

Minutes  
Florida Region Virtual Assembly Meeting  
Sunday, June 8, 2025 / 7:01 pm-7:55 pm

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**CALL TO ORDER:**

The Chairperson called the meeting of the Florida Region Virtual Assembly Meeting to order at 7:01 pm on June 8, 2025. Ingrid recorded minutes for this meeting and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Bonnie.

**ROLL CALL:** 10 Attendees; 3 Voting Members; 7 Non-Voting Members

**3 Voting:** **Mary**-Lakeland, **Sandy** -Clearwater and **Donna**- Tarpon Springs\* (arrived after voting for Minutes Approval)

**7 Non-Voting:** **Bonnie**-Region Chair, **Ingrid**- Region Vice Chair, **Doug** -Virtual Coordinator, **Susan**- Convention Chair, **Theresa** -B.A. Secretary, **Faye** -Helpline and **Marguerite** -Bay Area Chair

**APPROVAL OF MINUTES:**

Mary made a motion to approve the minutes from March 8, 2025, and the Minutes passed unanimously.

**REPORTS:**

1. **Chair and Vice Chair Reports** (Bonnie and Ingrid)

- Bonnie expressed her disappointment with the Region's participation, especially when it came to the CAR. She received a lot of responses for the Priority List. However, only 8 groups submitted the CAR motions.
  - i. Sandy suggested we reach out to healthier regions for suggestions on increasing participation.
- Ingrid noted that they have been sending out reminders for the FRCNA convention every other week. She informed everyone that the newsletter was well received and that as of last month there was about 60% open rate which means most subscribers are at least opening the emails. Bonnie said that there are a few groups that she is aware of that share the newsletter with their home groups as part of the announcements.

2. **East Coast Convention** – Save the Date June 5-7, 2026

- Next committee call is July 12<sup>th</sup>, and they are hoping to get participation from the FL Region.
- They will need speakers.
- People are showing excitement and interest in the Convention.
- Donna reminded everyone to reserve rooms early because a certain percentage must be booked. The rooms are reasonably priced.
- Donna will send Bonnie and Ingrid the information to add to the next newsletter. She also gave everyone the website to look up more information.

3. **Treasurer:** (N/A) – *(See Attached Report)*

- Bonnie read Rosemary's report and Ingrid screen shared it.

Mary made a motion to send \$748.15 to the World Service Office and Sandy seconded. Vote passed unanimously.

#### **DELEGATES REPORTS**

4. **Delegate Report:** (N/A) – *(See Attached)*
  - Bonnie read her report and Ingrid put up the CAR Tally Sheet.
  - Theresa shared with the group how the conference went.
  - She explained the Tally Sheet and said it was long and challenging especially due the various countries who are not English speaking.
  - She also went over the difficulties of the experience.
  - She stressed the importance of two people attending the conference.
  
5. **Bay Area Report:** (Marguerite) – *(See Attached Report)*
  - Marguerite gave the report for the Bay Area, and they will be donating \$500 to the FI Region.

#### **COMMITTEE REPORTS**

6. **Outreach Report:** (N/A)
7. **Helpline Report:** (Faye) – *(See attached Report)*
  - She read her report, and Ingrid shared her Usage Report.
8. **Website:** (N/A)
9. **Convention:** (Susan) – *(See attached Report)*
  - **Susan read her report.**

#### **NEW BUSINESS**

**Letter of Willingness to Webmaster-** Bonnie shared with everyone that someone put in a letter of willingness to be the Region's webmaster. We will be able to vote at the September assembly.

#### **ANNOUNCEMENTS:**

- RSC Meeting, **July 27, 2025 @ 7:00-8:30 PM**
- Florida Region Assembly Meeting, **September 13, 2025 @ 9:00 am -3:00 PM @ Schalamar Creek Country Club, Lakeland**

#### **MOTION TO ADJOURN:**

Mary motioned to adjourn the meeting and Sandy seconded. Motion passed unanimously. The meeting ended at 7:55 PM.

Nar-Anon Florida Region  
Treasury Ledger Summary  
October 2024 - September 2025  
June 8, 2025 - Assembly Meeting

