

BAM Minutes
December 6, 2014
12:00 PM

Roll Call - Attendance - 9

VOTING:

Largo/Clearwater - Largo/Clw - voting
Lutz - Lutz - voting
New Port Richey - NPR - voting
Spring Hill - Spring Hill - voting
Tampa No. - N. Tpa - voting
Tarpon Springs - Tarpon Springs - voting

NON-VOTING:

Ed - Largo - Area Chair - non-voting
Sheryl - Florida Delegate - non-voting
Lynne - Alt. Florida Delegate - non-voting

ASR opened the meeting with the Serenity Prayer.
Twelve Steps and Traditions
Attendance taken - 6 voting and 3 non-voting - see above.

Approval of Minutes: No. Tampa made the motion to accept the Minutes as submitted for the 11/1/14 Bay Area meeting. Lutz 2nd. All in favor. Motion passed.

Area Chair Report: Lutz Anniversary Meeting is on January 6, 2015 from 7:00 - 8:30 pm. S. Tampa and Clw/Largo meetings both discussing the possibility of starting Beginners Meeting.

- **Treasurer's Report:** See attached 12/6/14/14 Treasurer's report.

BAY AREA OF FLORIDA NAR-ANON
TREASURER REPORT
December 6 2014

1 Nov	701.40	Balance
1 Nov	+\$39	Land O Lakes purchase SESH books
1 Nov	+\$20.50	Lutz purchase SESH and Blue Books
1 Nov packets	+\$30	Oldsmar purchase Blue books and Newcomer
1 Nov	+\$21	New Port Richey Narateen donation
1 Nov	+\$202.00	ECC sales of literature donation
1 Nov	+\$85	ED (Group?) donation
17 Nov	-\$20	United Comm Methodist Church
	\$1078.90	Current Balance

CURRENT AREA LITERATURE DEPOT INVENTORY
8 SESH
166 Blue Books

70 Newcomer Packets
19 Guidelines for Healthy Meetings
24 It is not about yesterday, but today
12 Questions on sponsorship
14 Group conscience and business meetings
10 Sponsoring a Narateen group
8 Thirty-one days in Nar Anon
20 No Nar anon group in your area
50 Let's talk about anonymity
22 Helping
50 How to deal with stress Nar anon way
37 Twelve tools to recovery
48 Passport to freedom
50 Appropriate sharing and crosstalk
22 Just for today (laminated cards)
5 Do's Don'ts (laminated cards)
45 The key to survival
3 Embroidered book covers (for SESH books)
4 Progress not perfection (Journal)
16 Nar anon Thirty-Six

• **Outreach Committee Report: NPR** - NPR stepped down as Bay Area Outreach Chair. WSO outreach page on website. PSA posted on WSO website. Outreach challenge to get PSA on radio. Literature committee link on website to submit writings for Traditions.

Area Motion to Region regarding timetable of donation to WSO - Passed. Sent on to Florida Region for vote in February F2F.

Discussions:

N. Tampa - Members from N. Tampa doing 3 out of 4 meetings per month at the Wednesday night DACCO meeting. She questioned why there were no meeting lists there. After some discussion, N. Tpa will advise the member to print meeting lists for DACCO meeting and forward receipt to Bay Area Treasurer for reimbursement.

Discussed the possibility of doing a healthy meeting workshop at the Oldsmar location. Also discussed giving out prizes, gift cards, discounts on WSO website. Decided on a potluck fellowship workshop to be called Bay Area Pot Luck and Workshop to be held March 28th from 11 am to 4:00 pm. Tony will check with church to make sure room available.

N. Tpa made a motion not to move April 4, 2015 BAM to March 28, 2015. 5 yeses and 1 no. Motion passes. There will be no BAM in April. Confirmed dates for BAM at next meeting on Jan. 3, 2015.

Announcements: Next Bay Area Meeting is January 3, 2015

Lutz made a motion to close the meeting and Spring Hill 2nd.

Meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 12/26/14

BAM Minutes
November 1, 2014
12:00 PM

Roll Call - Attendance - 13

VOTING:

Largo/Clearwater - Largo/Clw - voting
Lutz - Lutz - voting
New Port Richey - NPR - voting
Oldsmar - Oldsmar - voting
Spring Hill - Spring Hill - voting
St. Petersburg Mon. - St. Pete Wed - voting
Tampa So. - Tony - voting
Tarpon Springs - Tarpon Springs - voting

NON-VOTING:

Ed - Largo - Area Chair - non-voting
Alt. FL Delegate - Alt. Florida Delegate - non-voting
FL Narateen Co-Chair - FL Narateen Co-Chair - non-voting
Regional Treasurer - Regional Treasurer - non-voting
N. Tpa - Tampa North

ASR opened the meeting with the Serenity Prayer.
Twelve Steps and Traditions
Attendance taken - 8 voting and 5 non-voting - see above.

Approval of Minutes: Oldsmar made the motion to accept the Minutes as submitted for the 10/4/14 Bay Area meeting. NPR 2nd. All in favor. Motion passed.

Area Chair Report: Webmaster willingness letter sent out. Possibly be voted in during February F2F (update: RSC Chair, George, will schedule a conference call prior to February F2F for voting in Webmaster). ECC5 to make literature donation to Bay Area.

• **Treasurer's Report:** See attached 11/1/14 Treasurer's report. Current literature inventory: 170 newcomer packets and 65 blue booklets.

BAY AREA OF FLORIDA NAR-ANON
TREASURER REPORT
November 1 2014

3 Oct	\$588.85	Balance
6 Oct	+\$60	Tarpon Springs purchase SESH books
13 Oct	-\$107.45	Outreach (food/lit/admin)
15 Oct	+\$50	Springhill donation
19 Oct	+\$130	South Tampa (\$30 purchase lit/\$100 donation)
27 Oct	-\$20.00	United Comm Methodist Church
	701.40	Current Balance

• **Outreach Committee Report:** NPR - Discussed NOPE Vigils and what is and what is not partnering with outside entities.

- **Motion #5: To continuously replenish inventory of SESH, blue books and newcomer's packets in the literature depot, which are to be purchased with the funds from the sales of literature from Bay Area Depot. - PASSED**

- **Motion #6: The Bay Area will donate three times per year to the Florida Region. - PASSED**

Discussions:

Bay Area Motion to Florida Region regarding timetable for donations to WSO.

DACCO Wednesday night: Calendar will be passed between Lutz, Tampa North and Tampa South to set up schedule for members to run meeting.

Clearwater/Largo meeting has decided to step back from starting a Narateen meeting at this time. They are discussing the possibility of starting a Beginners Meeting.

Announcements: Next Bay Area Meeting is December 6, 2014

Largo/Clw made a motion to close the meeting and Lutz 2nd.

Meeting adjourned with Serenity Prayer at 1:28 P.M.

Minutes submitted by: Bay Area Sec. 11/20/14

BAM Minutes
October 4, 2014
12:00 PM

Roll Call - Attendance - 14

VOTING:

GSR Crystal Beach - voting
GSR Largo/Clearwater - voting
GSR Oldsmar - voting
GSR St. Petersburg Wednesday - voting
GSR S. Tampa - Area Treasurer - voting
GSR NPR - Area Outreach Co-Chair - voting
GSR St. Petersburg Monday - voting
GSR Tarpon Springs - voting

NON-VOTING:

ASR - Largo - Area Chair - non-voting
Florida Delegate - non-voting
FL Narateen Co-Chair - non-voting
St. Petersburg Monday
Largo - non-voting
Tampa North

ASR opened the meeting with the Serenity Prayer.
Attendance taken - 8 voting and 6 non-voting - see above.
Twelve Steps and Traditions

Approval of Minutes: St. Pete Mon made the motion to accept the Minutes as submitted for the 8/2/14 Bay Area meeting. Oldsmar 2nd. All in favor. Motion passed.

Area Chair Report: At F2F Region GSRs voted in the RSC for another term and Committee Chairs. As of the time of BAM, we still needed a Webmaster and a literature committee needs volunteers. Budget passed - \$1,200 to WSO. 2 motions passed - Florida Region and meeting list changed to Region meeting list. Region will accept out of state meetings on a case-to-case basis. Ft. Cooper in Inverness on February 21, 2015 will be next F2F.

• **Treasurer's Report:** See attached 10/3/14 Treasurer's report. More literature will be purchased after 10/3/14 BAM. Prudent Reserve is 3 months rent or \$60.

BAY AREA OF FLORIDA NAR-ANON
TREASURER REPORT
October 3 2014

2 Aug	\$928.00	Balance
5 Aug	+\$200	Spring Hill Nar Anon
5 Aug	-\$20	Unit Comm Meth Church
31 Aug	-\$182	purchase SESH (14 @\$13)
5 Sept	+\$25	Oldsmar Group
16 Sept	-\$470.15	purchased 200 Newcomer (200x\$1.50) 100 Blue booklet (100x1.50)
19 Sept	+\$82	sold 4 SESH, 10 NC and 10 BB to new group in St Pete

- **Donation to Region and Amount:**
- **Area Motion:** Vote from groups to be brought back at November BAM.

