

**Minutes**  
**Florida Region Assembly**  
**Sunday, December 09, 2024 / 07:00pm – 9:00pm**

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**CALL TO ORDER:**

The Chairperson called the meeting of the Florida Region Assembly Meeting to order at 7:00 pm on December 9, 2024. Ingrid recorded the minutes for this meeting and took roll call. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions were read by Jessica and Twelve Concepts were read by Donna.

**ROLL CALL:** 18 Attendees; 10 Voting Members; 8 Non-Voting Members \* Dual Role

**10 Voting:** \*Wendell- Citrus, Tony- North Tampa, \*Faye- Zephyrhills, Mary-Lakeland, Kevin- Tarpon Springs, Cheryl Ft. Myers, Sandy- Clearwater, Jennifer- Ocala, Dawn- Holiday and Debra- New Tampa.

**8 Non-Voting:** Bonnie-Region Chair, Ingrid- Region Vice Chair, Rosemary- Region Treasurer, Donna- World Service Conference Secretary, Yvette- Region Delegate, Doug- Fl Region Virtual Coordinator, Carolyn-visiting member, and Kim- visiting member.

**APPROVAL OF MINUTES:**

Mary made a motion to approve the amended minutes from September 14, 2024, and Wendell seconded. Minutes passed with a vote of 5 yes and 4 abstentions.

**REPORTS:**

1. **Chair and Vice Chair Reports** (Bonnie and Ingrid)
  - They welcomed the new GSR's and Service Representatives
  - Still in need of a Region Secretary and Webmaster.
  - Bonnie said Donna made a request about our donation to the World Service Conference (WSC) and added that to this meeting under New Business.
2. **Treasurer:** (Rosemary) – **See attached Report**
  - Rosemary went over her reports. Our beginning balance was \$1,967.83, \$800 in donations, \$229.08 in expenses which left an ending balance of \$2,618.75 as of December 8, 2024.
    - i. Due to a possible donation to another Region to attend World Service Conference (WSC) we made a group conscious of delaying the vote to WSO until after New Business.
3. **Delegate Report:** (Yvette)
  - Yvette told us that the motions and agenda for WSC are coming soon. There are 35 motions so far. The WSC will be held in April 2025.
4. **Bay Area Report:** (Marguerite) – **See attached Report**
  - Ingrid read the report for the Bay Area.
5. **Outreach Report:** (Wendell) – **See attached Report**
6. **Helpline Report:** Faye - **See attached Report**
  - Faye informed us that for the quarter the Helpline received 14 calls total.

- She asked the group to consider if it is worth the expense. She suggested using her phone number or looking into other services. The service cost from \$55-59 per month.
    - i. There was some discussion for both sides of the argument, but the consensus was to keep it active.
7. **Website:** (Debra)
- Debra told us that the website is still on track for being ready for January 2025.
  - Traffic to website this year was 24,691, with 19,451 unique first-time visitors. December had the lowest numbers of visits to the site. 500 are only spending 0-30 seconds on the site. Tuesdays and Fridays are the greatest days of getting hits and Saturdays and Sundays have the lowest.
  - She emphasized that we still need a Webmaster.
  - Some members had suggested seeing the website when it's done but before it goes live, possible at the March assembly. Donna mentioned that since the committee makes all the decisions for the website that they can hold a meeting and invite those interested to review the new website to join.
8. **Narateen Report:** *Inactive*
9. **Convention:** (Susan) *NA*

**GSR ROUNDTABLE:** The GSRs gave their reports and are reporting more attendance and an interest to do local outreach. Some of the meetings are starting to get more donations which allows them to send the money to the Region and even to WSO.

**NEW BUSINESS:**

1. **Regional Election:**
  - Alternate Delegate Cheryl read her letter of willingness. The vote passed unanimously.
2. **2025 World Service Conference (WSC 2025) participation:**
  - Donna will be the World Service Conference Secretary.
  - There are some Regions that can't afford to pay for Delegates to attend WSC, so some other regions have helped those regions. She would like to put it out there for the FI Region to help one of those regions that are in need.
  - She has heard that the WSC committee would like to add a donate button to the WSO website. If it happens members or groups would be able to donate to help those regions.
3. **Vote on Donation to World Services Office (WSO)**
  - Debra made a motion to send a donation for a delegate in another region to attend WSC and Mary second. The voted passed with 9 yes and 1 no.

Mary made a motion to send \$313.50 to WSO and \$313.50 to WSC and Debra second. The vote passed unanimously.

**ANNOUNCEMENTS:**

- RSC Meeting, **Sunday, February 2, 2025 @ 7:00-8:30 PM** Zoom
- Florida Region Assembly Meeting, **March 8, 2025 @ 9:00 AM-2:00 PM** Schalamar Creek Country Club, Lakeland

**MOTION TO ADJOURN:** Wendall made a motion to adjourn the meeting and Cheryl seconded. Motion passed unanimously. The meeting ended at 9:00 PM.

