

Bay Area Meeting Minutes

Sunday, December 7, 2025 | 4-4:58pm | Virtual Meeting

approved 01/04/2026

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer.

ROLL CALL: *KEY: *Dual Role* **8** attendees: 5 voting; 3 non-voting (NV)

Clearwater GSR, Sandy

Tampa GSR, Tony, *BA Literature Rep

Tarpon Springs GSR, Anna

BA Treasurer, Kevin

BA Secretary & Guidelines Chair, Theresa

Bay ASR, Marguerite (NV) Tarpon Springs,

Tarpon Springs member, Rae (NV)

Tarpon Springs member, Donna (NV)

MINUTES

Sandy motioned to accept the October 5th minutes; Theresa seconded. Motion opened for discussion. **Motion to accept the October 5th minutes carried unanimously.**

REPORTS

- **ASR Report**

Marguerite welcomed the new GSR for Tarpon Springs, Anna. FL Region Virtual Assembly scheduled for next Sunday, December 14th from 7-8:30pm. Details on FL Region website, events webpage.

- **Treasurer Reports**

Kevin reviewed with the members the October & November reports. See attached treasury reports.

- **Literature Report**

Tony said the BA literature is in good supply. The Bay Area sells about 5 SESH books per month.

- **Outreach Report**

The Bay Area has been without an Outreach Chair for years. The only event in Oct-Nov was the NOPE Candlelight Vigil in Hillsborough and Pasco County. Donna attended both events and shared that at the Pasco event, the BA Nar-Anon table was attractive (BA Nar-Anon tablecloth) and well stocked with literature. The Hillsborough event only had a table with a few pamphlets and did little to attract the public attending the event to Nar-Anon. Groups in the Bay Area are reminded that the Bay Area will provide literature, literature displays, table, tablecloth and tent, to Bay Area Groups for Outreach events.

OLD BUSINESS

- Elections

The BA received letters of willingness for the BA Officer positions and Outreach Chair. The letters of willingness were distributed to the Bay Area in the December 7th meeting packet.

- a) Theresa motioned to elect Tony [REDACTED] as BA ASR, Marguerite [REDACTED] as Alternate ASR, Rae [REDACTED] as BA Treasurer, Theresa [REDACTED] as BA secretary and Donna [REDACTED] as Outreach Chair. Motion was seconded by Sandy. Motion opened for discussion. **Motion passed unanimously.**
- b) Theresa motioned to elect Kevin [REDACTED] as Alternate-Treasurer; seconded by Sandy. This position will assist Rae as treasurer and assist in the banking change over for the new treasurer. **Motion carried unanimously.**
- c) Rae, Kevin & Tony will need to meet at the BA bank to change over signatories for the BA checking account. They will need to bring minutes showing election using full names to change over. Minutes will be redacted for distribution and website; eliminating last names (Our Nar-Anon principles of anonymity).

NEW BUSINESS

- 2026 BAM schedule

Members agreed to meet on Sundays at 4pm virtually for 2026. Members reviewed the 2026 calendar and will

meet quarterly with an additional meeting in January to kick start the Bay Area. Meeting schedule: Jan 4, Feb 1, May 3, Aug 2, Nov 1. ECC8 convention is June 5,6, and 7th in Tampa, FL. The FL Region will not hold a convention alongside of FRCNA in 2026.

- 2026 BA Budget. **Sandy motioned to keep the 2026 BA Budget the same as 2025.** Donna seconded the motion. Motion opened for discussion. Motion passed unanimously.
- 2026 BA Budget - The members agreed that unused categories, Guidelines and Narateen, be removed from the 2026 Treasury/Budget reports. In addition, the reports will be quarterly reports instead of monthly reports.
- **Theresa motioned to donate \$1500 to the FL Region.** The motion was seconded by Donna. Motion opened for discussion. Motion carried unanimously.
- The Guidelines Committee will meet in 2026 to change the guidelines to reflect changes in the BA meetings (quarterly, Sundays, virtual), budget categories and any other changes that need to be made to reflect prior motions.
- Donna asked to be placed on the January BAM agenda to discuss purchasing an Outreach banner. Donna as Outreach Chair will have a report at each BAM and be able to bring up this purchase.

ADJOURNMENT

- The next BAM is Sunday, January 4th @ 4pm via ZOOM. Motion to adjourn was made by Tony, seconded by Theresa. Motion carried unanimously. The meeting adjourned at 4:58pm.

Submitted by

Theresa, BA Secretary
approved 01/04/2026

Bay Area of FL Nar-Anon, Treasurer's Ledger

October 2025

Activity Dates: 10-1- 10/30/25

Beginning Balance	\$1,740.37
Net Increase/Decrease	\$310.31
Ending Balance	\$2,050.68

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,740.37
10/8/25	Debit Card	Nar Anon Family Groups Inc	Literature Purchase				-\$112.50	-\$16.76	\$1,611.11
10/9/25	Deposit	Clearwater	Donation	\$113.77					\$1,724.88
10/24/25	Deposit	St Pete Wednesday	Donation and Literature	\$50.00	\$109.00				\$1,883.88
10/28/25	Zelle	Lutz	Donation	\$200.00					\$2,083.88
10/28/25	Debit Card	Nar Anon Family Groups Inc	Literature Purchase				-\$24.20	-\$9.00	\$2,050.68
		ENDING BALANCE	TOTALS	\$363.77	\$109.00	\$0.00	-\$136.70	-\$25.76	\$2,050.68

