

BAY AREA VIRTUAL MEETING AGENDA

Sunday, November 8, 2026 | 4-5:30pm

ZOOM Meeting ID: **810 7048 7570**

Passcode: **496458**

OPENING

- Serenity Prayer
- Reading: Traditions & Concepts
- Roll Call
- Minutes – August 2

OFFICER REPORTS

- ASR
- Secretary
- Treasurer

REPORTS

- Guidelines
- Outreach
- Literature Rep & BA Inventory
Large Blue Booklets (50), Small Blue Booklets (60),
Newcomer Pamphlets (30), SESH (15),
Nar-Anon 36 Workbooks (), Our Traditions Booklet ()

OLD BUSINESS

- BA FALL EVENT

NEW BUSINESS

OPEN AGENDA

CLOSING

- Next meeting, TBD
- Motion to adjourn

BA 2026 SCHEDULE:

GROUP CHANGES: <https://naranonfl.org/edit-group.html>

BA INFORMATION: <http://naranonfl.org/bayarea.html>

BA DONATIONS/LITERATURE ORDERS: Literature orders must

be placed by the 14th of the month with the Literature Rep for monthly literature from NFG. Checks or money orders should be made payable to **Bay**

Area of FL Nar-Anon for donations or literature purchases. Contact BA.Treasurer@naranonfl.org for electronic transactions.

Bay Area Meeting Minutes

Sunday, August 2, 2026 | 4-5pm | Virtual Meeting

draft

OPENING

Tony opened the virtual BA meeting at 4:05pm with the Serenity Prayer. The 2nd Tradition and 2nd Concept of the month were read.

ROLL CALL: 8 attendees: 7 voting

KEY: *dual role *non-voting (NV)

Tarpon Springs GSR, Anna	BA ALT-ASR, Marguerite BA	*BA ASR, Lit Rep, Tampa Contact, Tony
Crystal Beach GSR, Maureen	BA Treasurer, Rae	*BA Secretary & Guidelines Chair, Theresa
Tarpon Springs, Suparna (NV)	BA Outreach Chair, Donna	

MINUTES

Donna motioned, seconded by Marguerite to accept the draft May 3rd BA Minutes. Motion opened for discussion; with no changes. **Motion to accept the minutes as written carried unanimously.**

OFFICER REPORTS

- **Secretary** - Tony asked Theresa to send out the FL Region newsletter to the Bay Area. Theresa will do this with the inclusion of the August 2nd BA draft minutes.

- **Treasurer**

Rae, BA Treasurer, reviewed with the members the Bay Area Income and Expense Tracker 2026. The report is attached. 2 changes were made for transactions report: 7/22 - donation description changed from Cathy Z to Tampa Group #127-049 and the transaction on 7/15, "(Kevin)?" was removed from the transaction description.

The Bay Area has a bank balance of \$2745.94. Set aside includes: \$600 Prudent Reserve, \$150 Outreach Reserve and \$228.24 Non-7th Tradition Reserve; totaling \$978.24. Tony will have a large literature order in August for somewhere around \$500. The amount available for donation to the FL Region is \$1267.94. **Donna motioned, seconded by Marguerite, to donate \$1267.94 to the Florida Region. Motion carried unanimously.**

COMMITTEE REPORTS

- **Guidelines** - no report

- **Literature Rep**

Tony will order another case of SESH books and other literature. in August totaling about \$500.

BA July 30th Inventory: (90) LG Blue Booklets, (20) SM Blue Booklets, (10) Newcomer Pamphlets, (7) SESH, (5) Nar-Anon 36 Workbooks, (5) Our Traditions Booklet, (1) Nar-Anon Secretary's Book

- **Outreach**

Donna has several volunteers to help with our table at the Recovery Walk, Sept 19th @ Sims Park, NPR. Volunteers will need to be at the event by 8am. NOPE will be in October for Hillsborough and Pasco counties.

OLD BUSINESS

- **ECC8**

Donna said the event was successful and thanked Suparna, Anna and Maureen for their help at the convention.

- **BA POTLUCK FALL EVENT:**

a) DATE, TIME & PLACE: Saturday, Oct 24th from 12-3pm (Setup @ 10:30); Central Church of Christ, Fellowship Building, Social Hall, 1454 Belleair Rd, Clearwater. Event is open to the FL Region

b) EVENT COMMITTEE: Tony, Marguerite and Maureen

c) TOPIC - Event Committee will select speakers and topics. FORMAT: Speakers will read a topic (selected by the Event Committee) using NFG Serenity Connection or Pamphlets, then share on the topic, followed by open sharing.