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
<b>Beginning Balance</b>	<b>\$1,967.83</b>		
Beginning Bank Balance -	\$1,967.83		
<b>D-FRCNA</b>	<b>\$203.91</b>		
FRCNA 2025	\$190.00		
FRCNA 2025 Donation	\$15.00		
FRCNA 2025 PayPalFee	-\$1.09		
<b>D-In-Area</b>	<b>\$265.00</b>		
Bay Area Donation	\$265.00		
<b>D-In-Grp</b>	<b>\$3,066.50</b>		
127-029-Miami, South-South Miami Recovery	\$100.00		
122-006-Mobile-One Step at a Time	\$100.00		
122-007-Daphne-Recovery for You and Me	\$100.00		
122-011-Mobile-You are not Alone	\$50.00		
127-003-Brandon-Friends & Family in Recovery	\$100.00		
127-008-Southwest Ranches-TGIF Group	\$100.00		
127-023-Land O' Lakes-Land O'Lakes NFG	\$200.00		
127-024-Longwood-New Beginnings	\$100.00		
127-028-Melbourne-One Day At A Time	\$100.00		
127-033-Ocala-Ocala Forest NFG	\$150.00		
127-038-Palm City-Courage To Change	\$150.00		
127-041-Port St Lucie-Vision of Hope	\$125.00		
127-042-Sarasota-Sarasota NFG	\$125.00		
127-055-Lake Worth-Discover Peace	\$100.00		
127-058-Winter Park -Winter Park Nar-Anon	\$300.00		
127-063-Ft Myers-A New Way of Life	\$370.00		
127-077-Southwest Ranches-A Place of Serenity	\$200.00		
127-088-New Tampa-New Tampa Individual Member	\$496.50 \$100.00		
<b>D-Out-WSO</b>		<b>-\$2,055.46</b>	<b>-\$2,055.46</b>
WSO Donation (1) - Dec 2024		-\$313.25	-\$313.25
WSO Donation (2) - Dec 2024 Scholarship		-\$314.25	-\$314.25
WSO Donation (3) - Mar 2025		-\$1,427.96	-\$1,427.96
<b>Expense</b>	<b>\$64.02</b>	<b>-\$1,578.65</b>	<b>-\$1,514.63</b>
1-ASSEMBLY		-\$60.00	-\$60.00
2-OFFICE	\$57.02	-\$210.70	-\$153.68
4-FLORIDA ANNUAL REG		-\$61.25	-\$61.25
5-DELEGATE (WSC 2025)		-\$806.00	-\$806.00
6.0-OUTREACH PACKETS	\$7.00	-\$72.24	-\$65.24
6.2-HELPLINE		-\$177.47	-\$177.47
8-WEBSITE/TECHNOLOGY		-\$190.99	-\$190.99
<b>Grand Total</b>	<b>\$5,567.26</b>	<b>-\$3,634.11</b>	<b>\$1,933.15</b>

Florida Region NFG  
 Treasury Report  
 Approved Budget  
 Oct 2024 - Sept 2025  
 June 8, 2025 - Assembly Meeting

2023/2024 Program Revenues vs. 2024/2025		ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024	ACTUAL REVENUE 2024/2025	ACTUAL REVENUE 2024/2025
Convention Gross Income:	Registrations: \$190.00	\$ 930.00	\$ 530.34	\$190.00	\$0.00
Dinner		\$ 510.00	\$ 210.00	\$0.00	\$0.00
Chance Drawing		\$ 531.00	\$ 170.00	\$0.00	\$0.00
Donations		\$ 55.00	\$ 379.00	\$15.00	\$0.00
Literature Sales			\$ 33.00	\$0.00	\$0.00
Total Convention Income		\$ 2,026.00	\$ 1,322.34	\$205.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literaturexxx.xx)		\$ (792.34)	\$ (490.65)	\$0.00	\$0.00
<b>CONVENTION NET INCOME</b>		<b>\$ 1,233.66</b>	<b>\$ 831.69</b>	<b>\$0.00</b>	<b>\$0.00</b>
GROUP, MEMORIAL & AREA DONATIONS TO DATE		\$ 6,545.00	\$ 5,315.00	\$ 2,240.00	\$0.00
<b>TOTAL REVENUE</b>		<b>\$ 7,778.66</b>	<b>\$ 6,146.69</b>	<b>\$0.00</b>	<b>\$0.00</b>

Reporting Year	2023/2024	2023/2024	2024/2025	2024/2025	2024/2025
Expenditures	Budget	ACTUAL	Budget	ACTUAL	Remaining
1-ASSEMBLY	\$120.00	(\$120.00)	\$120.00	(\$60.00)	\$60.00
2-OFFICE	\$300.00	(\$627.67)	\$300.00	(\$153.68)	\$146.32
3-ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$70.00)	\$70.00	(\$61.25)	\$8.75
5-DELEGATE (IWSC 2026)	\$56.00	(\$58.68)	\$60.00	(\$806.00)	(\$746.00)
6.0-OUTREACH PACKETS	\$1,200.00	(\$556.87)	\$1,200.00	(\$65.24)	\$1,134.76
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00	(\$490.70)	\$1,100.00	\$0.00	\$1,100.00
6.2-HELPLINE	\$550.00	(\$680.40)	\$660.00	(\$177.47)	\$482.53
6.3-LITERATURE NEW GROUPS	\$220.00	(\$174.25)	\$220.00	\$0.00	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00	(\$43.43)	\$200.00	\$0.00	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$190.99)	\$159.01
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$490.65)	\$350.00	\$0.00	\$350.00
<b>TOTAL BUDGETED EXPENDITURES</b>	<b>\$4,271.00</b>	<b>(\$3,189.92)</b>	<b>\$4,745.00</b>	<b>(\$1,514.63)</b>	<b>\$3,230.37</b>

Nar-Anon Florida Region  
 Fiscal Year Schedule  
 Oct 2024 - Spet 2025  
 June 8, 2025 - Assembly Meeting

