

BAY AREA MEETING MINUTES

Saturday, May 3, 2025 | 4-4:54pm | Virtual Meeting

draft

OPENING

Marguerite opened the virtual BA meeting at 4pm with the Serenity Prayer. The Traditions & Concepts were read.

ROLL CALL

(13 BA Groups) 5 attendees; 4 voting; 1 non-voting (NV)

KEY *dual role

Tampa GSR, Tony, *BA Literature Rep

Theresa, *BA Secretary & Guidelines Chair

Tarpon Springs GRS, Kevin, *BA Treasurer

Marguerite, Bay ASR (NV)

Zephyrhills GSR, Faye *Region Helpline Coordinator

MINUTES

- Theresa motioned to approve the minutes of April 1st; Kevin seconded. Motion opened for discussion. No changes. Motion carried unanimously.

OFFICER REPORTS

- ASR – Marguerite received a reply from the region regarding in-person assemblies being offered as hybrid assemblies for those that are unable to travel but would like to participate in the assemblies. The region discussed this at the March assembly (in person assembly, 7 voting and 3 non-voting members) and the voting members voted it down. The other question involved the Bay Area's Nar-Anon banner that was lent out for a region outreach event and not returned. Bonnie, Region Chair, informed Marguerite that the new region Outreach Chair said the banner was in disrepair and unable to be used and Tony said to keep it. Tony did not remember saying that at the assembly.
- Treasurer – Kevin reviewed the April Treasurer Report which is attached to these minutes.

REPORTS

- Literature Rep – Tony ordered about \$152 worth of CAL, including several “4th Step Workbooks” for the Clearwater group & the BA literature stock.
- Outreach
 - ❖ PAR Academy – no report
 - ❖ BA Outreach – Theresa reached out to north groups that are located nearer to the event, NAMIWalks Pasco 2025 (www.namiwalks.org) which will be held May 17th @ 9am at Pasco County Safety Town, 15362 Alric Pottberg Rd, Shady Hills. There has been no response. The BA has supplies for these opportunities.

OLD BUSINESS

- Bay Area Workshop/Potluck. Based on March's Potluck/Speaker meeting where members overwhelmingly supported a Step Workshop the members discussed a Potluck/workshop in the fall. Theresa shared a Rocky Mountain region virtual multi-day workshop on the 4th Step Workbook flyer which will be offered in May and June. Several members are interested in attending to learn how others helped members work the 4th step through the new workbook. Members discussed a possible change in Workshop topic to the first 3 Steps; followed by a 4th Step Workshop in the spring. ACTION: Theresa was asked to survey the groups for preference of topics and the month preference.

NEW BUSINESS

- WSC CAR update – Theresa shared different aspects of listening in on the convention as an observer. Many motions go through amendments which can change the motion significantly. The 2025 WSC minutes are available on the WSO website under WSC heading. Using the minutes, Theresa used the tally sheet to indicate

how each motion was handled: pass, pass as amended, fail, send to committee, withdrawn or ruled out of order. Theresa asked members at BAM if anyone would like the tally sheet. Kevin, Marguerite, Faye all asked to be sent copies. Theresa was asked if this could be added to the Bay Area webpage; the minutes may be linked to WSO website, and the tally sheet can be added for members.

- Nar-Anon @ FRCNA XLIII will be held on July 5th (1 day only) at the Rosen Plaza in Orlando. There will be no “chance drawings” and groups that have gathered funds for the chance drawing are asked to consider sending the funds to the region. Members are encouraged to attend; details & registration form are online under the News and Events tab.
- The next FL Region Virtual Assembly is on Sunday, June 8th, at 7pm.

OPEN AGENDA

- Zephyrhills Group is “on hold” until October 4th.
- The 2026 NFG East Coast Convention (ECC) will be held in Tampa next year. The ECC committee is looking for volunteers for the convention.

CLOSING

- Theresa motioned to adjourn the meeting at 4:51pm which was seconded by Tony. Motion carried unanimously.

Submitted by,
Theresa, BA Secretary
draft

Bay Area of FL Nar-Anon, Treasurer's Report

April 2025

Cash Checking Account

CURRENT PERIOD - 4/1/2025-4/30/2025			
	Beg Bal	Change	Ending Bal
Prudent Reserve	\$300.00		\$300.00
Non Seventh Tradition Funds	\$328.24	-\$100.00	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$0.00		\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$300.00		\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$474.24	-\$7.95	\$466.29
Total	\$1,402.48	-\$107.95	\$1,294.53

Year-To-Date: 1/01 to 4/30/2025			
	Beg Bal	Change	Ending bal
Prudent Reserve	\$189.67	\$110.33	\$300.00
Non Seventh Tradition Funds	\$376.68	-\$148.44	\$228.24
Convention Budget	\$0.00		\$0.00
General Budget	\$0.00		\$0.00
Guidelines Budget	\$0.00		\$0.00
Literature Budget	\$1,540.00	-\$1,540.00	\$0.00
Narateen Budget	\$0.00		\$0.00
Outreach Budget	\$150.00	\$150.00	\$300.00
Donations to FL Region	\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$0.00
Available Balance	\$0.00	\$466.29	\$466.29
Total	\$2,256.35	-\$961.82	\$1,294.53