Bay Area Motion

Date Submitted: <u>10/4/14</u> Made by: <u>Donna C.-Tarpon/Bay Area</u> Title: <u>Bay Area Donations</u>	<p style="font-size: small; margin: 0;">NOT TO BE FILLED IN UNTIL FLRSC MEETING</p> Motion #: <u>5</u> Pass / Fail Date Presented: _____ Seconded by: <u>Judy - NPR</u> For/Against/Abstain: <u> </u> / <u> </u> / <u> </u>
Motion: <u>100 % of Bay Area donations will go directly to the Region after each Regional F2F or three times per year.</u> _____ _____ _____ _____ _____	
Intent: <u>To set a timetable for donations to the Region from the Area.</u> _____ _____ _____ _____ _____	
FLRSC Revision 6 Sept 2007	

Area will make a similar motion to Region for donation to WSO if one not already submitted at our next BAM.

- **DACCO - Monthly attendance sheet for Bay Area meeting** - Tabled for Old Business during next month's agenda.

Narateen: FL Narateen co-chair - FL Narateen co-chair is willing to go to any group in the Bay Area to speak about Narateen. FL Narateen co-chair wants to stress how to run a Narateen meeting. She advises that if you are thinking of starting a meeting or becoming a facilitator to contact the Narateen committee. Joni is the Narateen Chair for the Region and FL Narateen co-chair is on the committee. The committee can talk you through the process. All facilitators must have a background check, which is outside the Narateen Committee. This is completely private. The process is important and there should be two facilitators at every meeting. More likely than not there have

been Narateen meetings with only one facilitator, but that is not ideal and strongly recommend not doing that. Again, FL Narateen co-chair is willing to go to other meetings to present after meeting about Narateen and how she started doing this. Any night except Wednesday night. Also, ask yourself, "is there a need?" In Lutz, she spoke at an NA meeting about Narateen and they were very excited. You need to be patient because the kids will eventually come.

Oldsmar asked if most of the Narateen meetings the same time as the NA, Nar-Anon meetings? FL Narateen co-chair said yes, that seems to work better.

Largo/Clw from Clearwater/Largo asked about liability for the facilitators without any background other than our personal experience? She is worried about the responsibility and liability. FL Delegate spoke about the Narateen Safety Guidelines and how good they are at explaining what's expected and the responsibilities. Anyone interested should read the safety guidelines. FL Narateen co-chair said the Narateen committee will go over all that information and they will also go over behavioral guidelines.

FL Narateen co-chair said the facilitator is not a mandated reported as far as abuse, but she also said that she would hope that a facilitator would report abuse if they were aware of it. Most Narateen meetings revolve around what happened at school that day. If another student throws a chair across the room, they spend the rest of the meeting discussing how they can deal with that situation.

Someone asked about sitting in on a meeting. FL Narateen co-chair said they did that for a while at the Lutz Narateen meeting and she wasn't sure if that person would get a clear picture of an actual Narateen meeting. She did say if anyone were interested she would ask the kids if it was ok with them.

New Business:

Announcements: Next Bay Area Meeting is November 1, 2014

Oldsmar made a motion to close the meeting and St. Pete Mon 2nd.

Meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 10/27/14

BAM Minutes
August 2, 2014
12:00 PM

Roll Call - Attendance - 12

VOTING:

GSR S. Tampa - Area Treasurer - voting
GSR NPR - Area Outreach Co-Chair - voting
Representing Tarpon Springs - voting
GSR St. Petersburg Monday - voting
Representing Oldsmar - voting
Representing Lutz - non-voting

NON-VOTING:

ASR - Largo - Area Chair - non-voting
FL Delegate - Florida Delegate - non-voting
FL Narateen Co-Chair - FL Narateen Co-Chair - non-voting
Largo - Largo - non-voting
Tarpon Springs - Tarpon Springs - non-voting
Lutz - Narateen - Tuesday night Lutz

ASR opened the meeting with the Serenity Prayer.
Attendance taken - 6 voting and 6 non-voting - see above.
Twelve Steps and Traditions

Approval of Minutes: NPR made the motion to accept the Minutes as submitted for the 6/7/14 Bay Area meeting. Lutz 2nd. All in favor. Motion passed.

Area Chair Report: Length of time for BAM will be kept to 1-½ hours.

S. Tampa has been asking newcomers how they found S. Tampa meeting. S. Tampa has a newcomer's questionnaire. Questions include, did you receive a follow up phone call? Did you receive a newcomer packet? Etc.

Meetings are reporting lots of newcomers. ASR said signs are working well for the Clearwater/Largo meeting. Discussion regarding signs and anonymity. Some groups did vote against putting out signs because of anonymity issues. Others voted for the signs because groups felt it lets people know where help is located. Each group autonomous and it should be voted on by group conscience.

- **Treasurer's Report:** See attached 8/2/14 Treasurer's report.

WSO Appeal letter was read by FL Delegate
7/28/14 Balance:

Contributions to date: \$928.00
Only Expense: \$20 meeting location donation
Outreach: Approximately \$465 a year toward outreach
Literature: \$800/850 for case of SESH, 200 - little blue books and 100 - newcomer packets. After initial investment, literature pays for itself.
Travel was recommended category for ASR to F2F. Oldsmar said Region already pays for ASR to attend F2F from Region, so not needed in budget.
Convention: Maybe at a later date
Copies and Postage: 1% of budget
Prudent Reserve: Motion will be voted on later during meeting. As it stands right now, prudent reserve would be \$60
Donations to Region and WSO: Fiscal Year: Aug. 31st to Sept. 1st. Remaining balance over and above prudent reserve and budgeted items should go to WSO and Region. Percentages/Amounts to be determined. Donations are down to WSO and Region.

S. Tampa's address to send donations:

Space Coast reached out for information regarding setting up their area account.

• **Outreach Committee Report:** Outreach meeting on Aug. 15th Response is low. NPR has had requests for outreach folders. She will keep trying to reach out to meetings to try to get the meetings to have one of their members be the outreach chair for their particular meeting. Region Outreach Chair has offered to come to Bay Area to help set up Bay Area outreach structure not to share outreach information. Elaine was expecting 15+ people to attend Area outreach meeting before she will agree to make the 3-hour drive over. Goal is to get out outreach packets, which can be provided by NPR.

• Area Motions:

- Motion 3. One time purchase of case of SESH, 200 Little Blue Books and 100 newcomer packets:
S. Tampa - S. Tpa, yes
St. Pete Mon - St. Pete, No
Lutz - Lutz, abstain
Tarpon Springs - Tarpon, yes
NPR - NPR, yes
Oldsmar - Oldsmar, yes

4 yeses, one no, one abstention - Motion passes.

- Motion 4. Follow Prudent Reserve guidelines set at the 2014 WS Conference for Area Prudent Reserve:
S. Tampa - S. Tpa, yes
St. Pete Mon - St. Pete, yes
Lutz - Lutz, abstain
Tarpon Springs - Tarpon Springs, yes
NPR - NPR, yes
Oldsmar - Oldsmar, yes

5 yes, one abstention - Motion passes.

S. Tampa asked if he should send out an email to each GSR regarding motion on literature order. Bsy Area Secretary will send email letting GSRs know that Area will now have SESH books, little blue books and newcomer packets.

New Business:

Discuss contributions to WSO and Region - How often? Suggestion was made to make donations after each F2F. Region Treasurer suggested that if the Area wants to help Region, donation should be made after each F2F, so a donation be made either before or after each F2F. It was also suggested that a monthly donation could be made. Concerns doing it monthly - What if we don't have a meeting one particular month. Funds should be available for outreach. Quarterly is more manageable.

Tarpon Springs makes a motion to have next BAM on October 4, 2014, St. Pete Mon 2nd. All in favor. Motion passed.

Announcements:

DACCO - Brandon meeting is doing Mondays. S. Tampa passed around sheet and had 3 people sign up to help with Wednesday meeting.

PAR - Clearwater and St. Pete meetings taking turns to cover that meeting and it's going well.

A suggestion was made to send around spreadsheet for people to sign up for DACCO meetings and keep the spreadsheet circulating. Other suggestion was made to have each group sign up for a month at a time.

Brandon celebrating anniversary on Thursday, August 21st starting at 6:30 pm.

Register for ECC 5 so there will be enough registration bags and for the Friday night fellowship.

Meeting adjourned with Serenity Prayer at 1:20 P.M.

