

## Minutes of the Florida Regional Virtual Assembly Saturday, March 13, 2021, 9:00 am-2:00 pm

**CALL TO ORDER:**

The Virtual meeting administrator opened the meeting at 9:15 am with The Serenity Prayer. The Twelve Steps, Twelve Traditions, and Twelve Concepts were read aloud.

**ROLL CALL:**

Non-Voting	Voting
Margie P, FL Region Secretary	Crystal Beach 127-010 Doug C
Jim M, FL Treasurer	Clearwater 127-070 Sandy S
Donna C, FL Region Alternate Delegate	Lake Worth 127-021 Terri S.
*Bonnie J, FL Virtual Meeting Facilitator/ Convention Chair	Land O' Lakes 127-023 Ingrid M
Bonnie W, Helpline Chair	Melbourne 127-028 Marcy W
Kila A, FL Narateen Chair	*New Tampa 127-088 Bonnie J
*Theresa M., FL Webmaster	Port St Lucie 127-041 Pat B
Marguerite, Bay Area Service Representative	*St. Petersburg Monday, 127-045 Theresa M
Gerri M, Bay Area Narateen Chair	Tampa North 127-049 Yvette **Correction- Not in attendance**
	Zephyrhills 127-103 Faye

- \* = dual role
- 10 voting \*\* Change to 9 due to correction\*\*
- 17 in attendance \*\*Change to 16 due to correction\*\*

**APPROVAL OF MINUTES:**

Motion made (New Tampa) and seconded (Crystal Beach) to approve the **December 13, 2020** minutes. Motion passed.

**Agenda Update:** The items under 'Old 'Business' (#11 on the agenda) were already addressed at the December meeting. The tabled item for old business will be to discuss what to do with the accrual of money (holdback) for the regional Delegate, which is a vacant position.

**TREASURER'S REPORT:**

The treasurer reviewed the updated ledger report, budget and budget considerations provided for this Assembly. The treasurer noted that our region sent \$2,500 to the world service office

on Oct. 1, 2020 for our Alternate Delegate to attend the World Service Conference in person. At the December Assembly, the FL Region decided to honor the World Service Office's request to keep the balance of the funds that our region sent for our Alternate Delegate to attend the 2021 World Service Conference now that it will be using the less-expensive virtual platform. The reason given was that the World has an urgent need for funds due to the decrease in donations related to the pandemic. The checking account balance as of March 13, 2021 is \$3,814.02.

On page 2 under budget considerations, the recommended donation to World is listed as \$814.02, which is the normal procedure for unused funds. Typically, we send additional funds to World three times per year, but now we have funds accrued for the vacant Delegate position that have not been used or sent to World.

#### **AREA REPORTS:**

**Bay Area:** The Area Service Representative (ASR) noted that the area is still meeting via Zoom and has approved the Bay Area Guidelines with the goal of providing guidance to the committee in the future. The committee will consider meeting in person again when it reconvenes in April/May.

#### **COMMITTEE REPORTS:**

**Narateen:** Kila noted that the first Narateen committee meeting will be March 28<sup>th</sup> via Zoom at 3:00 pm (eastern time) with the goal of forming the committee. Please contact Kila to join. Donna C. read from the guidelines that a letter of willingness is needed.

**Outreach:** Not in attendance. The committee is preparing to become more active once in-person events open again. In the meantime, they are staying connected to current contacts via telephone and email.

**Convention:** The chair noted that the convention committee has lost members and that she does not have enough support to host the convention side-by-side with the Narcotics Anonymous convention (FRCNA) July 4<sup>th</sup> weekend this year. Members made suggestions to gather new committee members who could help host a Florida Regional Convention in some form (virtual or in-person) and perhaps delay the convention for later in the year.

**Website:** Not in attendance. Our webmaster noted that she is updating the Florida Contact List and having the secretary send it out to the GSRs (Group Service Representatives) and other meeting contacts on a monthly basis. The form on [naranonfl.org](http://naranonfl.org) is working out well for updating meetings. She attends and makes presentations at the World Website committee meetings regarding copyright concerns, etc.

**Helpline:** The chair noted that they have lost some volunteers, recently. She will be stepping down from her position in October in order to give others an opportunity to give service. The

chairperson noted that this is an easy service position to do and that she will assist the next Helpline chair. If interested in volunteering on the committee, please contact Bonnie W at [helpline@netzero.net](mailto:helpline@netzero.net)

**Virtual Meeting Administrator:** The Bay Area service committee and the Narateen virtual meeting are the only ones that utilize this service, which is paid for by our region. Please consider utilizing a virtual meeting for local conventions and for other service committees.

**ALTERNATE DELEGATE'S REPORT:**

In preparation for the virtual **Nar-Anon Service Conference (April 29-May 3, 2021)**, our Alternate Delegate will attend training meeting the second and fourth weeks of April so that the World will know how much time to devote to each motion. For example, if most of the regions are planning to vote in the negative, less time is needed for discussion of that motion. Unfortunately, only 10 groups from the FL Region have submitted their guidance on the motions. The RSC (FL Regional Service Committee) has not been meeting regularly and the alternate delegate expressed concerns that the groups are not receiving enough support. The alternate delegate reviewed the Floor Motions, most of which refer to the proper use of CAL (Conference Approved Literature that is shared on screens during virtual meetings while still respecting copyright laws, ways of providing literature to newcomers who attend virtual meetings, and the motion to delegate management of CAL to the World Literature committee. These motions are available on the world website. Donna C will email them to you if interested.

The members agreed to take a 15-minute break for lunch and reconvened at 10:55 am. A voting member did not return (9 voting members).

**OLD BUSINESS:**

After discussion regarding regional expenses and budget considerations, a motion to have the treasurer send up unused funds to the World was seconded and passed unanimously.

Additionally, another motion to sweep up the specific amount \$814.02 suggested by the treasurer was seconded and passed by a majority vote (7 yes, 2 no, and 0 abstentions)

**NEW BUSINESS:**

Discussion about virtual meetings included the Floor Motions (above) and the GSR Roundtable to follow.

Discussion about the FL Regional Convention included several members who noted the need for conventions and for other recovery opportunities beyond the individual groups, especially during this isolated time related to the pandemic. Suggestions included reaching out to the Rocky Mountain and New York regions who have hosted virtual conventions with speaker meetings, etc. in order to gain some guidance for our convention committee. Ingrid volunteered to assist the chairperson and possibly lead a meditation for the convention. **The**

**members were encouraged to ‘talk this up at meetings’ in order to gain more volunteers.** Another suggestion was to solicit more volunteers via email to the group contacts.

**GSR (Group Service Representative) Roundtable:** Most of the groups have decreased participation since the pandemic started a year ago except for the virtual Narateen group and for a few groups that have returned to meeting in person. The advantage for the teens is that they have better accessibility and do not have to arrange transportation to the meeting as they did before the pandemic started. Narateens are joining the Florida Narateen group from all over the US and even from other countries, such as Canada. They are becoming more involved in the group and may have a GSR before long 😊

Regarding formats, some groups are a hybrid of telephone conference or virtual platform simultaneous with in-person meetings, others are teleconference only, and still others, are virtual only. In areas that have two meetings near one another, sometimes one meeting suffers while the other one is doing well. Some telephone conference meetings have changed the format so that people can take turns talking more easily. Sometimes, it is hard for members to feel comfortable when using the teleconference or virtual formats because they can be overheard by family members. Other groups are staying virtual or with a teleconference format because members do not feel safe or have medical conditions that prevent them from attending in-person meetings. Some meetings have lost members, because they prefer in-person meetings and are not comfortable with technology or virtual meetings. Some meetings are looking for a new physical location because they lost their location during the past year. Another reason to continue to provide a virtual or teleconference option is that Nar-Anon members from out of town or from out of the state have become regular members in some of our groups.

