

Minutes of the  
Florida Region Business Meeting

January 31, 2009

1:00 pm

In Sebring, Highlands Hammock State Park

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Attendance: 15 Voting Members

Attendance: 21

Ed L – Chair – Largo

Kathy B – Vice Chair - Lakeland

John M – Secretary - Largo

Lynne K – Treasure - Palm Harbor

Susan I – Delegate - Cape Coral

Karri V- Hosp and Inst. – Largo/ non voting

Valerie-GSR/Pubic Information-Palm Harbor

Erin – GSR – Ft Lauderdale

Sheryl H – GSR - Lakeland

Jeani – GSR, Newsletter – Largo

Bonnie-GSR – Winter Haven

Angie-GSR-Lantana

Stefanie-GSR-Winter Haven

Jacquelyn-GSR-Jacksonville

Gail-GSR-Palm Harbor

Daryl-GSR-Ft. Walton Beach

Alex-GSR-Melbourne

Margee-GSR-Melbourne

Sandra-GSR-Ocala

Roy-GSR-Tampa

Jo-Anne-GSR-South Tampa

Note: The Business Meeting was held in conjunction with a open meeting which started at 11:00 am. Also there were many non-voting members that were not counted but did attend the business meeting.

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Ed opened the meeting with the Serenity Prayer, Saturday January 31, 2009 at 1:00 pm with the serenity prayer and noted this was one of the biggest turnouts.

Sheryl made a motion to accept the minutes as they were sent by John M; the motion was seconded by Valerie and passed unanimously.

## **Presentations**

### **Convention Committee report:**

Cocoa Beach/Sacna	April 3+4 Sponsored by Melbourne groups @ Holiday Inn Cocoa Beach
Gold Coast	May 23+24 Sponsored by Ft. Lauderdale
Orlando/Fricna	July 3+4+5 Sponsored by Orlando/Maitland. @ Hilton Orlando
Hacna	No date. Sponsored by Lakeland group @ River Ranch
SWFricna	August 5+6+7. Sponsored by Ft. Lauderdale

### **Treasurers report:**

No tax number as yet/no checks cashed  
All WSO contributions should go through regional treasury.  
Gifts from groups were noted.  
Balance: 1,849.93

### **GSR reports**

Attendance, core members, business meetings, venue, meeting time, etc.

### **PI report**

All WSO communication is open to all members.

### **H+I report**

Starter packets and kits are needed.  
An understanding of "jail rules" is in the works.  
Reported confusion between Nar-Anon and Scientology.

### **Newsletter report:**

Newsletter is late./ should be done late February.  
Please send articles to [fl\\_jeani@yahoo.com](mailto:fl_jeani@yahoo.com)

### **Old Business:** None

### **New Business:**

**Motion:** To form a web site committee. Gail presented for Dede, who wrote the motion. The motion was seconded by Daryl. The motion was found to be out of order because the intent was in error. The motion was amended by Daryl and accepted by Gail and passed unanimously. Daryl volunteered to chair the committee

**Motion:** To form a committee to explore options for a spiritual weekend. Angie presented and Erin seconded. The motion was found to be out of order because the intent was in error. The motion was amended by Erin and accepted by Angie. The motion passed unanimously. Angie volunteered as chair and Erin as vice chair.

**Motion:** For a line item budgeted amount for the H+I committee (est. \$27.00). Kerri presented and Margee seconded. The motion passed unanimously.

**Motion:** To accept the budget as presented and to notify the groups of our obligations. Daryl presented Sheryl amended to strike "to notify groups of our obligations". Daryl accepted the amendment and Sandra seconded. The motion passed unanimously.

**Adjournment:** At 3:30 Daryl made a motion to Adjourn, seconded by Valerie. The motion passed by voice vote unanimously. The next business meeting will be a teleconference Sunday Feb. 22, 2009 at 7:30.

Submitted by: John M. Feb. 8, 2009

Minutes of the  
Florida Region Teleconference

February 22, 2009

7:00 pm

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**Attendance: 20**

**Officers: 5**

**ED L.-Chair-Largo**  
**Kathy B.-Vice Chair-Lakeland**  
**John M.-Secretary-Largo**  
**Lynne K.-Treasurer-Palm Harbor**  
**Rand M.-Alternate Delegate-Ft. Walton Bch.**

**Voting Members: 15**

**Ivette D.-GSR-Brooksville**  
**Erin- GSR-Ft. Lauderdale**  
**Jacquelyn-GSR-Jacksonville**  
**Sheryl-GSR-Lakeland**  
**Angie-GSR-Lantana**  
**Carole-GSR-Longwood**  
**Alex-GSR-Melbourne**  
**Sandra-GSR-Ocala**  
**Valerie-GSR-Palm Harbor (am)**  
**Dede-Alt GSR-Palm Harbor (pm)**  
**Pat B.-GSR-Port St. Lucie**  
**Roy-GSR-N. Tampa**  
**Jo-Anne-GSR-S. Tampa**  
**Bonnie-GSR-Winter Haven**  
**Stefanie-GSR-Winter Haven**

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Ed opened the meeting Feb. 22, 2009 at 7:40 pm with the Serenity Prayer.

