

2025

January						
S	M	T	W	T	F	S
			*1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	*20	21	22	23	24	25
26	27	28	29	30	31	

February						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16*	*17	18	19	20	21	22
23	24	25	26	27	28	

March						
S	M	T	W	T	F	S
						1
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9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30	31					

April						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
*20	21	22	23	24	25	26
27	28	29	30			

May						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	*26	27	28	29	30	31

June						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	*19	20	21
22	23	24	25	26	27	28
29	30					

July - NO MEETING						
S	M	T	W	T	F	S
		1	2	3	*4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September - TBD						
S	M	T	W	T	F	S
	*1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	*13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	*11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	*27	28	29
30						

December						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	*25	26	27
28	29	30	31			

*USA Holidays:	
Jan 01	New Year's Day
Jan 20	M L King Day
Feb 17	Presidents' Day
Apr 20	Easter (NA Federal Holiday)
May 26	Memorial Day
Jun 19	Juneteenth
Jul 04	Independence Day
Sep 01	Labor Day
Oct 13	Columbus Day
Nov 11	Veterans Day
Nov 27	Thanksgiving Day
Dec 25	Christmas
FL Region Events	
Mar 8	FL Region Assembly
June 8	Virtual Assembly
July 4-6	FRCNA (Convention)
Sept	TBD
DEC	TBD
Bay Area Meetings	
Jan 4	
Feb 1	
Mar 1	
Apr 5	
May 3	
June 7	
July	NO MEETING,, FRCNA
Aug 2	
Sept	TBD
Oct 4	
Nov 1	
Dec 6	

BAY AREA MEETING MINUTES

Saturday, January 4, 2025 | 4-5:04pm | Virtual Meeting

Approved 2/3/2025

OPENING

Theresa opened the virtual BA meeting at 4:03pm with the Serenity Prayer. The 1st Tradition & Concept were read.

ROLL CALL

5 attendees; 5 voting; *dual role (note: there are 13 BA Groups)

- | | |
|---|---|
| (1) Clearwater GSR, Sandy | (4) Tarpon Springs GSR, Kevin, *BA Treasurer |
| (2) Crystal Beach GSR, Maureen | (5) Theresa, *BA Secretary & Guidelines Chair |
| (3) Tampa GSR, Tony, *BA Literature Rep | |

OFFICER REPORTS

- ASR – absent, no report
- Treasurer – Kevin reviewed the December Treasurer Report with the members.

REPORTS

- Literature Rep – Large Literature order went in and are awaiting shipment. It looks like the entire order will be filled. Order was \$1551.63. There was \$321.63 in shipping costs. SESH books currently sell for \$18 on WSO. Members discussed the pros and cons of adding shipping costs to each SESH book. Each SESH book, on average, costs \$3.50 for shipping. Members decided by consensus to put in the minutes and in an email to group GRSs that they might want to consider selling the SESH books for \$18 plus shipping or round off to \$20 or \$21. Theresa will notify the groups to stock up on literature.
- Outreach
 - ❖ PAR Academy – no activity.
 - ❖ BA Outreach
 - BA Outreach Inventory (banner, material, etc.) Kevin is working on getting the tent from Yvette. Kevin will contact Yvette or someone from the Region to officially donate the literature rack to the region.
 - The acrylic literature racks have not been ordered yet due to the large literature order and unknown shipping costs. Kevin will order the acrylic racks this month.
 - The Clearwater group has volunteered to share their 8x10 WSO Nar-Anon posters for the large literature/flyer holder for Bay Area Outreach.
 - Sandy & Dawn had met and have recommended the following pamphlets for the BA to stock (all are free to download and print)
 - O-406 Nar-Anon Offers Hope
 - O-407 What's Nar-Anon?
 - O-431 To the Concerned Teenaged Family Member
 - O-432 Narateen Outreach
 - S-322 New to Nar-Anon or Thinking About Attending a Meeting? (free to print)
 - Kevin will count how many of the above 5 pamphlets the BA currently has in the BA Outreach stock and report the numbers back to us at the February meeting.

NEW BUSINESS

- 2025 BA Budget – Kevin reviewed the proposed 2025 budget with members, Kevin motioned to approve the 2025 budget: seconded by Theresa. Motion carried unanimously.

OLD BUSINESS

OPEN AGENDA – To Be Put on February Agenda

- Fellowship Event – members decided on a potluck fellowship event vs picnic and decided on a potluck. Tony will check with the church for availability in March or April. The Fellowship event hopefully will attract members to service in the BA. Theresa will notify GSRs when the notice goes out to groups about the fellowship event, that there will be a donation basket which will go directly to WSO.
- **WSO Bulletin 005 – WSO financial status**– Groups are asked to either submit their thoughts for wording to be added to a letter that will be drafted at the February meeting to WSO. Send those suggested wording to the BA secretary, Theresa (ba.secretary@naranonfl.org). Please keep it to just a couple of sentences. The February meeting will be the drafting of the letter.

CLOSING

- Adjournment - Sandy motioned to adjourn the meeting at 5:04pm which was seconded by Kevin. Motion carried unanimously.

Submitted by
Theresa, BA Secretary
Approved 2/1/2025

Bay Area of FL Nar-Anon, Treasurer's Report

December 2024

Cash Checking Account

CURRENT PERIOD - 12/1/2024-12/31/2024			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$600.00	-\$410.33	\$189.67
Non Seventh Tradition Funds	\$376.68		\$376.68
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00	\$1,540.00	\$1,540.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00		\$150.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$704.82</u>	-\$704.82	<u>\$0.00</u>
Total	\$1,831.50	\$424.85	\$2,256.35

Year-To-Date: 1/01 to 12/31/2024			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$600.00	-\$410.33	\$189.67
Non Seventh Tradition Funds	\$702.00	-\$325.32	\$376.68
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00	\$1,540.00	\$1,540.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$0.00	\$150.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$1,653.70</u>	-\$1,653.70	<u>\$0.00</u>
Total	\$3,105.70	-\$849.35	\$2,256.35

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 12/1/2024-12/31/2024					
	Donations	Literature	Rummage Sale	Total	
Receipts					
Ongoing	\$244.35	\$230.50	\$0.00	\$474.85	
Other					
Total	\$244.35	\$230.50	\$0.00	\$474.85	
Disbursements					
Literature Purchases		\$0.00		\$0.00	
Literature Shipping		\$0.00		\$0.00	
Prudent Reserve				\$0.00	
General Budget	\$50.00			\$50.00	
Guidelines Budget					
Narateen Budget					
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to FL Region	\$0.00	\$0.00		\$0.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	\$50.00	\$0.00	\$0.00	\$50.00	
Net Change	\$194.35	\$230.50	\$0.00	\$424.85	

Year-To-Date: (1/1-12/31/2024)					
	Donations	Literature	Rummage Sale	Total	
Receipts					
Ongoing	\$3,174.35	\$1,033.75	\$0.00	\$4,208.10	
Other					
Total	\$3,174.35	\$1,033.75	\$0.00	\$4,208.10	
Disbursements					
Literature Purchases		\$1,194.15		\$1,194.15	
Literature Shipping		\$261.28		\$261.28	
Prudent Reserve				\$0.00	
General Budget	\$249.00			\$249.00	
Guidelines Budget					
Narateen Budget					
Outreach Budget	\$0.00	\$47.70		\$47.70	
Donations to FL Region	\$2,980.00			\$2,980.00	
Unbudgeted Expenditures	\$0.00		\$325.32	\$325.32	
Subtotal Disbursements	\$3,229.00	\$1,503.13	\$325.32	\$5,057.45	
Net Change	-\$54.65	-\$469.38	-\$325.32	-\$849.35	

Bay Area of FL Nar-Anon, Treasurer's Ledger

December 2024

Activity Dates: 12/1 -12/31/24

Beginning Balance	\$1,831.50
Net Increase/Decrease	\$424.85
Ending Balance	\$2,256.35

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Rummage Sale Incoming (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,831.50
12/17/24	Deposit	Clearwater Tuesday	Donation & Literature	\$44.35	\$108.00				\$1,983.85
12/17/24	Zelle	Lutz	Donation	\$100.00					\$2,083.85
12/17/24	Deposit	Zephyrhills	Literature		\$32.50				\$2,116.35
12/18/24	Check #1125	Florida Dept of State	Fictitious Name Renewal					-\$50.00	\$2,066.35
12/27/24	Zelle	Tarpon Springs	Literature	\$0.00	\$90.00				\$2,156.35
12/31/24	Zelle	Tarpon Springs	Donation	\$100.00	\$0.00				\$2,256.35
		ENDING BALANCE	TOTALS	\$244.35	\$230.50	\$0.00	\$0.00	-\$50.00	\$2,256.35

Balance Per Bank 12/31/2024	\$2,206.35
Add Outstanding deposit	\$100.00
less outstanding check	-\$50.00
Bank account reconciled	\$2,256.35

Bay Area of FL Nar-Anon, Treasurer's Report

Cash Checking Account Proposed

Proposed 2025			
	01/01/25 Beg Bal	2025 Budget	Ending Bal
Prudent Reserve	\$190.00	\$410.00	\$600.00
Non Seventh Tradition Funds	\$376.00	-\$376.00	\$0.00
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$1,389.00	\$1,389.00
Total	\$2,256.00	\$33.00	\$2,289.00

Receipts and Disbursements - Cash Basis

YTD 2024 Versus 2025 Budget									
		2024 Donations	2025 Donations	2024 Literature	2025 Literature	2024 Rummage Sale	2025 Rummage Sale	2024 Total	2025 Budget Total
Receipts									
	Ongoing	\$3,174.00	\$3,196.00	\$1,033.00	\$1,400.00	\$0.00	\$0.00	\$4,207.00	\$4,596.00
	Other								
	Total	\$3,174.00	\$3,196.00	\$1,033.00	\$1,400.00	\$0.00	\$0.00	\$4,207.00	\$4,596.00
Disbursements									
	Literature Purchases			\$1,194.00	\$1,400.00			\$1,194.00	\$1,400.00
	Literature Shipping			\$261.00	\$300.00			\$261.00	\$300.00
	Prudent Reserve							\$0.00	\$0.00
	General Budget	\$249.00	\$160.00					\$249.00	\$160.00
	Guidelines Budget								
	Narateen Budget								
	Outreach Budget	\$0.00	\$300.00	\$48.00	\$0.00			\$48.00	\$300.00
	Donations to FL Region	\$2,980.00	\$2,026.00	\$0.00	\$0.00			\$2,980.00	\$2,026.00
	Unbudgeted Expenditures	\$0.00	\$0.00			\$325.00	\$377.00	\$325.00	\$377.00
	Subtotal Disbursements	<u>\$3,229.00</u>	<u>\$2,486.00</u>	<u>\$1,503.00</u>	<u>\$1,700.00</u>	<u>\$325.00</u>	<u>\$377.00</u>	<u>\$5,057.00</u>	<u>\$4,563.00</u>
	Net Change	-\$55.00	\$710.00	-\$470.00	-\$300.00	-\$325.00	-\$377.00	-\$850.00	\$33.00



WORLD SERVICE BOARD BULLETIN

Bulletin 005

The Health and Future of Our Fellowship

We are reaching out to communicate an urgent financial situation within our fellowship.

