets/Literature	\$100.00
9-WEBSITE/TECHNOLOGY	\$350.00
10-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$0.00
TOTAL BUDUGETED EXPENDITURES	\$3,954.00

Region's Operating Expense with Capital Convention	\$3,954.00
Monthly Expenses	\$330.00
Prudent Reserve (3X Monthly)	\$990.00

Balance in checking account as of	\$2,699.84
<i>Including Groups and Area's donations:</i>	\$3,055.88
Required hold back for prudent reserve	-\$990.00
Balance after Prudent Reserve	\$1,709.84
Donation History 2025-2026	
Donation to be sent to WSO from Dec 2025	\$610.05 On 12/14/2024
Donation to be sent to WSO from Mar 2026	\$1,709.84 On 3/14/2025
Donation to be sent to world of June 2026	On 6/19/2025
Donation to be sent to world of Sept 2026	On 9/12/2025



ASSEMBLY REGISTRATION FORM

Assembly Date: _____

The Area, or a Group unaffiliated with an Area, submits the following names to the Region for acknowledgment as an authorized voting Group Service Representative, Alternate Group Service Representative, or Group Substitute at the above dated assembly.

SECTION A:

Member Name: First and Last/Initial: _____

Group Name: _____ Position: GSR [] Alternate GSR [] Group Substitute []

Email address: _____ Phone: _____

Member Name: First and Last/Initial: _____

Group Name: _____ Position: GSR [] Alternate GSR [] Group Substitute []

Email address: _____ Phone: _____

Member Name: First and Last/Initial: _____

Group Name: _____ Position: GSR [] Alternate GSR [] Group Substitute []

Email address: _____ Phone: _____

Member Name: First and Last/Initial: _____

Group Name: _____ Position: GSR [] Alternate GSR [] Group Substitute []

Email address: _____ Phone: _____

SECTION B:

ASC or RSC Officer, as applicable:

Signature: _____ Print: _____

Area: _____ Position: _____ Date: _____