

(Draft) Minutes
 Florida Region Assembly
 Saturday, March 8, 2025 / 09:00am – 12:35pm

Attendees:

ROLL CALL: 10 Attendees; 7 Voting Members; 3 Non-Voting Members * Dual Role

Voting: 7	Non-Voting: 3
Mary - Lakeland	Bonnie – Regional Chair
Alex - Brandon	Rosemary – Regional Treasurer
Tony - Tampa	Yvette – Regional Delegate
Mike - Melbourne	
Susan - Zephyrhills	
* Wendell - Citrus Springs	
Kim – Longwood	

Call to Order:

The Chairperson called the meeting of the Florida Region Assembly to order at 9:00 am on March 8, 2025. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions and Twelve Concepts were read aloud. In the absence of a Regional Secretary, the meeting was recorded. *Rosemary H.* will record minutes for this meeting. Roll call was taken by *Bonnie J.*

Minutes:

Corrections:

Mary made a motion to approve the minutes from December 2024. Yvette seconded with no corrections and passed unanimously.

COMMITTEE REPORTS

- **Chair / Vice-Chair (Bonnie J.)**
 - Welcomed new GSR and all participates
 - Workshop on Step Four held by Rocky Mountain Region
 - Helpline news to be reported
 - 211 Palm Beach/Treasure Coast notification received looking to have Nar-Anon added for all of 211 Florida
 - Meeting Expectations
- **Treasurer: (Rosemary H.)**

The current Financial and Budget Reports were finalized earlier this week. Donations coming in and expenses going out were recorded. Since December’s Assembly the Region has received \$1,750 in donations/contributions, expenses paid were office of \$45.47, FL Reg \$61.25, Delegate WSC \$806, Helpline was \$177.47, and Website/Technology \$39. The bank balance is **\$2,612.06**. Holding back the prudent reserve of \$1,185, the donation to Nar-Anon Family Group, Inc. is **\$1,427.96**. See attached REVISED Treasury Reports.
- **Delegate/ Alternate Delegate Report: (Yvette)**

WSC sent a request to regions concerning the attendance of all regions due to low registration. WSC has not published their results.

- **Bay Area Report: (Marguerite)**

The report was read by Bonnie J., which will be attached to the minutes.

Concerns discussed:

- WSC CAR Vote Tally Sheet is needed. Yvette will create a tally sheet and email to the groups.
- Bay Area donated/contributed \$265 to the Region in March with the remaining available balance of \$1,540 will be used to purchase literature.
- Pop-up banners are in possession of the Outreach Chair. Wendell shared the pop-up banners fall over. Tony told him he could keep the pop-up banner.
- Bay Area requested the Assembly meeting be made a hybrid meeting, but after some discussion the attendees decided to keep two assemblies a year in-person, and two assemblies virtual.
- Fellowship potluck is planned for Saturday, March 22 in Oldster.

- **Outreach Report: (Wendall O.)**

Report submitted is attached

- **Helpline Report: (Faye)**

Report read by Bonnie J.

- **Website (Debra D.)**

Bonnie J., shared with the website committee is working on migrating to WordPress.

- **Convention (Susan F.)**

Due to absence of a convention chair the FRCNA will not be held. Yvette shared that in the past the Outreach Committee organized a convention without a chair. The group discussed the possibilities of organizing a convention and members will work together and make an announcement soon.

GSR Roundtable

Mary – Lakeland, our group is strong. New members are enthusiastic about outreach.

Tony – Tampa, recently worked on outreach with pull tab poster. Member of the Bay Area Meeting.

Mike – Melbourne, meeting is growing held on Wednesdays at Noon. What unifies his group is the phone list.

Wendell – Citrus Springs, meets Thursdays at 7pm. Working on local outreach by putting out flyers at many locations as well as the local newspaper and participating in health fairs.

Kim – Longwood, virtual meeting held on Wednesdays at 7:30pm. She has attended other meetings in the neighboring areas.