The 2024 budget presented at the IWSC showed the monthly total income required to service the needs of the fellowship is \$35,000. This has only been met twice thus far, in January and again in September. Literature sales and contributions have not kept pace with what is required. The monthly financial statements posted reflect our current situation. **YTD our fellowship reflects a loss of \$44,197. January 2024 operating cash was \$54,012; November 2024 operating cash is \$2,296.**

We are taking the following steps to address this situation:

- A recent employee resignation created a vacancy in the production department. We will not fill this vacancy.
- All remaining employees have taken a 20% reduction in pay.
- We will not purchase any supplies needed to produce literature. We will only utilize our current paper inventory to fill orders.
- We will not produce any additional literature beyond the supplies currently on hand.
- We will continue to sell literature on hand.
- As literature inventory is depleted, we will indicate "SOLD OUT" on the website and will direct members to purchase e-book versions if available.
- We are reviewing all current contracts to determine how to cease our responsibility.

The World Service Office (WSO) provides vital services to the fellowship as a whole – not just to the United States, or the North American continent. For a sustainable future in Nar-Anon, we need income that keeps the focus on our mission of helping friends and families facing addiction. As a result of the above actions, the level of service that the WSO currently provides will decrease. Your patience is needed during this time.

We need always remember Concept Two: "The final responsibility and authority for Nar-Anon services rests with the Nar-Anon Family Groups." A contribution to your group is a contribution to the services of the entire fellowship – not just to the group, not just to the region, not just to the NSO. Some groups are not able to contribute beyond keeping meetings healthy and that is understandable.

We urge groups and regions with funds to do their part to ensure the services of the WSO can continue. Regular contributions of funds in excess of prudent reserves are needed at the World level to ensure the health and future of our fellowship.

BAY AREA MEETING MINUTES

Saturday, February 1, 2025 | 4-4:58pm | Virtual Meeting
approved 3/1/25

OPENING

Theresa opened the virtual BA meeting at 4pm with the Serenity Prayer. The 2nd Tradition & Concept was read..

ROLL CALL

6 attendees; 5 voting; 1 NV KEY *dual role (note: there are 13 BA Groups)

(1) Clearwater GSR, Sandy	(4) Tarpon Springs GSR, Kevin, *BA Treasurer
(2) Crystal Beach GSR, Maureen	(5) Theresa, *BA Secretary & Guidelines Chair
(3) Tampa GSR, Tony, *BA Literature Rep @ 4:04pm	(6) Marguerite @ 4:20pm

OFFICER REPORTS

- ASR – There is a RSC meeting tomorrow, Sunday, February 2, 2025 @ 7pm. RSC meetings are open to all members.
- Treasurer – Kevin reviewed the January Treasurer Report with the members. After the report was sent out, there was a \$200 donation received on Friday from Tampa (excluded but will be added in for February).
- Secretary – Theresa will send out to BA member the latest contact list.

REPORTS

- Literature Rep – The entire \$1551.63 order of literature was fulfilled. We may not need to buy various pieces of literature through 2025. Outreach literature that the BA will not be using at Outreach Events will be donated to the BA Literature Stock.
- Outreach
 - ❖ PAR Academy – no activity. PAR was restructuring and remodeling. PAR Academy was an in-patient and out-patient facility for both girls and boys; hopefully it will continue as such.
 - ❖ BA Outreach
 - Kevin will order the acrylic literature racks from Amazon this month. Kevin reviewed what he has in Outreach Literature stock.
 - 63 copies of O-406 Nar-Anon Offers Hope
 - 25 pieces of O-407 What’s Nar-Anon?
 - 50 copies of O-431 To the Concerned Teenaged Family Member
 - 150 copies of O-432 Narateen Outreach
 - 25 copies of S-322 New to Nar-Anon or Thinking About Attending a Meeting?
 - The Clearwater group has volunteered to share their 8x10 WSO Nar-Anon posters for the large literature/flyer holder for Bay Area Outreach and will send it to Kevin.
 - Kevin has the BA Outreach items with the exception of the tent which Yvette has and the Banner (which may be with a region member) .

OLD BUSINESS

- Fellowship Potluck. Tony will ask the church about Saturdays in late February or March. Sandy has a member that she believes will be an excellent speaker. Topic of the Fellowship Potluck is “Growth through Nar-Anon.” Members are asked to find more speakers.

NEW BUSINESS

- **BA CAR Workshop** – Theresa received an email from the Western Regions with information about workshops and PowerPoint presentations for GSRs and members about the 2025 CAR. Theresa reviewed several of the PowerPoints & recommended these presentations to the BA. The Presentations are divided up into small chunks of the 2025 CAR. One can read at own pace and over the portions that need more details for groups to understand the motion. Sandy echoed the quality and clarity of the presentations from last year. The Bay Area will recommend to groups to view these workshops and send it out in an email to groups with the draft minutes. The BA will not ask our own Delegate to do a Zoom CAR Workshop as it would be duplicative and a bit mind boggling.
- **Letter to WSO RE: WSO financial status**– Members drafted a letter to WSO live through Zoom. Theresa will format the letter and send it out to the members present at FEB 1 BAM for review. This will be done by Sunday so that Marguerite can read it to RSC members. We do not want to add bcc or cc to the email because the WSB will not receive it. Wording of the letter to WSO (memo format, add date, sign with the BA officers first name and titles):

TO: NFGH World Service Board, bot@nar-anon.org
FROM: Bay Area of FL Nar-Anon
DATE: February 1, 2025

RE: NFG Finances

We appreciate the efforts to increase transparency regarding WSO finances.

The Bay Area was pleased to see that funds were raised in January that met the WSO budget. Could you enlighten us on the source of those funds?

The Bay Area of Florida recognizes that requests for more donations to help Nar-Anon have previously been unmet. We also realize that sales of literature is a primary source of funds for Nar-Anon. The BA recommends that prices be increased for both royalty fees and all literature.

When do you anticipate the depletion of existing stock of literature will be completed?

Thank you for your services to Nar-Anon!

Yours in Service,

Bay Area of Florida Nar-Anon
Marguerite, ASR - ba.asr@naranonfl.org
Kevin, Treasurer – ba.treasurer@naranonfl.org
Theresa, Secretary – ba.secretary@naranonfl.org

CLOSING

- Adjournment - Sandy motioned to adjourn the meeting at 4:58pm which was seconded by Kevin. Motion carried unanimously.

Submitted by
Theresa, BA Secretary
approved 3/1/25

Bay Area of FL Nar-Anon, Treasurer's Report

January 2025

Cash Checking Account

CURRENT PERIOD - 1/1/2025-1/31/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68		\$376.68
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00		\$150.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$28.04	\$28.04
Total	\$2,256.35	-\$1,401.63	\$854.72

Year-To-Date: 1/01 to 1/31/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	\$0.00	\$376.68
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$0.00	\$150.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$28.04	\$28.04
Total	\$2,256.35	-\$1,401.63	\$854.72

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 1/1/2025-1/31/2025					
	Donations	Literature	Rummage Sale	Total	
Receipts					
Ongoing	\$150.00	\$0.00	\$0.00	\$150.00	
Other					
Total	\$150.00	\$0.00	\$0.00	\$150.00	
Disbursements					
Literature Purchases		\$1,230.00		\$1,230.00	
Literature Shipping		\$321.63		\$321.63	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Guidelines Budget					
Narateen Budget					
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to FL Region	\$0.00	\$0.00		\$0.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	\$0.00	\$1,551.63	\$0.00	\$1,551.63	
Net Change	\$150.00	-\$1,551.63	\$0.00	-\$1,401.63	

Year-To-Date: (1/1-1/31/2025)					
	Donations	Literature	Rummage Sale	Total	
Receipts					
Ongoing	\$150.00	\$0.00	\$0.00	\$150.00	
Other					
Total	\$150.00	\$0.00	\$0.00	\$150.00	
Disbursements					
Literature Purchases		\$1,230.00		\$1,230.00	
Literature Shipping		\$321.63		\$321.63	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Guidelines Budget					
Narateen Budget					
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to FL Region	\$0.00	\$0.00		\$0.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	\$0.00	\$1,551.63	\$0.00	\$1,551.63	
Net Change	\$150.00	-\$1,551.63	\$0.00	-\$1,401.63	

Bay Area of FL Nar-Anon, Treasurer's Ledger

January 2025

Activity Dates: 1/1 -1/31/25

Beginning Balance	\$2,256.35
Net Increase/ Decrease	-\$1,401.63
Ending Balance	\$854.72

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Rummage Sale Incoming (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$2,256.35
1/6/25	Debit Card	Nar Anon Family Group Inc	Literature Purchase				-\$1,230.00		\$1,026.35
1/6/25	Debit Card	Nar Anon Family Group Inc	Literature Purchase Shipping					-\$321.63	\$704.72
1/24/25	Deposit	Hudson	Donation	\$50.00	\$0.00				\$754.72
1/24/25	Deposit	St Petersburg Wednesday	Donation	\$50.00					\$804.72
1/24/25	Deposit	Spring Hill Thursday	Donation	\$50.00	\$0.00				\$854.72
		ENDING BALANCE	TOTALS	\$150.00	\$0.00	\$0.00	-\$1,230.00	-\$321.63	\$854.72

Balance Per Bank 1/31/2025	\$854.72
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account reconciled	\$854.72

BAY AREA MEETING MINUTES

Saturday, March 1, 2025 | 4-5:02pm | Virtual Meeting

Approved April 4, 2024

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer. The Traditions & Concepts was read..

