

BAM Minutes  
January 3, 2015  
12:00 PM

Roll Call - Attendance - 13

**VOTING:**

Largo/Clearwater - Largo/Clw - voting  
Lutz - Lutz - voting  
Oldsmar - Oldsmar - voting  
Spring Hill - Spring Hill - voting  
St. Pete Monday - St. Pete Mon - voting  
Tampa No. - N. Tpa - voting  
Tampa So. - S. Tpa - voting  
Tarpon Springs - Tarpon Springs - voting

**NON-VOTING:**

Ed - Largo - Area Chair - non-voting  
FL Delegate - Florida Delegate - non-voting  
Alt FL Delegate - Alt. Florida Delegate - non-voting  
Florida Treasurer - Florida Treasurer  
Member

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ASR opened the meeting with the Serenity Prayer.  
Twelve Steps and Traditions  
Attendance taken - 8 voting and 5 non-voting - see above.

**Approval of Minutes:** No. Tampa made the motion to accept the Minutes as submitted for the 11/1/14 Bay Area meeting. S. Tampa 2<sup>nd</sup>. All in favor. Motion passed.

• **Treasurer's Report:** See attached 1/3/15 Treasurer's report. Bay Area Treasurer will order small blue books. A \$1,219.63 donation to Region from Bay Area will be made. S. Tpa will provide a more detailed breakdown of Income and expenses for Bay area.

BAY AREA OF FLORIDA NAR-ANON  
TREASURER REPORT  
January 3, 2014

1 Dec	1078.90	Balance
6 Dec	+25	Oldsmar donation
6 Dec	+\$46	North Tampa purchase literature
6 Dec	+\$12	Largo purchase literature plus donation
6 Dec	+\$42	Tarpon Springs purchase literature plus donation
6 Dec	+\$234.52	Lutz purchase literature plus donation
6 Dec	+\$10	Lutz Narateen donation
6 Dec	+\$213	New Port Richey purchase literature plus donation
6 Dec	-\$311.79	Purchase case of SESH

12 Dec            -\$20            United Comm Methodist Church

                  \$1329.63            Current Balance

**CURRENT AREA LITERATURE DEPOT INVENTORY**

- 24    SESH
- 159   Blue Books
- 60    Newcomer Packets
- 19    Guidelines for Healthy Meetings
- 14    It is not about yesterday, but today
- 12    Questions on sponsorship
- 14    Group conscience and business meetings
- 10    Sponsoring a Narateen group
- 8     Thirty-one days in Nar Anon
- 20    No Nar anon group in your area
- 50    Let's talk about anonymity
- 22    Helping
- 30    How to deal with stress Nar anon way
- 37    Twelve tools to recovery
- 38    Passport to freedom
- 50    Appropriate sharing and crosstalk
- 22    Just for today (laminated cards)
- 5     Do's Don'ts (laminated cards)
- 25    Detachment: The key to survival
- 3     Embroidered book covers (for SESH books)
- 3     Progress not perfection (Journal)
- 16    Nar anon Thirty-Six

- **Confirmation of BAM dates for 2015 from Church:**

<b>SCHEDULED AREA MEETINGS FOR 2015</b>	
<b>DATE</b>	<b>LOCATION</b>
1/3/15	OLDSMAR MEETING LOCATION
2/7/15	OLDSMAR MEETING LOCATION
3/7/15	OLDSMAR MEETING LOCATION
3/28/15	OLDSMAR MEETING LOCATION 11 AM - 4:00PM
5/2/15	OLDSMAR MEETING LOCATION
6/6/15	OLDSMAR MEETING LOCATION
8/1/15	OLDSMAR MEETING LOCATION
9/5/15	OLDSMAR MEETING LOCATION
10/3/15	OLDSMAR MEETING LOCATION
11/7/15	OLDSMAR MEETING LOCATION
12/5/15	OLDSMAR MEETING LOCATION

- **Outreach Committee Report:** GSRs will bring back need for Area Outreach Chair to groups.

**Discussions:**

**Bay Area Potluck and Workshop: March 28, 2015 -** Florida Treasurer is the Committee Chair. There will be two workshops, Healthy meetings and Sponsorships. Flyer will be posted to website. 2 workshops, potluck and fellowship. The start time will be 11:30 am

**NPR Narateen may be closing.** NPR Narateen will be closed the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> week of January, 2015. Both Lutz and NPR need substitute facilitators for Narateen meetings. NPR Narateen starts at 8:00 pm and Lutz starts at 7:00 pm.

**Policy and Procedure Guidelines for unhealthy meetings.** Guidelines for removal of unhealthy meetings from meeting list and website.

**Announcements: Next Bay Area Meeting is February 7, 2015**

Largo/Clw made a motion to close the meeting and Lutz 2<sup>nd</sup>.

Meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 01/25/15

BAM Minutes  
February 7, 2015  
12:00 PM

Roll Call - Attendance - 12

**VOTING:**

Largo/Clearwater - voting  
Lutz - voting  
New Port Richey - voting  
Oldsmar - voting  
St. Pete Monday - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

Area Chair - non-voting  
Alt. Florida Delegate - non-voting  
BAM Outreach Chair - non-voting  
Narateen

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ASR opened the meeting with the Serenity Prayer.  
Twelve Steps and Traditions were read  
Attendance taken - 8 voting and 4 non-voting - see above.