Alex-Brandon, Mondays at 7pm, meeting is growing.

Susan – Zephyrhills, meeting held Saturdays at 10am. The attendance fluctuates.

Bonnie J. – New Tampa virtual meeting with members attending from locations outside of the vicinity.

Wendell – Ocala, core group of 8-20 member, with about 8 members regularly attending. Recently the group lost a loved one.

Rosemary H. – Fort Myers has a virtual meeting as well as a well-attended in personal meeting.

New Business:

1. Motion was made to send \$1,427.96 donation to WSO. The motion was seconded and members approved.
2. Yvette reviewed the 35 WSC CAR Motions

Next Meeting Date & Time:

The next FLRNFG Assembly meeting will be held virtually on Sunday, June 8, 2025 @ 7pm.

The next Regional Service Committee (RSC) meeting will be held Sunday, April 27, 2025 @ 7pm.

Meeting Adjournment:

Mike motioned to adjourn the meeting at 12:35pm. The motion was seconded by Mary and members approved unanimously. The meeting closed with the Serenity Prayer.

Submitted by,

Ingrid/Rosemary

Vice Chair/Treasurer

Approval Date: _____

Insert additional documents

Treasurer Reports

Committee Reports

Nar-Anon Florida Region
Treasury Ledger Summary
October 2024 - September 2025
March 8, 2025 - Assembly
REVISED

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$1,967.83		
Beginning Bank Balance -	\$1,967.83		
D-In-Area	\$265.00		
Bay Area Donation	\$265.00		
D-In-Grp	\$2,365.00		
122-006-Mobile - SAT	\$100.00		
122-007-Daphne	\$100.00		
122-011-Mobile - TUE	\$50.00		
127-003-Brandon	\$100.00		
127-008-Southwest Ranches - FRI	\$100.00		
127-023-Land O' Lakes	\$100.00		
127-024-Longwood	\$100.00		
127-028-Melbourne	\$100.00		
127-029-Miami, South	\$100.00		
127-033-Ocala - TUE	\$60.00		
127-038-Palm City	\$150.00		
127-041-Port St Lucie	\$50.00		
127-042-Sarasota (V)	\$125.00		
127-055-West Palm Beach	\$100.00		
127-058-Winter Park	\$100.00		
127-063-Ft Myers	\$350.00		
127-077-Southwest Ranches - MON	\$200.00		
127-088-New Tampa (V)	\$305.00		
127-XXX-Member	\$75.00		
D-Out-WSO		-\$627.50	
WSO Donation (1) - Dec 2024		-\$313.25	
WSO Donation (2) - Dec 2024 Scholarship		-\$314.25	
Expense	\$64.02	-\$1,422.29	-\$1,358.27
2-OFFICE	\$57.02	-\$140.34	-\$83.32
4-FLORIDA ANNUAL REG		-\$61.25	-\$61.25
5-DELEGATE (WSC 2025)		-\$806.00	-\$806.00
6.0-OUTREACH PACKETS	\$7.00	-\$72.24	-\$65.24
6.2-HELPLINE		-\$177.47	-\$177.47
8-WEBSITE/TECHNOLOGY		-\$164.99	-\$164.99
Grand Total	\$4,661.85	-\$2,049.79	\$2,612.06

Florida Region NFG
 Treasury Report
 Approved Budget
 Oct 2024 - Sept 2025
 March 8, 2025 - Assembly
 REVISED