Minutes submitted by: Bay Area Sec. 9/29/14

BAY AREA OF FLORIDA NAR-ANON
 TREASURER REPORT
 August 2 2014

15 May 2014	\$728.00	Balance
15 June 2014	+\$50	Spring Hill Nar Anon
23 July 2014	+\$150	Largo Nar Anon
	\$928.00	Current balance

BUDGET CATEGORIES FOR DISCUSSED:

Contributions from Groups	\$728 (2014 ytd)
Church room rent*	\$20 per monthly meeting
Outreach & Literature	50% of budget per region recommended
Literature (Depot)	consider: case of SESH \$270 200 new comer@\$1.50=\$300 100 little blue book@\$1.50 =\$150 plus shipping
Copies/Postage	\$ (1% region guidelines)
Prudent reserve	\$ (3 months operating expenses) ??
Contributions to Florida region	\$ TBD

BAM Minutes
June 7, 2014
12:00 PM

Roll Call - Attendance - 12

VOTING:

GSR S. Tampa - Area Treasurer - voting
Oldsmar - voting
GSR NPR - Area Outreach Co-Chair - voting
GSR Tarpon Springs - Area Secretary - voting
GSR Largo/Clw. - voting
GSR St. Petersburg Monday - voting
Representing Lutz - voting

NON-VOTING:

Ed - Largo - Area Chair - non-voting
Florida Delegate - non-voting
FL Narateen co-chair - non-voting
FL Narateen Co-Chair - non-voting
Member - non-voting

ASR opened the meeting with the Serenity Prayer.
Traditions and Concepts read
Attendance taken - 7 voting and 5 non-voting - see above.

Approval of Minutes: Lutz made the motion to accept the Minutes as submitted for the 4/4/14 Bay Area meeting. NPR 2nd. All in favor. Motion passed.

- **Treasurer's Report:** See attached 7/7/14 Treasurer's report.

Report revised in regard to the 14 April 2014. Months changed to say Mar./May and not Apr/May. Amount is correct.

No request from Area outreach yet. Only fixed cost is donation to the church.

Determined area cannot support ECC5 as not part of Region or Area.

Member suggested items of most importance are budget and prudent reserve.

- **Outreach Committee Report:** NPR has started contacting treatment facilities. Has started printing out letters and literature for passing out or distributing to area meetings. Will start bringing receipts for reimbursement from Area for copies. NPR agreed to send email to Area GSRs that she has Outreach packets and those packets can be picked up at Area meeting.

Project for Sept. - NOPES, ECC5 etc. for National Recovery Month and Oct Red Ribbon week through the schools.

Oldsmar suggested NPR send out an email to the Area Reps asking for an outreach representative from each group.

- **Budget and Prudent Reserve:** Mirroring Region for both Area Budget and Prudent Reserve. Member gave a report on the percentages for each budgeted item for the Region.

- 51% - outreach
- 6% - F2F - our rent
- 9% - travel to F2F - ASR to F2F
- 9% - new group lit.
- 9% - Narateen
- 6% - Website
- 5% - Conv. Comm.
- 1% - Annual report

1% - Bus. Stuff

Does not add up to 100%, but just a guideline. Certain items will not be part of our cost, but other items will be added as part of area. Over 50% of budget is outreach. Only thing not included is the literature depot. No background checks for Narateen as that is paid for at the Regional level. Most agreed that the majority of the budget should go to outreach just like the Region does.

Possible categories for area budget: Outreach, rent, ASR to F2F, literature depot, convention committee, business stuff, contribution to FL Region. St. Pete Mon. from St. Pete - Mon. night suggested that BAM should or could possibly include New Meeting Assistance for start up costs for new meetings. The cost for Bay Area meeting lists will be covered under outreach/literature.

Literature Depot Motion - See Motion attached below.

- Florida Region Motion for Prudent Reserve definition passed at conference and Area will go by the expanded definition of Prudent Reserve that will be in the next updated GLS.

Prudent Reserve Motion as submitted from Florida Region- A prudent reserve is an agreed upon dollar amount to be held in reserve for operating expenses in the group, area and region. Operating expenses will vary from the group, to area, to region depending on the group conscience. Operating expenses are just those costs that will allow operations to continue; not budget items.

A prudent reserve should equal at least 3 months of your group, area or region's operational expenses, which may include the following:

- §▪ Rent for meetings
- §▪ Regional Annual Assembly meeting room costs
- §▪ Literature for meetings
- §▪ Travel expense for GSR, ASR, RSC to Annual Assembly and other required meetings §▪ Committed outreach projects at group level.
- §▪ Photocopying, Postage
- §▪ Checking account expense
- §▪ Region Website expense
- §▪ Region Information phone line expense
- §▪ State Non-Profit yearly filing expense
- §▪ Delegate and Alternate Delegate expense

Each group, area and region should decide upon their prudent reserve items and confirm the prudent reserve amount to be set for a fiscal year with a group conscience and majority vote.

All monies, accumulated in excess of the prudent reserve may be sent to the next service level based on a group conscience.

Prudent Reserve Motion - See Motion attached below.

New Business:

- ASR Region Report
- New meeting assistance budget item.

Announcements: No meeting in July due to FRCNA. All motions voted on at Region F2F passed. WSO will not refund recently purchased little blue books.

Next BAM is August 2, 2014 at noon.

ASR asked if there was a motion to close. Largo/Clw makes motion to close Tarpon Springs 2nd. All in favor, no opposed.

Meeting adjourned with Serenity Prayer at 1:35 P.M.

Minutes submitted by: Bay Area Sec. 7/2/14

BAY AREA OF FLORIDA NAR-ANON
TREASURER REPORT
June 7, 2014

1 April 2014	\$542.00	Balance
5 April 2014	+\$15	Oldsmar Nar Anon
5 April 2014	+\$61	Lutz Nar Anon
14 April 2014	-\$40	Church room "rent" March and May
21 April 2014	+\$50	Spring Hill Nar Anon
15 May 2014	+\$100	Tampa North Nar Anon
	\$728.00	Current balance

BUDGET CATEGORIES FOR TRACKING:

Contributions from Groups
Church room rent*
Outreach
Literature
Literature (Depot)
Copies/Postage
Contributions to Florida region

Bay Area Motion

Date Submitted: 6/7/14
Made by: Bay Area - Donna C. Tarpon Springs

Title: Guidelines for Prudent Reserve

NOT TO BE FILLED IN UNTIL FLRSC MEETING

Motion #:	_____	Pass / Fail
Date Presented:	_____	
Seconded by:	<u>Lynne - Oldsmar</u>	
For/Against/Abstain:	____ / ____ / ____	

Motion: The Bay Area will follow the guidelines for prudent reserve established at the 2014 World Service Conference.

Intent: To establish Bay Area guidelines for prudent reserve.

FLRSC Revision 6 Sept 2007

Bay Area Motion

NOT TO BE FILLED IN UNTIL FLRSC MEETING

Date Submitted: 6/7/14
Made by: Bay Area - Tony G. - S. Tampa
Title: 1-time literature purchase

Motion #:	_____	Pass / Fail
Date Presented:	_____	
Seconded by:	<u>Judy - NPR</u>	
For/Against/Abstain:	____ / ____ / ____	

Motion: The Bay Area will make a 1 time purchase of a case of SESH, 100 newcomer packets and 200 little blue books to establish a literature depot for the area.

Intent: To fund the start up of a literature depot.

FLRSC Revision 6 Sept 2007

BAM Minutes
April 5, 2014
12:00 PM

Roll Call - Attendance - 12

VOTING:

GSR S. Tampa - Area Treasurer - voting
GSR Oldsmar - Convention Co-Chair - voting
GSR N. Tampa - FL Narateen Co-Chair - voting
NPR - Area Outreach Co-Chair - voting
GSR Tarpon Springs - Area Secretary - voting
GSR Spring Hill - voting
GSR Crystal Beach - voting
Largo/Clw. - voting

NON-VOTING:

ASR non-voting
Florida Delegate - non-voting
Alt. FL Delegate - non-voting
Alt GSR Crystal Beach - non-voting

ASR opened the meeting with the Serenity Prayer.
Traditions and Concepts read
Attendance taken - 8 voting and 4 non-voting - see above.

FL Delegate advised the Area that Brandon has voted to not be part of the Bay Area

Approval of Minutes: Largo/Clw made the motion to accept the Minutes as submitted for the 3/1/14 Bay Area meeting. Oldsmar 2nd. All in favor. Motion passed.

• **Treasurer's Report:** S. Tampa - See Revised Treasurer's Report Attached - Formally established a bank account at Synovus Bank. Ed, Tarpon Springs and S. Tampa signed cards so there are always two signers on every check. Largo/Clw asked if we needed to pay another fee for this year or file an Annual Report. Discussion ensued and Tarpon Springs said she would check in to that, however, she was told that we just needed to file a fictitious name under the umbrella of WSO.

Tarpon Springs has since followed up and found out that we did not need to do a separate filing for the Area. As long as we file the fictitious name under the umbrella of WSO using their tax ID number, we did not have to file separate documents for non-profit corporation for Area. Bay Area of FL does not come up in a Sunbiz search and neither does any officer's names related to the Bay Area. The Bay Area is only found under a fictitious name search and not under a corporate search.