**Approval of Minutes:** Oldsmar made the motion to accept the Minutes as submitted for the 01/03/15 Bay Area meeting. Lutz 2<sup>nd</sup>. All in favor. Motion passed.

ASR Report - 3 new meetings in the Bay Area. There are two new newcomer's meetings, one in S. Tampa and one in Clearwater/Largo. There is also a new Thursday night regular meeting in Clearwater/Largo. Ed will make a rough draft of outline of newcomers meeting. The Tuesday night Clearwater/Largo group is supporting the Clearwater/Largo newcomers meeting with attending members.

- **Treasurer's Report:** See attached 2/7/15 Treasurer's report.

BAY AREA OF FLORIDA NAR-ANON  
TREASURER REPORT  
February 7, 2015

SUMMARY OF 2014 (MARCH-DEC)

DONATIONS	+\$1922
LITERATURE PURCHASE	-\$963
LITERATURE SALES	+\$710.50
CHURCH RENT	-\$140
OUTREACH	-\$107.45
BUSINESS TITLE	-\$75
CHECKS	-\$18.95

2015 REPORT

3 Jan	1329.63	Balance
3 Jan	+158	Largo donation and literature purchase
3 Jan	+\$90.75	St Pete Monday purchase literature

3 Jan	+\$62.25	South Tampa purchase literature
3 Jan	-1219.63	Donation to Region
5 Jan	-113.95	Area purchase 100 blue Books ( small)
6 Jan	+\$26	Jim/DACCO literature purchase
19 Jan	+\$18	Lutz and Land O Lakes purchase literature
21 Jan	+\$75	Spring Hill donation
23 Jan	+\$64	St Pete literature purchase
23 Jan	+\$83	New Port Richey literature purchase
25 Jan	+\$50	Springhill donation
26 Jan	-\$20	United Comm Methodist Church
27 Jan	+\$90	St Pete Mon literature purchase
27 Jan	-\$313.55	Area purchase case of SESH
	\$ 379.50	Current Balance

CURRENT AREA LITERATURE DEPOT INVENTORY – as of 2/7/15

- 24 SESH (on order)
- 135 Blue Books(LG)
- 48 Blue books (SM)
- 12 Newcomer Packets
- 19 Guidelines for Healthy Meetings
- 14 It is not about yesterday, but today
- 12 Questions on sponsorship
- 14 Group conscience and business meetings
- 10 Sponsoring a Narateen group
- 8 Thirty-one days in Nar Anon
- 15 No Nar anon group in your area
- 50 Let's talk about anonymity
- 22 Helping
- 25 How to deal with stress Nar anon way
- 32 Twelve tools to recovery
- 38 Passport to freedom
- 45 Appropriate sharing and crosstalk
- 22 Just for today (laminated cards)
- 5 Do's Don'ts (laminated cards)
- 15 Detachment: The key to survival
- 3 Embroidered book covers (for SESH books)

- 3 Progress not perfection (Journal)
- 8 Nar anon Thirty-Six(steps 4-9)
- 6 Nar anon Thirty Six (steps 1-9)

**Bay Area Outreach:** Bay Area Chair was elected as the new Bay Area Outreach Chair. Her first order of business will be to put press releases in the Tampa Bay Times and Tampa Tribune.

**Policy and Procedure Guidelines for removing unhealthy meetings from meeting lists and website:** Discussions on the topic. **UPDATE:** The Regional Delegates are currently working on guidelines for submission in this regard.

**Announcements: Next Bay Area Meeting is MARCH 7, 2015**

Lutz made a motion to close the meeting and NPR 2<sup>nd</sup>.

Meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec 02/25/15

Roll Call - Attendance 13

**VOTING:**

Largo/Clearwater Thurs.- voting  
Largo/Clearwater Tues. - voting  
Lutz - voting  
New Port Richey - voting  
Oldsmar - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

FL Delegate - non-voting  
Alt. Florida Delegate - non-voting  
Narateen - non-voting  
BAM Meeting List - non-voting  
NPR/Spring Hill - non-voting

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Bay Area Sec opened the meeting with the Serenity Prayer.  
Twelve Steps and Traditions were read  
Attendance taken - 8 voting and 5 non-voting - see above.

**Approval of Minutes:** Lutz made the motion to accept the Minutes as submitted for the 02/07/15 Bay Area meeting. NPR 2<sup>nd</sup>. All in favor. Motion passed.

ASR Report - Summary of Regional F2F in Inverness

- **Treasurer's Report:** See attached 3/7/15 Treasurer's report.

BAY AREA OF FLORIDA NAR-ANON  
TREASURER REPORT  
March 7, 2015

February 2015 REPORT

1 Feb	379.50	Balance
1 Feb	-\$70.45	BayArea literature purchase
1 Feb	+\$72	South Tampa donation/purchase literature
7 Feb	+\$65	Oldsmar purchase literature
7 Feb	+\$114.50	Tarpon springs literature purchase
7 Feb	+\$134	Land O Lakes literature purchase and donation
7 Feb	+\$34	Lutz literature purchase
7 Feb	+\$13	New Port Richey Narateen donation
17 Feb	-\$20	United Comm Methodist Church

17 Feb	+\$75	Oldsmar donation
19 Feb	+\$9	South Tampa literature purchase
21 Feb	+\$77	Clearwater literature purchase
21 Feb	+\$52	St Pete literature purchase
23 Feb	-\$575.19	Area purchase case SESH, 100 newcomer, 100 small blue books
	\$354.36	Current Balance

