

**(Draft) Minutes**  
**Florida Region Assembly**  
**Saturday, March 09, 2024 / 09:00am – 12:30pm**

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**Attendees:**

ROLL CALL: 11 Attendees; 6 Voting Members; 5 Non-Voting Members \* Dual Role

<b>Voting: 6</b>	<b>Non-Voting: 5</b>
Tony – Tampa Mon	Bonnie – Regional Chair
*Theresa M – Clearwater	Ingrid – Regional Vice Chair
Mary C - Lakeland	Rosemary – Regional Treasurer
*Debra D – New Tampa	Donna – Regional Delegate
Kathy B – No Longer Alone Subs Kevin H.	Yvette – Regional Alt. Delegate
*Kim – A Place for Peace	

**Call to Order:**

The Chairperson called the meeting of the Florida Region Assembly to order at 9:10 am on March 9, 2024. Ingrid will record minutes for this meeting. Roll call was taken by Ingrid. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions and Twelve Concepts were read aloud. In the absence of a Regional Secretary, the meeting was recorded.

**Minutes:**

**Corrections:**

Theresa (Clearwater) motions to approve the minutes from December 10, 2023, and Mary (Lakeland) seconded. Theresa mentioned that Kim was listed twice, and two members, Phylis and Pat were non-voting members not voting members. The total attendance was 17 members with 10 voting members and 7 non-voting. Theresa (Clearwater) made motion to approve the minutes with corrections and Debra (New Tampa) seconded. Minutes with corrections passed unanimously.

**COMMITTEE REPORTS**

1. Chair / Vice-Chair (Bonnie/Ingrid)

- Recovery Cruise from Rocky Mountain was mentioned on the Newsletter.
- Received an offer for 9 panel drug tests, this is outside of our fellowship primary purpose.
- When members are sending in reports, please send them in as Word so reports can be added to the meeting minutes. Discussed the possibilities of purchasing an Adobe product to convert documents.
- Welcome Kathy from Tarpon Springs
- Positions still open are Secretary and Webmaster
- Bonnie donated \$60 to the Schalamar Creek and Country Club for allowing us to their room for this meeting.

2. Treasurer: (Rosemary)

- Current Financial and Budget Reports were published earlier this week. Donations coming in and expenses going out where recorded. Bank balance is \$2,830.79. Holding back the defined budget scheduled amount of \$1,155.25, the donation to Nar-Anon Family Group, Inc. is \$1,675.54. See attached Treasury Reports.
- Motion was made to send \$1,675.54 to WSO by Debra (New Tampa), seconded by Mary (Lakeland) and passed with a 4 Yes, 2 abstained. Motion passed to send \$1,675.54 to WSO.

3. Delegate/ Alternate Delegate Report: (Donna/Yvette)
  - 2024 IWSC Polls are needed.
  - The Serenity Connection letter from the Cathy K. WSO paragraph was read out loud which explained their returning to normal after Covid. Virtual meetings are hurting donations.
  - 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC.
    - It will be held at the Walter E Washington Convention Center in cooperation with NA.
  - WSO is working on technical issues with the pull tabs and will be posted on WSO's website.
  
4. Bay Area Report: (Theresa)
  - Donations in the Bay Area are low.
  - They are doing some Inreach and Outreach such as another speaker Potluck.
  - A committee was formed to look over WSO Minutes, screenshots of Serenity Connection and Profit and Loss balance sheets. Based on their findings Marguerite sent a letter to the WSO and requested from them their budgets and balance statements and profit and loss statements.
  - The Bay Area Guidelines were revised to clean up some language and to add language from passed motions from the last WSC.
  
5. Outreach Report: (Kim)
  - The Outreach committee has four members, and they meet every first Tuesday of the month.
  - Going around to meetings to talk about the Region and the conventions.
  - In April she is going to the NW Florida Convention and setting up a table.
  - September is the South Florida NA Convention in Miami and would like some participations from Nar-Anon.
  - Ocala's new meeting starts on March 14, 2024. She will speak to the meeting about registering with the FL Region.
  
6. Helpline Report: (Faye read by Bonnie)
  - 33 total calls / two of them were test calls: one to Gerry M and one to Allison G
  - 1:35 hours minutes of calls
  - Average call lasted 2:53 minutes.
  - Stats:
    - 21.7% were listed as "abandoned."
    - 21.7% listed as "answered"
    - 56.7% went to voicemail
  
7. Website (Debra)
  - No additional spending on website this year.
  - Still looking for a webmaster, meet 3rd Thursday of the month
  - Construction of the new site is underway, but it is behind schedule due to other and outside obligations of the website chair. This is a large, time-consuming meticulous process. It's not something the Region wants rushed. Hoping to be able to launch the new site by August of 2024. In the meantime, the current site is being updated and maintained routinely by the website chair in the absence of a webmaster.