Largo/Clw reminded the Area that every year the area will need to provide a balance sheet to WSO and it goes to Budget and Finance Committee. Their email address is on the WSO website. Annually from the date of account opening.

Proposed Budget - See attached revised report. Anticipated future income and expenses. Income would be contributions from groups. Expenses would be - Church room rent is a fixed cost at \$20 per meeting. Outreach Literature was added to the proposed budget. Under literature Depot, New Group Packets will most likely be an expense, copies and postage, and contribution to Florida Region. Checks to Area should be made out to Bay Area of FL. Any added category would only be added by motion and group vote. S. Tampa asked for help with a proposed budget. He can only trend the expenses. Alt FL Delegate suggested that the ASC get together and anticipate what our expenses will be as the RSC did in the beginning. ASR said first and foremost, new meeting packets will be necessary.

ASR mentioned the Area has been given a debit card that would most likely only be used for literature or supplies. Alt FL Delegate asked if we were going to be charged fees. S. Tampa said the bank assured us that because we are non-profit, there would be no monthly fees.

- **Outreach Committee Report:** NPR went on the WSO website and checked out their outreach projects. NPR copied all the letters off the website to send out to groups in the area to suggest contacting the different institutions with the different service literature that is offered. NPR suggested that she might be moving out of the area. NPR said she needed help with outreach. Alt FL Delegate suggested an outreach chair from each group. The suggested outreach project for the Area is for each group to print out three outreach packets and bring them back to the groups and ask the members who would be willing to distribute to one institution of their choosing. Tarpon Springs asked the cost of each outreach packet. Alt FL Delegate said everything is downloadable so it's just the cost of printing. Information about Nar-Anon generic letter, Hope pamphlet and meeting list are all that need to go into outreach packet to be sent out to institutions.

Tarpon Springs suggested putting together 3, 4 or 5 outreach packets for each group to pass out or drop off at surrounding treatment centers, doctor's offices etc. FL Delegate said that's a great idea and in Lakeland they include an outreach form for them to fill out and send back to the outreach committee. Largo/Clw said this would not be overwhelming. Tarpon Springs suggested giving NPR the information in regard to how much each outreach packet would cost so the Area will have some idea approximately how much would need to be spent each much if we gave each group 3-5 outreach packets to bring back to their respective groups.

ASR asked if we need a motion to determine this for an outreach budget. FL Delegate thought yes. It was suggested that we push that motion down on the Agenda under Proposed Budget.

- **Group Concerns & Issues:**

NPR- Keeping members coming back. Group very supportive of each other but not the group as a whole. NPR has been asking for help with drug court for months and months and she gets no response. Group not receptive to becoming involved. Members don't seem to want sponsors and just don't want to get involved. Area GSRs in attendance made suggestions.

Largo/Clw. - Meeting has seen an influx of newcomers in the past month. Group averages 15-20 people. New location is working out great. The signs work really well. 2 signs that say "Nar-Anon Meets Here." New meeting opening in South St. Pete in Pasadena. Mondays at 7:00 p.m. New St. Pete meeting already has GSR and Secretary.

FL Delegate - Suggested that GSR doesn't have to do everything. We have to let others do jobs. There can be a chair, secretary, treasurer, etc. When people are involved they are more apt to stay for business meetings etc.

Crystal Beach - Crystal Beach is new GSR. Great group. Also has a problem with members stepping up. Thinking of doing some group conscience things. The group has voted on getting some signs made.

Oldsmar - Not many newcomers lately. One member is taking meeting lists over to library. In last couple of weeks they lost secretary and treasurer, but have had some step up for service.

South Tampa - Meeting doing well. Group also voted to make signs. The church campus is very large and they are hard to find.

North Tampa - N. Tampa resigned as GSR as of May 1, 2014. She will continue to come to area meetings, F2F and co-chair for Narateen. No one has stepped up to be GSR for North Tampa.

Tarpon Springs - Meeting remains small. Newcomers here and there. Did signs for a while and the one day when I put the signs out in the morning and got sick and couldn't make it to the meeting that night, the signs were left out and stolen. Not sure not if signs helped or not because of where we're located. Tarpon Springs said she nominated everybody except herself at her meeting and none of them said no.

Spring Hill - Spring Hill said group has grown. They have newcomers coming, some that don't come back. Group has a hard time staying on topic and GSR was told too controlling so she backed off. Spring Hill is stepping back. She will continue going to the meetings. That is how she's feeling today.

- **Old Business:**

- **Bylaws and Quorum** - Tarpon Springs said she had a conversation with someone, who isn't present today, said that they would come up with guidelines. Some people are uncomfortable with the word bylaws so our bylaws could be called guidelines. Our guidelines could essentially mirror the GLS. The one thing she thought was important was to decide on a quorum. FL Delegate asked if anything had been done to establish who are voting members are.

Largo/Clw made a motion to take registration to groups to formally establish voting members of the Bay Area. N. Tampa No. Tpa. 2nd the motion. See Motion attached below. Motion passed with roll call vote.

NPR - Yes

Largo/Clw sub. for group. - Yes

Crystal Beach - Yes

Oldsmar - Yes

S. Tampa - Yes

N. Tampa - Yes

Tarpon Springs- Yes

Spring Hill - Yes

- **Categories for Budget:** Area decided to mirror regions and take a percentage for each category.

- **Establish Fiscal Year:** S. Tampa from S. Tpa made a motion that the fiscal year be September 1st - August 31st to mirror region. NPR 2nd. Vote taken - all in favor. Motion passes.

- **Prudent Reserve:** No decision was made on prudent reserve, but a suggestion was made to look at region's budget and do same percentage.

- **Next Area Meeting:** It was decided that there will be no Meeting in May and the next Bay Area meeting will be June 7, 2014 at noon in Oldsmar.

- **New Business - Motion for Outreach to be Old Business at next area meeting.**

ANNOUNCEMENTS: YARD SALE, REGIONAL CONFERENCE CALL TO DISCUSS THE TWO OUTREACH MOTIONS AND THE WEBSITE MOTION AND WE NEED NARATEEN FACILITATORS FOR NPR.

ASR asked if there was a motion to close. Tarpon Springs makes motion to close Oldsmar 2nd. All in favor, no opposed.

Meeting adjourned at 3:30 P.M.

Minutes submitted by: Bay Area Sec. 4/23/14

BAY AREA OF FLORIDA NAR-ANON
TREASURER REPORT
April 5, 2014

1 March 2014	\$556.00	Balance
2 March 2014	-\$75	Fee for Florida business title
3 April 2014	-\$20	Church room "rent"
3 April 2014	+\$50	Tarpon Springs contribution
3 April 2014	-\$18.95	New checks for checking account
4 April 2014	+\$50	Crystal Beach contribution
	\$542.05	Current balance

PROPOSED BUDGET CATEGORIES FOR TRACKING:

Contributions from Groups
Church room rent*
Outreach
Literature
Literature (Depot)
Copies/Postage
Contributions to Florida region

Bay Area Motion

Date Submitted: 4/5/14
Made by: Mickey S. - Clw/Largo

Motion #:	<u>1</u>	Pass / Fail
Date Presented:	<u>4/5/14</u>	
Seconded by:	<u>Gerri - No. Tpa.</u>	
For/Against/Abstai	<u>8/0/0</u>	

Title: Group Reg. form to establish voting members

Motion: Each GSR to take the registration form from the back of the GLS back to their respective groups to fill out to formally establish who the voting members are in the Bay Area. Forms to be returned at the next BAM on June 7, 2014.

Intent: To establish Bay Area voting members.

BAM Minutes
March 1, 2014
12:00 PM

Roll Call - Attendance - 13

VOTING:

S. Tampa - Area Treasurer - voting
Oldsmar - Convention Co-Chair - voting
Lutz - Convention Co-Chair - voting
N. Tampa - FL Narateen Co-Chair - voting
NPR - Area Outreach Co-Chair - voting
Tarpon Springs - Area Secretary - voting (Arrived late)
Land O Lakes - voting

NON-VOTING:

Area Chair - non-voting
FL Narateen Co-Chair - non-voting
Florida Delegate - non-voting
Largo - Largo - non-voting
Alt. FL Delegate - non-voting

Opened the meeting with the Serenity Prayer.
Attendance taken - 7 voting and 5 non-voting - see above.
Traditions and Concepts read

• **Treasurer's Report:** Fictitious Name Registration: Official name is Bay Area of FL Nar-Anon. Tampa So is waiting for letter from WSO that states we are part of Nar-Anon before bank will let him open the account. As soon as he receives the letter he will go to bank and open account. There will be two signature lines one for Tampa So and the other for Tarpon Springs. Tampa So said not going to recommend that two people have to sign the check. Largo stated that GLS has changed since the Region opened their checking account and now states that all people on board should be listed as signers on the account and Nar-Anon requires two people to sign the checks for accountability.