#### CURRENT AREA LITERATURE DEPOT INVENTORY

- 24 SESH
- 135 Blue Books(LG)
- 105 Blue books (SM)
- 100 Newcomer Packets
- 19 Guidelines for Healthy Meetings
- 14 It is not about yesterday, but today
- 12 Questions on sponsorship
- 14 Group conscience and business meetings
- 10 Sponsoring a Narateen group
- 8 Thirty-one days in Nar Anon
- 15 No Nar anon group in your area
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- 22 Helping
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- 5 Do's Don'ts (laminated cards)
- 15 Detachment: The key to survival
- 3 Embroidered book covers (for SESH books)
- 3 Progress not perfection (Journal)
- 8 Nar anon Thirty-Six(steps 4-9)
- 0 Nar anon Thirty Six (steps 1-9)

Treasurer brought up an issue in regard to what he should tell those meetings that are not part of the Bay Area who would like to still purchase literature at a discount. Discussion ensued regarding active and participating meetings. The motion made by Treasurer. is attached below. A reminder was made to the GSRs that any small order can be given to Tony and he can order with a big order, so groups don't incur shipping costs.



# Bay Area Motion

Date Submitted: 3/16/15  
Made by: Tony - South Tampa  
Title: Bay Area Literature Sales Policy

NOT TO BE FILLED IN UNTIL FLRSC MEETING

Motion #:	<u>6</u>	Pass / Fail
Date Presented:	<u></u>	
Seconded by:	<u>Judy - NPR</u>	
For/Against/Abstain:	<u> / / </u>	

Motion: The Bay Area Literature Depot will be available to only those groups registered with the Bay Area.

Intent: To set a policy for who can purchase literature from the Bay Area Literature Depot. Only those groups registered with the Bay Area will be able to purchase literature from the Bay Area Depot.

FLRSC Revision 6 Sept 2007



**STRENGTH THROUGH SERVICE**  
**NAR-ANON WORLD SERVICE CONFERENCE 2016**  
**MOTION SUBMISSION FORM**

**Motion Maker (Region, WS Committee, NSO, or BOT):**

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**Please place an X next to the areas to which motion applies:**

Literature	X	Website	<input type="checkbox"/>
Policy and Guidelines	<input type="checkbox"/>	Other:	
Outreach (HI/PI)	<input type="checkbox"/>		

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**Motion (What is the action being requested?):**

The Bay Area will continue to purchase, distribute, and sell literature (described below) to their Groups at or above the cost listed for same literature on the WSO website within the following guidelines:

Bulk orders: Blue booklets SM (B-200); Blue booklets LG (B-201); SESH books (B-202); Newcomer's packets (P-100).

Other Literature: The Bay Area literature person will complete the order form and include the Group name and code for submission to WSO.

**Intent (What will this action accomplish?):**

To insure that the Bay Area of Nar-Anon Florida recognizes that Nar-Anon WSO is the clearinghouse for all literature.

**Rationale (Why is this desirable?) (Limited to 150 words):**

Tradition 4 states, "Each group should be automomous, except in matters affecting other Nar-Anon family groups...." Nar-Anon WSO is the clearing house for all Nar-Anon literature. Therefore, it would affect Nar-Anon as a whole if groups sell Nar-Anon literature for less than the listed price on the Nar-Anon Literature Order Form.

**Financial Impact (What will this cost or what income will it generate?):**

The cost would be absorbed by Bay Area Groups. The cost of the SESH book would increase due to price matching the WSO clearinghouse price.

Date motion approved by submitting body:    /    /

Date minutes submitted to WSC Committee for conference record:    /    /

**Bay Area Outreach:** Naranon and Narateen is now listed in the Tampa Tribune on the back page.

Youth Residential Program in Thonotosassa (near Brandon) is looking for a family group meeting every other Tuesday from 6:30 pm - 7:30 pm. Similar to the one at DACCO. The facility is located at 20 bed facility for teenagers. They would like to start soon. Please contact Alt FL Delegate or Bay Area Outreach Chair if interested.

Meeting list. Keeping the meetings up to date. Wanted to know if all meetings should be included whether or not they are part of area. Also wanted to know if she should keep meetings listed by meeting day of week versus location of meeting. All meetings in the geographical area of the Bay Area will be included on the meeting list whether or not they are a registered member. Alina will leave all the meetings located in Hillsborough, Hernando, Pasco and Pinellas on the Bay Area meeting list and will list the meetings by day of week.

**Narateen** - NPR Narateen is back on track and open. New facilitator that will be at that Narateen meeting once a month. Narateen Chair is going to bring to the Narateen Committee a new policy requiring Narateen facilitators to do a Narateen meeting once a month.

Bay Area Fellowship and Pot Luck - Discussed schedule for meetings and specifics for the day. Extra donation will be made to church. **Update - It was very successful!!! Thank you!!!**

**New Business:** As of today, there have been no motions for submission to the CAR. All CAR motions must be submitted by Sept. 1<sup>st</sup>.

Bay Area interest in submitting a future motion for the policy and procedure guidelines for removing unhealthy meetings from meeting lists and websites.