8. Narateen Report: (Jamie read by Ingrid)

- At our last meeting on January 20, 2024, we discussed the goals for Narateen for 2024. We have three top goals. First and foremost is to start an in-person meeting. We are looking at the possibilities of starting one alongside the Pasco County (Holiday) Nar-Anon meeting; however, we are waiting to see what will happen with the permanent location because it might move over the next six months.
- Second, we are going to reach out to the convention committees to make sure Narateen is represented.
- Finally, we will continue to do outreach, like NOPE, to get the word out about Narateen.
- Our next meeting is May 11, 2024

9. Convention: (Susan)

- The committee chose a theme for the convention, loosely based on the NA Theme. Their theme is "When at the End of the Road". We chose: "Highway to Hope", (Stay in your lane).
- At the last meeting we created a flyer. A special thanks to Rosemary and Debra for the graphics and editing. The flyer is on the website, along with the registration forms from the Fellowship Dinner on Friday and the convention.
- The Committee created and sent a survey to determine the preferences of the fellowship. The results of the survey indicated that our fellowship finds that the speakers offer the most inspiration for attendees. Workshops were less appreciated but not without merit. Games did not get many votes. This information helps us to structure the convention around the preferences of our fellowship. So...looking for speakers. Any takers?

10. Literature Report: (Sheryl)

- The Florida Literature Committee continues to meet on Mondays and has 4 members. We are now working on the *Concepts Booklet* which we received from the World Service Literature Committee for review and editing.

Motion: Forego the lunch break and keep going to finish early. The motion was seconded by Mary and passed unanimously.

**GSR REPORTS:**

**Lakeland Nar-Anon Group** – Mary, Lots of newcomers. After 6 months encourage newcomers to take a service position. Group Conscience to send donations to WSO directly.

**New Tampa** – Debra, Secretary – Group is changing, taking donations via Venmo

**Moving Forward on Mondays**, Tampa– Tony, around 10 steady members attending. Starting to get members as parents who lost a child to addiction. Support Bay Area and receive literature from the Bay Area. Move to locations, need to update website.

**Dare to Begin**, Clearwater – Paring down the literature. Getting new members from PAR. Starting a Traditions study.

**A Place for Peace**, Daytona Beach (Wed) & New Beginnings, Longwood (Wed Virtual) – combined meeting works well.

**No Longer Alone**, Tarpon Springs – Strong group of core members with some newcomers. Encourage sponsorship, they have sponsors, donates to the Bay Area who then donates to the Florida Region. Been passing a 2<sup>nd</sup> basket for the FRCNA, undecided on whether to send a basket or donation to FRCNA.

**Together we can! Naranon Meeting**, Holiday – Meeting is growing, and meeting location is working, the meeting location is set on a dark street.

**Strength in the Hills**, Zephyrhills – There are two (2) newcomers. Contacted the Sheriff which focuses on West Pasco not East Pasco.

**Land O'Lakes NFG**, Land O' Lakes – Very excited about newcomers. Members go to two meetings a week. Doug has recently joined this meeting.

**A New Way of Life**, Ft. Myers – We are growing last week we had about 35

**REMINDERS:**

- FL Region Service Committee (RSC) Meeting, April 28 Time: 7-8:30pm
- FL Region Virtual Assembly Meeting, June 9 Time: 7-8:30pm
- FRCNA XLII, ROSEN PLAZA, 9700 International Drive, Orlando, FL 32819 July 5 - July 7, 2024
- 2024 Nar-Anon World Convention 38 (WCNA 38) Aug 29 – Sept 1, 2024, in Washington DC  
It will be held at the Walter E Washington Convention Center in cooperation with NA.

**Next Meeting Date & Time**

The next meeting will be held on Sunday, June 9, 2024 @ 7:00pm Zoom.

**Meeting Adjournment:**

Debra (New Tampa) motioned to adjourn the meeting at 12:30 PM, and Mary (Lakeland) seconded. Motion carried unanimously. The meeting closed with the Serenity Prayer.

*Submitted by,*

*Ingrid, Vice Chair*

*Approval Date:* \_\_\_\_\_

Nar-Anon Florida Region  
 Treasury Ledger Summary  
 Assembly - March 9, 2024  
 Oct 1, 2023 - Feb 25, 2024