Nar-Anon Florida Region  
 Treasury Ledger Summary  
 October 2024 - September 2025  
 December 8, 2024 Virtual Assembly

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
<b>Beginning Balance</b>	<b>\$1,967.83</b>		
Beginning Bank Balance -	\$1,967.83		
<b>D-In-Grp</b>	<b>\$880.00</b>		
122-006-Mobile - SAT	\$100.00		
127-003-Brandon	\$100.00		
127-023-Land O' Lakes	\$50.00		
127-029-Miami, South	\$100.00		
127-033-Ocala - TUE	\$30.00		
127-041-Port St Lucie	\$50.00		
127-055-West Palm Beach	\$100.00		
127-058-Winter Park	\$100.00		
127-063-Ft Myers	\$150.00		
127-088-New Tampa (V)	\$75.00		
127-XXX-Member	\$25.00		
<b>Expense</b>	<b>\$7.00</b>	<b>-\$236.08</b>	
2-OFFICE		-\$37.85	
6.0-OUTREACH PACKETS	\$7.00	-\$72.24	
8-WEBSITE/TECHNOLOGY		-\$125.99	
<b>Grand Total</b>	<b>\$2,854.83</b>	<b>-\$236.08</b>	\$2,618.75

Nar-Anon Florida Region  
 Fiscal Year Schedule  
 Oct 2024 - Spet 2025  
 December 8, 2024 Virtual Assembly

Expenditures	2024/2025 Budget
1-ASSEMBLY	\$120.00
2-OFFICE	\$300.00
3-ZOOM REGION ACCOUNT AND MEETINGS	\$115.00
4-FLORIDA ANNUAL REG	\$70.00
5-DELEGATE (IWSC 2026)	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
6.2-HELPLINE	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00
7-NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00
9-CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
<b>TOTAL BUDUGETED EXPENDITURES</b>	<b>\$4,745.00</b>

Region's Operating Expense with Capital Convention	\$4,745.00
Monthly Expenses	\$395.00
Prudent Reserve (3X Monthly)	\$1,185.00

	Balance in checking account as of	\$2,618.75
	<i>Including Groups and Area's <b>donations: \$880.00</b></i>	
	Required hold back for <b>prudent reserve</b>	-\$1,185.00
	<b>Balance after Prudent Reserve</b>	<b>\$1,433.75</b>
	<b>Upon approval Delegate &amp; Alt Delegate WSC 2025 Equalized Expense</b>	<b>-\$806.00</b>
		<b>\$627.75</b>
	<b>Donate an Equalized Expense for another Region</b>	<b>-\$403.00</b>
		<b>\$224.75</b>
<b>Donation History 2024-2025</b>		
Donation to be sent to WSO from Dec 2024	\$224.75	On 12/8/2024
Donation to be sent to WSO from Mar 2025		On
Donation to be sent to world of June 2025		On
Donation to be sent to world of Sept 2025		On

Approved Budget  
 Oct 2024 - Sept 2025  
 December 8, 2024 Virtual Assembly

2023/2024 Program Revenues vs.	ACTUAL REVENUE 2024/2025	ACTUAL REVENUE 2024/2025
Convention Gross Income: Registrat	\$0.00	\$0.00
Dinner	\$0.00	\$0.00
Chance Drawing	\$0.00	\$0.00
Donations	\$0.00	\$0.00
Literture Sales	\$0.00	\$0.00
Total Convention Income	\$0.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Litertur	\$0.00	\$0.00
<b>CONVENTION NET INCOME</b>	<b>\$0.00</b>	<b>\$0.00</b>
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$0.00	\$0.00
<b>TOTAL REVENUE</b>	<b>\$0.00</b>	<b>\$0.00</b>

Expenditures	2023/2024 Budget	2023/2024 ACTUAL	2024/2025 Budget	2024/2025 ACTUAL	2024/2025 Remaining
Reporting Year	2023/2024	2023/2024	2024/2025	2024/2025	2024/2025
1-ASSEMBLY	\$120.00	(\$120.00)	\$120.00	\$0.00	\$120.00
2-OFFICE	\$300.00	(\$627.67)	\$300.00	(\$37.85)	\$337.85
3-ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$111.93)	\$115.00	\$0.00	\$115.00
4-FLORIDA ANNUAL REG	\$70.00	(\$70.00)	\$70.00	\$0.00	\$70.00
5-DELEGATE (IWSC 2026)	\$56.00	(\$58.68)	\$60.00	\$0.00	\$60.00
6.0-OUTREACH PACKETS	\$1,200.00	(\$556.87)	\$1,200.00	(\$65.24)	\$1,265.24
6.1-TRAVEL EXPENSES (Outreach Chair)	\$1,100.00	(\$490.70)	\$1,100.00	\$0.00	\$1,100.00
6.2-HELPLINE	\$550.00	(\$680.40)	\$660.00	\$0.00	\$660.00
6.3-LITERATURE NEW GROUPS	\$220.00	(\$174.25)	\$220.00	\$0.00	\$220.00
7-NARATEEN (Background checks) / New Group Pa	\$200.00	(\$43.43)	\$200.00	\$0.00	\$200.00
8-WEBSITE/TECHNOLOGY	\$350.00	(\$255.99)	\$350.00	(\$125.99)	\$475.99
9-CONVENTION (initial advance \$350 - \$100 donat	\$350.00	(\$490.65)	\$350.00	\$0.00	\$350.00
<b>TOTAL BUDUGETED EXPENDITURES</b>	<b>\$4,271.00</b>	<b>(\$3,189.92)</b>	<b>\$4,745.00</b>	<b>(\$229.08)</b>	<b>\$4,974.08</b>

## **Bay Area**

Meeting via Zoom monthly.