Expenditures	2024/2025 Budget
1-ASSEMBLY	\$120.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$70.00
5-DELEGATE (IWSC 2026)	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
6.2-HELPLINE	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
<b>TOTAL BUDGETED EXPENDITURES</b>	<b>\$4,745.00</b>

Region's Operating Expense with Capital Convention	\$4,745.00
Monthly Expenses	\$395.00
Prudent Reserve (3X Monthly)	\$1,185.00

Balance in checking account as of	\$1,933.15
Including Groups and Area's <b>donations: \$3,331.50</b>	
Required hold back for <b>prudent reserve</b>	-\$1,185.00
<b>Balance after Prudent Reserve</b>	<b>\$748.15</b>
<b>Donation History 2024-2025</b>	
Donation to be sent to WSO from Dec 2024	\$313.25 On 12/30/2024
Doantion to 2025 WSC Scholarship	\$314.25 On 12/23/2024
Donation to be sent to WSO from Mar 2025	\$1,427.06 On 3/10/2025
<b>Donation to be sent to world of June 2025</b>	<b>\$748.15 On 6/18/2025</b>
Donation to be sent to world of Sept 2025	On

## Bay Area Report

The Bay Area continues to support area groups with CAL literature and is planning a potluck/workshop for the fall.

Marguerite

### Florida Region

#### HELPLINE

June 8, 2025

For the quarter March 1 through May 31, 2025 there are listed on the record 56 incoming calls.

Some of these calls were at the beginning of the switch over to the new system. There were numerous calls that were business/spam/telemarketers, etc.

Adjusting for the non-client calls the quarter had 23 TRUE clients call into EVoice.

Attached find a pdf file showing my notes on the downloaded record from e-voice.

The 3rd of June payment of \$16.65 was paid from using the credit balance so graciously transferred from our last payment to the One Box account. Next month I will start seeing charges applied to my personal debit card. There is a credit balance of -\$11.65 yet to use.

The theory we are operating with is because of having a credit balance since the switch, Rosemary's numerous attempts to change the account to the organizations debit card have been rejected. As I am traveling until mid-August I have no problem allowing the amount for July and August being paid out of my personal funds. I will donate those two month's charge to the organization. When I return if there is still a glitch, Rosemary and I will do a call and get it figured out. No need to get it done till then...in my humble opinion.

Respectfully submitted

Faye W

Helpline Coordinator

Florida Region

Attachments (2)

## CONVENTION COMMITTEE REPORT

June 8, 2025

The Convention Committee has been meeting every two weeks since March. We have 6 members on the Committee, all of whom have contributed to developing an agenda for the Convention.

The theme of this year's Convention is 'Envisioning Serenity.' The convention will be a mix of speakers and workshops. The Convention is only one day this year, which we hope will encourage more people to attend.

We are still in need of 3 speakers. We allow 45 minutes for each speaker, but there is no requirement that you speak that long. You can speak on any topic you like, but including something about your "found" serenity would tie back nicely to our theme. If you, or anyone you know, would like to speak, please have them contact me (text is best: 813.367.7991) or Bonnie ([Chair@naranonfl.org](mailto:Chair@naranonfl.org).)

We are attempting to move away from the chance drawings and encouraging groups to send the funds they would spend on baskets to the region. Please remind your groups of this change.

We are counting on everyone to encourage your groups to attend the Convention. It's a fun time and a great opportunity to meet others from our fellowship. I do hope that all of you will be able to attend as well.

Susan F

Convention Committee Chair, 2025

## Letter of Willingness- Webmaster

Vikki  
Cape Coral, Florida  
[vikkichick80@hotmail.com](mailto:vikkichick80@hotmail.com)  
605-690-5825  
January 30, 2025

Nar-Anon Florida Region Group  
To Whom it may concern,

My name is Vikki, and I am writing to express my intent to apply for the webmaster position for the Florida region Nar-Anon website. I have been a member of the Ft Myers Nar-Anon group for about 18 months.

With nine years of experience as a website manager, I have honed my skills in managing websites using platforms such as Big Commerce and Weebly. Upon researching the Blue Host platform that the Florida Region Nar-Anon group is transitioning to, I find it closely aligned with my current skill set. I have a strong ability to read HTML code and navigate website functionalities, stemming from self-teaching and hands-on experience in website management, ranging from stock level management to product creation and customer satisfaction solutions.

My qualifications include proficiency in Microsoft Word and Excel, experience with AI tools, and a background in customer service and management. These skills translate to effective communication, organization, and professionalism, essential attributes for successful webmaster roles.

The motivation behind my application stems from a personal journey with Nar-Anon, where I found solace and support during challenging times with my addicted loved one. The program taught me valuable lessons about acceptance and personal responsibility, which I aim to carry forward by contributing to the Nar-Anon community as a webmaster.

I am prepared to support the transition from the old HTML website to the new WordPress platform hosted by Blue Dog. My willingness to learn and adapt to new systems ensures a smooth transition that serves the interests of the Florida region Nar-Anon group.

In conclusion, I am enthusiastic about the opportunity to serve as the webmaster and contribute to the community that has provided me with invaluable support. Please feel free to contact me for further discussion or if additional information is needed. I can also provide references should you need them.

Sincerely,

Vikki