Catagories	Sum of Deposit	Sum of Expense	Checking Acct Balance
<b>Beginning Balance</b>	<b>\$2,539.68</b>		
Beginning Bank Balance -	\$2,539.68		
<b>D-In-Area</b>	<b>\$1,100.00</b>		
Bay Area	\$1,100.00		
<b>D-In-Grp</b>	<b>\$1,790.00</b>		
127-021-Lake Worth	\$239.00		
127-029-Miami, South	\$300.00		
127-033-Ocala - TUE	\$120.00		
127-038-Palm City	\$50.00		
127-041-Port St Lucie	\$50.00		
127-042-Sarasota (V)	\$240.00		
127-063-Ft Myers	\$250.00		
127-081-Bradenton	\$100.00		
127-088-New Tampa (V)	\$275.00		
127-106-Boynton Beach	\$125.00		
127-123-Sarasota SRQ	\$31.00		
127-XXX-Member	\$10.00		
<b>D-Out-WSO</b>		<b>-\$1,738.26</b>	
WSO Donation - Dec 2023		-\$1,738.26	
<b>Expense</b>		<b>-\$860.63</b>	
DELEGATE (IWSC 2024)		-\$58.68	
FLORIDA ANNUAL REG		-\$70.00	
HELPLINE		-\$246.24	
LITERATURE NEW GROUPS		-\$115.60	
OFFICE EXPENSE		-\$64.00	
OFFICE EXPENSE - PayPal		-\$11.20	
OUTREACH PACKETS		-\$100.80	
TRAVEL EXPENSES (Outreach Chair)		-\$42.12	
WEBSITE/TECHNOLOGY		-\$151.99	
<b>Grand Total</b>	<b>\$5,429.68</b>	<b>-\$2,598.89</b>	<b>\$2,830.79</b>

Nar-Anon Florida Region  
 Treasury Report  
 Budget vs Actual  
 Assembly - March 9, 2024  
 Oct 2023 - Feb 25, 2024

2022/2023 Program Revenues vs. 2023/2024	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024
Convention Gross Income:                      Registration:	\$930.00	\$0.00
Dinner	\$510.00	\$0.00
Raffle	\$531.00	\$0.00
Donations	\$55.00	\$0.00
Total Convention Income	\$2,026.00	\$0.00
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$792.34	\$0.00
<b>CONVENTION NET INCOME</b>	<b>\$1,233.66</b>	<b>\$0.00</b>
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$6,545.00	\$2,890.00
<b>TOTAL REVENUE</b>	<b>\$7,778.66</b>	<b>\$2,890.00</b>

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL	2023/2024 Remaining
Reporting Year	2022/2023	2022/2023	2023/2024	2023/2024	2023/2024
ASSEMBLY	\$120.00	(\$60.00)	\$120.00	\$0.00	\$120.00
OFFICE	\$100.00	(\$159.67)	\$300.00	(\$75.20)	\$224.80
FLORIDA ANNUAL REG	\$160.00	(\$70.00)	\$70.00	(\$70.00)	\$0.00
DELEGATE (IWSC 2024)	\$960.00	(\$1,000.00)	\$56.00	(\$58.68)	(\$2.68)
HELPLINE	\$500.00	(\$528.84)	\$550.00	(\$246.24)	\$303.76
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	(\$115.60)	\$104.40
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	(\$100.80)	\$1,099.20
TRAVEL EXPENSES (Outreach Chair)	\$400.00	(\$449.47)	\$1,100.00	(\$42.12)	\$1,057.88
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	(\$44.66)	\$200.00	\$0.00	\$200.00
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	(\$151.99)	\$198.01
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$104.93)	\$105.00	\$0.00	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	\$350.00	\$0.00	\$350.00
<b>TOTAL BUDUGETED EXPENDITURES</b>	<b>\$5,395.00</b>	<b>(\$4,449.44)</b>	<b>\$4,621.00</b>	<b>(\$860.63)</b>	<b>\$3,760.37</b>

Nar-Anon Florida Region  
 Fiscal Year Schedule  
 Assembly - March 9, 2024  
 Oct 2023 - Feb 25, 2024

Expenditures	2023/2024 Budget
ASSEMBLY	\$120.00
OFFICE	\$300.00
FLORIDA ANNUAL REG	\$70.00
DELEGATE (IWSC 2024)	\$56.00
HELPLINE	\$550.00
LITERATURE NEW GROUPS	\$220.00
OUTREACH PACKETS	\$1,200.00
TRAVEL EXPENSES (Outreach Chair)	\$1,100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$200.00
WEBSITE/TECHNOLOGY	\$350.00
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00
<b>TOTAL BUDUGETED EXPENDITURES</b>	<b>\$4,621.00</b>

Region's Operating Expense with Capital Convention	\$4,621.00
Montly Expenses	\$385.08
Prudent Reserve (3X Monthly)	\$1,155.25

Balance in checking account as of <b>Feb 25, 2024</b>	\$2,830.79
<i>Including Groups and Area's <b>donations: \$1,791.00</b></i>	
Required hold back for <b>prudent reserve \$1,155.25</b>	\$ (1,155.25)
	<b>\$1,675.54</b>

Donation History 2023-2024			
Donation to be sent to WSO from Dec 2023	\$1,738.26	On	12/11/2023
<b>Donation to be sent to WSO from Mar 2024</b>	<b>\$1,675.54</b>	<b>On</b>	<b>3/10/2023</b>
Donation to be sent to world of June 2024		On	
Donation to be sent to world of Sept 2024		On	

**\*\*\*Correction: The bank balance was as of Feb 25, 2024 not Dec 6, 2023 \*\*\***