2023/2024 Program Revenues vs. 2024/2025	ACTUAL	ACTUAL	ACTUAL	ACTUAL
	REVENUE	REVENUE	REVENUE	REVENUE
	2022/2023	2023/2024	2024/2025	2024/2025
Convention Gross Income: Registrations	\$ 930.00	\$ 530.34	\$0.00	\$0.00
Dinner	\$ 510.00	\$ 210.00	\$0.00	\$0.00
Chance Drawing	\$ 531.00	\$ 170.00	\$0.00	\$0.00
Donations	\$ 55.00	\$ 379.00	\$0.00	\$0.00
Literture Sales		\$ 33.00	\$0.00	\$0.00
Total Convention Income	\$ 2,026.00	\$ 1,322.34	\$0.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$ (792.34)	\$ (490.65)	\$0.00	\$0.00
CONVENTION NET INCOME	\$ 1,233.66	\$ 831.69	\$0.00	\$0.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$ 6,545.00	\$ 5,315.00	\$ 2,240.00	\$0.00
TOTAL REVENUE	\$ 7,778.66	\$ 6,146.69	\$0.00	\$0.00

Reporting Year	2023/2024	2023/2024	2024/2025	2024/2025	2024/2025
Expenditures	Budget	ACTUAL	Budget	ACTUAL	Remaining
1-ASSEMBLY	\$120.00	(\$120.00)	\$120.00	\$0.00	\$120.00
2-OFFICE	\$300.00	(\$627.67)	\$300.00	(\$83.32)	\$216.68
3-ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$70.00)	\$70.00	(\$61.25)	\$8.75
5-DELEGATE (IWSC 2026)	\$56.00	(\$58.68)	\$60.00	(\$806.00)	(\$746.00)
6.0-OUTREACH PACKETS	\$1,200.00	(\$556.87)	\$1,200.00	(\$65.24)	\$1,134.76
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00	(\$490.70)	\$1,100.00	\$0.00	\$1,100.00
6.2-HELPLINE	\$550.00	(\$680.40)	\$660.00	(\$177.47)	\$482.53
6.3-LITERATURE NEW GROUPS	\$220.00	(\$174.25)	\$220.00	\$0.00	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00	(\$43.43)	\$200.00	\$0.00	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$164.99)	\$185.01
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$490.65)	\$350.00	\$0.00	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,271.00	(\$3,189.92)	\$4,745.00	(\$1,358.27)	\$3,386.73

Nar-Anon Florida Region
 Fiscal Year Schedule
 Oct 2024 - Spet 2025
 March 8, 2025 - Assembly
 REVISED

Expenditures	2024/2025 Budget
1-ASSEMBLY	\$120.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$70.00
5-DELEGATE (IWSC 2026)	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
6.2-HELPLINE	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$4,745.00

Region's Operating Expense with Capital Convention	\$4,745.00
Montly Expenses	\$395.00
Prudent Reserve (3X Monthly)	\$1,185.00

	Balance in checking account as of	\$2,612.06
	<i>Including Groups and Area's donations: <u>\$2,630</u></i>	
	Required hold back for prudent reserve	-\$1,185.00
	Balance after Prudent Reserve	\$1,427.06
Donation History 2024-2025		
Donation to be sent to WSO from Dec 2024	\$313.25 On	12/30/2024
Doantion to 2025 WSC Scholarship	\$314.25 On	12/23/2024
Donation to be sent to WSO from Mar 2025	\$1,427.06 On	3/8/2025
Donation to be sent to world of June 2025	On	
Donation to be sent to world of Sept 2025	On	

FLORIDA REGION NAR-ANON FAMILY GROUPS
TREASURY LEDGER FOR
FISCAL YEAR 2024-2025
OCTOBER 1st, 2024 to SEPTEMBER 30th, 2025