Regarding literature, virtual and teleconference meetings have challenges with getting newcomers’ packets to the new members. Options include sending literature via US mail or meeting up with the newcomer in person. Some members noted the importance of sharing Nar-Anon literature on the screen when meetings are virtual, especially for members who are hard of hearing.

**NEXT MEETING:** The **virtual/Zoom regional meeting** will be **Sunday, June 13<sup>th</sup>, at 7:00 pm, Eastern time** (6:00 Central time).

**MOTION TO ADJOURN:** A motion to adjourn was proposed, seconded, and passed unanimously. The assembly closed with the Serenity Prayer at 12:43 pm eastern time.

Submitted by,  
Margie P.  
Secretary, Nar-Anon Florida Region  
Approved with correction\*\* 6-13-2021

Approved 11/13/2022

Minutes of the Florida Regional Service Committee (RSC)  
Virtual Meeting  
Monday, May 17, 2021, 7:00 pm-8:00 pm

**CALL TO ORDER:**

The Chair opened the meeting at 7:01 pm with The Serenity Prayer.

**ROLL CALL:**

Regional Service Committee	Area/ Group Representatives & Other Members
Belle, Chair	Clearwater 127-070 Sandy S
Margie P, FL Region Secretary	*New Tampa 127-088 Bonnie J
Jim M, FL Region Treasurer	Tarpon Springs 127-052 Kevin H
Donna C, FL Region Alternate Delegate	Marguerite, Bay Area Chair
*Bonnie J, FL Virtual Meeting Facilitator/Convention Chair	Pat B
Gerri M, Bay Area Narateen Chair	Patti H.
Theresa M, Webmaster	Rebekkah B.

- \* = dual role
- 13 in attendance

**PURPOSE:** Review and discuss the Alternate Delegate's World Service Conference report and discuss nominations/preparations for current open positions and the September elections. Per voice vote, an update regarding the regional convention was added to the agenda.

**REGIONAL ANNOUNCEMENTS:** Next regional virtual assembly is Sunday, June 13, 2021 at 7:00 pm Eastern time. The Bay Area is working on hosting a serenity event, possibly a pot-luck. More information will be forthcoming.

**WORLD SERVICE CONFERENCE REPORT FROM OUR ALTERNATE DELEGATE:** Our delegate will provide a full report at our meeting in June. She just received the minutes and is waiting for further information before completing her written report.

The conference was held virtually over a 4-day period. There were delays and adjustments to the schedule needed to be made, considering that there were 53 motions, 26 amendments, 38 emailed amendments, and 16 floor motions. Approximately 12 countries and 17 regions were represented. Many of these were outside of North America, including Brazil, Colombia,

Argentina, north and south regions of Iran, and Japan. Inter-delegate communications via digital forums took place during the conference, which allowed more communication between the delegates. Many inspiring stories were shared and there was discussion about how to improve Nar-Anon post-pandemic.

Highlights include the passage of the motions from the FL region ('About Addiction' wording will change from "will" to "are likely to" and within the 'Helping' reading, "Love alone can create" was removed. Also, a change was made in the 'Changing Ourselves' reading, which will mean that the Nar-Anon blue booklet will need to be updated.

Quotes will stay in the SESH daily reader but will not be included in future publications. The top items on the literature priority list include Traditions 1-12 (to be added to the Nar-Anon 36), 4<sup>th</sup> Step, relationships, Narateen 31, Concepts 1-12 (added to the Nar-Anon 36), addiction and making decisions, and another daily reader (without quotes). The Floor Motions were tabled due to time constraints. The alternate delegate expressed concerns about the lack of information from our Florida Region's literature committee.

Unfortunately, the **World Service Office finances are in bad shape**. Before the pandemic, they had \$400,000 and now they have gone into their prudent reserve. A lot of the income comes from literature sales, which have declined over the past year. Please encourage individual and group donations to World, so that they can continue to produce literature, maintain the website, do outreach, support new and current groups, pay the few salaried employees that they have, etc.

**DISCUSSION:** When will the new Nar-Anon blue booklet that has the approved changes be available to buy? The Alternate Delegate will check on that. Reminder: Please retire the old Nar-Anon blue booklets when the new ones come out.

There has been no report from our FL literature committee since 2016. If they have a chairperson, the webmaster can provide a regional email. At the World website, they have folders of literature that need to be reviewed.

Regarding finances, some groups are holding on to money instead of passing it to the region and world. Perhaps a regional survey can be conducted that includes finances but also questions about how the groups are doing, particularly if they are back to meeting in person? The Alternate Delegate, Treasurer, and Secretary, volunteered to call trusted servants on the regional contact list and share information with the region.

A possible agenda item for the June meeting is to decide when the regional assemblies will go back to face-to-face meetings (September and March).

**ELECTIONS/NOMINATIONS FOR SEPTEMBER ASSEMBLY:** Bonnie W. has been serving past the usual term as **Helpline Chair** and needs to step down and allow someone else to serve **as soon**

**as possible.** Everything is set up, so it is easy to take over. Plus, Bonnie W. will help whoever takes her place.

In September, we have other regional service positions that will become available. For example, the Chair and Treasurer are in the middle of their second terms. We need to check to see what positions are due to be filled.

**CONVENTION UPDATE:** Because the in-person regional convention for this July was canceled, our convention chair has reached out to other regions, such as the Rocky Mountain region, for guidance to host a virtual Florida Region convention this year. Despite sending a letter to the region, the chair does not have enough support to host the virtual convention. She needs **at least one more person to join the committee.** It was suggested that the chair set a deadline for volunteers on the committee in order to know whether or not it is possible to have a convention this year.

**NEXT REGIONAL ASSEMBLY MEETING:** The **virtual/Zoom assembly** will be **Sunday, June 13<sup>th</sup>, at 7:00 pm, Eastern time** (6:00 Central time).

**MOTION TO ADJOURN:** A motion to adjourn was proposed, seconded, and passed unanimously. The meeting closed with the Serenity Prayer at 8:09 pm.

Submitted by,  
Margie P.  
Secretary  
Nar-Anon Florida Region  
5-31-2021

## Minutes of the Florida Regional Virtual Meeting Sunday, June 13, 2021, 7:00 pm

**CALL TO ORDER:**

The Chair opened the meeting at 7:03 pm with The Serenity Prayer. The Twelve Traditions and Twelve Concepts were read aloud.

**ROLL CALL:**

Non-Voting	Voting
Belle, FL Region Chair	Boynton Beach 127-106 Amy P
Jim M, FL Region Treasurer	Clearwater Thursday 127-070 Sandy S
Margie P, FL Region Secretary	Clearwater Tuesday 127-005 Ed L
Donna C, FL Region Alternate Delegate	Land O' Lakes 127-023 Ingrid M
*Bonnie J, FL Region Virtual Meeting Administrator/ Convention Chair	*New Tampa 127-088 Bonnie J
Bonnie W, FL Region Helpline Chair	Oldsmar 127-034 Ginny F
*Theresa M., FL Region Webmaster	*St. Petersburg Monday, 127-045 Theresa M
Marguerite, Bay Area Service Representative	Tampa North 127-049 Yvette
Gerri M, Bay Area Narateen Chair	Tarpon Springs 127-052 Anna
Port St Lucie 127-041 Pat B	Zephyrhills 127-103 Faye

- \* = dual role
- 10 voting
- 18 in attendance

**APPROVAL OF MINUTES:**

Motion made (St. Pete Monday) and seconded (Clearwater Thursday) to approve the **March 13, 2021** minutes. Motion passed with corrections (Ivette from Tampa North was not present). In addition, the blank page 5 should be deleted.

