

RSC MEETING AGENDA

Sunday, February 2, 2025 @ 7:00pm-8:30pm

Zoom: 477-350-6871

Passcode: 809199

<https://naranonfl.org/events.html>

CALL TO ORDER

- Serenity Prayer- Bonnie
- Read Twelve Traditions & Concepts
- Roll Call
- Approve RSC Minutes from July 28, 2024

OFFICER REPORTS

- Chair/Vice Chair – Bonnie/Ingrid
- Treasurer- Rosemary
- Delegate/Alternate Delegate – Yvette/Cheryl O.
- ASR- Marguerite (Bay Area)

COMMITTEE REPORTS

- Website/Technology- Debra
- Outreach- Wendell O.
 - Helpline- Faye

NEW BUSINESS

- Open Regional Positions
 - Convention
 - Secretary
 - Webmaster
- WSO Financial Health
 - WSO Monthly Financial Health Meter

ANNOUNCEMENTS

- FL Region Assembly Meeting, March 8, 2025, Time: 9am-2pm
Location: Schalamar Country Club, 4500 US-92, Lakeland

MOTION TO ADJOURN

SERENITY PRAYER

(Draft) July Minutes
Florida Region Regional Service Conference (RSC)
Sunday July 28, 2024 7:00 PM-7:51 PM

ROLL CALL: 9 Attendees; 8 Voting Members; 1 Non-Voting Member

8 Voting: Bonnie (Region Chair), Ingrid (Region Vice Chair), Rosemary (Region Treasurer), Donna (Region Delegate), Yvette (Region Alt. Delegate) *, Susan (Convention Chair), Kim (Outreach Chair), and Marguerite (Bay Area Service Rep)

1 Non-Voting: Doug (FL Region Virtual Coordinator)

*- Yvette came in after we voted for the approval of April's minutes.

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions and Twelve Concepts were read by Marguerite.

APPROVAL OF MINUTES:

Donna made a motion to approve April 28, 2024, minutes and Bonnie seconded. The minutes passed with a vote of 6 yes and 1 abstention.

OFFICER REPORTS

CHAIRPERSON'S & VICE CHAIRPERSON'S REPORTS: (Bonnie & Ingrid)

Bonnie informed us that the three officers have been working diligently on the newsletter. They were looking over the statistics and over 60 % of subscribers are opening the newsletter. Ingrid shared there are currently 151 members subscribed. She gave thanks to everyone who subscribes to and reads the newsletters. She asked to please share with your groups the newsletter as it is a great source of information about the region and Nar-Anon as a whole.

TREASURER'S REPORT: (Rosemary)

Rosemary gave us a summary of her report. The current checking account balance is \$1,237.00, and the convention income was \$800.00, which was total based off of the \$1,287.00 minus \$490.00 of expenses. Key expenses were the convention, travel and Zoom. She reminded the group that we will need to start the budget for the next fiscal year, and she will meet with all the chairs soon. Also, we will need to consider the new fees for the WSC for next year which are due in December.

DELEGATE'S AND ALTERNATE DELEGATE REPORTS: (Donna)

Donna has sent out all the information she has through the newsletters. She also emails the officers information about the roundtables.

ASR - BAY AREA REPORT: (Marguerite)

Marguerite told us that they only meet on Zoom now but can still use the church if they have events. They didn't meet in July due to the convention. The Bay area had been supporting PAR, but they unexpectedly closed. Members who participated are sad to see it closed because they received positive responses from staff and families. They will meet this Saturday August 3rd at 4 pm on Zoom.

COMMITTEE REPORTS

CONVENTION'S REPORT: (Susan) – see attached.

NARATEEN'S REPORT: – N/A

WEBSITE AND TECHNOLOGY'S REPORT: (Debra)

Bonnie read her report. She wasn't able to work on the website and she thanked Theresa for all her help. When she returns from her mother's memorial she will continue to work on WordPress.