Sheryl made a motion to accept the minutes from Jan. 31, 2009 as they were sent by John M; the motion was seconded by Erin. The motion passed 13-2. The 2 dissenting votes were asked by the secretary to submit an addendum.

**Announcements:**

Volunteers, "the Posse", will be going to Brooksville to discuss sponsorship.

The new teleconference phone number will be; **(218) 844-0840**.  
The password will remain **368151**.

**Treasurers report:**

Expenditures: \$119.78  
Donations: \$194.00  
Bal. to date: \$1924.16  
There has been no update from California regarding tax ID. Number.

**Newsletter Report:**

Next publication should be by the end of February.  
All submitted articles have been saved.  
Please send articles to [fl\\_jeani@yahoo.com](mailto:fl_jeani@yahoo.com)

**Convention Committee:**

At present there is no room for Nar-Anon meetings at Frisca..  
The date for Hacna is **Oct. 16-18, 2009.**

**Old Business:**

Spiritual weekend: No information

**New Business:**

**Motion:** To end Teleconference calls except if the officers declare an emergency. The motion was presented by Valerie and seconded by Roy. Discussion followed. On a straw vote the motion was defeated 10-5. Sheryl offered a friendly amendment; that the language of the original motion be struck and would read as follows: Teleconferences will not last more than 1 hour. Valerie accepted the amendment and discussion followed. The motion carried 13-2.

**Motion:** To accept the **Guide to Convention Planning**, sponsored by **Nar-Anon Family Group Headquarters, Inc.** Kathy B. presented the motion and Jo-Anne seconded. Discussion followed. Among the objections were that not everyone had read the guidelines and that the guidelines should be presented to each group for approval. The motion was then tabled by the chair.

**Adjournment:** At 8:38 the chair asked for a motion to adjourn. Roy made the motion to adjourn and the motion was seconded by Erin and carried unanimously by voice vote. The meeting was adjourned at 8:40, exactly 1 hour after it was called to order. The next meeting will be the face to face at Cocoa Beach, April 3,4,5 2009. For more information E-mail Margee at [margee32905@earthlink.net](mailto:margee32905@earthlink.net), or Sheryl at [sdh21@tampabay.rr.com](mailto:sdh21@tampabay.rr.com). Motions for the Cocoa Beach face to face are due March 14<sup>th</sup>.

Submitted by: John M. March 6, 2009

# Executive Board Meeting

## February 28, 2009

Present:

Ed L.-Chair

Kathy B. - Vice Chair

John M. – Secretary

Lynne K.-Treasurer

### **Topics Discussed:**

Procedure:

Limiting conferences to 1 hour

Limiting discussion time

Conventions

Help for convention planners

Speakers at conventions

Will \$400.00 seed money be needed or wanted

WSO convention guidelines.

Fricna

The need to contact the Maitland and Longwood groups

A GSR head count before the convention

Task the convention committee with finding a separate room for the face to face meeting tentatively to be held between 12 and 1 o'clock.

Tax ID numbers

Old ID number is obsolete and its use is questionable.

The new number will be under the umbrella of WSO which has FID #.

We still must be certified by the State of Florida.

We will not be able to hold personal checks after October.

We need to pay WSO by Oct. 1, to send Susan and Rand to the conference

Building Trust

Getting Broward and Dade county groups to recognize the Florida Region

Sending our budget and financials to WSO

Accountability to all Florida groups

Answer the question; "what can the region do for your group".

Representative Visits ("The Posse")

Brooksville-Thursday March 12, 8 to 9 pm

Maitland-Tuesday 6:30 to 7:30 pm

Longwood-Wednesday 8 to 9 pm

Venice-Thursday 7 to 8 pm

Sarasota-Sunday 8 to 9 pm

Meeting Levels

Sanity- orderly procedure

Organized- with officers

Group Conscience- representation of the group through GSR's

**Notes:** Although there were no executive orders made the following actions are to take place.

1. Representatives of the region will visit the groups previously mentioned under Representative Visits.
2. The Chair or the Secretary will contact the Convention Committee to ascertain their plans for the STCNA and FRICNA conventions.
3. The Vice Chair or another board member will define what the Florida Region can do for the Nar-Anon groups.

**Announcements:** Agendas and motions for the face to face at STCNA, Cocoa Beach, must be sent to the Secretary, [flsecjohnm@yahoo.com](mailto:flsecjohnm@yahoo.com), by March 14<sup>th</sup>.

Submitted March 7, 2009 by John M

**Minutes of the  
Florida Region Business Meeting  
April 4, 2009  
1:00 pm  
In Cocoa Beach**

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Attendance: 16 Voting Members

Attendance: 22

Ed L – Chair – Largo

Kathy B – Vice Chair - Lakeland

John M – Secretary - Largo

Lynne K – Treasure - Palm Harbor

Susan I – Delegate - Cape Coral

Karri V- Hosp and Inst. – Largo/ non voting

Valerie-GSR/Pubic Information-Palm Harbor

Erin – GSR – Ft Lauderdale

Sheryl H – GSR - Lakeland

Jeani – GSR, Newsletter – Largo

Bonnie-GSR – Winter Haven

Mary- Alt. GSR-Lantana

Stefanie-GSR-Winter Haven

Jacquelyn-GSR-Jacksonville

Gary-Alt. GSR-Palm Harbor

Daryl-GSR-Ft. Walton Beach

Alex-GSR-Melbourne

Margee-GSR-Melbourne

Sandra-GSR-Ocala

Doug-GSR-Dunedin

Rand-Alt. GSR-Ft. Walton Beach

Pat-Alt. GSR-Port St. Lucie

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Ed opened the meeting, Saturday April 4, 2009 at 1:05 pm with the serenity prayer.