ROLL CALL

KEY *dual role	5 attendees; 4 voting; 1 NV --- out of 13 BA Groups
Maureen, Crystal Beach	Kevin, Tarpon Springs, *BA Treasurer
Faye, Zephyrhills, *Region Helpline Admin	Theresa, *BA Secretary & Guidelines Chair
	Marguerite, Bay ASR (NV)

OFFICER REPORTS

- ASR – There is a FL Region Assembly Meeting Saturday, March 8. Members discussed the CAR motions and the lack of a tally sheet to show group’s vote on each motion. We believe that the tally sheet came from WSO and Theresa modified it for formatting and a special one for the region delegate to get a tally on each groups vote to access into a Region vote for each motion.
 1. Theresa will ask Yvette to be sent the 2025 CAR tally sheet
 2. Marguerite will ask/detail in her Bay Area Report:
 - 1) If there is a tally sheet for the Region Groups to use for CAR motions
 - 2) Where do the Groups send their voting tally sheet?
 - 3) What is the cut-off date for the Group CAR votes to be submitted?
 - 4) That the Bay Area donation to the region is smaller this time due to the large literature order we made earlier this year.
 - 5) Ask for region in-person assemblies to be hybrid for participation from members across Florida that may not have the ability to attend an in-person assembly.
 - 6) Ask for the return of the BA Nar-Anon banner that we lent the region months ago.
- Treasurer – Kevin reviewed the January Treasurer Report (attached).
 1. Theresa motioned to donate \$265 to the Region; Kevin seconded. Motion carried unanimously.

REPORTS

- Literature Rep – The BA received the \$1540 Literature Order from WSO. The Bay Area has adequate stock of literature to last for many months.
- Outreach
 - ❖ PAR Academy – no activity.
 - ❖ BA Outreach
 - Kevin ordered and received the acrylic literature racks from Amazon..
 - Theresa pointed out that in the March Edition of the FL Region NFG News, under Outreach News, a Nar-Anon Banner that was used at an Outreach Event may be our missing BA Nar-Anon banner that was not returned after we lent it out to the region. The BA has been unable to locate the banner. Marguerite will ask Bonnie about the banner to have it returned to the Bay Area.



OLD BUSINESS

- “Growth through Nar-Anon” Fellowship Potluck

The members, by consensus, supported the March 22nd date for Potluck from 12 noon to 2pm. **Actions:**

1. Theresa will text Tony after today’s meeting to request & secure with the church March 22nd from 11am-3pm (Potluck Speaker meeting 12-2pm). (allowing time for setup and cleanup)
2. Kevin & Theresa will be at the church hall at 11am to help set up the tables.
3. Tony has the keys to the church hall – he will need to arrive early to open the doors
4. Sandy said Gary N volunteered to be a speaker
5. Marguerite said Donna volunteered to be a speaker if she is available
6. Tony texted that he would bring a cooler, ice, large ham, utensils, plates & cups
7. Theresa will pick up water, chips and a large plate of cookies from Sam’s Club
8. Ask groups for a headcount by March 15th if possible for planning purposes

- **Letter to WSO RE: WSO financial status**– The World Service Board responded to our email regarding the financial health of Nar-Anon. The email was read aloud. By consensus, the WSB reply will be attached to these minutes. The BA was thanked for our suggestions, but the board was unwilling to consider the suggestions at this time. BA members were happy we received a response. Members discussed WSO finances. The finances have not been updated since November of 2024. December & January, WSO received their targeted goal amount; however, failed to meet that goal in February

NEW BUSINESS

CLOSING

- Adjournment – Theresa motioned to adjourn the meeting at 5:02pm which was seconded by Maureen. Motion carried unanimously.

Submitted by,
Theresa, BA Secretary
approved 04/04/2025

Bay Area of FL Nar-Anon, Treasurer's Report

February 2025

Cash Checking Account

CURRENT PERIOD - 2/1/2025-2/28/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$376.68		\$376.68
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$28.04	\$260.70	\$288.74
Total	\$854.72	\$410.70	\$1,265.42

Year-To-Date: 1/01 to 2/28/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	\$0.00	\$376.68
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$288.74	\$288.74
Total	\$2,256.35	-\$990.93	\$1,265.42

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 2/1/2025-2/28/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$385.00	\$107.00	\$0.00	\$492.00
Other				
Total	\$385.00	\$107.00	\$0.00	\$492.00
Disbursements				
Literature Purchases		\$0.00		\$0.00
Literature Shipping		\$0.00		\$0.00
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Guidelines Budget				
Narateen Budget				
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to FL Region	\$0.00	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$81.30	\$0.00	\$0.00	\$81.30
Net Change	\$303.70	\$107.00	\$0.00	\$410.70

Year-To-Date: (1/1-2/28/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$535.00	\$107.00	\$0.00	\$642.00
Other				
Total	\$535.00	\$107.00	\$0.00	\$642.00
Disbursements				
Literature Purchases		\$1,230.00		\$1,230.00
Literature Shipping		\$321.63		\$321.63
Prudent Reserve				
General Budget	\$0.00			\$0.00
Guidelines Budget				
Narateen Budget				
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to FL Region	\$0.00			\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$81.30	\$1,551.63	\$0.00	\$1,632.93
Net Change	\$453.70	-\$1,444.63	\$0.00	-\$990.93

Bay Area of FL Nar-Anon, Treasurer's Ledger

February 2025

Activity Dates: 2/1 -2/28/25

Beginning Balance	\$854.72
Net Increase/Decrease	\$410.70
Ending Balance	\$1,265.42

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Rummage Sale Incoming (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$854.72
2/7/25	Deposit	Tampa North	Donation	\$200.00	\$0.00				\$1,054.72
2/7/25	Deposit	Clearwater Tuesday	Donation	\$60.00	\$0.00				\$1,114.72
2/7/25	Deposit	Chrystal Beach	Donation	\$50.00	\$0.00				\$1,164.72
2/25/225	Deposit	Zephyrhills	Literature		\$72.00				\$1,236.72
2/25/25	Deposit	Clearwater Tuesday	Literature		\$35.00				\$1,271.72
2/25/25	Zelle	Tarpon Springs	Donation	\$75.00	\$0.00				\$1,346.72
2/27/25	Check #1256	Kevin Holecko	Outreach Display Holders					-\$81.30	\$1,265.42
		ENDING BALANCE	TOTALS	\$385.00	\$107.00	\$0.00	\$0.00	-\$81.30	\$1,265.42

Balance Per Bank 2/26/2025/2025	\$1,271.72
Add Outstanding deposit	\$75.00
less outstanding check 1256	-\$81.30
Bank account renconciled	\$1,265.42

Dear Bay Area of Florida

Thank you for your support of our fellowship. The \$35,000 stated as needed each month is what is needed to meet our annual budget. Based on the fellowship meeting the goal in December and January, the supplies have been purchased to continue to print literature and we are at a backlog at the moment. Here is the link to our finances on the [nar-anon.org](https://www.nar-anon.org) website. Scroll halfway down the page. <https://www.nar-anon.org/budget-finance-committee>

The board discussed your area recommendation to increase literature prices and royalties. It was decided we would not increase our prices at this time, because there is talk about an increased cost in the supply chain. Shipping cost has just increased. Also, many of the international countries' economies are unstable.

If you have any other questions, comments, or suggestions please email us.

World Service Board

On Thu, Feb 6, 2025 at 9:47 AM <ba.secretary@naranonfl.org> wrote:

Good morning, World Service Board!

We appreciate the efforts to increase transparency regarding WSO finances.

The Bay Area was pleased to see that funds were raised in January that met the WSO budget. Could you enlighten us on the source of those funds?

The Bay Area of Florida recognizes that requests for more donations to help Nar-Anon have previously been unmet. We also realize that sales of literature is a primary source of funds for Nar-Anon. The BA recommends that prices be increased for both royalty fees and all literature.

When do you anticipate the depletion of existing stock of literature will be completed?

Thank you for your services to Nar-Anon!

Yours in Service,

Bay Area of FL Region Nar-Anon
<https://naranonfl.org/bayarea.html>

Marguerite, Bay Area ASR, ba.asr@naranonfl.org
Kevin, Bay Area Treasurer, ba.treasurer@naranonfl.org
Theresa, Bay Area Secretary, ba.secretary@naranonfl.org

BAY AREA MEETING MINUTES

Saturday, April 4, 2025 | 4-4:51pm | Virtual Meeting

approved 05/03/2025

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer. The Traditions & Concepts was read..

ROLL CALL

(13 BA Groups) 5 attendees; 4 voting; 1 non-voting (NV)

KEY *dual role

Clearwater GSR, Sandy

Theresa, *BA Secretary & Guidelines Chair

Tampa GSR, Tony, *BA Literature Rep

Marguerite, Bay ASR (NV)

Tarpon Springs GRS, Kevin, *BA Treasurer

MINUTES

- Sandy motioned to approve the minutes of March 1st; Kevin seconded. Motion opened for discussion. No changes. Motion carried unanimously.

OFFICER REPORTS

- ASR – CAR Motions 13 and 31 were withdrawn from motion makers. The next RSC meeting is April 27th.
- Treasurer – Kevin reviewed the March Treasurer Report (attached). \$174 was donated at the March BA Potluck Speaker Event.

REPORTS

- Literature Rep –The Bay Area has adequate stock of literature to last for many months.
- Outreach
 - ❖ PAR Academy – no activity.
 - ❖ BA Outreach – Yvette, our past BA Outreach Chair and now our Region Delegate asked us that to see if anyone is interested in doing outreach for this event, NAMIWalks Pasco 2025 (www.namiwalks.org). NAMI is the National Alliance on Mental Illness. The event will be held on Saturday, May 17, 2025 @ 9am. Location: Pasco County Safety Town, 15362 Alric Pottberg Rd, Shady Hills. ACTION: Theresa will reach out to the Region Outreach Chair and the groups in Holiday, Spring Hill &, Zephyrhills and let them know that the BA has outreach supplies if the opportunity to do Outreach at this event is available.