N. Tampa made a motion to close the meeting and Lutz 2<sup>nd</sup>. All in favor.

Meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 04/21/15

Roll Call - Attendance 13

**VOTING:**

Crystal Beach/Palm Harbor - voting  
Largo/Clearwater Tues. - voting  
Lutz - voting  
New Port Richey - voting  
Oldsmar - voting  
St. Pete - Mon - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

FL Delegate - non-voting  
Alt. Florida Delegate - non-voting  
Narateen - non-voting  
ASR - non-voting

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ASR opened the meeting with the Serenity Prayer.  
Twelve Steps and Traditions were read  
Attendance taken - 9 voting and 4 non-voting - see above.

**Approval of Minutes:** Tampa N. made the motion to accept the Minutes as submitted for the 03/07/15 Bay Area meeting. St. Petersburg, Monday 2<sup>nd</sup>. All in favor. Motion passed.

**ASR Report** - New meeting starting in Plant City. Fellowship and Potluck very successful. St. Petersburg Monday had a successful anniversary meeting.

**Outreach** - Meeting List. Updated Bay Area Meeting List. Revise Mission Statement on Meeting list.

**Narateen** - Narateen going through some growing pains. Not enough people on committee. It's just 2 people on the calls right now. GSRs asked to go back to group and request participation in Narateen calls.

- **Treasurer's Report:** See attached 5/2/15 Treasurer's report.

BAY AREA OF FLORIDA NAR-ANON  
TREASURER REPORT

March-April 2015 REPORT

23 Feb	354.36	Balance
27 Feb	+\$72.50	Clearwater literature purchase
3 Mar	+\$55	Land O Lakes donation/purchase literature
7 Mar	+\$100	Lutz donation
7 Mar	+\$9	Clearwater literature purchase
12 Mar	-\$20	United Comm Methodist Church

20 Mar	-\$135.85	Bay Area literature purchase
24 Mar	+\$64	Tarpon Springs literature purchase
28 March	+\$127	South Tampa literature/donation
28 March	+\$26	Crystal Beach literature purchase
28 March	+\$8	Individual literature purchase
28 March	+\$26	Oldsmar literature purchase
28 March	+\$14.50	Individual literature purchase
28 March	+\$10	Lutz literature purchase
28 Mar	+\$14.40	Individual literature purchase
28 Mar	+\$24	Clearwater literature purchase
28 Mar	+\$20	St Pete literature purchase
28 Mar	+\$15.25	Individual literature purchase
28 Mar	+\$136	Cash donations from Area Potluck
30 Mar	-\$60	United Comm Methodist Church
8 Apr	+\$75	Crystal beach donation
13 Apr	+\$17.50	Land O Lakes literature purchase
20 Apr	+\$75	Spring Hill donation
20 Apr	+\$24	Narateen donation
	\$1051.66	Current Balance

#### CURRENT AREA LITERATURE DEPOT INVENTORY

- 14 SESH
- 130 Blue Books(LG)
- 19 Blue books (SM)
- 47 Newcomer Packets
- 14 Guidelines for Healthy Meetings
- 18 It is not about yesterday, but today
- 7 Questions on sponsorship
- 13 Group conscience and business meetings
- 10 Sponsoring a Narateen group
- 5 Thirty-one days in Nar Anon
- 15 No Nar anon group in your area
- 50 Let's talk about anonymity

- 22 Helping
- 25 How to deal with stress Nar anon way
- 11 Twelve tools to recovery
- 28 Passport to freedom
- 32 Appropriate sharing and crosstalk
- 11 Just for today (laminated cards)
- 5 Do's Don'ts (laminated cards)
- 11 Detachment: The key to survival
- 1 Embroidered book covers (for SESH books)
- 7 Nar anon Thirty-Six (steps 4-9)
- 5 Nar anon Thirty-Six (steps 1-9)

**\$1,093.00 donation made to Region.** \$110 was left back for prudent reserve: \$60 for 3 months rent and \$50 for outreach. Tony will do a two-column balance sheet in the future to show monies kept aside for rent, outreach, and literature depot.

**Bay Area Outreach: Lynne** - Discussion about how to utilize Outreach. An Outreach Chair for the Bay Area is still needed.

**Bay Area Motion #6:** Literature Depot Sales Motion - Motion passed. 7 yes/2 no. Bay Area Sec. offered to go to the Land O Lakes meeting with the Registration form. **Update - Land O Lakes has now registered and is part of the Bay Area.**

**Bay Area Fellowship and Potluck Review:** Fellowship very successful. Discussed a future day of fellowship; possibly for October. Discussed checking with the City of Oldsmar and the Church for conflicting events. **Update: No events in the City of Oldsmar on Oct. 3, 10, 17 and 24<sup>th</sup>.** Discussed the possibility of the topic being Outreach.

Tarpon Springs made a motion to close the meeting and Crystal Springs 2<sup>nd</sup>. All in favor.

Meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 05/28/15

BAM Minutes  
June 6, 2015  
12:00 PM

Roll Call - Attendance 13

**VOTING:**

Largo/Clearwater Tues. - voting  
Lutz - voting  
Oldsmar - voting  
Spring Hill Wed. - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

FL Delegate  
Alt. Florida Delegate  
BA Meeting list  
ASR  
Spring Hill  
Spring Hill  
Clw/Largo

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ASR opened the meeting with the Serenity Prayer.  
Twelve Steps and Traditions were read  
Attendance taken - 7 voting and 7 non-voting - see above.

**Approval of Minutes:** Tampa S. made the motion to accept the Minutes as submitted for the 05/02/15 Bay Area meeting. Tampa N. 2<sup>nd</sup>. All in favor. Motion passed.