The Chair recognized Karen M (as part of WSO). Karen discussed the following: "Blue Books" with errors were available for free. The executive committee was attending "tradition meetings". Florida is spreading progress, because of ideas like "the Posse" and other regions are noticing us and we have five new meetings in one year. After her presentation Karen left so that we could get on with business.



Sheryl made a motion to accept the minutes as they were sent by John M; the motion was seconded by Jacquelyn and passed unanimously.

Kathy B discussed the following: The next teleconference (details to follow). The Posse's visit to Brooksville (topic; sponsorship). The results of the "What can the Region do for your group?" questionnaire.

General discussion ensued. Talking points were: Some groups do not want help. The region needs; a packet on what GSR's do, a list of speakers, a glossary of terms, and announcements of where the "Posse" is going.

As a result of this discussion the following were to be enacted:

1. Any terms a group wants to submit to form a "a glossary of terms" should be sent to ED at [Krazicat99@aol.com](mailto:Krazicat99@aol.com).
2. Kathy will E-mail a schedule of "Posse" visits to all GSR's.
3. Kathy will present, What is a GSR? manual sometime after May.

### **Presentations**

#### **Convention Committee report:**

Gold Coast	May 23+24 Sponsored by Ft. Lauderdale @Hilton Ft. Lauderdale Airport
Orlando/Fricna	July 3+4+5 Sponsored by Orlando/Maitland. @Double Tree Orlando
Hacna	No date. Sponsored by Lakeland group @ River Ranch
SWFricna	August 5+6+7
Fun Coast	August 22+23 Brandon @Crown Plaza

Ft. Lauderdale group is looking for speakers for GCCNA. Contact Erin, [Erin0106@aol.com](mailto:Erin0106@aol.com) or by Tel. (954) 554-9544

The Convention Committee is looking for helpers for FRICNA (registration, merchandizing). Contact Sheryl, [sdh21@tampabay.rr.com](mailto:sdh21@tampabay.rr.com) or by Tel. (863) 425-0780

#### **Treasurers report:**

Certification from California has been sent to the State of Florida (with a 5 to 7 day turnaround)  
A new bank account will be set up at Synovus Bank of Tampa Bay under the name "Florida Region Nar-Anon family Groups". (Free checking)

Balance forwarded: \$1,924.16

New Balance: \$2119.16

#### **PI report**

The Hillsboro-Pasco-Pinellas Tri-County brochure has been distributed to other counties who were interested in making their own brochure.

Suggestions from WSO for PI (not in PI packet) were scanned and will be published.

#### **H+I report**

Will have an article for the next newsletter.

#### **Newsletter report:**

The newsletter is sent to all GSR's, officers and anyone else who is interested.  
Please send articles to [fl\\_jeani@yahoo.com](mailto:fl_jeani@yahoo.com) by June 15

#### **Website report:**

Preliminary information: options; \$10 for a ".org", \$5 for Go Daddy or free if a banner is used. If we want to host the cost would be \$60 for 30 gigs/yr. Recommended Word Press Inc, for the host.

**Old Business:**

Motion to accept the convention guidelines was tabled because the final draft was not ready. However, when the final draft is ready it will be send to all GSR's.

**New Business:** none

**Delegate Announcement:**

Any motions **groups** want to present to the World Conference need to be submitted as soon as possible to Susan at wildhorses525@live.com. Motions for the World Conference from the **regions** are due by October 5, 2009. The CAR report will be out January 23, 2010 for the groups to discuss and ratify.

**Adjournment:** At 2:15pm Erin made a motion to Adjourn, seconded by Sandra. The motion passed by voice vote unanimously. **The next business meeting will be a teleconference Sunday April 26, 2009 at 7:30pm. The new conference telephone number will be (218) 844-0840. The password will remain the same 368151.**

Submitted by: John M. April 15, 2009

Minutes of the  
Florida Region Teleconference

April 26, 2009

7:30 pm EDT.

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Attendance: 5 Voting Members

Attendance: 6

Ed L – Chair – Largo

Bonnie-GSR – Winter Haven

Stefanie-GSR-Winter Haven

Daryl-GSR-Ft.- Walton Beach

Margee-GSR-Melbourne

Angie-GSR-Lantana

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Ed opened the meeting, Sunday April 26, 2009 at 7:30 pm Eastern Daylight Savings Time with the serenity prayer.

Bonnie moved to accept the minutes as amended and resubmitted. The motion was seconded by Stephanie and the minutes were approved unanimously.

**Old Business:**

**Glossary of terms update:** Angie: The One Beginning group has compiled a list and will try to get Mary to send it (to Ed). The question, “do we want to create a pamphlet for world?” was asked. To which the Chair answered “yes, but first need local use copy before we can submit it to WSO. Angie said that her group had a list of words but they needed definitions. The Chair replied “I can get with the board locally and we can supply definitions”.