OUTREACH'S REPORT: (Kim)

Kim reported that she had a table at FRCNA and sold some literature. Next table will be at SFRCNA in Miami and was hoping to do a small convention there since they had offered us a room. However, due to financial constraints, they can no longer offer the whole room but can allow the table and one meeting. The South Florida meetings are willing to help support Outreach and the convention. NA is possibly going to close down their South Florida region next year since they don't have enough meetings to support the region. In October, she is willing to support the new chair at FACNA. She is having repaired the long stand-up sign that broke at FRCNA, and it should be ready by the next event. Also, she suggested putting a list together of meetings and either call or text the GSRs every 3 months to try to establish a relationship. Bonnie said she had tried that last year, but some GSRs got upset with her for calling them.

NEW BUSINESS

We have open Regional Positions, some of which will begin starting September. This includes Outreach Chair- though we possibly have someone interested in the position, Delegate- Yvette said she is willing to do it if someone is willing to be the alternate delegate, Alternate Delegate, Secretary, and Webmaster.

ANNOUNCEMENTS

- 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC
It will be held at the Walter E Washington Convention Center in cooperation with NA.
- Recovery at Sea, 7-night cruise Feb 2-9, 2025, see the WSO Website for more details
- FL Region Assembly Meeting, September 14, 2024, Time: 9am-3pm

MOTION TO ADJOURN:

A motion to adjourn was proposed by Marguerite and seconded by Bonnie. It passed unanimously. The meeting closed at 7:51 PM.

HIGHWAY TO HOPE – STAYING IN OUR LANE

The convention was held July 5 – July 7 in Orlando. Our turn-out was disappointing – less than 30 people. The vast majority of people registered when they arrived rather than pre-registering. Our Friday night dinner was attended only by the Officers, Committee and one other person. We are working on ways to get the word out better for next year – any suggestions are appreciated. Additionally, if more of those in leadership positions attended, it would help to send the message through example.

One of our goals for this convention was to offer opportunity and encourage participation of the member attendees. To that end we periodically gave out prizes for people who could offer Words of Hope. It was fun and almost everyone shouted out a word or phrase at one point.

We also had two workshops with great participation that were well received. All-in-all, the membership participation was fantastic.

This year we added a Memorial Table consisting of a framed poem, flowers and candles. Members were encouraged to take a candle from the provided basket of tea lights and write the name of their loved one or a member of the fellowship from their group who had passed and add it to the table. 16 candles were added during the weekend, and we received a number of thanks/compliments on the Memorial. The candles that were added will be kept and put back on the table next year for 2024, and new ones can be added each year for those who have been lost during the year. It's a poignant reminder of why we are here and a comfort to those who have lost loved ones.

On Sunday, after the cleanup, the Committee and Officers had a meeting to wrap up and discuss things that worked and did not. Our thoughts for next year are as follows:

- Continue to work on ways to expand awareness of the convention and make it appealing.
- Eliminate the Fellowship Dinner on Friday as most people come for Sat only.
- Have the convention on Sat only. Almost everyone leaves Sat night – we will appeal to far more people (I hope) if they do not feel they have to get a room or spend the entire weekend there.
- Continue the committee year-round. This will give us the opportunity to visit other groups to increase awareness of the convention and the advantages of attending. Perhaps a couple “Mini Meets” during the year in different areas to encourage attendance.
- Have a Sponsor/Sponsee Meet & Greet, where those looking for a sponsor can meet those willing to sponsor. Perhaps as a separate event in conjunction with Outreach.
- Eliminate the Chance Drawing and ask groups to consider a cash donation instead to support the Convention, or to sponsor an element of the convention, i.e.: printing programs, posters, etc.
- Check with the Literature Committee to see what new literature we should have to hand at the convention.

Finally, I would like to thank the following: Susan P., Bonnie J., Rosemary H., Debra H., Ingrid M., Kim, and Lucy M. Their help made the convention a success.