

Minutes, **approved 3/4/23**
Florida Region Virtual Business Meeting
Sunday, December 11, 2022 / 7pm-9:30pm

Attendees:

ROLL CALL: 19 Attendees; 7 Voting Members; 11 Non-Voting Members * Dual Role

Voting: 7	Non-Voting: 10
Faye - Zephyrhills	Bonnie – Regional Chair
*Theresa – St. Petersburg Monday	Ingrid – Regional Vice Chair
Sandy – Clearwater	Rosemary – Regional Treasurer
Mary - Lakeland	Donna – Regional Delegate
David T. - Alabama	Yvette – Regional Alt. Delegate
*Doug – Crystal Beach	Jamie – Regional Narateen Chair
Terri – Winter Park	Kim – Regional Outreach Chair
	Pat – Member
	Gerri – Member
	Belle – Member

Call to Order:

The Chairperson called the meeting of the Florida Region Business Meeting to order at 7pm on December 11, 2022. Ingrid will record minutes for this meeting. Roll call was taken by Ingrid. The Serenity Prayer was said aloud by all attendees. The Twelve Traditions and Twelve Concepts were read aloud. In the absence of a Regional Secretary, the virtual meeting was recorded.

Minutes:

Theresa (St. Petersburg, Mon) motions to approve the minutes from September 10, 2022, Sandy (Clearwater, Tues) seconded with no corrections, minutes passed unanimously.

COMMITTEE REPORTS

1. Chair (Bonnie)

Plan to keep the meeting to an hour and half, and end the meeting at 8:30PM. The World Board of Trustee (BoT) Roundtable was held yesterday. Many Florida Group members attended the Roundtable. The CAR was published with eighty-eight (88) motions.

2. Vice-Chair (Ingrid)

Ingrid went over the principles of keeping our meetings healthy

3. Treasurer: (Rosemary)

Current Financial and Budget Reports were published earlier this week. Donations coming in and expenses going out were recorded. Bank balance is \$3,556.89. Holding back the defined budget scheduled amount for December, 2022, the donation to Nar-Anon Family Group, Inc. is \$1,716.89. See attached Treasury Reports.

Motion: Send a donation of \$1,716.89 to WSO was made by Doug and David seconded the motion. Those in Favor: 4; Opposed: 2; Abstentions: 1; Motion carries.

4. Bay Area Report: (Theresa)

- Rummage Sale will be held on February 11 and a notice will be published soon to the fellowship.

5. Outreach Report: (Kim)
 - Nar-Anon participated in several Pasco, Hillsborough, and Pinellas counties for NOPE Narcotics Overdose Prevention and Education (NOPE)
 - Nar-Anon participated by having a table at the Palm Coast Convention over Thanksgiving weekend.
 - Recently received a suggestion to send photos of Outreach in action to members on the contact list as an "InReach". However, received feedback from recipients not to send the photos. Kim will add a disclaimer to the next set of Outreach photos, "please let her know if they no longer want to receive these photos in the future".
 - Groups that are closing return their unused literature to Kim. Kim knows when groups close, so how does the contact list get updated? Theresa suggested the Florida Website "Edit Group Form" when groups are known to be closed.
 - Kim will develop a cost spending by month to help determine the budget forecast schedule.
6. Convention Report: (Bonnie via a text from Gina)\ul style="list-style-type: none;">- Convention Chair has resigned. Please help fill this position.
7. Website Report: (No Attendance)
8. Narateen Report: (Jamie)
 - Revised the Florida Narateen Safety and Policy Guidelines to include Alabama and some general editing as recommended by the WSO. Will create a motion to vote on at the March Assembly.
 - WSO provided a Narateen Facilitator PowerPoint presentation. This is used to present to new facilitators. We adapted the presentation for the Florida Region and will create a motion to vote on at the March Assembly.
 - Facilitators are working on Outreach and InReach
 - Asked to participate in the worldwide What's Up Chat. Working on conference approved flyers.
9. Literature Report: (Bonnie read the Literature Chair's sent report)
 - Working on the Narateen Thirty-One Days which currently has twenty-four (24) writings. Received a writing from the Narateen who spoke at the 2022 Florida Convention and will divide that writing into many writing to help finish the book.
10. Helpline Report: (Faye)
 - 134 inbound calls this quarter, and there were 82 unique phone numbers. People are calling back another time so maybe not all these calls are getting answered on the first attempt.
 - The average call duration is over three (3) minutes.
 - On average by day of the week, Monday is the busiest day, then Thursdays, Tuesdays, and so on to finish out the days of the week. On Monday there is an average of 17 calls.
 - Need folks to sign up to take time slots to answer the Florida Helpline.
 - Will help to clean up the Contact List. Theresa asked members who know groups are closed to use the Florida Website "Edit Group Form".
11. Delegate Report: (Donna)
 - Received the CAR Report which has 88 motions. Will start digging into the motions after the first of the year. Donna has attended a few meetings on some of the motions, and she and Yvette will be attending workshops to learn more about these motions so they can share their findings with the Florida members.
 - A member asked to receive the Excel version of the CAR, but the Excel is the voting tally sheet which comes at a later time.

- CAR needs to be published on the World Services Website so a link can be added to the Florida Website.
- Will schedule workshops in March for the Florida members via Zoom.
- Board of Trustees (BoT) State of Affairs Roundtable was held yesterday. Donna is on an adhoc committee that was created on the world representative's forum which consist of members from the United States (US) and other countries and some retired board members. They met a day after the BoT's meeting and created a FACTS Sheet to communicate what was missing from the BoT's presentation and the committee's future actions. They will meet again in January 2023.

New Business:

1. Treasure would like to better understand the Committee Budget Items which are currently at a high level descriptions. Also have details as to what expenses would be considered in each Budget Items. Treasurer will seek input from the committees to better understanding the **financial needs** and know **when (what month)** the committee chair expects expenses to be spent and develop a budget forecast schedule.
2. Investigate the way Florida Nar-Anon Family Group is incorporated in the State of Florida before the renewal of the annual Florida State. Will report my findings to the RSC.
3. Alabama would like to be added to the Florida Region. Can this be added to the agenda for the next Assembly meeting?
4. New Motion: Remove and Replace Section 2 – Motions & Voting Procedure on pg. 11 in the Florida Region Guidelines (FLRG). Donna read the motion, the motion was seconded by Faye to open for discussion. Many members discussed the method of communication, but liked the speed of the motion.

Next Meeting Date & Time

The next meeting will be held on Saturday, March 4, 2023 @ 9am in a location to be announced.

Meeting Adjournment:

Doug (Crystal Beach) motioned to adjourn the meeting at 9:30pm. Motion carried unanimously. The meeting closed with the Serenity Prayer.

Submitted by,
Rosemary
Treasurer

Approval Date: March 4, 2023

Nar-Anon Florida Region
 Treasury Ledger
 Dec 2022

Transaction Subtypes	Sum of Deposit	Sum of Expense	Checking Acct Balance
Beginning Balance	\$4,306.92		
Beginning Bank Balance - Jim Report 4306.92	\$4,306.92		
D-In-Area	\$1,300.00		
Bay Area of Florida	\$1,300.00		
D-In-Grp	\$880.00		
127-029-South Miami	\$100.00		
127-055-West Palm Beach	\$50.00		
127-058-Winter Park	\$200.00		
127-096-Ocala-Ocala Forest Naranon Family Group	\$80.00		
127-106-Boynton Beach-No Longer Alone	\$50.00		
127-028-Melbourne-One Day at a Time	\$100.00		
127-029-Miami, South	\$300.00		
D-Out-WSO		-\$1,746.92	
WSO Donation-\$1,746.92, Sept 2022		-\$1,746.92	
Expense		-\$1,183.11	
MicroSoft Store - 365 Licenses		-\$99.99	
Nar-Anon FGH Inc - Delegate & Alt Delegate RegFee		-\$1,000.00	
OneBox AutoPay		-\$77.16	
PayPal Fee		-\$5.96	

Nar-Anon Florida Region
2022 - 2023
Treasury Report

2021/2022 Program Revenues vs. 2022/2023		ACTUAL REVENUE 2021/2022	ACTUAL REVENUE 2022/2023
Convention Gross Income:	Registrations	\$890.00	0
Dinner		\$420.00	0
Raffle		\$475.00	0
Donations		\$135.00	0
Total Convention Income		\$1,920.00	0
Convention Expenses: (Dinner & Supplies)		\$435.00	0
CONVENTION NET INCOME		\$1,485.00	0
GROUP, MEMORIAL & AREA DONATIONS TO DATE		\$6,501.73	0
TOTAL REVENUE		\$7,986.73	0

Expenditures	2021/2022 Budget	2021/2022 Actual	2022/2023 Budget	2022/2023 ACTUAL	2022/2023 Remaining
Reporting Year	2021/2022	2021/2022	2022/2023	2022/2023	2022/2023
ASSEMBLY F TO F MEETING March '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
ASSEMBLY F TO F MEETING September '22	\$60.00	\$0.00	\$60.00	\$0.00	\$60.00
TRAVEL EXPENSES (Outreach Chair)	\$400.00	\$18.45	\$400.00	\$0.00	\$400.00
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	\$0.00	\$500.00
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$94.36	\$100.00	\$0.00	\$100.00
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$64.98	\$400.00	\$0.00	\$400.00
DELEGATE: Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
ALT DELEGATE: Cost of \$1,920 over 2 years; \$960 per year	\$720.00	\$720.00	\$480.00	(\$500.00)	(\$20.00)
CONVENTION (initial advance \$350 - \$100 donation to NA)	\$350.00	\$133.00	\$350.00	\$0.00	\$350.00
WEBSITE	\$800.00	\$280.44	\$800.00	(\$99.99)	\$700.01
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	\$0.00	\$1,000.00
HELPLINE	\$0.00	\$0.00	\$500.00	(\$77.16)	\$422.84
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$70.00	\$160.00	\$0.00	\$160.00
LITERATURE COMMITTEE	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	\$0.00	\$105.00
TOTAL BUDUGETED EXPENDITURES	\$5,340.00	\$3,531.96	\$5,395.00	(\$1,177.15)	\$4,217.85

Nar-Anon Florida Region
Fiscal Year Schedule

ADDITIONAL MONTHLY HOLDBACK
PLUS RESERVE

	TOTAL	
PRUDENT RESERVE 2022/2023	\$600.00	\$600.00
Holdback from 2022/2023	\$500.00	\$1,100.00
Holdback from 2023/2024	\$500.00	\$1,600.00
Holdback October 2022	\$80.00	\$1,680.00
Holdback November 2022	\$80.00	\$1,760.00
Holdback December 2022	\$80.00	\$1,840.00
Holdback January 2023	\$80.00	\$1,920.00
Holdback February 2023	\$80.00	\$2,000.00
Holdback March 2023	\$80.00	\$2,080.00
Holdback April 2023	\$80.00	\$2,160.00
Holdback May 2023	\$80.00	\$2,240.00
Holdback June 2023	\$80.00	\$2,320.00
Holdback July 2023	\$80.00	\$2,400.00
Holdback August 2023	\$80.00	\$2,480.00
Holdback September 2023	\$80.00	\$2,560.00
Total	\$2,560.00	\$2,560.00

Balance in checking account as of 12/06/22 is \$3,556.89 \$3,556.89

Including Groups and Area's donations: \$2,180 - PayPal Fees \$5.96 = \$2,174.04

Required hold back for prudent reserve and accrual for convention delegate and alt-delegate is \$2,560.00 to pay for 2023 conference -\$1,840.00

Bank Balance Minus Holdback December 2022 \$1,716.89

Donation to be sent to world of \$1,716.89 Check #XXXX On MM/DD/YYYY

FLORIDA REGION NAR-ANON MOTION SUBMISSION FORM



Motion Maker: Tarpon Springs, No Longer Alone, Tuesday 7 pm (127-052)

Please place an X in the box next to the area(s) to which the motion applies:

Literature

Outreach

Narateen

Policy and Guidelines

Website

Other _____

Motion (What is the action being requested?): Remove and Replace Section 2 – Motions & Voting Procedure on pg. 11 in the Florida Region Guidelines (FLRG):

Remove:

Motions can be submitted through a Group Service Representative (GSR), subcommittees, or areas for consideration during the Assembly.

Main motions shall be presented to the regional RSC/ASR/GSRs sixty (60) days prior to a previously scheduled F2F assembly for voting by the members of the Region. Thirty (30) days after presentation of the motion(s) and thirty (30) prior to a motion(s). At the end of the sixty (60) day period, all groups shall be prepared to vote on said motion(s).

The most current World Service Conference Motion form will be used for all motions submitted within the FL Region. Most current motion form can be found on the Nar-Anon.org website under Members, World Service Conference, then Motion Form. The most recent Motion Form will also be available on the naranonfl.org website under the GSR webpage, <https://naranonfl.org/GSR.html>.

Replace with:

MOTION PROCEDURE: Motions are submitted via email to the Regional Service Committee (RSC) by Area Service Representative(s) (ASRs), Group Service Representative(s) (GSRs), Individual members, or by subcommittee chair(s) for consideration by the groups located within the FL Region.

Motion(s) are then emailed to the GSRs and ASRs in the FL Region. The motion will be discussed at a scheduled extraordinary virtual meeting. Motion and date of meeting will be published on the FL Region "News and Events" webpage within 5 business days.

There will be two (2) Extraordinary virtual meetings scheduled as follows:

- The first Extraordinary virtual meeting will take place within 4 weeks of original email to the FL region. At this first meeting, the motion will require a 2nd before discussion of the motion; and
- the 2nd Extraordinary virtual meeting will occur within 2 weeks after the first, when a final vote will be taken.

Should a regular virtual business meeting or General Assembly coincide closely with any of these timing restrictions, discussions or votes will occur during normally scheduled business meetings and assemblies. During the first four (4) week period after receipt of the motion(s), GSRs, or individual members, will take the motion back to their groups for discussion.