**Treasurer’s Report:** Because the Treasurer was absent the Chair gave the report. The State of Florida finally gave approval to the Florida Region to do business, and when Lynne returns, she and Ed will get together Friday and deposit the funds in a new account. The State said we owed penalties for operating without a license, but waived them due to circumstances.

**Spiritual Weekend Update** (Angie): Last Sunday Angie had a conf call and decided it would be a Friday noon to 1 pm Sunday weekend in Jan, Feb or Mar. She is looking for local locations, and encourages others to search as well. She is asking groups to research their areas. Activities might include 10-minute hugs, hour silences, nature hikes, buddy assignments, "assign a burden to a pinecone and burn it in a bonfire", etc.

Angie is also asking for ideas from people gained from other retreat type weekends. Email to [fnaranonspiritual@live.com](mailto:fnaranonspiritual@live.com). Her next teleconference call will be the Sunday, May 17 at 7:30, using the same number **(218) 844-0840**.

**Convention Guidelines:** Margie said that Janet still working up the final conf report. Ed said that he E-mailed the report on bookmarks and such for inclusion.

**New Business:** Darryl will send motion to John regarding website for the region, he also will resend a copy of the website white paper to the GSR listing.

**Adjournment:** Angie motioned to adjourn, and Darryl seconded. The motion passed unanimously by voice vote. The next teleconference will be on **Sunday May 24 at 7:30pm EDT**. The telephone number is **(218) 844-0840** and the password is **368151**.

Submitted by: John M. May 5, 2009

p.s. Thanks to Darryl for taking notes during this teleconference.

Minutes of the  
Florida Region Teleconference

May 24, 2009

7:30 pm EDT.

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**Attendance: 13**

**Non voting members: 6**

Ed L – Chair – Largo  
Kathy B- Vice Chair-Lakeland  
Lynne-Treasurer-Palm Harbor  
John-Secretary-Largo  
Rand- Alt. Delegate  
Kerri- H &I Comm. Chair

**Voting Members: 7**

Bonnie-GSR – Winter Haven  
Stefanie-GSR-Winter Haven  
Erin-GSR-Ft. Lauderdale  
Sheryl-GSR-Lakeland  
Jeani-GSR-Largo  
Angie-GSR-Lantana  
Pat B-Alt. GSR-Sarasota

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Ed opened the meeting, Sunday May 25, 2009 at 7:38 pm Eastern Daylight Savings Time with the serenity prayer. The meeting started late do to technical difficulties.

Sheryl moved to accept the minutes as amended. The motion was seconded by Erin and the minutes were approved unanimously.

**Old Business:**

**Treasurer's Report:** Lynne reported that the Region's bank account is up and running and that the state certification fee was \$120.00, \$70.00 for registration of an EIN with the state of Florida and \$50.00 for registration of a fictitious name. The treasury balance as of May 24th is \$2,518.63 which does not include FRCNA Nar-Anon registrations. Although registrations are kept in the same account they are carried on a separate balance sheet.

**Vice Chair's Report on new meetings:** The vice chair had communication problems. However, she will send a list of new meetings to the Secretary (John), the PI Committee Chair (Valerie) and the WEB Committee. Chair (Darryl).

**Newsletter Report:** There will be a newsletter published before the FRCNA convention (July 3, 2009). Jeani is still looking for contributions and that she would prefer that they be sent by E-mail.

The deadline is Monday June 8, 2009 and the address is [fl\\_jeani@yahoo.com](mailto:fl_jeani@yahoo.com).

**Convention Comm. Report:** Sheryl has confirmed that Bonnie will head up the registration table and that she is looking for volunteers. There will be a sign up sheet out soon. Kathy B will be the Program Chair. Already there are 5 Narathon meetings (non speaker) and a silent auction scheduled. Sheryl also reported that the GACNA convention was very successful.

**Website Comm. Report:** The committee chair (Darryl) was not present. Rand will get Darryl to submit a motion for funding the website project. Rand said that he estimated the cost to be about \$25.00 per year.

**Spiritual Weekend Report:** Angie reported a lack of participation on her last teleconference and that the committee was not moving forward. She also reported that NA of Palm Coast has a retreat in Lake Worth and that Nar-Anon members are welcome. The Chair (Ed L.) decided to table the idea of a Spiritual Weekend for 1 year.

**Points of General Discussion:** Bonnie: The addition of telephone numbers (of contact people) to the meeting list and to the future website. The space remaining on the meeting list is lacking. Pat B: adding labels to add available space. Angie: the reduction in font size to increase space.

**New Business:** None.

**Adjournment:** Erin motioned to adjourn, and Jeani seconded. The motion passed unanimously by voice vote and the meeting closed at 8:18pm EDT.

The next Face to Face meeting will be held July 4, 2009 at the Florida Regional Convention of Narcotics Anonymous at a time to be determined later. The next teleconference will be held on July 26, 2009 at 7:30 EDT.

