Bay Area Meeting Minutes

Sunday, August 2, 2026 | 4-5pm | Virtual Meeting

approved

OPENING

Tony opened the virtual BA meeting at 4:05pm with the Serenity Prayer. The 2nd Tradition and 2nd Concept of the month were read.

ROLL CALL: 8 attendees: 7 voting

*KEY: *dual role *non-voting (NV)*

Tarpon Springs GSR, Anna	BA ALT-ASR, Marguerite BA	*BA ASR, Lit Rep, Tampa Contact, Tony
Crystal Beach GSR, Maureen	BA Treasurer, Rae	*BA Secretary & Guidelines Chair, Theresa
Tarpon Springs, Suparna (NV)	BA Outreach Chair, Donna	

MINUTES

Donna motioned, seconded by Marguerite to accept the draft May 3rd BA Minutes. Motion opened for discussion; with no changes. Motion to accept the minutes as written carried unanimously.

OFFICER REPORTS

- **Secretary -** Tony asked Theresa to send out the FL Region newsletter to the Bay Area. Theresa will do this with the inclusion of the August 2nd BA draft minutes.
- **Treasurer**

  Rae, BA Treasurer, reviewed with the members the Bay Area Income and Expense Tracker 2026. The report is attached. 2 changes were made for transactions report: 7/22 - donation description changed from Cathy Z to Tampa Group #127-049 and the transaction on 7/15, "(Kevin)?" was removed from the transaction description.

  The Bay Area has a bank balance of $2745.94. Set aside includes: $600 Prudent Reserve, $150 Outreach Reserve and $228.24 Non-7th Tradition Reserve; totaling $978.24. Tony will have a large literature order in August for somewhere around $500. The amount available for donation to the FL Region is $1267.94. Donna motioned, seconded by Marguerite, to donate $1267.94 to the Florida Region. Motion carried unanimously.

COMMITTEE REPORTS

- **Guidelines** - no report
- **Literature Rep**

  Tony will order another case of SESH books and other literature. in August totaling about $500.

  BA July 30th Inventory: (90) LG Blue Booklets, (20) SM Blue Booklets, (10) Newcomer Pamphlets, (7) SESH, (5) Nar-Anon 36 Workbooks, (5) Our Traditions Booklet, (1) Nar-Anon Secretary's Book
- **Outreach**

  Donna has several volunteers to help with our table at the Recovery Walk, Sept 19th @ Sims Park, NPR. Volunteers will need to be at the event by 8am. NOPE will be in October for Hillsborough and Pasco counties.

OLD BUSINESS

- **ECC8**

  Donna said the event was successful and thanked Suparna, Anna and Maureen for their help at the convention.
- **BA POTLUCK FALL EVENT:**
  a) DATE, TIME & PLACE: Saturday, Oct 24th from 12-3pm (Setup @ 10:30); Central Church of Christ, Fellowship Building, Social Hall, 1454 Belleair Rd, Clearwater. Event is open to the FL Region

  b) EVENT COMMITTEE: Tony, Marguerite and Maureen

  c) TOPIC - Event Committee will select speakers and topics. FORMAT: Speakers will read a topic (selected by the Event Committee) using NFG Serenity Connection or Pamphlets, then share on the topic, followed by open sharing.

d) TIMELINE: 12pm arrivals; 12:30 eat; 12:45 the 1st topic/speaker followed by a short break and then the 2nd topic/speaker.

e) EVENT FLYER: Suparna volunteered (accepted) to create the flyer. Theresa will send Suparna sample flyers for the event. The flyer should have no color background for printing reasons. The flyer will include a QR code for donations directly to the Bay Area. Wording will include "RSVP would be appreciated."

f) SHARING THE EVENT: Theresa will send the flyer & info to the FL Region Officers and the Website Chair to be included in the next FL Region Newsletter and the FL Region Event Webpage.

g) SUPPLIES NEEDED/VOLUNTEERED:
--Reimbursement (with receipt) will be paid using the Non-7th Tradition funds.
--Sandy will provide vinyl tablecloths.
--Tony will bring ham, coolers, ice, plates, cups, and utensils.
--Theresa will bring 2 cases of water and box of individual size variety chips.

h) PASSING THE BASKET: The basket will be passed; the donations will be used to fund/perpetuate non-7th Tradition funds for future BA events.

