

September Minutes
Florida Region Virtual Assembly Meeting
Saturday, September 13, 2025 / 9:00 am-1:38 pm

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Virtual Assembly Meeting to order at 9:00 am on September 13, 2025. Ingrid recorded minutes for this meeting and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Kevin and Twelve Concepts were read by Ingrid.

ROLL CALL: 14 Attendees; 8 Voting Members; 6 Non-Voting Members

8 Voting: Mary-Lakeland, Tony- North Tampa, Wendell -Cirtus, Vikki - Ft. Myers, Susan - Brandon, Kevin - Tarpon Springs, Lynn - Melbourne and Debra- New Tampa* (arrived after voting for Minutes Approval)

6 Non-Voting: Bonnie-Region Chair, Ingrid- Region Vice Chair, Rosemary- Region Treasurer, Yvette- Region Delegate, Donna-visiting member Tarpon Springs and Sheryl- visiting member Lakeland

APPROVAL OF MINUTES:

A motion was made to approve the minutes from June 8, 2025, and the Minutes passed unanimously.

REPORTS:

1. **Chair and Vice Chair Reports** (Bonnie and Ingrid)

- Bonnie welcomed all the GSR's and new members. We went around the room to introduce ourselves.
- Bonnie mentioned the low attendance and participation in regional events and the assemblies. This began an open discussion with members sharing overall low attendance and of lack of interest in Region as pivotal issues.
 - i. Wendell and Ingrid will create a survey to send to the groups to get feedback from the Region.
 - ii. Donna suggested changing the location of the September meeting to someplace more central in the state such as Sebring or changing to a hybrid format.
- Ingrid said that the newsletter has been an effective tool between the Officers and the groups with members sharing that they share the newsletter during the announcements portion of their meetings.

2. **Treasurer:** (Rosemary) – *(See Attached Report)*

- The last day to close out expenses for the year is September 30, 2025. As of August 28,2025, our account balance is \$3,968.96. After our donation to NA, we made \$965.34 from the FRCNA. Our total expenses for this fiscal year were \$1,741.99. The suggested donation to World Service Office (WSO) is \$2,783.96.

DELEGATE REPORT

3. **Delegate Report:** (Yvette) N/A

- WSO website has literature up for fellowship review and we still need an alternate delegate.

AREA REPORT

4. **Bay Area Report:** (Marguerite) – *(See Attached Report)*

COMMITTEE REPORTS

5. **Outreach Report:** (Wendell)

- He informed us that the Outreach Committee meets every second Wednesday of the month. He will be reaching out to some larger groups like Ocala and Ft. Myers to collaborate with Outreach. He reached out to all the groups in the region, and he didn't receive any response back. He will begin visiting in-person meetings. He presented to us the new banner and he would like to order three of them.

1. **Helpline Report:** (Faye) – N/A

Bonnie informed us that Faye will be resigning since she is no longer attending meetings so we will need a Helpline Coordinator.

2. **Website:** (Debra) – *(See Attached Report)*

3. **Convention:** (Susan)

- FRCNA only had 18 members who attended. The convention went well, and she received a lot of positive feedback. Susan told us that there will not be a FRCNA convention next year since the month prior will be the East Coast Convention (ECC) 8. We took a group conscious, and everyone agreed that our efforts should be first in a Nar-Anon event before collaborating with N.A.

GSR Roundtable- Most groups have retained their typical sizes throughout the summer. However, the same groups are struggling with retaining newcomers.

NEW BUSINESS

Regional Elections

- Susan made a motion to vote for Bonnie as the Chair, Ingrid as the Vice Chair and Rosemary as the Treasurer for another 3-year term. Wendell seconded the motion and the motion passed unanimously.
- Susan made a motion to vote for Debra as the Website Chair for another 3-year term and Mary seconded. The motion passed unanimously.

Vote on Donation to WSO

- Mary made a motion to send \$2,783.96 to WSO and Debra seconded. The motion passed with 7 yes's and 1 no.

2025-2026 Region Budget Approval

- We went over with each committee their proposed budget. Then, we took a group conscious on each budgeted line item.
- Assembly was raised from \$120 to \$200 for the next WSC. We changed the name of line-item Outreach Packets to just Outreach since it caused some confusion. Removed line-item Travel Expenses under Outreach and made it its own line item since the

Officers also use travel expenses when traveling. Helpline was lowered from \$660 to \$200 since Faye changed it to a better plan. Narateen was reduced from \$200 to \$100 since they are no longer an active committee. Convention was reduced to \$0 since we will not be participating in FRCNA next year.