**ASR Report** - Plant City meeting has begun. Received the starter pack directly from WSO. First meeting they had 8. The meeting time is 6:30 pm to 7:30 pm. Beginner's meeting is doing well. Newcomers are staying and are going to the meeting after attending beginner's meeting. Sponsorship and service are discussed and they allow the newcomers to share as much as they want. The Tarpon Springs speaker meeting is on June 30<sup>th</sup>. ASR is going to try to find out anniversary dates for all Bay Area meetings with the meeting locator on WSO website so each meeting can be celebrated.

**Outreach** - Meeting List. No changes since last meeting. We still need an Outreach Chair for Bay Area.

- **Treasurer's Report:** See attached 6/6/15 Treasurer's report on page 3.

Tony will keep tweaking the format of the treasurer's report to where the Bay Area is most helpful. Tony split out donations received from operational expenses and literature. Tony was asked to split up donations from donations in from donations out. Tony will also put in a starting and ending balance. Also suggested that the columns be listed as date, expenses (church and donation to region), incoming donations, incoming and outgoing literature purchases.

- **Old Business - Discussion on possible motion by Bay Area to alter the budgeting process for the Region to allow for changes to committee budget** - A motion was made to remove this item from future agendas for the Bay Area. Oldsmar made the motion and Lutz 2<sup>nd</sup> the motion. All in favor - Motion passed.
- **Future Bay Area Fellowship** - A motion was made by Oldsmar to have the Fellowship on Oct. 17, 2015 - Lutz 2<sup>nd</sup>. All in favor. Motion passes. GSRs will ask groups for topics for Fellowship and call for Fellowship chair. A chair is needed to guarantee everything gets done. For Old Business - Vote in Fellowship chair.

BAY AREA OF FLORIDA NAR-ANON  
TREASURER REPORT

June 6, 2015

Period covered : MAY 1 to May 31 2015

DATE	AMOUNT	DONATION /OPERATIONAL	LITERATURE
2 May	+\$250	North Tampa donation	
2 May	+\$30		North Tampa lit purchase
2 May	+\$30.60		Oldsmar lit purchase
2 May	+\$39		Lutz lit purchase
2 May	+\$47		New Port Richey lit purchase
2 May	+26		Crystal Beach lit purchase
2 May	+\$77		St Pete Monday lit purchase
3 May	-\$20	Church	
4 May	-\$1093	Donation to Region	
5 May	+\$39		S Tampa lit purchase
5 May	-\$431.25		literature purchase for Area depot
29 May	+\$38		St Pete Wed lit purchase
31 May	+\$53		Plant City lit purchase

SUMMARY: Incoming (donations): +\$250  
Outgoing(donations/rent) : -\$1113

Literature purchased by Area: -\$431.25  
Literature sold to Groups: +\$340.60

Current Balance: \$137.01

CURRENT AREA LITERATURE DEPOT INVENTORY

22	SESH	38	Let's talk about anonymity
125	Blue Books(LG)	22	Helping
33	Blue books (SM)	25	How to deal with stress Nar anon way
31	Newcomer Packets	11	Twelve tools to recovery
14	Guidelines for Healthy Meetings	28	Passport to freedom
18	It is not about yesterday, but today	6	Just for today (laminated cards)
7	Questions on sponsorship	10	Do's Don'ts (laminated cards)
13	Group conscience and business meetings	10	Detachment: The key to survival
10	Sponsoring a Narateen group	1	Embroidered book covers (for SESH books)
5	Thirty-one days in Nar Anon	7	Nar anon Thirty-Six(steps 4-9)
20	No Nar anon group in your area	4	Nar anon Thirty Six (steps 1-9)
32	Appropriate sharing and crosstalk		



- **Discussion of motion for the policy and procedure guidelines for removing unhealthy meetings from meeting list and website** - Discussion regarding meetings that do not want to have healthy meetings no matter how much guidance they are given. Never intended to be about pointing fingers or about one particular meeting. Discussion ensued about meetings that want to change steps, traditions and concepts and in no way resemble a Nar-Anon meeting. There is currently no policy or procedure in this regard at Region or WSO.

Discussed giving the meeting a chance to make the necessary changes that need to be made to become a Nar-anon meeting. To document over time what exactly is going on in a particular meeting to avoid any personality issues. To give that meeting a chance to make changes. This is not about group autonomy rather it would be about issues that violate issues of traditions and affect Nar-anon as a whole or that draw Nar-Anon into public controversy. A suggestion was made to change the motion to read "Motion for policy and procedure guidelines for adding a new meeting to Bay Area meeting list and Regional website." Moving this to old business for August BAM. A suggestion was made to form a subcommittee. ASR, Bay Area Sec. and Oldsmar GSR to be part of a committee in that regard.

- **Announcement/Discussion:** FRCNA Convention. Very low registration. Please register.

Lutz made a motion to close the meeting and Oldsmar 2<sup>nd</sup>. All in favor and meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 07/20/15

BAM Minutes  
August 1, 2015  
12:00 PM

Roll Call - Attendance 13, 9 voting and 4 non-voting

**VOTING:**

Crystal Beach - voting  
Largo/Clearwater Tues. - voting  
Lutz - voting  
Oldsmar - voting  
Spring Hill - voting  
Spring Hill - voting  
St. Petersburg/Mon - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

FL Delegate  
Alt. Florida Delegate  
ASR  
Spring Hill

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ASR opened the meeting with the Serenity Prayer.  
Tarpon Springs made a motion to skip the reading of the 12 Traditions and 12 Concepts to save time, Largo/Clw. Tues. 2nd. All in favor. Motion passed.

