

RSC MEETING AGENDA

Sunday, April 28, 2024 @ 7:00pm-8:30pm

Zoom: 477-350-6871

Passcode: 809199

<https://naranonfl.org/events.html>

CALL TO ORDER

- Serenity Prayer- Bonnie
- Read Twelve Traditions & Concepts
- Roll Call
- Approve Minutes February 4, 2024

OFFICER REPORTS

- Chair/Vice Chair – Bonnie/Ingrid
- Treasurer- Rosemary
- Delegate/Alternate Delegate – Donna/Yvette
- ASR- Marguerite (Bay Area)

COMMITTEE REPORTS

- Convention – Susan F.
- Narateen- Jamie
- Website/Technology- Debra
- Outreach- Kim
- Helpline- Faye

NEW BUSINESS

- New Business #1
- New Business #2

ANNOUNCEMENTS

- FL Region Virtual Assembly Meeting, June 9 Time: 7-8:30pm
- FRCNA XLII, ROSEN PLAZA, 9700 International Drive, Orlando, FL 32819 July 5 - July 7, 2024
- 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC
It will be held at the Walter E Washington Convention Center in cooperation with NA.

(Draft) February Minutes
Florida Region Regional Service Conference (RSC)
Sunday February 4, 2024 7:00 PM-8:18 PM

ROLL CALL: 10 Attendees; 9 Voting Members; 1 Non-Voting Members

7 Voting: Bonnie (Region Chair), Ingrid (Region Vice Chair), Rosemary (Region Treasurer), Donna (Region Delegate), Yvette (Alt. Region Delegate), Susan (Convention Chair), Jamie (Narateen Chair), Kim (Outreach Chair), and Marguerite (Bay Area Service Rep)

1 Non-Voting: Doug (FL Region Virtual Coordinator)

CALL TO ORDER

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Ingrid.

APPROVAL OF MINUTES:

Rosemary shared her screen so the members could review the minutes. Rosemary made a motion to approve October 22, 2023, minutes with corrections to the date and Donna seconded. The minutes passed with 6 yes, 2 no, and 1 abstention.

OFFICER REPORTS

CHAIRPERSON'S VICE CHAIRPERSON'S REPORTS: (Bonnie & Ingrid)

Bonnie opened up by saying that if anyone has an issue with the Officers that we are always willing to address those issues. Ingrid mentioned that when submitting reports to please be mindful of the fact that she doesn't have a PDF converter and is working off of a Windows program so please do not use Apple's word processing program and to not submit reports in PDF. Any Word document program would be appreciated.

TREASURER'S REPORT: (Rosemary)

Rosemary added that a PDF converter is quite expensive. She also said that if anyone would like to volunteer to check the eblasts that would be appreciated. Rosemary went over a presentation of transactions for October 2023. The beginning balance was \$2,539.68. Total donations were \$1740.00, and the donation made to WSO was \$ 1738.66. The \$16.00 fee under Office Expenses was the bank fee because we didn't spend the required amount to not get the charge. Also, she had to pay for the renewal of our licensing which was \$70.00. The Hotline expense is going up every month. In Jan it went up to \$54.27. Rosemary was able to add in PayPal's fee to our donation link. The ending balance was \$2,877.18.

DELEGATE'S AND ALTERNATE DELEGATE REPORTS: (Donna & Yvette) – see attached.

ASR - BAY AREA: (Marguerite)

Marguerite informed us that the Bay Area had a meeting Feb 3, 2024. Donna came to the meeting to explain to them the IWSC poll and expressed a need for more participation. The Bay Area Guidelines Committee have been working on their Guidelines to update information in relation to the last conference. They are working on 4 motions and will be available to review. Instead of a spring picnic they will be hosting another potluck in April. They are considering presenting information on Overdose Prevention such as Narcan.

COMMITTEE REPORTS

NARATEEN'S REPORT: (Jamie) – see attached.

WEBSITE'S REPORT: (Debra) - N/A

OUTREACH'S REPORT: (Kim)

Kim told us that she took a break from Dec- Jan but they will be having a meeting in Feb. She went Jan 30th to the Jacksonville meeting to talk about the convention with hopes to get some participation from them. She had a meeting reach out about liability insurance and she opened the floor to that discussion. Bonnie said that local meetings are under the umbrella of liability insurance through the WSO. Donna noted that if Bonnie doesn't have a copy of it then the RSC would need to make that request. Bonnie told her that she would look into it. She will be attending a meeting Feb 5, to give information about the convention. She plans every week or two to go visit meetings and give information about the convention. Bonnie mentioned that she had visited about 4- 5 virtual meetings in our Region to inform them of the Region and our needs. Kim told us that a new meeting will be starting in Citrus County. Kim is planning on attending the Ocala meeting soon and asked Bonnie to reach out to that group since their members are the ones considering starting that meeting.