- d) **TIMELINE:** 12pm arrivals; 12:30 eat; 12:45 the 1st topic/speaker followed by a short break and then the 2nd topic/speaker.
- e) **EVENT FLYER:** Suparna volunteered (accepted) to create the flyer. Theresa will send Suparna sample flyers for the event. The flyer should have no color background for printing reasons. The flyer will include a QR code for donations directly to the Bay Area. Wording will include "RSVP would be appreciated."
- f) **SHARING THE EVENT:** Theresa will send the flyer & info to the FL Region Officers and the Website Chair to be included in the next FL Region Newsletter and the FL Region Event Webpage.
- g) **SUPPLIES NEEDED/VOLUNTEERED:**
 - Reimbursement (with receipt) will be paid using the Non-7th Tradition funds.
 - Sandy will provide vinyl tablecloths.
 - Tony will bring ham, coolers, ice, plates, cups, and utensils.
 - Theresa will bring 2 cases of water and box of individual size variety chips.
- h) **PASSING THE BASKET:** The basket will be passed; the donations will be used to fund/perpetuate non-7th Tradition funds for future BA events.

NEW BUSINESS

OPEN AGENDA

- Theresa will add Suparna to the Bay Area email list for BA meetings & other notifications.

ADJOURNMENT

The next BAM is Sunday, November 1st at 4pm via ZOOM. The meeting ended at 4:56pm.

Submitted by
Theresa, BA Secretary
draft

TRANSACTIONS

DATE	TYPE	CATEGORY	AMOUNT	DESCRIPTION
1/1/2026	Income	Balance Forward	\$1,112.72	balance forward
1/5/2026	Income	Donations income	\$50.00	Spring Hill Group #127-085
1/13/26	Income	Donations income	\$129.75	Clearwater Group #127-005 - Money order
1/19/26	Expense	Outreach Expense	\$70.25	Reimburse Outreach chair for Nar-Anon Banner
1/20/26	Expense	Literature Purchased	\$16.20	Purchase Literature -NFG STORE- Debit card
1/20/26	Expense	Literature Shipping	\$4.90	Literature shipping - NFG STORE- Debit card
1/27/26	Income	Donations income	\$100.00	Zelle -Lutz Group #127-025
2/2/26	Income	Donations income	\$150.00	Clearwater Group #127-005- Money order
2/6/26	Expense	Donations to FL Region	\$322.88	Zelle Payment to FL Region
2/11/26	Income	Literature Sales Income	\$37.80	Literature for Clearwater Group #127-005
2/16/26	Expense	Literature Purchased	\$31.00	Purchase Literature - NFG STORE- Debit card
2/16/26	Expense	Literature Shipping	\$11.10	Literature shipping - NFG STORE- Debit card
2/25/26	Income	Literature Sales Income	\$171.50	Literature for Tarpon Springs Group # 127-052
3/2/26	Income	Donations income	\$100.00	Clearwater Group #127-005 - Money order
3/3/26	Income	Donations income	\$100.00	Zelle - Lutz Group #127-025
3/15/26	Income	Donations income	\$75.00	Crystal Beach Group #127-010
3/15/26	Income	Donations income	\$112.50	New Port Richey - Group #127-130
3/24/26	Income	Literature Purchased	\$43.00	Crystal Beach Group #127-010
4/7/26	Income	Literature Sales Income	\$9.00	Literature for Oldsmar Group #127-034
4/13/26	Expense	General Expense	\$169.90	Zoom
4/28/26	Income	Literature Sales Income	\$115.00	Literature for Crystal Beach Group #127-010
5/3/26	Income	Literature Sales Income	\$77.75	Literature for Crystal Beach Group #127-010
5/3/26	Income	Donations income	\$146.00	Clearwater Group #127-005 - Money order