Attendance taken - 9 voting and 4 non-voting - see above.

**Approval of Minutes:** Oldsmar made the motion to accept the Minutes as submitted for the 06/06/15 Bay Area meeting. Lutz 2<sup>nd</sup>. All in favor. Motion passed.

**Outreach** - Meeting List. Alina has made all the required changes since the last BAM. We still need an Outreach Chair for Bay Area.

- **Treasurer's Report:** See attached 8/1/15 Treasurer's report.  
The Bay Area will vote on the quarterly donation to the Region at our Sept. BAM.
- **Old Business: Bay Area Fellowship:** Bay Area Sec. and Oldsmar GSR were voted in as Fellowship Co-Chairs. ASR, Largo/Clw GSR and Crystal Beach GSR will serve on the Fellowship Committee. The topic will be Service. There will be a speaker and a workshop. The Fellowship will begin at 11:30 am
- **Discussion of motions for the policy and procedure guidelines for adding and removing unhealthy meetings from Bay Area meeting list** Both motions were tabled for further discussion until the September 5, 2015 BAM. Motion #7 will be amended to separate out Rational. Also, a wording change will be made to be more specific in regard to type of support the Bay Area will give to new meetings upon startup.
- **New Business - Discussion of Regional Motions:** There will be a Regional Conference call on August 16, 2015 regarding Regional Motions.

Motion regarding changes to regular regional meeting schedule and format was discussed. A recommendation was made for more specifics of the business to be discussed on the conference calls.

The flow chart was also discussed. Many thought it was too complicated and it doesn't really address the problem of the lack of Regional support and being more proactive with new and established meetings.

Policy and Guideline Motion regarding a change to pg 6-9 in the GLS in regard to quorums was also discussed.

- **Discussed Table Literature Agreement from WSO to Bay Area:** There was no resolution on this item. Clarifications of Agreement were made. Treasurer has offered to prepare a Motion for the Bay Area before our next BAM with regard to the purchase and sales of literature, pricing, and tracking of sales. This item was tabled until our next BAM on September 5, 2015.
- **Announcement/Discussion:** Lutz is thinking of starting a beginner's meeting.

Tarpon Springs made a motion to close the meeting and Lutz 2<sup>nd</sup>. All in favor and meeting adjourned with Serenity Prayer at 1:39 P.M.

Minutes submitted by: Bay Area Sec. 08/02/15

BAM Minutes  
September 5, 2015  
12:00 PM

Roll Call - Attendance 11

**VOTING:**

Crystal Beach - voting  
Lutz - voting  
Oldsmar - voting  
Spring Hill Wed. - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

Alt. Florida Delegate  
ASR  
Spring Hill  
Oldsmar

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ASR opened the meeting with the Serenity Prayer.  
12 Traditions and 12 Concepts were read.

Attendance taken - 7 voting and 4 non-voting - see above.

**Approval of Minutes:** Tampa So. made the motion to accept the Minutes as submitted for the 8/1/15 Bay Area meeting. Crystal Beach 2<sup>nd</sup>. All in favor. Motion passed.

**Outreach** - Oldsmar discussed an outreach opportunity at the Bay Area Women's Expo scheduled for October 3, 2015. The Bay Area voted to donate \$100 towards the cost of the booth plus the cost of literature. **UPDATE: THIS EVENT HAS BEEN POSTPOSED UNTIL 2016.**

Jail visitation areas was suggested for outreach.

Meeting List. There were no changes to the meeting list.

- **Treasurer's Report:**

- Tarpon Springs made a motion to increase the outreach budget to \$150 to cover the cost of the Woman's Expo event and outreach literature cost. Tampa No. 2<sup>nd</sup>. Motion passed.

- Tarpon Springs made a motion to donate \$612.42 to the Region for the quarterly donation. Lutz 2<sup>nd</sup>. Motion passed

- **Old Business: Bay Area Fellowship:** Bay Area Sec. requested a head count from the groups.

- **Literature Order Motion:** Motion passed, 6 yes and 1 abstention.

- **Policy/Procedure adding new meeting Motion:** Motion passed, 5 yes, 1 no, and 1 abstention.

- **Policy/Procedure for removing meeting Motion:** Spring Hill Wed. made a motion to remove the word "Principles" and use the words Steps,

Traditions and Concepts. Lutz 2<sup>nd</sup>. Motion passed. 6 yes and 1 abstention.

Crystal Beach made a motion to change the Intent of the Motion by changing the word "adhere" to the word "follow." Tampa So. 2<sup>nd</sup>. Motion passed. 6 yes and 1 abstention. Motion Tabled until Oct. 3 BAM. Revised motion will be sent out to groups within the next few days.

- There was no new business

Oldsmar made a motion to close the meeting and Lutz 2<sup>nd</sup>. All in favor and meeting adjourned with Serenity Prayer at 1:30 P.M.