Submitted by: John M. June 1, 2009

Minutes of the  
Florida Region Executive Committee

June 13, 2009

9:30 am

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Attendance: 5

Ed L – Chair – Largo

Kathy B – Vice Chair - Lakeland

John M – Secretary - Largo

Lynne K – Treasure - Palm Harbor

Sheryl- Convention Committee Chair

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For the purpose of clarity and logical flow the following is presented by subject and not chronologically:

**Convention Business:**

**General Discussions:**

- Convention supplies, décor, etc.
- Consignment materials (bookmarks, book covers, magnets, etc.)
- Merchandizing (placement of display and silent auction tables)
- The purchase of an easel and other signage.
- Skits and upbeat speakers

**Resolutions:**

- To purchase a reusable easel and allow Sheryl to use her discretion for signage.
- Sheryl (Com. Chair) will send a list of expenses to the FL. Region Treasurer (Lynne)

**Regional motions and literature development:**

**General Discussions:**

- Submission of a glossary of terms to the Literature Committee
- Revising Nar-Anon bylaws at the regional level

**Resolutions:**

- To contact Darryl and have him prepare a proposal for discussion of the FL Regional website at FRICNA in order to present a motion in October.
- To work on "terms" for the glossary project and contact Angie for her list of terms.
- To ask Margee to send to the Secretary (John) the unfinished convention guidelines.
- To inform GSR's of a pending motion to change the number of face to face meetings from 4 to 2 meetings per year.
- To notify GSR's that June 20<sup>th</sup> will be the cut off for new motions.
- The Secretary (John) will obtain a copy of the Nar-Anon bylaws.

**Regional Business:****General Discussions:**

- The need to send the Alternate Delegate (Rand) to the Nar-Anon conference
- The use and distribution of Hospital and Institutions literature
- An agenda item (at FRICNA) for presentation of the Regions expenditures
- New meetings; growth, support and the effects on older meetings
- Announcing donors and their donations
- South Florida; the effort(s) of the Erin, Karen, and the Region, the possibility of diversification and a 4 day tour to establish contact(s).

**Treasurers Report:** The Treasurer (Lynne) reports that the Region has over \$2,700.00 (FRICNA Registration not included) which is about \$900.00 short of our yearly budgeted amount, year ending in October. Lynne is also confident that enough money will be raised in order to send both the FL Regional Delegate and Alternative Delegate to the Nar-Anon conference next year. Lynne announced that the Regional account is a single signature account, not a dual signature account, because a dual signature account is more expensive. Lynne noted that all donations to WSO should be given to her so that she can keep track of all of the FL Regions donations and that all group monies designated for WSO will be forwarded to WSO directly. Lastly, Lynne would like to thank all the groups who have donated to the Region.

**Adjournment:**

The meeting broke up at 11:30 am.

Submitted by: John M. June 15, 2009

P.S. Don't miss the Tampa Bay N.A. convention, August 21-23. There will be a Nar-Anon meetings there. Contact Sheryl via E-mail [sdh21@tampabay.rr.com](mailto:sdh21@tampabay.rr.com).



Minutes of the  
Florida Region Business Meeting  
July 26, 2009  
7:30pm  
Teleconference

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Attendance: 13 voting members

Attendance: 18

Ed L – Chair – Largo

Kathy B – V Chair – Lakeland

Lynne K – Treasurer – Palm Harbor

Susan I – Delegate – Cape Coral

Karri v – H&I – Largo

Ivette – Brooksville

Erin – Fort Lauderdale

Darryl – Fort Walton Beach

Sheryl – Lakeland (convention chair)

Angie – Lantana

Jeani – Largo (newsletter chair)

Jim – Longwood

Ann – New Port Richey – Wed nite

Sandra – Ocala

Dede – Palm Harbor – Mon PM

Gary – Palm Harbor – Monday AM

Roy – Tampa – Mon nite

Stephanie – Winter Haven – Thurs nite

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Ed opened the meeting with the Serenity prayer at 7:33pm on July 26<sup>th</sup>

The chair welcomed all and thanked them for their participation at FRCNA. The chair announced the following new meetings:

Jacksonville – Tues 6:30pm 3920 Spring Park Rd

Largo - To be announced – Tuesdays

Spacecoast – to be announced – starting in September

**Minutes:**

Ed asked for a motion to accept the minutes from July 4<sup>th</sup> face to face at FRCNA. No motion was made and a discussion took place. A few corrections are needed prior to a motion to accept. They are as follows:

1. All motions that you would like to submit to be considered for the WSC need to be sent to the Secretary – John at [flsecjohnm@yahoo.com](mailto:flsecjohnm@yahoo.com) so that they may be sent to all the groups for discussion and voting on at the September 12<sup>th</sup> Face to Face in Sebring.
2. The treasurer report is incorrect. The words “which does not include \$480.00 in recent contributions” needs to be removed.
3. Sheryl advised she is not happy with advising that Margee resigned and feels that before we make her resignation a permanent part of the minutes, a board member should contact her.

It was decided that the minutes would be tabled for the corrections to be done and voted on at the next meeting.

Announcements: Kathy advised that the Florida Posse will be traveling to Maitland on Aug 4<sup>th</sup> and again on Aug 25<sup>th</sup> at a location to be announced. Kathy advised will email the dates, times and locations and invited all to join and come along.