NEW BUSINESS

OPEN AGENDA

- Theresa will add Suparna to the Bay Area email list for BA meetings & other notifications.

ADJOURNMENT

The next BAM is Sunday, November 1st at 4pm via ZOOM. The meeting ended at 4:56pm.

Submitted by
Theresa, BA Secretary
approved 2026.11.08

TRANSACTIONS

DATE	TYPE	CATEGORY	AMOUNT	DESCRIPTION
1/1/2026	Income	Balance Forward	$1,112.72	balance forward
1/5/2026	Income	Donations income	$50.00	Spring Hill Group #127-085
1/13/26	Income	Donations income	*$129.75*	Clearwater Group #127-005 - Money order
1/19/26	Expense	Outreach Expense	$70.25	Reimburse Outreach chair for Nar-Anon Banner
1/20/26	Expense	Literature Purchased	$16.20	Purchase Literature -NFG STORE- Debit card
1/20/26	Expense	Literature Shipping	$4.90	Literature shipping - NFG STORE- Debit card
1/27/26	Income	Donations income	$100.00	Zelle -Lutz Group #127-025
2/2/26	Income	Donations income	$150.00	Clearwater Group #127-005- Money order
2/6/26	Expense	Donations to FL Region	$322.88	Zelle Payment to FL Region
2/11/26	Income	Literature Sales Income	$37.80	Literature for Clearwater Group #127-005
2/16/26	Expense	Literature Purchased	$31.00	Purchase Literature - NFG STORE- Debit card
2/16/26	Expense	Literature Shipping	$11.10	Literature shipping - NFG STORE- Debit card
2/25/26	Income	Literature Sales Income	$171.50	Literature for Tarpon Springs Group # 127-052
3/2/26	Income	Donations income	$100.00	Clearwater Group #127-005 - Money order
3/3/26	Income	Donations income	$100.00	Zelle - Lutz Group #127-025
3/15/26	Income	Donations income	$75.00	Crystal Beach Group #127-010
3/15/26	Income	Donations income	$112.50	New Port Richey - Group #127-130
3/24/26	Income	Literature Purchased	$43.00	Crystal Beach Group #127-010
4/7/26	Income	Literature Sales Income	$9.00	Literature for Oldsmar Group #127-034
4/13/26	Expense	General Expense	$169.90	Zoom
4/28/26	Income	Literature Sales Income	$115.00	Literature for Crystal Beach Group #127-010
5/3/26	Income	Literature Sales Income	$77.75	Literature for Crystal Beach Group #127-010
5/3/26	Income	Donations income	$146.00	Clearwater Group #127-005 - Money order