FLORIDA REGION NAR-ANON
MOTION SUBMISSION FORM



The FL Region Motion Form is available on the naranonfl.org website under the FL Region webpage, <https://naranonfl.org/region.html> and the GSR webpage, <https://naranonfl.org/GSR.html>.

VOTING PROCEDURE: Attendance will be taken prior to all motion votes for quorum purposes. A majority will consist of 51% of groups represented.

Intent (What will this action accomplish?): To avoid unnecessary delays and scheduling difficulties when urgent business in the FL Region must be addressed.

Rationale (Why is this desirable?) (Limited to 150 words): The 60-day timing rule is cumbersome and difficult to adhere to when trying to accomplish business in the FL Region. The wording change will reduce the time from submission to vote to six (6) weeks rather than eight (8) weeks and will be more in line more with Concept 1 as it will allow us to more wholly fulfill our fellowship's primary purpose of maintaining services on behalf of Nar-Anon.

This change will also make it possible to pass necessary motions in between regular bi-yearly business meetings and bi-yearly assemblies. This change may also encourage more groups, committees, and areas to become more comfortable participating in the decision-making process (Concept 7) knowing that the process is easier.

Financial Impact (What will this cost or what income will it generate?): Negligible

Date motion approved by region _____

Region Chair printed name and signature _____

Minutes of the Regional Service Conference
Saturday Nov 13, 2022, 7:00 PM-9:20 PM
approved 2/19/23

CALL TO ORDER:

The Chairperson opened the meeting with The Serenity Prayer. The Twelve Traditions were read by Donna and Twelve Concepts were read by Marguerite.

ROLL CALL:

Non-Voting: 3	Voting: 9
Kim- Convention Chair	Bonnie – Region Chairperson
Marguerite – Area Service Rep-Bay Area	Ingrid- Region Vice Chairperson
Debra- Website Chair	Rosemary - Region Treasurer
	Donna – FL Region Delegate
	Yvette- FI Region Alternate Delegate
	Doug- Virtual Coordinator
	Theresa- Webmaster
	Faye- Hotline
	Sandy- Region member

- 3 non-voting
- 9 voting
- 12 in attendance

The Chairperson, Bonnie, gave a welcome to all the attending members. Vice Chairperson, Ingrid, went over concepts of Keeping Our Meetings Healthy.

APPROVAL OF MINUTES:

Motion to approve Minutes made by Donna (Region Delegate), and Marguerite (Bay Area ASR) seconded with no corrections, minutes passed unanimously.

OFFICER REPORTS:

TREASURER’S REPORT: (Rosemary)

She went over the Ledger and Treasurer's Report from 2022-2023 (*SEE ATTACHED*)

A conversation began about PayPal’s service fees and possibly looking into the Region paying those fees or giving the groups the option to pay this fee. She would like to come up with an expense line for PayPal’s service fees in our budget.

DELEGATE’S REPORT: (Donna)

She went over the financial issues within the World Service Office (WSO). She made a motion to write a letter from the FI Region to the BOT (Board of Trustees), the Budget and Finance Committee, and the Executive Director of Naranon Family Groups Headquarters Inc., to request a copy of their most recent financial records and reports and their proposed cost cutting plan. This way we can have this information to review before the BOT Roundtable in December. Donna made the motion and Marguerite seconded the motion; motion passed unanimously.

We worked on the letter together as a group.

ASR REPORT: (Marguerite)

She told us that they are having monthly meetings as a hybrid but are having some technical issues with the internet connection. They are still doing their monthly study of the Traditions and Concepts. They have service positions that need to be filled.

NARATEEN REPORT: (Ingrid)

She explained to us that they updated FI Region NT(Narateen) Safety and Policy Guidelines. It was mostly to fix grammatical errors, fix sentence structure, add language to include the virtual meetings, and will be including wording for AL.

WSO's World Service NT Committee put out for fellowship review a new Facilitator PP(PowerPoint). Donna suggested to add a subcommittee to make one specific to FL and include AL. Manina and Jamie volunteered to work on this.

They are doing Outreach and Inreach to bring more teens to the meetings.

WEBSITE REPORT: (Debra)

She said they are updating documents in the Florida Guidelines.

OUTREACH REPORT: (Kim)

These are the list of events she attended: Sept 3rd Ft. Myers RCO event, Sept 17th Broward RCO event, Oct 1st FACNA, and Oct 20th NOPE. On Nov 26th she will have a table at Palm Coast Convention in West Palm Beach.

HELPLINE REPORT: (Faye)

She told us that she is receiving lots of calls of people looking for meetings and currently she has been filling the empty time slots, so those calls are being received instead of going to voicemail.

WEBMASTER'S REPORT: (Theresa)

She said that we need to add wording to remove groups that have not been active and not responding since the COVID pandemic in the FLRGS. A motion was made to remove groups we haven't had contact with in over two years and the FL Region will notify the WSO of this decision. Marguerite made the motion and Bonnie seconded; motion passed unanimously. In the future we will work on adding this wording into the FL Guidelines. Donna and Debra volunteered to work on this motion. She is also looking for a new email server since we are having issues with the current one.

NEW BUSINESS:

Bonnie, Rosemary, and Ingrid spoke about bi-weekly emails for Region Announcements. Bonnie and Ingrid spoke on the repurchase Microsoft 365 and Website Committee paid for it. They also stressed the need for a Region Secretary.

MOTION TO ADJOURN:

A motion to adjourn was proposed by Ingrid seconded by Debra and passed unanimously. The meeting closed at 9:20 PM.

approved 12/11/2022

Florida Region NFG Assembly Minutes

Saturday, September 10, 2022 / 9am-3pm

Schalamar Creek Golf & Country Club Community Clubhouse, 4500 US Hwy 92 East, Lakeland, FL

CALL TO ORDER:

The Chairperson opened the meeting at 9:02am with The Serenity Prayer. The Twelve Traditions and Twelve Concepts were read aloud. In the absence of the Region Secretary, the meeting was voice recorded.

ROLL CALL: 22 attending; 10 voting; 12 non-voting; *dual role

Voting: 10	Non-Voting: 12
*Bonnie - Zephyrhills (Convention Chair)	Belle - RSC Chair
*Theresa - St Petersburg Mon (Webmaster)	Jim - RSC Treasurer
Yvette - North Tampa	Donna - FL Region Alternate Delegate
Kevin - Tarpon Springs	Kim - RSC Outreach Chair (12:35pm)
Sandy - Clearwater Tues	Marguerite - Bay ASR
Ingrid - Land O' Lakes	Tony - North Tampa member
Carol - New Tampa	Jamie - Tarpon Springs member
Marcie - Melbourne	Susan - Ft Meyers member
Mary - Lakeland	Rosemary - Region member
Laura - Palm City	Amy - Palm City member
	Rhonda - Palm City member
	Debra - New Tampa member

APPROVAL OF MINUTES:

6/12/22- Motion made by Theresa (St Petersburg Mon), to approve minutes, Bonnie (Zephyrhills) seconded with no corrections, minutes passed unanimously.

7/31/22- Motion made by Mary (Lakeland) to approve minutes, Sandy (Clearwater Tues), seconded with no corrections, minutes passed unanimously.

TREASURER'S REPORT: *(Jim/Lutz: See Report Attached)*

REGIONAL ANNOUNCEMENTS:

(Belle)

The next Region meeting is December 11, 2022. Welcomed new GSR's and service representatives. The Vice Chair, Secretary, Website Chair, Helpline Admin, and Narateen Chair are unable to attend. The outgoing Vice Chair's farewell letter and letters of willingness for service positions were attached to the email that was sent to the Florida contacts in late August.

ALT DELEGATE'S REPORT:

(Donna)

Things are starting to happen for WSC 2023. The August 1st deadline has passed to submit draft motions for conference. All final versions of motions are due by Oct. 9th. The World Representatives' Forum Nar-Anon Family Groups (WRFNFG) will start discussing some of the motions to which we have access at our next quarterly meeting. WSC 2023 will be virtual to better accommodate Delegates from overseas whose regions may not be able to afford travel expenses. She continues to engage with the WRFNFG and attend their quarterly meetings and with the WS

Narateen Committee. She will start planning WSC Motion workshops for groups who are interested starting in January 2023.

BAY AREA REPORT: (Marguerite)

The Bay Area meets the first Saturday of each month. The Bay Area has implemented a hybrid format for the BA meetings. They continue to study the Traditions and Concepts each month. The Bay Area brought 3 motions to the Region for a vote.

FIRST COAST AREA REPORT:

No Report. No Contact from the First Coast Area. Bonnie has reached out to the area officers and meetings that have been on hold since March 2020 in the Jacksonville area. No answer to date.

OUTREACH REPORT: *Tabled until Kim, Outreach Chair arrives.*

CONVENTION REPORT: (Bonnie/ New Tampa)

FRNCA, held July 2nd, had about 50 attendees and 2 of the speakers were Narateen members. Total donations came out to \$1,485. FACNA (Tampa Bay area) convention preparations are going well and will be held in Tampa in October.

LITERATURE REPORT:

Belle read the literature contact member's report (not in attendance) and informed us that the Narateen 31 Days is still in the works. Need more writings to finish the book.

WEBSITE REPORT:

The Website Chair was not in attendance. Belle read his report. The committee is asking for their budget to remain at \$800 for the 2022-23 budget.

NARATEEN REPORT: (Donna/ Tarpon Springs)

Gerri was not able to attend so Donna presented the report. They had an August committee meeting with no Chair. They are working on a handbook and will be sent out for fellowship review soon. The PowerPoint for facilitator training pertains to the Florida Region, which Alabama is a part of, so they need to look into their laws. The virtual meetings have had low attendance due to summer break and school starting. They will be sending out emails to teens who've registered in the past to comeback in hopes of increasing attendance.

HELPLINE REPORT: (Faye, Helpline Admin)

Faye was not able to attend so the Chair read her report. She put together a chart (passed around) of how calls are coming in. She is having a lot of success with the volunteers. There are almost 300 calls in the past year that have come in through the Helpline.

VIRTUAL ADMIN REPORT: (Bonnie, Virtual Admin)

Region Committees and Areas are invited to use the Region virtual account for their meetings.

OLD BUSINESS:

Three motions were brought forth by the Bay Area. Motions were presented at the June Region Virtual Meeting. Motions were accepted. Motions, per FLRG, were discussed by the region in July (see minutes of 6/12/22 & 7/31/22).

Motion 1, Assembly Frequency. Kevin seconded the motion. There was discussion and suggestions. Mary, Lakeland made the 1st "friendly" motion to use the original FLRG language, replacing teleconference with virtual. Bonnie made a 2nd "friendly" motion, to add "business" to the meetings between the assemblies. BA would need to accept the "friendly" amendments. Marguerite, Bay ASR asked to table the motion temporarily until after lunch for a consensus from the BA members in attendance. Motion tabled.

MOTION 2: The motion was read, "In the FLRG, page 10, 4.i. Webmaster, remove #2. "Webmaster will be responsible to update the Florida Region Meeting Directory and post it to the website." Theresa 2nd the motion. Discussion. Vote. **Motion carried unanimously.**

MOTION 3: Motion was read. **Motion to adopt: "FLRG, page 10, REMOVE #4. 1. "The Outreach Info Contact Card template will be provided to the fellowship through the FL Region website." REPLACE #4.1. with: "The Website Committee will develop and provide a FL Region Contact Card with a QR code linking to the 'find-a-meeting' webpage template will be provided to the fellowship on the FL Region website."** Yvette seconded the motion. Discussion. Vote. **Motion carried unanimously.**

LUNCH BREAK: The members agreed to take a 60-minute break for lunch and reconvened at 12:30 pm.

MOTION 1: Marguerite, Bay ASR, informed the group that the Bay Area accepted both "friendly" amendments. **The amended motion, "In the FLRG, page 11, Assembly Schedule, "The Region shall have 4 meetings per year; two Region Assemblies and two virtual business meetings. The General Assembly shall meet at a central location within the Region. 1. September: General Assembly 2. December: (first half of the month) virtual business meeting 3. March: General Assembly 4. June: (first half of the month) virtual business meeting"** Motion carried unanimously.

OUTREACH REPORT: *(Kim, Outreach Chair)*

Kim detailed all the conventions that were held in the past year. She is also doing "in-reach" by contacting different groups for participation and get them to donate. There is potential "in-reach" through NA areas/regions and passed around the listing of all the meeting in the FL Region for NA. She wants to reach out to the RCO (recovery committee organization) to inform them of Nar-Anon as part of her Outreach.

ELECTIONS: *(Y=yes, N=no, A=abstain)*

- REGION CHAIR: Belle read Bonnie's letter of willingness. Bonnie [REDACTED] voted in as Chair unanimously.
- VICE CHAIR: Ingrid read her letter of willingness. Ingrid voted in as Vice Chair unanimously.
- TREASURER: Rosemary read her letter of willingness. Rosemary [REDACTED] voted in as Treasurer unanimously.
- SECRETARY: No letters of willingness. No nominations from the floor. Position is still open
- DELEGATE: Donna read her letter of willingness. Donna voted in as Delegate unanimously.
- ALT DELEGATE: Yvette read her letter of willingness. Yvette voted in as Alt. Delegate unanimously.
- OUTREACH CHAIR: Kim read her letter of willingness. Kim voted in as Outreach Chair. (Y-9 N-0 A-1)
- CONVENTION CHAIR: Belle read Gina's letter of willingness. Gina voted in as Convention Chair unanimously.
- WEBSITE CHAIR: Debra read her letter of willingness. Debra voted in as Website Chair unanimously.
- NARATEEN CHAIR: Jamie read her letter of willingness. Jamie voted in as Narateen Chair unanimously.
- VIRTUAL ADMIN: Belle read Doug's letter of willingness. Doug voted in as Virtual Admin unanimously.
- HELPLINE ADMIN: Faye had willingness to continue as Helpline Admin. Faye voted in as Helpline Admin unanimously.

BUDGET: (Jim)

The 2022- 2023 budget was brought to the Floor. Proposed budget below. 2022-23 FL Region Budget approved (9 voting members, 1 left; Y-9 N-0 A-0).