**Agenda Update:** The May 17, 2021 RSC minutes will be approved at the next RSC meeting.

**TREASURER'S REPORT:**

The treasurer notified the chair that he may not be able to join the meeting tonight, so the ledger report, budget and budget considerations were reviewed in his absence. Later in the



meeting, the treasurer was able to join, provide clarification, and to answer any questions.

**When making donations to the region on behalf of your group, please provide the group number.** The treasurer received a donation via Zelle on April 26 but does not know if a group is donating or an individual is donating. The FL region sent a donation of \$814.02 to World in April, 1, 2021. The World has an urgent need for funds due to the decrease in donations related to the pandemic. Currently, the FL Region has \$480.26 (cash on hand minus holdback from vacant delegate position) that can be sent to World, if approved. Will update at the end of June. The checking account balance as of June 13, 2021 is \$3,720.26

#### **ALTERNATE DELEGATE'S REPORT:**

Report from the virtual **Nar-Anon Service Conference (April 29-May 3, 2021)**: A summary of motions will be sent soon. The alternate delegate is waiting for further information before completing her written report.

The conference was held virtually over a 4-day period. There were delays and adjustments to the schedule needed to be made, considering that there were 53 motions, 26 amendments, 38 emailed amendments, and 16 floor motions. Approximately 12 countries and 17 regions were represented. Many of these were outside of North America, including Brazil, Colombia, Argentina, north and south regions of Iran, and Japan. The delegate from Colombia, Edwin, invited other delegates to join in a digital forum, which allowed more communication between the delegates. Many inspiring stories were shared and there was discussion about how to improve Nar-Anon post-pandemic.

Highlights include the passage of the motions from the FL region ('About Addiction' wording will change from "will" to "are likely to" and within the 'Helping' reading, "Love alone can create" was removed). Also, a change was made in the 'Changing Ourselves' reading, which will mean that the Nar-Anon blue booklet will need to be updated. The updated version will include the third step prayer and another prayer and will be available in July. Please wait to order new blue booklets. Corrections can be written into the old ones for the time being, but eventually, they need to be discarded. Some groups will buy new blue booklets for all of the members to replace the old ones.

Quotes will stay in the SESH daily reader but will not be included in future publications. The top items on the literature priority list include Traditions 1-12 (to be added to the Nar-Anon 36), 4<sup>th</sup> Step, relationships, Narateen 36, Concepts 1-12 (added to the Nar-Anon 36), addiction and making decisions, and another daily reader (without quotes). The Floor Motions were tabled due to time constraints. We may need to consult with the legal department regarding the use of Nar-Anon literature in virtual meetings. There may be an extraordinary conference in 2022 to address virtual meetings and the use of electronic literature instead of waiting for 2023.

Unfortunately, the **World Service Office finances are in bad shape.** Contributions have decreased 45% since the previous year (before the pandemic). They have almost depleted their prudent reserve. A lot of the income comes from literature sales, which have declined over the past year. Please encourage individual members and groups to donate to World, so that they

can continue to produce literature, maintain the website, do outreach, support new and current groups, pay the few salaried employees that they have, etc.

#### **AREA REPORTS:**

**Bay Area:** The Area Service Representative (ASR) noted that the area is still meeting via Zoom and when it reconvenes in July, it will consider meeting in person again, starting in August. The biggest project is the plan to host a Serenity event with a speaker, etc. A survey will be sent to determine interest in attending, volunteering, etc. Some members cannot attend because they are immune-compromised.

#### **COMMITTEE REPORTS:**

**Convention:** The chair provided a written plea for volunteers to join the committee: ***NA has been wondering if we were going to have our convention at FRCNA this year. As discussed at our region meeting in March a lot of our members were still too afraid to have the convention in person. I let them know that not this year but we will definitely be there next year. I was told by many members that we needed to have one this year. I have two other people on the committee with me for a virtual convention and need at least one more (not in the Bay Area). If I don't get another volunteer, we will just have to put it off until next year. I have sent out emails stating this that we needed help with no response and I will not beg. If people really want this they would step up.***

How do you do virtual conventions? You need someone to monitor the chat and shut it down while people are sharing, have a donate button, set up break-out sessions, have online speakers, etc. A suggestion was made to place a "Call to Action" on the Florida website with a deadline for at least one more volunteer to be on the convention committee. If not, the convention will be canceled.

**Outreach:** No report. The chairperson will follow up.

**Narateen:** Not in attendance. Narateen facilitators noted that the virtual meeting is flourishing and that they have teens from all over the U.S. There are still advantages to having in-person meetings, though.

**Literature:** The contact person was not in attendance and there is no chairperson but Pat B. and Ed L who have been members of the committee for some years, gave an update. The committee meets the first and third Mondays of the month and has 4 regular attendees on Skype. They are happy to have new members and are working on Tradition Seven right now. Mainly, they need new writings. Need to put information on the website with a generic email.

**Website:** Our webmaster reviewed and explained a written report. In addition, she noted that our website has a new look with instructions about buying conference-approved literature (CAL). They are working on setting up a business account so that members and groups can

donate to the region via credit card, PayPal, etc. Regarding updates to the meeting webpage, directory, contact list, she noted some typical errors and provided further explanation to using the edit form. The report includes statistics and updates about the website that will be included as an attachment. The website is expected to go live with the donate button soon.

**Virtual Meeting Administrator:** The Bay Area service committee and the Narateen virtual meeting are the only ones that utilize this service, which is paid for by our region. Please consider utilizing a virtual meeting for local conventions and for other service committees. Our account has the same ID and password as this meeting with the exception of the Narateen meeting.

**Helpline:** The chair noted that she will be stepping down from her position in October in order to give others an opportunity to give service. She will assist the next Helpline chair. Adjustments to the OneBox service have been made and technical support is available, if needed. One member has expressed willingness for the chairperson position, which will be voted on at our next assembly in September. If interested in this service position, please submit a letter of willingness to the FL Region chairperson.

The current chairperson explained about how easy it is to volunteer to answer calls and help people find meetings. When you volunteer (1-hour shifts), the Helpline chair will provide a 'Do's and Don't's sheet and other information to guide you. When a Helpline call shows up on a Nar-Anon volunteer's phone, the caller does **not** have that member's phone number or information. They just see an 800 number. It was suggested that a helpline volunteer have the helpline number on the cell phone contact list so that the member knows that the call came through the helpline service. If interested in volunteering on the committee, please contact Bonnie W at [helpline@naranonfl.org](mailto:helpline@naranonfl.org)

#### **OLD BUSINESS:**

**Election of the Helpline Chair service position** will be in September, 20221 along with other service position openings.

**Submission of committee reports to the regional secretary:** The secretary suggested that committee members have written talking points or reports that can be sent to the secretary to include in the minutes. This will assist with the minutes being more accurate and with the secretary noting the additional explanations and answers to questions that occur after a report has been presented at a meeting.

It was noted that the Guide to Local Services already states that each subcommittee submits written reports of their activities at regional service committee meetings and at assemblies.