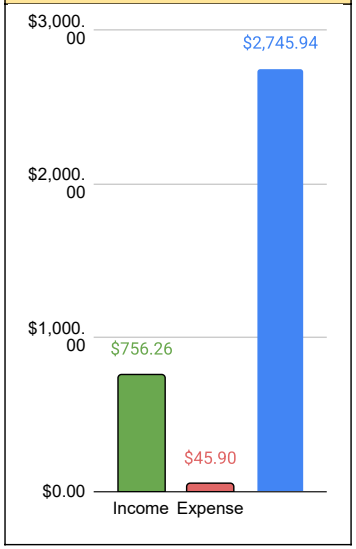
5/4/26	Expense	Donations to FL Region	$701.80	Zelle Payment to FL Region
5/11/26	Income	Donations income	$50.00	St. Pete Group #127-046
5/11/26	Income	Literature Sales Income	$112.00	St. Pete Group #127-046
5/11/26	Income	Donations income	$340.00	Tampa Group #127-046
5/11/26	Income	Literature Sales Income	$60.00	Tampa Group #127-046
5/12/26	Expense	Literature Purchased	$209.00	Purchase Literature - NFG STORE - Debit Card
5/12/26	Expense	Literature Shipping	$58.41	Literature Shipping - NFG STORE - Debit Card
5/22/26	Expense	General Expense	$50.00	Reimberse Outreach chair for tent
5/26/26	Income	Donations income	$100.00	New Port Richey Group #127-130
6/8/26	Income	Literature Sales Income	$17.00	Zelle Mary J[redacted]- Literature sales ECC8
6/8/26	Income	Literature Sales Income	$22.00	Zelle Julia B[redacted] - Literature sales ECCC8
6/8/26	Income	Literature Sales Income	$241.00	Literature sales at ECC8 convention
6/9/26	Income	Donations income	$75.00	Crystal Beach Group #127-010
6/16/26	Income	Donations income	$150.00	Zelle -Lutz Group #127-025
6/25/26	Income	Donations income	$40.00	New Port Richey Group #127-130
7/8/26	Expense	Literature Purchased	$34.00	Purchase Literature - NFG STORE - Debit Card
7/8/26	Expense	Literature Shipping	$11.90	Literature Shipping - NFG STORE - Debit Card
7/10/26	Income	Donations income	$121.26	Clearwater Group #127-005 - Money Order
7/10/26	Income	Donations income	$50.00	Spring Hill Group #127-085 - Personal Check
7/15/26	Income	Donations income	$100.00	Zelle - Tarpon Springs Group - #127-052 (Kevin) ?
7/15/26	Income	Literature Sales Income	$79.00	New Port Richey Group #127-130 - personal check
7/22/26	Income	Donations income	$350.00	Monday Moving Forward Group - ZELLE Cathy Z.
7/29/26	Income	Literature Sales Income	$56.00	Literature for Lutz Group #127-035

July

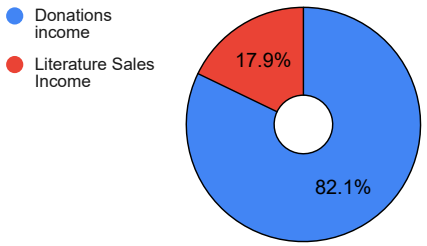
Select the Month and Year	
Month:	July
Year:	2026

Income	$756.26
Expense	$45.90
Bank Balance	$2,745.94

CASH FLOW

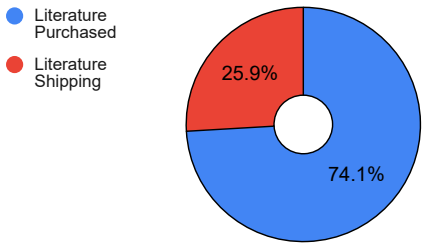


INCOME



INCOME	
Category	Amount
Donations income	$621.26
Literature Sales Income	$135.00
Non 7th Tradition ($228.24)	$0.00
Outreach Reserve ($150)	$0.00
Prudent Reserve ($600)	$0.00

EXPENSE



EXPENSE	
Category	Amount
Literature Purchased	$34.00
Literature Shipping	$11.90
General Expense	$0.00
Outreach Expense	$0.00
Donations to WSO	$0.00
Donations to FL Region	$0.00
Unbudgeted Expenditures	$0.00
Non 7th Tradition Expense	$0.00
Prudent Reserve Expense	$0.00

Notes to me:

The "available balance" is always calculated as follows:

Cash at the end of the period	$
Less Prudent Reserve	-$600.00
Less outreach Budget	-$150.00
Less Non Seventh Traditions Funds	-$228.24
Less any other budget	