Expenditures	2022/2023 BUDGET
ASSEMBLY F TO F MEETING March '22	\$60.00
ASSEMBLY F TO F MEETING September '22	\$60.00
TRAVEL EXPENSES (active outreach chair gas, hotel, meals)	\$400.00
LITERATURE NEW GROUPS	\$500.00
OFFICE EXPENSE (stamps) Printing, New WF checks	\$100.00
DELEGATE: <i>Cost depends on virtual vs. in person</i>	\$480.00
ALT-DELEGATE: <i>Cost depends on virtual vs. in-person</i>	\$480.00
CONVENTION (<i>initial advance \$350 - \$100 donation to NA</i>)	\$350.00
WEBSITE	\$800.00
OUTREACH PACKETS	\$1,000.00
HELPLINE	\$500.00
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$160.00
LITERATURE COMMITTEE	0
ZOOM REGION ACCOUNT & MEETINGS	\$105.00
TOTAL BUDUGETED EXPENDITURES	\$5,395.00

GSR ROUNDTABLE:

'Round Robin' for all GSRs to update on the groups/meetings. Kim, Outreach Chair volunteered to maintain the contact list. The GLS (Guide to Local Services) details the secretary duties which include maintaining a contact list and sending yearly updated contact list to NFG offices.

REMINDERS:

- FI Region virtual business meeting - Sunday December 11, 2022, at 7pm
- Bay Area Nar-Anon @FACNA 36 Saturday, October 1, 2022, 9AM-5PM, Location- Alba Hotel, 5303 W Kennedy Blvd, Tampa, FL (No charge to Narateens). More details located on the FL Region Events webpage, <https://naranonfl.org/events.html>.

MOTION TO ADJOURN:

A motion to adjourn was proposed by Rosemary, seconded by Bonnie and passed unanimously. The meeting closed with the Serenity Prayer at 3:01 PM.

Submitted by,

Ingrid M

Vice Chair, FL Region Nar-Anon Family Groups

Approved 12/11/2022

FLORIDA REGION NAR-ANON FAMILY GROUPS
TREASURER'S LEDGER FACE TO FACE SEPTEMBER 10, 2022 UPDATE
FISCAL YEAR 2021-2022
OCTOBER 1st, 2021 to SEPTEMBER 30th, 2022

DATE	TYPE	DESCRIPTION	EXPENSE	DEPOSIT
10/1/21	ZELLE	\$40.00 OCALA FOREST 127-096	0	\$40.00
10/6/21	ELEC CK Deposit	\$250.00 ST. MARY 127-024.	0	\$250.00
10/6/21	ELEC CK Deposit	\$1,013.73 BAY AREA	0	\$1,013.73
10/21/21	ELEC CK Deposit	\$75.00 Port St. Lucie 127-041	0	\$75.00
10/21/21	ZELLE	\$14.60 POSTAGE Gerri Narateen	\$14.60	0
10/23/21	Debit	Onebox HELPLINE	\$38.58	0
10/26/21	Elec Ck Dep	\$200.00 Winter Park 127-058	0	\$200.00
11/04/21	ZELLE	\$40.00 Ocala Forest 127-096	0	\$40.00
11/05/21	Elec Ck	\$50.00 Oldsmar 127-034	0	\$50.00
11/08/21	Elec CK deposit	\$100.00 Ft. Myers 127-063	0	\$100.00
11/24/21	Debit	Onebox HELPLINE	\$38.58	0
12/03/21	Debit	\$179.63 outreach lit from World for Ocala	\$179.63	0
12/03/21	Elec Ck deposit	\$50.00 South Miami 127-064	0	\$50.00
12/13/21	Elec Ck deposit	\$100.00 South Miami 127-029	0	\$100.00
12/20/21	Elec Ck deposit	\$50.00 Palm City 127-038	0	\$50.00
12/23/21	DEBIT	Onebox HELPLINE	\$38.58	0
12/20/21	Ck # 1202	\$1,045.93 Donation to World Service	\$1,045.93	0
1/04/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
1/04/22	Zelle Dep	\$40.00 Ocala Forest 27-096	0	\$40.00
1/10/22	Elec CK deposit	\$50.00 Lakeland 127-022	0	\$50.00
1/17/22	Elec Ck deposit	\$100.00 Chickasaw 127-006	0	\$100.00
1/23/22	DEBIT	Onebox HELPLINE	\$38.58	0
1/24/22	Elec Ck deposit	\$100.00 Fort Myers 127-063	0	\$100.00
1/27/22	DEBIT	\$70.00 FLORIDA STATE ANNUAL REGISTRATION FOR 2022	\$70.00	0
1/27/22	Deposit	\$50.00 Oldsmar 127-034	0	\$50.00
2/08/22	Elec CK deposit	\$100.00 South Miami 127-029	0	\$100.00
2/16/22	Elec Ck deposit	\$1,200.00 Bay Area	0	\$1200.00
2/24/22	Debit	Onebox Helpline	\$38.58	0
2/25/22	Zelle Dep	\$55.00 Bonnie J Convention Reg. \$25.00 and dinner \$30.00	0	\$55.00
3/01/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
3/04/22	Zelle Dep	\$25.00 Ingrid B Convention Reg. \$25.00	0	\$25.00
3/06/22	Elec CK deposit	\$100.00 Ft. Myers 127-063	0	\$100.00
3/07/22	Zelle	\$94.36 ink cartridge and stamps Jim M	\$94.36	0
3/11/22	Elec CK deposit	\$214.00 Cooper City 127-007, meeting disbanded final donation	0	\$214.00

3/17/22	Zelle Dep	Delray Beach 127-117	0	\$20.00
3/24/22	Debit	Onebox Helpline	\$38.58	0
3/24/22	Elec Ck deposit	Tricia A convention Reg. \$25.00, dinner \$30.00	0	\$55.00
3/28/22	Ck #1203	\$ 1,703.90 Donation to world	\$1,703.90	0
3/28/22	Elec CK deposit	Sandra B convention Reg. \$25.00 dinner \$30.00	0	\$55.00
3/28/22	Zelle deposit	\$150.00 Donna C convention Reg, Dinner and donation	0	\$150.00
3/28/22	Zelle	Overpayment of \$45.00 sent to Donna C	\$45.00	0
3/28/22	Zelle Dep	\$110.00 Joann G and Stephanie S Con Reg and dinners	0	\$110.00
3/28/22	Elec CK deposit	\$75.00 Rosemary H Convention reg \$25.00, Dinner \$30.00 and donation of \$20.00	0	\$75.00
4/01/22	Elec CK deposit	\$300.00 Bradenton 127-081	0	\$300.00
4/05/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
4/06/22	Zelle Dep	\$55.00 Frank C convention reg and dinner	0	\$55.00
4/11/22	Elec Ck deposit	\$50.00 Palm City 127-038	0	\$50.00
4/11/22	Elec CK deposit	\$85.00 Debra D convention reg \$25.00, dinner \$30.00 donation \$30.00	0	\$85.00
4/18/22	Elec Ck deposit	\$60.00 Sheryl H Convention reg \$25.00, Dinner \$30.00 donation \$5.00	0	\$60.00
4/18/22	Elec CK deposit	\$100.00 Ft, Myers 127-063	0	\$100.00
4/24/22	Debit	Onebox Helpline	\$38.58	0
5/.3/22	Debit	\$76.50 outreach packets for Joni A for Gold coast NA con	\$76.50	0
5/3/22	Elec Ck deposit	Diane A convention reg. \$25.00	0	\$25.00
5/3/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
5/5/22	Ele Ck dep	\$150.00 Sarasota 127-042	0	\$150.00
5/5/22	Elec CK deposit	\$25.00 west palm beach 127-055	0	\$25.00
5/05/22	Elec CK deposit	\$100.00 South Miami 127-029	0	\$100.00
5/21/22	Elec CK deposit	\$50.00 Oldsmar 127-034	0	\$50.00
5/22/22	Elec CK deposit	\$55.00 Brenda H registration and dinner for convention	0	\$55.00
5/23/22	Debit	Onebox helpline	\$38.58	0
5/28/22	Zelle	\$55.00 Scott T registration and dinner for convention	0	\$55.00
6/02/22	Elec ck deposit	\$25.00 Regina D convention registration	0	\$25.00
6/07/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
6/08/22	Debit	Narateen background check Ingrid M	\$50.38	0
6/08/22	Elec CK deposit	\$1000.00 Bay Area donation	0	\$1000.00
6/10/22	Zelle	\$100.00 Southwest Ranches 127-008	0	\$100.00
6/14/22	Zelle	\$70.00 Doug C Con. Reg \$30.00 din \$30.00 donation \$10.00	0	\$70.00
6/15/22	Debit	\$160.01 4 outreach packets for Ocala 127-096	\$160.01	0
6/17/22	Ck # 1204	\$2,032.76 Region donation to world	\$2,032.76	0
6/17/22	Debit	Business cards for Ocala outreach	\$74.35	0
6/23/22	Debit	Onebox helpline	\$38.58	0
6/23/22	Elec Ck	\$30.00 convention reg for Patti H Port St. Lucie	0	\$30.00
6/25/22	Zelle	\$133.00 Zelle to Bonnie J for FRCNA con printing costs	\$133.00	0

6/27/22	Zelle	\$420.00 Zelle to Bonnie J to pay for convention Dinner	\$420.00	0
6/28/22	Zelle	\$280.44 Zelle to Theresa for 3 Domain, 3-year renewals	\$280.44	0
7/01/22	Zelle	\$148.00 Zelle from Bonnie J \$\$ leftover from dinner money	0	\$148.00
7/02/22	Zelle	\$30.00 from Cynthia F for reg for FRCNA convention	0	\$30.00
7/03/22	Zelle	\$875.00 from Bonnie \$400 for Reg. \$475 for raffle	0	\$875.00
7/05/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
7/08/22	Zelle	\$20.00 FRCNA donation from Bonnie J	0	\$20.00
7/08/22	Elec Ck Deposit	\$30.00 Reg for FRCNA con from Laura J	0	\$30.00
7/09/22	Debit	Kim F outreach packs for S. Fla. Na con in Aug	\$148.50	0
7/09/22	Debit	\$76.50 outreach packs Susie D Space Coast Con.	\$76.50	0
7/23/22	Debit	Onebox helpline	\$38.58	0
7/23/22	Ck #1205	Travel expenses for Kim F outreach Space coast NA con	\$18.45	0
7/27/22	Debit	New meeting, shipped some books and literature 127-121	\$14.22	0
7/27/22	Debit	Outreach packet world to new meet Tallahassee 127-121	\$23.65	0
8/03/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
8/7/22	Check	\$214.00 Palatka 127-093 meeting closed	0	\$214.00
8/20/22	Elec ck deposit	\$50.00 SCACNA CONVENTION donation from COCOA 127-006 and Melbourne 127-028	0	\$50.00
8/23/22	Debit	Onebox Helpline	\$38.58	0
		totals	\$7,086.56	\$8,449.73

**FLORIDA REGION NAR-ANON FAMILY GROUPS
FRCNA JULY 1st, 2nd AND 3rd 2022 TREASURY LEDGER**

NAME	REGISTRATION \$\$	DINNER RESERVATION \$\$	DONATION	TOTAL PAID
Bonnie J	\$25.00	\$30.00	\$20.00	\$75.00
Ingrid M	\$25.00	0	0	\$25.00
Tricia A	\$25.00	\$30.00	0	\$55.00
Sandra B	\$25.00	\$30.00	0	\$55.00
Donna C	\$25.00	\$30.00	\$50.00	\$105.00
Joann G	\$25.00	\$30.00	0	\$55.00
Stephanie S	\$25.00	\$30.00	0	\$55.00
Rosemary H	\$25.00	\$30.00	\$20.00	\$75.00
Sharon G	\$25.00	\$30.00	0	\$55.00
Frank C	\$25.00	\$30.00	0	\$55.00
Debra D	\$25.00	\$30.00	\$30.00	\$85.00
Sheryl H	\$25.00	\$30.00	\$5.00	\$60.00
Diane A	\$25.00	0	0	\$25.00
Scott T	\$25.00	\$30.00	0	\$55.00
Brenda H	\$25.00	\$30.00	0	\$55.00
Regina D	\$25.00	0	0	\$25.00
Doug C.	\$30.00	\$30.00	\$10.00	\$70.00
Patti H	\$30.00	0	0	\$30.00
Cynthia F	\$30.00	0	0	\$30.00
Laura J (at FRCNA)	\$30.00	0	0	\$30.00
	\$520.00	\$450.00	\$135.00	\$1,105.00
Total Expense		Dinner \$302.00 Printing \$133.00 Total \$435.00		
Pre Registration by check or Zelle was \$490.00, \$400.00 for registration collected at the con. \$370 cash, \$30 check	\$\$ collected for convention	Registration \$890.00 Raffle \$475.00 Dinner \$420.00 Donations \$135.00 Total Deposited \$1920.00		
PROFIT AFTER EXPENSE				\$1485.00

Florida Region Nar-Anon 2021/2022 Budget

2020/2021 Program Revenues vs. 2021/2022				ACTUAL REVENUE 2020/2021	ACTUAL REVENUE 2021/2022
Convention Gross Income:	Registrations			0	\$890.00
				0	0
	Dinner			0	\$420.00
	Raffle			0	\$475.00
	Donations			0	\$135.00
	Total Convention Income			0	\$1920.00
Convention Expenses: (Dinner & Supplies)				0	\$435.00
CONVENTION NET INCOME				0	\$1485.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE				\$3185.59	\$6311.73
TOTAL REVENUE				\$3185.59	\$7796.73