- Mary made a motion to approve the amount of \$3,954 for our next year's annual budget. Susan seconded and it passed unanimously.

East Coast Convention 8 (ECC 8) Updates

- Donna mentioned that the ECC 8 committee meets every second Saturday of the month. The Bay area is helping to fund the convention with a Rummage Sale on September 27th. Hotel Alba is giving us a discount of \$169/night for double occupancy rooms, but we need to fill 85% of the 75 rooms. They are possibly going to have a speaker dinner on Friday evening and there will be men's meetings on both days. They are also offering us free parking.

ANNOUNCEMENTS:

- Florida Region Virtual Assembly Meeting, December **14, 2025** @ 7:00 pm -8:30 PM
- Florida Region Service Committee (RSC) Meeting, January 25, 2026 @ 7:00 pm -8:30 PM

MOTION TO ADJOURN:

Susan motioned to adjourn the meeting and Donna seconded. Motion passed unanimously. The meeting ended at 1:38 PM.

Treasurer's Report

Nar-Anon Florida Region
 Treasury Ledger Summary
 October 2024 - September 2025
 June 8, 2025 - Assembly Meeting

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$1,967.83		
Beginning Bank Balance -	\$1,967.83		
D-FRCNA	\$203.91		
FRCNA 2025	\$190.00		
FRCNA 2025 Donation	\$15.00		
FRCNA 2025 PayPalFee	-\$1.09		
D-In-Area	\$265.00		
Bay Area Donation	\$265.00		
D-In-Grp	\$3,066.50		
127-029-Miami, South-South Miami Recovery	\$100.00		
122-006-Mobile-One Step at a Time	\$100.00		
122-007-Daphne-Recovery for You and Me	\$100.00		
122-011-Mobile-You are not Alone	\$50.00		
127-003-Brandon-Friends & Family in Recovery	\$100.00		
127-008-Southwest Ranches-TGIF Group	\$100.00		
127-023-Land O' Lakes-Land O'Lakes NFG	\$200.00		
127-024-Longwood-New Beginnings	\$100.00		
127-028-Melbourne-One Day At A Time	\$100.00		
127-033-Ocala-Ocala Forest NFG	\$150.00		
127-038-Palm City-Courage To Change	\$150.00		
127-041-Port St Lucie-Vision of Hope	\$125.00		
127-042-Sarasota-Sarasota NFG	\$125.00		
127-055-Lake Worth-Discover Peace	\$100.00		
127-058-Winter Park -Winter Park Nar-Anon	\$300.00		
127-063-Ft Myers-A New Way of Life	\$370.00		
127-077-Southwest Ranches-A Place of Serenity	\$200.00		
127-088-New Tampa-New Tampa	\$496.50		
Individual Member	\$100.00		
D-Out-WSO		-\$2,055.46	-\$2,055.46
WSO Donation (1) - Dec 2024		-\$313.25	-\$313.25
WSO Donation (2) - Dec 2024 Scholarship		-\$314.25	-\$314.25
WSO Donation (3) - Mar 2025		-\$1,427.96	-\$1,427.96
Expense	\$64.02	-\$1,578.65	-\$1,514.63
1-ASSEMBLY		-\$60.00	-\$60.00
2-OFFICE	\$57.02	-\$210.70	-\$153.68
4-FLORIDA ANNUAL REG		-\$61.25	-\$61.25
5-DELEGATE (WSC 2025)		-\$806.00	-\$806.00
6.0-OUTREACH PACKETS	\$7.00	-\$72.24	-\$65.24
6.2-HELPLINE		-\$177.47	-\$177.47
8-WEBSITE/TECHNOLOGY		-\$190.99	-\$190.99
Grand Total	\$5,567.26	-\$3,634.11	\$1,933.15

ActualDetails

1 of 3

5/29/2025

Florida Region NFG
Treasury Report
Approved Budget
Oct 2024 - Sept 2025
June 8, 2025 - Assembly Meeting