Current balance: \$556.00 Contributions from 6 groups. Expenditures - \$50 for state Fictitious Name Registration and \$25 for publication. New balance: \$481. (\$25 publication fee added to expenditures by Tarpon Springs later on in meeting).

Budget: Categories for expenditures. FL Region contributions, outreach, literature, rent, checking account costs, copies and postage, approved travel.

Prudent reserve - Largo thought that one of the things we should do as an area is to not put off coming up with a projected budget. It becomes part of the earmarked or held funds. For next agenda come up with what we think we are going to spend and put that in a budget to take that back to groups and let them know this is what we are projecting. Because this is our first year we don't know what it's going to be. However, that is where the prudent reserve is going to come into play. As Region treasurer, sharing her experience on that, Largo thinks we should go back to our groups with a budget whether it be a couple of months of expenses or a years worth. What do we think we are going to accomplish this year? That is how we are going to figure out our prudent reserve. The Region decided to use 3 months worth of operating expenses for the prudent reserve - rent, website etc. As an area, we can decide what we need to operate to establish a prudent reserve and bring back to groups to vote. Because we are just starting out, we will probably have to do some revisions. The treasurer should be able to look at what's coming in or going out and tell the area is revisions are needed. Budget is not set in stone.

FL Delegate - It's important to take all information back to groups for fellowship as a whole to function. Groups, Areas and Regions once prudent reserve is met money needs to be passed on.

FL Narateen Chair - We also need to set a fiscal year. Do we want to keep everything in line with the Region or have our own fiscal year? Region is September and World is

January through December. Just need to keep this in mind. Our budget doesn't have to be a year. Largo agreed that it does not have to be a year. Ed suggested that having it 60 days before the end of the Regions fiscal year might be a good idea, so we can send any extra monies to Region to help with the Region's donation to WSO.

Oldsmar wanted to know if we had a category for outreach and literature. Tampa So said yes, but thought we really needed to discuss the literature because that is going to be a big expenditure. Largo thought as a sub-category for outreach, we should also have literature. Literature can get confusing because if we have it for the depot, we don't want to get it confused with literature needed for outreach. N. Tampa asked about new meeting packets and literature. Largo said maybe for simplicity sake we don't have to put it in there now, but maybe for the next budget. As it stands right now the Region is providing new group packets for new meetings.

FL Alt Delegate said that staying within the guidelines of the GLS and what the Region is doing, there are many options. There have been many questions regarding what Region is going to cover and what's going to fall to the Areas. The Region's outreach budget is to cover new projects. Right now the new Area outreach projects are going to be covered by the Region until September. NPR has been covering the Drug Court Program. Should NPR still be covering that or is the AREA going to cover that. If the Area is asking that the groups send in their funds over the prudent reserve, we need to consider whether or not the Area is going to cover that or will it remain as the groups. World is putting out every quarter, an outreach challenge. The Region will take that on and it will trickle down to the Areas and then the groups. The budget doesn't have to be one way; it can be changed and will be changed after September.

Ed reminded us that each group would decide what is done with their money.

Tarpon Springs asked if each committee was going to work out their own budget as far as budget costs? Largo said yes. As an area we should figure out where the money will be going. For instance, the outreach committee can figure out how much of their budget will go towards literature and other costs so they can see from year to year where the money is going. The outreach committee can then give one budget total to area treasurer.

Tarpon Springs asked if it would be a good idea to ask the groups what they are spending on outreach within their groups and if there is a certain amount of money like the NPR group sets aside for their outreach. Ask the groups if they don't mind sharing that information. FL Alt Delegate said to remember that the meeting lists we keep at our meetings are part of outreach.

ASR wanted to go around the room and ask each group what they are spending on outreach. Tarpon Springs said she couldn't answer that question right now. Ed said in the Largo group, they get a lot donated and other GSRs also stated that they get a lot donated. FL Delegate said we really shouldn't be printing stuff for Nar-Anon at our offices. It goes against our Traditions. We have a special number for Office Depot to do our printing at a reduced rate and we should be bringing the receipt back to our groups to be reimbursed. Each group should be fully self-supporting. That would be part of that number that Ed is asking for. Personal donations are different from using the paper and copier at your office.

ASR asked that we take it back to our groups to try to figure out what is being spent on outreach.

• **Outreach Committee Report:**

1) Walk Like Madd - Money goes directly to MADD not to facility - Not doing this event because it conflicts with Traditions.

Out of Order question from Land O Lakes from LOL - She was told that donations from her group had to go to Region and World and wanted clarification on that. FL Alt Delegate said each group is autonomous and they can donate the money however they vote. Land O Lakes wanted to know if the group can donate to the Area as she understood that the Area would then eventually donate to the Region and the Region to World. Largo said yes,

that's how the structure is set up in the GLS. You're allowed by group conscience to decide where your money is donated.

2) ECC Fundraiser - Not needed to be worked on at Area level.

3) So. Florida Recovery Walk - out of Area

Ideas brought up for future outreach events - Area Pot Luck Registration Drive for Conventions, September Recovery Month, Red Ribbon Week, and coalition events. Look at old outreach challenges posted to the website.

To form outreach committee each group send an outreach chair to form area outreach committee.

- **Approval of Minutes:** Oldsmar made a motion to accept the minutes with a correction to page 4 under Area Budget to reflect that S. Tampa made \$68 donation. NPR 2nd the motion. Minutes approved.

- **Old Business:** Meeting Schedule - Next month's meeting on April 5, 2014 will have to be moved or cancelled due to meeting space unavailability. No one wanted to cancel the April meeting altogether because of all the business we need to cover. FL Alt Delegate offered her house as the meeting location. Motion - All in favor of keeping our April 5, 2014 meeting at noon and having it at FL Alt Delegate's house located at: 1515 Whisper Wind Lane, Oldsmar 34677. East Lake Woodlands - Come in at main gate on Tampa Rd. All in favor, no opposed.

- **2nd half of CAR Workshop:** FL Delegate said the purpose of the workshop was to reach the members who might have shown up to have the CAR workshop. No other members showed up to Area meeting who weren't at the other workshops. FL Delegate offered to stay after the meeting and answer any questions. Tarpon Springs asked if FL Delegate would mention her email in regard to Motion 31. Motion 31 is the flow chart for recovery literature, which is incorrect and will be amended before it goes on the floor at the conference. If your vote would be yes if amended, you need to tell FL Delegate. She would need to know that because it will be amended. Ed asked if there is a procedural way to do that. FL Delegate said yes, it would happen at the beginning. FL Alt Delegate said it has to be done before the conference because once conference started it belongs to conference.

N. Tampa wanted to discuss how other GSRs are doing the motion voting with their groups. ASR suggested that we could go over that after we close the meeting.

Out of order - Tarpon Springs reminded Tampa So G. that there was an additional expense to register the fictitious name for publishing of \$25.

New Business:

- **Narateen:** FL Narateen Chair G. asked the Area GSRs to go back to groups and ask for group conscience to make an addition to the suggested format for Narateen "We also have Narateen meetings that are part of the Nar-Anon fellowship for teenagers who are affected by someone else's addiction. Location and times can be found on our meeting list." Narateen is also asking that the groups to add to their literature the "To The Concerned Teenaged Family Member." To purchase 3 and keep 3 in stock.

ASR mentioned that the Clw/Largo group is still kicking around the idea of a Narateen meeting. Not sure if the Church has the room. FL Narateen Chair mentioned that NPR didn't haven't kids for a while, but now they have a few. It seems to work better if there is a member that has the need with his or her own kids. N. Tampa said do not be concerned with the size of the room.

- FL Delegate asked for a motion regarding the CAR workshop as a motion was already made a few meetings ago to have the CAR workshop. Tarpon Springs made a motion to amend the motion to have the second half of the CAR workshop and change it to a question and answer after the meeting today. Oldsmar 2nd. All in favor, no opposed. Motion passes.

- ASR - Someone contacted Ed about the budget report from the F2F. He suggested that if anyone needs anything to contact Ed and he will try to help.

- **Quorum:** N. Tampa wanted to know if we should be discussing a Quorum for the Area. Ed asked if there was a quorum set up for the Region? The answer is no the Region does not have a quorum. Largo said we are on new ground and we can do it any way we want to do. Largo suggested that we should think about what we think would be a reasonable and acceptable quorum. As an area, we need to establish what a voting member is and what the quorum of those voting members are. The GLS suggests 51% of the voting members. It can be anything the Area decides and takes back to their groups for voting. You can say anything you want but has to be done by motion.