Balance Per Bank 10/28/2025	\$2,050.68
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account renconciled	\$2,050.68

Bay Area of FL Nar-Anon, Treasurer's Report

October 2025

Cash Checking Account

CURRENT PERIOD - 10/1/2025-10/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$912.13	\$310.31	\$1,222.44
Total	\$1,740.37	\$310.31	\$2,050.68

Year-To-Date: 1/01 to 10/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$1,222.44	\$1,222.44
Total	\$2,256.35	-\$205.67	\$2,050.68

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 10/1/2025-10/30/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$363.77	\$109.00	\$0.00	\$472.77
Other				
Total	\$363.77	\$109.00	\$0.00	\$472.77
Disbursements				
Literature Purchases		\$136.70		\$136.70
Literature Shipping		\$25.76		\$25.76
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$0.00			\$0.00
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$0.00			\$0.00
Donations to FL Region	\$0.00	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$0.00	\$162.46	\$0.00	\$162.46
Net Change	\$363.77	-\$53.46	\$0.00	\$310.31

Year-To-Date: (1/1-10/30/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$3,092.77	\$779.60	\$0.00	\$3,872.37
Other				
Total	\$3,092.77	\$779.60	\$0.00	\$3,872.37
Disbursements				
Literature Purchases		\$1,570.80		\$1,570.80
Literature Shipping		\$378.60		\$378.60
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$1,565.00			\$1,565.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$1,980.20	\$1,949.40	\$148.44	\$4,078.04
Net Change	\$1,112.57	-\$1,169.80	-\$148.44	-\$205.67

Bay Area of FL Nar-Anon, Treasurer's Ledger

November 2025

Activity Dates: 11-1- 11/30/25

Beginning Balance	\$2,050.68
Net Increase/Decrease	\$508.04
Ending Balance	\$2,558.72

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$2,050.68
11/10/25	Deposit	Clearwater	Donation And Literature	\$75.54	\$52.50				\$2,178.72
11/13/25	Zelle	Tarpon Springs	Donation	\$75.00					\$2,253.72
11/28/25	Deposit	Tampa North	Donation	\$230.00					\$2,483.72
11/28/25	Deposit	Crystal Beach	Donation	\$75.00					\$2,558.72
		ENDING BALANCE	TOTALS	\$455.54	\$52.50	\$0.00	\$0.00	\$0.00	\$2,558.72

Balance Per Bank 11/30/2025	\$2,558.72
Add Outstanding deposit	\$0.00
less outstanding check	\$0.00
Bank account renconciled	\$2,558.72

Bay Area of FL Nar-Anon, Treasurer's Report

November 2025

Cash Checking Account

CURRENT PERIOD - 11/1/2025-11/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$228.24		\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$1,222.44	\$508.04	\$1,730.48
Total	\$2,050.68	\$508.04	\$2,558.72

Year-To-Date: 1/01 to 11/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$1,730.48	\$1,730.48
Total	\$2,256.35	\$302.37	\$2,558.72

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 11/1/2025-11/30/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$455.54	\$52.50	\$0.00	\$508.04
Other				
Total	\$455.54	\$52.50	\$0.00	\$508.04
Disbursements				
Literature Purchases		\$0.00		\$0.00
Literature Shipping		\$0.00		\$0.00
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$0.00			\$0.00
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$0.00			\$0.00
Donations to FL Region	\$0.00	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00	\$0.00
Subtotal Disbursements	\$0.00	\$0.00	\$0.00	\$0.00
Net Change	\$455.54	\$52.50	\$0.00	\$508.04

Year-To-Date: (1/1-11/30/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$3,548.31	\$832.10	\$0.00	\$4,380.41
Other				
Total	\$3,548.31	\$832.10	\$0.00	\$4,380.41
Disbursements				
Literature Purchases		\$1,570.80		\$1,570.80
Literature Shipping		\$378.60		\$378.60
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$1,565.00			\$1,565.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$1,980.20	\$1,949.40	\$148.44	\$4,078.04
Net Change	\$1,568.11	-\$1,117.30	-\$148.44	\$302.37

2026

Holidays:

Jan 01	New Year's Day
Jan 19	M L King Day
Feb 16	Presidents' Day
Apr 3+5	Good Friday & Easter Sunday
May 25	Memorial Day
Jun 19	Juneteenth
Jul 03	Independence Day Holiday
Jul 04	Independence Day
Sep 07	Labor Day
Oct 12	Columbus Day
Nov 11	Veterans Day
Nov 26	Thanksgiving Day
Dec 25	Christmas

BAM (Bay Area Meetings), Conventions & FL Region Assemblies

Jan 4	BAM - Sunday @ 4pm (virtual)
Feb 1	BAM - Sunday @ 4pm (virtual)
Mar 14	FL Region Assembly (in-person)
May 3	BAM - Sunday @ 4pm (virtual)
June 5,6,7	ECC8 -Tampa- (East Coast Convention)
June 14	FL Region Assembly (virtual)
July	no 2026 FRCNA (re: ECC8)
Aug 2	BAM - Sunday @ 4pm (virtual)
Sept	FL Region Assembly TBD
Nov 1	BAM - Sunday @ 4pm (virtual)
Dec	FL Region Assembly TBD

January						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28

March						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April						
S	M	T	W	T	F	S
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12	13	14	15	16	17	18
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26	27	28	29	30		

May						
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June (ECC8)						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July						
S	M	T	W	T	F	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September						
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20	21	22	23	24	25	26
27	28	29	30			

October						
S	M	T	W	T	F	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		