#### **NEW BUSINESS:**

**Discussion regarding a possible return to face-to-face (in-person) assemblies, starting this September?** Assemblies are held twice per year. Advantages of meeting in person include:

Increased energy and opportunities for conversations among members during breaks and going out to lunch. Carpooling can be fun and provide opportunities for conversations before and after the meeting. Disadvantages include the time, stress, and expense to rent the room and to travel 2-3 hours to our previous location at Winter Park. With the continuing construction in the Orlando area, the increased traffic makes it particularly difficult for our members coming from the Bay area. In addition, with Nar-Anon World Service being in dire need for funds, it might be better for us to use the money for rent, fuel, etc. to pass up to the WSO (World Service Office). Our treasurer will look into Winter Park and Lakeland as possibilities for In-person meetings.

**Openings for regional service chairpersons for election at the September Assembly:** Position openings include the Website and Helpline chairpersons. The Bay Area sent a request for the addition of an Alternate Virtual Meeting Administrator. Please submit letters of willingness to the regional chairperson.

**Need for a steering committee to update the Florida Regional Guidelines (FLRG):** Now that the Guide to Local Services has been updated by World, Florida needs to update theirs. The chairperson, webmaster, and GSR from Clearwater Thursday are willing to be on the committee so far. Florida needs to provide more guidance for new members who are taking service positions. In addition, the Florida guidelines need to be updated as motions are passed, such as the addition of the Virtual Meeting Administrator position that was added last year.

**Motion to follow treasurer's recommendation to send the \$480.00 to World.** 1<sup>st</sup> Clearwater Thursday, 2<sup>nd</sup> New Tampa. Passed unanimously.

#### **GSR (Group Service Representative) Roundtable:**

Some meetings have returned to in-person format, others use a hybrid of in-person and virtual or conference calls, and still others have remained on virtual-only or teleconference-only formats. Some of the groups suspended meetings for a few months before returning to in-person or hybrid models, but others have been meeting via virtual or conference call since the pandemic began.

Some meetings do not have a physical space that is open, yet. Those groups that offer virtual and teleconference participation have members from out of the area, which means that a return to an in-person only format would exclude those members. Some groups that have been meeting virtually, have members that do not want to return to in-person meetings, either because meeting virtually is safer or more convenient.

One group hosted a double speaker meeting (with NA and Nar-Anon speakers) and refreshments that was well-attended (pre-pandemic numbers) at their large meeting room with Zoom participation. Even though they were not meeting for 3-4 months at the beginning of the pandemic, they continued to pay the \$50 monthly rent to hold their meeting location. Attendance varies among the groups, but more newcomers are attending and coming back now.

**NEXT MEETING:** September Assembly, 2021. Details to be announced.

**MOTION TO ADJOURN:** A motion to adjourn was proposed (St. Pete Monday), seconded (New Tampa), and passed unanimously. The meeting closed with the Serenity Prayer at 9:52 pm eastern time.

Submitted by,  
Margie P.  
Secretary, Nar-Anon Florida Region

Approved with corrections 9-8-2021

## Minutes of the Florida Regional Virtual Meeting Saturday, September 18, 2021, 9:00 am

**CALL TO ORDER:**

The Chair opened the meeting at 9:30 am, eastern time, with The Serenity Prayer. The Twelve Traditions and Twelve Concepts were read aloud.

**ROLL CALL:**

Non-Voting	Voting
Belle, FL Region Chairperson	Bradenton 127-081 Tammy F.
Margie P, FL Region Secretary	Clearwater Thursday 127-070 Sandy S.
Jim M, FL Region Treasurer	Clearwater Tuesday 127-005 Ed L.
Donna C, FL Region Alternate Delegate	Daphne, AL 122-007 David T.
*Bonnie J, FL Region Virtual Meeting Coordinator/ Convention Chair	Lake Worth 127-021 Donna G.
Bonnie W, FL Region Helpline Chairperson	Land O' Lakes 127-023 Ingrid M.
*Theresa M., FL Region Webmaster	Port St Lucie 127-041 Gina D.
Marguerite, Bay Area Service Representative	*New Tampa 127-088 Bonnie J
Pat B, FL Region Literature Committee member	*St. Petersburg Monday, 127-045 Theresa M
Kim F. FL Region Outreach Chairperson	Tampa North 127-049 Yvette B.
	Tarpon Springs 127-052 Kevin H.
	Zephyrhills 127-103 Faye W.

- \* = dual role
- 12 voting
- 8 non-voting
- 20 in attendance

**APPROVAL OF MINUTES:**

Motion made (1<sup>st</sup> St. Pete Monday) and seconded (2<sup>nd</sup> Port St. Lucie) to approve the **June 13, 2021** minutes with corrections (March 13, 2021 instead of 2022 and page 4, corrected email address for Bonnie W., the helpline chairperson, should be helpline@naranonfl.org). Motion passed.

**TREASURER'S REPORT:**

The treasurer reviewed the written ledger report, budget, and budget considerations. Balance as of 9-18-2021 is \$3, 547.42. There will be approximately \$200 more when the new fiscal year starts in October, so the treasurer will update it in October. The treasurer had to set up a DBA (doing business as) account costing \$245 in order to have electronic services via Zelle, which costs \$125 per year. The region has a bank account that requires a debit card. Expenses such as the Helpline, Zoom account, Outreach packets, and travel reimbursement can be taken out on a regular basis.

After the treasurer called and surveyed groups recently, it became apparent that some groups do not know that they are in a Nar-Anon area, such as the Bay Area or First Coast area, or in the Florida region. These groups may be contributing directly to World, but we have no way of knowing which groups or how much they donate. The region supports the groups, so it is important that the groups donate when they can to the region rather than holding on to the funds. Even though many of our meetings are virtual or by telephone and have fewer expenses, they are not passing up unused funds to the region. Based on our budget that includes the prudent reserve and required holdbacks, we do not have enough contributions coming in to support the region, and in turn, to send unused funds to World Service. The treasurer has one more year in his term with the next treasurer starting in December of 2022.

#### **CHAIR REPORT:**

Welcome to new group service representatives (GSRs) and to other members attending the assembly! The GSRs were encouraged to ask questions or to ask for assistance, if needed. Nar-Anon world service is in great need of donations! The chair explained the process of sending donations to the area (if they belong to one) and how any unused funds are passed through the FL region and on to World. A group can donate directly to World and to the FL region. The group decides what to do. As a region, we support our groups and pass any unused funds to the world.

The current chair has one more year of service in her term. We need a FL delegate to support our alternate delegate who has had to do the work of two people and represent us at the World Service Conference.

#### **ALTERNATE DELEGATE'S REPORT:**

As the treasurer and the chairperson stated, the alternate delegate has one more year in her 3-year term and is willing to be the delegate, but we will need an alternate delegate, also. It would involve giving up a service position, such as GSR or committee chair.

The alternate delegate attended the quarterly meeting of the delegates of other regions August 21<sup>st</sup>. She receives daily messages from her counterparts from around the world. The meeting's topic was about electronic books (eBooks) and screening-sharing of conference-approved literature (CAL). In the US, we can get our literature for a reasonable cost and within a reasonable time. This is not so in the rest of the world. Shipping is costly even with a contract with the World Service Office (WSO). Before the pandemic, Russia had been sharing literature at their virtual meetings, which was pirated. We need to share literature with newcomers, but World relies on literature revenue in order to pay the bills and operate. Donations are not enough. On Nov. 21<sup>st</sup>, the discussion will focus on CAL print contracts to help with the expense of translating and printing. Nar-Anon only has a few electronic books, including the outdated

blue booklet that is six years old. They are looking at three different ways to sell literature: Locked PDFs, Mobi ePub, and digital rights management. There are pros and cons to these ways of formatting and selling electronic Nar-Anon literature.