Minutes submitted by: Bay Area Sec. 09/26/15



**STRENGTH THROUGH SERVICE**  
NAR-ANON WORLD SERVICE CONFERENCE 2016  
**MOTION SUBMISSION FORM**

**Motion Maker (Region, WS Committee, NSO, or BOT):**

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**Please place an X next to the areas to which motion applies:**

Literature	X	Website	<input type="checkbox"/>
Policy and Guidelines	<input type="checkbox"/>	Other:	
Outreach (HI/PI)	<input type="checkbox"/>		

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**Motion (What is the action being requested?):**

The Bay Area will continue to purchase, distribute, and sell literature (described below) to their Groups at or above the cost listed for same literature on the WSO website within the following guidelines:

**Bulk orders: Blue booklets SM (B-200); Blue booklets LG (B-201); SESH books (B-202); Newcomer's packets (P-100).**

**Other Literature: The Bay Area literature person will complete the order form and include the Group name and code for submission to WSO.**

**Intent (What will this action accomplish?):**

To insure that the Bay Area of Nar-Anon Florida recognizes that Nar-Anon WSO is the clearinghouse for all literature.

**Rationale (Why is this desirable?) (Limited to 150 words):**

Tradition 4 states, "Each group should be automomous, except in matters affecting other Nar-Anon family groups...." Nar-Anon WSO is the clearing house for all Nar-Anon literature. Therefore, it would affect Nar-Anon as a whole if groups sell Nar-Anon literature for less than the listed price on the Nar-Anon Literature Order Form.

**Financial Impact (What will this cost or what income will it generate?):**

The cost would be absorbed by Bay Area Groups. The cost of the SESH book would increase due to price matching the WSO clearinghouse price.

**Date motion approved by submitting body:     /     /**

**Date minutes submitted to WSC Committee for conference record:     /     /**

## BAY AREA MOTION

Bay Area Motion #: 7	Pass/Fail
Date Presented: _____/_____/_____	
Secoed by: _____	
For/Against/Abstain: _____/_____/_____	

Date Submitted: 7/22/15  
Made by: Bay Area Subcommittee: Donna C., Ed. L, Alice S.

Title: Bay Area Policy and Procedure for adding new meetings to meeting list

Motion: There will be a two month waiting period before a new meeting is added to the Bay Area Meeting List.

Rational: Members of the Bay Area will provide support and guidance to the newly established meeting. A member or members of the Bay Area will attend or take turns attending the first 2 or three meetings to ensure traditions and principles of Nar-Anon are followed. The Bay Area will make it clear that anyone at that new meeting can contact the Bay Area Service Committee for any guidance and assistance at any time after initial attendance by Bay Area members.

Intent: The intent of this motion is to put in place a policy and procedure guideline for adding new meetings to the Bay Area meeting list. Requiring the two month waiting period allows the fellow members of the Bay Area to give their support and guidance to the new meeting while also insuring that the meeting complies with the Principles of Nar-Anon. The goal of this motion is not to get involved with the group's autonomy, rather to ensure there are no issues that violate traditions and affect Nar-anon as a whole or that draw Nar-Anon into public controversy

## BAY AREA MOTION

Bay Area Motion #: 8 Pass / Fall

Date Presented:

Seconded by:

For/Against/Abstain: / /

Date Submitted: 7/22/2015

Made by: Bay Area Subcommittee - Donna C, Ed L., Alice S.

Title: Bay Area Policy and Procedure for removing a meeting from Bay Area meeting list

Motion: If a problem or concern is reported to a member or members of the Bay Area regarding a meeting within the Bay Area that may be affecting Nar-Anon as a whole or the unity of the surrounding groups, the Bay Area Service Committee, or a separate committee appointed by the members of the Bay Area, will take the following action within thirty (30) days of notification of the problem or concern:

- 1) A member of the Bay Area Service Committee, or other Bay Area member, will attend the meeting to assist with any problems or concerns. The Bay Area will provide assistance to the group with regard to understanding the traditions and principles of Nar-Anon.
- 2) If after two (2) months of first notification of a problem or concern, the group refuses to follow the traditions and principles of Nar-Anon, the Bay Area will notify the Regional Service Committee (RSC) for further action and the meeting will be removed from the next updated Bay Area Meeting List.
- 3) Should the meeting decide at a later date that it would like to be added back to the Bay Area Meeting List, the meeting will be treated as a new meeting and there will be a two month waiting period before the meeting will be added to the Bay Area Meeting List. Members of the Bay Area will provide support and guidance for that two month time frame, or for as long as is needed, to ensure that there is an understanding of the principles of Nar-Anon.

Intent: To ensure that groups in the Bay Area adhere to the traditions principles of the Nar-Anon Family Groups. To look to our traditions and determine if a group is violating the traditions and principles of Nar-Anon to the point where it is affecting the unity of the surrounding groups and Nar-Anon as a whole. Examples of violations of traditions and principles include:

- Meetings that change the Twelve Steps, Traditions, Concepts of Service or conference approved literature (CAL)\*. These are our founding principles and require fellowship change.
- Meetings that are using the Nar-Anon name but are clearly not Nar-Anon
- Meetings that use Seventh Tradition funds for reasons not related to our primary purpose or the principles of our program
- Meetings that can draw Nar-Anon into public controversy

\*Using outside literature (the Bible, Melody Beattie, newspapers, magazines, for example), re-writing Conference Approved Literature (CAL), changing Twelve Steps, Traditions, or Concepts of Service, if a group conscience is not being taken or followed, or anything affecting another Nar-Anon Family Group.