Budget 2020/2021 vs 2021/2022

Expenditures	Budget 2020/2021	Actual 2020/2021	Proposed 2021/2022 Budget	ACTUAL EXPENSES 2021/2022
ASSEMBLY F TO F MEETING March '22	\$60.00	0	\$60.00	0
ASSEMBLY F TO F MEETING September '22	\$60.00	0	\$60.00	0
TRAVEL EXPENSES (outreach Chair)	\$400.00	\$139.44	\$400.00	\$18.45
LITERATURE NEW GROUPS	\$500.00	0	\$500.00	\$14.22
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$95.53	\$150.00	\$94.36
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$108.95	\$400.00	\$64.98
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$720.00
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$720.00
CONVENTION (<i>initial advance \$350 - \$100 donation to NA</i>)	\$350.00	0	\$350.00	\$133.00
WEBSITE	\$800.00	\$359.64	\$800.00	\$280.44
OUTREACH PACKETS/HELPLINE	\$1,700.00	\$771.34	\$1,000.00	\$1201.64
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$245.00	\$245.00	\$70.00
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	\$104.93
TOTAL BUDUGETED EXPENDITURES	\$5,560.00	\$2784.83	\$5,510.00	\$3422.02

FISCAL YEAR OCTOBER 1, 2021 TO SEPTEMBER 30, 2022

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

	ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE	TOTAL
PRUDENT RESERVE 2021/2022	\$600.00	\$600.00
Holdback from 2019/2020	\$1,920.00	\$1,920.00
Holdback from 2020/2021	\$960.00	\$960.00
Holdback October 2021	\$80.00	\$3,560.00
Holdback November 2021	\$80.00	\$3,640.00
Holdback December 2021	\$80.00	\$3,720.00
Holdback January 2022	\$80.00	\$3,800.00
Holdback February 2022	\$80.00	\$3,880.00
Holdback March 2022	\$80.00	\$3,960.00
Holdback April 2022	\$160.00	\$4,120.00
Holdback May 2022	\$160.00	\$4,280.00
Holdback June 2021	\$160.00	\$4,440.00
Holdback July 2022	\$160.00	\$4,600.00
Holdback August 2022	\$160.00	\$4,760.00
Holdback September 2022	\$160.00	\$4,920.00
Total	\$4920.00	\$4920.00
Balance in checking account as of 9/10/22 is \$4,353.63	Groups and Area's donation for 2021/2022	
Required hold back for prudent reserve and accrual for convention delegate and alt delegate is \$4,920 to pay for 2023 conference (The hold back was based on in person cost for 2 people at the 2023 conference. The conference will be virtual and will only cost \$500 per person or \$1,000 total)	Bay Area	
Donation to world of \$1,045.93 Ck # 1202 sent on 12/20/21	Ocala Forest 127-096	
Donation to World of \$1,703.90 ck # 1203 sent on 3/28/22	St. Mary 127-024	
Donation to world of \$2,032.76 check # 1204 on 6/17/22	Port St. Lucie 127-041	
	Winter Park 127-058	
	Oldsmar 127-034	
	Fort Myers 127-063	
	South Miami 127-064	
	South Miami 127-029	
	Palm City 127-038	
	Chickasaw 127-006	
	Lakeland 127-022	
	Cooper City 127-007	
	Delray Beach 127-117	
	Bradenton 127-081	
	Sarasota 127-042	
	West Palm Beach 127-055	
	Southwest Ranches 127-008	
	(Meeting closed) Palaka 127-093	

Florida Region Nar-Anon 2022/2023 Budget

2021/2022 Program Revenues vs. 2022/2023				ACTUAL REVENUE 2021/2022	ACTUAL REVENUE 2022/2023
Convention Gross Income:	Registrations			\$890.00	0
				0	0
	Dinner			\$420.00	0
	Raffle			\$475.00	0
	Donations			\$135.00	0
	Total Convention Income			\$1920.00	0
Convention Expenses: (Dinner & Supplies)				\$435.00	0
CONVENTION NET INCOME				\$1485.00	0
GROUP, MEMORIAL & AREA DONATIONS TO DATE				\$6501.73	0
TOTAL REVENUE				\$7986.73	0

Budget 2021/2022 vs 2022/2023

Expenditures	Budget 2021/2022	Actual 2021/2022	Budget 2022/2023	ACTUAL EXPENSES 2022/2023
ASSEMBLY F TO F MEETING March '22	\$60.00	0	\$60.00	0
ASSEMBLY F TO F MEETING September '22	\$60.00	0	\$60.00	0
TRAVEL EXPENSES (outreach Chair)	\$400.00	\$18.45	\$400.00	0
LITERATURE NEW GROUPS	\$500.00	\$14.22	\$500.00	0
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$94.36	\$100.00	0
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$64.98	\$400.00	0
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$720.00	\$720.00	\$480.00	0
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$720.00	\$720.00	\$480.00	0
CONVENTION (<i>initial advance \$350 - \$100 donation to NA</i>)	\$350.00	\$133.00	\$350.00	0
WEBSITE	\$800.00	\$280.44	\$800.00	0
OUTREACH PACKETS	\$1,000.00	\$1,311.58	\$1,000.00	0
HELPLINE	0	0	\$500.00	0
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$70.00	\$160.00	0
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	0
TOTAL BUDUGETED EXPENDITURES	\$5,340.00	\$3,531.96	\$5,395.00	

FISCAL YEAR OCTOBER 1, 2022 TO SEPTEMBER 30, 2023

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

	ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE	TOTAL
PRUDENT RESERVE 2022/2023	\$600.00	\$600.00
Holdback from 2020/2021	\$500.00	\$500.00
Holdback from 2021/2022	\$500.00	\$500.00
Holdback October 2022	\$80.00	\$1,680.00
Holdback November 2022	\$80.00	\$1,720.00
Holdback December 2022	\$80.00	\$1,840.00
Holdback January 2023	\$80.00	\$1,920.00
Holdback February 2023	\$80.00	\$2,000.00
Holdback March 2023	\$80.00	\$2,080.00
Holdback April 2023	\$80.00	\$2,160.00
Holdback May 2023	\$80.00	\$2,240.00
Holdback June 2023	\$80.00	\$2,320.00
Holdback July 2023	\$80.00	\$2,400.00
Holdback August 2023	\$80.00	\$2,480.00
Holdback September 2023	\$80.00	\$2,560.00
Total	\$2,560.00	\$2,560.00
<p>Balance in checking account as of 10/01/22 is \$4,306.92</p> <p>Required hold back for prudent reserve and accrual for convention delegate and alt delegate is \$2,560.00 to pay for 2023 conference</p> <p>Donation to be sent to world of \$1,746.92 check # 1206 on 10/03/22</p>	<p>Groups and Area's donation for 2022/2023</p>	

Florida Region Nar-Anon 2021/2022 **FINAL** Budget Review

2020/2021 Program Revenues vs. 2021/2022				ACTUAL REVENUE 2020/2021	ACTUAL REVENUE 2021/2022
Convention Gross Income:	Registrations			0	\$890.00
				0	0
	Dinner			0	\$420.00
	Raffle			0	\$475.00
	Donations			0	\$135.00
	Total Convention Income			0	\$1920.00
Convention Expenses: (Dinner & Supplies)				0	\$435.00
CONVENTION NET INCOME				0	\$1485.00
GROUP, MEMORIAL & AREA DONATIONS TO DATE				\$3185.59	\$6501.73
TOTAL REVENUE				\$3185.59	\$7986.73

Budget 2020/2021 vs 2021/2022

Expenditures	Budget 2020/2021	Actual 2020/2021	Proposed 2021/2022 Budget	ACTUAL EXPENSES 2021/2022
ASSEMBLY F TO F MEETING March '22	\$60.00	0	\$60.00	0
ASSEMBLY F TO F MEETING September '22	\$60.00	0	\$60.00	0
TRAVEL EXPENSES (outreach Chair)	\$400.00	\$139.44	\$400.00	\$18.45
LITERATURE NEW GROUPS	\$500.00	0	\$500.00	\$14.22
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$95.53	\$150.00	\$94.36
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$108.95	\$400.00	\$64.98
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$720.00
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$720.00
CONVENTION (<i>initial advance \$350 - \$100 donation to NA</i>)	\$350.00	0	\$350.00	\$133.00
WEBSITE	\$800.00	\$359.64	\$800.00	\$280.44
OUTREACH PACKETS	\$1,700.00	\$771.34	\$1,000.00	\$848.62
HELPLINE	0	0	0	\$462.96
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$245.00	\$245.00	\$70.00
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	\$104.93
TOTAL BUDUGETED EXPENDITURES	\$5,560.00	\$2784.83	\$5,510.00	\$3531.96

FISCAL YEAR OCTOBER 1, 2021 TO SEPTEMBER 30, 2022

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

	ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE	TOTAL
PRUDENT RESERVE 2021/2022	\$600.00	\$600.00
Holdback from 2019/2020	\$1,920.00	\$1,920.00
Holdback from 2020/2021	\$960.00	\$960.00
Holdback October 2021	\$80.00	\$3,560.00
Holdback November 2021	\$80.00	\$3,640.00
Holdback December 2021	\$80.00	\$3,720.00
Holdback January 2022	\$80.00	\$3,800.00
Holdback February 2022	\$80.00	\$3,880.00
Holdback March 2022	\$80.00	\$3,960.00
Holdback April 2022	\$160.00	\$4,120.00
Holdback May 2022	\$160.00	\$4,280.00
Holdback June 2021	\$160.00	\$4,440.00
Holdback July 2022	\$160.00	\$4,600.00
Holdback August 2022	\$160.00	\$4,760.00
Holdback September 2022	\$160.00	\$4,920.00
Total	\$4920.00	\$4920.00
<p>Balance in checking account as of 9/30/22 is \$4,306.92</p> <p>Required hold back for prudent reserve and accrual for convention delegate and alt delegate is \$4,920 to pay for 2023 conference (The hold back was based on in person cost for 2 people at the 2023 conference. The conference will be virtual and will only cost \$500 per person or \$1,000 total)</p> <p>Donation to world of \$1,045.93 Ck # 1202 sent on 12/20/21</p> <p>Donation to World of \$1,703.90 ck # 1203 sent on 3/28/22</p> <p>Donation to world of \$2,032.76 check # 1204 on 6/17/22</p>	<p style="text-align: center;">Groups and Area's donation for 2021/2022</p> <p style="text-align: center;">Bay Area</p> <p>Ocala Forest 127-096 St. Mary 127-024 Port St. Lucie 127-041 Winter Park 127-058 Oldsmar 127-034 Fort Myers 127-063 South Miami 127-064 South Miami 127-029 Palm City 127-038 Chickasaw 127-006 Lakeland 127-022 Cooper City 127-007 Delray Beach 127-117 Bradenton 127-081 Sarasota 127-042 West Palm Beach 127-055 Southwest Ranches 127-008 (Meeting closed) Palaka 127-093</p>	

FLORIDA REGION NAR-ANON FAMILY GROUPS
TREASURER'S LEDGER FACE TO FACE SEPTEMBER 10, 2022 UPDATE
FISCAL YEAR 2021-2022 FINAL
OCTOBER 1st, 2021 to SEPTEMBER 30th, 2022

DATE	TYPE	DESCRIPTION	EXPENSE	DEPOSIT
10/1/21	ZELLE	\$40.00 OCALA FOREST 127-096	0	\$40.00
10/6/21	ELEC CK Deposit	\$250.00 ST. MARY 127-024.	0	\$250.00
10/6/21	ELEC CK Deposit	\$1,013.73 BAY AREA	0	\$1,013.73
10/21/21	ELEC CK Deposit	\$75.00 Port St. Lucie 127-041	0	\$75.00
10/21/21	ZELLE	\$14.60 POSTAGE Gerri Narateen	\$14.60	0
10/23/21	Debit	Onebox HELPLINE	\$38.58	0
10/26/21	Elec Ck Dep	\$200.00 Winter Park 127-058	0	\$200.00
11/04/21	ZELLE	\$40.00 Ocala Forest 127-096	0	\$40.00
11/05/21	Elec Ck	\$50.00 Oldsmar 127-034	0	\$50.00
11/08/21	Elec CK deposit	\$100.00 Ft. Myers 127-063	0	\$100.00
11/24/21	Debit	Onebox HELPLINE	\$38.58	0
12/03/21	Debit	\$179.63 outreach lit from World for Ocala	\$179.63	0
12/03/21	Elec Ck deposit	\$50.00 South Miami 127-064	0	\$50.00
12/13/21	Elec Ck deposit	\$100.00 South Miami 127-029	0	\$100.00
12/20/21	Elec Ck deposit	\$50.00 Palm City 127-038	0	\$50.00
12/23/21	DEBIT	Onebox HELPLINE	\$38.58	0
12/20/21	Ck # 1202	\$1,045.93 Donation to World Service	\$1,045.93	0
1/04/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
1/04/22	Zelle Dep	\$40.00 Ocala Forest 27-096	0	\$40.00
1/10/22	Elec CK deposit	\$50.00 Lakeland 127-022	0	\$50.00
1/17/22	Elec Ck deposit	\$100.00 Chickasaw 127-006	0	\$100.00
1/23/22	DEBIT	Onebox HELPLINE	\$38.58	0
1/24/22	Elec Ck deposit	\$100.00 Fort Myers 127-063	0	\$100.00
1/27/22	DEBIT	\$70.00 FLORIDA STATE ANNUAL REGISTRATION FOR 2022	\$70.00	0
1/27/22	Deposit	\$50.00 Oldsmar 127-034	0	\$50.00