Some of the many questions for the Nar-Anon Board of Trustees (BOT) virtual meeting on September 26<sup>th</sup> were reviewed. The deadline for submission of questions is tomorrow, Sept. 19<sup>th</sup>. In addition to questions regarding electronic conference-approved literature, some of the questions were about how often the fellowship should have world service conferences, such as meeting more often on a regular basis or continuing with meeting every two years and having extraordinary conferences, when needed.

#### **AREA REPORTS:**

**Bay Area:** The Area Service Representative (ASR) noted that the area is still meeting via Zoom and has not returned to meeting in-person, yet. Thanks to the Alternate Bay Area Chair for leading the meeting last month! We have a new Bay Area secretary. The survey has been put on hold, but the area is still planning to host a Serenity event.

#### **COMMITTEE REPORTS:**

**Virtual Meeting Coordinator:** The regional Zoom account is available for service committee meetings and for virtual conventions. Currently, it is used for Narateen and for the Bay Area service meeting.

**Convention:** The next FRCNA (Florida Regional Convention of Narcotics Anonymous) convention is scheduled for June 30<sup>th</sup>-July 3<sup>rd</sup>, 2022 in Orlando at the Rosen Center. We usually schedule our shorter Nar-Anon convention to coincide with NA, which would be July 2<sup>nd</sup>-3<sup>rd</sup> with a dinner on the Friday, July 1<sup>st</sup>. We were missed last year and need to form a committee of at least 3-4 members to prepare for next year. What is a convention? An explanation was provided noting that Saturday is the biggest day and that the convention ends on Sunday morning. Group discounts for hotel rooms will be available.

**Outreach:** More outreach activities in coordination with recovery community organizations (RCOs) are taking place. The chairperson has been traveling around our region to provide materials and to assist local meetings in reaching out to their communities to let them know about Nar-Anon. The outreach chair was on her way to an outdoor outreach event when she called into the regional assembly meeting. Unfortunately, a lot of meetings are still on hold or have closed, so the outreach chairperson is also doing 'in-reach' to let Nar-Anon groups in our region know that the FL Region is there for them.

**Narateen:** The committee chair was not in attendance, but it was noted that committee is meeting regularly and needs more members. Currently they are working on using the slide presentation/training for Narateen facilitators that is provided by World and tweaking it to make it more relevant to Narateen meetings in Florida.



**Literature:** Committee members, Pat B. and Ed L, gave an update. The committee meets the first and third Mondays of the month at 6:00 pm on Skype. They finished working on Tradition Seven for the Nar-Anon 36 book and are ready to work on something else, such as 31 Days in Narateen and Grandparents Stories. Currently, Traditions 1 and 2 are out for fellowship review. Question: Could someone from the committee write something for the FL website? It may help the committee attract more volunteers. They will bring the idea up at their next meeting.

**Website:** Our webmaster noted that the committee is meeting regularly and has divided the work so that new material for the website can be reviewed before posting, etc. There is a checklist to follow in order to post flyers for events on the website. Regarding the contact list, please check and notify the website committee by using the edit form on the website to correct mistakes or to make changes. If a group is no longer meeting, notify us so that no one, especially a newcomer, goes to a meeting that is no longer there! In order to have mapping and to use zip codes to find meetings on the website, we would have to pay for it. The current webmaster is preparing for the next webmaster so that there is continuity.

**Helpline:** The call service is working and there have been no complaints. The chairperson's service commitment ends next month after serving for over eight years and she has been preparing for the next helpline chair to make a smooth transition. Current volunteers were sent an email regarding their current shifts and whether or not they want to change them so that the spreadsheet can be updated. The benefits of doing service and of how easy it is to chair the helpline committee was explained. You just need access to a computer. Service works and it is time for someone else to serve. We have an interested member for the position. The helpline process for volunteers was explained, including the fact that the callers do not know your personal phone number and that calls can roll over to the chairperson and on to another volunteer if it is not answered the first time. The outgoing chair will be available to assist the new chair.

#### **OLD BUSINESS:**

**Need for a steering committee to update the Florida Regional Guidelines (FLRG):** Now that the Guide to Local Services has been updated by World, Florida needs to update theirs. The Florida guidelines need to be updated as motions are passed, such as the addition of the Virtual Meeting Coordinator position that was added last year. Other guidelines can be changed on a regional level, such as the recommended terms of the GSRs and the committee chairpersons. The vice chair is not available to head this effort, so an ad-hoc committee was formed. The FL regional chairperson and webmaster are willing to be on the committee, but we need more members. Florida needs to provide more guidance for new members who are taking service positions in the region.

#### **NEW BUSINESS:**

**Elections:**

Helpline Chair: Faye W submitted a letter of willingness. No other nominations were brought forward from the floor. After a brief introduction, Faye logged off the meeting for the votes to be counted. The result was unanimous. Faye W. will start in October.

Alternate Virtual Meeting Coordinator: After a brief explanation of the need for an assistant virtual meeting coordinator, namely that this member can use the regional Zoom account to start virtual meetings when the coordinator is not available, Ivette B. expressed willingness to stand for the position. She logged out of the meeting for the vote count and the result was unanimous. Ivette B. is the new Alternate Virtual Meeting Coordinator.

### **GSR (Group Service Representative) Roundtable:**

All twelve groups that attended the meeting provided short summaries of their meeting formats, attendance, financial status, welcoming newcomers, providing literature, doing outreach, the general 'health' of the meetings, and the challenges that the groups are facing.

One group has a turntable/carousel device for their hybrid virtual and in-person meeting so that the screen can be moved for those attending in person to share with those members who are participating virtually.

A challenge at some meetings is when some members (not newcomers) have a habit of sharing too long, which does not allow the other members enough time to share. Some groups have changed the format (through a group conscience process) to ask members to share for 3-5 minutes, depending on how many are in attendance. It is challenging for the chairperson to help someone finish a long share without being too abrupt. One idea was for the chairperson to wait until the person sharing takes a breath to thank them and to refocus on the topic for others to share. At one meeting, a member shared too long and engaged in crosstalk while visibly under the influence and became upset when offered help after the meeting. Public safety while providing a welcoming environment at meetings was discussed. Members can be encouraged to stay after the meeting if they want to talk more. At some meetings, members go out to breakfast or lunch after the meeting.

Two of the meetings are on different days but are at the same location now, which causes one meeting to be more poorly attended. That meeting is looking at either closing the meeting or changing the format to be a tradition/concept meeting or perhaps, a women's meeting.

Regarding being available to newcomers, it seems that the in-person meetings might be more attractive to them than a virtual or teleconference-only meeting. In addition, when a newcomer attends an in-person meeting, it is easier for them to get a newcomer's packet and other Nar-Anon literature.

Attendance varies, sometimes due to pandemic concerns and to the format of the meeting. Some of those who do not feel healthy enough to attend an in-person meeting also are not comfortable with the technology involved in attending virtually. One meeting, is having a group anniversary speaker meeting with NA and Nar-Anon speakers, which may attract more members. Outreach activities include speaking at a psychology class at a local college.

In general, groups are encouraging members to attend neighboring meetings and to donate to their groups and to pass additional funds to their area, the FL Region, and to the World.