FL Narateen Chair suggested the Area needs bylaws. It states how you run business, lists officers, geographical boundaries, etc. Bylaws should be established and taken back to groups for a vote. Tarpon Springs said we need to be realistic as far as the percentage we pick. How many groups consistently come to the area meetings out of the 12 meetings that are a part of Area currently. Bylaws have certain things that have to be in them and some things that don't have to be in them. Tarpon Springs agreed that Bylaws are a good idea to establish what we are and who we are. Tarpon Springs agreed with having bylaws.

FL Alt Delegate thought we were mirroring ourselves after the Region and if we should wait until after the Region comes up with something. As groups open and close the quorum will change. In regard to bylaws, the same thing, it's being addressed at the Regional level. Instead of corporate or business style bylaws, we have to keep our traditions in mind. FL Alt Delegate suggestion is to keep it simple. Prioritize what's important to the area. Tarpon Springs agreed that we will eventually have to let every group know when we are ready to vote on the bylaws including the quorum. Tarpon Springs didn't think we needed to wait for the Region to decide on what the Region is doing before the Area makes a decision on the bylaws and quorum.

Tarpon Springs agreed that we are not a region, but all organizations, profit or not for profit are required to have bylaws. FL Delegate asked everyone to read about the area structure in the GLS, which starts on page 5-1. We have heard so often that Florida was a leader and Florida was doing so many things and that we were getting too big for our britches. FL Delegate said her point is that if the Area tries to take on too much we may be getting ahead of ourselves. In our haste, let us not try to do everything at once. We need to work on the budget and we don't want to take on too much. Let's try to look at what the area is about and what our goals are for about. N. Tampa said she thinks the quorum is important because when we vote we need to know if our voting is legitimate and we shouldn't be making decision for our area is three groups are represented on a particular day and there are twelve groups, that's not fair. N. Tampa doesn't think it would be fair if we vote and some of the meetings are not here. FL Alt Delegate asked what if there are three or four meetings that open or close in the next few months? Tarpon Springs answered that's why you do a percentage. If you use a percentage, it doesn't matter how many groups are in the area at any particular time. FL Alt Delegate said maybe if you go by each year, for example, what was the average attendance at each meeting and go from there. Tarpon Springs disagreed and said that's why we need bylaws to establish what constitutes a voting member. FL Narateen Chair suggested that we read the motion that was tabled at the region, which was that a member was a voting member, was at the last two F2F meetings. The same thing can be done at the area level. If certain groups don't want to show up at the meetings and just show up at the meetings where they want to vote and manipulate the vote. Maybe the area should put forward a draft of bylaws and should be established so we don't have problems later on.

ASR also agreed that we do need a set of rules. Bylaws can be very simple. Tampa So G. said that he would rather have one thing get done rather than take on too much. We need to prioritize. We are in it for the long term and we need to do it right. Keep it simple. We need to calm ourselves down and prioritize.

Tampa So reminded the groups that we already voted on literature, which we now know we shouldn't have done. Nothing has been ordered and will not be ordered at this time. FL

Narateen Chair asked if Tampa So had a number as far as how much the literature would cost to order. Tampa So said a case of SESH, 50 blue books and 100 newcomer's packets would come to \$550 including shipping. Tarpon Springs said we already have found out that we cannot move forward with that because it was not brought back to groups.

Tarpon Springs asked if the RSC is working on bylaws right now. FL Alt Delegate said she couldn't answer that question. She is not sure if they are going to set up an ad hoc committee. FL Alt Delegate suggested keeping it simple. She doesn't think area needs bylaws before region has bylaws. FL Alt Delegate suggested calling them guidelines. Tarpon Springs wanted to know if we could vote on a budget? FL Alt Delegate said that once Tampa So puts together a budget they could be brought back to the groups, and then put in to a motion. Tarpon Springs asked if we could vote on a budget without a quorum? FL Alt Delegate said that after a proposed budget is created based on Tampa So. best guess, it would be brought here, presented, put into a motion, sent out for and friendly amendments and then voted on. Tarpon Springs wanted to know if we could even vote on that without an official quorum? FL Alt Delegate didn't think we needed bylaws and a quorum. FL Narateen Chair said the quorum is a part of the bylaws. How can you create a quorum without knowing who the members are and what the area consists of, which is all part of bylaws. Tarpon Springs asked if the area is comfortable, knowing what we know now, voting on anything without having bylaws with a quorum? If we are not going know what the quorum is going to be and a simple set of bylaws, are we comfortable voting on anything with those? Oldsmar wanted to know if the minutes are sent to every GSR in the area, they see what's going on, why then do we need a quorum? FL Delegate speaking for the Regional level, is the reason its important is because it doesn't just effect us. There has to be a way to insure that your vote is valid. Is your vote valid? There is a reason to have a quorum and establish who our voting members are and we do need to have some validity for our votes. There has to be some way to know if our votes are valid.

Tarpon Springs said her opinion is if we are going to do things in a correct order, then next month's agenda should be to discuss bylaws and a quorum. A budget can be set up, but if we don't have a valid way to vote on something it means nothing. We can all sit here and say we all agree to vote on something, but are we all ok with voting on a budget, now that we know better, without a quorum in place? FL Delegate suggested the tally process. Why not send an email to find out who's in our area. Do what a tally process is and establish who our voting GSRs are. Establish what our group is. Establish a registration what group is.

ASR wanted to know if being in a geographical area aren't they already in the area. FL Delegate said any group can be a part of any area. Ed said yes, but until they decide they want to be part of another area, they are still geographically part of our area. FL Delegate suggested reaching out to those groups that have not been to the meetings to ask if they want to be a part of the area for voting purposes. Ed, Tarpon Springs and Tampa So agreed to reach out to those meetings that have not been in attendance. Lutz said Lutz didn't vote on any area motions until the Lutz group decided to be a part of the area. Now they are part of the area and involved in the voting process.

FL Alt Delegate using St. Pete as an example, if we send a letter to the GSR, how do we know if that GSR is bringing that information to the group? We need to go to that meeting and announcing that an area has now formed and we are reaching out to see if that group wants to be part of the tally system. Otherwise how do we know that the members know what's going on?

ASR asked if there was any other discussion or a motion to close. Motion to close by Oldsmar makes motion to close NPR 2nd. All in favor, no opposed.

Meeting adjourned at 2:02 P.M.

Minutes submitted by: Bay Area Sec. 3/17/14

Next meeting: 4/5/14 @ Noon at FL Alt Delegate's house

BAM Minutes
February 1, 2014
12:00 PM

Roll Call - Attendance – 13

Largo – Area Chair - voting
S. Tampa – Area Treasurer - voting
Largo – Area Outreach Co-Chair – voting
Oldsmar - voting
Lutz - voting
N. Tampa – FL Narateen Co-Chair - voting
NPR – Area Outreach Co-Chair - voting
Tarpon Springs – Area Secretary – voting
Land O Lakes - voting

FL Narateen Co-Chair – non-voting
S. Tampa – non-voting
Florida Delegate – non-voting
Largo – non-voting

ASR opened the meeting with the Serenity Prayer.

Attendance taken – 9 voting and 4 non-voting - see above.

Traditions and Concepts read

7th Tradition basket passed

- **Group Reports:**

Tarpon Springs: 1st Anniversary Meeting. 30 people. FL Delegate and her daughter spoke. Seeing newcomers every week since the New Year. At least one has stayed

NPR: 20 people more or less at each meeting. Issue with religion being spoken about. Business meeting was held to discuss and group decided to be more conscience of specific religions not spoken about. Because some people go really long, New Port Richey is going to put egg timers around the table. Otherwise fine and meeting keeps getting new people.

N. Tampa: Meeting went through a slump prior to holidays. Now attendance back up and between 10 and 12 people. They've been getting newcomers and Tampa No. thought 5% come back. At the last meeting there were Nar-Anon members from Pittsburg, PA. They went to The Place and the meeting was closed and there was nobody there. It's off of her meeting list, but they went out of their way to go there. Tampa No. mentioned the flow chart being developed and she thinks we definitely need it for that reason.

Narateen going well. Attendance stays around 7 children.

Largo: New location is awesome. They've had newcomers. They didn't have meetings Christmas Eve or New Years Eve. They are thinking of starting a Beginners Meeting. Not had time to figure out when to do that yet.

The Largo group is still supporting the PAR meeting and they are going to buddy up with the St. Pete group to share responsibility for the PAR meeting. Two signs – orange with black letter – Nar-Anon meets here by the side of the road. They use the real estate signs. One of the members is trying to put them out during the day. Signs are part of outreach and do not break Traditions. Signs reach a lot of people. Some meetings hard to find without signs.

Outreach – New member from Neighborhood News Magazine calendar posting of meetings. Tarpon Springs asked the members to please try to ask newcomers how they found out about meetings. Currently meetings are posted in the Neighborhood News Magazines, East Lake, Trinity, Westchase, Carrollwood, Odessa/Lutz/Land O Lakes editions.