The fellowship planned for Nov. was postponed.

Retrieving, updating and consolidating Outreach supplies.

Preparing for end of year and elections for area service positions including Outreach coordinator.

Hoping more Bay Area groups participate in the meetings.

Marguerite

## **OUTREACH**

I held my first Outreach meeting on Tuesday, Dec 3 at 6pm. There were 3 other participants beside yours truly. So I am looking to double the size of our committee for January 2025.

I have received a request from Ocala to move the meeting to the first Tuesday of every month due to a conflict with their weekly meeting. I am considering moving the meeting to the middle of the month. Then I will determine which day! Those of you still working 40 hrs might prefer Saturday or Sunday? My Citrus County meeting is Thursday night! I personally am flexible other 6 days of the week. If you know someone that wants to participate on the Outreach Committee, please have them text me at 313-392-3744 and share their email address with me.

We had some discussion about the Nar-Anon Family group pull out signs of which I have two. One needs some minor repair. I am told they are ok for indoor events but get blown around outdoors. I had my small sign get blown around as well. So I will look in other signage options out there and will gladly accept your feedback.

I mentioned that as the Outreach Chairperson, I will be looking for the best method that attracts new members to our groups, so we can share and help more people. My Citrus County Group just started in March! So I will be learning by trying different activities.

Nar-Anon Family group volunteers, I thank you for your service to your community!

Wendell Oakes

## HELPLINE

Hello Florida Region, NFG,

This quarter for the helpline has been very quiet. A total of 14 incoming calls were made.

To continue going forward with the cost of this OneBox service is very hard for me to give an opinion about. Each caller I have talked to is very appreciative of speaking to someone about their questions. The most important feature is being able to give assurance that they are not alone in their need for help.

If it is not stepping outside the guidelines and the groups are comfortable with having directive on the website, I am willing to have my number published as the number to call for help in finding a meeting. I have not looked into the guidelines regarding this.

There may be other services that would cover our needs. I will be glad to be on a search committee to find our details of other services.

Grateful for Naranon

Faye W

Helpline Coordinator

Usage\_1194583\_638691485063679936

Time	Minutes	Type	Calling Party	Number Dialed	Call Routed To	Call Details
09/03/2024 04:40:22 PM	13	Inbound Call	954-993-9461	888-947-8885	18138989974	Forwarded Call Accepted
09/07/2024 01:38:51 PM	3	Inbound Call	772-271-0723	888-947-8885	15617023129	Forwarded Call Accepted
09/08/2024 02:14:38 PM	4	Inbound Call	941-875-5096	888-947-8885	17274630820	Forwarded Call Accepted
			941-875-5096		18132934447	Call Answered-No key press to accept call
09/09/2024 08:14:48 AM	3	Inbound Call	772-334-0528	888-947-8885	17274860234	Call Answered-No key press to accept call
			772-334-0528		17276865857	No Answer
			772-334-0528		13306852240	User Hung Up
09/21/2024 05:34:06 PM	2	Inbound Call	727-858-5677	888-947-8885	15617023129	Forwarded Call Accepted
09/21/2024 06:34:38 PM	1	Inbound Call	863-623-8083	888-947-8885	17274630820	No Answer
09/21/2024 06:35:24 PM	1	Inbound Call	863-623-8083	888-947-8885	17274630820	Call Answered-No key press to accept call
09/24/2024 09:02:36 AM	11	Inbound Call	813-838-6002	888-947-8885	13306852240	Forwarded Call Accepted
			813-838-6002		17274860234	Call Answered-No key press to accept call
			813-838-6002		17276865857	No Answer
09/24/2024 03:55:31 PM	4	Inbound Call	352-875-0716	888-947-8885	17023274869	Forwarded Call Accepted
09/28/2024 11:21:27 AM	1	Inbound Call	330-685-2240	888-947-8885	13306852240	User Hung Up
10/02/2024 12:06:54 PM	2	Inbound Call	239-209-3142	888-947-8885	13306852240	Forwarded Call Accepted
10/16/2024 01:43:22 PM	2	Inbound Call	904-887-6182	888-947-8885	13306852240	User Hung Up
10/21/2024 05:07:14 PM	1	Inbound Call	772-202-1012	888-947-8885		Caller Hung Up
10/23/2024 11:58:16 AM	3	Inbound Call	302-685-2960	888-947-8885	13306852240	Forwarded Call Accepted
11/19/2024 12:43:45 PM	1	Inbound Call	908-699-9844	888-947-8885	3306852240	Forwarded Call Accepted
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