**NEXT MEETING:** December, 2021. Details to be announced.

**MOTION TO ADJOURN:** A motion to adjourn was proposed (St. Pete Monday), seconded (Bradenton), and passed unanimously. The meeting closed with the Serenity Prayer at 1:17 pm eastern time.

Submitted by,  
Margie P.  
Secretary, Nar-Anon Florida Region

Approved 12-12-2-21

## Minutes of the Florida Regional Virtual Meeting Sunday, December 12, 2021, 7:30 pm

**CALL TO ORDER:**

The Chair opened the meeting at 7:30 pm, eastern time, with The Serenity Prayer. The Twelve Concepts were read aloud.

**ROLL CALL:**

Non-Voting	Voting
Belle, FL Region Chairperson	Clearwater Thursday 127-070 Sandy S.
Margie P, FL Region Secretary	Lakeland 127-022 Mary C.
Jim M, FL Region Treasurer	Land O' Lakes 127-023 Ingrid M
Donna C, FL Region Alternate Delegate	*New Tampa 127-088 (Virtual only) Bonnie J
*Bonnie J, FL Region Virtual Meeting Coordinator/ Convention Chair	Palm City 127-038 Amy B.
*Faye W, FL Region Helpline Chairperson	Port St Lucie 127-041 Gina D.
*Theresa M., FL Region Webmaster	*St. Petersburg Monday, 127-045 Theresa M
Marguerite, Bay Area Service Representative	*Zephyrhills 127-103 Faye W.
Pat B, FL Region Literature Committee member	

- \* = dual role
- 8 voting
- 6 non-voting
- 14 in attendance

**APPROVAL OF MINUTES:**

Motion made (1<sup>st</sup> St. Pete Monday) and seconded (2<sup>nd</sup> New Tampa) to approve the **September 18, 2021**. Motion passed unanimously.

**TREASURER'S REPORT:**

The treasurer reviewed the written ledger report, budget, and budget considerations. Current balance is \$4,665.93. A donation to world needs to be approved (new business). With a prudent reserve of \$3,720.00, the recommended amount to donate is \$895.93, **plus the \$150.00 just received for a total of \$1,045.93.**

The region supports the groups, so it is important that the groups donate when they can to the region rather than holding on to the funds. Even though many of our meetings are virtual or by telephone and have fewer expenses, they are not passing up unused funds to the region. Some groups may be contributing directly to World, but we have no way of knowing which groups or how much they donate.

The treasurer explained about outreach literature that is in the current budget. Keep in mind that the world website has free downloads of outreach materials before placing an order.

#### **ALTERNATE DELEGATE'S REPORT:**

The alternate delegate continues to participate in the Nar-Anon world delegates' forum. We have three new regions (Netherlands, Uruguay, and Israel). She receives daily messages from her counterparts from around the world. In addition to working on the internal policy and guidelines of the forum, the delegates have been working on setting priorities by ranking them from least important to the most important.

Electronic conference-approved literature is a high priority, partly because shipping of books is too expensive and it is difficult for countries outside the US to get literature. There are some countries whose governments do not allow us to ship materials to our members there. Another effort is to provide translations of our literature in different languages. Screen-sharing continues in some areas in order for newcomers and other members to have access to our literature. Other topics include the appropriate name for the board of trustees and attracting more volunteers to serve.

#### **AREA REPORTS:**

**Bay Area:** We have returned to in-person meetings. The guidelines committee is reviewing changes in the area guidelines in order to be consistent with the new guidelines from world. A new initiative is to have a short study of traditions and concepts (15 minutes) once a month. There was discussion about which books to use from AI-Anon for the traditions and from NA for the concepts because the AI-Anon concepts are not the same as NA and Nar-Anon's are. The Serenity Fellowship event is scheduled for March 5, 2022 at a park and will be a potluck.

#### **COMMITTEE REPORTS:**

**Virtual Meeting Coordinator:** The regional Zoom account is available for service committee meetings and virtual events. Currently, the account is used for Narateen and assemblies. A question was asked about using the Region's account for regular meetings. The clarification was made that the region is using this service for the region's business and conventions and for the Narateen members who have difficulty having a meeting that is self-supporting like our regular meetings are.

**Convention:** The next FL Regional convention (in cooperation with FRCNA (Florida Regional Convention of Narcotics Anonymous) convention is scheduled for July 2-3, 2022 in Orlando at the Rosen Center. There will be a dinner on the Friday, July 1<sup>st</sup>. We will have a full program during the day on Saturday, July 2<sup>nd</sup> and a morning program on Sunday, July 3<sup>rd</sup>. We have a committee of six volunteers and will meet once a month, starting with our first meeting this Tuesday. We are forming sub-committees for the program, fundraising, game night, etc. We're so excited to have a convention again!

**Outreach:** The outreach chair was not able to attend the meeting but emailed the regional secretary. The following is a summary: The outreach committee participated in recovery events each weekend, except one, in September. A virtual presentation was given in October to a mental health counseling class at a Florida university and committee members are continuing to contact the Florida RCO's (recovery community organizations) and the agencies that make them up in order to set up more events, such as having Nar-Anon members speaking at outreach events.

**Narateen:** Bay Area facilitators are helping the teens to be more self-supporting even though they participate in a virtual meeting and are sometimes from outside of Florida. One of the suggestions was for the teens to volunteer to give service to their communities as a way to contribute until they are able to do so in financial and other ways. Other suggestions include attending a Nar-Anon meeting to place money in the basket and having the parents send money electronically to the world or to the FL Region's Zelle account. Narateen members are participating with other regions, such as the Rocky Mountain region. Two of them spoke at a virtual convention in California.

**Literature:** A committee member gave an update. The committee did not meet in December but plans to go back to the regular schedule in January. There is literature for fellowship review from world for group members to review.

**Website:** Our webmaster noted that when a "Group Edit" form is completed on the website, the information is sent to ten people in the region. Please do not reply as this is sent directly from the website. We are working on aligning our website with the world website, especially when it comes to keeping up with frequent updates to virtual and teleconference meeting information. Please visit the world and Florida websites! More discussion will be during new business. Keep in mind that when you visit an electronic book provider, the updates to books, such as our blue booklet, are done automatically.

**Helpline:** Our new chair is working on contacting everyone (15-20 people) to make sure they are in the right slots. All slots are covered for now. The chair is having difficulty receiving emails that come through [helpline@naranonfl.org](mailto:helpline@naranonfl.org). She may need to change her personal email to a different provider than the one she has now.

**OLD BUSINESS:**

None.

**NEW BUSINESS:**

**A motion to send the recommended contribution of \$895.93 plus the \$150 that just came in for a total of \$1,045.93 to World** was made (1<sup>st</sup> Lakeland, 2<sup>nd</sup> Port St. Lucie). The motion passed unanimously.

**Discussion regarding quarterly regional assemblies:**

The chair introduced the possibility of changing the number of regional assemblies. Some members have suggested that fewer meetings would be better and would encourage more participation. An example would be not having a meeting during the holiday season in December when members have more family obligations and are less likely to participate. Another idea was to change the December meeting to January. Historically, assemblies are poorly attended. For example, we have only a few members attending this meeting in a region that has at least 73 meetings.

The 60-day motion rule in which the GSR (group service representative) has time to bring the motion to share with group members, needs to be considered when we schedule our meetings. Our current schedule allows for this. If we decide to change the schedule, a GSR or ASR needs to propose a motion and follow the 60-day notification.