2/08/22	Elec CK deposit	\$100.00 South Miami 127-029	0	\$100.00
2/16/22	Elec Ck deposit	\$1,200.00 Bay Area	0	\$1200.00
2/24/22	Debit	Onebox Helpline	\$38.58	0
2/25/22	Zelle Dep	\$55.00 Bonnie J Convention Reg. \$25.00 and dinner \$30.00	0	\$55.00
3/01/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
3/04/22	Zelle Dep	\$25.00 Ingrid B Convention Reg. \$25.00	0	\$25.00
3/06/22	Elec CK deposit	\$100.00 Ft. Myers 127-063	0	\$100.00
3/07/22	Zelle	\$94.36 ink cartridge and stamps Jim M	\$94.36	0
3/11/22	Elec CK deposit	\$214.00 Cooper City 127-007, meeting disbanded final donation	0	\$214.00
3/17/22	Zelle Dep	Delray Beach 127-117	0	\$20.00
3/24/22	Debit	Onebox Helpline	\$38.58	0
3/24/22	Elec Ck deposit	Tricia A convention Reg. \$25.00, dinner \$30.00	0	\$55.00
3/28/22	Ck #1203	\$ 1,703.90 Donation to world	\$1,703.90	0
3/28/22	Elec CK deposit	Sandra B convention Reg. \$25.00 dinner \$30.00	0	\$55.00
3/28/22	Zelle deposit	\$150.00 Donna C convention Reg, Dinner and donation	0	\$150.00
3/28/22	Zelle	Overpayment of \$45.00 sent to Donna C	\$45.00	0
3/28/22	Zelle Dep	\$110.00 Joann G and Stephanie S Con Reg and dinners	0	\$110.00
3/28/22	Elec CK deposit	\$75.00 Rosemary H Convention reg \$25.00, Dinner \$30.00 and donation of \$20.00	0	\$75.00
4/01/22	Elec CK deposit	\$300.00 Bradenton 127-081	0	\$300.00
4/05/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
4/06/22	Zelle Dep	\$55.00 Frank C convention Reg. and dinner	0	\$55.00
4/11/22	Elec Ck deposit	\$50.00 Palm City 127-038	0	\$50.00
4/11/22	Elec CK deposit	\$85.00 Debra D convention ref \$25.00, dinner \$30.00 donation #30.00	0	\$85.00
4/18/22	Elec Ck deposit	\$60.00 Sheryl H Convention reg \$25.00, Dinner \$30.00 donation \$5.00	0	\$60.00
4/18/22	Elec CK deposit	\$100.00 Ft, Myers 127-063	0	\$100.00
4/24/22	Debit	Onebox Helpline	\$38.58	0
5/.3/22	Debit	\$76.50 outreach packets for Joni A for Gold coast NA con	\$76.50	0
5/3/22	Elec Ck deposit	Diane A convention reg. \$25.00	0	\$25.00
5/3/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
5/5/22	Ele Ck dep	\$150.00 Sarasota 127-042	0	\$150.00
5/5/22	Elec CK deposit	\$25.00 west palm beach 127-055	0	\$25.00

5/05/22	Elec CK deposit	\$100.00 South Miami 127-029	0	\$100.00
5/21/22	Elec CK deposit	\$50.00 Oldsmar 127-034	0	\$50.00
5/22/22	Elec CK deposit	\$55.00 Brenda H registration and dinner for convention	0	\$55.00
5/23/22	Debit	Onebox helpline	\$38.58	0
5/28/22	Zelle	\$55.00 Scott T registration and dinner for convention	0	\$55.00
6/02/22	Elec ck deposit	\$25.00 Regina D convention registration	0	\$25.00
6/07/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
6/08/22	Debit	Narateen background check Ingrid M	\$50.38	0
6/08/22	Elec CK deposit	\$1000.00 Bay Area donation	0	\$1000.00
6/10/22	Zelle	\$100.00 Southwest Ranches 127-008	0	\$100.00
6/14/22	Zelle	\$70.00 Doug C Con. Reg \$30.00 din \$30.00 donation \$10.00	0	\$70.00
6/15/22	Debit	\$160.01 4 outreach packets for Ocala 127-096	\$160.01	0
6/17/22	Ck # 1204	\$2,032.76 Region donation to world	\$2,032.76	0
6/17/22	Debit	Business cards for Ocala outreach	\$74.35	0
6/23/22	Debit	Onebox helpline	\$38.58	0
6/23/22	Elec Ck	\$30.00 convention reg for Patti H Port St. Lucie	0	\$30.00
6/25/22	Zelle	\$133.00 Zelle to Bonnie J for FRCNA con printing costs	\$133.00	0
6/27/22	Zelle	\$420.00 Zelle to Bonnie J to pay for convention Dinner	\$420.00	0
6/28/22	Zelle	\$280.44 Zelle to Theresa for 3 Domain, 3 year renewals	\$280.44	0
7/01/22	Zelle	\$148.00 Zelle from Bonnie J \$\$ leftover from dinner money	0	\$148.00
7/02/22	Zelle	\$30.00 from Cynthia F for reg for FRCNA convention	0	\$30.00
7/03/22	Zelle	\$875.00 from Bonnie \$400 for Reg. \$475 for raffle	0	\$875.00
7/05/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
7/08/22	Zelle	\$20.00 FRCNA donation from Bonnie J	0	\$20.00
7/08/22	Elec Ck Deposit	\$30.00 Reg for FRCNA con from Laura J	0	\$30.00
7/09/22	Debit	Kim F outreach packs for S. Fla. Na con in Aug	\$148.50	0
7/09/22	Debit	\$76.50 outreach packs Susie D Space Coast Con.	\$76.50	0
7/23/22	Debit	Onebox helpline	\$38.58	0
7/23/22	Ck #1205	Travel expenses for Kim F outreach Space coast NA con	\$18.45	0
7/27/22	Debit	New meeting, shipped some books and literature 127-121	\$14.22	0
7/27/22	Debit	Outreach packet world to new meet Tallahassee 127-121	\$23.65	0
8/03/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
8/7/22	Check	\$214.00 Palatka 127-093 meeting closed	0	\$214.00
8/20/22	Elec ck deposit	\$50.00 SCACNA CONVENTION DONATION FROM COCOA 127-006 AND Melbourne 127-028	0	\$50.00
8/23/22	Debit	Onebox Helpline	\$38.58	0

Approved 9/10/2022

Minutes of the Florida Regional Discussion
Virtual Meeting
Sunday, July 31, 2022, 7:00 pm-8:00 pm

CALL TO ORDER:

The Chair opened the meeting at 7:00 pm with The Serenity Prayer.

ROLL CALL:

Regional Service Committee and Areas	Group Representatives & Other Members
Belle, FL Region Chairperson	GSR Clearwater 127-005 Sandy S
Margie P, FL Region Secretary	GSR Lakeland 127-022 Mary C.
Jim M, FL Region Treasurer	GSR Pompano Beach 127-013 Ruth
Donna C, FL Region Alternate Delegate	GSR Port St. Lucie 127-041 Gina
Bonnie J, FL Region Virtual Meeting Facilitator	Pat B.
Ivette, FL Region Alternate Virtual Meeting Facilitator/ GSR Tampa 127-029	Patti H.
Faye W. Helpline/GSR Zephyrhills	
Theresa M, FL Region Webmaster/GSR St Petersburg 127-045	
Marguerite, Bay Area Chairperson	

- 15 in attendance

PURPOSE: Discuss three motions to change the Florida Regional Guidelines (FLRG) that were submitted by the Bay Area and will be brought up for a vote at our next assembly in September.

DISCUSSION: The chairperson asked if the participants had read the motions (sent to the regional contacts previously) and made sure that they had access to them.

MOTION REGARDING MEETING DIRECTORY SERVICE The motion was read aloud and the floor was open to questions and comments:

Is it possible to print the meeting directory from the FL website? Yes, it depends on the person's browser and the print settings that they use, such as reducing to 70% in order to print the document.

Who will update the meeting directory if the webmaster does not? When the webmaster receives an edit group form, the meeting directory is updated on the FL website so that the current information is available immediately or within a few days. During the pandemic, there were frequent changes due to meetings that were suspended or closed or had changed locations and formats (virtual, teleconference, and hybrid). The website directory can be updated immediately whereas the printed one is very difficult to keep up to date.

If someone wants to volunteer to prepare a meeting directory that is easier to print even though it is harder to update as frequently as the website, we can keep that position in the guidelines. That volunteer would need to have a good understanding of how to use WORD and other document formats. Another consideration is the cost for groups to print the meeting directory after receiving the electronic version.

What do we do for those who are not computer literate? We can replace the meeting directory with a regional contact card, which has the helpline number, website information, and a QR (quick read) code to access the FL meeting directory. With printed meeting lists, meeting changes have to be crossed out, which is sloppy. The contact card is the topic of the next motion.

MOTION TO REPLACE THE MEETING DIRECTORY WITH A REGION CONTACT CARD The motion was read aloud and the floor was open to questions and comments:

How many meetings are using the current cards? Some years ago, our outreach committee developed a business card that contained the FL Region's information with an option to add more local information, but it did not have a QR code. The World is working on developing a similar card. It may be in fellowship review right now. Bay Area meetings and some other meetings in the region have used the current cards.

What happens to people without a smart phone to access the QR code? In addition to the QR code, the card has the FL helpline phone number and the world and FL websites.

Additional advantages of the proposed card are that it is an image file in a PDF format, is easy to print and modify with local information added to the back, can be stapled to the "Hope" outreach pamphlet to be passed out at conventions and for outreach purposes, and the QR code ensures that the meeting information is current.

A punctuation and capitalization correction in the "REPLACE # 4.1" paragraph was made.

MOTION REGARDING ASSEMBLIES The motion was read aloud and the floor was open to questions and comments:

Comments included concerns about the minimum of two assemblies instead of the present minimum of four assemblies. Most organizations have quarterly meetings that include financial updates. It was noted that the region needs more than two assemblies in order to support the

groups adequately. Some members expressed that low participation at regional meetings indicates the need for more meetings and communication, not less. We have had only a few regional service (RSC) meetings, which are needed in order to better support the groups. The current motion maintains the current flexibility of adding more meetings when needed, such as those to review the CAR (Conference Agenda Report) and to prepare for world conferences.

Concerns about having enough advanced notice to plan to attend assemblies was raised. Members noted the importance of having a schedule provided on an annual basis (September) in order to give members time to plan for the upcoming year. The officers of the region usually set the schedule because they are leading the assemblies. With the current motion, the region would not be able give members enough time to plan in advance for all of the meetings, which may contribute to poor attendance.

A history of the frequency and the locations of assemblies since our region was formed in 2006, was explained. Members noted that historically, the region has tried different ways to encourage more participation at regional assemblies, such as having assemblies at different locations around the state and meeting monthly. Some group members are not aware of the benefits of participation in regional events and of giving service to their groups and to the region. The pandemic has contributed to lack of participation. We have had only virtual assemblies since the pandemic started but plan to have an in-person assembly this September, which may increase participation.

The current schedule has in-person or virtual assemblies on Saturdays in March and September with virtual meetings on Sunday nights in June and December. The teleconference meetings were discontinued because some members have to pay for the teleconference call. Typically, the June and December assemblies have lower attendance. By changing the guidelines to a minimum of two, there will be no need to host assemblies that are poorly attended just because they are indicated in the guidelines. Suggestions were made to meet different months and days of the week in order to increase participation while continuing to have a minimum of four assemblies per year.

A procedural question about possibly modifying the motion to keep the minimum number of assemblies at four assemblies, was raised: Should the current motion go back to the Bay Area for consideration, could a new motion be prepared, or is it better to wait to further discuss, vote, modify, or present a different motion for consideration at the September assembly? Members of the Bay Area will check and possibly modify the current motion.

REGIONAL ANNOUNCEMENTS: The next regional assembly is an in-person meeting in the Lakeland area! As agreed at previous meetings, Lakeland was chosen as being centrally located and less congested with traffic than the other location in the Orlando area. Thank you to Lakeland members and Bonnie J. for finding this location! **Saturday, September 10, 2022 from 9:00 am-2:00 pm Eastern time. Address details will be provided soon.**

Next weekend is the Space Coast Nar-Anon convention (side-by-side with the NA convention. Details are on the FL website.

There being no further questions for discussion, the meeting closed with the Serenity Prayer at 8:10 pm.

Submitted by,
Margie P.
Secretary
Nar-Anon Florida Region
8-3-2022

approved 9/10/2022

Approved 9/10/2022

Minutes of the Florida Regional Virtual Assembly
Sunday, June 12, 2022, 7:30-9:00 pm

CALL TO ORDER:

The chairperson opened the meeting at 7:32 pm, eastern time, with The Serenity Prayer. The Twelve Traditions and Twelve Concepts were read aloud.

ROLL CALL:

Non-Voting	Voting
Belle, FL Region Chairperson	Bradenton 127-081 Tammy F. GSR
Jackie C, FL Region Vice Chairperson	Clearwater 127-005 Sandy S, GSR
Margie P, FL Region Secretary	Crystal Beach 127-010 Doug C. GSR
Jim M, FL Region Treasurer	Lakeland 127-022 Mary C. GSR
Marguerite, Bay Area Service Representative	Land O' Lakes 127-023 Ingrid M. GSR
Bonnie J, FL Region Virtual Meeting Coordinator/ Convention Chair	New Tampa 127-088 (Virtual only) Carol M. GSR
*Faye W, FL Region Helpline Chairperson	Palm City 127-038 Amy B. Group Substitute & Laura S. GSR
*Theresa M., FL Region Webmaster	Pompano Beach 127-013 Ruth Amy GSR
Kim F, Outreach Chairperson	*St. Petersburg Monday, 127-045 Theresa M. GSR
Pat B, FL Region Literature Committee member	Tampa North 127-049 Yvette B GSR
Lucy S. Nar-Anon Region member	Tarpon Springs 127-052 Anna L. Group Substitute
Gerri, Nar-Anon Region member	*Zephyrhills 127-103 Faye W. GSR

- 2 = dual role
- 12 voting
- 13 non-voting
- 23 in attendance

APPROVAL OF MINUTES:

The GSR (group service representative) from St. Pete Monday moved and the GSR from Lakeland seconded the motion to approve the **March 26, 2022** minutes with corrections. The motion passed with one abstention.

TREASURER'S REPORT:

The treasurer reviewed the written ledger report, budget, and convention ledger. The balance in the checking account as of today, June 12, 2022, is \$6,372.76. That is a significant increase in revenue received since the June 10th update that was sent via email to FL Region contacts previous to this meeting. An updated version will be provided to be sent via email and to be posted on the website. Per the guidelines, the treasurer reported that \$2,032.72 is available to pass up to World Service. The GSR from Lakeland moved that these funds be sent to the Nar-Anon World Service and the GSR from Clearwater seconded the motion, which passed unanimously. The convention ledger was updated to a balance of \$920.00.