OLD BUSINESS

- “Growth through Nar-Anon” Fellowship Potluck on March 22nd was attended by 20 members. Members discussed a speaker’s emphasis on service in the Bay Area, Region and World. Some attendees were confused and thought it was a requirement of membership. Discussion on rephrasing the wording “*step-up*” for attracting members to *step-into* service positions or simply to try it out. Theresa, at the event, asked members if they would be interested in another Potluck Speaker meeting or a Potluck 4th Step Workshop. Attendees overwhelmingly supported a Step Workshop. ACTION: Theresa will add a note in the next email to BA members to be on the lookout for a workshop in a few months.
 1. Theresa motioned to donate \$174 to Nar-Anon FGH; Sandy seconded the motion. Motion carried unanimously.
 2. Sandy motioned to donate \$100 from the Non-7th Tradition funds to the church for use of the facilities for our BA Potluck meeting. Kevin seconded the motion. Motion carried unanimously.

NEW BUSINESS

- n/a

OPEN AGENDA

- The BA asked Marguerite to reach out to Bonnie to ask about a few issues:
 1. If an agenda item can be placed on the June Virtual Assembly for a vote to have the “in-person” assembly be offered as a hybrid. Benefit may be to boost attendance at in-person assemblies. Members voiced concerns that they could not attend due to health or other issues but would have participated if it was a hybrid meeting.
 2. A survey available to all Region members asking if they would be interested in all meetings having a virtual component (in-person would be hybrid).
 3. Also to inquire about the missing Bay Area banner.

CLOSING

- Theresa motioned to adjourn the meeting at 4:51pm which was seconded by Kevin. Motion carried unanimously.

Submitted by,
Theresa, BA Secretary
approved May 3, 2025

Bay Area of FL Nar-Anon, Treasurer's Report

March 2025

Cash Checking Account

CURRENT PERIOD - 3/1/2025-3/31/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$376.68	-\$48.44	\$328.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$288.74</u>	<u>\$185.50</u>	<u>\$474.24</u>
Total	\$1,265.42	\$137.06	\$1,402.48

Year-To-Date: 1/01 to 3/31/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$48.44	\$328.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$0.00</u>	<u>\$474.24</u>	<u>\$474.24</u>
Total	\$2,256.35	-\$853.87	\$1,402.48

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 3/1/2025-3/31/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$379.00	\$71.50	\$0.00	\$450.50
Other				
Total	\$379.00	\$71.50	\$0.00	\$450.50
Disbursements				
Literature Purchases		\$0.00		\$0.00
Literature Shipping		\$0.00		\$0.00
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Guidelines Budget				
Narateen Budget				
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to FL Region	\$265.00	\$0.00		\$265.00
Unbudgeted Expenditures	\$0.00		\$48.44	\$48.44
Subtotal Disbursements	<u>\$265.00</u>	<u>\$0.00</u>	<u>\$48.44</u>	<u>\$313.44</u>
Net Change	\$114.00	\$71.50	-\$48.44	\$137.06

Year-To-Date: (1/1-3/31/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$914.00	\$178.50	\$0.00	\$1,092.50
Other				
Total	\$914.00	\$178.50	\$0.00	\$1,092.50
Disbursements				
Literature Purchases		\$1,230.00		\$1,230.00
Literature Shipping		\$321.63		\$321.63
Prudent Reserve				
General Budget	\$0.00			\$0.00
Guidelines Budget				
Narateen Budget				
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to FL Region	\$265.00			\$265.00
Unbudgeted Expenditures	\$0.00		\$48.44	\$48.44
Subtotal Disbursements	<u>\$346.30</u>	<u>\$1,551.63</u>	<u>\$48.44</u>	<u>\$1,946.37</u>
Net Change	\$567.70	-\$1,373.13	-\$48.44	-\$853.87

Bay Area of FL Nar-Anon, Treasurer's Ledger

March 2025

Activity Dates: 3/1 -3/31/25

Beginning Balance	\$1,265.42
Net Increase/Decrease	\$137.06
Ending Balance	\$1,402.48

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,265.42
3/3/25	Zelle	Florida Region of Nar Anon	Donation to Region					-\$265.00	\$1,000.42
3/24/25	Zelle	TM reimbursement for Potluck Expenses	Non 7Th Tradition Funds			-\$48.44			\$951.98
3/25/25	Deposit	Pot Luck Collection	Donation	\$174.00					\$1,125.98
3/25/25	Deposit	Clearwater Tuesday	Donation	\$105.00					\$1,230.98
3/25/25	Deposit	Tampa North	Literature		\$71.50				\$1,302.48
3/25/25	Zelle	Lutz	Donation	\$100.00	\$0.00				\$1,402.48
									\$1,402.48
		ENDING BALANCE	TOTALS	\$379.00	\$71.50	-\$48.44	\$0.00	-\$265.00	\$1,402.48

Balance Per Bank 3/1/2025/2025	\$1,302.48
Add Outstanding deposit	\$100.00
less outstanding check	\$0.00
Bank account reconciled	\$1,402.48

BAY AREA MEETING MINUTES

Saturday, May 3, 2025 | 4-4:54pm | Virtual Meeting

approved June 7, 2025

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer. The Traditions & Concepts were read..

ROLL CALL

(13 BA Groups) 5 attendees; 4 voting; 1 non-voting (NV)

KEY *dual role

Tampa GSR, Tony, *BA Literature Rep

Theresa, *BA Secretary & Guidelines Chair

Tarpon Springs GRS, Kevin, *BA Treasurer

Marguerite, Bay ASR (NV)

Zephyrhills GSR, Faye *Region Helpline Coordinator

MINUTES

- Theresa motioned to approve the minutes of April 1st; Kevin seconded. Motion opened for discussion. No changes. Motion carried unanimously.

OFFICER REPORTS

- ASR – Marguerite received a reply from the region regarding in-person assemblies being offered as hybrid assemblies for those that are unable to travel but would like to participate in the assemblies. The region discussed this at the March assembly (in person assembly, 7 voting and 3 non-voting members) and the voting members voted it down. The other question involved the Bay Area’s Nar-Anon banner that was lent out for a region outreach event and not returned. Bonnie, Region Chair, informed Marguerite that the new region Outreach Chair said the banner was in disrepair and unable to be used and Tony said to keep it. Tony did not remember saying that at the assembly.
- Treasurer – Kevin reviewed the April Treasurer Report which is attached to these minutes.

REPORTS

- Literature Rep – Tony ordered about \$152 worth of CAL, including several “4th Step Workbooks” for the Clearwater group & the BA literature stock.
- Outreach
 - ❖ PAR Academy – no report
 - ❖ BA Outreach – Theresa reached out to north groups that are located nearer to the event, NAMIWalks Pasco 2025 (www.namiwalks.org) which will be held May 17th @ 9am at Pasco County Safety Town, 15362 Alric Pottberg Rd, Shady Hills. There has been no response. The BA has supplies for these opportunities.

OLD BUSINESS

- Bay Area Workshop/Potluck. Based on March’s Potluck/Speaker meeting where members overwhelmingly supported a Step Workshop the members discussed a Potluck/workshop in the fall. Theresa shared a Rocky Mountain region virtual multi-day workshop on the 4th Step Workbook flyer which will be offered in May and June. Several members are interested in attending to learn how others helped members work the 4th step through the new workbook. Members discussed a possible change in Workshop topic to the first 3 Steps; followed by a 4th Step Workshop in the spring. ACTION: Theresa was asked to survey the groups for preference of topics and the month preference.

NEW BUSINESS

- WSC CAR update – Theresa shared different aspects of listening in on the convention as an observer. Many motions go through amendments which can change the motion significantly. The 2025 WSC minutes are available on the WSO website under WSC heading. Using the minutes, Theresa used the tally sheet to indicate

how each motion was handled: pass, pass as amended, fail, send to committee, withdrawn or ruled out of order. Theresa asked members at BAM if anyone would like the tally sheet. Kevin, Marguerite, Faye all asked to be sent copies. Theresa was asked if this could be added to the Bay Area webpage; the minutes may be linked to WSO website, and the tally sheet can be added for members.

- Nar-Anon @ FRCNA XLIII will be held on July 5th (1 day only) at the Rosen Plaza in Orlando. There will be no “chance drawings” and groups that have gathered funds for the chance drawing are asked to consider sending the funds to the region. Members are encouraged to attend; details & registration form are online under the News and Events tab.
- The next FL Region Virtual Assembly is on Sunday, June 8th, at 7pm.

OPEN AGENDA

- Zephyrhills Group is “on hold” until October 4th.
- The 2026 NFG East Coast Convention (ECC) will be held in Tampa next year. The ECC committee is looking for volunteers for the convention.

CLOSING

- Theresa motioned to adjourn the meeting at 4:51pm which was seconded by Tony. Motion carried unanimously.

Submitted by,
Theresa, BA Secretary
approved 6/7/2025

Bay Area of FL Nar-Anon, Treasurer's Report

April 2025

Cash Checking Account

CURRENT PERIOD - 4/1/2025-4/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$328.24	-\$100.00	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$474.24	-\$7.95	\$466.29
Total	\$1,402.48	-\$107.95	\$1,294.53

Year-To-Date: 1/01 to 4/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$466.29	\$466.29
Total	\$2,256.35	-\$961.82	\$1,294.53

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 4/1/2025-4/30/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$125.00	\$353.10	\$0.00	\$478.10
Other				
Total	\$125.00	\$353.10	\$0.00	\$478.10
Disbursements				
Literature Purchases		\$135.60		\$135.60
Literature Shipping		\$16.55		\$16.55
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$174.00			\$174.00
Donations to FL Region		\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$100.00	\$100.00
Subtotal Disbursements	\$333.90	\$152.15	\$100.00	\$586.05
Net Change	-\$208.90	\$200.95	-\$100.00	-\$107.95

Year-To-Date: (1/1-4/30/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$1,039.00	\$531.60	\$0.00	\$1,570.60
Other				
Total	\$1,039.00	\$531.60	\$0.00	\$1,570.60
Disbursements				
Literature Purchases		\$1,365.60		\$1,365.60
Literature Shipping		\$338.18		\$338.18
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$265.00			\$265.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$680.20	\$1,703.78	\$148.44	\$2,532.42
Net Change	\$358.80	-\$1,172.18	-\$148.44	-\$961.82

Bay Area of FL Nar-Anon, Treasurer's Ledger

April 2025

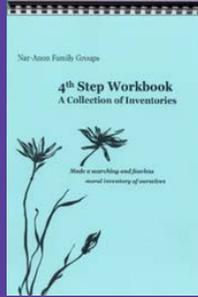
Activity Dates: 4/1 -4/30/25

Beginning Balance	\$1,402.48
Net Increase/Decrease	-\$107.95
Ending Balance	\$1,294.53