5/4/26	Expense	Donations to FL Region	\$701.80	Zelle Payment to FL Region
5/11/26	Income	Donations income	\$50.00	St. Pete Group #127-046
5/11/26	Income	Literature Sales Income	\$112.00	St. Pete Group #127-046
5/11/26	Income	Donations income	\$340.00	Tampa Group #127-046
5/11/26	Income	Literature Sales Income	\$60.00	Tampa Group #127-046
5/12/26	Expense	Literature Purchased	\$209.00	Purchase Literature - NFG STORE - Debit Card
5/12/26	Expense	Literature Shipping	\$58.41	Literature Shipping - NFG STORE - Debit Card
5/22/26	Expense	General Expense	\$50.00	Reimburse Outreach chair for tent
5/26/26	Income	Donations income	\$100.00	New Port Richey Group #127-130
6/8/26	Income	Literature Sales Income	\$17.00	Zelle Mary J. [REDACTED] - Literature sales ECC8
6/8/26	Income	Literature Sales Income	\$22.00	Zelle Julia B. [REDACTED] - Literature sales ECC8
6/8/26	Income	Literature Sales Income	\$241.00	Literature sales at ECC8 convention
6/9/26	Income	Donations income	\$75.00	Crystal Beach Group #127-010
6/16/26	Income	Donations income	\$150.00	Zelle -Lutz Group #127-025
6/25/26	Income	Donations income	\$40.00	New Port Richey Group #127-130
7/8/26	Expense	Literature Purchased	\$34.00	Purchase Literature - NFG STORE - Debit Card
7/8/26	Expense	Literature Shipping	\$11.90	Literature Shipping - NFG STORE - Debit Card
7/10/26	Income	Donations income	\$121.26	Clearwater Group #127-005 - Money Order
7/10/26	Income	Donations income	\$50.00	Spring Hill Group #127-085 - Personal Check
7/15/26	Income	Donations income	\$100.00	Zelle - Tarpon Springs Group - #127-052 (Kevin) ?
7/15/26	Income	Literature Sales Income	\$79.00	New Port Richey Group #127-130 - personal check
7/22/26	Income	Donations income	\$350.00	Monday Moving Forward Group - ZELLE Cathy Z.
7/29/26	Income	Literature Sales Income	\$56.00	Literature for Lutz Group #127-035

July

Select the Month and Year

Month:	July
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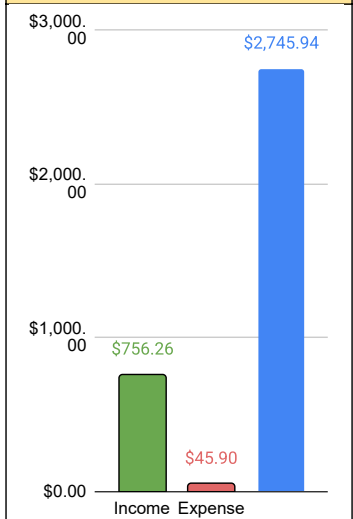
Year:	2026
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Income	\$756.26
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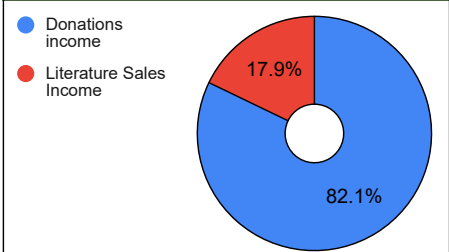
Expense	\$45.90
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Bank Balance	\$2,745.94
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CASH FLOW



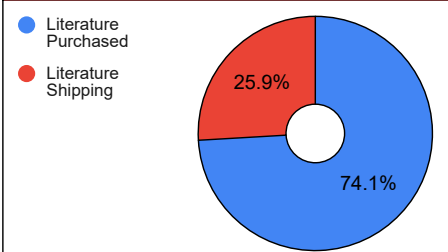
INCOME



INCOME

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EXPENSE



EXPENSE

[illegible]

Notes to me:

The "available balance" is always calculated as follows:

Cash at the end of the period	\$
Less Prudent Reserve	-\$600.00
Less outreach Budget	-\$150.00
Less Non Seventh Traditions Funds	-\$228.24
Less any other budget	

Equals the available balance for the donation to region

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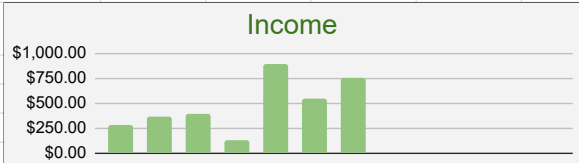
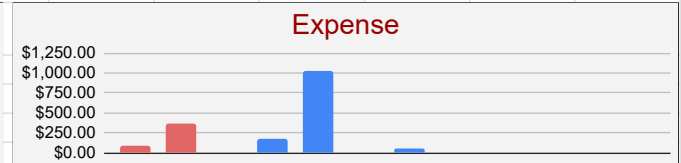
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Income and Expense Overview

