

October Minutes  
Florida Region Regional Service Conference (RSC)  
**Sunday October 22,2023 7:00 PM-8:30 PM**

**ROLL CALL:** 8 Attendees; 7 Voting Members; 1 Non-Voting Members

**7 Voting:** Bonnie (Region Chair), Ingrid (Region Vice Chair), Rosemary (Region Treasurer), Donna (Region Delegate), Susan (Convention Chair), Debra (Website Chair), and Kim (Outreach Chair)

**1 Non-Voting:** Maria (mbr Tallahassee)

**CALL TO ORDER**

The Chairperson opened the meeting with The Serenity Prayer which was read by all members. The Twelve Traditions were read by Rosemary and Twelve Concepts were read by Debra.

**APPROVAL OF MINUTES:**

Bonnie made a motion to approve July 30, 2023, minutes and Donna seconded. The minutes passed unanimously.

**OFFICER REPORTS**

**CHAIRPERSON'S REPORT:** (Bonnie)

Bonnie said that if she asks for something it's because she likes to get things done as quickly as possible, it's not personal. She also asked Donna if the person starting the Holiday meeting would be attending the Pasco Alliance. Donna said that if she said she was going then she is probably going to go. Bonnie opened a discussion about getting new members. Members in attendance shared about their struggles and successes.

**VICE CHAIRPERSON'S REPORT:** (Ingrid)

Ingrid is working on eblasts and learning the system. Rosemary extended on that point that if members have ideas for the eblasts to send them to the Officers.

**TREASURER'S REPORT:** (Rosemary)

Rosemary went over a presentation of transactions for September 2023. We received \$100 in donations. October 1, 2023, is the beginning of the fiscal year. Our ending balance as of October 19, 2023, was \$2,703.68. Rosemary is going to check to see if there is a fee on PayPal for contributions.

**DELEGATE'S REPORT:** (Donna)

Donna shared that the Guide to World Services (GWS) has an updated version now available on their website. The World Service Board (WSB) is what the Board of Trustees (BOT) is now called. GWS Page 11 has all the Common Welfare Topics which are all the topics that will be up on the Interim World Service Conference (WSC) and GWS page 14 has all the dates for the Interim WSC. She joined the committee for the World Convention. They are looking for various speakers such as spouses, significant others, grandparents, and friends of addicts who are attending meetings regularly, who have some recovery time, and a sponsor. She informed us if anyone is interested, they can email her at her delegate email address. They plan on coming up with a blurb in the newsletter and posting it to their website. The Holiday meeting will be starting November 2, 2023.

### **ASR - BAY AREA: (Marguerite)**

Bonnie gave her report which included the Potluck RSVP date. Their meetings are held now virtually at 4 pm on the first Saturday of every month. They are still looking for an Area Service Rep (ASR), alt ASR and an Outreach Chair.

## **COMMITTEE REPORTS**

### **NARATEEN'S REPORT: (Jamie)**

Donna gave the report, and she informed us that they are most likely not going to start back up the virtual meeting because there are other virtual meetings that are held at that time. They are considering after the 1<sup>st</sup> of year starting a new Narateen (NT) meeting at the Holiday meeting. They are considering starting a new meeting at PACE, a school for girls' middle school to high school aged that are struggling. It would be an NT newcomer meeting and they would give the girls information for all the virtual meetings. PACE has a school in every county in FL. They are looking for committee members and members are not required to be a facilitator to be a committee member.

### **WEBSITE'S REPORT: (Debra)**

She stated that the committee lost 2 members in September, so they only have 2 members left. She informed us that the Webmaster resigned as well. She met with the Officers, and together they decided to move in the direction of running the website on a program like WordPress. Currently the website is running on HTML, so the new Webmaster would need to have a scripting and coding background. With WordPress we don't need someone who knows coding and/or scripting and could have a focus on Marketing or a Design background. This will help modernize our website. She is estimating that this change will be made by the 1<sup>st</sup> of the year. She attended a Website Roundtable and The Rocky Mountain region presented their new website which is ran by WordPress. She gathered from that meeting that is the direction that the World Office would like other regions to move to. The hosting and domain are paid up. The updated Florida Region Guidelines (FLRG) are on the website, and she also set up email forwarding for Susan who is the new Convention Chair.

### **OUTREACH'S REPORT: (Kim)**

Kim reported that there's a Spanish meeting in Miami that will be resuming soon. Jackie from Melbourne, Space Coast area, is struggling with membership at their meeting but they are going to places on the outreach suggestion list giving out pamphlets. Kim asked Rosemary how the University of Central FL (UCF) virtual Nar-Anon talk went and Rosemary informed her that some people from her local meetings attended, and they told her that it went well. She said that the Ocala area reached out to her and informed her that their meetings are slowly increasing and it's due to some outreach that they have been doing. She has been attending open NA meetings and after the meeting she has been introducing herself to the GSRs of those meetings and giving them information about our program. Donna and Bonnie, both told us that they have been doing some outreach on their personal time as well.

### **HELPLINE'S REPORT: (Faye)**

Bonnie gave the report, and Helpline is not getting very many calls. Donna mentioned that we should be looking into seeing if we are still listed on 211 and Substance Abuse and Mental Health Service Admin (SAMSHA) website as resources.

### **VIRTUAL COORDINATOR'S REPORT: (Doug)**

N/A

## **CONVENTION'S REPORT: (Susan)**

Susan informed us that they have two people on the committee so far, and she is going to be sending out a flyer about the committee, donations, and suggestions or ideas for the next convention. Preliminary planning and visiting groups for face-to-face suggestions will begin soon as well. They plan on having their first Zoom meeting in January 2024.

## **NEW BUSINESS**

### **Outreach Ideas:**

Outreach ideas were discussed throughout the meeting.

### **Travel Expenses:**

Rosemary reopened the discussion of the hardship of travel expenses and went over the previous presentation that had some suggestions for reimbursement. She went over the three options again and added a lodging expense. She asked for a group conscious of which option we should be using, and we voted on Option C which is \$.14/mi reimbursement, plus adding a one-time convenient expense of \$20 (\$10 each way) per trip for each member. Additionally, the lodging expense would include a \$50 reimbursement for hotel cost. We took a group conscious and decided that a \$75 reimbursement for lodging would be more appropriate.

## **ANNOUNCEMENTS**

- Bay Area Fall Potluck and Speaker Meeting, Saturday, Nov 4, 2023 @ 1 PM  
(United Methodist Church 207 Buckingham Ave E, Oldsmar, FL)
- Virtual Assembly, Sunday December 10, 2023 @ 7-00-8:30 PM on Zoom
- RSC Meeting, Sunday, February 4, 2024 @ 7:00-8:30 PM on Zoom
- 2024 Nar-Anon World Convention in Washington DC from Aug 29 through Sept 1, 2024

## **MOTION TO ADJOURN:**

A motion to adjourn was proposed by Donna and seconded by Kim. It passed unanimously. The meeting closed at 8:10 PM with the Serenity Prayer.

PREPARED BY: INGRID M.