**Treasurer Report:**

Balance at FRCNA: \$2810.08

FRCNA Net \$851.45

Reimbursed back to Florida Region for supplies for FRCNA \$185.55

Paid for two new group packets to the Depot \$70.00

Paid for the pavilion for Sept 12<sup>th</sup> \$32.10

Donations:

Lakeland - \$50.00

Tampa North \$254.00

St Lucie \$75.00

Tampa South \$100.00

Palm Harbor \$122.00

Ocala \$15.00

Balance today \$4362.98

Delegate expenses to WSC – approximately \$3,000 needed

To date we have met our budgeted expenses and have \$694.98 left over.

**Convention Report:**

Sheryl thanked all who attended and participated at FRCNA. Attendance was 51. Next convention is FACNA at Brandon, August 22, 2009 from 9:00-7:30pm. Meetings all day and will be held at the Crowne Plaza – flyer on the WSO site.

Sheryl also reported was able to secure the pavilion for the face to face in September and directions, cost and time will all be sent out by email. Jeani asked if we could get the air-conditioned pavilion and Sheryl advised the air-conditioned pavilions were booked until end of October.

**Website Report** – Darryl had nothing new to report at this time. We confirmed the members of the Website committee as now being: Kathy, Karri, Ann and Darryl. It was discussed the committee will set a time to meet. All emails to Darryl with questions, suggestions concerning the website should be sent to [richdl@cox.net](mailto:richdl@cox.net).

**Newsletter:** Jeani reported the next newsletter will be out by end of September and is taking contributions until September 10<sup>th</sup>. Please email your contribution to [fl\\_jeani@yahoo.com](mailto:fl_jeani@yahoo.com).

**New Business:**

Angie wanted to know what conventions we were going to support. Susan advised working on a room for SRFRCNA which will be in Miami Labor Day weekend. Angie would like us to support the Palm Coast Convention Thanksgiving weekend. She is holding 3 rooms under her credit card. Lynne advised Angie that if her group intends to put on a convention, there is seed money available but it will need to be returned to the Florida Region when convention is over.

Ed spoke about Florida breaking into Areas. Susan helped to clarify the Area concept. Susan felt that the groups would eventually set their own areas simply from convenience of sending one representative to the Regional meetings. Ed asked that if any groups are interested in forming an area to contact him. Angie stated that she is hoping her groups will decide to form an area.

Susan called for motions. Anything you would like to see added, changed or amended. Place in the form of a motion and send to the Secretary. They will be sent out and discussed at the face to face in Sebring. Last year Florida had 4 of the 6 motions we submitted passed at WSC.

A motion to adjourn by Susan, second by Sheryl, motion passed – meeting closed at 8:33pm

Minutes of the  
Florida Region Business Meeting

September 12, 2009

10:00am

Highlands Hammock

At Sebring, FL

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Attendance: 14 Voting Members

Attendance: 21

Ed L – Chair – Largo

Kathy B. –Vice Chair-Lakeland

John M – Secretary - Largo

Lynne K – Treasure - Palm Harbor

Susan I – Delegate - Cape Coral

Rand-Alt. Delegate-Ft Walton Beach

Karri V- Hosp. and Inst. – Largo

Doug-GSR-Dunedin

Heather-GSR-Ft. Lauderdale

Sheryl H – GSR - Lakeland

Jeani – GSR, Newsletter – Largo

Bonnie-GSR – Winter Haven

Mary-GSR-Lantana.

Jacquelyn-GSR-Jacksonville

Stefanie-GSR-Winter Haven

Donald-GSR-Plant City

Daryl-GSR-Ft. Walton Beach (see below)

Margee-GSR-Melbourne

Sandra-GSR-Ocala

Gary-Alt. GSR- Palm Harbor

Pat B.-GSR-Port ST. Lucie

Variance: Rand was accepted by the membership to represent Ft. Walton, substituting for Daryl.

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Two new meetings were recognized, One in St Petersburg on Friday nights, starting on Sept. 18<sup>th</sup>, the other in Indian Harbor Mondays at 11:00am starting on Sept.14<sup>th</sup>. Both will appear on the new meeting list. E-mail me (Secretary) or Ed for further details.

Ed opened the meeting, Saturday Sept. 12, 2009 at 10:36 with a moment of silence and the serenity prayer.

Chairman's remarks: Ed commented on the growth and organization of the Florida Region. He further stated that the Region is healthy. He also noted that last years goal was "unity" and that this year's goal would be "growth". Lastly, Ed thanked the budget committee for their work.

Jeani made a motion to accept the July 4<sup>th</sup> minutes. (Orlando). The motion was seconded by Heather and passed unanimously.

Sheryl made a motion to accept the July 26<sup>th</sup> minutes (Teleconference). The motion was seconded by Doug and passed unanimously.

Kathy B. reported that representatives of the Florida Region (the Posse) attended a meeting in Maitland.

Ed reported that he has sent out a list of anniversaries to all GSR's. Of note were the Largo anniversary (10 years) and Ocala (2 years). Ed requested that any anniversaries that were not included in his list be sent to him directly so that he can recognize those meetings.

Convention announcement: HACNA will be held at River Ranch, October 16<sup>th</sup> through the 18<sup>th</sup>. Registration is from 6pm Friday and the first meeting will be at 8pm. There will be meetings from 9am to 5:30pm Saturday and 9am to noon Sunday. **Registration is mandatory.** Registration before October 1<sup>st</sup> is \$10.00 and after Oct 1 will be \$15.00.