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,402.48
4/14/25	Direct Debit	Zoom	Zoom renewal					-\$159.90	\$1,242.58
4/18/25	Deposit	Spring Hill Tuesday	Donation	\$50.00					\$1,292.58
4/21/25	Debit Card	Nar-Anon Family Groups Inc	Literature Purchase				-\$135.60		\$1,156.98
4/21/25	Debit Card	Nar-Anon Family Groups Inc	Literature Shipping				-\$16.55		\$1,140.43
4/21/25	#1257	Nar-Anon Family Groups Inc	Donation to WSO					-\$174.00	\$966.43
4/21/25	#1258	United Community Church	Donation for use of Hall			-\$100.00			\$866.43
4/29/25	Deposit	Crystal Beach	Donation		\$59.00				\$925.43
4/30/25	Deposit	Clearwater Tuesday	Literature Purchase		\$143.60				\$1,069.03
4/30/25	Deposit	St Pete Wednesday	Literature Purchase		\$150.50				\$1,219.53
4/30/25	Zelle	Tarpon Springs	Donation	\$75.00					\$1,294.53
		ENDING BALANCE	TOTALS	\$125.00	\$353.10	-\$100.00	-\$152.15	-\$333.90	\$1,294.53

Balance Per Bank 4/30/2025	\$1,174.43
Add Outstanding deposit	\$294.10
Less Outstanding check #1257	-\$174.00
Bank account renconciled	\$1,294.53

Uncover Discover Recover



Rocky
Mountain
Region



Using the Nar-Anon 4th Step Workbook

Each session is two (2) hours in length

**MAY
17**

8a PT | 9a MT | 10a CT | 11a ET

Introduction
How to use the Workbook
Fear Inventory

**MAY
18**

11a PT | 12p MT | 1p CT | 2p ET

Credit and Debit Inventory
Personal Safety Questions

**MAY
31**

7a PT | 8a MT | 9a CT | 10a ET

Quick Inventories
Freestyle Inventory

**JUNE
1**

11a PT | 12p MT | 1p CT | 2p ET

Relationship Inventories
Behavior, Change, and Characteristics

**JUNE
21**

8a PT | 9a MT | 10a CT | 11a ET

Relationship Inventories - Patterns
Ideal, Attitude, Attraction to a Romantic
Partner, and Sexuality and Gender Roles

**JUNE
22**

11a PT | 12p MT | 1p CT | 2p ET

Resentment Inventory Chart

Join us for any or
all the workshops!

Held in the RMR
[Virtual Meeting
Room](#)



 NarAnonRM.org

BAY AREA MEETING MINUTES

Saturday, June 7, 2025 | 4:01-4:51pm | Virtual Meeting

approved 8/3 as amended

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer. The Traditions & Concepts were read..

ROLL CALL

(13 BA Groups) 6 attendees; 4 voting; 2 non-voting (NV)

KEY *dual role

Clearwater GSR, Sandy

Tarpon Springs member, Rae (NV)

Tampa GSR, Tony, *BA Literature Rep

Theresa, *BA Secretary & Guidelines Chair

Tarpon Springs ALT, Donna

Marguerite, Bay ASR (NV)

MINUTES

- Theresa motioned to approve the minutes of May 3rd; Tony seconded. Motion opened for discussion. Motion carried, 2 abstentions.

OFFICER REPORTS

- ASR – The next FL Region Virtual Assembly is on Sunday, June 8th, at 7pm. Marguerite sent in the BA report for the Assembly. The Bay Area received a reply regarding the BA Nar-Anon banner from the region previously that the banner falls over easily; it is in disrepair. Discussion revealed the banner has always tipped over easily; the members always tied the banner to the tent or table legs. If the banner is dirty, it is vinyl and can be hosed down. The BA determined: (1) asked Marguerite to reach out to the region and ask for the banner and the BA tent to be returned. (2) that BA items be kept/lent out within the Bay Area. Kevin is currently storing the BA outreach materials.
- Treasurer – Kevin was absent but sent in the May report. Marguerite went over the May report. The Treasurer report is attached to these minutes. MOTION: Theresa motioned to donate \$600 to the FL Region; seconded by Sandy. Motion opened up for discussion. Theresa amended her motion to reflect members consensus to modify the amount. **Theresa motioned to donate \$500 to the FL Region; seconded by Sandy. Motion carried.**

REPORTS

- Literature Rep – The Bay Area is well stocked. Tony was asked if we have adequate stock of the “4th Step Workbooks”; which we do.
- Outreach
 - ❖ PAR Academy – No update.

OLD BUSINESS

- BA Workshop – Theresa reviewed the input from Crystal Beach (Sept+4th Step) and St Petersburg (Oct +4th Step) in the survey interest for month and workshop theme. Clearwater (Steps 1-3, no preference in time) and Tarpon Springs added their group preferences. Further discussion:
 - a) Two members attended Rocky Mountain's 6 workshops on the 4th Step Workbook. Both felt the sessions were very good, intense and deep which could not be accomplished in a 2-3 hour workshop.
 - b) use the 4th Step out of the Nar-Anon 36 Workbook, not the 4th Step Workbook
 - c) start with Steps 1-3; followed by lunch; ending with an introduction to Step 4
 - d) possibly send out prep literature prior to workshop
 - e) 3 hours max – potluck & workshop
 - f) get speakers or panel for sections

- g) **ACTION:** Tony will check with the church for availability to rent the hall Saturday September 27th or October 25th.

NEW BUSINESS

- ECC 2026 (East Coast Convention) will be held in Tampa on June 5-7, 2026 at the Alba Hotel. Next committee meeting is July 12 @ noon. Email the chair, Donna, at eastcoastconvention8@gmail.com to volunteer to serve on the committee or to be a speaker. The committee needs support: fundraiser (rummage sale), speakers, commitment for a room at the hotel. The contract calls for 60% of 85 rooms to be filled (~~\$165~~ \$169 night). The theme has yet to be determined. The World Convention was 'a bust' with poor placement of meeting rooms, and interactions outside of Nar-Anon – so a subsequent convention for Nar-Anon will be welcomed.

OPEN AGENDA

ANNOUNCEMENTS

- Zephyrhills Group is "on hold" until October 4th.
- Nar-Anon @ FRCNA XLIII will be held on July 5th (1 day only) at the Rosen Plaza in Orlando. There will be no "chance drawings" and groups that have gathered funds for the chance drawing are asked to consider sending the funds to the region. Members are encouraged to attend; details & registration form are online under the News and Events tab.
- The 2026 NFG East Coast Convention (ECC) will be held in Tampa at the Alba Hotel on July 5-7, 2026

CLOSING

- Theresa motioned to adjourn the meeting at 5:20pm which was seconded by Donna. Motion carried unanimously.

Submitted by,
Theresa, BA Secretary
approved 8/3/25 as amended
(amendment in red font)

Bay Area of FL Nar-Anon, Treasurer's Report

May 2025

Cash Checking Account

CURRENT PERIOD - 5/1/2025-5/31/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$466.29</u>	<u>\$176.84</u>	<u>\$643.13</u>
Total	\$1,294.53	\$176.84	\$1,471.37

Year-To-Date: 1/01 to 5/31/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$0.00</u>	<u>\$643.13</u>	<u>\$643.13</u>
Total	\$2,256.35	-\$784.98	\$1,471.37

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 5/1/2025-5/31/2025					
	Donations	Literature	NON 7TH Tradition	Total	
Receipts					
Ongoing	\$260.00	\$0.00	\$0.00	\$260.00	
Other					
Total	\$260.00	\$0.00	\$0.00	\$260.00	
Disbursements					
Literature Purchases		\$68.50		\$68.50	
Literature Shipping		\$14.66		\$14.66	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$0.00			\$0.00	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to WSO	\$0.00			\$0.00	
Donations to FL Region		\$0.00		\$0.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	<u>\$0.00</u>	<u>\$83.16</u>	<u>\$0.00</u>	<u>\$83.16</u>	
Net Change	\$260.00	-\$83.16	\$0.00	\$176.84	

Year-To-Date: (1/1-5/31/2025)					
	Donations	Literature	NON 7TH Tradition	Total	
Receipts					
Ongoing	\$1,299.00	\$531.60	\$0.00	\$1,830.60	
Other					
Total	\$1,299.00	\$531.60	\$0.00	\$1,830.60	
Disbursements					
Literature Purchases		\$1,434.10		\$1,434.10	
Literature Shipping		\$352.84		\$352.84	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$159.90			\$159.90	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$81.30	\$0.00		\$81.30	
Donations to WSO	\$174.00			\$174.00	
Donations to FL Region	\$265.00			\$265.00	
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44	
Subtotal Disbursements	<u>\$680.20</u>	<u>\$1,786.94</u>	<u>\$148.44</u>	<u>\$2,615.58</u>	
Net Change	\$618.80	-\$1,255.34	-\$148.44	-\$784.98	

Bay Area of FL Nar-Anon, Treasurer's Ledger

May 2025

Activity Dates: 5/1 -5/31/25

Beginning Balance	\$1,294.53
Net Increase/Decrease	\$176.84
Ending Balance	\$1,471.37

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,294.53
5/16/25	Debit Card	Nar-Anon Family Groups Inc	Literature Purchase				-\$68.50		\$1,226.03
5/16/25	Debit Card	Nar-Anon Family Groups Inc	Literature Shipping				-\$14.66		\$1,211.37
5/30/25	Deposit	Crystal Beach	Donation	\$60.00					\$1,271.37
5/30/25	Deposit	Clearwater Tuesday	Donation	\$200.00					\$1,471.37
									\$1,471.37
		ENDING BALANCE	TOTALS	\$260.00	\$0.00	\$0.00	-\$83.16	\$0.00	\$1,471.37

Balance Per Bank 5/31/2025	\$1,471.37
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account reconciled	\$1,471.37

Bay Area "Urgent" Meeting Minutes

Sunday, July 20, 2025 | 4-4:40pm | Virtual Meeting

approved 8/3/2025

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer.

