

Florida Region Virtual Assembly Meeting Minutes (Amended)

Sunday, Dec 10, 2023 / 7-8:30pm

Zoom: 477-350-6871 Passcode: 809199

ATTENDEES:

ROLL CALL: 17 Attendees; 10 Voting Members; 7 Non-Voting Members * Dual Role

Voting: 11	Non-Voting: 5
*Kim – Daytona Beach	Bonnie – Regional Chair
*Theresa – St. Petersburg Monday	Ingrid – Regional Vice Chair
Sandy – Clearwater Tuesday	Rosemary – Regional Treasurer
Mary - Lakeland	Yvette – Regional Alt. Delegate
Cindy- Sarasota	Marguerite- Bay Area Chair
*Faye - Zephyrhills	Phyllis- Region member
Maria- Tallahassee	Pat- Region member
Kevin- Tarpon Springs	
Jenn- New Tampa	
*Susan- Brandon Monday	

CALL TO ORDER:

The Chairperson called the meeting of the Florida Region Virtual Assembly Meeting to order at 7pm on December 10, 2023. Ingrid will record the minutes for this meeting. In the absence of a Regional Secretary, the business meeting was recorded. The Serenity Prayer was said by all attendees. The Twelve Traditions were read by Marguerite and Twelve Concepts were read by Rosemary. Roll call was taken by Ingrid.

MINUTES:

Faye made corrections about the Helpline's charts missing from the minutes. It was also noted the Treasurer's Report was missing so Ingrid will double check because she believes the copy on the FL website does have it. Faye (Zephyrhills) made the motion to approve the minutes with corrections from June 11, 2023, Theresa (St. Petersburg Monday) seconded, minutes passed with a vote of 7 yes votes and 4 no votes.

OFFICERS REPORTS:

1. Chair (*Bonnie*) and Vice-Chair (*Ingrid*)

- Welcomed GSRs and other members who attended.
- Still in need of a Region Secretary.
- One of the reasons why the eblasts are utilized is to not overwhelm GSRs with numerous emails to the officers.
- The Rocky Mt. Region is looking for speakers for the NYE House Party. If interested email Bonnie.
- Bonnie and Faye are doing outreach through the Pasco County Alliance. Bonnie said she is always open to suggestions for more outreach ideas.
- Ingrid mentioned working closely with Rosemary and Bonnie on the eblasts. On the next newsletter they will add the Planning Calendar and Rosemary will look into putting it up on the FL website.

2. Treasurer (Rosemary) REPORT ATTACHED

- Rosemary stated that we started the new year, which began Oct. 1, 2023, with a balance of \$2,539.68. We received \$814.00 in donations and expenses were \$460.17. Our ending balance is \$2,893.51. The donation to WSO would be \$1,738.26.
- Helpline went up to \$49.85.
- The checking account has just started charging us, which is \$16.00 per month. There are some criteria to meet to not get the charge, such as number of transactions. However, we won't be able to avoid that fee every month since we don't have many expenses to transact.
- Theresa brought up a concern she had that we were not paying Debra's son, who was helping to build the new website, which she believed goes against our tradition of not taking outside help. She suggested that we start putting money aside for that expense even 50%. Bonnie said to her that her understanding is that he was only advising Debra not actually doing the work himself. Rosemary mentioned it is hard to put aside that expense, even 50%, if we don't know what that cost will be.

DONATION TO WSO:

Mary (Lakeland) made the motion to send \$1,738.26 to WSO and Susan (Brandon Mon.) seconded. The motion passed with 5 yes votes, 2 no votes, and 2 abstentions.

AREA REPORT:

3. Bay Area Report (Marguerite) REPORT ATTACHED

- They had a successful Potluck with 30 members attending and 3 speakers and they will be looking into possibly doing another fellowship in the spring like a picnic.
- They are struggling to find members to fill positions.
- They are concerned with the financial status of WSO, and the lack of changes being made by the WSO.

COMMITTEE REPORTS:

4. Outreach (Kim)

- Kim said that in South FL they had a table and a meeting at the Palm Coast Convention of NA which was on Nov 24-25th.
- A member in Jensen Beach who is from the Rocky MT region said she wanted to be more involved with having Nar-Anon at the Treasure Coast Convention of NA. Kim facilitated a conversation between her and members of South FL.
- She is going to Jacksonville to get more support for the convention and the committee will meet again in Feb 2024.

5. Convention (Susan) REPORT ATTACHED

- Susan stated they had a preliminary meeting in Nov. The theme for FRCNA is One at the End of the Road. She is considering the theme of Hope for ours. She will be sending out a notice through the newsletter to have it ready for future publication. Their first meeting will be on Jan 16, 2024.