Date	Type	Description	Expense	Deposit	Notes
10/1/2024	Balance	Beginning Bank Balance -		\$1,967.83	
10/2/2024	Debit Card	6.0-OUTREACH PACKETS	(\$72.24)		Outreach Large Packet (2) for Ocala Forest NFG #127-033
10/8/2024	Zelle	127-033-Ocala - TUE		\$30.00	
10/16/2024	Deposit	127-055-West Palm Beach		\$100.00	
10/16/2024	Deposit	127-023-Land O' Lakes		\$50.00	
10/16/2024	Zelle	127-XXX-Member		\$25.00	THOMAS M
10/16/2024	Zelle	127-003-Brandon		\$100.00	
10/27/2024	Debit Card	8-WEBSITE/TECHNOLOGY	(\$99.99)		Microsoft 365
10/27/2024	Debit Card	8-WEBSITE/TECHNOLOGY	(\$13.00)		MailChimp
10/28/2024	PayPal	122-006-Mobile - SAT		\$100.00	Donation from Karen M., Chickasaw, AL
10/28/2024	PayPal Fee	2-OFFICE	(\$2.48)		PayPal Fee
11/1/2024	Zelle	127-063-Ft Myers		\$100.00	
11/1/2024	Zelle	6.0-OUTREACH PACKETS		\$7.00	Donna C. purchased literature at Sept Assembly
11/1/2024	Check	2-OFFICE	-\$16.00		Monthly Bank Checking Acct Fee
11/5/2024	Zelle	127-088-New Tampa (V)		\$75.00	
11/12/2024	PayPal	127-058-Winter Park		\$100.00	
11/12/2024	PayPal Fee	2-OFFICE	-\$2.48		PayPal Fee
11/14/2024	Check	127-041-Port St Lucie		\$50.00	
11/19/2024	PayPal	127-063-Ft Myers		\$20.00	David M
11/19/2024	PayPal Fee	2-OFFICE	(\$0.89)		David M
11/26/2024	Check	127-029-Miami, South		\$100.00	
11/27/2024	PayPal	127-063-Ft Myers		\$30.00	Tuesday, Virtual
11/27/2024	Debit Card	8-WEBSITE/TECHNOLOGY	(\$13.00)		MailChimp
12/2/2024	Check	2-OFFICE	(\$16.00)		Monthly Bank Checking Acct Fee
12/13/2024	Zelle	127-008-Southwest Ranches - FRI		\$100.00	
12/14/2024	PayPal	5-DELEGATE (WSC 2025)	(\$403.00)		Delegate
12/14/2024	PayPal	5-DELEGATE (WSC 2025)	(\$403.00)		Alt Delegate
12/14/2024	PayPal Fee	2-OFFICE	(\$25.00)		2025 WSC Registration PayPal Fees
12/18/2024	PayPal	127-077-Southwest Ranches - MON		\$200.00	
12/18/2024	PayPal Fee	2-OFFICE	(\$4.47)		PayPal Fee
12/18/2024	Zelle	127-088-New Tampa (V)		\$40.00	
12/20/2024	Zelle	127-088-New Tampa (V)		\$25.00	
12/23/2024	Check	WSO Donation (2) - Dec 2024 Scholarship	(\$314.25)		Argentina Region delegate of \$314.25
12/26/2024	PayPal	122-011-Mobile - TUE		\$50.00	
12/28/2024	Check	127-023-Land O' Lakes		\$50.00	
12/28/2024	Check	127-088-New Tampa (V)		\$50.00	
12/24/2024	Debit Card	6.2-HELPLINE	(\$54.27)		OneBox
12/27/2024	Debit Card	8-WEBSITE/TECHNOLOGY	(\$13.00)		MailChimp
12/28/2024	Check	WSO Donation (1) - Dec 2024	(\$313.25)		1-WSO Contribution Dec 2024
12/30/2024	Zelle	127-088-New Tampa (V)		\$100.00	
12/30/2024	Check	122-007-Daphne		\$100.00	
1/15/2025	PayPal	127-028-Melbourne		\$100.00	
1/9/2025	Zelle	127-063-Ft Myers		\$100.00	
1/2/2025	Debit Card	2-OFFICE	(\$16.00)		MailChimp
1/17/2025	Debit Card	4-FLORIDA ANNUAL REG	(\$61.25)		OneBox
1/28/2025	Check	127-033-Ocala - TUE		\$30.00	
1/23/2025	PayPal	127-042-Sarasota (V)		\$125.00	
1/23/2025	Zelle	127-XXX-Member		\$25.00	THOMAS M
1/23/2025	Debit Card	6.2-HELPLINE	(\$61.60)		OneBox
1/27/2025	Debit Card	2-OFFICE	(\$57.02)		Fraud Reported to BoA
1/27/2025	Zelle	127-088-New Tampa (V)		\$10.00	
1/27/2025	Zelle	127-088-New Tampa (V)		\$5.00	
1/27/2025	Debit Card	8-WEBSITE/TECHNOLOGY	(\$13.00)		MailChimp
1/28/2025	Debit Card	2-OFFICE		\$57.02	Temp Credit Adjust BoA
2/7/2025	Check	127-038-Palm City		150	
2/12/2025	Cash	127-063-Ft Myers		100	
2/25/2025	Check	127-024-Longwood		\$100.00	
2/26/2025	Debit Card	6.2-HELPLINE	(\$61.60)		OneBox
3/3/2025	Zelle	Bay Area Donation		\$265.00	Bay Area Donation
3/4/2025	Zelle	127-XXX-Member		\$25.00	THOMAS M
2/27/2025	Debit Card	8-WEBSITE/TECHNOLOGY	(\$13.00)		MailChimp