2023/2024 Program Revenues vs. 2024/2025		ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024	ACTUAL REVENUE 2024/2025	ACTUAL REVENUE 2024/2025
Convention Gross Income: Registrations: \$190.00		\$ 930.00	\$ 530.34	\$190.00	\$0.00
Dinner		\$ 510.00	\$ 210.00	\$0.00	\$0.00
Chance Drawing		\$ 531.00	\$ 170.00	\$0.00	\$0.00
Donations		\$ 55.00	\$ 379.00	\$15.00	\$0.00
Literature Sales			\$ 33.00	\$0.00	\$0.00
Total Convention Income		\$ 2,026.00	\$ 1,322.34	\$205.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literaturexxxx.xx)		\$ (792.34)	\$ (490.65)	\$0.00	\$0.00
CONVENTION NET INCOME		\$ 1,233.66	\$ 831.69	\$0.00	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE		\$ 6,545.00	\$ 5,315.00	\$ 2,240.00	\$0.00
TOTAL REVENUE		\$ 7,778.66	\$ 6,146.69	\$0.00	\$0.00

Reporting Year	2023/2024	2023/2024	2024/2025	2024/2025	2024/2025
	Budget	ACTUAL	Budget	ACTUAL	Remaining
Expenditures					
1-ASSEMBLY	\$120.00	(\$120.00)	\$120.00	(\$60.00)	\$60.00
2-OFFICE	\$300.00	(\$627.67)	\$300.00	(\$153.68)	\$146.32
3-ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$70.00)	\$70.00	(\$61.25)	\$8.75
5-DELEGATE (IWSC 2026)	\$56.00	(\$58.68)	\$60.00	(\$80.00)	(\$746.00)
6.0-OUTREACH PACKETS	\$1,200.00	(\$556.87)	\$1,200.00	(\$65.24)	\$1,134.76
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00	(\$490.70)	\$1,100.00	\$0.00	\$1,100.00
6.2-HELPLINE	\$550.00	(\$680.40)	\$660.00	(\$177.47)	\$482.53
6.3-LITERATURE NEW GROUPS	\$220.00	(\$174.25)	\$220.00	\$0.00	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00	(\$43.43)	\$200.00	\$0.00	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$190.99)	\$159.01
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$490.65)	\$350.00	\$0.00	\$350.00
TOTAL BUDGETED EXPENDITURES	\$4,271.00	(\$3,189.92)	\$4,745.00	(\$1,514.63)	\$3,230.37

Nar-Anon Florida Region
Fiscal Year Schedule
Oct 2024 - Spet 2025
June 8, 2025 - Assembly Meeting

Expenditures	2024/2025 Budget
1-ASSEMBLY	\$120.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$70.00
5-DELEGATE (IWSC 2026)	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
6.2-HELPLINE	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
TOTAL BUDGETED EXPENDITURES	\$4,745.00

Region's Operating Expense with Capital Convention	\$4,745.00
Monthly Expenses	\$395.00
Prudent Reserve (3X Monthly)	\$1,185.00

Balance in checking account as of	\$1,933.15
Including Groups and Area's donations: \$3,331.50	
Required hold back for prudent reserve	-\$1,185.00
Balance after Prudent Reserve	\$748.15

Donation History 2024-2025		
Donation to be sent to WSO from Dec 2024	\$313.25	On 12/30/2024
Doantion to 2025 WSC Scholarship	\$314.25	On 12/23/2024
Donation to be sent to WSO from Mar 2025	\$1,427.06	On 3/10/2025
Donation to be sent to world of June 2025	\$748.15	On 6/18/2025
Donation to be sent to world of Sept 2025		On

Bay Area Report

The Bay Area continues to meet monthly except the months of in person Assemblies or conventions.

We decided to postpone the potluck/workshop indefinitely due to lack of communicated interest and volunteers.

The Bay Area supports ECC8 and will assist as able with the rummage sale later this month.

Yours in service,

Marguerite

Website Report

Delighted to announce our new Webmaster - Welcome Vikki D

Work on the new site is now continuing.

New unique visitors to the site are way down. Please display the FL Region Website.

Website committee is meeting on the third Wednesday of each month. The decisions regarding the new site will happen through the committee, but we welcome feedback from the Groups about the current site and changes they'd like to see. Those can be sent to the Website chair:
Website@naranonfl.org.