**Treasurers report:**

Lynne went over the budget line by line, explaining projected increased revenues and expected debts. The actual detailed budget is available both from Lynne (Treasurer) or me (Secretary).

Summary:

Bal. prior to FRCNA	\$2,810.08
Revenue from FRCNA	\$1,040.00
Revenue from donations	\$ 835.00
Revenue from FACNA	<u>\$ 436.50</u>
Subtotal	\$5,121.58
Cost of Sebring Shelter	-\$ 32.10
Cost of 2 new meeting paks	-\$ <u>70.00</u>
Net	\$5019.48

The budget was discussed in detail by many GSR's. Main points were:

1. Does the Florida Region recognize the quarterly appeal from WSO?
2. What happens to "ear marked" funds for WSO?
3. Are the funds from the Florida Region to WSO recorded?
4. Convention seed money and what kind of controls are in place?

All questions were answered and were accepted by the membership.

Note: All surplus funds from 2009 will be sent to WSO per motion 9.

A motion was made by Sheryl to accept the budget. The motion was seconded by Margee and passed unanimously. Afterwards, there was a loud ovation in appreciation for the work of Lynne, and the budget committee.

## **Presentations**

### **PI report**

Note: Valerie has resigned as the committee chair. However, Valerie will update the state meeting list. In her place, Kerri will assume the duties and responsibilities of the PI committee.

### **H+I report**

Kerri reports the following:

- She has been sent a list of "do and don'ts" for the attraction of new members.
- She will pattern her approach after N/A
- Noted; that she is both the group and state H+I leader.

The following were suggested by the group as to sources; jails, mental health facilities, and health fairs.

### **News letter report**

Jeani hopes to have a news letter out after Sept. 20<sup>th</sup> 2009 with the following: a letter from the Chairperson, group anniversary dates, fun graphics, and a report on the world convention in Barcelona. Jeani is still asking for articles for the newsletter. Articles can be sent via E-mail to [Fl\\_jeani@yahoo.com](mailto:Fl_jeani@yahoo.com).

### **Convention committee report**

Sheryl and Margee report the following; FACNA had 40 registrants and we were invited by FACNA, FRCNA had 50 people for 1 meeting, SACNA may change there meeting from April to August and that the committee is working with them.

### **Website report:**

Daryl has resigned as committee chair the following names were suggested as replacements; Anne of New Port Richey, Margee from Melbourne, Melanie from Ocala, and Rand from Ft. Walton Beach.

The Florida Region (in case you forgot) is [Naranonfl.org](http://Naranonfl.org).

### **Delegate report:**

Motions for CAR are due by Oct. 5, 2009. Susan will give workshops with explanations. Susan stated that she has to vote as the majority of groups choose, regardless of her own opinion. Susan also mentioned that motions previously submitted cannot be submitted for 4 years.

### **Old Business:**

None

### **New Business:**

1. A motion was submitted by Sheryl and seconded by Margee to allot \$800.00 for PI and \$200.00 for H+I. The motion carried unanimously.
2. A motion was submitted by Bonnie and seconded by Heather, to reserve an air conditioned enclosed pavilion at Highlands Hammock for Feb. 20, 2009. The vote was unanimous in favor.
3. Doug made a motion and it was seconded by Sheryl to increase the prudent from \$400.00 to \$1,200.00. The motion passed unanimously.
4. A motion to empower the Web Site committee to maintain the web site with a \$100.00 budget Submitted by Rand, acting for Daryl, and seconded by Margee. Approval was unanimous.

5. A motion to table all decisions involving the State wide Brochures. Submitted by Sandra and seconded by Stefanie. The motion passed unanimously.
6. A motion to create a subcommittee was withdrawn.
7. A motion to combine H+I and PI was submitted by Bonnie and seconded by Heather. The motion was approved 13 yeas and 1 abstention.
8. A motion to address the use of alcohol in the home was withdrawn.
9. A motion to approve of sending to the WSC from the Florida Region all surplus funds was passed.

#### **WSO Motion #1**

Title: Change Tradition Four (4)

Motion: Reword the Fourth Tradition to read: Each group should be autonomous except in matters affecting other NarAnon Family Groups, or NarAnon as a whole.

Intent: This will keep the tradition focused on our fellowship and not another 12 Step fellowship.

**The motion was made by Jeani, seconded by Mary and passed unanimously.**

10. A motion to approve of sending to the WSC from the Florida Region motion #2:

#### **WSO Motion #2**

**Date Submitted:** 12, September 2009

**Made by:** Doug

**Title:** Clarify Dual Member Service

**Motion:** Modify page 19, second paragraph, under **Dual Membership in Nar-Anon/ Nar-Ateen and NA** in **THE NAR-ANON FAMILY GROUP (NFG) GUIDE TO LOCAL SERVICES**; to insert wording. (From) "In both fellowships simultaneously", to now read: Nar-Anon /Nar-Ateen members who are also members of NA do not hold office (including GSR and Alt. GSR) beyond the group level in both fellowships simultaneously in order to....

**Intent:** We believe this better adheres to Nar-Anon traditions in maintaining anonymity of NA members; this also opens service positions to members with significant recovery when there is no conflict of interest.