HELPLINE'S REPORT: (Faye) – N/A

VIRTUAL COORDINATOR'S REPORT: (Doug) – N/A

CONVENTION'S REPORT: (Susan)

Susan said they had their first meeting and came up with a slogan, Highway to Hope, Stay in Your Lane. They sent out a survey on certain topics and got a pretty good response. Ques 1: were members going to attend and 22 responded and 77% said yes. Ques 2: was on pricing on the dinner and they received 21 responses with a split between \$30-40. Ques 3: what members found impactful at the conventions and 20 responded with the top answer was speakers, workshops and then fellowship. Ques 4: was about the raffles and 57% said they wanted the raffle with 52% saying they would rather do a donation instead of the raffle. Their next meeting is Feb 20th, and they will be looking at who to reach out to as speakers and members have been delegated to specific tasks. She requested members to reach out for suggestions about games and workshops. Donna suggested, based on the poll, maybe doing the donations and the raffle. Doug also said that most money collected was coming from the tickets sold more than the raffle tickets. Rosemary mentioned that some NA conventions won't allow a chance game but FRCNA, for example, has allowed it. Donna recommended that on the next eblast to make a post about the committee needing donations more than baskets and get the word out there about the convention so groups can start collecting money. Doug added to make it clear that this is a separate donation and not 7th tradition donations. Kim noted that some people emphasized to her that they liked that the last convention didn't have the games.

NEW BUSINESS

Outreach Ideas:

Donna notified us that she printed up some of the Narateen questions that she framed and stood them up on the tables. She also had the Steps, Just for Today and The Family lamented and on the table. She said that it threw people's attention.

Group Retention Ideas:

Kim suggested like Al-Anon we should be reaching out to new members. Marguerite said that her home group does that and that they share their experiences with the intention to give them hope by coming back. Donna told us that no matter what the topic is she always shares her story to help the newcomer. She's had newcomers tell her after the meeting that sharing her story was helpful to them. Bonnie said that at one of her meetings they had a member who reaches out to newcomers to make them feel welcomed. Ingrid suggested the buddy list since has been successful for the Mon Night Virtual meeting. Doug informed us that at NA meetings they would pass around the list of phone numbers of people they could reach out to.

ANNOUNCEMENTS

- FL Region Assembly, Saturday March 9, 2024 @ 9:00 AM - 2:00 PM @ Schalamar Creek Golf and Country Club, Lakeland
- RSC Meeting, Sunday, April 28, 2024 @ 7:00-8:30 PM on Zoom
- FL Region Virtual Business Assembly, Sunday, June 9, 2024 @ 7:00 PM – 8:30 PM on Zoom
- 2024 FRCNA Convention Friday July 5, 2024 – Sunday June 9, 2024 @ Rosen Plaza 9700 International Dr, Orlando
- 2024 Nar-Anon World Convention from Aug 29 through Sept 1, 2024 @ Walter E Washington Convention Center, Washington DC

MOTION TO ADJOURN:

A motion to adjourn was proposed by Donna and seconded by Bonnie. It passed unanimously. The meeting closed at 8:18 PM with the Serenity Prayer.

PREPARED BY: INGRID M.

Delegate Report

IWSC and Common Welfare Topics

- Direct members to the topics and poll. Think about what your group would like the conference to spend their time discussing.
It's just going to be a 90-minute discussion, followed by a break, then 30 minutes to wrap things up. There will be no motions, or committees created. All we need are three topics for some conversation at the IWSC.
- Direct members to easy-to-understand PowerPoint regarding breakdown Common Welfare Topics that will be sent out with email blast.
- Discuss common welfare topics PowerPoint.
- Remind groups that poll results are due by March 20th.

Discuss Best Practices Report: See below for link

Best Practices Report can be found here: <https://static1.squarespace.com/static/53714efae4b0db8de8cdfaf8/t/65bbcaa4d92dcc3f3d6c96d7/1706805924931/Best+Practices+Report+FINAL+IWSC+2024.pdf>

NARATEEN COMMITTEE REPORT

January 31, 2023,

At our last meeting on January 20, 2024, we discussed the goals for Narateen for 2024. We have three top goals. First and foremost is to start an in-person meeting. We are looking at the possibility of starting one alongside the Pasco County Nar-Anon meeting; however, we are waiting to see what will happen with the permanent location because it might move over the next six months. Second, we are going to reach out to the convention committees to make sure Narateen is represented. Finally, we will continue to do outreach, like NOPE, to get the word out about Narateen. Our next meeting is May 11, 2024.