Ledger by Year/Month
2024 - 2025
March 8, 2025 - Assembly
REVISED

Summary by Month Category	YR/MM 2024		2025				Grand Total
	Oct	Nov	Dec	Jan	Feb	Mar	
Beginning Balance	\$1,967.83						\$1,967.83
Beginning Bank Balance -	\$1,967.83						\$1,967.83
D-In-Area							\$265.00
Bay Area Donation							\$265.00
D-In-Grp	\$405.00	\$475.00	\$715.00	\$395.00	\$350.00	\$25.00	\$2,365.00
122-006-Mobile - SAT	\$100.00						\$100.00
122-007-Daphne			\$100.00				\$100.00
122-011-Mobile - TUE			\$50.00				\$50.00
127-003-Brandon	\$100.00						\$100.00
127-008-Southwest Ranches - FRI			\$100.00				\$100.00
127-023-Land O' Lakes	\$50.00		\$50.00				\$100.00
127-024-Longwood					\$100.00		\$100.00
127-028-Melbourne				\$100.00			\$100.00
127-029-Miami, South		\$100.00					\$100.00
127-033-Ocala - TUE	\$30.00			\$30.00			\$60.00
127-038-Palm City					\$150.00		\$150.00
127-041-Port St Lucie		\$50.00					\$50.00
127-042-Sarasota (V)				\$125.00			\$125.00
127-055-West Palm Beach	\$100.00						\$100.00
127-058-Winter Park		\$100.00					\$100.00
127-063-Ft Myers		\$150.00		\$100.00	\$100.00		\$350.00
127-077-Southwest Ranches - MON			\$200.00				\$200.00
127-088-New Tampa (V)		\$75.00	\$215.00	\$15.00			\$305.00
127-XXX-Member	\$25.00			\$25.00		\$25.00	\$75.00
D-Out-WSO							-\$627.50
WSO Donation (1) - Dec 2024							-\$313.25
WSO Donation (2) - Dec 2024 Schorlarship							-\$314.25
Expense	-\$187.71	-\$25.37	-\$918.74	-\$151.85	-\$74.60		-\$1,358.27
2-OFFICE	-\$2.48	-\$19.37	-\$45.47	-\$16.00			-\$83.32
4-FLORIDA ANNUAL REG				-\$61.25			-\$61.25
5-DELEGATE (WSC 2025)			-\$806.00				-\$806.00
6.0-OUTREACH PACKETS	-\$72.24	\$7.00					-\$65.24
6.2-HELPLINE			-\$54.27	-\$61.60	-\$61.60		-\$177.47
8-WEBSITE/TECHNOLOGY	-\$112.99	-\$13.00	-\$13.00	-\$13.00	-\$13.00		-\$164.99
Grand Total	\$2,185.12	\$449.63	-\$831.24	\$243.15	\$275.40	\$290.00	\$2,612.06

From: Marguerite Mauradian <mmarnplnc@gmail.com>
Sent: Sunday, March 2, 2025 12:16 PM
To: Bonnie NN; Ingrid
Cc: Theresa M. (Nar-Anon)
Subject: Bay Area Report

Hi Bonnie and Ingrid,

Please present this report from the Bay Area at the March 8th Regional Assembly.