6. Website REPORT ATTACHED

- Report read by Bonnie.

7. Narateen REPORT ATTACHED

- Report read by Ingrid.

8. Helpline (Faye) REPORT ATTACHED

- From Sept 1- Nov 30, 2023, there were 49 incoming calls, considering that some of those calls she was testing her volunteers, so the actual number of calls was 32. She got a new volunteer, so she has 15 active volunteers.

9. Literature SEE REPORT ATTACHED

- Bonnie read the report.

10. DELEGATES REPORTS:

- Delegate and Alt Delegate Reports (Yvette) REPORT ATTACHED
- Yvette gave a report that the IWSC Common Welfare Topics had a deadline date of Aug 30, 2023. Dec 3, 2023, they had a delegate's meetings about issues internationally and Nar-Anon as a whole. They plan to meet quarterly.
- The World Narateen Committee will have a Roundtable meeting on Dec 10, 2023.
 - The Nar-Anon World Convention theme is Learn, Love and Live and registration will be open at the beginning of the new year.
 - Outreach is working on reformatting the pull tab posters to be able to include the name of the meeting and phone numbers.

GSR ROUNDTABLE: Each of the GSRs gave reports on how their meetings are going. Most of the meetings are getting lots of attendance and returning members. A few groups are doing their own outreach in their communities and had some great ideas and are getting creative with their outreach.

REMINDERS:

FL Region Assembly Sat, March 9, 2024, from 9am-2pm, Schalamar Country Club
2024 Nar-Anon World Convention 38 (WCNA) Aug 29- Sept 1, 2024, in Washington, DC

MEETING ADJOURNMENT: Mary (Lakeland) made a motion to adjourn the meeting, Theresa (St. Pete Mon) seconded; motion passed unanimously. The meeting ended with the Serenity Prayer at 8:22pm.

Submitted by,
Ingrid, Vice Chair

Nar-Anon Florida Region Treasurer Ledger Summary December Virtual Assembly Oct 1st, 2023 Jan 1st, 2024

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$2,539.68		
Beginning Bank Balance -	\$2,539.68		
D-In-Grp	\$814.00		
127-021-Lake Worth	\$239.00		
127-029-Miami, South	\$100.00		
127-033-Ocala - TUE	\$60.00		
127-063-Ft Myers	\$100.00		
127-081-Bradenton	\$100.00		
127-088-New Tampa (V)	\$215.00		
Expense		-\$460.17	
HELPLINE		-\$91.80	
LITERATURE NEW GROUPS		-\$115.60	
OFFICE EXPENSE		-\$32.00	
OFFICE EXPENSE - PayPal		-\$7.73	
OUTREACH PACKETS		-\$87.05	
WEBSITE/TECHNOLOGY		-\$125.99	
Grand Total	\$3,353.68	-\$460.17	\$2,893.51

Nar-Anon Florida Region Treasury Report Budget vs Actual December Virtual Assembly Oct- Dec 2023

2022/2023 Program Revenues vs. 2023/2024	ACTUAL REVENUE 2022/2023	ACTUAL REVENUE 2023/2024			
Convention Gross Income: Registrations	\$930.00	\$0.00			
Dinner	\$510.00	\$0.00			
Raffle	\$531.00	\$0.00			
Donations	\$55.00	\$0.00			
Total Convention Income	\$2,026.00	\$0.00			
Convention Exp: (Dinner xxx.xx, Supplies & Literturexxx.xx)	\$792.34	\$0.00			
CONVENTION NET INCOME	\$1,233.66	\$0.00			
GROUP, MEMORIAL & AREA DONATIONS TO DATE	\$6,545.00	\$814.00			
TOTAL REVENUE	\$7,778.66	\$814.00			

Expenditures	2022/2023 Budget	2022/2023 ACTUAL	2023/2024 Budget	2023/2024 ACTUAL	2023/2024 Remaining
Reporting Year	2022/2023	2022/2023	2023/2024	2023/2024	2023/2024
ASSEMBLY	\$120.00	(\$60.00)	\$120.00	\$0.00	\$120.00
OFFICE	\$100.00	(\$159.67)	\$300.00	(\$39.73)	\$260.27
FLORIDA ANNUAL REG	\$160.00	(\$70.00)	\$70.00	\$0.00	\$70.00
DELEGATE (IWSC 2024)	\$960.00	(\$1,000.00)	\$56.00	\$0.00	\$56.00
HELPLINE	\$500.00	(\$528.84)	\$550.00	(\$91.80)	\$458.20
LITERATURE NEW GROUPS	\$500.00	(\$54.80)	\$220.00	(\$115.60)	\$104.40
OUTREACH PACKETS	\$1,000.00	(\$1,063.32)	\$1,200.00	(\$87.05)	\$1,112.95
TRAVEL EXPENSES (Outreach Chair)	\$400.00	(\$449.47)	\$1,100.00	\$0.00	\$1,100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	(\$44.66)	\$200.00	\$0.00	\$200.00
WEBSITE/TECHNOLOGY	\$800.00	(\$557.63)	\$350.00	(\$125.99)	\$224.01
ZOOM REGION ACCOUNT AND MEETINGS	\$105.00	(\$104.93)	\$105.00	\$0.00	\$105.00
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	(\$356.12)	\$350.00	\$0.00	\$350.00
TOTAL BUDUGETED EXPENDITURES	\$5,395.00	(\$4,449.44)	\$4,621.00	(\$460.17)	\$4,160.83