The new budget for the next fiscal year (Oct. 1, 2022-Sept. 2023) will be considered at our next assembly in September, 2022. Committee chairs, please let the treasurer know if your committees want to change the requests for the new budget. Keep in mind that if your committee ends up spending more than what was approved for the budget, you can make a separate request for the region to approve, if needed.

REGIONAL ANNOUNCEMENTS:

The tentative regional assembly schedule is posted on naranonfl.org. The region is in the process of finding a location for the in-person assembly in September.

ALTERNATE DELEGATE'S REPORT:

The alternate delegate was not present and a written report was not received.

AREA REPORTS:

Bay Area: The Bay Area is meeting monthly in person but for June we tried a hybrid. For that to be successful, we need a better internet connection.

We continue with our mini studies on the Twelve Traditions and the Twelve Concepts and just completed the 5th of each. We won't finish in one year but that's ok. Lots of good conversation is generated by the volunteer presentations.

The Bay Area developed the motions that are found in this agenda. We believe that adopting these will improve the function of family groups, areas, and the Region. We look forward to the discussions.

COMMITTEE REPORTS:

Convention: The convention is close! It takes place July 2 & 3 in Orlando at the Rosen Centre Hotel. Since we've passed June 1 deadline for \$25 pre-registration, it's now \$30 or \$30 at the door. We also have a dinner Friday night July 1st at Cheddars on I drive (International Drive), which is also \$30. The committee has been working very hard to make this convention great! There will be a writing workshop, a meditation workshop, and along with different topics, we will also have 2 Narateen speakers. There will be a game on Saturday night and if you're there Sunday morning, we meet for breakfast.

FRCNA is the biggest fundraiser for the region so you can imagine what the last two years have been like without it. The one thing we do at the convention is we have a chance drawing in which we get donations from all the groups. Attendees buy tickets for what they would like to win. If your group hasn't gotten your donations to me and if you're not attending, please, please, send it with someone who is or contact the chairperson for assistance. Another thing that the convention is good for is if you're looking for a sponsor, you can find one here. I hope to see some of you there!

Outreach: The chair noted that Ocala had a recovery fest and that other counties have contacted the chair regarding providing support and outreach materials for recovery events. There was a question about who has the Nar-Anon banners for outreach. The chair is reaching out to NA conventions where Nar-Anon can reach out to the family members who might attend. Unfortunately, we did not have any Nar-Anon members who could man the literature table at the Gold Coast NA convention, The committee is looking into having a Nar-Anon speaker at the upcoming South Florida NA convention. Recently, the chair has not been able to attend in-person Nar-Anon meetings for purposes of "in-reach" to our support our groups like she was during the shutdown due to the pandemic. With the price of fuel being high, reimbursement for mileage from the region may need to be increased.

Narateen: The chair was not present and did not provide a written report, but a Narateen facilitator gave an update and the treasurer provided an update regarding the 14 approved Narateen facilitators and when their 5-year terms end. The region switched over to using a clearinghouse, which is accepted by all, so that the region does not have to make additional arrangements to comply with individual facilities' requirements. Reportedly, some of the approved facilitators are not serving at this time. The committee will notify the treasurer if there are facilitators that are no longer able or interested in serving so that the region does not pay for the updates unnecessarily. The committee has a digital slide show training to help new Narateen facilitators learn how to help teens start Narateen groups and how to support them.

Literature: Florida literature committee meets on the 1st & 3rd Mondays at 6 pm via zoom We are currently working on 31 days of Narateen. We are actively seeking writing from Narateens for this piece. Anyone interested in learning more about litcomm can send Mickey S. an email (on the FL contact list) and she can provide the link to the meeting. One of the members of the literature committee gave a further explanation of their work and an appeal for more literature submissions from Narateen members.

Website: The website chair was not present and did not provide a written report, but the webmaster gave an update about using the change forms for meetings so that the information is current. Newcomers and others members need the most current information in order to find an active meeting and not be sent to the wrong place at the wrong time. The webmaster gave a reminder not to submit reports or flyers in PDF format. Any other format, such as WORD, is acceptable. The webmaster needs to be able to compress the data to post the documents on the website and PDF comes with too much data. She is in need of the

approved versions of the minutes in the WORD format and explained how the corrections to the minutes are indicated.

Virtual Meeting Administrator: The regional Zoom account is available for service committee meetings and virtual events. Currently, the account is used for the virtual Narateen meeting, Bay area service committee meetings, and regional assemblies. The convention committee cannot use the region's zoom account because it conflicts with the Narateen meeting on Wednesday nights. The literature committee may want to consider using the region's zoom account. Please contact the virtual meeting administrator if your service committee needs to schedule a meeting.

Helpline 3/12/2021 through 6/11/2022 Usage for this period tallied 68. There have been "robo" calls to our number. The chairperson needs volunteers for each day and time period. It is better to have more than one person in a time slot as a volunteer may not always be quick to answer. Please let your local family group know and give them the chairperson's mobile number (on FL the contact list).

OLD BUSINESS:

Follow up with Vice chair regarding contact list:

The vice-chairperson contacted groups and world service to confirm which ones were active and to make sure the contact information is current. She noted that the Ocala group (027-113) no longer exists. There was some confusion from world about the number. There are two Sarasota groups who list the same person as the contact. This person has moved to Tallahassee and was able to tell the vice chair that one of the Sarasota groups closed but did not provide the number. The treasurer noted that the Sarasota group (127-042) sent a donation recently. The vice chair will follow up on getting the contact information from that group.

September 2022 Regional service positions that need volunteers, what these service positions entail, and considerations when volunteering or nominating others.

The chairperson explained about the importance of volunteering to give back to Nar-Anon and to grow in recovery while giving service. She emphasized the importance of participating in service at the group level and attending other service meetings in order to better understand how one can be of service. Rather than approaching Nar-Anon service from an attitude of scarcity by feeling pressured to volunteer for open positions, etc., she encouraged members to consider what skills they have to offer, consult other Nar-Anon members who have experience with service, and to check the GLS (Guide to Local Services) and the FLRG (Florida Region Guidelines) in order to understand what is required for the different positions. It is better to have a vacant service position than to have someone try to serve when they are not suited to the position. When nominating a member for a service position, please talk with them to see if they are willing and able to serve before nominating them. Please contact the chairperson regarding questions about nominations and letters of willingness.

NEW BUSINESS:

Read three motions and set the date and time to discuss them before the vote at the September assembly.

The three motions regarding changes to the regional policy and guidelines were read aloud. After a short discussion in order to make sure that regional group members have enough time to review and discuss the motions and to give feedback to the group service representatives (GSRs), St. Pete Monday moved to have a virtual meeting to discuss the three motions from the Bay Area on Sunday, July 31st, at 7:00 pm (eastern time). North Tampa seconded the motion and it passed unanimously.

Some of the GSRs talked about how to encourage group members to be interested in regional business, such as the upcoming elections, and to participate in discussions about the current motions.

NEXT MEETINGS:

Sunday, July 31st at 7:00 pm eastern time (virtual) in order to discuss the three regional motions.

Saturday, September 10th, 9:00-2:00 pm (in-person or virtual) for the regional assembly.

MOTION TO ADJOURN: A motion to adjourn was proposed (Crystal Beach), seconded (Bradenton), and passed unanimously. The meeting closed with the Serenity Prayer at 9:26 pm eastern time.

Submitted by,
Margie P.
Secretary, Nar-Anon Family Groups Florida Region
6-18-2022

approved 9/10/2022

Florida Region Nar-Anon 2021/2022 Budget

2020/2021 Program Revenues vs. 2021/2022			ACTUAL REVENUE 2020/2021	ACTUAL REVENUE 2021/2022
Convention Gross Income: Registrations			0	\$425.00
			0	0
Dinner			0	\$390.00
Raffle			0	0
Donations			0	\$105.00
Total Convention Income			0	\$920.00
Convention Expenses: (Dinner & Supplies)			0	0
CONVENTION NET INCOME			0	0
GROUP, MEMORIAL & AREA DONATIONS TO DATE			\$3185.59	\$5,937.73
TOTAL REVENUE			\$3185.59	\$6,857.73

Budget 2020/2021 vs 2021/2022

Expenditures.	Budget 2020/2021	Actual 2020/2021	Proposed 2021/2022 Budget	ACTUAL EXPENSES 2021/2022
ASSEMBLY F TO F MEETING March '22	\$60.00	0	\$60.00	0
ASSEMBLY F TO F MEETING September '22	\$60.00	0	\$60.00	0
TRAVEL EXPENSES	\$400.00	\$139.44	\$400.00	0
LITERATURE NEW GROUPS	\$500.00	0	\$500.00	0
OFFICE EXPENSE (stamps) Printing, New WF checks	\$150.00	\$95.53	\$150.00	\$94.36
NARATEEN (Background checks) / New Group Packets/Literature	\$400.00	\$108.95	\$400.00	\$64.98
DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$480.00
ALT DELEGATE: <i>Cost of \$1,920 over 2 years; \$960 per year</i>	\$480.00	\$480.00	\$720.00	\$480.00
CONVENTION (<i>initial advance \$350 - \$100 donation to NA</i>)	\$350.00	0	\$350.00	0
WEBSITE	\$800.00	\$359.64	\$800.00	0
OUTREACH PACKETS/HELPLINE	\$1,700.00	\$771.34	\$1,000.00	\$603.35
FLORIDA ANNUAL REGISTRATION (Reg. + DBA Reg.)	\$70.00	\$245.00	\$245.00	\$70.00
LITERATURE COMMITTEE	0	0	0	0
ZOOM REGION ACCOUNT AND MEETINGS	\$110.00	\$104.93	\$105.00	0
TOTAL BUDUGETED EXPENDITURES	\$5,560.00	\$2784.83	\$5,510.00	\$1792.69

FISCAL YEAR OCTOBER 1, 2021 TO SEPTEMBER 30, 2022

Prudent reserve of \$600.00 plus \$80.00 per month in holdbacks (Nar-Anon World Conference every two years)

ADDITIONAL MONTHLY HOLDBACK PLUS RESERVE		TOTAL
PRUDENT RESERVE 2021/2022	\$600.00	\$600.00
Holdback from 2019/2020	\$1,920.00	\$1,920.00
Holdback from 2020/2021	\$960.00	\$960.00
Holdback October 2021	\$80.00	\$3,560.00
Holdback November 2021	\$80.00	\$3,640.00
Holdback December 2021	\$80.00	\$3,720.00
Holdback January 2022	\$80.00	\$3,800.00
Holdback February 2022	\$80.00	\$3,880.00
Holdback March 2022	\$80.00	\$3,960.00
Holdback April 2022	\$160.00	\$4,120.00
Holdback May 2022	\$160.00	\$4,280.00
Holdback June 2021	\$160.00	\$4,440.00
Holdback July 2022	\$160.00	\$4,600.00
Holdback August 2022	\$160.00	\$4,760.00
Holdback September 2022	\$160.00	\$4,920.00
Total	\$4920.00	\$4920.00
<p>Balance in checking account as of 6/10/22 is \$6,472.76</p> <p>Required hold back for prudent reserve and accrual for convention delegate and alt delegate thru June is \$4,440.00</p> <p>Donation to world of \$1,045.93 Ck # 1202 sent on 12/20/21</p> <p>Donation to World of \$1,703.90 ck # 1203 sent on 3/28/22</p> <p>Holdback for Del and Alt Del approved to increase to \$160.00 per month starting in April 2022</p> <p>FRCNA Registrations and dinner receipts as of 6/12/22</p> <p>Donation to world should be \$2,032.76 will be sent on 6/13/22q</p> <p>The difference between the ledger deposits and total revenue is a refund of \$45.00 to Donna C. on an over payment</p>	<p>Groups and Area's donation for 2021/2022</p> <p>Bay Area Ocala Forest 127-096 St. Mary 127-024 Port St. Lucie 127-041 Winter Park 127-058 Oldsmar 127-034 Fort Myers 127-063 South Miami 127-064 South Miami 127-029 Palm City 127-038 Chickasaw 127-006 Lakeland 127-022 Cooper City 127-007 Delray Beach 127-117 Bradenton 127-081 Sarasota 127-042 West Palm Beach 127-055 Southwest Ranches 127-008</p>	

FLORIDA REGION NAR-ANON FAMILY GROUPS
 TREASURER'S LEDGER, June 12, 2022 update
 FISCAL YEAR 2021-2022
 OCTOBER 1st, 2021 to SEPTEMBER 30th, 2022

DATE	TYPE	DESCRIPTION	EXPENSE	DEPOSIT
10/1/21	ZELLE	\$40.00 OCALA FOREST 127-096	0	\$40.00
10/6/21	ELEC CK Deposit	\$250.00 ST. MARY 127-024.	0	\$250.00
10/6/21	ELEC CK Deposit	\$1,013.73 BAY AREA	0	\$1,013.73
10/21/21	ELEC CK Deposit	\$75.00 Port St. Lucie 127-041	0	\$75.00
10/21/21	ZELLE	\$14.60 POSTAGE Gerri Narateen	\$14.60	0
10/23/21	Debit	Onebox HELPLINE	\$38.58	0
10/26/21	Elec Ck Dep	\$200.00 Winter Park 127-058	0	\$200.00
11/04/21	ZELLE	\$40.00 Ocala Forest 127-096	0	\$40.00
11/05/21	Elec Ck Dep	\$50.00 Oldsmar 127-034	0	\$50.00
11/08/21	Elec CK deposit	\$100.00 Ft. Myers 127-063	0	\$100.00
11/24/21	Debit	Onebox HELPLINE	\$38.58	0
12/03/21	Debit	\$179.63 outreach lit from World for Ocala	\$179.63	0
12/03/21	Elec Ck deposit	\$50.00 South Miami 127-064	0	\$50.00
12/13/21	Elec Ck deposit	\$100.00 South Miami 127-029	0	\$100.00
12/20/21	Elec Ck deposit	\$50.00 Palm City 127-038	0	\$50.00
12/23/21	DEBIT	Onebox HELPLINE	\$38.58	0
12/20/21	Ck # 1202	\$1,045.93 Donation to World Service	\$1,045.93	0
1/04/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
1/04/22	Zelle Dep	\$40.00 Ocala Forest 27-096	0	\$40.00
1/10/22	Elec CK deposit	\$50.00 Lakeland 127-022	0	\$50.00
1/17/22	Elec Ck deposit	\$100.00 Chickasaw 127-006	0	\$100.00
1/23/22	DEBIT	Onebox HELPLINE	\$38.58	0
1/24/22	Elec Ck deposit	\$100.00 Fort Myers 127-063	0	\$100.00
1/27/22	DEBIT	\$70.00 FLORIDA STATE ANNUAL REGISTRATION FOR 2022	\$70.00	0
1/27/22	Deposit	\$50.00 Oldsmar 127-034	0	\$50.00