ROLL CALL

5 attendees: 4 voting; 1 non-voting (NV)

Clearwater GSR, Sandy

Tampa GSR, Tony, *BA Literature Rep

Marguerite, Bay ASR (NV)

(12 BA Groups)

KEY *dual role

Tarpon Springs GSR, Kevin, *BA Treasurer

Theresa, *BA Secretary & Guidelines Chair

BA Potluck Step Workshop

Tony secured the church for the BA Potluck Step Workshop for September 27th. The members discussed the timeline, the volunteer commitment for facilitating and setting up a Potluck Workshop. ECC8 (2026 East Coast Convention) committee would like to hold a Rummage Sale for funding the \$6500 hotel deposit required by early 2026 for the convention held in Tampa on June 5-7, 2026 at the Alba Hotel.

- a) Theresa motioned, seconded by Kevin, to postpone the Potluck Step Workshop until early 2026. Motioned carried.
- b) The ECC8 committee can use the Sept 27th date for the rummage sale with church approval. Tony will reach out to the church.
- c) Theresa will send Donna the "best practices" (what worked, what didn't and what we would do differently) worksheet on the last BA Rummage Sale. See attachment.
- d) Theresa suggested sending ECC8 the remaining non-7th Tradition funds (\$228.24) as a donation. Discussion. Members supporting the action were split, 2-2. No action.
- e) Bay Area supports the Rummage Sale as good for Nar-Anon and our area. Tony & Kevin will help. Marguerite has hangers and may have tubs to pack unsold items for donation. Rummage Sale must be ended early for one charity pickup on Saturday. Last rummage sale, the church agreed to store unsold items until Monday pickup.

Future of Bay Area

- Tony is committed to BAM & ECC8
- Kevin's term is up in December and has another member interested in serving as Bay Area Treasurer.
- Theresa's term is up in December and is also unsure of future commitment.
- Sandy's term is up as GSR for Clearwater. Also unsure of future commitment
- Members are asked to think about the future of the Bay Area. Ideas shared included reduced meeting schedule, placing the Bay Area 'on hold'... There is a need for fellowship to attract other members for service in the Bay Area.

Next BA Meeting

Theresa will be traveling and will not be attending the next BAM on August 2nd. Theresa suggested changing the next BAM to **Sunday, August 3rd**. Members unanimously approved the date change. Next meeting is Sunday, August 3rd at 4pm via BA Zoom.

The meeting closed with the Serenity Prayer at 4:40pm

Submitted by,

Theresa, BA Secretary

approved 8/3/2025

Bay Area "Urgent" Meeting Minutes

Sunday, August 3, 2025 | 4-4:40pm | Virtual Meeting

approved 10/05/25

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer. Sandy read the Traditions; Marguerite read the Concepts.

ROLL CALL

8 attendees: 5 voting; 3 non-voting (NV)

Clearwater GSR, Sandy

Tampa GSR, Tony, *BA Literature Rep

Crystal Beach GSR, Maureen

BA member, RAE (NV)

(12 BA Groups)

KEY *dual role

Tarpon Springs GSR, Kevin, *BA Treasurer

BA Secretary & Guidelines Chair, Theresa

ECC8 Chair & BA member, Donna (NV)

Bay ASR, Marguerite (NV)

MINUTES

June 7th BA Minutes: Theresa motioned to accept the June 7th draft minutes; Sandy seconded. Motioned opened for discussion. One correction, ECC8 Abba Hotel room rate is \$169, not \$165. Motioned to accept the June 7th BA minutes with corrections carried unanimously.

July 20th BA Minutes: Sandy motioned to accept the July 20th minutes; seconded by Kevin. Motioned opened for discussion. Motion carried unanimously to approve the July 20th BA minutes.

REPORTS

- ASR Report: Marguerite was not able to attend the RSC meeting last month.
- Treasurer Reports: Kevin explained the June & July reports. July Treasurer Ledger had one error; Crystal Beach donated funds, not purchased literature. This does not change the overall Treasurer Report, just the ledger which will be changed to reflect the donation.
- Literature Report: Tony said the BA literature is in good supply. There was discussion on how many groups are actively purchasing and donating funds to the Bay Area and how many groups are actively participating in the Bay Area Meetings. Kevin volunteered to do a 12-month look back on donations and literature purchases by Group.
- Outreach Report: There is no action regarding PAR Academy and Nar-Anon. A member inquired about the large Outreach budget. Other members explained that we had multiple events on the same day, and the BA had materials to support one event at a time. As a result, the BA purchased display products for multiple events and decided on specific pamphlets to feature. Those events were cancelled due to hurricane Helene.

OLD BUSINESS

- a) BA Potluck Step Workshop: is postponed until early 2026.
- b) ECC8 Rummage Sale. The Rummage sale is set for Saturday, September 27th in Oldsmar. The church has not approved using Friday for setup. Tony will get the Oldsmar Garage Sale permit. Theresa motioned to expend \$100 to the church for Garage Sale rent of the BA non-7th Tradition funds. Sandy Seconded. Motion discussed. Motion withdrawn. Donna asked for BA permission to share the BA Rummage Sale "Best Practices" with ECC8 members. Permission granted.
- c) ECC8 – Next meeting is Saturday, August 9, at 10am via Zoom. The BA members are encouraged to reserve rooms at Alba for the convention. Part of the contract with ECC8 is guaranteed rooms. ECC* needs members to host, volunteer for the convention.

NEW BUSINESS

- 2026 BA Elections: Members are asked to consider stepping into a BA position. If they are interested, they need to submit a letter of willingness. Open positions in December are: ASR, Alt-ASR, Secretary, Treasurer, Outreach Chair, Guidelines chair.
- FL Region donation: Theresa motioned to send \$800 to the FL Region. Motioned seconded by Sandy. Motion carried.
- Next BA Meeting: Discussion on changing the day to Sunday. We have much better turnout on Sunday. ACTION: after October 5th BAM, the BA will discuss making the meeting on Sunday permanently. If we do make this permanent, the BA Guidelines will need to be changed. The Guidelines also need to be checked against the 2025 conference motions that were approved.

UPCOMING DATES & ANNOUNCEMENTS

- The next BAM is Sunday, October 5 at 4pm via BA Zoom.
- The next FL Region Assembly: September 13th is the next FL Region Assembly (in-person), 9am-3pm @ Schalamar County Club, 4500 US-92 Lakeland.

ADJOURNMENT:

Theresa motioned, seconded by Sandy, to adjourn at 5:10pm. Motion carried. The meeting closed with the Serenity Prayer at 5:10pm

Submitted by,

Theresa, BA Secretary
approved 10/05/25

Bay Area of FL Nar-Anon, Treasurer's Report

June 2025

Cash Checking Account

CURRENT PERIOD - 6/1/2025-6/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$643.13</u>	<u>\$7.00</u>	<u>\$650.13</u>
Total	\$1,471.37	\$7.00	\$1,478.37

Year-To-Date: 1/01 to 6/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	<u>\$0.00</u>	<u>\$650.13</u>	<u>\$650.13</u>
Total	\$2,256.35	-\$777.98	\$1,478.37

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 6/1/2025-6/30/2025					
	Donations	Literature	NON 7TH Tradition	Total	
Receipts					
Ongoing	\$368.00	\$139.00	\$0.00	\$507.00	
Other					
Total	\$368.00	\$139.00	\$0.00	\$507.00	
Disbursements					
Literature Purchases		\$0.00		\$0.00	
Literature Shipping		\$0.00		\$0.00	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$0.00			\$0.00	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to WSO	\$0.00			\$0.00	
Donations to FL Region	\$500.00	\$0.00		\$500.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	<u>\$500.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$500.00</u>	
Net Change	-\$132.00	\$139.00	\$0.00	\$7.00	

Year-To-Date: (1/1-6/30/2025)					
	Donations	Literature	NON 7TH Tradition	Total	
Receipts					
Ongoing	\$1,667.00	\$670.60	\$0.00	\$2,337.60	
Other					
Total	\$1,667.00	\$670.60	\$0.00	\$2,337.60	
Disbursements					
Literature Purchases		\$1,434.10		\$1,434.10	
Literature Shipping		\$352.84		\$352.84	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$159.90			\$159.90	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$81.30	\$0.00		\$81.30	
Donations to WSO	\$174.00			\$174.00	
Donations to FL Region	\$765.00			\$765.00	
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44	
Subtotal Disbursements	<u>\$1,180.20</u>	<u>\$1,786.94</u>	<u>\$148.44</u>	<u>\$3,115.58</u>	
Net Change	\$486.80	-\$1,116.34	-\$148.44	-\$777.98	

Bay Area of FL Nar-Anon, Treasurer's Ledger

June 2025

Activity Dates: 6/1 -6/30/25

Beginning Balance	\$1,471.37
Net Increase/Decrease	\$7.00
Ending Balance	\$1,478.37

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,471.37
6/1/25	Debit Card	Nar Anon Family Groups Inc	Literature Purchase				\$0.00		\$1,471.37
6/1/25	Debit Card	Nar Anon Family Groups Inc	Literature Shipping				\$0.00		\$1,471.37
6/9/25	Deposit	North Tampa	Donation	\$260.00					\$1,731.37
6/9/25	Zelle	Florida Region Of Nar Anon	Donation to Region					-\$500.00	\$1,231.37
6/17/25	Deposit	Lutz	Literature		\$85.00				\$1,316.37
6/17/25	Deposit	North Tampa	Literature		\$45.00				\$1,361.37
6/27/25	Deposit	Tarpon Springs	Donation	\$108.00					\$1,469.37
6/27/25	Deposit	New Tampa	Literature		\$9.00				\$1,478.37
		ENDING BALANCE	TOTALS	\$368.00	\$139.00	\$0.00	\$0.00	-\$500.00	\$1,478.37

Balance Per Bank 6/30/2025	\$1,478.37
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account reconciled	\$1,478.37

Bay Area of FL Nar-Anon, Treasurer's Report

July 2025

Cash Checking Account

CURRENT PERIOD - 7/1/2025-7/31/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$650.13	\$225.00	\$875.13
Total	\$1,478.37	\$225.00	\$1,703.37

Year-To-Date: 1/01 to 7/31/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$875.13	\$875.13
Total	\$2,256.35	-\$552.98	\$1,703.37

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 7/1/2025-7/31/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$225.00	\$0.00	\$0.00	\$225.00
Other				
Total	\$225.00	\$0.00	\$0.00	\$225.00
Disbursements				
Literature Purchases		\$0.00		\$0.00
Literature Shipping		\$0.00		\$0.00
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$0.00			\$0.00
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$0.00			\$0.00
Donations to FL Region	\$0.00	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$0.00	\$0.00	\$0.00	\$0.00
Net Change	\$225.00	\$0.00	\$0.00	\$225.00