Nar-Anon Florida Region Fiscal Year Schedule December Virtual Assembly Oct- Dec 2023

Expenditures	2023/2024 Budget			
ASSEMBLY	\$120.00			
OFFICE	\$300.00			
FLORIDA ANNUAL REG	\$70.00			
DELEGATE (IWSC 2024)	\$56.00			
HELPLINE	\$550.00			
LITERATURE NEW GROUPS	\$220.00			
OUTREACH PACKETS	\$1,200.00			
TRAVEL EXPENSES (Outreach Chair)	\$1,100.00			
NARATEEN (Background checks) / N	\$200.00			
WEBSITE/TECHNOLOGY	\$350.00			
ZOOM REGION ACCOUNT AND MEE	\$105.00			
CONVENTION (initial advance \$350	\$350.00			
TOTAL BUDUGETED EXPENDITURES	\$4,621.00			
Region's Operating Expense with Capital Convention	\$4,621.00			
Monthly Expenses	\$385.08			
Prudent Reserve (3X Monthly)	\$1,155.25			
Balance in checking account as of Dec 6, 2023		\$2,893.51		
Including Groups and Area's donations: \$814.00				
Required hold back for prudent reserve \$1,155.25		\$(1,155.25)		
		\$1,738.26		
Donation History 2023-2024				
Donation to be sent to WSO from Dec 2023	\$1,738.26	On		12/11/2023
Donation to be sent to WSO from Mar 2024		On		
Donation to be sent to world of June 2024		On		
Donation to be sent to world of Sept 2024		On		

Nar-Anon Florida Region Transaction Details

Date	Type	Description	Expense	Deposit	GroupID
10/2/2023	Balance	Beginning Bank Balance -		\$2,539.68	
10/2/2023	Check	OFFICE EXPENSE	(\$16.00)		
10/3/2023	Zelle	127-088-New Tampa (V)		\$50.00	127-088
10/10/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
10/13/2023	Check	127-029-Miami, South		\$100.00	127-029
10/20/2023	Debit Card	OUTREACH PACKETS	(\$87.05)		
10/22/2023	PayPal	127-081-Bradenton		\$100.00	127-081
10/22/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$2.48)		
10/24/2023	Debit Card	HELPLINE	(\$41.95)		
10/25/2023	Debit Card	LITERATURE NEW GROUPS	(\$57.80)		
10/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$99.99)		
10/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$13.00)		
11/3/2023	Zelle	127-088-New Tampa (V)		\$45.00	127-088
11/6/2023	Check	127-063-Ft Myers		\$100.00	127-063
11/8/2023	Debit Card	LITERATURE NEW GROUPS	(\$57.80)		
11/20/2023	PayPal	127-021-Lake Worth		\$239.00	127-021
11/20/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$5.25)		
11/24/2023	Debit Card	HELPLINE	(\$49.85)		
11/27/2023	Debit Card	WEBSITE/TECHNOLOGY	(\$13.00)		
11/28/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
11/29/2023	Zelle	127-088-New Tampa (V)		\$120.00	127-088
12/1/2023	Check	OFFICE EXPENSE	(\$16.00)		
11/30/2023	PayPal	127-106-Boynton Beach		\$75.00	127-106
11/30/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$1.98)		
12/7/2023	PayPal	127-106-Boynton Beach		\$50.00	127-106
12/7/2023	PayPal Fee	OFFICE EXPENSE - PayPal	(\$1.49)		
12/11/2023	Zelle	WSO Donation - Dec 2023	(\$1,738.26)		
12/14/2023	PayPal	DELEGATE (IWSC 2024)	(\$28.00)		
12/14/2023	PayPal Fee	DELEGATE (IWSC 2024)	(\$1.34)		
12/14/2023	PayPal	DELEGATE (IWSC 2024)	(\$28.00)		
12/14/2023	PayPal Fee	DELEGATE (IWSC 2024)	(\$1.34)		
12/15/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
12/26/2023	Debit Card	HELPLINE	(\$45.90)		
12/27/2023	Deposit	WEBSITE/TECHNOLOGY	(\$13.00)		
12/30/2023	Zelle	127-033-Ocala - TUE		\$30.00	127-033
1/1/2024	Deposit	127-063-Ft Myers		\$150.00	127-063
1/1/2024	PayPal	127-XXX-Member		\$10.00	127-xxx
1/2/2024	Check	127-106-Boynton Beach	-\$16.00		
1/8/2024	Zelle	127-088-New Tampa (V)		\$60.00	127-088

BAY AREA REPORT

The Bay Area had a very successful potluck and speakers meeting on November 4th. We had lots and lots of great food. All three speakers gave us great information.