2/08/22	Elec CK deposit	\$100.00 South Miami 127-029	0	\$100.00
2/16/22	Elec Ck deposit	\$1,200.00 Bay Area	0	\$1200.00
2/24/22	Debit	Onebox Helpline	\$38.58	0
2/25/22	Zelle Dep	\$55.00 Bonnie J Convention Reg. \$25.00 and dinner \$30.00	0	\$55.00
3/01/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
3/04/22	Zelle Dep	\$25.00 Ingrid B Convention Reg. \$25.00	0	\$25.00
3/06/22	Elec CK deposit	\$100.00 Ft. Myers 127-063	0	\$100.00
3/07/22	Zelle	\$94.36 ink cartridge and stamps Jim M	\$94.36	0
3/11/22	Elec CK deposit	\$214.00 Cooper City 127-007, meeting disbanded final donation	0	\$214.00
3/17/22	Zelle Dep	Delray Beach 127-117	0	\$20.00
3/24/22	Debit	Onebox Helpline	\$38.58	0
3/24/22	Elec Ck deposit	Tricia A convention Reg. \$25.00, dinner \$30.00	0	\$55.00
3/28/22	Ck #1203	\$ 1,703.90 Donation to world	\$1,703.90	0
3/28/22	Elec CK deposit	Sandra B convention Reg. \$25.00 dinner \$30.00	0	\$55.00
3/28/22	Zelle deposit	\$150.00 Donna C convention Reg, Dinner and donation	0	\$150.00
3/28/22	Zelle	Overpayment of \$45.00 sent to Donna C	\$45.00	0
3/28/22	Zelle Dep	\$110.00 Joann G and Stephanie S Con Reg and dinners	0	\$110.00
3/28/22	Elec CK deposit	\$75.00 Rosemary H Convention reg \$25.00, Dinner \$30.00 and donation of \$20.00	0	\$75.00
4/01/22	Elec CK deposit	\$300.00 Bradenton 127-081	0	\$300.00
4/05/22	Zelle Dep	\$40.00 Ocala Forest 127-096	0	\$40.00
4/06/22	Zelle Dep	\$55.00 Frank C convention Reg. and dinner	0	\$55.00
4/11/22	Elec Ck deposit	\$50.00 Palm City 127-038	0	\$50.00
4/11/22	Elec CK deposit	\$85.00 Debra D convention ref \$25.00, dinner \$30.00 donation #30.00	0	\$85.00
4/18/22	Elec CK deposit	\$60.00 Sheryl H Convention reg \$25.00, Dinner \$25.00 donation \$5.00	0	\$60.00
4/18/22	Elec CK deposit	\$100.00 Ft, Myers 127-063	0	\$100.00
4/24/22	Debit	Onebox Helpline	\$38.58	0
5/.3/22	Debit	\$76.50 outreach packets for Joni A for Gold coast NA con	\$76.50	0
5/3/22	Elec Ck deposit	Diane A convention reg. \$25.00	0	\$25.00
5/3/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
5/5/22	Ele Ck dep	\$150.00 Sarasota 127-042	0	\$150.00
5/5/22	Elec CK deposit	\$25.00 west palm beach 127-055	0	\$25.00

5/05/22	Elec CK deposit	\$100.00 South Miami 127-029	0	\$100.00
5/21/22	Elec CK deposit	\$50.00 Oldsmar 127-034	0	\$50.00
5/22/22	Elec CK deposit	\$55.00 Brenda H registration and dinner for convention	0	\$55.00
5/23/22	Debit	Onebox helpline	\$38.58	0
5/28/22	Zelle	\$55.00 Scott T registration and dinner for convention	0	\$55.00
6/02/22	Elec ck deposit	\$25.00 Regina D convention registration	0	\$25.00
6/07/22	Zelle	\$40.00 Ocala Forest 127-096	0	\$40.00
6/08/22	Debit	Narateen background check Ingrid M	\$50.38	0
6/08/22	Elec CK deposit	\$1000.00 Bay Area donation	0	\$1000.00
6/10/22	Zelle	\$100.00 Southwest Ranches 127-008	0	\$100.00
totals			\$3,588.94	\$6,902.73

FLORIDA REGION NAR-ANON FAMILY GROUPS

FRCNA JULY 1st, 2nd AND 3rd 2022 TREASURY LEDGER

NAME	REGISTRATION \$\$	DINNER RESERVATION \$\$	DONATION	TOTAL PAID
Bonnie J	\$25.00	\$30.00	0	\$55.00
Ingrid M	\$25.00	0	0	\$25.00
Tricia A	\$25.00	\$30.00	0	\$55.00
Sandra B	\$25.00	\$30.00	0	\$55.00
Donna C	\$25.00	\$30.00	\$50.00	\$105.00
Joann G	\$25.00	\$30.00	0	\$55.00
Stephanie S	\$25.00	\$30.00	0	\$55.00
Rosemary H	\$25.00	\$30.00	\$20.00	\$75.00
Sharon G	\$25.00	\$30.00	0	\$55.00
Frank C	\$25.00	\$30.00	0	\$55.00
Debra D	\$25.00	\$30.00	\$30.00	\$85.00
Sheryl H	\$25.00	\$30.00	\$5.00	\$60.00
Diane A	\$25.00	0	0	\$25.00
Scott T	\$25.00	\$30.00	0	\$55.00
Brenda H	\$25.00	\$30.00	0	\$55.00
Regina D	\$25.00	0	0	\$25.00
Total	\$400.00	\$390.00	\$105.00	\$895.00
Bonnie Jacob Advance				
Total Net Expense				
\$\$ collected at convention		Registration Raffle Dinner		
		Total Deposited		
		PROFIT AFTER EXPENSE		

FLORIDA REGION NAR-ANON MOTION SUBMISSION FORM



Motion Maker: Bay Area

Motion Title: meeting directory service

Please place an X in the box next to the area(s) to which the motion applies:

Literature

Outreach

Narateen

Policy and Guidelines

Website

Other _____

Motion (What is the action being requested?):

In the FLRG, page 10, 4.i. Webmaster, remove #2. "Webmaster will be responsible to update the Florida Region Meeting Directory and post it to the website."

Intent (What will this action accomplish?):

Separating positions and responsibilities so webmaster sole focus is on keeping the Florida Region Nar-Anon website (group meeting information , events, and other region business) up-to-date for members and newcomers.

Rationale (Why is this desirable?) (Limited to 150 words):

Many groups are not using the meeting directory because of the financial burden of reprinting meeting directories and are utilizing contact cards for directing newcomers to the FL Region website for current meeting information.

Financial Impact (What will this cost or what income will it generate?):

No financial impact to the region. Meeting Directory printing costs for groups, areas, region and Outreach Committees will be reduced.

Date motion approved by region _____

Region Chair printed name and signature _____

FLORIDA REGION NAR-ANON MOTION SUBMISSION FORM



Motion Maker: Bay Area

Motion Title: replace meeting directory with a region contact card

Please place an X in the box next to the area(s) to which the motion applies:

Literature

Outreach

Narateen

Policy and Guidelines

Website

Other _____

Motion (What is the action being requested?):

FLRG, page 10, REMOVE #4. 1. "The Outreach Info Contact Card template will be provided to the fellowship through the FL Region website."

REPLACE #4.1. with: "The Website Committee will develop and provide a FL Region Contact Card with a QR code linking to the 'find-a-meeting' webpage. Template will be provided to the fellowship on the FL Region website."



Intent (What will this action accomplish?):

Providing a FL Region contact card with QR code that links users to the FL Region find-a-meeting webpage will provide newcomers and members with up-to-date meeting information which helps our primary purpose to carry the message.

Rationale (Why is this desirable?) (Limited to 150 words):

A QR code contact card provides up-to-date meeting information; eliminating a service position. This change supports Nar-Anon principles of responsibly managing our resources.

The FL Region Meeting Directory information changes frequently with groups changing meeting formats (virtual, hybrid, in-person), time, locations and "on hold" status. When group meeting information changes, the FL Region Meeting Directory no longer provides accurate meeting info which affects Nar-Anon as a whole.

Financial Impact (What will this cost or what income will it generate?):

This will reduce printing costs for Groups & Outreach Committees.

Date motion approved by region _____

Region Chair printed name and signature _____

FLORIDA REGION NAR-ANON MOTION SUBMISSION FORM



Motion Maker: Bay Area

Motion Title: Assemblies

Please place an X in the box next to the area(s) to which the motion applies:

Literature

Outreach

Narateen

Policy and Guidelines

Website

Other _____

Motion (What is the action being requested?):

In the FLRG, page 11, Assembly Schedule, REMOVE: "The Region shall have 4 meetings per year; two Region Assemblies and two Region teleconferences. The General Assembly shall meet at a central location within the Region. 1. September: General Assembly 2. December: (first half of the month) Teleconference 3. March: General Assembly 4. June: (first half of the month) Teleconference"

REPLACE: "The Region shall have a minimum of 2 assemblies per year which may be held in-person, virtually, using the region's virtual account, or a hybrid format. The Annual Assembly will be held in September. The second assembly will be held in the first half of the following year. The RSC will call for interim assemblies to discuss business affecting the region."

Intent (What will this action accomplish?):

Due to the Pandemic, region assemblies have been held virtually instead of the FLRG policy of in-person and teleconference assemblies. Changing the wording will allow fluidity of how assemblies are held and the frequency of assemblies when there is no pressing region business and still adhere to the FLRG. The motion removes outdated teleconferencing which impacts some GSRs (they must pay per minute to participate on teleconference assemblies).

The motion also adds (3rd sentence) the ability to hold interim assemblies for region business decisions (i.e. CAR) and complies with the GLS guidance.

Rationale (Why is this desirable?) (Limited to 150 words):

The Region will be free to hold multiple assemblies if needed -- the only requirement is a minimum of 2. The assembly frequency change will be in compliance with the current GLS. May increase attendance at assemblies.

GLS 2021 (6-8) "An assembly is an event held at least once a year"...

GLS 2021 (6-10) "Interim assemblies are held, as needed, between regularly scheduled assemblies, to discuss matters affecting the region."

Financial Impact (What will this cost or what income will it generate?):

No financial impact to the region. Changing teleconferencing to virtual will reduce the cost-per-minute some GSRs were experiencing with their carriers.

Date motion approved by region _____

Region Chair printed name and signature _____

Minutes of the Florida Regional Virtual Assembly Saturday, March 26, 2022, 9:00 am

CALL TO ORDER:

Due to technical difficulties for the Vice Chairperson to join the virtual meeting, the secretary opened the meeting at 9:06 am, eastern time, with The Serenity Prayer. The Twelve Traditions and Twelve Concepts were read aloud.

ROLL CALL:

Non-Voting	Voting
Jackie C, FL Region Vice Chairperson	Cocoa 127-006 John D. Alt. GSR
Margie P, FL Region Secretary	Lake Worth 127-021 Donna G. GSR
Jim M, FL Region Treasurer	Lakeland 127-022 Mary C. GSR
Donna C, FL Region Alternate Delegate	Land O' Lakes 127-023 Ingrid M. GSR
Bonnie J, FL Region Virtual Meeting Coordinator/ Convention Chair	New Tampa 127-088 (Virtual only) Carol M. GSR
*Faye W, FL Region Helpline Chairperson	*St. Petersburg Monday, 127-045 Theresa M. GSR
*Theresa M., FL Region Webmaster	Tampa North 127-049 Yvette B GSR
Kim F, Outreach Chairperson	Tarpon Springs 127-052 Kevin H GSR
Pat B, FL Region Literature Committee member	*Zephyrhills 127-103 Faye W. GSR
Marguerite, Bay Area Service Representative	
Sandy S. Nar-Anon Region member	

- * = dual role
- 9 voting
- 9 non-voting
- 16 in attendance

APPROVAL OF MINUTES:

Motion made (1st St. Pete Monday) and seconded to approve the **December 12, 2021** minutes with a correction. The amount approved to send to World was \$1,045.93 (not \$895.93). Motion passed unanimously.

~~An amendment to the already-approved September 18th minutes was made to reflect the approval of the budget from October, 2021 to September, 2022 (1st St. Pete Monday, 2nd Lakeland). The secretary mistakenly did not include the approval of the 2021-2022 budget in the prepared minutes from the regional assembly.~~

~~At September 18, 2021 Regional Assembly, the group service representative (GSR) for Daphne, AL moved to approve the budget with a second from the New Tampa group. The motion passed unanimously. The approved budget was essentially the same except for a decrease in the outreach budget from \$1,700 to \$1,000 due to the fact that the outreach committee only needed \$639 in the previous fiscal year and that if they needed more than the budgeted amount, they could make a separate request.~~

Deleted 6-12-2022

TREASURER'S REPORT:

The treasurer reviewed the written ledger report, budget, and budget considerations. The Chickasaw and Cooper City meetings closed and the proceeds were passed on to the region. Two registrations for the regional convention are in and donations from groups and the Bay area are listed. Expenditures include office expenses, such as new checks and stamps, and the phone service for the Helpline. We started a DBA (doing business as) to register separately from Nar-Anon World Service. The treasurer noted that when using the electronic service, Zelle, to donate to the region, it is important to include the name and number of the group, which is similar to including that information on donations via checks. That way, the treasurer can credit each group's donation.