Start Month:	January
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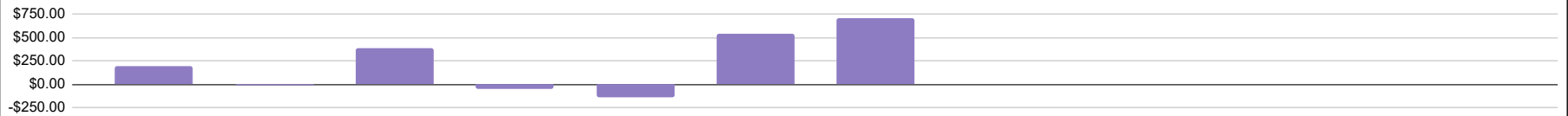
Start Year:	2026
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OVERVIEW	
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Cash Flow



MONTHLY INCOME BREAKDOWN

[illegible]

MONTHLY EXPENSE BREAKDOWN									
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7/15/26	Income	Literature Sales Income	\$79.00	New Port Richey Group #127-130 - personal check
7/22/26	Income	Donations income	\$350.00	Zelle -Tampa Group #127-049
7/29/26	Income	Literature Sales Income	\$56.00	Literature for Lutz Group #127-035
8/6/26	Expense	Donations to FL Region	\$1,267.94	Zelle payment to Florida Region
8/6/26	Income	Literature Sales Income	\$54.00	Literature for Clearwater Group #127-005
8/10	Income	Donations income	\$5.00	Patrick M [REDACTED] ????
8/11/26	Income	Donations income	\$200.00	Zelle - Lutz Group #127-025
8/11/26	Income	Donations income	\$100.00	New Port Richey Group #127-130
8/17/26	Income	Literature Sales Income	\$17.50	Literature for Tampa Group #127-049
8/24/26	Income	Donations income	\$80.00	Crystal Beach Group #127-010
8/24/26	Expense	Literature Purchased	\$490.00	Purchase Literature - NFG STORE - Debit Card
8/24/26	Expense	Literature Shipping	\$138.01	Literature Shipping - NFG STORE - Debit Card
9/10/26	Income	Donations income	\$100.00	New Port Richey Group #127-130
9/12/26	Income	Donations income	\$100.00	Clearwater Group #127-005 - Money Order
9/15/26	Income	Literature Sales Income	\$40.00	New Port Richey Group #127-130
9/15/26	Income	Literature Sales Income	\$9.00	Crystal Beach Group #127-010
10/02/26	Income	Donations income	\$72.00	New Port Richey Group #127-130
10/13/26	Income	Donations income	\$120.00	Clearwater Group #127-005 - Money Order
10/19/26	Income	Literature Sales Income	\$66.00	Literature for Lutz Group #127-025
10/20/26	Income	Donations income	\$130.00	Zelle - Tampa Group #127-049
10/20/26	Income	Donations income	\$200.00	Zelle - Lutz Group 3127-130
10/27/26	Income	Literature Sales Income	\$125.00	Literature for Tampa Group #127-049

August

Select the Month and Year

Month:	August
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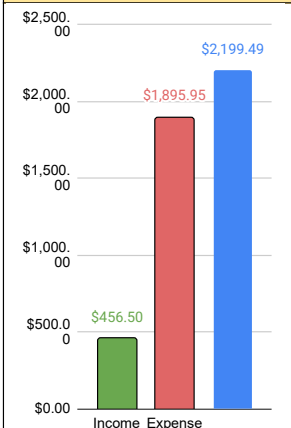
Year:	2026
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Income	\$156.50
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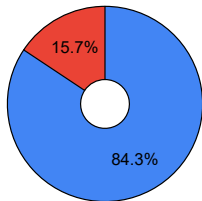
Expense	\$1 895 95
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Bank Balance	\$2,199.49
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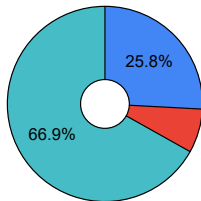
CASH FLOW	
1	100
2	100
3	100
4	100
5	100
6	100
7	100
8	100
9	100
10	100
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13	100
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91	100
92	100
93	100
94	100
95	100
96	100
97	100
98	100
99	100
100	100



INCOME



EXPENSE



Notes to me:

The "available balance" is always calculated as follows:

Cash at the end of the period	\$
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Less Prudent Reserve	-\$600.00
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Less outreach Budget	\$150.00
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Less Non-Seventh Traditions Funds	-\$228.24
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Less any other budget

Equals the available balance for the donation to region

INCOME

[illegible]

EXPENSE

[illegible]