Marguerite

CONVENTION REPORT

The Convention Committee had a preliminary meeting in November to discuss ideas for the Convention. The NA theme for this year is "When at the End of the Road." Since most of us are at the end of our roads when we come into these rooms, I was thinking something about Hope may be a good place to start.

I will be composing a notice to send out with the Blast asking our groups for volunteers and ideas for what they would like to see at the convention. I will get it to our chairman this week for her review prior to sending it for the Blast.

Our first Zoom meeting will be Tuesday, January 16 at 7:00 PM.

Regards,
Susan F.
Committee Chair

Website Chair and Webmaster Reports Combined

[Group Edit Requests since September Assembly: 13](#)

A reminder to GSRs that when there is a change to a group (i.e. meeting time, meeting location, change to the type of meeting, cancelled meetings, suspended meetings, and new meetings), the person submitting the change must complete both World's Edit form and go to the FL Region website and submit the FL Edit Form with the change information. The Florida Region is not always notified by World of edit requests sent to them. The only way the FL Region can guarantee your changes will be made on the FL Region website is if you fill out the Group Edit form located on the FL Region website.

If you submitted a form on the FL Region website, but you aren't seeing your change made after 5 business days, please send a follow-up email to webmaster@naranonfl.org or to website@naranonfl.org.

The website is in the process of upgrading. We are moving to WordPress and modernizing the website to make it easier to edit and to navigate. This change is recommended by World, and other Regions are doing the same to their site(s). Estimated completion date is Q1 of 2024.

Web Master needed. A person with Excel skills needed to update the Region's contact list when there are group and/or GSR changes.

NARATEEN COMMITTEE REPORT - November 30, 2023

At our last meeting on September 30, we decided to permanently close the virtual meeting. We discussed opportunities for new in-person meetings, and we decided to hold further discussions until 2024. There is also material for new meeting start-up when the time comes. In September, we voted to reduce our budget from \$400 to \$200. This allows for any fees associated with adding a new facilitator. We are looking for new committee members. If you're on the committee, it does not mean you have to be a facilitator. Our next meeting will be January 20, 2024

Florida Region Naranon Helpline - December 2023

Quarterly Report

The September 1, 2023, through November 30, 2023, quarter shows a total of 49 incoming calls to HELPLINE. Taking into consideration the test calls I performed for feedback and follow-up with the team of volunteers, the adjusted TRUE total is 32.

Volunteers

This past month another member has joined us in our efforts to be available to those reaching out for help. Allison has all her information and is signed up on the call routing schedule. We have a total of 15 active volunteers now.

Florida Literature Committee report for December 2023

The Florida Literature Committee completed their work on the Narateen 31 Days in November. The document was sent to the World Service Literature Committee. The committee is taking a break in December. In January we will make a decision on accepting another assignment.

Delegate Report - 12/10/23 FL Region Virtual Assembly

See IWSC Common Welfare Topics letter dated Aug. 30th with deadline dates. A WRFNFG meeting will be scheduled sometime in February to discuss Common Welfare Topics. Met with some members of the WRFNFG on 12/3/23 and discussed different ways to communicate with delegates from other countries and time zones. Tossed around the idea of creating "regional zones" where countries within a maybe 3- or 4-hour time difference could meet monthly or quarterly to discuss what's working and not working for Nar-Anon as a whole. Maybe those "zones" can then send a report back to the full WRFNFG to keep the lines of communication open. Hoping to get something in place before the next regular WSC in 2025. We shall see.

WS Narateen Committee had a roundtable with BOT, but the committee meeting isn't until 12/10/23 @ 1 pm, so I will not have anything to report about WS Narateen until after that committee meeting.

Convention and Hotel Registration will open after the first of the year for:

Nar-Anon World Convention 2024

Date: August 29 - September 1, 2024

Name: Learn Love Live!

Location: Washington D.C. United States

Please check the Nar-Anon.org website for other events.

Submitted by,
Ingrid/Rosemary
Vice Chair/Treasurer
Approval Date: March 9, 2024