The Bay Area met 2/1/25 and 3/1/25.

Information about the Region, WSO, and the upcoming Conference were discussed.

Questions that arose:

1. Is there a CAR motion tally sheet available from World?
2. Is there a recommendation on how groups should tally their votes?
3. When do votes need to be submitted and to whom?

Please forward the answers to me for dissemination to the Bay Area.

The Bay Area is sending a \$265 donation to the Region. This amount is essentially the remaining available balance after purchasing \$1540 in literature, including shipping, from World.

The Bay Area respectfully requests the return of the BA's pop-up banner.

The Bay Area respectfully requests that the Region/RSC make ALL assembly meetings have the ability to participate via Zoom or other electronic means.

The Bay Area's speaker and fellowship potluck is planned for Saturday, March 22 in Oldster. Please watch for complete information via email.

Yours in Service,

Marguerite
Bay Area of FL ASR

From: Wendell Oakes <wendell.oakes.mail@gmail.com>
Sent: Wednesday, March 5, 2025 11:04 AM
To: chair@naranonfl.org; Ingrid
Subject: Outreach Chair Report

Outreach committee meetings were conducted on 12/2/24, 1/8/25 & 2/12/25! Monthly meetings were moved from the first Tuesday of each month to the 2nd Wednesday of each month to have participation from Ocala. Ocala does a great job with outreach in their community. Members on the committee are Paige from Lakeland, Carol from Ocala, Yvette from Tampa, Doug from San Antonio, Kim from Orlando area and yours truly from Citrus County. Some of the issues we have discussed are:

Low attendance at group meetings

Getting group members to help with outreach/work & effort needed

Nar-Anon signage for Outdoor setups- feather flags and table clothes

General discussion on types of Outreach events

Events to raise money- rummage sales

Outreach committee participation-more members to share there activity efforts

I would like to encourage every GSR and their family group to discuss outreach activity participation at every meeting! Thank you for your service to our communities!

Wendell Oakes
Outreach Chairperson

Nar-Anon Florida Region Assembly
Helpline Quarterly Report

March 8, 2025

We do not necessarily require a Helpline Coordinator position and

At the time I became coordinator for the Helpline, the FLR were signed up with One Box. We were paying \$29.95/monthly. Our last invoice was \$61.60. I have been directed to switch our account to E-voice, per the monthly rate is only \$16.65.

We are billed in advance monthly. The last amount we paid to One Box was graciously transferred to our new E-voice account. They kept the same number so we do not have to update our website or literature. This is because One Box and E-voice are the same "company" "sorta".

Last month we had ten calls to the One Box system. I have made more than that in setting up E-voice and testing the greetings... **PLEASE FEEL FREE TO GIVE ME FEEDBACK ON THE GREETINGS AND WAIT TIME.**

Thank you for trusting me with this task. Forgive me for not taking our 7th tradition funds more seriously and looking into this months ago.

Now even tho the position of Helpline Coordinator is not limited by time, I am looking forward to seeing the next person step up and allow me to walk with them through the process of the call routing system.

Also, I respectfully ask for a note in the monthly blast with my helplinefaye@netzero.net email listed so those who would like more information about volunteering would have that contact....

If not possible list the hellpline@naranonfl.org address.... Or something

There are many slots open for volunteers and I have the protocol files ready to send by email to anyone interested.

Thank you for your trust.
Faye