Year-To-Date: (1/1-7/31/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$1,892.00	\$670.60	\$0.00	\$2,562.60
Other				
Total	\$1,892.00	\$670.60	\$0.00	\$2,562.60
Disbursements				
Literature Purchases		\$1,434.10		\$1,434.10
Literature Shipping		\$352.84		\$352.84
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$765.00			\$765.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$1,180.20	\$1,786.94	\$148.44	\$3,115.58
Net Change	\$711.80	-\$1,116.34	-\$148.44	-\$552.98

Bay Area of FL Nar-Anon, Treasurer's Ledger

July 2025

Activity Dates: 7/1 -7/31/25

Beginning Balance	\$1,478.37
Net Increase/Decrease	\$225.00
Ending Balance	\$1,703.37

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,478.37
7/1/25	Debit Card	Nar Anon Family Groups Inc	Literature Purchase				\$0.00		\$1,478.37
7/1/25	Debit Card	Nar Anon Family Groups Inc	Literature Shipping				\$0.00		\$1,478.37
7/15/25	Deposit	Springhill Thursday	Donation	\$50.00					\$1,528.37
7/22/25	Zelle	Lutz	Donation	\$100.00					\$1,628.37
7/31/25	Deposit	Crystal Beach	Donation	\$75.00					\$1,703.37
		ENDING BALANCE	TOTALS	\$225.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,703.37

Balance Per Bank 7/31/2025	\$1,628.37
Add Outstanding deposit	\$75.00
less outstanding check	\$0.00
Bank account renconciled	\$1,703.37

Bay Area "Urgent" Meeting Minutes
Sunday, October 5, 2025 | 4-4:40pm | Virtual Meeting
approved 12/7/25

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer.

ROLL CALL: *KEY: *Dual Role* 6 attendees: 5 voting; 1 non-voting (NV)

Clearwater GSR, Sandy	Tarpon Springs GSR, Kevin, *BA Treasurer
Tampa GSR, Tony, *BA Literature Rep	BA Secretary & Guidelines Chair, Theresa
Crystal Beach GSR, Maureen	Bay ASR, Marguerite (NV)

MINUTES

Sandy motioned to accept the August 3rd minutes; Kevin seconded. Motion opened for discussion. **Motion to accept the August 3rd minutes carried unanimously.**

REPORTS

- ASR Report:
 - a) ECC 8 Rummage Sale was a success. The Rummage Sale proceeds were about \$2000 for ECC8. The church required rent of \$250 for the multi-day event (setup Friday, sale Saturday).
 - b) FL Region September Assembly: The voting members at the assembly approved the 2026 budget. The FL Region Chair, ALT Chair, Treasurer and Website Chair were elected to a second term of 3-years. A webmaster was elected. The secretary service position remains unfilled.
- Treasurer Reports: Kevin reviewed with the members the August & September reports. Zephyrhills group disbanded in September and donated their group monies (\$326) to the Bay Area. The Bay Area donated \$800 to the FL Region in August. See attached treasury reports.
- Literature Report: Tony said the BA literature is in good supply.
- Outreach Report: There is no action regarding PAR Academy and Nar-Anon. Future BAM agendas will no longer address PAR. NOPE Candlelight Vigil will be held in Hillsborough. Pinellas Candlelight Vigil was cancelled. There is no information on Pasco Vigil.

OLD BUSINESS

- ECC8 Rummage Sale. See ASR report above for details.

NEW BUSINESS

- Elections – elections will be at the December 6th BAM. Members interested in holding a service position are asked to submit a letter of willingness.
- **Motion to change monthly BAM meetings to quarterly meetings starting in 2026 was made by Theresa. Sandy seconded. Motion carried unanimously.**
- **Motion to skip November BAM was made by Theresa, seconded by Maureen. Motion carried unanimously.**
- Discussion on changing BA meetings from Saturdays to Sundays. The topic will be reviewed in December.

ADJOURNMENT: The next BAM is Saturday, December 6th at 4pm via ZOOM. Motion to adjourn was made by Theresa, seconded by Sandy. Motion carried unanimously. The meeting adjourned at 4:40pm.

Submitted by

Theresa, BA Secretary
approved 12/7/25

Bay Area of FL Nar-Anon, Treasurer's Report

August 2025

Cash Checking Account

CURRENT PERIOD - 8/1/2025-8/31/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$875.13	-\$639.00	\$236.13
Total	\$1,703.37	-\$639.00	\$1,064.37

Year-To-Date: 1/01 to 8/31/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$236.13	\$236.13
Total	\$2,256.35	-\$1,191.98	\$1,064.37

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 8/1/2025-8/31/2025					
	Donations	Literature	NON 7 th Tradition	Total	
Receipts					
Ongoing	\$161.00	\$0.00	\$0.00	\$161.00	
Other					
Total	\$161.00	\$0.00	\$0.00	\$161.00	
Disbursements					
Literature Purchases		\$0.00		\$0.00	
Literature Shipping		\$0.00		\$0.00	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$0.00			\$0.00	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to WSO	\$0.00			\$0.00	
Donations to FL Region	\$800.00	\$0.00		\$800.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	<u>\$800.00</u>	<u>\$0.00</u>	<u>\$0.00</u>	<u>\$800.00</u>	
Net Change	-\$639.00	\$0.00	\$0.00	-\$639.00	

Year-To-Date: (1/1-8/31/2025)					
	Donations	Literature	NON 7 th Tradition	Total	
Receipts					
Ongoing	\$2,053.00	\$670.60	\$0.00	\$2,723.60	
Other					
Total	\$2,053.00	\$670.60	\$0.00	\$2,723.60	
Disbursements					
Literature Purchases		\$1,434.10		\$1,434.10	
Literature Shipping		\$352.84		\$352.84	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$159.90			\$159.90	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$81.30	\$0.00		\$81.30	
Donations to WSO	\$174.00			\$174.00	
Donations to FL Region	\$1,565.00			\$1,565.00	
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44	
Subtotal Disbursements	<u>\$1,980.20</u>	<u>\$1,786.94</u>	<u>\$148.44</u>	<u>\$3,915.58</u>	
Net Change	\$72.80	-\$1,116.34	-\$148.44	-\$1,191.98	

Bay Area of FL Nar-Anon, Treasurer's Ledger

August 2025

Activity Dates: 8/1- 8/31/25

Beginning Balance	\$1,703.37
Net Increase/Decrease	-\$639.00
Ending Balance	\$1,064.37

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7th Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,703.37
8/14/25	Zelle	Florida Region Of Nar-Anon	Donation					-\$800.00	\$903.37
8/1/25	Debit Card	Nar-Anon Family Groups Inc	Literature Purchase				\$0.00		\$903.37
8/1/25	Debit Card	Nar-Anon Family Groups Inc	Literature Shipping				\$0.00		\$903.37
8/18/25	Deposit	Crystal Beach	Donation	\$61.00					\$964.37
8/18/25	Deposit	Clearwater Tuesday	Donation	\$100.00					\$1,064.37
		ENDING BALANCE	TOTALS	\$161.00	\$0.00	\$0.00	\$0.00	-\$800.00	\$1,064.37

Balance Per Bank 8/31/2025	\$1,064.37
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account reconciled	\$1,064.37

Bay Area of FL Nar-Anon, Treasurer's Report

September 2025

Cash Checking Account

CURRENT PERIOD - 9/1/2025-9/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$236.13	\$676.00	\$912.13
Total	\$1,064.37	\$676.00	\$1,740.37

Year-To-Date: 1/01 to 9/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$912.13	\$912.13
Total	\$2,256.35	-\$515.98	\$1,740.37

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 9/1/2025-9/30/2025					
	Donations	Literature	NON 7 th Tradition	Total	
Receipts					
Ongoing	\$676.00	\$0.00	\$0.00	\$676.00	
Other					
Total	\$676.00	\$0.00	\$0.00	\$676.00	
Disbursements					
Literature Purchases		\$0.00		\$0.00	
Literature Shipping		\$0.00		\$0.00	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$0.00			\$0.00	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$0.00	\$0.00		\$0.00	
Donations to WSO	\$0.00			\$0.00	
Donations to FL Region	\$0.00	\$0.00		\$0.00	
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00	
Subtotal Disbursements	\$0.00	\$0.00	\$0.00	\$0.00	
Net Change	\$676.00	\$0.00	\$0.00	\$676.00	

Year-To-Date: (1/1-9/30/2025)					
	Donations	Literature	NON 7 th Tradition	Total	
Receipts					
Ongoing	\$2,729.00	\$670.60	\$0.00	\$3,399.60	
Other					
Total	\$2,729.00	\$670.60	\$0.00	\$3,399.60	
Disbursements					
Literature Purchases		\$1,434.10		\$1,434.10	
Literature Shipping		\$352.84		\$352.84	
Prudent Reserve				\$0.00	
General Budget	\$0.00			\$0.00	
Zoom Budget	\$159.90			\$159.90	
Guidelines Budget				\$0.00	
Narateen Budget				\$0.00	
Outreach Budget	\$81.30	\$0.00		\$81.30	
Donations to WSO	\$174.00			\$174.00	
Donations to FL Region	\$1,565.00			\$1,565.00	
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44	
Subtotal Disbursements	\$1,980.20	\$1,786.94	\$148.44	\$3,915.58	
Net Change	\$748.80	-\$1,116.34	-\$148.44	-\$515.98	

Bay Area of FL Nar-Anon, Treasurer's Ledger

September 2025

Activity Dates: 9/1- 9/30/25

Beginning Balance	\$1,064.37
Net Increase/Decrease	\$676.00
Ending Balance	\$1,740.37

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,064.37
9/8/25	Zelle	Tampa North	Donation	\$200.00					\$1,264.37
9/24/25	Zelle	Tarpon Springs	Donation	\$100.00					\$1,364.37
9/28/25	Zelle	Zephyrhills	Donation	\$326.00					\$1,690.37
9/30/25	Deposit	Spring Hill Thursday	Donation	\$50.00					\$1,740.37
		ENDING BALANCE	TOTALS	\$676.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,740.37

Balance per Bank 8/31/2025	\$1,690.37
add outstanding deposit	\$50.00
less outstanding check	\$0.00
Bank account reconciled	\$1,740.37

Bay Area Meeting Minutes

Sunday, December 7, 2025 | 4-4:58pm | Virtual Meeting

approved 01/04/2026

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer.