Current balance in the checkbook is \$5,663.90. Considering that there is a required holdback for the prudent reserve and accrual for the convention and for the delegate and alternate delegate to attend the World Conference of \$3,960.00, the amount to donate to World is \$1703.90. The regional chairperson was not in attendance but suggested that the donation to World be approved by the group service representatives (new business). A suggested increase of \$80 holdback funds for the delegate was made and will be addressed in new business. The delegate position has been open since before the last World Service Conference, so there is a need to start accumulating sufficient funds in advance of the next World Service Conference in 2023.

REGIONAL ANNOUNCEMENTS:

The treasurer and chairperson will have served two consecutive 3-year terms this September. In addition, the delegate position has been vacant and the alternate delegate's 2-year term is ending in September. Please think about serving the region in these and other positions!

The tentative regional assembly schedule (posted on the FL website) for this year is:

June 12, Sunday, at 7:30 pm via FL Region Zoom account
September 10, Saturday, 9:00 am-2:00 pm, in-person or virtual?
December 11, Sunday, at 7:30 pm via FL Region Zoom account

ALTERNATE DELEGATE'S REPORT:

The delegates have a What's App group and have developed guidelines for how they work together. There is a meeting of Nar-Anon world representatives, which is part of World Service (wrfnfg) tomorrow at 11:00 am. Ivette from the Bay Area will speak about outreach, which is the topic for the meeting. Getting involved in service is a world-wide problem. Any Nar-Anon member can join this group, including members of the BOT (board of trustees).

The alternate delegate participates in the World Narateen and Ad-Hoc Screen-Sharing committees. They are making efforts to send literature to teens if it is safe to do so. Most teens do not have jobs and cannot contribute. Some of them are in foster care or move frequently, so it is challenging but important service work. The alternate delegate noted that Narateen is part of Nar-Anon Family Groups and that they need our support.

The screen-sharing committee is working on copyright issues, etc. The alternate delegate was asked about the results of the consultation with an attorney regarding copyright protections. One of the problems is that some of our literature is copyrighted and some of it is not, so insisting that certain literature not be shared on screens because it has a copyright and other literature can be shared because they did not originate with Nar-Anon, complicates the issue. For example, the Just For Today was adopted from another fellowship, so we do not have a copyright for that particular item.

The delegates are working on a report for the Board of Trustees (BOT) and will be sending out a survey to the regions and the groups. It is a 2-minute survey regarding our thoughts about putting conference-approved literature (CAL) on screens at virtual meetings and how it will impact literature sales and revenue. Another idea is to allow screen-sharing of literature if approved by the BOT (Board of Trustees). They are planning to have speakers to explain in more detail at the upcoming virtual Nar-Anon East Coast convention.

The next Nar-Anon Conference is in the Spring of 2023 (next year). The alternate delegate provided a schedule of events that was sent to the groups in our region. This includes the timeline for submitting motions to be included in the Conference Agenda Report (CAR).

The alternate delegate will complete a 3-year term this September and is willing to stand for delegate if we have someone to stand for alternate delegate. The work requires two people.

AREA REPORTS:

Bay Area: The Bay Area meets the first Saturday of each month. Although we had returned to in-person meetings, that was short lived due to the resurgence of Covid. Members requested that we return to virtual meetings. In January we embarked on a monthly short study focus on the Traditions and the Concepts. This has been well received by the group and we appreciate those who have volunteered and provided the information. Our March "meeting" was just the studies of Tradition 3 and Concept 3, because we had a wonderful fellowship picnic at Lettuce Lake Park. It was a huge success and we are looking forward to the next get together. Fun Coast

Area NA is having a convention and the Bay Area will host the Nar-Anon program. The committee meets the 4th Thursday of the month.

COMMITTEE REPORTS:

Convention: The committee meets on the second Wednesday of every month on the committee chair's personal Zoom account (because the regional Zoom is being used for our virtual Narateen meeting at that time). If anyone would like to join us to see what we are doing, just contact the convention chairperson (convention@naranonfl.org)

The flyer has been made and distributed to all groups. We are asking for donations for our chance drawing, so please bring them with you to the convention. If you're not able to attend, send the donation with another member of your group. If there are any questions, you can always contact the convention chairperson.

We are working on a game for Saturday night. This is something that we have done in the past and had a lot of fun! We are having a fellowship dinner on July 1st at Cheddars restaurant. The cost of the dinner is \$30. The cost for Registration for FRCNA is \$25 before June 1st and \$30 afterwards and at the door. Narateen will also be presenting at 10am on Saturday. If you've never heard a Narateen speak, this will be a real treat! Convention is our top fundraiser. It's fun and you get to meet new people in Nar-Anon!

Outreach: We meet on a monthly basis and are continuing to contact the individual RCO's (RCO = Recovery Community Organization) that make up the state RCO, *Floridians for Recovery*, to introduce Nar-Anon and request contact information for the individual agencies that make up the individual RCO's.

Nar-Anon has been invited and will be participating in the following NA Conventions:

Alabama Northwest Florida Region of NA (Panama City – Easter Weekend)

Gold Coast Area of NA (Fort Lauderdale - Memorial Day Weekend)

Florida Regional Convention of NA (Orlando – First weekend in July and side by side with the FL Region Nar-Anon convention).

Outreach at an NA convention was clarified. Sometimes, newcomers find out about our program while attending an NA convention with their loved ones by stopping by a Nar-Anon literature table at the NA convention (with the NA convention committee's permission).

For in-reach, the chairperson is contacting GSR's (group service representatives) and planning visits to groups that are resuming in-person meetings.

The committee chairperson will send information about the virtual Nar-Anon East Coast Convention in April as soon as she gets the details. This is a Nar-Anon convention.

The outreach chairperson participates in the quarterly World Outreach committee. A suggestion was made and the committee chair agreed to include Narateen pamphlets along with the Nar-Anon outreach literature in the future.

Narateen: The chairperson was not present and did not provide a written report, but one of the facilitators of the FL Region's virtual Narateen group provided information. May 14th will mark the 2-year anniversary of the group! They have three consistent facilitators, including one that

helps every third week. They always have teens! The treasurer noted that he needs the names of the facilitators so that he can update the information with World. The alternate chair will contact the current Narateen chair to see if she is able to continue in this service position.

Literature: A committee member gave an update. Currently, they have 23 submissions for the 31 Days in Narateen book and are working on #9. It is very interesting work and they can use some help. The webmaster requested that they submit one-two paragraphs about the committee's work in order to place on the website and to encourage more participation.

Website: Our webmaster has been updating the contact list as "Group Edit" forms are completed, which helps all of the officers in the region to have the latest information on the contact list. Under the current Florida Regional Guidelines (FLRG), the contact list is a separate service position, so the guidelines need to be updated if the webmaster continues to maintain the contact list. In addition, the virtual meeting administrator needs to be added to the FLRG.

Virtual Meeting Administrator: The regional Zoom account is available for service committee meetings and virtual events. Currently, the account is used for Narateen, Bay area service committee meetings, and regional assemblies. Please contact the virtual meeting administrator if your service committee needs to schedule a meeting.

Helpline: The chair provided an update on the call activity based on information from the call service (OneBox). From 12-12-2021 through 3-12-2022, there were 50 inquiries which had 31 calls accepted by volunteers. As soon as possible, the chairperson responded to callers who left their names and callback information. OneBox uses four designations on the "usage list" and the count is as follows: 19 "hung up," 20 "no answer," 31 "call accepted," and 17 "call already accepted."

The chairperson is focusing on scheduling according to the time of day and on having multiple volunteers scheduled to cover the busy times. Anyone with experience with this service is welcome to advise and provide suggestions on how to avoid "hang ups" and "no answer" results with the telephone service.

Please share Helpline information with your groups and encourage more members to volunteer for the busy times. In addition, if a volunteer NEVER gets calls, please ask them to contact the Helpline chairperson in order to address the problem.

The chairperson stopped passing on the group edit updates to the volunteers because the assumption is that volunteers have internet access in order to direct callers to meetings on our website. The chairperson is not requiring call logs but appreciates volunteers contacting her with any problems or updates, etc.

Question: When are the busy times? Holidays and after the weekends are the busiest times. The midnight-4 am slot does not receive calls. A comment was made regarding the accuracy of the meeting directory on the website because some meetings are listed as active that have no contact information and may not be active meetings. This is a problem because a Helpline volunteer might send a caller to a meeting that is not there.

OLD BUSINESS:

Discussion regarding quarterly regional assemblies:

At the last meeting in December, members had a discussion about how often and in what format to meet in order to encourage participation and to address important business. The discussion was tabled. A tentative FL Region assembly schedule that meets on a quarterly basis was provided and posted on the FL website for this calendar year so that members can plan ahead to attend.

Discussion: have two assemblies (with group service representatives GSRs) and two regional service committee meetings (RSC includes officers and committee chairpersons). Another idea is to have one face-to-face assembly and one virtual one with the option of ad-hoc meetings, as needed. This idea is consistent with the current ~~FL regional guidelines (FLRG)~~. * St. Pete Monday volunteered to write a motion for this option to bring to the floor at the next meeting. *Replace with "Guide to Local Services (GLS)" 6-12-2022

A new consideration is that we have the 2023 World Service Conference coming up soon. Recently, the alternate delegate shared the schedule leading up to the 2023 conference, including the timeline of when motions need to be submitted by the region to World for the conference agenda. For example, groups would have to submit motions 90 days in advance of the June meeting in order for the region to vote on them, etc., and in turn, send the motions to World in time to be reviewed, etc., and included in the Conference Agenda Report (CAR). Another suggestion is to keep the same schedule of four assemblies and shorten each meeting in order to increase participation.

NEW BUSINESS:

A motion to send the recommended contribution of \$1,703.90 to World was made (1st Lakeland, 2nd St. Pete Monday). The motion passed unanimously.

A motion to add \$80 per month to the budget in order to accumulate funds for the delegate to attend the 2023 World Service Conference was made (1st Lakeland, 2nd St. Pete Monday). The motion passed unanimously.

Discussion of Contact List service position: The webmaster is willing to continue maintaining the contact list for now. However, there is a problem with having help to follow up on groups that do not have any contact information and cannot be verified as being active groups to be on the meeting directory on the website. In particular, there is a problem with the Sarasota Friday group and the Delray Beach Sunday group not having any contact information listed. The World website still has the old information listed. A motion was brought to the floor (St. Pete 1st, Cocoa 2nd) to remove groups from the contact list and meeting directory who did not have any contact information. After further discussion, the motion was withdrawn. The Vice Chair will contact the groups with no contact information and will follow-up with World.

September 2022 Elections (nominations at the June meeting): The Chair and the Treasurer positions are open. Both of them have served two terms of three years. The treasurer described

his position and will be available to help the incoming treasurer. He will check into a location in Lakeland for the in-person assembly in September.

Other positions whose 3-years terms are due in September include Vice Chair, Secretary, Alternate Delegate, (Delegate remains open), Convention, and possibly Website and Narateen. The Vice Chair will contact the current Narateen Chair to see if she plans to continue. The webmaster will check with the current Website Chair to see if his term is up. The webmaster described some of the duties of the website committee, such as reviewing event flyers to make sure they are acceptable to post on the website. The website has a checklist to use when creating a flyer that includes a disclaimer regarding no affiliation with the location of the event, etc.

Another service position that has remained open is the contact list/meeting directory position. With the use of a Quick Read or QR code on materials, we may not need to have a service position to update and have the meeting directory printed. The Bay area uses a QR code to allow easy access to the meeting directory page on the FL website. Unlike a printed meeting directory, it can be updated continuously and is less costly. The QR code can be used on business cards and on other outreach materials. Perhaps the FL Region's officers or the RSC (regional service committee) can pilot it and the assembly can vote on it in June? Will address in new business in June.

GSR (Group Service Representative) Roundtable:

Most of the group service representatives that attended the meeting provided short summaries of their meeting formats, attendance, financial status, efforts to encourage newcomers, providing literature, doing outreach, the general 'health' of the meetings, and the challenges that the groups are facing. Most of the time, new members find meetings through the website. In general, there are different kinds of meetings: In-person only, virtual only, teleconference only, hybrid of virtual and in-person, and hybrid of in-person and telephone.

New Tampa is only virtual, so they have members from all over. A challenge is having people who are too anonymous and this makes other members uncomfortable because some people join the meeting without showing their faces even for a brief period of time to introduce themselves. It was suggested that because the group is autonomous, the members of the group could decide to make an announcement at the beginning of the meeting to please keep the cameras on at all times for the safety of all of the members who attend. Attending local fellowship events, such as the recent one in the Bay area, provides an opportunity for local members to see one another face to face. The Lake Worth group has hosted double speaker meetings (Nar-Anon and NA speaker) with good attendance and an opportunity for fellowship.

One of the teleconference-only meetings (St. Pete Monday) is still looking for a place to meet in-person. In general, the healthier groups have a core group of members who attend meetings regularly, whether they are hybrid or in-person meetings. Outreach to local doctors and hospitals, etc., helps to get the word out. Some newcomers stay and others do not. Melbourne has two in-person meetings on different days of the week. They continue to wear masks and have moved to a bigger room for distancing. It was suggested that the groups consider splitting

up at least in terms of the group number so that each group is listed on the website on their respective days of the week. There is no need to add a GSR (group service representative), just a contact person for one of the groups and the GSR for the other, for example. Attendance varies from 5-15 or 17 in the groups that are doing well. Whether the meetings were small or larger, the representatives talked about learning something new each meeting and feeling the positive support for one another at the meetings.

NEXT MEETING (Virtual): Sunday, June 12, 2022, at 7:30 pm

MOTION TO ADJOURN: A motion to adjourn was proposed (St. Pete Monday), seconded (Tampa North), and passed unanimously. The meeting closed with the Serenity Prayer at 1:09 pm eastern time.

Submitted by,
Margie P.
Secretary, Nar-Anon Family Groups Florida Region

Approved with corrections 6-12-2022