ASR wanted to know if anything was being done in South Pinellas. He thinks it would be a good idea to put them in the south Pinellas community newspapers and magazines. Melanie is keeping up with the St. Pete Times, which is more effective than Tampa Tribune. Because of all the changes, better to give just the FL website and helpline number. Tarpon Springs said she puts the meetings in a word doc and reviews it before she sends it off each month and thinks it better when a person can look at it and see that there is a meeting at such and such a place on such and such a night. Tarpon Springs said she also has the mission statement and website and helpline number in the ad.

ASR said it nice to see the address and even directions.

Lutz: 20 people this week, 17 people this week. Members finding the meeting due to NA and Narateen meeting held at same location and time. Having all three meetings works out great to bring in newcomers. Lutz voted to be part of the area.

Land O' Lakes: Agrees that having NA, Narateen and Nar-Anon in same location is very good because they have lost members to the Lutz group because their loved ones go to the other meetings. Their group is averaging between 8 and 10 a week. The Christmas holidays through them off because they were not told the Church was going to be closed three weeks in a row. They were given very little notice that church was going to be closed. They are averaging one newcomer per week and have had some come back. Averaging one new person a week. They are trying to be very welcoming so newcomers come back. Land O Lakes had signs made up which really didn't work out so they are going to try the real estate signs.

Oldsmar: Meeting meets where BAM is held. They haven't had any newcomers since beginning of year. They had some snowbirds who found info on world website. Meeting has been pretty steady with 7 to 11 people. No problems. Oldsmar voted to become part of area

S. Tampa: Good healthy meetings. Also seeing more newcomers and retention seems to be pretty good. They had 17 last week and the week before they had 4. Meeting has been holding it's own. Averages about 12. Thinking about putting up some signs. Tampa So brought a guest to listen in.

FL Delegate spoke about the Pinellas Park meeting at The Place that closed. Largo just resubmitted forms for Dunedin and Pinellas Park to WSO. The flow chart is something that is really needed.

Tarpon Springs said we have no control over World and those meetings were taken off of our Regional meeting lists.

ASR used to call the WSO 800 number to follow up.

FL Delegate said the flow chart should take care of this problem and we need everyone at the F2F to discuss the flow chart and get input from all the members.

FL Delegate spoke about religion at meetings and she has taken the person bringing religion into the discussion aside and try to nip that in the bud when it happens. She has met some resistance in the past in that regard because they come back with there are quotes in the SESH book and they mention God. FL Delegate comes back with has been approved and nothing else has. It's important that we stress to people that whatever you do outside of these rooms for your recovery is fine, but it's not appropriate in the meetings. There are some who are part of a certain denomination and maybe some other members are part of that denomination and they think it's ok, but it can be offensive to some and especially newcomers who may not be a part of that particular denomination. FL Delegate tries to make sure she's on the calendar soon after something like that happens to lead the meeting in a different way.

ASR tells the group you don't use the word Jesus, Buddha, or anything but God which is in the SESH and is all encompassing. We have to be careful we don't offend people.

Tampa No. said it's important that we don't offend people. She had been at a meeting that brought up religion and was immediately cut off and that person was humiliated and never came back. She agreed with FL Delegate that the person should be taken aside and not humiliate in front of the group. You don't have a lot of confidence when you first come in and if you're told you can't say that, you won't say anything.

ASR said he has stopped a member who started reading from a novel and discussed outside literature and stopped that right in its tracks because there were some newcomers. Always in a loving manner.

Land O Lakes added that so much of our readings focus on the spiritual aspects and that's where we should keep the focus.

ASR – St. Pete meeting. ASR has been there a couple of times and that meeting is doing very well. In fact Largo/Clw showed up about a minute late and had to sit in the hall. One of the members of the Largo meeting belongs to the Pasadena Community Church, which is a very large church. ASR and another member are going there next week to see about starting up a meeting there. They are very enthusiastic about us starting a meeting there. They have the biggest AA meeting in Pinellas County. So first we'll see about an NA meeting and ASR thinks it would be a good place for a Narateen meeting as well.

- **Tri-County Meeting list** – ASR wanted to know if we thought it would be a good idea to do that again. Alina said she would be willing to do that and now that we are an area it might be a good idea to start doing that again. FL Delegate wanted to know why we would do that since the Regional meeting list is split into counties now. Melanie said the advantage to a Tri-County list is that there are fewer changes. She just printed up Regional meeting lists for outreach and within a week it had changed again with new or deleted meetings. The Tri-County lists don't change as much, so there is less waste. It's not so much a problem when a meeting closes because you can just cross it out, but when a new meeting opens and you have to write it in, it becomes prohibitive. Tri-County is less likely to have changes.

ASR said there are less meetings on the page. Lots of advantages to Tri-county meeting list. FL Delegate suggested that the person working on the tri-county list should be someone participating at the BAM, so they're getting the information first hand and not being passed the information.

ASR suggested the tri-county list go out with the meeting minutes every month. Oldsmar suggested a summary of what changed is sent with meeting list.

- **Recording Minutes of BAM** - Tarpon Springs made a motion that the Secretary be able to record the minutes of the BAM for the purpose of transcribing the minutes. Oldsmar 2nd. Motion passes.

- **Vote on length of term for Outreach Committee Chair and Co-Chair** - Motion made that length of term of Outreach Committee Chair and Co-Chair (if applicable), be three years. Lutz. 2nd the motion. Motion passes.
- **Scheduling of future BAM** – Tampa So will send the donation and make the arrangements for future BAM. Tarpon Springs suggested putting it in writing to the Church for approval.

March 1, 2014 - Noon -3:00 pm
 April 5, 2014 - Noon - 1:30 pm
 May 3, 2014 - Noon - 1:30 pm
 June 7, 2014 - Noon -1:30 pm
 August 2, 2014 - Noon - 1:30 pm
 Sept. 6, 2014 - Noon - 1:30 pm
 Oct. 4, 2014 - Noon - 1:30 pm
 Nov. 1, 2014 - Noon - 1:30 pm
 Dec. 6, 2014 - Noon - 1:30 pm

- **Area Budget – Tampa So:** “Bay Area” bank account will be set up using Nar-Anon Family Groups tax ID. Largo will provide Tampa So with the name of the account manager at Synovus in Oldsmar so he can open the Bay Area account there.

First donation made by S. Tampa in the amount of \$68. Right now the balance is \$68. Until bank account set up, cash or money orders only. \$100 cash donation made by New Port Richey and \$50 cash donation made by Tarpon Springs.

Area donations can be mailed to:

Groups are asked to send an email address or self-addressed stamped envelope to receive receipt of donation.

Area voted to set up an area literature depot started with a case of SESH books - \$270, 50 Blue Books, and 100 newcomer packets.

Tarpon Springs made a motion that a fixed amount of \$20 be donated to the church every month for use of the hall for Area meetings. Oldsmar 2nd Roll call vote.

Lutz - yes
 Tampa No. - yes
 Tampa So - yes
 Land O Lakes - yes
 New Port Richey - yes
 Largo/Clw - yes
 Oldsmar - yes
 Tarpon Springs - yes
 ASR - yes

Motion passes. We will no longer pass the basket. All the donations will come from Groups. \$20 monthly donation to church will be used to determine prudent reserve.

FL Delegate explained that after a prudent reserve is set and met all money over that amount should be sent to Region. A budget will need to be set up and will have to include a line item for Outreach. Initially it could be part of the Prudent Reserve.

It was suggested that the Groups make Area donations on a monthly basis. Tampa So thinks it will take about six months to see what the money trends are to be able to figure out a budget.

Tampa No. asked what is the best way to explain to her group that donations should now go to the Area rather than the Region.

Largo explained that we are a fellowship that is an inverted triangle fellowship. The Members give to the Group, which makes up the largest part of the triangle at the top, the Groups give to the Area, then the Area gives to the Region, and then the Region gives to the World. Money should flow from the Groups down, ending with World at the end. The greatest need is at the Area level.

Tampa No. heard some critical comments about why money not going to world? FL Delegate explained that once all the Areas in Florida are formed, the Region will be responsible for two things, sending the Delegates to conference and helping to pay for FRCNA. That's all the Region will be responsible for once the Areas are formed. Areas will be taken on a large majority of local outreach.

ASR said donations to the World were important in the beginning because the Regions weren't strong enough yet and World was still helping to support Regions and Groups. The World does not have to lend as much support once Regions and Areas are formed. World receives a large majority of their donations through the purchase of literature and as an Area we will be purchasing literature, which will be direct donations to World.