Participation has been a problem for a long time and some members noted that changing the schedule will not make a difference. An electronic survey could be conducted to see what other members think is best.

Another suggestion was to have two RSC (regional service committee) meetings and two assemblies. Previously, the RSC meetings met once a month to pinpoint issues that needed to be brought up at the assemblies.

Whatever we decide, it is important to let the region know when the meetings are ahead of time so that they can plan to attend. The discussion was tabled.

**Re-address (June 2020) decision to list electronic meeting information on the website:**

The World website has a dedicated page for virtual meetings. World adds a (V) to the meeting number to indicate that it is a virtual meeting. They list a member's email or phone number so that a member can get the details, such as the platform (Zoom, etc.) and passwords, etc., from a member of that group. Some groups already do it this way. It ensures that the person looking for a meeting has the most current information and that we are following Nar-Anon traditions by not listing details about the platform (Zoom, etc.), which implies affiliation.

It is important to mirror the format of the World website. She noted that it is difficult to stay on top of the frequent changes in virtual meeting information and there have been complaints

about how our website lists the information. After further discussion, a **motion** was brought forward (1<sup>st</sup> St. Pete, 2<sup>nd</sup> Clearwater) that **electronic meeting listings on the FL Region website will list contact information (email or phone number) for virtual meeting information**. The motion passed unanimously. The webmaster will send an email to the region so that the changes can be made with a target of mid-January.

**GSR (Group Service Representative) Roundtable:**

Most of the groups that attended the meeting provided short summaries of their meeting formats, attendance, financial status, efforts to encourage newcomers, providing literature, doing outreach, the general 'health' of the meetings, and the challenges that the groups are facing.

In general, groups are encouraging members to attend neighboring meetings and to donate to their groups either at the in-person meeting or electronically, and to pass additional funds to their area, the FL Region, and to World.

New Tampa is only virtual, so they have members from all over, such as Indiana, New York, etc. Other groups are planning to return to in-person meetings, such as Land O'Lakes and St. Petersburg. Some meetings have lost longtime members and attendance is still low despite changes in their formats (in-person, hybrid, virtual, teleconference). Clearwater Thursday will probably close due to poor attendance and to the proximity of the Clearwater Tuesday meeting. Groups are looking to increase outreach efforts and some of the GSRs are finishing their terms in January.

**NEXT MEETING:** March, 2022. Details to be announced.

**MOTION TO ADJOURN:** A motion to adjourn was proposed (St. Pete Monday), seconded (New Tampa), and passed unanimously. The meeting closed with the Serenity Prayer at 10:50 pm eastern time.

Submitted by,  
Margie P.  
Secretary, Nar-Anon Family Groups Florida Region  
12-29-2021

3-26-2022: Minutes accepted with corrections (marked in red)



## Florida Region Nar-Anon 2021/2022 Budget

<b>2020/2021 Program Revenues vs. 2021/2022</b>			ACTUAL REVENUE 2020/2021	ACTUAL REVENUE 2021/2022
Convention Gross Income:			0	\$50.00
Registrations			0	0
	Dinner		0	\$30.00
	Raffle		0	0
	Donations		0	0
	Total Convention Income		0	\$80.00
Convention Expenses: (Dinner & Supplies)			0	0
<b>CONVENTION NET INCOME</b>			0	0
<b>GROUP, MEMORIAL &amp; AREA DONATIONS TO DATE</b>			\$3185.59	\$4,022.73
<b>TOTAL REVENUE</b>			<b>\$3185.59</b>	<b>\$4,102.73</b>

### Budget 2020/2021 vs 2021/2022

<b>Expenditures.</b>	Budget 2020/2021	Actual 2020/2021	Proposed 2021/2022 Budget	ACTUAL EXPENSES 2021/2022
ASSEMBLY F TO F MEETING March '22	\$60.00	0	\$60.00	0
ASSEMBLY F TO F MEETING September '22	\$60.00	0	\$60.00	0
TRAVEL EXPENSES	\$400.00	\$139.44	\$400.00	0
LITERATURE NEW GROUPS	\$500.00	0	\$500.00	0
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$95.53	\$150.00	\$94.36
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$108.95	\$400.00	\$14.60
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$240.00
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$240.00
CONVENTION ( <i>initial advance \$350 - \$100 donation to NA</i> )	\$350.00	0	\$350.00	0
WEBSITE	\$800.00	\$359.64	\$800.00	0
OUTREACH PACKETS/HELPLINE	\$1,700.00	\$771.34	\$1,000.00	\$372.53
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$245.00	\$245.00	\$70.00
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	0
<b>TOTAL BUDUGETED EXPENDITURES</b>	<b>\$5,560.00</b>	<b>\$2784.83</b>	<b>\$5,510.00</b>	<b>\$1031.49</b>

**FISCAL YEAR OCTOBER 1, 2021 TO SEPTEMBER 30, 2022**

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

	<b>ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE</b>	<b>TOTAL</b>
<b>PRUDENT RESERVE 2021/2022</b>	\$600.00	<b>\$600.00</b>
<b>Holdback from 2019/2020</b>	\$1,920.00	<b>\$1,920.00</b>
<b>Holdback from 2020/2021</b>	\$960.00	<b>\$960.00</b>
Holdback October 2021	\$80.00	\$3,560.00
Holdback November 2021	\$80.00	\$3,640.00
Holdback December 2021	\$80.00	\$3,720.00
Holdback January 2022	\$80.00	\$3,800.00
Holdback February 2022	\$80.00	\$3,880.00
Holdback March 2022	\$80.00	\$3,960.00
Holdback April 2022	\$160.00	\$4,120.00
Holdback May 2022	\$160.00	\$4,250.00
Holdback June 2021	\$160.00	\$4,440.00
Holdback July 2022	\$160.00	\$4,600.00
Holdback August 2022	\$160.00	\$4,760.00
Holdback September 2022	\$160.00	\$4,820.00
<b>Total</b>	<b>\$4,920.00</b>	<b>\$4,920.00</b>
<b>Balance in checking account as of 3/16/22 is \$5,663.90</b>	<b>Groups and Area's donation for 2021/2022</b>	
<b>Required hold back for prudent reserve and accrual for convention delegate and alt delegate thru March is \$3,960.00</b>	<b>Bay Area</b>	
<b>Donation to world of \$1,045.93 Ck # 1202 sent on 12/20/21</b>	<b>Ocala Forest 127-096</b>	
<b>Donation to World of \$1,703.90 ck # 1203 sent on 3/28/22</b>	<b>St. Mary 127-024</b>	
<b>Holdback for Del and Alt Del approved to increase to \$160.00 per month starting in April 2022</b>	<b>Port St. Lucie 127-041</b>	
	<b>Winter Park 127-058</b>	
	<b>Oldsmar 127-034</b>	
	<b>Fort Myers 127-063</b>	
	<b>South Miami 127-064</b>	
	<b>South Miami 127-029</b>	
	<b>Palm City 127-038</b>	
	<b>Chickasaw 127-006</b>	
	<b>Lakeland 127-022</b>	
	<b>Cooper City 127-007</b>	
	<b>Delray Beach 127-117</b>	

FLORIDA REGION NAR-ANON FAMILY GROUPS  
 FINAL TREASURY LEDGER FOR  
 FISCAL YEAR 2020-2021  
 OCTOBER 1<sup>st</sup>, 2020 to SEPTEMBER 30<sup>th</sup>, 2021