BAM Minutes  
October 3, 2015  
12:00 PM

Roll Call - Attendance 13

**VOTING:**

Crystal Beach - voting  
Largo/Clw. Tues. - voting  
Largo/Clw. Thurs. - voting  
Lutz - voting  
Spring Hill Wed. - voting  
Spring Hill Thurs. - voting  
St. Pete Mon. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

Florida Delegate  
Bay Area Meeting List  
Spring Hill  
Lutz

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Treasurer opened the meeting with the Serenity Prayer.  
12 Traditions and 12 Concepts were read.

Attendance taken - 9 voting and 4 non-voting - see above.

**Approval of Minutes:** Lutz made the motion to accept the Minutes as submitted for the 9/5/15 Bay Area meeting. Crystal Beach 2<sup>nd</sup>. All in favor. Motion passed.

**Outreach** - Lutz made an appeal to the Bay Area for help with the DACCO Wednesday night meeting.

Meeting List. There were no changes to the meeting list.

- **Treasurer's Report:** see attached Sept. Treasurer's Report
- **Old Business: Bay Area Fellowship:** Final review of upcoming Fellowship
- **Bay Area Motion to remove a meeting from Bay Area Meeting List.** Passed, 7 yeses and 2 nos.
- **New Business:** BAM schedule for 2016. Bay Area Treasurer is going to check with church regarding discussed dates.

Clw/Largo Thurs meeting requested member support in the form of attendance at that meeting.

Clw/Largo Thursday made a motion to close and Lutz 2<sup>nd</sup>. Meeting closed at 1:15 pm

Minutes submitted by: Secretary 10/27/15

BAM Minutes  
November 7, 2015  
12:00 PM

Roll Call - Attendance 11

**VOTING:**

Crystal Beach - voting  
Lutz - voting  
Oldsmar - voting  
Spring Hill Wed. - voting  
Spring Hill Thurs. - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

Florida Alt. Delegate  
Spring Hill  
Narateen

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Secretary opened the meeting with the Serenity Prayer.  
12 Traditions and 12 Concepts were read.

Attendance taken - 9 voting and 4 non-voting - see above.

**Approval of Minutes:** Lutz made the motion to accept the Minutes as submitted for the 10/3/15 Bay Area meeting. Crystal Beach 2<sup>nd</sup>. All in favor. Minutes passed.

**Outreach** - Changes for BAM list - Fix information regarding newcomer meeting in Clearwater. Confusing information.

Spring Hill Wednesday and Tampa S. both stated they had members who were interested in becoming BAM Outreach Chair.

- **Treasurer's Report:** see attached Oct. Treasurer's Report. Vote on donation for donation to Region will occur at December BAM.
- **Old Business:** BAM schedule for 2016. Tampa N. made a motion to accept the BAM schedule for 2016, Crystal Beach 2<sup>nd</sup>. All in favor. Schedule approved.
- **New Business:** Crystal Beach made a motion to change the start time for the BAM to 11:30 am from 12:00 pm to start with the Jan. 2016 BAM. Lutz 2<sup>nd</sup>. All in favor. Motion passed. BAM Secretary to inform the Bay Area GSRs of time change.
- Tarpon Springs meeting needs support.
- Tampa So. Meeting to confirm service commitment with members to insure Newcomer's Meeting is still available. GSR will let Bay Area and Region know if that Newcomer's meeting is going to stay open or close.
- BAM Secretary will confirm dates for Regional phone conferences and F2F assemblies and let BAM members know.

- System for donation of left over literature donations by groups in Bay Area. Meetings in the Bay Area voting to do so may donate left over outreach literature to Bay Area. BAM Treasurer to order outreach packet literature to have on hand for Bay Area members and outreach opportunities.

Lutz made a motion to close and Crystal Beach 2<sup>nd</sup>. Meeting closed at 1:10 pm

Minutes submitted by: Secretary 11/9/15

BAM Minutes  
December 5, 2015  
11:30 AM

Roll Call - Attendance 13

**VOTING:**

Largo/Clw Tues. - Voting  
Largo/Clw Thurs. - Voting  
Lutz - voting  
Oldsmar - voting  
Spring Hill Wed. - voting  
Tampa No. - voting  
Tampa So. - voting  
Tarpon Springs - voting

**NON-VOTING:**

FL Delegate  
Florida Alt. Delegate  
BAM Meeting List  
BAM Rep  
Spring Hill

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ASR opened the meeting with the Serenity Prayer.  
12 Traditions and 12 Concepts were read.

Attendance taken - 8 voting and 5 non-voting - see above.

**Approval of Minutes:** Tampa No. made the motion to accept the Minutes as submitted for the 10/3/15 Bay Area meeting. Tampa So. 2<sup>nd</sup>. All in favor. Minutes passed.

**Outreach** - Member from Tampa No. meeting has expressed a willingness to become BAM Outreach Chair.

Changes for BAM list - Information change for Newcomer meeting in So. Tampa

- **Treasurer's Report:** Review of Nov. 2015 Treasurer's Report.  
Amount approved for donation to Region. \$377.81
- **Old Business:** All groups agreed to stop using outdated Little Blue Books and start using the conference approved Little Blue Books at meetings.
- **New Business:** Bay Area votes to do CAR workshops during Jan. 9<sup>th</sup> and Feb. 6<sup>th</sup> BAMs. Workshops will start at 12:00 pm after regular business meeting for Bay Area.

Oldsmar made a motion to close and Lutz 2<sup>nd</sup>. Meeting closed at 1:00 pm

Minutes submitted by: Secretary 1/2/15