- **CAR Workshop:**

1. Motion to stop or discourage the use of religious prayers at meetings and to hopefully allow things like the Unity Prayer to be openly used. Change to: "After a moment of silence, **'close the meeting in any manner consistent with our Traditions and the principles of Nar-Anon.'**" Don't use religious prayer. Suggested that Narateen format be changed as well.
2. From Florida – Because World has changed PI, H&I, and websites; and... to "**outreach encompassing public information, hospitals and institutions, and websites; and ...**" This change will be made in the Vision Statement in the Blue Booklets, etc.
3. Policy change on process for conference approval on submissions in languages other than English.
4. Broadcasting of WSC proceedings (archiving for people in other countries) – add the word encrypted.
5. Group registration form in different languages.
6. Provide translators for WS events – WS Development Committee. Options: bring a translator with them, or provide one from LA, CA. **Would raise delegate cost to Regions substantially.** Other option: Bridge between nations – transmitter booth. Over time charges apply for longer than 6 hours. Most conferences run longer than that.
7. Prayer Service of NA to Nar-Anon
8. Authorize to approve and the distribution of the book APPLICATION OF THE NAR-ANON TWELVE STEPS (STORY OF MY LIFE) elaborated for the Region of Colombia. Increase in publications. No fellowship review, but could still happen with an amendment approved after reviewed. Disclaimer: contains sexual references... not approved for Narateen members. Who are we to say someone else shouldn't use it if they want? It will have to go through full process. Only parts have gone through review and approval process. So, it could be a while until it comes out. Step

- 1, 2 & 3 took 3 pages and Step 4 has 6 pages. Review process does not change intent. It may look different but not substantially different. It focuses mostly on Step 4.
9. Pertaining to Narateen, change the word “Sponsor” to “Facilitator.” From Florida
 10. To remove “...unless you have been invited as a speaker from NA.” to say, “We ask that during the meeting you share only as a member of Nar-Anon.” From Florida
 11. Prudent Reserve definition in GLS – From Florida
 12. Areas to rest solely with the groups within the proposed area. – From Florida. Emerald Coast Area has asked a group in Alabama to be part of their area.
 13. Flip Chart in Spanish from H&I Outreach Committee. Graphics need to be verified if public domain. Needs fellowship review. Could be culturally insensitive with the use of “Sombrero.” Motion is from Mexico.
 14. Poster of 7th Tradition in Spanish. Where contribution going and list on Poster. Has not been fellowship reviewed.
 15. GLS change of Dual Membership in Nar-Anon/Narateen and NA. From Michigan. Allow dual members to hold any service positions. Needs a 2/3 vote to pass. If they are being anonymous, nobody will know they are in NA. Not a question of trust but of conflict of interest. Narateens could be uncomfortable with addicts in the room.
 16. Tally Process. To amend Tradition 4. Tally process sends out a letter to every group so they can say they want to participate in the Tally Process and they have to respond. You can’t send an email. You have to respond. This motion is to initiate the Tally Process. Read the whole motion to understand the Tally Process to explain to group.
 17. Compose a brochure for those Nar-Anon members, who lived the experience of lost their loved ones. Russia making the request for someone to write this brochure.
 18. Update errors in punctuation and old-fashioned language in literature (such as “ought” and “hence” used in the 12 traditions. This has to do with the Tally Process. This motion is probably out of order. Tally Process has to be initiated before this can go through. Not sure how it made it into the CAR.
 19. To set as a high priority completion by the WSL Committee any Nar-Anon Blue Booklet changes already approved by any WSC. This is already done. Board of Trustees Comment correct, blue book changes occurred within 90 days.
 20. BOT – N. CA feels the BOT should include their recommendation in order to provide the fellowship with as much information as possible to consider these motions. Sometimes BOT has more information than maybe other members do. BOT didn’t comment on every single motion, just the ones they felt had error in facts or if additional information needed to be provided.
 21. Third Step Affirmation. NA 3rd Step prayer. – 7th Tradition still applies and we should not be borrowing or using anything from another fellowship.
 22. Establish a standard email address, i.e. info.ncwsr@nar-anon.org. This may have considerable financial impact even though CA Region says no. Because it’s nar-anon.org, that would not be free. Only the first few of those are free, not all. For example: Delegate, Alt, Chair and Vice Chair all had nar-anon.org, costs could be considerable. Asking for WSO to pay for this. Largo opined that this could cost \$5 per address per month, after the first 10, cost goes down to \$1.47 per address per month. Gmail available for free but there is the paid version and this is the cost of that. Financial impact even if it’s \$1 per address per month for every Region in the fellowship could be 100s of 1000s of \$. This motion says WS will assign an email address to each and every Delegate, alt-delegate, chair, vice-chairs, and treasurer etc. around the world. Minimum impact of \$1.47 per address per month.

Meeting adjourned at 3:00 P.M.

Minutes submitted by: Bay Area Sec 2/16/14

Next meeting: 3/1/14 @ Noon.

MINUTES

Saturday Jan. 4, 2014

United Methodist Church
207 Buckingham Avenue East
Oldsmar, FL 34677

(Corner of St. Pete Dr. & Buckingham Ave. Located in Manahan Hall)

- Open Meeting at 12:02 p.m.- Serenity Prayer
 - Reading of 12 Traditions and 12 Concepts
 - 7th Tradition-Our 7th Tradition states that every group ought to be fully self-supporting. We pass the basket to make a contribution for the use of the hall for today's meeting.
 - Group Introductions/Meeting Announcements
 - Tarpon Springs 1st Anniversary Meeting on Tuesday Jan. 7th
 - Willingness needed for Region Convention Committee
 - FRCNA Flyer Available
 - Region Narateen Committee Call on Thursday Jan 9th
 - ECC Fundraiser Yard Sale- Save your stuff
 - GSR-Spring Hill
 - GSR-Lutz, FL Region Convention Co-Chair
 - GSR N. Tampa, FL Region Narateen Co-Chair
 - GSR- S. Tampa
 - GSR New Port Richey
 - GSR Largo/Clearwater
 - GSR Oldsmar, FL Region Convention-Co-Chair
 - GSR Tarpon Springs, FL Region Website Chair
 - FL Alternate Delegate
 - FL Region Delegate
 - FL Region Narateen Co-Chair
 - FL Region Literature Chair
 - FL Region Treasurer
 - Spring Hill
 - Tarpon Springs
 - New Port Richey
 - Largo
 - Largo
- Old Business
 - Discussion on Approved Motion on December 7, 2013 states "Midwest Florida counties to vote on becoming an area".

MOTION 1 – Tarpon Springs - To form an area comprised of Hernando, Pasco, Pinellas and Hillsborough Counties and to name area the "Bay Area".

2nd Largo
Discussion.

VOTE- 8 yes (All GSR Present), 0 No, 0 Abstain

MOTION 2 Tarpon Springs - To take a roll call vote of what groups present that want to participate in the area.

2nd Largo
Discussion.

VOTE-

YES: Spring Hill, N. Tampa, S. Tampa, New Port Richey, Largo/Clearwater, Tarpon Springs

NO: Lutz, Oldsmar

ABSTAIN: None

- Election of Area Officers for Area Service Committee (ASC) by Voting GSRs of Area
 - Area Service Representative (ASR):
 - Ed L. (Largo/Clearwater)-Letter of Willingness Received
 - Nominations From Floor-None
 - Discussion
 - VOTE: YES: Spring Hill, N. Tampa, S. Tampa, New Port Richey, Largo/Clearwater, Tarpon Springs; NO: 0; ABSTAIN: 0
 - Ed. L. Elected Bay Area Service Representative
 - Area Secretary
 - Donna C. (Tarpon Springs)-Letter of Willingness Received
 - Nominations From Floor-None
 - Discussion
 - VOTE: YES: Spring Hill, N. Tampa, S. Tampa, New Port Richey, Largo/Clearwater; NO: 0; ABSTAIN: 0
 - Donna C. Elected Bay Area Secretary
 - Area Treasurer
 - Nominations From Floor- Donna for Tony (S. Tampa).
 - Tony Accepted.
 - Discussion
 - VOTE: YES: Spring Hill, N. Tampa, New Port Richey, Largo/Clearwater, Tarpon Springs; NO: 0; ABSTAIN: 0
 - Tony G. Elected Bay Area Treasurer
- Election of Suggested Area Committee Chair
 - Area Outreach Chair
 - Willingness From Floor for Judy and Manina as Co-Chair
 - Discussion
 - VOTE: YES: Spring Hill, N. Tampa, S. Tampa, Tarpon Springs; NO: 0; ABSTAIN: 0
 - Judy and Manina elected as Bay Area Outreach Committee Co-Chairs
 - Motions on any Area Other Committee Chairs Suggestions or Motions- none received
- New Business Discussion for next meeting
 - Budget
 - Church Donation- not set amount.
 - Area Meeting Schedule

Next Area Meeting: Time Extended for CAR Workshop until 3 pm. And have a second half at March Meeting. GSR will confirm longer time with church.

Saturday, February 1, 2014 at **Noon-3:00pm** CAR Workshop.

REMINDER: Next Regional Meeting February 22, 2014

- Motion to Close Meeting received at 1:45 pm. Closed with Serenity Prayer

Collection from December and Today's Meeting turned over to Treasurer