DATE		DESCRIPTION	EXPENSE	DEPOSIT
10/23/20	debit	Onebox help line	\$38.58	0
11/20/20	Dep (2)	\$100.00 Fort Myers 127-091 \$50.00 Palm City 127-038	0	\$150.00
11/23/20	debit	Onebox help line	\$38.58	0
12/23/20	debit	Onebox help Line	\$38.58	0
1/04/21	Dep (1)	\$15.00 Lakeland 127-022 (Prescilla)	0	\$15.00
1/04/21	Dep (1)	\$20.00 Bonnie J donation in honor of Nicole O	0	\$20.00
1/15/21	Dep (1)	Donations to honor Nicole O \$25.00 Harriot, \$20.00 Ellen G, \$60.00 Cash from Jim M, Meretta D, Anne G and Ellen F	0	\$105.00
1/23/21	debit	Onebox Help Line	\$38.58	0
1/28/21	cash	\$15.00 Zelle to Gerri M for Narateen	\$15.00	0
1/28/21	Dep (1)	\$100.00 Janet S, donation in honor of Nicole O	0	\$100.00
1/28/21	Cash	\$9.00 Zelle to Gerri M for Narateen	\$9.00	0
2/02/21	Dep (1)	\$500.00 Hope Church donation to honor Nicole O	0	\$500.00
2/22/21	Dep (2)	\$40.00 Ocala Forest 127-033 \$50.00 Lake Worth 127-021	0	\$90.00
2/23/21	debit	Onebox helpline	\$38.58	0
2/27/21	Ck# 1136	\$41.25 to Gerri M for Narateen literature	\$41.25	0
3/17/21	Dep (3)	\$500.00 Bay Area \$30.00 Centers 127-096 \$30.00 Cooper City 127-007	0	\$560.00
3/17/21	Ck# 1137	\$814.02 Region donation to World	\$814.02	0
4/26/21	Dep (4)	\$40.00 Ocala Forest Feb 127-033 \$40.00 Ocala Forest Mar 127-033 \$75.00 Ft. Myers 127-091 \$75.00 Zelle Bradenton 127-081 -\$9.00 to Gerri M Zelle Narateen	\$9.00	\$230.00
4/25/21	debit	Onebox Helpline	\$38.58	0
5/12/21	Dep (1)	\$40.00 Ocala Forest 127-033	0	\$40.00
5/23/21	debit	Onebox Helpline	\$38.58	0
6/02/21	Dep (1)	\$15.00 Delray Beach 127-117	0	\$15.00
6/11/21	Dep (4)	\$600.00 Bay Area \$50.00 Lakeland 127-022 \$40.00 Ocala Forest 127-033 \$40.00 Cooper City 127-007	0	\$730.00



# Final Florida Region Nar-Anon 2020/2021 Budget

## Revenue

<b>2019/2020 Program Revenues vs. 2020/2021</b>			ACTUAL REVENUE 2019/2020	ACTUAL REVENUE 2020/2021
Convention Gross Income:			0	0
Registrations				
	Nara-teen		0	0
	Dinner		0	0
	Raffle		0	0
	Donations		\$721.00	
	Total Convention Income		\$721.00	0
Convention Expenses: (Dinner & Supplies)			0	0
	<b>CONVENTION NET INCOME</b>		\$721.00	0
	<b>GROUP, MEMORIAL &amp; AREA DONATIONS TO DATE</b>		\$3692.00	\$3,335.59
	<b>TOTAL REVENUE</b>		<b>\$4413.00</b>	<b>\$3335.59</b>

## Budget 2019/2020 vs 2020/2021

<b>Expenditures.</b>	Budget 2019/2020	Actual 2019/2020	Proposed 2020/2021 Budget	ACTUAL EXPENSES 2020/2021
ASSEMBLY F TO F MEETING March '21	\$60.00	\$60.00	\$60.00	0
ASSEMBLY F TO F MEETING September '21	\$60.00	0	\$60.00	0
TRAVEL EXPENSES	\$600.00	0	\$400.00	\$139.44
LITERATURE NEW GROUPS	\$600.00	\$395.11	\$500.00	0
OFFICE EXPENSE (stamps) Printing, New WF checks	\$55.00	\$147.77	\$150.00	\$95.53
NARATEEN (Background checks) / New Group Packets/Literature	\$650.00	\$150.95	\$400.00	\$108.95
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$960.00	\$960.00	\$480.00	\$480.00
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$960.00	\$960.00	\$480.00	\$480.00
CONVENTION ( <i>initial advance \$350 - \$100 donation to NA</i> )	\$100.00	\$100.00	\$350.00	0
WEBSITE	\$1200.00	\$100.00	\$800.00	\$359.64
OUTREACH PACKETS/HELPLINE	\$2500.00	\$520.03	\$1,700	\$1,079.30
FLORIDA ANNUAL REGISTRATION (Reg. + DBA)	\$70.00	\$70.00	\$70.00	\$245.00
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	0	\$10.49	\$110.00	\$104.93
<b>TOTAL BUDUGETED EXPENDITURES</b>	<b>\$7815.00</b>	<b>\$3474.35</b>	<b>\$5,560.00</b>	<b>\$3092.79</b>

# Budget Considerations

## FISCAL YEAR OCTOBER 1, 2020 TO SEPTEMBER 30, 2021

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

	ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE	TOTAL
<b>PRUDENT RESERVE 2020/2021</b>	\$600.00	<b>\$600.00</b>
<b>Holdback from 2019/2020</b>	\$1,920.00	<b>\$1,920.00</b>
	0	<b>0</b>
Holdback October 2020	\$80.00	\$2,600.00
Holdback November 2020	\$80.00	\$2,680.00
Holdback December 2020	\$80.00	\$2,760.00
Holdback January 2021	\$80.00	\$2,840.00
Holdback February 2021	\$80.00	\$2,920.00
Holdback March 2021	\$80.00	\$3,000.00
Holdback April 2021	\$80.00	\$3,080.00
Holdback May 2021	\$80.00	\$3,160.00
Holdback June 2021	\$80.00	\$3,240.00
Holdback July 2021	\$80.00	\$3,320.00
Holdback August 2021	\$80.00	\$3,400.00
Holdback September 2021	\$80.00	\$3480.00
<b>Total</b>	<b>\$3,480.00</b>	<b>\$3,480.00</b>
<p><b>Balance in checking account as of 09/18/21 is \$3.185.07</b></p> <p><b>Sent \$814.02 donation to World April 1st 2021</b></p> <p><b>Sent \$480.26 donation to World June 21<sup>st</sup> 2021</b></p> <p><b>Based on Prudent reserve and required holdback, we must have \$3,480.00 in our account, we are -\$294.93 and do not have any additional funds to send to world at this time. If not for memorial donations our account balance for the year would be -\$1,019.92 after reserve.</b></p> <p><b>Many groups and areas have made no donations for this fiscal year. Even with Zoom meetings the region still needs donations from all groups and areas to meet our budgeted expenses.</b></p>	<p style="text-align: center;"><b>Groups and Area's that have donated to Region from Oct 1, 2020 to September 30th 2021.</b></p> <p style="text-align: center;"><b>BAY AREA</b></p> <p style="text-align: center;">Bradenton 127-081 Chickasaw 127-014 Fort Myers 127-091 Palm City 127-038 Lakeland 127-022 Ocala Forest 127-033 Ocala Centers 127-096 Lake Worth 127-021 Cooper City 127-007 Delray Beach Sat. 127-117 Delray Beach 127-117 Ft. Myers 127-063 South Miami 127-029 Palm Coast 127-039 Memorial Donations for Nicole O</p>	