Donation to El Region -

September

Select the Month and Year

Month: September

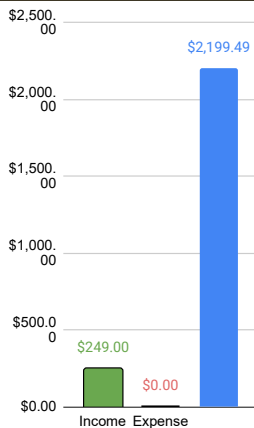
Year: 2026

Income \$249.00

Expense \$0.00

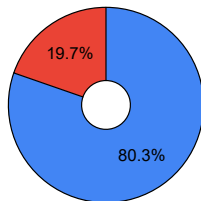
Bank Balance \$2,199.49

CASH FLOW



INCOME

- Donations income
- Literature Sales Income



EXPENSE

INCOME

Category	Amount
Donations income	\$200.00
Literature Sales Income	\$49.00
Non 7th Tradition (\$228.24)	\$0.00
Outreach Reserve (\$150)	\$0.00
Prudent Reserve (\$600)	\$0.00

EXPENSE

Category	Amount
Literature Purchased	\$0.00
Literature Shipping	\$0.00
General Expense	\$0.00
Outreach Expense	\$0.00
Donations to WSO	\$0.00
Donations to FL Region	\$0.00
Unbudgeted Expenditures	\$0.00

Notes to me:

The "available balance" is always calculated as follows:

Cash at the end of the period \$
 Less Prudent Reserve -\$600.00
 Less outreach Budget -\$150.00
 Less Non Seventh Traditions Funds -\$228.24

Less any other budget

Equals the available balance for the donation to region

Donation to FL Region -

October

Select the Month and Year

Month: October

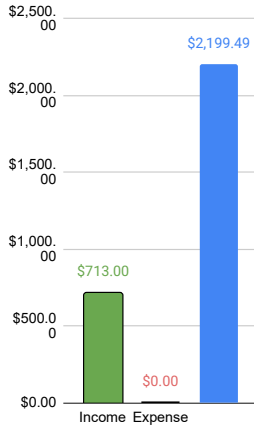
Year: 2026

Income \$713.00

Expense \$0.00

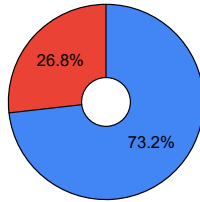
Bank Balance \$2,199.49

CASH FLOW



INCOME

- Donations income
- Literature Sales Income



EXPENSE

Notes to me:

The "available balance" is always calculated as follows:

Cash at the end of the period \$
 Less Prudent Reserve -\$600.00
 Less outreach Budget -\$150.00
 Less Non Seventh Traditions Funds -\$228.24
 Less any other budget

Equals the available balance for the donation to region

INCOME

Category	Amount
Donations income	\$522.00
Literature Sales Income	\$191.00
Non 7th Tradition (\$228.24)	\$0.00
Outreach Reserve (\$150)	\$0.00
Prudent Reserve (\$600)	\$0.00

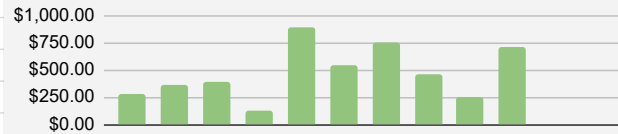
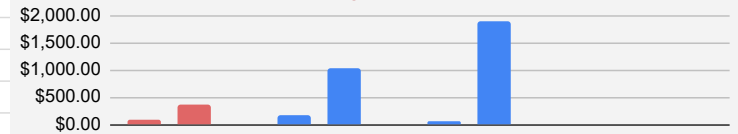
EXPENSE

Category	Amount
Literature Purchased	\$0.00
Literature Shipping	\$0.00
General Expense	\$0.00
Outreach Expense	\$0.00
Donations to WSO	\$0.00
Donations to FL Region	\$0.00
Unbudgeted Expenditures	\$0.00

Donation to FL Region -

Income

Start Year:	2026
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Category	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average
Income	\$279.75	\$359.30	\$387.50	\$124.00	\$885.75	\$545.00	\$756.26	\$456.50	\$249.00	\$713.00	\$0.00	\$0.00	\$4,756.06	\$396.34
Expense	\$91.35	\$364.98	\$0.00	\$169.90	\$1,019.21	\$0.00	\$45.90	\$1,895.95	\$0.00	\$0.00	\$0.00	\$0.00	\$3,587.29	\$298.94
Cash Flow	\$188.40	-\$5.68	\$387.50	-\$45.90	-\$133.46	\$545.00	\$710.36	-\$1,439.45	\$249.00	\$713.00	\$0.00	\$0.00	\$1,168.77	\$97.40

Year	Change in the number of employees
2008	100
2009	300
2010	-100
2011	-150
2012	450
2013	550
2014	-1300
2015	150
2016	500

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