ROLL CALL: *KEY: *Dual Role* **8** attendees: 5 voting; 3 non-voting (NV)

Clearwater GSR, Sandy	Bay ASR, Marguerite (NV) Tarpon Springs,
Tampa GSR, Tony, *BA Literature Rep	Tarpon Springs member, Rae (NV)
Tarpon Springs GSR, Anna	Tarpon Springs member, Donna (NV)
BA Treasurer, Kevin	
BA Secretary & Guidelines Chair, Theresa	

MINUTES

Sandy motioned to accept the October 5th minutes; Theresa seconded. Motion opened for discussion. **Motion to accept the October 5th minutes carried unanimously.**

REPORTS

- **ASR Report**
Marguerite welcomed the new GSR for Tarpon Springs, Anna. FL Region Virtual Assembly scheduled for next Sunday, December 14th from 7-8:30pm. Details on FL Region website, events webpage.
- **Treasurer Reports**
Kevin reviewed with the members the October & November reports. See attached treasury reports.
- **Literature Report**
Tony said the BA literature is in good supply. The Bay Area sells about 5 SESH books per month.
- **Outreach Report**
The Bay Area has been without an Outreach Chair for years. The only event in Oct-Nov was the NOPE Candlelight Vigil in Hillsborough and Pasco County. Donna attended both events and shared that at the Pasco event, the BA Nar-Anon table was attractive (BA Nar-Anon tablecloth) and well stocked with literature. The Hillsborough event only had a table with a few pamphlets and did little to attract the public attending the event to Nar-Anon. Groups in the Bay Area are reminded that the Bay Area will provide literature, literature displays, table, tablecloth and tent, to Bay Area Groups for Outreach events.

OLD BUSINESS

- Elections
The BA received letters of willingness for the BA Officer positions and Outreach Chair. The letters of willingness were distributed to the Bay Area in the December 7th meeting packet.
 - a) Theresa motioned to elect Tony [REDACTED] as BA ASR, Marguerite [REDACTED] as Alternate ASR, Rae [REDACTED] as BA Treasurer, Theresa [REDACTED] as BA secretary and Donna [REDACTED] as Outreach Chair. Motion was seconded by Sandy. Motion opened for discussion. **Motion passed unanimously.**
 - b) Theresa motioned to elect Kevin [REDACTED] as Alternate-Treasurer; seconded by Sandy. This position will assist Rae as treasurer and assist in the banking change over for the new treasurer. **Motion carried unanimously.**
 - c) Rae, Kevin & Tony will need to meet at the BA bank to change over signatories for the BA checking account. They will need to bring minutes showing election using full names to change over. Minutes will be redacted for distribution and website; eliminating last names (Our Nar-Anon principles of anonymity).

NEW BUSINESS

- 2026 BAM schedule
Members agreed to meet on Sundays at 4pm virtually for 2026. Members reviewed the 2026 calendar and will

meet quarterly with an additional meeting in January to kick start the Bay Area. Meeting schedule: Jan 4, Feb 1, May 3, Aug 2, Nov 1. ECC8 convention is June 5,6, and 7th in Tampa, FL. The FL Region will not hold a convention alongside of FRCNA in 2026.

- 2026 BA Budget. **Sandy motioned to keep the 2026 BA Budget the same as 2025.** Donna seconded the motion. Motion opened for discussion. Motion passed unanimously.
- 2026 BA Budget - The members agreed that unused categories, Guidelines and Narateen, be removed from the 2026 Treasury/Budget reports. In addition, the reports will be quarterly reports instead of monthly reports.
- **Theresa motioned to donate \$1500 to the FL Region.** The motion was seconded by Donna. Motion opened for discussion. Motion carried unanimously.
- The Guidelines Committee will meet in 2026 to change the guidelines to reflect changes in the BA meetings (quarterly, Sundays, virtual), budget categories and any other changes that need to be made to reflect prior motions.
- Donna asked to be placed on the January BAM agenda to discuss purchasing an Outreach banner. Donna as Outreach Chair will have a report at each BAM and be able to bring up this purchase.

ADJOURNMENT

- The next BAM is Sunday, January 4th @ 4pm via ZOOM. Motion to adjourn was made by Tony, seconded by Theresa. Motion carried unanimously. The meeting adjourned at 4:58pm.

Submitted by

Theresa, BA Secretary
approved 01/04/2026

Bay Area of FL Nar-Anon, Treasurer's Ledger

October 2025

Activity Dates: 10-1- 10/30/25

Beginning Balance	\$1,740.37
Net Increase/Decrease	\$310.31
Ending Balance	\$2,050.68

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,740.37
10/8/25	Debit Card	Nar Anon Family Groups Inc	Literature Purchase				-\$112.50	-\$16.76	\$1,611.11
10/9/25	Deposit	Clearwater	Donation	\$113.77					\$1,724.88
10/24/25	Deposit	St Pete Wednesday	Donation and Literature	\$50.00	\$109.00				\$1,883.88
10/28/25	Zelle	Lutz	Donation	\$200.00					\$2,083.88
10/28/25	Debit Card	Nar Anon Family Groups Inc	Literature Purchase				-\$24.20	-\$9.00	\$2,050.68
		ENDING BALANCE	TOTALS	\$363.77	\$109.00	\$0.00	-\$136.70	-\$25.76	\$2,050.68

Balance Per Bank 10/28/2025	\$2,050.68
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account renconciled	\$2,050.68

Bay Area of FL Nar-Anon, Treasurer's Report

October 2025

Cash Checking Account

CURRENT PERIOD - 10/1/2025-10/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$912.13	\$310.31	\$1,222.44
Total	\$1,740.37	\$310.31	\$2,050.68

Year-To-Date: 1/01 to 10/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$1,222.44	\$1,222.44
Total	\$2,256.35	-\$205.67	\$2,050.68

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 10/1/2025-10/30/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$363.77	\$109.00	\$0.00	\$472.77
Other				
Total	\$363.77	\$109.00	\$0.00	\$472.77
Disbursements				
Literature Purchases		\$136.70		\$136.70
Literature Shipping		\$25.76		\$25.76
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$0.00			\$0.00
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$0.00			\$0.00
Donations to FL Region	\$0.00	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$0.00	\$162.46	\$0.00	\$162.46
Net Change	\$363.77	-\$53.46	\$0.00	\$310.31

Year-To-Date: (1/1-10/30/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$3,092.77	\$779.60	\$0.00	\$3,872.37
Other				
Total	\$3,092.77	\$779.60	\$0.00	\$3,872.37
Disbursements				
Literature Purchases		\$1,570.80		\$1,570.80
Literature Shipping		\$378.60		\$378.60
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$1,565.00			\$1,565.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$1,980.20	\$1,949.40	\$148.44	\$4,078.04
Net Change	\$1,112.57	-\$1,169.80	-\$148.44	-\$205.67

Bay Area of FL Nar-Anon, Treasurer's Report

November 2025

Cash Checking Account

CURRENT PERIOD - 11/1/2025-11/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$1,222.44	\$508.04	\$1,730.48
Total	\$2,050.68	\$508.04	\$2,558.72

Year-To-Date: 1/01 to 11/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$1,730.48	\$1,730.48
Total	\$2,256.35	\$302.37	\$2,558.72

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 11/1/2025-11/30/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$455.54	\$52.50	\$0.00	\$508.04
Other				
Total	\$455.54	\$52.50	\$0.00	\$508.04
Disbursements				
Literature Purchases		\$0.00		\$0.00
Literature Shipping		\$0.00		\$0.00
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$0.00			\$0.00
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$0.00			\$0.00
Donations to FL Region	\$0.00	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$0.00	\$0.00	\$0.00	\$0.00
Net Change	\$455.54	\$52.50	\$0.00	\$508.04

Year-To-Date: (1/1-11/30/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$3,548.31	\$832.10	\$0.00	\$4,380.41
Other				
Total	\$3,548.31	\$832.10	\$0.00	\$4,380.41
Disbursements				
Literature Purchases		\$1,570.80		\$1,570.80
Literature Shipping		\$378.60		\$378.60
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$1,565.00			\$1,565.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$1,980.20	\$1,949.40	\$148.44	\$4,078.04
Net Change	\$1,568.11	-\$1,117.30	-\$148.44	\$302.37

Bay Area of FL Nar-Anon, Treasurer's Ledger

November 2025

Activity Dates: 11-1- 11/30/25

Beginning Balance	\$2,050.68
Net Increase/Decrease	\$508.04
Ending Balance	\$2,558.72

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$2,050.68
11/10/25	Deposit	Clearwater	Donation And Literature	\$75.54	\$52.50				\$2,178.72
11/13/25	Zelle	Tarpon Springs	Donation	\$75.00					\$2,253.72
11/28/25	Deposit	Tampa North	Donation	\$230.00					\$2,483.72
11/28/25	Deposit	Crystal Beach	Donation	\$75.00					\$2,558.72
		ENDING BALANCE	TOTALS	\$455.54	\$52.50	\$0.00	\$0.00	\$0.00	\$2,558.72

Balance Per Bank 11/30/2025	\$2,558.72
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account reconciled	\$2,558.72

2026

Holidays:

Jan 01	New Year's Day
Jan 19	M L King Day
Feb 16	Presidents' Day
Apr 3+5	Good Friday & Easter Sunday
May 25	Memorial Day
Jun 19	Juneteenth
Jul 03	Independence Day Holiday
Jul 04	Independence Day
Sep 07	Labor Day
Oct 12	Columbus Day
Nov 11	Veterans Day
Nov 26	Thanksgiving Day
Dec 25	Christmas

BAM (Bay Area Meetings), Conventions & FL Region Assemblies

Jan 4	BAM - Sunday @ 4pm (virtual)
Feb 1	BAM - Sunday @ 4pm (virtual)
Mar 14	FL Region Assembly (in-person)
May 3	BAM - Sunday @ 4pm (virtual)
June 5,6,7	ECC8 -Tampa- (East Coast Convention)
June 14	FL Region Assembly (virtual)
July	no 2026 FRCNA (re: ECC8)
Aug 2	BAM - Sunday @ 4pm (virtual)
Sept	FL Region Assembly TBD
Nov 1	BAM - Sunday @ 4pm (virtual)
Dec	FL Region Assembly TBD

January						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June (ECC8)						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		