Receipts and Disbursements - Cash Basis

CURRENT PERIOD - 4/1/2025-4/30/2025				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$125.00	\$353.10	\$0.00	\$478.10
Other				
Total	\$125.00	\$353.10	\$0.00	\$478.10
Disbursements				
Literature Purchases		\$135.60		\$135.60
Literature Shipping		\$16.55		\$16.55
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$0.00	\$0.00		\$0.00
Donations to WSO	\$174.00			\$174.00
Donations to FL Region		\$0.00		\$0.00
Unbudgeted Expenditures	\$0.00		\$100.00	\$100.00
Subtotal Disbursements	\$333.90	\$152.15	\$100.00	\$586.05
Net Change	-\$208.90	\$200.95	-\$100.00	-\$107.95

Year-To-Date: (1/1-4/30/2025)				
	Donations	Literature	NON 7TH Tradition	Total
Receipts				
Ongoing	\$1,039.00	\$531.60	\$0.00	\$1,570.60
Other				
Total	\$1,039.00	\$531.60	\$0.00	\$1,570.60
Disbursements				
Literature Purchases		\$1,365.60		\$1,365.60
Literature Shipping		\$338.18		\$338.18
Prudent Reserve				\$0.00
General Budget	\$0.00			\$0.00
Zoom Budget	\$159.90			\$159.90
Guidelines Budget				\$0.00
Narateen Budget				\$0.00
Outreach Budget	\$81.30	\$0.00		\$81.30
Donations to WSO	\$174.00			\$174.00
Donations to FL Region	\$265.00			\$265.00
Unbudgeted Expenditures	\$0.00		\$148.44	\$148.44
Subtotal Disbursements	\$680.20	\$1,703.78	\$148.44	\$2,532.42
Net Change	\$358.80	-\$1,172.18	-\$148.44	-\$961.82

Bay Area of FL Nar-Anon, Treasurer's Ledger

April 2025

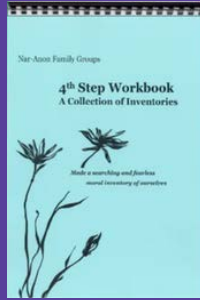
Activity Dates: 4/1 -4/30/25

Beginning Balance	\$1,402.48
Net Increase/ Decrease	- \$107.95
Ending Balance	\$1,294.53

Date	Num	Payee/Description	Category	Incoming Donations (+)	Literature Sale Incoming (+)	Non 7TH Tradition (+/-)	Literature Purchases (-)	Expenses (-)	Balance
d/m/yyyy	DEP/CK#/Debit CD	Group Name, Payee name etc...	(ie. Donation & Literature)						\$1,402.48
4/14/25	Direct Debit	Zoom	Zoom renewal					-\$159.90	\$1,242.58
4/18/25	Deposit	Spring Hill Tuesday	Donation	\$50.00					\$1,292.58
4/21/25	Debit Card	Nar-Anon Family Groups Inc	Literature Purchase				-\$135.60		\$1,156.98
4/21/25	Debit Card	Nar-Anon Family Groups Inc	Literature Shipping				-\$16.55		\$1,140.43
4/21/25	#1257	Nar-Anon Family Groups Inc	Donation to WSO					-\$174.00	\$966.43
4/21/25	#1258	United Community Church	Donation for use of Hall			-\$100.00			\$866.43
4/29/25	Deposit	Crystal Beach	Donation		\$59.00				\$925.43
4/30/25	Deposit	Clearwater Tuesday	Literature Purchase		\$143.60				\$1,069.03
4/30/25	Deposit	St Pete Wednesday	Literature Purchase		\$150.50				\$1,219.53
4/30/25	Zelle	Tarpon Springs	Donation	\$75.00					\$1,294.53
									\$1,294.53
		ENDING BALANCE	TOTALS	\$125.00	\$353.10	-\$100.00	-\$152.15	-\$333.90	\$1,294.53

Balance Per Bank 4/30/2025	\$1,174.43
Add Outstanding deposit	\$294.10
Less Outstanding check #1257	-\$174.00
Bank account reconciled	\$1,294.53

Uncover Discover Recover



Rocky
Mountain
Region



Using the Nar-Anon 4th Step Workbook

Each session is two (2) hours in length

**MAY
17**

8a PT | 9a MT | 10a CT | 11a ET

Introduction
How to use the Workbook
Fear Inventory

**MAY
18**

11a PT | 12p MT | 1p CT | 2p ET

Credit and Debit Inventory
Personal Safety Questions

**MAY
31**

7a PT | 8a MT | 9a CT | 10a ET

Quick Inventories
Freestyle Inventory

**JUNE
1**

11a PT | 12p MT | 1p CT | 2p ET

Relationship Inventories
Behavior, Change, and Characteristics

**JUNE
21**

8a PT | 9a MT | 10a CT | 11a ET

Relationship Inventories - Patterns
Ideal, Attitude, Attraction to a Romantic
Partner, and Sexuality and Gender Roles

**JUNE
22**

11a PT | 12p MT | 1p CT | 2p ET

Resentment Inventory Chart

Join us for any or
all the workshops!

Held in the RMR
Virtual Meeting
Room



 NarAnonRM.org