**The motion was made by Doug, seconded by Rand and passed with 1 abstention.**

#### **Adjournment:**

At 3:52pm Sheryl made a motion to adjourn. The motion was seconded by Donald and approved unanimously. The next GSR meeting will be a teleconference on Oct. 25, 2009 @7:30 EST the telephone number is **(218) 844- 0840** and the password is **368151**.

**Minutes of the  
Florida Region Teleconference**

**November 22, 2009**

**7:30 pm EDT.**

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**Attendance: 13**

**Non voting members: 4**

Kathy B- Vice Chair-Lakeland

Lynne-Treasurer-Palm Harbor

John-Secretary-Largo

Susan-Delegate

**Voting Members: 9**

Sheryl-GSR-Conv. Comm. - Lakeland

Margee-GSR-Conv. Comm. - Melbourne

Jeani-GSR-Newsletter- Clearwater

Sandra-GSR-Ocala

Angie-GSR-Lakepark

Roy-GSR-North Tampa

Joanne-GSR-South Tampa

Bonnie-GSR-Winterhaven

Stephanie-GSR-Winterhaven

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Kathy opened the meeting, Sunday November 22, 2009 at 7:38 pm Eastern Daylight Savings Time with the serenity prayer.

Kathy announced that we had GSRs and Board members from the new Mid-west region listening to our meeting. The names Tawny, Sharon and Sheila were mentioned.

Roll call was then taken. See the results above.

Kathy announced that New Port Richey had their first anniversary and that Ocala had their second anniversary. "The Posse" participated in both events. Angie announced that Lantana had their second anniversary and that it was well attended. Kathy invited any group to ask for help from the region for the anniversary event.

Jeani motioned to approve the minutes from September 12, 2009 at Sebring. Sheryl seconded the motion. Margee questioned the accuracy of the minutes, specifically answers given during the treasurer's report. Jeani withdrew her motion. The answers were discussed and an amended version was worked out. Roy then made a motion to accept the minutes as amended. Joann seconded the motion. The vote was taken. There were six yea votes and 3 abstentions. The motion passed and the secretary will distribute the amended minutes.



## Old Business:

### Treasurer's Report: Summary

Balance after HACNA	\$5,129.48
Prudent Reserve	\$1,282.30
Convention Reserve	\$ 400.00
Delegate expense (WSO)	\$3,000.00
Donation to WSO	\$ 447.18

#### **Credits**

HACNA (Net)	\$242.76
Group donations	\$70.00

#### **Debits**

Four New Group Packets	\$140.00
One Hospitals and Institutions Packet	\$25.00
Pre-payment Sebring Shelter	\$107.00
Helpline Charge	\$29.95

**Balance as of November 22, 2009**

**\$1,693.11**

Lynne was asked by Margee about convention funding. Lynne replied that with HACNA, FRCNA and FACNA the groups funded the initial costs and were reimbursed by the Florida Region. After concluding her report, Lynne left the conference.

**Newsletter Report:** Jeani apologized for not getting the newsletter out as scheduled. She plans to have a news letter in January. The deadline for submitting articles is December 15, 2009. Articles can be sent to fl\_jeani@yahoo.com.

### **Convention Committee Report:**

Sheryl cited the good cooperation with NA during the HACNA convention. She also pointed out that Stephanie did a great job as HACNA Chairperson. Stephanie said that she had spoken with the chairperson of HACNA (NA) and was told that at the next HACNA convention, the Florida Region of Nar-Anon would need a separate contract and insurance for a convention room. Sheryl stated that the Region was covered by WSO's insurance, but doubted that the Region could afford its own contract.

Sheryl mentioned her concern that raffles and auctions were bringing in very little money for the conventions. She asked for suggestions. No one had any comments at this time.

Angie announced that the Palm Coast would have a convention over the Thanksgiving weekend. Margee announced that SCACNA would be held on April 2<sup>nd</sup> through April 4<sup>th</sup> 2010 (Easter and Passover weekend).

### **Points of General Discussion:**

Jeani cited the lack of attendance by GSR's on the monthly conference calls and at conventions. Further mentioning that the Region has 40+ groups, but only 9 – 12 participated on a regular basis. Because of the small number of attendees, Susan raised the question of the need for a quorum on each call, but relented in pursuing the matter. Susan then requested a meeting list to follow up with the GSR's to see if we could increase participation.

### **New Business:**

The election of a website committee chairperson was discussed. Among the unanswered questions were: Could there be co-chairpersons and would the nominees agree to a joint chairpersonship? The motion to postpone the election was made by Jeani and seconded by Bonnie. The motion carried 8 yeas and 1 abstention. Kathy volunteered to gather more information. The secretary was directed to publish the letters of intent that were submitted by the nominees.

Kathy announced that the next teleconference would be held on December 27, 2009 at 7:30pm EST.

**Adjournment:** Sheryl motioned to adjourn. Roy seconded the motion and it carried unanimously by voice vote and the meeting closed at 8:15pm EST.

The next teleconference meeting will be held **December 27, 2009 at 7:30 pm EST**. The telephone number is **(218) 844-0840** and the password number is **368151**. Please join us.

Submitted by: John M. December 12, 2009.