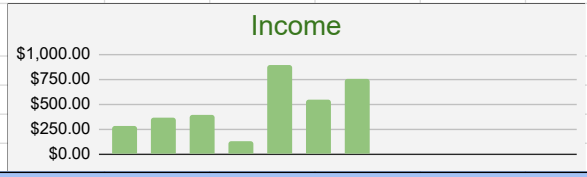
Equals the available balance for the donation to region

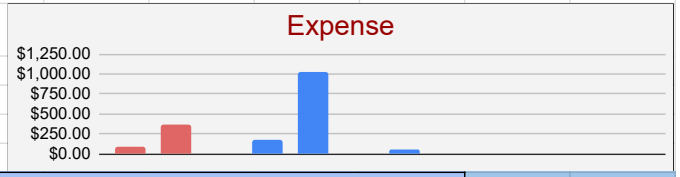
Donation to Fl Region

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Income and Expense Overview

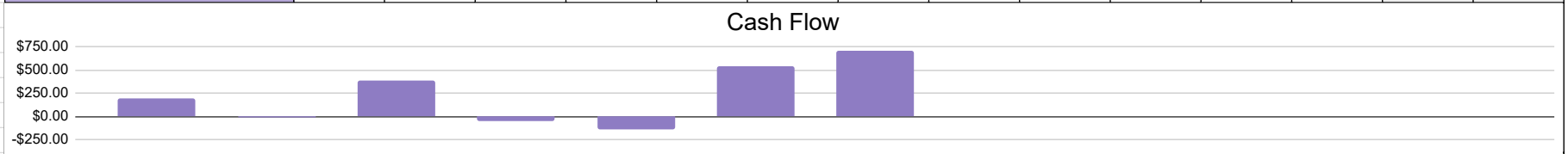
Start Month:	January
Start Year:	2026





OVERVIEW

Category	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average
Income	$279.75	$359.30	$387.50	$124.00	$885.75	$545.00	$756.26	$0.00	$0.00	$0.00	$0.00	$0.00	$3,337.56	$278.13
Expense	$91.35	$364.98	$0.00	$169.90	$1,019.21	$0.00	$45.90	$0.00	$0.00	$0.00	$0.00	$0.00	$1,691.34	$140.95
Cash Flow	$188.40	-$5.68	$387.50	-$45.90	-$133.46	$545.00	$710.36	$0.00	$0.00	$0.00	$0.00	$0.00	$1,646.22	$137.19



MONTHLY INCOME BREAKDOWN

Cateorgy	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average
Donations income	$279.75	$150.00	$387.50	$0.00	$636.00	$265.00	$621.26	$0.00	$0.00	$0.00	$0.00	$0.00	$2,339.51	$194.96
Literature Sales Income	$0.00	$209.30	$0.00	$124.00	$249.75	$280.00	$135.00	$0.00	$0.00	$0.00	$0.00	$0.00	$998.05	$83.17
Non 7th Tradition ($228.24)	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00
Outreach Reserve ($150)	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00
Prudent Reserve ($600)	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00
Balance Forward	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00

MONTHLY EXPENSE BREAKDOWN

Cateorgy	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average
Literature Purchased	$16.20	$31.00	$0.00	$0.00	$209.00	$0.00	$34.00	$0.00	$0.00	$0.00	$0.00	$0.00	$290.20	$24.18
Literature Shipping	$4.90	$11.10	$0.00	$0.00	$58.41	$0.00	$11.90	$0.00	$0.00	$0.00	$0.00	$0.00	$86.31	$7.19
General Expense	$0.00	$0.00	$0.00	$169.90	$50.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$219.90	$18.33
Outreach Expense	$70.25	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$70.25	$5.85
Donations to WSO	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00
Donations to FL Region	$0.00	$322.88	$0.00	$0.00	$701.80	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$1,024.68	$85.39
Unbudgeted Expenditures	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00
Non 7th Tradition Expense	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00
Prudent Reserve Expense	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00	$0.00